

Waith Institute for Spiritual Leadership

WAITH MANUSCRIPT

**Going Beyond the Earth Plane
as a Training Ground**

Information Given Interdimensionally By

Waith
through
Mushiba

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Waith Manuscript

TOPIC

GOING BEYOND THE EARTH PLANE AS A TRAINING GROUND

PLEASE NOTE:

*Waith's words appear in this font style, size and color.
If one from his Spirit Group speaks, they will be identified.*

Questions and responses from those in the class
appear in this font style, size and color.

☀ Indicates multiple responses from class members.

The blessings to all of you!

Hi Waith!

Our discussion for this class is GOING BEYOND THE EARTH PLANE AS A TRAINING GROUND.

There are many training grounds ~ an infinite number. The earth plane is only one of these infinite training grounds although it is one of the more difficult of the training grounds. And, generally speaking, you do not need to know about the other training grounds. When we finish with our information for this discussion, you will, perhaps, have an understanding of the major training ground that all energy finds itself in.

To begin, tell us what you think is a training ground.

- ☀ A place to learn lessons.
- ☀ Place of education.
- ☀ An opportunity to test our strengths?
- ☀ Test and be tested.
- ☀ A place for growth and strengthening.
- ☀ A place to have fun, too!

This is a good list to describe a training ground. Are training grounds all concrete?

☀ **No.**

☀ **They're concrete to the energies that are there.**

Ah-h-h! The energies that are in the particular training ground ~ it is concrete to them.

Let us revisit for a moment. In the linear form there are layers of Self. (Note: Waith writes on the board. Please see Illustration A, to the right.)

There is the Concrete, which is the physical ~ you can touch it. And, there is the abstract. The floor and the ceiling concept ~ the floor in a layer is the ceiling in the layer below it. Remember this concept.

We discussed in our last class with you this concept of DEFINING THE HIGHER SELF. What questions might some of you have as a result of the information we presented in that class?

It was about whether the Soul and the Higher Self doubt that the concrete exists the way that some people doubt that the Soul exists and do the Soul and Higher Self understand their own part in all of our growth.

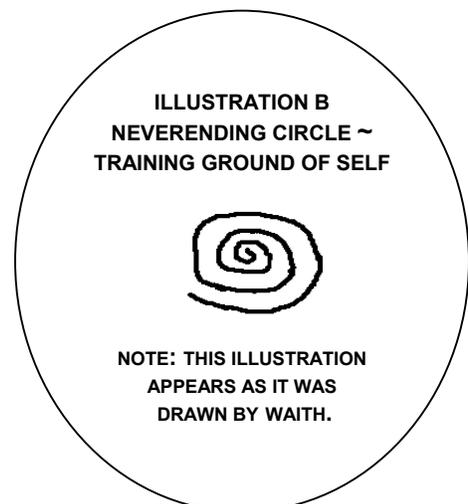
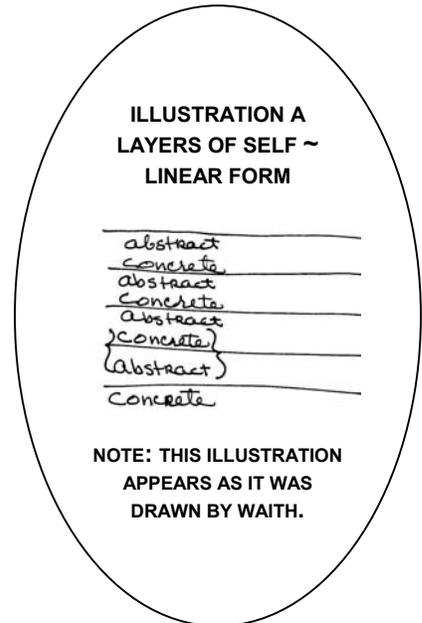
Indeed. And a far greater component of the question was the awareness level of the Concrete, Higher Self and Soul ~ and were they aware that they were who they were, if you will? We gave you a bit of a tease by indicating that, indeed, you do not necessarily know, many of you, if the dimension in which you live currently ~ this concreteness ~ is actually the Soul of Self, the Higher Self or some other level of Self.

There is no layer, if you will ~ this is strictly for linear understanding for it is all swirling about.

The greatest training ground that all energies have is very unique and all of you ~ all energy ~ is on the same training ground.

The Neverending Circle of Self is the major training ground.

The earth plane is a training ground ~ however, without the Training Ground of Self, no other training ground can exist. (Note: Waith draws on the board. Please see Illustration B, to the right.)



Without energy having a SELF, there is no existence of other training grounds. Training grounds are training grounds within themselves.

The Earth is an energy. We have said that the Earth is changing in its vibration as it moves to closure for this illusion. The earth plane has allowed all of these other energies to be part of IT as part of the learning, as part of the growth ~ part of the fun! ☺

Energy exists within energy. You are all part of the Earth and the Earth is part of you ~ there is no distinction. The only things that distinguish you are your levels of awareness and the fact that this particular environment that you find yourself has TIME as a built in component ~ which means then that there is a beginning and an end even though there is not.

So, the day begins and the day ends from a linear perspective even though it really does not. Time is a flow of energy ~ however, as it is presented on the earth plane, it does begin and it does end. There is the past, the current, the future ~ that is part of the rules of the game, if you will, for the learning on the earth plane.

GOING BEYOND THE EARTH PLANE AS A TRAINING GROUND ~ you are really not going beyond the earth plane. YOU ARE THE EARTH PLANE.

Each of you, as an energy, is a training ground. These three basic levels that we have described ~ the Concrete Self, the Higher Self and the Soul, make up the basic Training Ground of Self.

Everything that happens revolves around Self. Look at the first few statements in our Guidelines for Growth ~ Respect Self, Love Self, Respect Others, Love Others. First and foremost there is Self. (Note: For a listing of the Guidelines for Growth, please see Page 12.)

The emphasis that we have in our guidance information is called the Search for Self ~ all revolves around the very difficult work of growth within Self and everything external to Self is meant to serve as tools for Self to learn.

You are on the earth plane ~ the earth plane is made up of many, many layers of Self. The Earth itself has a Concrete, a Higher Self and a Soul. The Earth is an energy and its concreteness is what you feel when you go out onto the pavement, onto the grass.

The Earth's concreteness is all encasement for energy. The grass, for example, is a SELF just as much as you each are SELF ~ it has a Concrete, it has a Higher Self, it has a Soul and it is interconnected. So, then, all the training grounds of Self are what make up the training grounds ~ one of which is the earth plane.

Who is in charge of the Earth?

The Earth is in charge of itself.

Somebody's got to be its boss! 😊

The Universal Consciousness is ultimately in charge, if you will. However, who makes up The Universal Consciousness? 😊

We all do.

So ALL are in charge. For organizational considerations, there is a delineation of responsibilities. For example, The Archangels are responsible for certain things and Amelius is in charge of one grouping and others are in charge of other groupings ~ that is all part of the organizational component. However, The Universal Consciousness is what oversees it all and makes the rules, if you will ~ and that is all of you ~ humans, the grass, The Angelics, the carpeting.

Everything is an encasement for energy ~ this is, perhaps, one of the most difficult concepts for humans to understand. They can understand that energy is encased in an animal ~ perhaps in a plant and perhaps in minerals. They have a very difficult time understanding that ENCASED ENERGY IS EVERYTHING ~ this cloth on the table, the table itself ~ EVERYTHING IS AN ENCASEMENT FOR ENERGY.

Energy is everywhere and energy is everything.

The Training Ground of Self is the major training ground. It then determines where all the other training grounds will be. And indeed, there are other planets, as you might call them, where energy exists and thrives.

It has long been part of the arrogance of The Human Kingdom on the earth plane that life only exists on the earth plane ~ on the planet Earth. Some might even say, "Well, as we know it." Well you see, that is part of the training and the learning of taking on a human encasement on the earth plane.

If there are other planets that have life and they are not Earth so they wouldn't be earth plane and if, in the future, humans have the capability of traveling to other planets outside of the Earth, is that still considered part of the earth plane?

Yes and no. Some are and some are not.

So if we ever made it to Planet X way out there that has life and we're not physically here anymore, then we've traveled to another plane of existence?

Perhaps. You see though, you do not have the proper frame of reference to carry that hypothesis further ~ which is why we do not bring in to any detail of other planets or other concrete training grounds. The best way would be to say other planets, you see ~ for you speak only from the frame of reference of being on the ~ which is fine.

What you need to understand is that a training ground is a dimension and a dimension is a training ground.

So we have talked of the layers of Self from a linear perspective ~ those are dimensions. We have also said, DIMENSIONS OF SELF.

LAYERS OF SELF and DIMENSIONS OF SELF are the same thing.

This means, then, that each of you ~ in and of yourself ~ is a training ground. This is where the ultimate learning occurs ~ within Self.

Remember that everything external to Self is a tool. So, for example, you sit in a chair ~ each of you chose a particular chair in this class. This was not just by happenstance, although it might appear that it was. You chose a particular chair because of the energy in that chair. Now, is this dramatic? Usually it is not ~ sometimes it can be.

Energy is attracted to energy ~ it is impossible not to be. And a chair is its own training ground just as a human is its own training ground and it has things to learn from those external to IT. So, if you are sitting on a particular chair and you know not what the path is of that energy in the chair, understand that you are external to the Self of that chair ~ just as the chair is external to you.

The energies that are in these nonliving encasements...

Be careful of making a statement such as NONLIVING. This is where part of the confusion comes in. It is not to be considered as NONLIVING ~ it is simply DIFFERENT CONSCIOUSNESS. You are nonliving, if you want to use that term, to a chair ~ for their consciousness is different from yours.

Do they have feelings like we do? I'm going to walk around acknowledging everything! People will think I'm crazy! Oh, you beautiful chair!

That is correct ~ you need to give respect to everything. Feelings, as you define them, are different from kingdom to kingdom ~ so the animal FEELS in a way different from the way the human does ~ the chair FEELS in a way different from the way that an animal does.

Each kingdom has a different definition and a different consciousness of FEELING. However, the concept remains throughout ~ ALL ENERGY HAS FEELING. And, determined by the encasement that they are in at that moment, will define their FEELING.

So, you should be giving respect and love to everything.

How long do they stay in ~ like the energy in this chair stays in only as long as it needs to?

That is correct.

So how do I know? Is it replaced then by another energy when one energy leaves?

It could.

I have furniture in my home that I never sit in, never touch, hardly look it. So now, do I thank this energy for being with me?

Indeed. Why would you not? It is with you.

What is it offering each of us in our homes, what is it providing us with?

What does furniture provide to you?

Feelings. The way I decorate a home perhaps.

Indeed. And just as it is no one's business what YOUR path is as an energy, it is no one's business what the path is of any other energy, regardless of its encasement. The chair, the carpet, each has a path ~ you do not know what it is nor do you need to know what it is ~ just as it simply IS as you simply ARE. You ARE ~ you exist.

You are composed of many, many kingdoms within the human encasement. There is the Dominant Energy ~ which is what manifests itself with each of you and then there are all the subkingdoms. These are all the training grounds within Self. Thus, a chair has its Dominant Energy and then it has all of its subkingdoms that make up the chair.

How should we acknowledge all of these encasements that are in our homes?

How do you acknowledge other humans?

Depends on where I am and what the situation is.

Indeed. The same response is for anything ~ it depends. Just because a human is in your environment, does it mean that you gush all over it?

Oh no! 😊

Indeed! Part of the learning of lessons is the interaction that occurs when humans come together ~ or noninteraction. 😊

I have visions of all my Christmas decorations thanking me for finally letting them out of the box! I'll feel bad about putting them back in now! 😊

Remember that there is a path ~ there is the mission that each energy has. You can think that as a human when you dress up ~ you put clothing on ~ that you are putting yourself into a box, as perceived by some other energy. And when you take off your clothes, you are coming out of your box.

It is no different ~ it is how you define it. Going into a box can be a good thing ~ can be the way in which that is supposed to happen, just as putting on clothing and taking off clothing is a natural component for most humans.

When we have to get rid of something ~ furniture or clothes ~ how should we feel about that? Do we just give it away or destroy it or whatever?

You would do what is going to be appropriate. You may decide to give it away. You may decide that there is no one to give it to.

Sometimes it ends up in the garbage.

And so you throw it away. Yes, that is part of its path. Eventually all energy moves on, if you will. To us in The Angelics, when the human encasement is no longer useful, we view it as being thrown away when it is put into the ground the Dominant Energy is no longer there. Others might not view it that way. When the energy is no longer in the encasement, the encasement is no longer needed.

We live in a society that produces a lot of forms of energy, like furniture ~ there are people who encounter a situation where they have to actually dispose of some of that.

And there is nothing wrong with that. Energy goes into an encasement for a period of time to learn lessons and then it leaves. That encasement may be replaced with another energy. The encasement may be reconfigured ~ reincarnated, if you will, just as humans. Energy moves into many, many different encasements.

When we leave our human encasement, do we still have Higher Self and Soul?

Oh indeed.

So, when we're not in this encasement and before we incarnate again on the earth plane, is that another training ground that we euphemistically call Heaven?

No.

So, when we're bouncing around the ether out there, whatever, where are we and what are we doing?

You go into another dimension. Within Self there are all these dimensions ~ you move within Self. That is where you move ~ you move within Self. You move from this concrete dimension right now into another dimension of Self that has a concreteness.

This is really heavy! ☺

The concreteness that you find yourself in now is, indeed, the subtraining ground known as the earth plane. And so, you go into a dimension of reflection within Self ~ and there are dimensions within dimensions where this occurs.

When you have done your reflection, it is time then to come back into what you have chosen as the earth plane as a training ground ~ subtraining, we would say.

When we sleep and our subconscious goes into another dimension, do we gather information in that dimension to bring back into this one?

Often.

Why, then, are the images that we get in our mind so difficult to translate? We go there, get the information and yet it's in a language that we don't understand. If I'm going there for help, why is it so difficult to figure it out? Some dreams I remember vividly, others I don't remember at all.

And we never said that it would be easy. 😊

When you go into the dream state, it is another dimension of Self. We have indicated in the past that the dream state can bring you back in time, if you will, to past lives or into the future. You may not understand something ~ there may, indeed, be a different language that is being spoken for that is a lifetime that you are visiting in the past or something planned for the future. This is if you believe the concept of time being linear.

When you go into the dream state, it brings you more into the swirling effect ~ the flow of energy as time ~ time not having a beginning and not having an end. And yet, because the rules of the earth plane state, "time begins and ends ~ it is linear," it is presented to you in that way in that dimension called the SLEEP STATE.

It is up to you as part of your own learning, as part of the Training Ground of Self, to figure out what that dream means. If it were easy, there would be no growth! 😊 We could interpret and tell you what your dream meant. It is easy for us to do that! What would be learned? You would not be going within Self. It is the major Training Ground of Self ~ Self. It is really as simple as that! 😊 😊

Is this experience on this plane, death to us in another dimension?

We would not use the word DEATH for death as you define it, is cessation. Energy only does transition ~ it does not cease. Once it returns to The Universal Consciousness, it still exists. There is no such thing as death. The concrete encasement may dissolve in some cases, although not always.

Let's say, for example, that I have a chair that needs to be reupholstered and it's really sad looking. Did that chair's energy leave and then if I get it reupholstered, it's what?

When you get new clothing, does your energy have to leave the encasement because you have new clothing?

No.

Not necessarily ~ sometimes the new clothing can be so absurd that the energy says, "This is awful!" 😊

It's just not the chair, it's the fabric that is covering the chair. It's become worn, so is that like dying?

That energy may have used up the encasement and determined that it is time to go into another encasement.

So I either ditch the chair or else have the upholsterer come in and give it a new face.

You can do that. You have many options. You need to be careful about becoming obsessed now! 😊

I don't want to throw Saran wrap away now. I'm thinking, "Wait a minute ~ this has served its purpose ~ do I reuse it?"

This is part of the learning that Self has. There is the tendency ~ especially in the culture in which you all live ~ to throw things away before its usage has been completed. We are simply saying to you to view everything as having function even if it is simply to sit in storage. Be not so quick to throw something away when it could be used again. At the same time do not hold onto something because you are afraid to throw it away because you might use it again! 😊 It is the fine line that only Self can understand.

I'll never feel lonely again! 😊

This is the point ~ for all are surrounded by energy. Energy has consciousness. Energy cannot NOT have consciousness ~ it is simply different from kingdom to kingdom.

I'll dream sometimes about people who are in my life here or about something that's happened. If we're going into another dimension when we dream, it's not always completely foreign and sometimes it is. So how do I know the difference?

It is part of the sifting through of information that you, as an energy, go through. You are pulling different components from the storage facility of Self to help you to make a decision and sometimes a particular dream gives you that clear cut solution ~ and sometimes it is only the beginning of that decision.

Yes, there may be what seem to be foreign types of information. It could be that it is something in the future, linearly speaking. It could be something from the past that you have forgotten about. You dream to make decisions about your future whether it is for tomorrow on the earth plane or another lifetime.

Self determines Self's journey and you are continually reevaluating the journey that you are on and continually saying, "Ah-h-h now, what will the life be that I take on after this, based on what has happened thus far?"

It is not this cut and dried type of thing where you leave the life and you go into some other place and say, "All right, now what do I do?" ☺ That is not the way that it happens.

In your daily living you continually reevaluate ~ you look at what you have been doing and then based on what you plan to do, with help from guides and others who you trust, you make decisions about what you will do for tomorrow. It is the same thing at other levels of Self.

When you dream, you are constantly reevaluating ~ you may not remember it. It does not matter if you remember it at concrete ~ arrogant concrete. ☺ It is only within Self ~ and the flow of the energy within Self ~ that determines the path.

Some people claim that they actually have some control over the time when they dream ~ astral projection or something like that.

*Some people like to say that they have control over that type of situation. That which you call **ASTRAL PROJECTION** is a very specific testing tool ~ testing for abuse. And those who are able to consciously know and bring themselves, energy wise, into another spot have very strong levels of testing occurring, for that type of energy manipulation is fraught with issues of abuse.*

Be careful of anyone who claims to you that they can do astral projection ~ for those who really know how to do it, without the abuse component, do not talk of it. Only those who want to show off ~ the spiritualist elitists ~ will talk about how they can do astral projection.

So all the books that are out there about how to astral travel, do we just throw them away?

We would not say to throw anything away. If you are drawn to something, it means that you have a lesson to learn by being drawn to it. If you feel a need to learn how to do astral projection, then it means that there is something that you need to learn.

I have heard of some people who are able to be in two places at once. Are those people astral projecting or is this just a gift that they might have?

It is a skill that is developed. Any energy can be any number of places that it wants to be ~ there is no gift involved and it is not levied upon an elite special few. It is a specific toy out of The Toy Box that an entity can choose to learn how. As with any lesson ~ and being in more than one place at a time is a subset of astral projection ~ there are the issues of abuse and nonabuse. In order to learn fully you must do both ~ you must abuse as well as not abuse until you become in the balance of things.

And this would be done at the spirit level, not at the conscious level?

It will be conscious at some level. Mark the words that we just said ~ IT WILL BE CONSCIOUS AT SOME LEVEL. When we say LEVEL, we also mean DIMENSION.

I don't have dream recall or very seldom. When I was a little girl, I used to have bad dreams. My mother told me that before I went to sleep, I simply say, 'I will not dream.' So I did and it has worked for seventy years. Others have told me that I should remember your dreams and I don't really want to. Am I not furthering my spiritual growth by not recalling my dreams?

Not at all! If you do not want to recall your dreams, you have every right not to recall them! ☺ There is a connection that you, at concrete, have made with other levels of Self where you have shut down the memory of the dream state.

Consider it a very good thing that you have that connection ~ you are working in harmony with another level of Self.

It is far more difficult, is it not, when you say, "I want to know!" and you cannot remember your dreams. Or, just the opposite where you say, "I don't want to know!" and yet you keep remembering them. This means that whatever the harmony is that you want to achieve within Self has not been achieved.

When you want to do something at concrete and it does not happen, it means, then, that there is a lacking of flow within Self. And so, you decided very early in your life that you did not want to remember and you have not.

Do not let anyone tell you that you must remember your dreams or else you will not be evolving spiritually.

That's good to know! ☺

No one should tell you ~ including us ~ what you do or do not do. This is why it is the Training Ground of Self ~ it is YOUR training ground. It is all yours ~ you decide.

Remember, anything external to Self is a tool for growth and only a tool ~ nothing more, nothing less. You are external to other energy and other energy is external to you ~ Self and Others ~ all tools, however. You are a tool to the grass and the grass is a tool for you. The earth plane is Self.

REMEMBER ~ YOU ARE EACH PART OF THE EARTH AND THE EARTH IS PART OF YOU.

Some people say that I should have a book by my bed and keep a dream journal and I'm not anywhere near that.

Get rid of the word SHOULD, and ignore those who say, "You SHOULD do this and if you do not do this, you are not spiritually evolved!"

That makes me feel really good because I don't want to remember.

Then do not! That is fine. No one has the right to tell any of you what you SHOULD be doing. Self is the only SHOULD that is allowed ~ Self and only Self and no other energy.

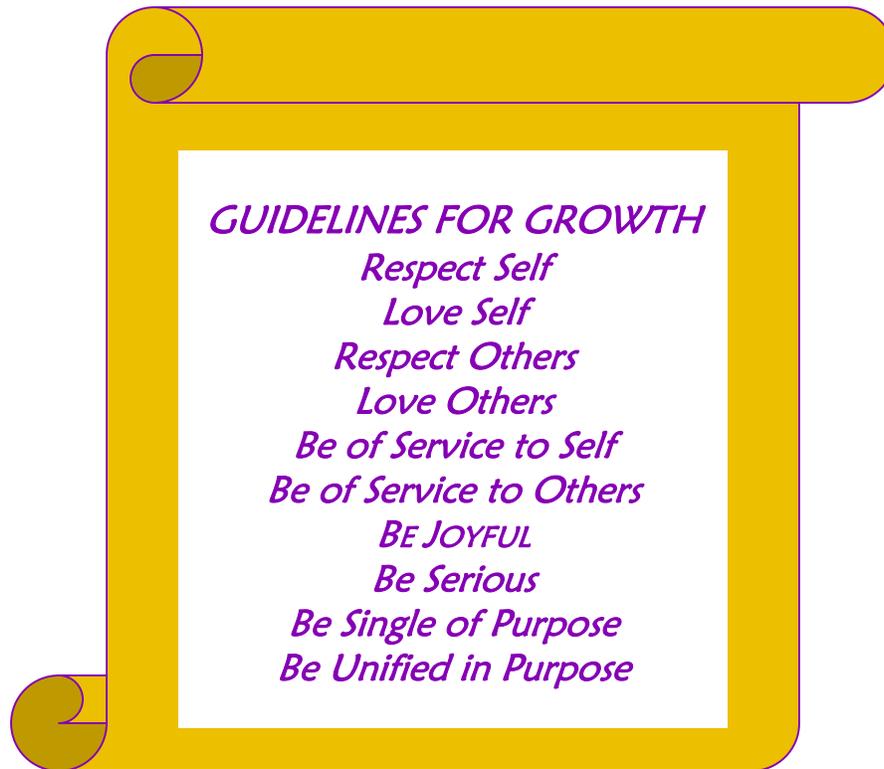
Remember, everything external to Self is a tool only and telling you that you SHOULD is a judgement. Take the word out of your vocabulary. Do not allow others to impose it upon you and do not impose it upon others. Eliminate the words, "Well you should be doing this!" If you feel that what you are doing is fine, then so be it! Do not apologize to any other energy because you are not behaving the way THEY THINK YOU SHOULD BE.

How should YOU behave? That is the only SHOULD that is allowed ~ as determined by Self.

Well then my loved ones, we have given you much to ponder ~ and we, thus, bring closure to this discussion.

We send to you all now the very highest of the white light from the very highest of The Kingdom of Amelius. Farewell!

Goodbye Waith! Thank you!



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Terra Lux, Inc.

earth plane headquarters of the

Waith Institute for Spiritual Leadership

CONTACT INFORMATION

LAND BASED
Enfield, Connecticut USA

CYBER BASED
www.terralux.org

Email
contact@terralux.org

Facsimile
860.745.1991

Office
860.745.4716

Toll Free
888.TerraLux

Postal Mail
Terra Lux, Inc.
Post Office Box 378
Enfield, CT 06083-0378



**TO CONNECT WITH A
GUIDE OF TERRA LUX
EMAIL**
wisl@terralux.org

WAITH . . .

*Heaven is in your own heart ~
heaven is the love you hold for Self.*