## Waith Class Transcripts

#### PATIENCE AND FORBEARANCE



#### ~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

# Information Given Interdimensionally By Waith Through Mushiba

### Waith Institute for Spiritual Leadership

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#### PATIENCE AND FORBEARANCE

(THIS TRANSCRIPT IS AN EDITED VERSION OF THE WAITH CLASS OF MARCH 18, 2003)

Waith: From the very highest of The Kingdom of Amelius, we send you greetings!

Hi Waith!

We are pleased to be gathered with you in this time on the plane to discuss PATIENCE AND FORBEARANCE.

As we have said in the past, patience is an issue that all entities must take on ~ even if it is a small percentage. There is not one energy outside of The Universal Consciousness who cannot **NOT** take on patience ~ in varying degrees. Patience is always part of The Toy Box, if you will.

So then, as we bring more elaboration into the discussion of patience, it is time for us to bring in a higher level of understanding to that which we refer to as the precursor to patience ~ that which is referred to as FORBEARANCE.

We have given a different definition to forbearance than most on the plane would give it. (See FORBEARANCE) Let us review.

What does forbearance mean to you?

Lack of patience?

Lack of patience ~ what does that mean?

I understood it to mean no patience. A person doesn't even know what patience is!

Ah-h-h! Indeed!

Void of patience, missing?

Indeed! Missing! It is a void. How is this different, then, from impatience?

#### The absence of patience?

Forbearance is the ABSENCE of patience ~ the lack of patience. What is then IMPATIENCE?

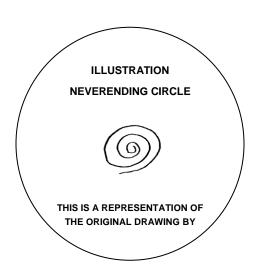
Meaning that I had at one point, at that level, patience.

IMPATIENCE means that you once had patience and you no longer have it. Impatience does not mean that there is a LACKING ~ it means that patience is a spectrum ~ a neverending circle. (See the Illustration to the right)

There is patience and there is impatience, just as there is light and there is dark.

So, if you have patience, it means you now are in the cycle of learning patience as it relates to another energy form ~ human, mineral, carpet,

air, fire, wind ~ anything encased. This is an important component ~ AS IT RELATES TO ANOTHER ENERGY.



Forbearance is not a blanket that you would throw over patience ~ it is individualized. You can have your Spectrum of Patience with one energy form and have no Spectrum of Patience with another energy form. You would then have a lack of patience ~ or there would be forbearance.

In order for patience to move into its spectrum, there needs first to be forbearance, the lacking of patience in order for patience to be, then, created ~ for in the lacking there is the void. And when there is a void, what must occur?

It must be filled.

It must be filled. It can be filled with either what or what?

#### **Darkness or light!**

The void can be filled with either the dark or the light. When you are attempting to fill a void what would you prefer to fill it with ~ the light or the dark?

The light.

Why?
<ul> <li>☼ It feels better!</li> <li>☼ It depends on what kind of void we are trying to fill.</li> </ul>
When would it be, perhaps, appropriate to fill a void with the dark?
When there is too much light?
Is there ever too much light?
Yes, because things need some balance.
And what is the dark's role in the scheme of things?
It's an opportunity for growth.
It's an opportunity for growth. The dark does what to the light?
Challenges it.
Challenges it.
It strengthens the light.
Strengthens the light.
It stimulates it.
Stimulates ~ it motivates. If you are all light filled ~ which ultimately means the return to The Universal Consciousness ~ what does that mean?
We wouldn't be here. ☺
You would not be here. Also, you would be very content with things as they are and

WAITH CLASS TRANSCRIPTS
PATIENCE AND FORBEARANCE

therefore, you would not do what?

We would be bored and not want to do anything.

Yes, energies leave The Universal Consciousness because it is boring!

When you are on the earth plane ~ and indeed, when you are out of The One ~ The Game is to play, and playing means learning lessons. In order to learn a lesson there has to be a motivation to want to learn something. And, the only way that you are motivated is when something is picking at you in one way or another ~ and that is the job of the dark.

The dark can attack or you can be protected from your own light when blockages occur. Either way, it is an incentive to move ahead in your own path. So, there may be situations where, indeed, there is too much light in the void ~ because if there is too much light in the void, what might be your response?

No response because we are satisfied with things as they are!

Nothing to worry about ~ you become perhaps complacent and say, "Ah-h-h ~ there is nothing for me to learn here ~ it is a wonderful time I'm having on the earth plane!" And thus, in order to learn, there needs to be the dark that is part of the void. So, yes, higher levels of Self will deliberately allow an influx of darkness into a void IF YOU ARE COMPLACENT ABOUT THAT VOID.

Thus, you have a lack of patience ~ it is a void and it needs to be filled with light. However, remember that we do not speak with periods at the end of our sentences! © Years ago when we first gave information about forbearance, we said that the void must be filled with the light.

Here is the next part of that sentence, which is still not the end. ©

The void must be filled with the light ~

Unless there is a need for a darkness to be presented

That will motivate you to create your Spectrum of Patience.

With that sentence we are simply taking a deep breath ~ it will be finished in another discussion in the future. ©

What is the concept of PERCENTAGES OF LESSON LEARNING?

We decide when we come on to the earth plane, what percentage of our selected lessons we want to learn and we put that on our platter for this lifetime.

Indeed ~ specifically for a lifetime ~ and overall, for the total sojourn on the earth plane and even larger ~ the total sojourn out of The Universal Consciousness. There is the taking on of percentages.

Patience, then, is one of those lessons that you can determine the percentage outside of The One and on, simply, the earth plane.

So, let us look at it from an earth plane perspective.

Out of the total of one hundred percent that could be learned for the issue of patience, you have decided that you are going to take on twenty five percent of what could be learned about patience.

If you were to say, "Why wouldn't I want to learn one hundred percent?" We would respond by saying, "Do you all want to learn everything there is to know about math ~ everything there is to know about any subject that you have studied on the earth plane?" The resounding answer is, "No."

There are some subjects you would like to learn more about and others the bare minimum. Since patience is a required course, there will be many who would say, "I'll take only what I have to ~ nothing more, just to get by!" © Others would say, "I LOVE this lesson ~ I want to learn everything ~ I'm going to take on one hundred percent!"

In this class, each of you, when looking at the issue of patience, has a different attitude about it ~ you each brought in different percentages that you are working on.

Now we take this one step further.

For illustration purposes, twenty five percent is the example we would use. Let us say that you all have taken on twenty five percent of patience out of The Universal Consciousness. That means you have to learn twenty five percent IN TOTALITY ~ not just on the earth plane ~ on all the other training grounds. You can spread it out for an infinite number of training grounds ~ it is not twenty five percent just for the earth plane.

Thus, we have brought it into an even more specific dimension.

Out of this twenty five percent, you have decided to take ten percent for the earth plane. The other fifteen percent of patience to be learned by you will be OFF the earth plane and it will not be part of your sojourn on the earth plane ~ ten percent only for the earth plane. This is ten percent of twenty five percent ~ not ten percent of one hundred percent.

Each of you, then, has taken on an increment of your own totality for each lifetime. So, we have taken it from the totality of twenty five percent out of The Universal Consciousness, into ten percent for the earth plane sojourn ~ and now into the individual lifetime for you have ten percent to spread out over all of your lifetimes.

You may decide that you will have one thousand lifetimes on the earth plane and you can spread out that ten percent over those one thousand lifetimes ~ and indeed, in some of those lifetimes, you do not even have to be working on patience. ©

All energies around you have their individual increments. This means, then, that some are working on patience to a very strong degree and others are not. You may be in an interaction with an entity ~ not necessarily human ~ who in this lifetime has taken on one tenth of one tenth of one tenth of one tenth of one percent of patience ~ while you may have taken on one tenth of one percent or one percent. What happens then?

Who keeps track of all our percentages? © ©

You do ~ your Soul.

It is maintained in the main database, which is The Universal Consciousness and it is also maintained in your own Soul. You have access to your Soul at whatever level you happen to go to for that information for it is your Soul that keeps those records. And it is easily determined where you are in your percentage of lesson learning simply by doing what?

Looking within?

Yes, going into Self ~ focusing ~ learning your own answers.

Let us look, now, at how this works in conjunction with forbearance.

Forbearance is the lack of patience. Forbearance means that a Spectrum of Patience has not been created for a particular individual. You need to have a Spectrum of Patience with energies with whom you need to balance. This is an important component to remember. This means, that unless you have a balancing to occur with another energy form, there is no need to have a Spectrum of Patience for that individual energy form.

And there are many energy forms on the earth plane who you do not have balancing issues with.

You have to balance with particular energies before coming onto the plane for this lifetime. You have looked at those energies with whom you have to balance, where patience is concerned ~ and that is, again, a critical component. You may have already begun the balancing in other lifetimes with a particular energy, where patience is concerned ~ so your spectrum has already been created and you have already gone through the process of forbearance with that particular energy.

Forbearance creates, eventually, the Spectrum of Patience.

This lifetime, however, you see that you have several energies who you know you have to balance with and for any number of reasons, you have not created the Spectrum of Patience with that energy form.

You say, "For X, Y and Z, I will take on forbearance initially with them in this lifetime ~ it means that I will have a lack of patience ~ it means that I will have a void with them and it means that it will be up to me to determine if that void will be light filled, dark filled or a combination or, will the void be empty~ those are my choices."

Many times in planning the life, you will simply say, "I don't quite know how I am going to do that, so I'll wait until I get on the plane and see how I'm going to work this out." You know that there will be a battle between Concrete Self, Higher Self and any other levels in between that want to get in on the action. There is going to be conflict.

So, you meet an energy form ~ for simplicity we will say it is another human. You meet this person and have no Spectrum of Patience with this person. And when this person says something to you, you basically are indifferent. It does not raise anger nor delight, as when you meet a person who you know you have issues with ~ you are either happy to see them, or those little buttons are pushed and you know you do not like this person from the moment you come within their energy field.

Or, there are other entities who you feel like saying, "What's this person saying?" And you have this sense of saying, "I don't care what they say!" This is a clue that you are

feeling a lACK of patience with them  $\sim$  for a lack means indifference  $\sim$  while at the same time it means a void.

INDIFFERENCE MEANS NO EMOTION.

Remember, we have said that the journey on the earth plane is about emotion  $\sim$  the learning of emotion and the living of emotion. And when there is indifference there is no emotion  $\sim$  it is a void.

You may feel other types of emotion with this same energy form. However, where patience is concerned, you feel nothing. You are neither patient nor impatient ~ there is nothing. You may decide that this is the way it will be for the entire lifetime or you may have something triggered within Self that knows this has to be something that is resolved, in some way, in this lifetime ~ patience.

You call upon the light to help you to resolve this. That light may come in and fill the void ~ it may be too blinding for you, for the percentage that you have taken on. It is up to you to say, "No, too much light ~ more than I can handle right now!" Not more than you COULD handle, rather more than you CAN handle.

There is a difference between COULD handle and CAN handle.

You COULD handle it or else it would not be presented to you ~ however, CAN you handle it means that right now you are unable to handle it ~ you will be able to eventually. Remember that you are not given anything that you could not handle ~ you choose whether or not you WANT to, at any point in time.

So, you say, "Bring in a bit of darkness to help motivate, stimulate, encourage me to develop the Spectrum of Patience." At some point, then, you will suddenly feel yourself emotionally involved with this energy where patience is concerned. The very thing that you felt indifference toward with this energy, you now feel emotion. You may then say, "How could you do a thing like that?" You start to develop impatience.

When you jump on the Spectrum of Patience, you move first into impatience ~if you want to BEGIN a neverending circle. You start feeling impatient ~ you feel emotion.

Where that behavior, before, rendered indifference, it now renders emotion ~ you are on the spectrum. The thing that helps to make this all exciting is that the percentage you have taken on for this lifetime, with this entity for patience, may be different from the

percentage that the entity you are dealing with took on for this lifetime with you! It does not always equal out!

Remember that all of you take on different percentages ~ and even if you all took on twenty five percent for the totality of your sojourn outside of The One ~ and even if you took on ten percent for your journeys on the earth plane ~ it does not guarantee that in this particular life, that you took on the exact same percentage that the entity with whom you are balancing with patience, took on.

Another person, right next to you, who you also have a Spectrum of Patience with, may have very similar percentages they have taken on with you ~ and so the balancing becomes a bit easier. The further apart the percentages are between energies for balancing, the more challenge there is, which is the reason that most of the time that is the scenario you take on ~ to have different percentages, for it is a greater challenge!

Is darkness referred only as a motivator because I think that darkness represents evil?

We do not refer to darkness as evil. We do not contend that there is evil as it is defined on the plane. It is darkness.

However, darkness is part of the Spectrum of Light and we refer to it as a Spectrum of Light rather than a Spectrum of Dark, for it means that all energy is light ~ for in order to be out of The One it would be impossible to not be light. It simply means that in the learning of lessons, there has been a movement into an arena of darkness that does, indeed, motivate the energy to do certain things.

While there is a great emphasis on the earth plane of good and evil, we do not discuss it in those terms. We discuss it in terms of light and dark, for evil is such a negative, degrading description of The Universal Consciousness.

The Universal Consciousness cannot create evil ~as it is defined on the plane. If it were not for those who are living in the dark and who are acting in the dark, then the light would have nothing to motivate it.

So, if all of the darkness that is occurring on the plane currently was not occurring, then there would not be all these wonderful expressions of light ~ energies strengthening in their own light.

Evil implies damnation and there is no such thing. There is no hell  $\sim$  as we have said before. Heaven is in your own heart  $\sim$  heaven is the love you hold for Self. Hell is in

your own heart ~ hell is the hate that you might hold for Self ~ it is within Self ~ nothing external.

Where the issues of patience are concerned you are looking, then, at having as many Spectrums of Patience as there are energies with whom you are balancing. You have, where patience is concerned, an individualized situation.

It might appear that patience is an overriding situation and you may say, "I'm either patient or I'm not ~ I either lack it or I have it!" This is not the case for you can move back and forth.

You have a patience level with a particular energy form. You have your Spectrum of Patience ~ and you think that you do not have to deal with forbearance anymore with this particular energy. Remember that little percentage thing we have been talking about.

Let us say that you have completed your percentage with that particular energy form ~ you wanted to bring in one tenth of one percent of patience with a particular energy form. During the life you have created, you reach a point where you say, "I'm patient with that person ~ of the one tenth of one percent, I have achieved one hundred percent of patience." Remember, one hundred percent of one tenth of one percent ~ not one hundred percent of the totality. And you step back and say, "Great!"

However, with that energy, you still have nine tenths of one percent remaining of patience to balance ~ it could be in another lifetime or several lifetimes from now. However, the percentage you took on for this lifetime has been achieved.

There is still more to be achieved. You say, "I've balanced and that person hasn't yet ~ she is still dealing with patience with me ~ perhaps she has a larger or smaller percentage ~ however she has not learned her patience yet to its totality with me ~ however, I have with her ~ so, I have a choice ~ I can step back and say, 'Fine ~ do what you have to learn and I'll go on and do other things' ~ or, I can say, 'I think I'll bring in another percentage ~ a new part of the percentage.'"

In order for that Spectrum of Patience to be created with this new percentage, what has to happen?

#### Go back to forbearance?

Go back to forbearance. Thus, for the remainder of the lifetime with this one entity who you had achieved one hundred percent of patience ~ you were patient to the height of that percentage in this lifetime ~ you now find yourself in forbearance with them.

#### What about the other energy?

The energy with whom you are balancing, who still has percentages to learn, now has to deal with the fact that YOU have a lack of patience ~ you are indifferent to them and have no emotion regarding them. This means that the bouncing back and forth of balancing is no longer available to them with you ~ they are not able to complete their balancing of patience with you, directly in this lifetime.

So, they either will have to balance for the remainder of the lifetime with The Universal Consciousness or they simply will be, as you might call it, treading water where YOU are concerned.

Is that a decision that when I decide to enter that next cycle of patience, I make only for myself or is that something I make in conjunction with that person?

You can do it either way. You can say to the energy, "I'm done ~ what do you want to do?" The energy may say, "Well, good for you!"

That's another lesson to learn to realize, to become aware, that I am treading water.

Indeed! Nothing works in isolation! The learning of lessons is always there. Someone with whom you are balancing says, "I'm done ~ I don't have to balance this percentage with you anymore." You could say, "Well, whoopdedoo!" and think, then, that you are off the hook and act in a way that is representative of thinking that, "Oh well, that person has balanced with me and therefore I don't have to work at this anymore!"

If you have that attitude, then chances are The Universal Consciousness is going to say, "Wait a minute!" If someone were to say to you, "Good ~ I'm glad you're balanced because that gets me off the hook," how might you respond?

#### Impatience?

You no longer have the issue of patience ~ you have completed your Spectrum of Patience with this person.

- ☼ Is there arrogance?
- Anger?

There could be arrogance ~ there could be anger.

I could also be helpful.

You could be helpful!

There are many responses. You could say, "I will let go of this completely because I've balanced, so let's say you've balanced and we'll call it even and then we'll come back in another lifetime ~ an even playing ground." That could be one response you give.

You might, also, respond by saying, "You think that you're going to get off easy ~ I did all the work and now you're thinking that you're going to reap the benefits of my work ~ no ~ instead, I'm going to bring in another percentage while you're still working on your percentage and it's going to be harder for you because now you're going to have to report to The Universal Consciousness AND still have to deal with ME having a new percentage ~ so you have a double whammy!"

If I choose this option you just gave, it could reflect badly for me! ©

Remember that every behavior you have reflects and returns to you and has implications ~ perhaps not in this lifetime, perhaps not for many lifetimes ~ it does, however, return.

As we have said so often, the ultimate in forgiveness is no forgiveness ~ for unconditional love means that there is no forgiveness because you have not judged. Forgiveness is a judgement.

Ultimately, you simply let it go and with no malice within your energy. Yes, you have completed a particular lesson in patience sooner than the one with whom you are balancing and you say, "Isn't this great ~ we can let it go, both of us ~ it's gone ~ now we only have nine tenths of that one percent left to do in other lifetimes!"

However, in your own development, it takes a great amount of growth to reach that point where you would say that. That is why you take on so many lifetimes on the earth plane, because it takes the working through ~ feeling what it is like to say to an entity, "Nah, nah, nah, nah, nah!" ~ And thinking how good it feels at that moment and that you have the upper hand. Then, several lifetimes later, that energy does it to you. ©

And when both energies feel the effects of the behavior that another levied upon them, balancing will truly begin.

We speak about the earth plane NOW, at the end of an illusion in a time of exaggeration ~ therefore, all of the situations being presented to you for patience are exaggerated. You have CHOSEN to come in at this time specifically ~ you were not pushed onto the plane at the end of an illusion. You deliberately said, "Pick me ~ let me go on the plane now ~ this is the best time in any illusion to be on the plane for lesson learning!"

I just want to make sure that I am following this. If I decide that my percentage is done and if the other person still has a certain amount to go, they can't go on and complete that with another energy because they've agreed to complete it only with me?

That is correct ~ or they can complete it with The Universal Consciousness, which is really not a happy choice because The Universal Consciousness, if it is called upon to bring closure to the learning of a lesson, brings in its own, shall we say, debt consolidation and it becomes a much more difficult balancing to do.

However, remember that if you did do that to an energy, that energy more than likely will do it to you in some future lifetime ~ or that energy has already done it to you in a past lifetime.

It becomes very complex and yet it is quite simple ~ for if you feel that you need to give it to The Universe, then do so and do not worry, then, about what will happen because you have. If it means that it will come back to you in another lifetime, so be it for it is all about learning.

In a particular lifetime you are attempting to bring closure to as many issues as you can ~ the percentages of the issues that you have taken on. And so giving it to The Universe is one of those ways to bring closure in a lifetime.

#### Has knowledge an end or is it endless?

It is endless. You receive knowledge from lifetime to lifetime, of course ~ and when the knowledge that you are required to have attained or brought back into Self has been completed, you are at that point, instantaneously back in The Universal Consciousness. So, as long as the knowledge that you set out to bring back into Self is still out there to be gained, you will gain it.

The amount of knowledge is infinite. However, it is finite for each of you for you determine by your percentages of lesson learning what knowledge it is that you want to take on. Thus, if you take on fifty percent of patience out of The Universal Consciousness, it means that fifty percent of the knowledge of patience is something that you do not have to acquire. You only have to learn the fifty percent that you have decided to take on.

The more that we learn, the more we will want to know.

Until you have reached the point where you no longer have to learn anything about that particular PERCENTAGE. On the Spectrum of Patience, as you learn patience ~ as your spectrum is filled in from lifetime to lifetime with more and more energies and the percentages with each of those energies increasing ~ so too, then, does it feed on everything else. Patience is the underlying motivation for lesson learning. Darkness is what motivates lesson learning. Patience underlines all of the motivations for learning. Without patience learning cannot occur.

Some of these lessons in patience can get really rough! So I am wondering what wisdom you could give us to get through them easier.

Laugh and bring in Lightheartedness!! © ©

Okay. That's what I thought it was going to be!  $\odot$ 

When there is doubt about anything or when you are faced with some kind of challenge or struggle or you are not certain and think, "Is this forbearance or is this impatience," and you are struggling within yourself, send light to it. Whatever it is, send light. That should be your first response ~ send light ~ at which point you then need to go within Self, since it is light filled ~ focusing, allowing that level of Self that has the knowledge to give you, to help you in terms of what it is all about?

That level of Self may say, "We need to bring in a little bit of darkness to bring some balance." You then will be able to deal with the totality of the light that you have available to you that you are still not able to face completely. You need a little darkness to help you along that way. Or you need more light because you do not have enough light. And laugh!!

It is time for us to depart!

We send to you all now the very highest of the white light from the very highest of The Kingdom of Amelius! Farewell!

Bye and thank you Waith!

