

Waith Class Transcript

SOME EXAMPLES RELATED TO THE TOPIC OF BALANCING, INDIVIDUAL AND GROUP
(SEE ALSO THE TOPIC OF RELATIONSHIPS) (1987-1996)

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Waith’s words appear in this font style
If one from his Spirit Group speaks, they will be identified
Questions and responses from those in the class appear in this font style

*Information Given Interdimensionally
By Waith Through Mushiba*

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The Law Of Balance ~ And The Benefits Of A Vacation (April 19, 1988)

I am leaving for vacation next week. Should I take some of my self-improvement books and tapes? Should I just rest and not do anything? Could you elaborate on the need for really resting, or if leisurely time with reading, learning, listening to things? Is there any balance that I can achieve?

Well, there is always the issue of balance, And for many to take a vacation, means to eliminate all that is in their usual environment, to find that which is different. And for some, it would mean an opportunity to bring into the environment certain types of aids that would assist in the balancing. It really depends on the individual's needs at the particular time.

You must, as you have already recognized, listen to your inner self, and we would see you doing a bit of a combination here. You do not want to load yourself down with these self-improvement tapes that you talk about and spend all of your time trying to improve yourself. That is a daily occurrence. And as you were gently reprimanding Mushiba today about her own lacking, which we, by the way, appreciate very much, for we have been saying this to her for months now and she does not listen to us. I am only her guardian. ☺☺ She does not listen to me many times. She is listening now because she hears you and she thinks that it makes sense, so you need to listen to yourself.

I should apply my own wisdom to myself.

Yes, of course, as we encourage all of you to. Remember, we are here only as guides to you. We can certainly give you information. However, you need to listen to your inner self and recognize that we also know that all the information that we give out, even though it appears so logical at least from our perspective, and easy to follow, that applying it to your own lives is not that easy. We recognize this.

Part of what Mushiba teaches in this latest physical ailment is an example of this. She will be very upset with me for speaking like this, but she has not listened to herself, and she has allowed too much to enter into the physical environment, and she has become out of balance, and thus needed to have something literally cripple her so that she would slow down. She has known this for quite some time now and has said, "Yes, Waith, I know. Do not bother me. I have too much to do." Do not think that I have brought this ailment upon her. She has brought it on herself. I have just not done anything to prevent it. It has been necessary.

And so, my dear, and to all of you, we again say that it is very important to have a balance in the physical, the mental, the spiritual. This has been said many times by others who have brought in information. It is nothing new that I am giving. The great Cayce brought this information in from The Universal Consciousness. It is a Law of The Universe which seems to be something that

cannot be emphasized enough. It is out in written form in so many ways, and yet no one seems to pay attention to it. It is a Universal Law, this Law of Balance, and that when one of those is unbalanced, in the end, the body, the mind, and the spirit, all react and shut you down in some way.

In this case with Mushiba, it is her physical body. Her mind still goes very rapidly, and in fact, she still is not learning. ☺ She has to shut down the mind a little bit for it makes her physical body move, and so the physical body is saying NO MORE. And this will give an opportunity for the spiritual and the mental to sort of shift into different gears and help the physical to recuperate.

So, my dear, go and relax.

When The Soul Says, “Enough Is Enough” And Creates Situations To Help You Balance (August 09, 1988)

I have a question on the same topic. When we experience illnesses, or any of these other problems that stress the human body, isn't it primarily happening because the Conscious Self is really in opposition to the subconscious Self, and we have to learn to get in tune with the other levels so that the body can then be reoriented in the right direction by the right levels of our consciousness?

Yes. Basically, my son, this is just what goes on. When there is a physical situation it is many times the result of the Soul taking over and, shall we say, putting a stop to that which the conscious has been fighting, you see.

We use ~ we do like to do this. We use Mushiba as an example here, for it keeps her at the levels that we want her kept at in your perceptions of her. When her back problem occurred, at the physical conscious level, she was ignoring the imbalance that was occurring in her own scatteredness, trying to do too much. This was a part of it. It was not the total. She took this on for other reasons also. But what happened was that she just kept pushing herself, not listening to us, to her soul that said, "You must balance here. You are too scattered." And finally, when she would no longer listen at the conscious level, the unconscious took over. Her soul said, "Enough. If you will not do this voluntarily. We will do it for you."

So oftentimes when the illness occurs, it is the Soul taking over and forcing the body, the conscious, to pay attention to the messages. Sometimes it works and sometimes it does not. And of course there are many other reasons why there will be physical manifestations of illness that the body takes on, but you are correct in saying that there is somewhat of an imbalance here between the conscious and the subconscious. The Soul has its destiny. It knows what it needs to accomplish, and the Soul is, in fact, the energy form. When you come onto the earth plane you take on a personality of a physical being, and many times there can be occurring a great conflict between the energy form and the physical form, and this is where eventually there will be significant problems.

You will find that as you learn what your mission is, what your purpose is, and that you go with this and you are in harmony with your inner self, that you can, in fact, achieve whatever you have chosen to achieve and that there will be very little illness, if you will, unless it is designed specifically for other types of balancing. But general illnesses where you would feel this thing called a cold, this is usually a response at the Soul Level to give the body a little bit of a recess to help you to have, shall we say, an excuse to not have to deal with certain earth plane issues, and this is fine. It is a needed type of thing.

It is when there is a constant illness, one little type of thing after another that is a signal of major imbalance and needs to be dealt with. This is why we talk about meditation so much, going to the inner self and attuning yourself with your Self, with your soul, not fighting that which the Soul is here to do.

Nothing Is Presented To You That You Are Not Able To Withstand (August 09, 1989)

One more thought on the same subject. When you mention meditation, I look at that as a process that the Soul or the subconscious Self knows that nothing from without this body that we wear can hurt it. But the conscious part of us has not accepted that, and so it must learn how to learn that nothing from without can hurt. Once you do that you can laugh at anything that comes on.

That is right. That is right. It is as we said before, that nothing is presented to you that you are not able to withstand. The Soul knows this. There is nothing that can destroy you at the earth plane level, and there is nothing that can destroy you at the spirit level. We would say that so you regress, it does not destroy you. Even the most dark of the Sons of Darkness are quite around, aren't they? They have not been destroyed. Their path has been delayed a bit, their progression toward the Light has been delayed, but they are not destroyed.

A Feeling Of Unfairness When Others Who Lie And Cheat Seem To Be Winners In Life (November 22, 1988)

As a young boy I was always told to speak the truth and be a good person in life. However, I began to realize that people who are speaking lies, fraud, hypocrisy, they are the winners. You may say that the wicked ones will pay a price, but of what consolation is that to the virtuous person? The damage is irretrievable or irreversible. The truth is not necessarily supported, so in the process, there is an exploitation against another. The virtuous seem to be punished. I do not see any easy remedy because it is done in a deceitful way.

First, to address a particular area of your soul's path, we will in the session that you have planned to speak with me for personal questions, we will discuss in private many of the issues that

surround you now, that create for you, this cynicism that you have. And it is quite prevalent now on the earth plane. You are not alone in that which you feel.

It is very difficult for many to understand the Laws of The Universe, and the fact that what you give out, you will receive back, and that there is no such thing as irreversible, that all that occurs, while it may appear to be of a negative way and that harm is done, you must remember, that it is far more complex than it appears to be, for there is a balancing of so many souls, and it is not an easy thing to say that if a particular person has done what you would consider harm to you, that that person will get what they deserve. For it may in fact be, that you were the one who needed the balancing, and that it was that person who was helping you to balance.

It could be that that person has, in fact, done ill to you, and while you may never see the result of it, that energy will have to balance. It is a part of your own soul's growth, each of you, in the understanding of the Laws of The Universe that there is balance, and that part of the learning and growth that you actually achieve is in a faith, in an understanding of this basic Universal Law. It is not something that we defend. It is not something that we can explain. It simply is, and your sojourns on the earth experience are meant to help you to understand eventually that Universal Law.

If in the meantime, while in your manifestation, you see injustice occurring and not seeing any retribution for it, this is all part of your own understanding, eventually. You may not in this manifestation come to full realization of what this Universal Law means. There are many who do understand it ~ however they have spent many, many lifetimes working toward an understanding of this. It is not easy to, at the earth plane level, to accept the fact that you see harm being done to you and to those who are near and dear to you, and who are the victims, as it might appear to be, but there are never any victims in the Universal Laws, and that there are those who would lie, and who would cheat, and who would be deceptive, and it appears that they are the winners, but you must remember that this is short-term, and that in order to understand the greater picture, there must be the understanding of the long-term, and that it may not balance for thousands and thousands of years, but it will balance.

It is not the purpose on a particular manifestation, to have complete balance. Imbalance may occur, and therefore, have to be taken care of at a future time, and not necessarily in this particular manifestation. It is hard for many to accept this, but all will balance eventually.

When we speak in private session, we will address certain issues of your soul that have brought you to this point in your questioning, my son, that perhaps will help you and relieve some of the feeling that you have, and to help you to understand that Light does prevail, but you may not see it in your own lifetime. It may not be that in your particular manifestation, this very particular earth plane manifestation.

And this applies to all, of course, that you may have taken on a lifetime in which you want opportunities presented to you that will force you to seek the knowledge of The Universe, in the understanding of balance. And it may be that it is only at the time of departure of the earth plane that you achieve that goal, and that it is in the manifestation itself that you seek and question and worry about those issues. It is all part of the earth plane experience.

Does All Knowledge Come From Experience Through Reincarnation? (April 18, 1989)

So, based on the light of reincarnation, then, is it safe to say that all knowledge comes from experience?

It is a simplification, but yes. For what you need to know at this point, yes, it is.

Group Departures And Group Arrivals ~ And Establishing A Pattern Of Reincarnation (June 04, 1989)

Understand of course, that the reasons why energies become entrapped in a particular electromagnetic field is not the topic of this discussion at this time for that relates to other issues. What we will now do is give you some insights in group departures and group arrivals, for there are group arrivals as well as group departures and sometimes they are the same groups arriving and departing at the same time and sometimes they are not. We will also address questions that you might have as is our usual practice, so that you might be able to place onto the record certain issues.

Now, let us begin by recognizing that all are connected, this is the given. Now, in this connectedness there become certain energies who find themselves going through their growth with a certain group of energies. Thus it is that certain energies decide that in their path back to the One they will hook-up with each other, shall we say. And that they will do this, be it on the earth plane or in any other of the dimensions, and thus from the beginning of the journey there are many, many entities who decide that they will do it together. It makes it much easier when you have groups, you see. Now, this establishes what we have referred to in the past as the pattern of reincarnation. It is very simplistic actually in its definition. However, what it implies is that there is, shall we say, a camaraderie that exists.

Now, it is not always in these manifestations, let us use as an example on the earth plane, that those who have decided to work through these lessons together are working in what might appear to be harmony, for part of the lessons is to pick a role and take it onto the plane and to learn from it. And thus, many entities being very, very harmonious at spirit decide that they will come onto the plane and take adversarial roles simply in the effort to learn themselves or perhaps to teach, for that may be what they are designed to do in that particular incarnation. And thus, knowing that at spirit level they are in complete harmony, they know that it will not

deter them at an earth plane level to take on adversarial roles and it will not harm their own growth. This is very different from other situations where there is an adversarial role both at spirit and in manifestation.

Thus it is that the issue of soul mates, for example, takes on greater dimensions, for we have given in the past a discussion of soul mates without bringing in the additional component that one with whom you might be having an adversarial relationship could in fact be a soul mate at spirit. Now then, when entities decide in spirit that particular types of issues need to be resolved it is determined that it may in fact need to be done with a group of entities. Now, the workings through of issues in groups can be either voluntarily, as I have just described, or it may be the result of imbalance and therefore it becomes involuntary only to the extent that it needs to be done in order to balance. Now, the most common type of group workings is that which I have just discussed where the group needs to work together, to come in together and/or leave together in order to balance something that has occurred among the members of the group.

A Discussion Of The Chinese Race And Group Balancings **(June 04, 1989)**

What happened in China when soldiers came out and shot the students?

Indeed. You will find that that which occurs in the land of China is a combination of Group Balancing where those have come in to teach very specifically and ~ but not as tremendous as there are Group Balancings occurring. Large numbers have come in through this particular race at this particular time to balance from times in the past. The Chinese Race, as it is on the plane now, gives particular opportunities for metaphysical balancing that are not available in other races currently role playing on the plane, and thus it is that you will see in this land of China, more and more group departures. Understand that there is tremendous balancing occurring, and that there is tremendous vibrational advancement occurring as a result of those entities who have come in that land mass, and many of them are vibrationally high enough to withstand The Shift and could, in fact, stay but have chosen to do otherwise.

Everyone Has, As Part Of Their Own Growth, Individual Responses To What Happens **(June 04, 1989)**

I feel so much pain about environmental issues. I brown bag my lunch to recycle. I don't know if what I am doing, or feeling, is to just shut up and deal with things the way they are, or to speak up.

And you, also, must have your role in that which occurs, as each of you do. Remember that you have all taken on particular issues, and that those issues you have taken on are directly related to all of the other issues that the other entities have taken on, and while one entity would simply say, "Well, that is all meant to happen," and not respond, that is because that particular issue was

not taken by that entity as one to deal with in this lifetime. Another, however, would respond as you would with your paper bags and your ~ any other things ~ and write a letter, for example. This is all meant to be, you see. There are enough entities who have taken on particular issues throughout the plane that, whether or not it has what you would see as an impact is not the issue, but that it does have a direct impact somewhere down the Universal vibrational line.

So, for me it just would be the Lightness and the humor in it that I have taken this on, and just joyfully accept that this is my idiosyncrasy in this lifetime.

Yes, indeed, and if you feel yourself responding in what you might consider a lunatic manner, view it as such, as part of whatever it is you are feeling and responding is meant for you to be feeling and responding, that you must then identify that which you are feeling and responding. This is where it gets tricky, you see, to determine whether this response is going to add to your growth or take away from your growth, and this is why it becomes so critical that you understand your Higher Self.

So, we are then, making it better balance versus fanaticism?

Indeed, but understand that fanaticism has its role in the scheme, and fanaticism, as you would refer to it, by one individual, is not fanaticism to another. There will be a tremendous group departures coming from the land where it is now called Iran for their leader has departed.

Group Departure Means That The Group Departure Itself Is A Part Of The Balancing (June 04, 1989)

I am wondering about coming in with groups and balancing. Once you have balanced could there at times be a detachment from that group, or groups?

You must understand that the very concept of group departure means that the departure itself as a group is a part of the balancing, and therefore if you are not meant to be a part of a group departure, if you will not be departing with that group, then you are not a part of the group issue, you see. And thus it is that many of you will feel as if you are a part of a group, and now I know that you are all thinking, "Oh, group departures!" And you look around you, "Where's my group? Will I have to leave when they leave?"

For many, they are not even aware that they are in a group departure issue, and you need not worry your little love lights about this please. For when it is time for you to depart you will simply depart and if you are in a group departure situation then so be it. It is the rare group of entities who know while they are at the conscious state that they are in a group departure pattern. There will be a number, however, of group departures where those involved will know of it at the higher levels and if as a group, and I am very cautious as I am about to say this, as a

group in group meditation, they might receive the information at spirit level through their group meditations that they are part of a group departure.

You are to be careful about this, for many of you are still struggling with the ability to understand that which comes from the Higher Self and that which is simply your own imaginations. So, it is possible to gain that information. However, it is not necessary to know, and thus you would not be resigning from a group if you balanced for you would not be balancing. Part of the balancing occurs in the departure as a group.

Clearly, some souls are part of specific groups, as the Challenger Spacecraft, the Holocaust, specific travelling methods where groups left at the same time, and so on. I see all these as part of a group.

Oh, indeed, indeed. The group does not have to be identifiable, but rather in what I just said, part of the balancing occurs in the group departure and thus they know. For example, when you are reading the stories of people who have said that at the last minute, they decided not to take the airplane flight, they were not a part of the group, you see. Understand that when there are those dramatic departures by groups that it is all part of a grand scheme and that they are connected in some way, and if you were to take the time and the energy to trace the lives of these individuals who have departed, let us say in a plane crash, you would find a thread of commonality. It is if they leave in a dramatic way in a group. It must be with one incident bringing about the departure of the group.

Group Departures Are Meant For Balancing, Teaching, Or Learning ~ You Won't Know Which (June 04, 1989)

When we take this group departure like the one over Lockerbie (A recent plane crash in Scotland). I mean, there was not a common group arrival because there were very old people and very young people, so they arrived on earth at different times. I don't understand how it could happen this way.

Well, to help you somewhat, though normally we would not comment on the Soul's path of others, this particular group departure was meant as a very dramatic lesson to be taught and thus it is that the entities have all gone together beforehand, and once again, determined ages, genders, all of that ~ they had shared many experiences together, these entities. in other lifetimes and decided that they would get together for a common goal here at spirit level. And there has been tremendous teaching done as a result of what occurred. There has been great awarenesses of issues that many here in this geographic location would not be aware needed to be dealt with in this geographic area where the departure occurred. It has also been the opportunity for others to learn lessons as a result of that which occurred.

And thus, you will find that where there might not appear to be rhyme or reason to something as perceived by the limitations inherent on the earth plane illusion that every group departure has a

reason for it and primarily it is for balancing of the group. However, in more and more cases now before The Shift there will be that for teaching and this was one of those.

We will not as a general rule give you the answers to whether a group departure was balancing or learning or teaching for unless we feel, as we do in this case, important that it was a teaching vehicle we will say thus, for by identifying which is which in these group departures can for many of you interfere with your own response to the group departure and thus the learning that you might receive as a result of a particular group departure could be interfered with, for we have told you that it was such and such, and then you are trying to understand why something occurred and how it might then impact upon your own path. You understand?

Will Wallenberg in Hungary tried to save the Jewish people who were not supposed to be in the Holocaust. He disappeared. No one knows where he is. Was he of the Angelics?

We are not able to give you that information. We are not able to discuss that situation. But it is fine that you have placed it on record. It will draw awarenesses to certain issues that need to be thought of by certain individuals who will read this transcript at a future date.

All Members Of A Group Must Return Together Until All Have Balanced (June 04, 1989)

Waith, these souls that choose this path (AS IN THE HOLOCAUST), do they set up a pattern, and they will do this time after time after time again, and this is their mission?

The answer to that is YES and NO. Let me try to explain it now. There are many entities who form groups to teach, and thus it becomes their mission to come in and to teach through group effort and depart by group. These are generally entities who have reached ~ either they are nearing the end of their earth plane incarnation or they have in fact completed the earth plane sojourn and are perhaps in Guide School ~ they are perhaps of The Angelics ~ they are of varying points on the path, but nonetheless at a very advanced state and thus on occasion they will pop in and teach a few things and pop out.

On the other hand, where we are dealing with group departures where there is balancing to occur, it might be that not all of the balancing that was necessary occurred in a particular incarnation, and they will in fact need to return. And part of their mission will be to return as a group until all of the balancing has been completed.

Let us say you have five hundred entities and five that did not balance, that whole group comes back until they are all balanced?

That is correct. It could be one that has not balanced. That brings the entire group back. Understand that in those situations it becomes quite interesting to watch, for the pressure by the other four hundred and ninety-nine on the one who has not balanced ~ because they say, "We do not want to go through this anymore! Balance quickly." That has occurred. That has occurred within the recent time frame of perhaps ten earth plane years there has been a situation where there was an entity who at the last minute decided to take a particular airplane, and it was one in which there was group departure and it was a calling together at spirit level to get that entity on the plane.

This issue of groups leaving using suicide, is that what the whales do when they beach themselves sometimes?

It is really not what you would call suicide as defined on the earth plane. There are other issues related to why that situation occurs and it has more to do with the encasement that is chosen, and this particular encasement in The Animal Kingdom presents certain issues and it is not really a group departure as we have been discussing for they do not, they are not obligated to depart. It simply occurs that they are doing this together, for it relates to other issues which we will discuss at some other time when there is more to talk about in that particular issue.

A Crystal Helps Someone Who Is Imbalanced With The Issues Of Money (October 02, 1990)

Would you tell me about this crystal?

A most delightful crystal that has come into your vibration to assist you in the issues of money, for your issues of money are imbalanced and stem, of course, from a time in the past where you were at the other end of the thought process of money. And now, you think that there is no need for money. So what! And that is just as unhealthy a balance as the other end where you cannot get enough and do everything to simply accumulate money.

Money is a part of the illusion currently on the plane that is very integral to significant numbers of lessons ~ abuse of power, abuse of others through this power, abuse of Self, for without the proper balance in your mind, you are not able, then, to provide yourself with that which the illusion presents to you as an adequate survival for the lifestyle. And thus, this crystal is here to help you understand the perspective, to move you closer now to the middle ground and to help you not to fight your soul mate so much in this issue.

Group Balancings ~ Each Are At Different Points In The Energy Field (March 05, 1991)

Working within The Flow of The Universe, it is much more complicated when you are in a group situation. For instance, you are in a group at work to reach a certain goal, and individuals trying to stay balanced, it is difficult.

This is the fun of it all, you know, for even in this gathering, you see, in this group, you are each at different points in this energy field, you see. And what the attempt is, is for groups, even though they are at various points in the energy field, to recognize this, you see, and to attempt within their own balancing to maintain a balance within the group. So, if there is an imbalance of major significance in a gathering of entities, that does very much affect the entire group, you see. The more balanced a group is the better will be its ability to work as a group, you see, and to help each other towards achieving its goals, even though the goals of each entity would be different, you see. This highlights, also, a part of why we are here, to assist entities in their Group Balancings. We have mentioned Group Balancings in the past without going into any great detail as to why this occurs.

Major Group Departures Are A Form Of Group Balancing (March 05, 1991)

When you have major group departures from the earth plane, as we have indicated, it is a form of the balancing, you see. There have been a number of group departures that have occurred on the earth plane during this time of days, as you refer to them on the plane. You would look, then, at simply a recognition that when more than two entities depart simultaneously within the same situation that there is a hurrying, a major incident in The Flow of The Universe, that there has been some type of balance that has occurred when there is a group departure.

Each Entity Is A Part Of Some Group ~ Simply To Bring Certain Energies Into The Vibration (March 05, 1991)

We will discuss, of course, as our time on the plane continues with you, Group Balancing, the ways of achieving harmony within a group, for each of you are part of some group. It is quite difficult to be on the plane without being involved in some type of group, and this is not simply coincidental, of course, that it occurs. Even as all of you gather in this time frame, there is a reason why each have come to form this particular group at this very particular moment, you see. Sometimes reasons are not to be discussed, but rather, it is simply to bring certain energies into the vibration of other energies, to serve as an influence and to assist in this neverending goal toward balance of ~ within The Flow of The Universe.

All Happens For A Purpose ~ There Is Nothing Random That Occurs At All (March 05, 1991)

So, in the event of an accident, does that mean it is closed up and a balance has taken place?

No, it does not indicate that it has closed. It simply means that some balancing has occurred. It does not mean that finality to an issue has occurred, nor does it matter to anyone whether it has occurred. It is no one's business except the entity to whom it relates. It is simply to be observed from a distance and to help you to achieve your own sense of understanding of Universal relationships that all happens for a purpose. There is nothing random that occurs at all.

Sometimes it is difficult to perceive whether have balanced, but things on the outside, if you attach yourself to them, would tend to unbalance you. It is difficult to discern the direction of the flow, for what reason.

Yes, that is correct, you see, and the reason why external sources such as other entities can, shall we say, get to you is that you have this. Even if it is a slight imbalance, there is not a strong sense of Self. When there is a strong sense of Self, then there is no other source that can create the imbalance, and this is the goal towards returning to The One, is to gain the ultimate sense of Self, you see. You will have moments as you work on the path toward gaining a strong sense of Self, and once you have achieved that, at that particular point, wherever you are in this vibrational field, and you have achieved the balance, and we have said this in other times, then you are ready for another issue to come along to create an imbalance that will then enable you to work through so that you move again to another point.

**The Only Way Movement Occurs ~ Balanced ~ Strength Occurs ~ Another Balance Comes
(March 05, 1991)**

You see, this is the only way in which movement occurs. One becomes balanced, and that means that a particular situation has been resolved and a strength has occurred, and then it is time to move ahead again, and in order for that to occur there must be an imbalance which creates, then, the motivation of the energy to move ahead and to resolve a particular situation, and, of course, to grow and to strengthen, for ultimate strength occurs upon return into The Universal Consciousness. But, you see, perfection is an illusion.

You can have strength, but in itself, and still kind of be sucked into something by empathy.

When you have levels of strength, you see, and thus, you achieve a certain level of strength within Self, and then if, as you say, you are sucked in by another, it simply means that you have now moved into a new arena in which you must now develop strength, so that that degree of disturbance to the energy field will no longer be once you have achieved a strength. You see, if you have the strength then, that cannot occur. However, in order for growth to occur there must be imbalance which then balances, which then goes to imbalance. This is the only way.

It is much like you would look at this teeter-totter, is the correct word, where you move up and you move down, and when there is balance, nothing happens, you see. There is tranquility. There is a sense of peace, and it is a fine time in which reflection can occur, and then a decision as

to how you are going to go at that point. And so, we move up and we move down, and the only way that balance is achieved, you see, is by moving up and moving down, and up and down, and up and down, until we finally reach that point of equilibrium. But then, you see, it gets so boring. When one is at the point of equilibrium, then nothing happens.

There Is No Right Or Wrong In Lesson Learning, It Is Only A Matter Of Balance (June 02, 1992)

I would hesitate to do it unless I could really, really feel and absorb the right way to do it.

Ah, but understand that if one were to continue hesitating it would not be done. The only way balance occurs is to do something, and it is not quite what you wanted it, and then you do it another, and you learn from that, my love. The Universal Consciousness is there to give you the guidance as you move through your lesson. Understand from our perspective that lesson learning is not a matter of right or wrong. It is simply a matter of balance. That is all. Balance. And if you do something that does not seem quite appropriate, it is only for the development of Soul that you as an entity are concerned with. So, try it. Do not be afraid, and if it does not work, so what? You simply try it again. Then you get it right.

I will blow up my house or something.

Well, you see, if your house were to be blown up, you could simply build another. ☺

Diseases Or Afflictions That Appear To Be New, Or Transferrable ~ Balancing Issues (June 07, 1994)

I was wondering about this new disease that eats away the flesh. It is a staph infection.

You speak of a disease, as it is called. It is not really. As all afflictions of the encasement, whether they are called disease or by any other name are simply physical manifestations of certain lessons to be learned by energies. Now if a particular energy takes on a particular affliction with the encasement, let us say, in this case the skin, then it is an indicator of deeper issues unresolved. In some instances, certain types of encasement afflictions are easily determined to be recognized as particular balancing issues, that if an individual has that particular affliction, then they are truly balancing in terms of patience or judgement. In most cases, however, it is not easily determined to make that generalization, but rather, to simply acknowledge that such an affliction of the skin is meant for lessons to be learned which are known only to the energy to whom it is pertaining.

What is important for you to know is that it is part of the cleansing that is occurring in the current illusion, and that as the cleaning of this illusion and the energy in it comes to very fast

closure, there will be exaggerations of bodily afflictions. And it is very easy for those on the earth plane to say it is this, that and the other thing, and you know, in medical terms, those are the words that are used, and to dismiss it as something that need not be discussed. You need not be concerned of catching anything. If you are meant to have this particular affliction as part of your own balancing, then you will surely have it, whether someone gives it to you or not, you see.

Each of us takes on ourselves what we need to have for lessons through the comfort or the discomfort of the encasement, you see. So, you do not need to fear that even looking at this particular affliction could cause you to catch it. Nothing, actually, that is part of the body can be caught from another. Nothing is contagious, my love, from a spiritual standpoint. If you have something, and you appear to have received it from another, it is because of balancing that is occurring. You and another individual could be, for example, with a very, what you call infectious individual of some type of ailment, and one of you catches the ailment and the other one does not, you see.

Depending on if you are balancing.

Yes, indeed. If it was meant for you to have that particular affliction as part of your balancing.

But this appears to be something new.

Oh, nothing is new, my love.

Where is it coming from?

Well, you know, it is not to be concerned about, for if you are going to have this, you will. If you are not, you will not. Do you understand?

Then what is the cure for this?

It is not a concern whether there is a cure for it or not. If an entity is to no longer have that affliction, it means that they have balanced and it will go away. If they have balancing remaining, or if they are teaching or learning from this in some way, it will remain, regardless of the antidotes that may be developed. The cure may not cure one individual and it may cure another, you see. It becomes very, very concrete when you speak of it in terms of catching it, or what is the cure, or, "What if I will get it?" Be not concerned. You become obsessed, Many, not just you, my love, but many on the earth plane become obsessed with all of the afflictions that currently persist on the earth plane. You do not need to be obsessed with these particular afflictions, for if you will get them, you will. If you will not, you will not. And no amount of what you call physical prevention or nonprevention will make any difference, you see. This is a rather difficult

concept for many on the earth plane to accept, or to even understand, that all of the physical afflictions are what you each have taken on for yourselves.

Self-created.

In a sense, my love, yes. It is self-created. You plan before entry onto the plane what the issues are that you want to deal with, and then you are given many different alternatives, ways in which you can learn that lesson.

So, they chose this before they entered the plane.

Yes, indeed. It was not imposed upon them. It was their choice.

At this time.

At this time. Yes. And understand that for those not afflicted, as well as for those afflicted, there is always the issue of judgement, for as you become more aware of your spiritual path and more aware of Universal concepts, there becomes a tendency then to look at another and judge and say, "I know why that person has that particular affliction.

It is because they are balancing, because they killed somebody in another lifetime, or they did this, or they did that, you see. And you immediately fall into the trap set by The Universe, JUDGEMENT. It is an ongoing test that all, including us in The Angelics, are faced with ~ issues of judgement ~ for only upon return to The One is the issue of judgement finally completed, you see.

What you are saying, is that those who have been afflicted with this disease, they have made judgements?

Not necessarily, my love. What we say is be very careful yourself of making a judgement on why they would have it. It is none of your business, you see, essentially, just of any of the afflictions that you have in your physical encasement, why you have those, is no one else's business, except yourself, you see. If you care to share with another, then it becomes your decision. If you gain insight, for example, into why you are dealing with a particular affliction, a physical problem, shall we say, and you have gained the insight from your own meditations as to why you have taken on a particular affliction, and that you are attempting to balance and resolve it, and that if you want to share that information with others, it then becomes a tool for teaching as well as learning, and you become even stronger in your balancing. But it is entirely your decision whether to share that information or not, you see.

Finding A Balance ~ The Goal Is To Reach Equilibrium

(July 19, 1994)

In the use of power, an entity has to achieve a balance by not being beneficial, or be over critical, or harsh on the individuals, but rather, somewhere in between?

Yes. Our basic theme through all of our discussions is the balancing, and that in order for balance to be achieved, there must be imbalance at both ends of the teeter totter, and that the goal is to reach equilibrium. And thus, if you find yourself in a lifetime abusing power, it is part of the balancing, for then you may find yourself in another lifetime going to just the opposite where you would want nothing to do with power. You let everybody do whatever they want. You let them walk all over you and manipulate you, you see, until you reach that point of equilibrium, as we have discussed in the issue of the teacher and the student and the supervisor, where you know what your responsibilities are. You give just enough leeway, if you will, without you, yourself, losing the responsibility that has been entrusted to you from The Universal Consciousness.

As each of us learns a lesson, even if it is a small percentage of the lesson, we are then held accountable by The Universal Consciousness to teach that to those who have not reached that level of awareness. And it is then that the issues of power also come into play, for as you learn more, you are tested more for the way in which you utilize that knowledge.

So then, is the earth a reciprocal situation with the Universal Intelligence? Our concept of Jesus and Christ, and so forth, has always been highly benevolent. Is there then a severe side as well?

There is a balance. There is a balance. And the entities who have come in, as you know them, the Jesus entity, the Buddha entity, those who projected what you might perceive as an imbalance to this issue, in actuality, did not. And there is much that is not known of those actual moments on the earth plane in which there was an exhibition of the balancing. What occurred in the formality of their body of information ~ let us say, from Buddha ~ is that it projected total compliance and duplicity, if you will, in an attempt to bring balance from the other end, for there are many who would question those words. And if they were to look in depth at the information, they would see that it is not an imbalance but rather a total balance that is projected.

It gives entities an opportunity to see abuse. If they see in the words of Jesus, for example, that one should love one another, regardless, an entity who is going to abuse power would say, "Ah, we have a group of people who believe in loving one another. Now, I can go in and abuse that, for I can take that knowledge that they are using to grow with and use it against them." Another would take that same information and say, "Ah, this is a way to achieve even greater growth and harmony by knowing that this group of entities adheres to a particular philosophy."

Well, even in the Bible there is a balance. The Old Testament portrays God as very severe, and the New, quite the opposite. It seems to be a balance between the two.

Indeed. It is discussion for another time that we would indeed be projecting in the coming months on the earth plane. As Terra Lux presents its schedule of our topics, you will, my son, find that topic to fit in with a particular one.

Waith Talks About The Importance Of Balancing Between Concrete And Abstract **(January 16, 1996)**

You see, the entire purpose of coming onto the earth plane is to learn how to balance between concrete and abstract, and you will achieve that sense of balance as you learn your lessons. There is never a point where there is absolute balance on the earth plane. It is a contradiction in terms to say that you are balanced on the earth plane. The earth plane is a training ground of imbalance, but the training on the earth plane enables you then to be balanced within your energy field in other training grounds and in a much more rapid way than if you were to not come on the earth plane. The SEARCH FOR SELF then, on the earth plane, is unique to the earth plane, for it means attempting to always balance. Just as you balance, something else comes along to bring you out of balance. That is the nature of the training ground known as the earth plane. That is the very nature of it.

If anyone were to say to you, "I am completely balanced, I am in complete harmony, I am One with The Universe," ~ may be one with their own bubble in which they live. But in reality, there is no energy on the plane, no matter how aware they may be, no matter how advanced their understandings would be, that is ever completely balanced, for that would mean perfection, and perfection, as you all know, is achieved only upon return to the Universal Consciousness. So, the journey on the earth plane ~ the journey, indeed, outside of The One ~ is to seek the balance again, to bring us all to the point of ultimate balance that allows us to go back into the Universal Consciousness.

Waith Talks Of Being In Harmony Within One's Own Imbalance **(January 16, 1996)**

Harmony is another thing. You can feel in harmony with your imbalance. Do you understand that concept? You can be in complete harmony. It is where you will see then entities who appear to flow and no matter what happens to them, they appear to be balanced ~ but they are not. They are simply in harmony with their own imbalance. That is what you seek to achieve. You want to have imbalance. It is the only way that we all learn, and I include the WE in that. All of us outside of the Universal Consciousness, regardless of our mission, regardless of the kingdom in which we reside, are seeking balance. We seek it in different ways, from kingdom to kingdom, from dimension to dimension, from training ground to training ground.

Thus, now my loves, you have the beginnings of a tool that you can utilize. We will reinforce this tool that we have given to you in our future discussions with you in this earth plane year. We understand we are running out of earth plane time. Would there be any quick questions that we could address, or are you all so mellow now?