Waith Class Transcripts

ENERGY FLUIDITY MANAGEMENT ~ SELF AND OTHERS INTRODUCTION TO THE CONCEPTS



~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

Information Given Interdimensionally By Waith Through Mushiba

Waith Institute for Spiritual Leadership

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ENERGY FLUIDITY MANAGEMENT ~ SELF AND OTHERS INTRODUCTION TO THE CONCEPTS

(THIS TRANSCRIPT IS AN EDITED VERSION OF THE WAITH WORKSHOP OF SEPTEMBER 17, 2005)

Waith: The blessings to all of you!

Hi Waith!

We are very pleased to be back in the vibration and to begin this workshop on ENERGY FLUIDITY MANAGEMENT ~ SELF AND OTHERS. Formidable title, is it not?

Very! [⊕]

Yes it is! And all it means is that you are going to learn about energy ~ that is all. Every one of you already know about energy ~ correct?

A little.

Well, some have practiced longer than others and have taken that subject of ENERGY as a course in several lifetimes, for example. However, you each have an already strong foundation of knowledge regarding energy.

Why would we say that?

- Because we're here!
- ☼ We are energy!

Yes, indeed! You are here ~ you are encased. And, therefore, because you ARE energy, you know about energy. For any of you who might say, "Oh, I don't know anything about energy ~ I can't see auras ~ I can't tell when something might happen ~ I can't hear other kingdoms!" and, on and on and on, we address that topic now. Let us hear some of your whining so that we get it all out before we begin our discussion of the concepts.

My love, you are good at this!

(Waith speaks to a regular member in his classes)

Well, my pet wants are to be able to see and communicate with the faeries and other wee entities ~ and to communicate with my crystals. They may be talking to me and, yet, I can't hear them. And, finally, I want to communicate with my animals ~ the cats.

Ah-h-h! The animals. You are saying, "Waith, I can't hear them ~ I want to know what they're saying!" [©]

☼ Me too!

☼ Me three!

Let us hear more.

I'd love to see auras, if we want to call it by that ~ energy fields ~ the colors!

Light around another ~ be blinded by the light! ☺

Or just sense energy. I would like to sense energy with something that is not animate.

Like this table?

Yes.

Nice table. Nice table. Pet the table. (The person touches the table and smiles) Yes, and what do you feel on your hands?

I feel the table on my hands.

Indeed ~ you are sensing the table. And the table is sensing you. Just because you cannot communicate with the table does not mean that you are not sensing anything. You are sensing the table from your own frame of reference by touching.

You are also, my love, another one who is good at whining about energy. (Waith speaks to another regular member of his classes)

I have all these tools and I don't know how to use them.

How many of you have all these tools and do not know how to use them? (Several raise their hand)

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What are the tools?
Crystals.
A crystal is a tool. What is another tool?
My hands.
Your hands are tools.
And when we can sense when things are going to happen ~ as I do.
Yes. You can sense when things are going to happen ~ seeing something in the future.
Like when my husband had an accident ~ I told him that day not to go in to work and, yet he did, and had the accident.
Indeed. You were seeing into the future, my love.
So, is that a tool?
Yes, it is a tool. And it is a very common situation that many of you discount what you hear.
 ❖ Yes! ☺ ❖ And also we need to be careful what we wish for! We want to have these abilities and then when we do, they can be a little scary as well!
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And also we need to be careful what we wish for! We want to have these abilities and then when we do, they can be a little scary as well! Yes, indeed. What is another tool?

Focusing. Some of the tools you have named are considered concrete and some considered abstract ~ whatever concrete and abstract mean. ©

How do you use them, Waith?

However we feel like it. © Which will seem less flippant an answer as we move into our discussion about concrete and abstract as it relates to energy.

Energy is everywhere. Everything is energy. Energy, in order to exist, must be encased. Energy cannot be outside of The Universal Consciousness unless it is encased. Energy does not just float around.

When you hear the words, IN SPIRIT, there is the implication that it does not have anything ~ that you are either in a body or you are in spirit.

We define IN SPIRIT as your perception \sim key word, PERCEPTION \sim of what is concrete to YOU. And spirit, then, is what is abstract to YOU.

Every tool that you have mentioned is a kingdom housing energy. Your thoughts are a kingdom housing energy. Indeed, your entire human encasement is a bundle of different kingdoms housing energy. And, it is this perspective that is important to remember as we move along in this workshop series.

All energy must be encased and all energy is a tool. What works for one as a tool does not necessarily work for another as a tool. Think about the magnitude of the statement that ALL ENERGY IS A TOOL ~ these are uncountable energy forms.

The carpet ~ one thread in the carpet is an energy because it houses energy. Think about how many distinct energies are in a carpet. A carpet can be a tool for some and for others, not a tool ~ and, indeed, could be a hindrance. Some of you may trip on a carpet and some of you may find the carpet soothing to your feet.

Some have allergies.

Indeed ~ some have allergies to the particular composition of the encasement.

Thus, when you whine about not being able to see, hear, sense energy, © that is your clue to step back and evaluate all that you are surrounded by. What do you surround yourself with in your environment?

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Some of you have many of The Mineral Kingdom, and the many forms that The Mineral Kingdom takes on ~ rocks, crystals ~ and, some of you may have none. Some of you have animals ~ some of you have none. Some of you live in an environment that has wood on the floors ~ some of you have carpet on the floors. Some of you have curtains on the windows ~ some of you do not.

Look at your environment and make a list of everything that is in it. You do not, by the way, have to say, "Well, there are four million, three hundred, twenty one threads in the carpet." You would simply write, CARPETING. Go around and begin to make this list of all that surrounds you in your immediate environment.

And, then, go to your external environment. Do you work outside of your home? Take that as your first external environment and write down the main components that are in your external environment. You do not need to get very minute, unless some of you happen to have taken that on as part of your astrological make up. ©

Then compare and contrast those concrete forms that are in both of your environments ~ internal and external ~ and you will begin to see where there might be similarities.

Then make a larger list based on both lists ~ make a grand list. That then, my loved ones, is your map for what is your path in this lifetime for connection with different energy forms for NOW. If you have no animals in your environment, it means what?

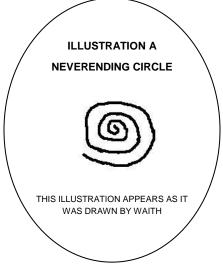
We may not connect to them.

It is not meant to connect ~ NOW. Remember, you are taking a photo of your environment RIGHT NOW. You may have had animals in the past ~ that does not count when you are looking at your environment NOW. You may have

review is for NOW.

Remember that the path for every energy is long and winding. We draw our neverending circle. (See Illustration A) This life is not IT. This life is only a minute point on a much larger, more complex journey of return to The Universal Consciousness.

animals in the future ~ that does not count for the



And, it is impossible to live your life without knowing about energy. Do not be concerned that someone you know can sense things ahead of time and that it is wonderful, thinking, "Oh-h-h, I wish I could do that!" You might want to talk with a person who can do that and get their perspective on it.

You might think, "Oh-h-h, I wish that I could channel like Mushiba does!" ~ talk to Mushiba. © Or you might like to be a channel THROUGH someone ~ talk to me! ©

Understand that the journey is interdimensional ~ and we have talked about dimensions at great length in our SEARCH FOR SELF material. (To read more about dimensions, see HOW TO CONVENE A MEETING OF THE DIMENSIONS OF SELF ~ CONCEPTS AND APPLICATIONS)

You are in a dimension now and all of the energy that is in this dimension ~ you are part of it. You are only a dimension away from another illusion ~ another life. And you go to those dimensions all the time.

There is no great mystical ability that some are able to move interdimensionally. You do it all the time ~ sometimes more elaborately because you have taken the course in some other lifetime and have used that information to study and learn more about interdimensional travel ~ beyond the beginning level.

All of you, because you are energy, can move interdimensionally ~ it is an impossibility not to. Energy is fluid. As you sit here ~ and we say this with all respect for the role of a teacher ~ some of you zone out when we are speaking. That is interdimensional travel.

And, you may even begin to talk within yourself saying certain things, "I wish he would stop talking," or "Oh-h-h, I don't want him to call on me." That is interdimensional communication ~ every energy does it. If another says to you, "I'm able to see auras," do not think it is a big deal, for it is not, my loved ones.

Some of you have gone beyond seeing auras because you are working on another component of energy development and management. Some of you, perhaps, are just coming into that arena where you are going to see auras and you need to have something concrete that shows your progress ~ much like having a grade given when you are in school have a test and say, "This is very concrete ~ I received a B plus in this."

Seeing auras is part of that whole component, my loves. And for those who do not see auras, relax. Do not condemn yourselves that you are not able to do this, or that, or the other thing.

Seeing auras can be very distracting ~ just like being able to see into the future. If you are not able to control and absorb it within you for your daily living, it is a distraction. You learn that you can tell some people and they will listen and you can tell others and they will make fun of you.

It is something that you are developing within yourself as a way to manage energy. Seeing auras, being able to know what an animal is saying to you or a rock ~ that can be very distracting unless you have learned how to manage it.

For example, you are driving in your car and there is a car in front of you. There are three people in the car ~ and you can see auras. You see the aura of the car, you see the aura of the three people in the car, and if they have food in the car, you are going to see the aura of the food and if they have an animal in the car, you will see the aura of the animal ~ unless you are able to manage this particular component of energy fluidity. You could drive off the road ~ blinded by the auras. © Or, you go to a party and you see the auras of everyone in the room ~ unless you know how to manage it.

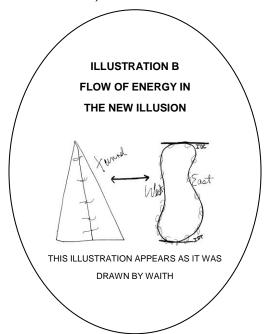
In The New Illusion, energy fluidity is the focal point. Energy in this current illusion is very tightly contained, and will be different in The New Illusion, where it will be more

fluid. For review, we draw the pyramid shape that moves from north to south in its energy flow. (See Illustration B)

This is a very controlled flow of your own energy. This current illusion was purposely set up for the flow of energy to be in this direction, for lessons to be learned. Each illusion has a different way in which the energy flows.

In The New Illusion, the shape changes. Many of you have been in classes where we have discussed this, where it looks like what you call a PEANUT ~ which can lie on its side or which can move upward.

(See Illustration B. For a detailed discussion of these shapes, see, THE NEW ILLUSION ~ AN UPDATE FROM AN ENERGY PERSPECTIVE)



The flow of energy will be from east to west ~ regardless of whether you look at it standing up or lying down. Unlike the current energy structure where you have particular points within this structure of the pyramid, where energy moves in and out, in The New Illusion there is no ONE particular point.

When you look at the Chakras as your main frame of reference, they go up the center of the encasement. In The New Illusion the peanut shape is fluid. Even though we say from east to west, it goes from west to east and north to south. For this class we will not be focusing on instructions for use with the new shape ~ that will come in our next workshop.

Thus, what you see are two very different flows of energy. The Earth currently operates from north to south ~ polarities. The Earth will shift on its axis and it will flow from east to west, west to east, north to south, south to north ~ it too will be fluid. Will it be round? No. The Earth will be what shape, my loves?

The peanut shape?

The peanut shape.

That's new information!

Yes, it is new information. You see, it was a little treat that we have given you new information ~ because you came to this class! ©

You are going to learn, in this series of workshops, about how you will accommodate your flow of energy NOW in preparation for the flow in The New Illusion.

There have been many kingdoms ~ human, animal, mineral, plant, television set ~ that are already switching their polarities. And there are many humans who you are meeting who will say to you, "My polarities have switched ~ they now go from east to west and not north to south." Mushiba's polarities have changed ~ they had to in order for us to speak through her, for we are of The New Illusion. We are not of this illusion. That is new information also.

Even though you've been with her for ages and ages?

Yes, and how would that change this information?

Time is relative.

Yes.

☼ I'm stumped.

How can you be rooted in a particular illusion? How can we be rooted in a particular dimension? I said illusion. Dimension ~ illusion ~ they are the same thing. Remember the discussion we had about your root dimension? (See root dimension ~ Introduction, and, root dimension and the training GROUND OF SELF) Oh-h-h! Oh-h-h! My goodness, there is a connection here between different things that we talk about, is there not?

You can be rooted in any number of dimensions ~ any particular dimension ~ and still be existing in other dimensions. Our root dimension for the earth plane as a training ground is the next illusion. What about Atlantis? What about Atlantis? Does that mean you were rooted in the coming illusion, which is two illusions from Atlantis? Isn't that an interesting observation and question! What do you think? Yes! Yet, it still boggles my mind! Why?

Because we are stuck in a linear concept of time.

Yes, indeed. Look at this neverending circle and all of these little points on it, which is a linear representation of a nonlinear component. As the neverending circle swirls around, what happens to these points that we have placed here? (See Illustration C)

They change.

They change in what way?

They move into different areas on the circle.

Indeed. And what else?

They shift order.

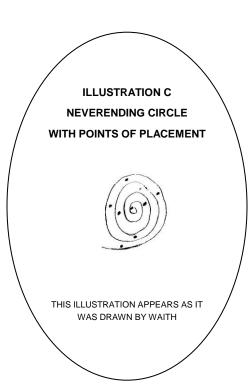
They shift order. And might they not meet themselves?

Wherever you are in your OWN neverending circle, it can shift and you meet yourself ~ your order changes. In this dimension you may be at this lower point and in another dimension in this higher point.

This is a linear representation ~ a concrete representation of an abstractness. The neverending circle is all One ~ it is One. In its abstractness you are IT ~ you are everywhere. For concreteness, you say, "I am here at this lower point." For concreteness we say to you, "We are rooted in the next illusion." And yes, when we were in Atlantis with Mushiba, we were rooted in this illusion that currently exists ~ for we were in preparation for this illusion.

Once this current illusion began, there need not have been more preparation from us, as an Angelic, and thus, we became rooted in the next illusion, that which we refer to as The New Illusion.

Each of you, however, acts in the same way. As you sit here, now, you are moving in different dimensions ~ illusions. Illusion ~ dimension ~ it is the same thing and we use the two words interchangeably. There is not this hierarchal way of thinking, "Oh-h-h, these are the dimensions ~ one on top of the other ~ and an illusion must be something



outside of the dimensions ~ and the dimensions must move into the illusion." No, for you are all now in this dimension, which is this illusion and, simultaneously, you are in every other illusion on the earth plane.

And, so my loved ones, when you look at the greater concept of energy management, it is not overwhelming ~ you are LIVING the concepts of energy management and are here to learn how to do it better, to be in control of your own flow of energy.

Remember, however, that you will not be in one hundred percent control of your energy for that is not achieved until return to The Universal Consciousness. Your flow of energy is always going to be out of balance because you are learning new things ~ you balance for a nanosecond and then it is time to learn more.

For some of you, you may balance for longer than a nanosecond, depending on your path. Those who come in at the end of an illusion, especially, take on accelerated growth and learning ~ and learning to live with exaggeration. And, certainly, the earth plane, now, is an exaggeration beyond anything you might have imagined. ©

Now you might say, "Well, Waith, what is the sense of all of this, if we're all energy and interacting with other energy ~ energy is energy ~ then, what is this all about?" ©

How many of you have heard the phrase ENERGY IMPRINT?

I have.

And what does it mean, to you, my love?

Well, I've heard it. I didn't say I know what it means!

Well, we take the next step ~ you have heard it in what reference? ☺

Well, let's see. Leaving my energy imprint would almost be like leaving my business card with somebody. When I'm gone, the imprint of my information is still there.

Indeed ~ other responses?

- I've heard it regarding things like a haunting, where there's an energy imprint left from emotions or events of people.
- How about when electricity strikes something?

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Indeed.

What is the difference between imprint and blueprint ~ an energy blueprint?

And what do you think is the difference?

I don't know.

Ah-h-h \sim if you ask the question, you have the answer. \odot However, the question will be discussed as we move along in the workshop.

Then I don't have to bother right now!

When we come to that point of discussion, we will call upon you again. © So you will NEED to think about it ~ indeed, a little joke. ©

How many of you are familiar with the concept of the twelve master pyramids? (A few people raise their hands)

And how many of you know that there are master pyramids? (Several people raise their hands) There are twelve on the earth plane ~ you may have heard other numbers and that is fine. They are in the shape of a pyramid ~ and the flow of energy for this illusion is the pyramid.

The purpose of the master pyramids ~ and we refer to them as structures ~ is to encircle the earth plane with an energy imprint. That energy imprint was created for this current illusion at the ending time of The Atlantean Illusion. And the pyramids for this illusion were placed between the shifting from one illusion to the next.

The energy imprinting for the setup of THIS illusion was transferred during the time of the closure of The Atlantean Illusion. From those who came in to speak and give information ~ their words, feelings, emotions ~ there was an energy imprint into the geographic area in which that energy structure was going to be constructed. And important to note ~ all of their information, while some of it in concrete writing, most of it was not.

While the shifting of the illusions is taking place, the new energy structures are created and a web surrounds the vibration of the earth plane with all the information that is

needed for the setup of that particular illusion ~ in this case, the Atlantean time setup for this current illusion.

They are geographically dispersed, so that they encompass all of the geographic areas of the planet ~ the concrete planet ~ and they set up, then, the lesson learning that goes into a particular assigned geographic area.

Where ever you happen to live on the planet, you have lessons to learn by living in that particular geographic area ~ and there are memories that energies have about a particular geographic area. That same situation is now occurring for the setup of The New Illusion.

It is on the record that the Terra Lux arena is where one of the master peanuts © will be constructed. It will be one of twelve on the earth plane. Currently, this particular geographic area (Enfield, Connecticut) is receiving energy imprints from activities occurring now, setting it up and waiting, if you will, for the new structure it will go into.

All of the information that we have been presenting is about the energy imprinting for The New Illusion. It matters not if every word we have spoken \sim gems as they are $\sim \odot$ is in writing.

We have said from the beginning of our time through Mushiba, that our information is not for this illusion ~ it is for the next illusion ~ and is being imprinted for the next illusion for THIS geographic area.

Each structure, each of the twelve, will have its own twelve substructures ~ this is the way in which the webbing occurs. There are, also, eleven others currently on the plane who also have the responsibility of bringing in information for imprinting for the next illusion.

This geographic area (Enfield, Connecticut), and each of its twelve substructures, is charged with presenting information in a particular way to a particular audience. We have said from the beginning that our information is for a particular audience. Thus, this geographic area in The New Illusion will have particular energies who are drawn to it because of the information and the way it is presented ~ and, this will continue for the entire illusion.

Many entities decide that they want to, in the series of lifetimes in an illusion, go into each of the geographic areas. And it is not always twelve ~ it can be ten and in some illusions it is more than twelve. As an energy you look at the map of illusions ~ and you

see the BLUEPRINT. And, for example, you will see the blueprint of the next illusion and that this geographic area has particular information and lesson learning that goes with it. All information, however, is the same for each area, just presented differently.

From an energy perspective you know that to learn your lessons you need to be in a particular geographic area. And you may move into another geographic area in that lifetime ~ or you may not ~ and eventually, if you decide to go through the entire illusion, you will choose different places to be at different timeframe.

The New Illusion setup has its initial information, and it is that initial information that has the feedback that, then, begins to occur because of lesson learning. And every one of you, as energies, for every lifetime, imprint your energy on the area in which you have lived ~ or for some of you, several areas. Some of you have moved from one vortex ~ as we call them ~ to another vortex, within one lifetime. Some of you will choose to live in one vortex area for many lifetimes and not move into another one.

So each energy, then, imprints upon the grid. And, if each of you is imprinting upon the grid ~ the energy grid that surrounds the earth plane ~ what implication does that have for you as an energy?

It will help in bringing in The New Illusion?

Indeed. Let us look at the current illusion as it is now and we will follow through on your thought. This illusion has a grid. You are each imprinting upon that grid. The grid is changing from one illusion to the next ~ some of the information from this current grid is going into the next illusion because it is going into a threading effect.

From this current illusion there will be things, energy wise, which will thread into the next illusion. There will be energy components that will not and will stay with this illusion so that when it comes around again on the earth plane ~ this illusion ~ it has a basis already established of energy imprinting.

The same is true for the next illusion ~ The New Illusion. It has a threading from this illusion of things learned in this illusion and it goes into an already established energy grid that has items learned from other times it was on the earth plane. And it keeps threading through and threading through.

Each illusion has a particular setup ~ for the next illusion it is the peanut shape. People in the next illusion ~ approximately half way through ~ will start talking about these structures on the earth that look like peanuts ~ as we have drawn it ~ and then there

will begin to be a discussion about, "Where did they come from ~ who built them ~ © it was a primitive time and so they must have been built by, perhaps, slaves, over many, many years, hundreds and thousands of slaves, hoisting up these rocks." © WHERE DID THEY COME FROM is an imprint that goes from illusion to illusion ~ a very important imprint. There is discussion now about the pyramids currently on the earth plane and great curiosity about the origins of the pyramids. That curiosity is one of those permanent imprints that threads from illusion to illusion.

The permanent imprints that are there, are these the blueprints?

These are part of the blueprint.

They are not changing, so the blueprint is what stays the same and the imprint is what changes?

Another question?

Then I don't need to ask that we built the pyramids ourselves? ©

What do you think?

I think we did.

Yes, indeed. There is a special talent that goes with that ~ for our discussion with you at another time.

The energy from the hurricane in New Orleans ~ is that a cleansing of that area in preparation for the next illusion?

Yes, it is. And also remember that it is not just a cleansing of the physical areas ~ it is a cleansing, also, of institutions, of thoughts, of beliefs, of attitudes.

Energy imprints.

Yes indeed, it is an energy imprint.

Remember that there are three Earth events that are part of the cleansing ~ hurricanes, earthquakes ~ and what is the third one?

- ☼ Volcanoes?
- ☆ I thought it was floods.

That is part of the hurricane phenomenon. Hurricanes, earthquakes...

Tornadoes.

Yes indeed. Some of you should have known that ~ you have been listening to our words for many, many years! © And, while we joke about it, there is also an energy implication.

While energy is imprinted within the greater grid, it is necessary for all energy to return to that grid for reinforcement of the energy ~ knowledge.

Sometimes you are able to access that knowledge that is in the grid yourself, very easily. You do it because you have decided that you want to. Sometimes you are pushed by someone, like us, who says, "What are the three earth events?"

And you have to think again, for you have not had to think about that for a while. Knowledge that you have that all have is retained within Self.

We have spoken of the storage of information about Self that occurs in the Soul. Short term storage ~ which is what you use immediately for this lifetime. Medium term storage ~ which you have available to you if you need it for this lifetime. And long term storage ~ which, for the most part, is nothing that you will use for this lifetime for it is simply the major area where all of the information is stored that you have gained in your journey.

The energy grid around the earth plane is the next stage of energy storage ~ it allows each energy to have what we would concretely say is OFF SITE STORAGE. Even though everything is a neverending circle and happening at the same time, if you look at it from

ILLUSTRATION D

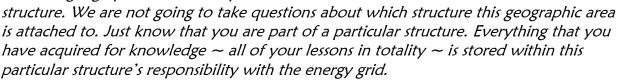
NEVERENDING CIRCLE

ENERGY GRID

a linear perspective, your information within your own energy flow, you as an individual, is maintained within Self in three different storage capacities ~ short term, medium term, long term. And, then, available to all, is the energy grid that is encircling the earth plane.

Let us say that these squiggly lines are the energy grid. (See Illustration D) And here is a point, two, three, four, five, six, seven, eight, nine, ten, eleven, twelve structures ~ twelve Master Pyramids. They are holding the vibration of the earth plane ~ they are making it the earth plane.

Here you are ~you are an energy, number one. (Refer again to Illustration D) You happen to be in the geographic area of this particular



Another energy, number two, is connected to another structure. (Refer back to Illustration D) The same thing exists for that particular person where their remembrances ~ all of their lessons ~ are stored within this energy grid.

If we were to extrapolate this and take twelve particular energies and have them connected to one of the twelve structures, we would, then, have what you could best refer to as a MINI UNIVERSAL CONSCIOUSNESS. And, as you already know, The Universal Consciousness houses all of the information ever learned.

However, my loved ones ~ INFORMATION ITSELF IS FINITE. Yes ~ information itself is finite. However, what is INFINITE as it relates to information?

Consciousness?

Take that a step further ~ what does consciousness bring about?

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Awareness?

And what does awareness bring about? How is consciousness and awareness determined? How does it grow?

Light?

In what way, my love? Elaborate on that.

As our awareness grows, we move on our continuum of light into more light.

Yes, your light increases. What is it that brings about a return to a light filled world of Self?

Lesson learning?

Yes, lesson learning. Thus, from a universal perspective, knowledge is finite. The lesson learning ~ the ways in which that knowledge is applied ~ is infinite. Now you may say, "How can knowledge be finite? There is so much to know." Well yes, there is ~ and most energies, in their journey, do not learn all of the knowledge. However, all of the knowledge is available to learn ~ you just may choose not to.

With levels of mathematics, for example ~ you may choose lower levels and not higher levels, while someone else chooses higher levels. In language, you may choose only to know your language while others choose to know other languages. However, it is the availability to knowledge that is the key component.

You have this web of energy surrounding the earth plane and this particular person, number one, has imprinted to this structure and thus to the grid. And, number two has imprinted to the number two structure. Does number one then have availability to the information that number two has imprinted? (Refer back to Illustration D)

Yes.

Yes. And so, if you carry that out with all twelve, then everyone has availability to every piece of information ~ EVERY PIECE OF INFORMATION ~ and every way in which that information can be and has been learned.

How do we access that grid?

Well! That is the eternal question.

How do you access that information? What is the quick and easy answer to that?

Go within Self.

Go within Self! ©

In history, it appears that the same information seems to come from country to country at the same period of time as to science, or building, or so forth. Could that be because, as everything is going around, the imprints are kind of like on a TV and they're available?

Yes, indeed. Think about how certain scientific discoveries, for example, are worked on in different parts of the Earth by people not knowing that they were working on the same project. So someone in one country, is working on a particular invention or scientific breakthrough, not knowing that someone in another country is doing the very same thing ~ and often they come together in the world forum and realize that they were both working on it at the same time. This is a very common situation.

When you put a thought form out ~ regardless of that thought form, my loved ones ~ it imprints. This is why we have said from the beginning of our counsel so many years ago that every thought form any energy has imprints and affects all other energy. It may not be dramatic ~ it may be very subtle ~ you may not even feel it at all at a conscious level, and indeed, you probably would not.

However, there is the ripple effect ~ and when we talk about the ripple effect, we are talking about the grid. All of that information that is available is continually becoming enhanced by more information ~ this is simply the way of energy imprinting.

If our thoughts, as we send them out, are imprinting out there ~ is that why we feel exhausted some days, down in the dumps other days, because we're picking up a negative energy gridlock?

You could be. Remember that anything you feel in the concrete is a reflection of other levels or other dimensions of Self. And while you, in the concrete, may not be consciously connecting with a negative flow of energy or something that is going to bring about darkness within Self, another dimension of Self may be. And, therefore, there is that rippling through, or among, the many different dimensions.

When you go to sleep at night and feel fine and then awaken in the morning and feel not so fine and can see no concrete explanation, it simply means that there is something else occurring at another part of Self ~ and it is a connection with the energy grid.

And so, when we asked you what the three Earth events were, many of you had to go into, perhaps, medium storage within Self and were able to access it. Some of you did not know that we had given that information and what you had available to you was the energy grid of the information that we gave that has been imprinted ~ and you had the availability of that information. ACCESSING it is what Energy Fluidity Management is about.

When you referred to the peanut shape being the shape of the coming illusion and the pyramid being for this illusion, did the builders those thousands of years ago, when they built the pyramids, know what they were doing or was it just happenstance?

Oh, nothing is happenstance. © Yes, the builders for the structures for each illusion are specifically trained and it is a selection, if you will, from the Menu of Lesson Learning, as to whether someone wants to learn what is required to be part of a building team. (To learn more about THE MENU OF LESSON LEARNING, see, EARTH PLANE CONNECTION)

Each builder selects twelve builders to help in creating the grid, which occurs during the switchover. As the illusion is ending and closing down, there is a brief time on the earth plane in which all energies are in shelters of some type ~ mostly interdimensional where you are asleep and dreaming and learning during that timeframe about the startup of the next illusion.

During that time, there are specific energies who are bringing the energy imprinting into place. The imprint is there and the builders help to keep it in place while the structure is being constructed. And that takes, as you would call it on the earth plane, a day. However, it is not an issue of time ~ it simply happens.

There is never a moment that the Earth, as a vibration, does not have an energy structure around it ~ a grid that is always there. Certain skills are given to the builders to assist them in doing this building. Those skills, then, are removed when the illusion is set up ~ for they are skills needed only for that particular responsibility. Mushiba is one of the twelve builders. That is on the record.

Is there truth that there are magnetic rods that help to put those pyramids in place?

Any of the history that might be floating around as to how the structures were built has been placed in as a memory that has some basis in reality ~ however, not in the way that it has been interpreted now. ©

So there's some truth to it, yet not the way that we understand a magnetic rod to be?

Yes.

Or that the pharaohs employed thousands, upon thousands, of slaves, is a bunch of bunk?

Understand that nothing is what you call BUNK. It is valid for lesson learning and helping the curiosity and the bringing about of advancements in understanding. And, oftentimes, you need to go down a particular road of information gathering that is not entirely accurate in order to reach your point of accuracy ~ information serves that purpose. All information is accurate. Anything that is information is true ~ it is the way that it is applied and used as to its validity.

Or its interpretation.

Indeed.

We are now going to have you loosen your energy field a bit. We would like you all to please place all your items on the floor and stand ~ except for you, my love, where you will stay right where you are and not stand and move about (Waith is referring to a workshop member who has an injured foot)

You have an opportunity to relax your encasement a bit. What is it you do to relax your encasement?

Jiggle it around!

You could!

Walk!

You could walk. What else to lighten?

☼ Stretch.

☼ Laugh.
⇔ Hug!
♥ Plant.
Even when you are told to stay seated because of physical limitations, there are still ways in which you can bring your encasement into a relaxed state. Now, form a circle and hold hands.
What do you feel?
Energy.
How does that feel?
Tingly.
Someone else?
Relaxed.
How does it feel, my love, on your right hand?
Warm.
And your left hand?
Cold.
Indeed. My love, your right hand ~ how does it feel?
Cold.
And your left hand?
Also cold.

Indeed. My love, your right hand?
Cold.
And your left.
Warm.
Indeed. Is this not an interesting perception? Because one is warm and one is cold, does that mean anything?
Is it the thought we place on it?
It could.
The person next to me has warmer hands! ☺
Indeed.
☼ My friend felt cold here and I feel warm here, so it's really not the connectedness.
☼ They are separate because I feel warm here, yet I feel cold here and warm here. Isn't that weird? ☺
☼ It means something to the individual and it's not necessarily something universal.
Indeed. Is there anything else any of you would like to express about how you are feeling with the holding of hands?
There's a lot of love in this room.
Indeed. All right, then, you may return to your chairs. What were we trying to show you with this exercise?
That we created a grid and were all hooked up to the same experiences?
Yes, indeed! Now how did you know the answer to that?
Because we were all linked together, so of course all of the information is there.

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ENERGY FLUIDITY MANAGEMENT ~ SELF AND OTHERS ~ INTRODUCTION TO THE CONCEPTS

Yes. You were able to have information in two ways. Concretely, some of you described what you were feeling. Abstractly, this has been an imprint upon this small group of the way in which others were feeling ~ even though you do not think you know it at the concrete, there has been an exchange of energy known as an imprint.

Energy exchange equals energy imprint. You will hear energy exchange frequently. It is energy imprinting. It is as simple as that.

When all of us leave this workshop and go in our own directions, we're still going to have that connectivity? So, on a concrete or an abstract level, it depends on how much I'm listening to either one of those as to whether I receive it or not?

Indeed. That information is available, not only with this miniature grid that has been created by this group. It has now imprinted in your short term Soul memories, your medium term, your long term and in the grid at large. And then it decides which storage area it is going to root itself as information for Self.

Energy Fluidity Management ~ Self and Others ~ how powerful is it for Self to manage the fluidity of Self?

There's a lot of responsibility, if we want to take it that way.

How powerful is it?

Very powerful! [☺]

It is a very powerful force to have within Self. You have all now seen that you have availability to the energy imprint of others and we were illustrating in this small way of Energy Number One and Energy Number Two connecting with their particular structure, and that Energy One had access to Energy Two's experiences and Energy Two had access to Energy One's experiences. (Refer back to Illustration D) If you have access to the experiences and, therefore, the flow of energy of others ~ what is its implication?

I could take on those feelings of my experiences.

You could, yes. What else?

Influence theirs.

Influence the others. Oh-h-h ~ therein is the challenge, my loved ones.

That's the responsibility.

That is the responsibility ~ for as you gain in your own abilities to manage your own energy, what comes with that, automatically, is an ability to tap into the grid. It comes simultaneously ~ as you have more power to manage your own energy fluidity, you then have an equal degree of power to tap into the grid and potentially influence the energy fluidity of another.

What if we have too much energy?

Never too much energy ~ it is about how you MANAGE it. That is the challenge ~ to manage Self first. However, remember that the degree to which you are able to manage Self ~ even if it is one tenth of one percent ~ you, then, have that same percentage available to you to plug into the grid and potentially influence in some way another's flow of energy.

This is not a bad thing for it can serve a beneficial purpose. It is beneficial if another says to you, "I need help ~ can you help me?" ~ Those magic words, "Can you help me?" It is not beneficial in the concrete linear perspective if you impose it upon another.

If you impose your ability to manage energy fluidity upon another, then you go into some very deep lesson learning. Understand that from The Universal perspective, there is nothing that any energy does that is bad ~ it is all for lesson learning. And, so yes, you are going to impose and the only way you will learn not to impose, is to impose ~ it is the balance. On the one hand, we would say to you that you need to learn how to manage your own energy fluidity and then face the issues of potentially managing another. However, we are saying that you need to impose in order to learn.

That is the key ~ in ORDER TO LEARN.

IN ORDER TO LEARN, yes. However, anything that anyone does, ultimately, is a learning and so, yes, there are many on the plane now who have come from the Atlantean time and who have not learned their lessons from Atlantis. They are in very similar scenarios as was in Atlantis, for lesson learning ~ and they are imposing, and imposing, ~ and it is allowed for it must, indeed, happen.

Because we are all One, all energies sign a contract with each other saying that we will help each other learn lessons, even if we are not happy about that fact. ©

When you come into a life and say, "How can we let him do what he's doing ~ he's running the company, or this country, and he doesn't know what he's doing." Well, you had determined that you would be part of an environment in which that particular energy would be able to learn lessons ~ and for you, also, lesson learning.

It is fine to say, "Ah-h-h, this person is awful ~ we must do something to stop that person." Yes, that is appropriate, that is how you help each other to learn by saying, "I must do something to help" ~ even if it could be construed as imposing, for in its imposition there is learning.

Imposition is an okay thing. However, it is NOT okay to say it is okay!

We have said that kind of statement before in regard to lesson learning. For example, you might say, "I don't have enough patience with so and so." Well, part of the lesson learning is to not have enough patience, so that you will learn patience. You might say, "I don't have enough patience, however, I know that not having enough patience is necessary for me to learn." That is fine.

However, it is NOT fine if you say, "I don't need to have patience ~ it's okay for me not to have patience because Waith says that I have this and so it is okay if I don't have any patience." That kind of attitude gives you an added component of lesson learning which, ultimately, you are going to learn.

Understand that the journey outside of The Universal Consciousness is all about energy fluidity management and you each do it already.

Do the exercise we started with at the beginning of this workshop. This will give you an idea of how we are going to move into our discussion in the next workshop about Self. By looking at your internal and external surroundings, you will begin to have a blueprint of the energy fORMs that surround you.

You talked about abuse and how some energy form is abusing now and imposing. If I am being imposed upon, I need to defend. Through my defense, I am also imposing, actually, on that energy. Now I have to find my own fine line when I am defending and of how far I can still defend and not be imposing.

That is your fine line. ©

At what point would I move into the dark spectrum and leave the light spectrum?

That is your fine line.

I know.

And, there is a difference between defending and attacking.

Yes, there is a difference, for me ~ I can only speak for Self.

Defending is of the light ~ attacking is of the dark. It is okay to do both. Attacking means that you are aggressively going after someone who has come toward you trying to impose in some way.

Someone who attacks is seeing only the goal, thinking, "This is the energy I am going after and I want to get that energy" ~ or, it could be a group of energies. And the goal is to impose. That imposition, however, is viewed by the energy that it is directed toward, as imposition. Attack may NOT be viewed as an attack by one person and by another person, viewed as an attack. It is a perspective and why determining your own fine line is critical.

Defending means that you have your, so called ARMOR, spread ~ you see things through a light filled focus rather than a dark filled focus and you are simply protecting yourself from being attacked or imposed upon. If you do not view something as an attack, then you have no reason to defend. Defending only occurs if you feel you are being attacked.

Are you imposing by defending?

It depends if I go over my line. However, we can move from a light filled perspective or from light filled defending, into dark by beginning to really impose.

Indeed, and that is where the fine line is, for within Self. Does your defending, then, turn into an attack ~ a counter attack? It can very easily happen. Defending ~ and not being dragged into attacking ~ is a difficult situation. It is a challenging situation and one that is learned by doing ~ as with everything.

We have now brought conclusion, my loves, to our points made for this workshop and in our next one, we will talk more specifically about Self managing Self and the connection to the grid. Everyone is going to remember exactly what we have said so that when we do a pop quiz at the beginning of the next workshop, you will all know how to answer. ©

Well, as soon as we access the grid!! ☺

Either that or my notes!

Indeed! ©

Oh yes, it is always open book! What is the difficulty with an open book exam?

Have to know where to find it.

Well, yes, you have to know where to find it. What else.

It has to have been written down in the first place.

Yes, indeed. Your notes have to contain the information to begin with. However, once you become so adept at accessing the grid, you will have no need for notes ~ you will simply float to some ethereal spot and touch it with your own energy and, POOF, you have the knowledge. © ©

For those of you who plan to attend our next workshop, do the assignment that we gave you. And, even if you do not plan to attend, it is good for Self's knowledge to see what the connections are that you have very concretely brought into your journey.

We will depart now. My loved ones, we send to you all the very highest of the white light, from the very highest of The Kingdom of Amelius. Farewell.

Bye ~ thank you, Waith

