

# *Waith Class Transcript*

**JULY 25, 1989**

Transition From Earth Plane Into The Spirit Realm And From The Spirit Realm Into Earth Plane  
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Is It Possible In The Dream State To Help Souls Cross Over And Make The Transition?  
A Discussion Of The Exact Moment Of A Birth, And Astrological Charts

**~ A NOTE FOR THE READER ~**

*Waith's words appear in this font style.*

*If one from his Spirit Group speaks, they will be identified.*

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

*(References to names have been edited for privacy)*

*Information Given Interdimensionally*

*By Waith*

*Through Mushiba*

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## Transition From Earth Plane Into The Spirit Realm And From The Spirit Realm Into Earth Plane

*We thought that for this session we would address issues relating to the transition from earth plane into the spirit realm, and also from the spirit realm into earth plane. This will become a topic for a special session somewhere along the line, and we thought that we would lay the ground work during this session by taking questions from you who are gathered here to place onto the record so that we may then take those questions in their elementary form for the Special Topic Session that will then go into greater detail just as we have done with other Special Topic Sessions, go over the details. So, we would welcome from you then questions that we know you have relating to this particular topic, and we will begin to make certain clarifications for you.*

**I would like to thank you and the group for helping my mother cross. And I am going to start crying. She died within an hour and I want to thank you very much.** (She requested assistance from Waith and the group the night her mother passed over and it was given through a group meditation)

*We are most delighted. She is well now. She rests after her transition through. Once she has completed her resting, which is the normal behavior for immediately coming through the electromagnetic field that surrounds the earth plane, she has been assigned to Guide School, for not only has she reached that elevation, but she has also agreed to go into Guide School. And thus, you will be in contact with her at some point along the way in her capacity as a guide.*

## Is The Tunnel Part Of Our Illusion, Or Something To Visualize In The Tunnel Technique?

*Yes, indeed. Of course, it is part of the illusion. It is given as a frame of reference and given as a symbol so that as you are attempting to help your loved ones make the transition. There is no tunnel, per se, you understand. It is simply a merging of energy into energy into energy, and to move through layers of energy can be difficult if not done correctly and with guidance.*

*Now, the use of the visualization of the tunnel with the White Light is strictly an earth plane phenomenon that enables all of you to concentrate your own energies upon something concrete. Many of you who are at an advanced state of attunement would not need the illusion of a tunnel but simply would send the thoughtform through your meditations with the departing energy as it goes through the layers of energy and is received by the Higher Light. So, it is used as the illusion very effectively.*

## Is There Ever A Connection Between One Soul Leaving The Earth Plane And Another Entering?

*Many times, my dear, many times. There can be planned connections between the two souls, directly between the two souls, or there may be a planned connection from one of*

*the higher sources that helps in the planning of the balancing of The Universe as we had discussed in the Special Topic Session of the lead entities helping to balance The Universe.*

*There are many occasions when an entity who is ready to depart will need to, shall we say, in terms of timing, in balancing with one entity that is ready to come in, all must be in synchronism, and the entering entity may have a bit of a delay for any number of reasons. The departing entity while ready to depart must wait until that timing is correct, so that there is not always simultaneous leaving and departing but nonetheless planned so that it creates a certain vibrational attunement within the electromagnetic field that enables the earth plane to maintain its balance of the illusion.*

### **Is There A Period Of Time When An Entity Leaves Before They Come Back In?**

*That will vary. For some entities it can be immediate. We do not encourage this very often for there needs to be a time of relaxation and contemplation over what has just gone on in the manifestation. However, for certain situations, and it is not always related to the advancement of an entity and their attunement, but rather situations that will warrant the exchange almost, shall we say, of the departing entity then going into ~ and this happens, this is usually what would happen in this case, into the birthing process so that the entity just being born, as you would say, is in fact a departing entity.*

*It could be in geographic proximity to the departing entity and entering entity, or it may not be. It could be in any other part of Planet Earth, or any other part of the earth plane. Other than that type of situation we have generally accepted, as you would call it, time frames before entering back into an earth plane manifestation, it is preferred that an entity take an evaluation period and also to help connect with other entities with whom the entity has a pattern of reincarnation established that would help again in the balancing of the illusion that is being created for all.*

### **Are There A Certain Number Of Entities Within Earth Plane, And Within Spirit Realm?**

*There are a set number of energy forms currently out of The Universal Consciousness that have formed entity forms. Okay. They are a part of this current illusion that has been projected, and as we were giving you information in the Special Topic Session of Parallel Lives, a certain number of energies are assigned to a particular task at hand. Thus, it is safe for you to be thinking that there are a certain number of entities allowable on the earth plane at any given time. It is a very large number. Currently it is to capacity.*

*The reason that there are so many entities going through this process referred to as walk-in is because of the capacity being reached, and unless there is an entity ~ when an entity leaves, an entity is allowed to enter. However, going through the phenomena of walk-in on the earth plane allows the higher entities who would want to come in during this time frame in the illusion that opportunity by making a contract with the entity to depart.*

*There are also a percentage of entities that are in other dimensions that are not part of the earth plane. They are on other planets that are not a part of the earth plane illusion. They are in other dimensions of The Universal Consciousness. They are each individual entities that have burst out of The Universal Consciousness, remembering that it is eternity that we discuss here. Understand that at any time there are entities out of The Universal Consciousness and there are entities that have maintained their merging and that it is all existing at the same time. Does that confuse you more? The transition from earth plane to spirit is very closely coordinated. Remember that the balancing of The Universe is not something that just happens, as we have said before, and thus, the movement between illusions, if you will, is carefully monitored.*

### **Is It Possible, For Example, For Somebody's Mother To Come In As Her Oldest Son's Child?**

*Oh, indeed. These situations happen. Quite commonly when this behavior is allowed there is an exchange of roles, and we will elaborate upon this in our Special Topic Session. This sets the thought patterns going for those of you here and those who would read this transcript before we develop it further in the Special Topic time.*

### **Is It Traumatic For A Soul If It Does Not Go Through The Tunnel And Gets Kind Of Lost?**

*The answer to that is a bit more complicated, for normally when this immediate exchange occurs, it is with the permission of the Higher Light and the guides who would then make it possible for the transition to occur without going through the tunnel, thus creating an almost what you would refer to as an immediate tunnel, a flash of an instant. What could happen, however, is if an entity attempts to do this type of transference without permission and without the guidance of the Higher Light, it will create a disturbance in the electromagnetic field of the entity leaving and the entity departing and there can then create some difficulties which we will elaborate upon at a future time.*

### **What Happens To Entities Who Have No Help To Get Through The Astral Plane?**

*Depending upon their attunement will determine the degree of difficulty in going through the energy fields. If it is a very highly attuned energy form there will be a connection already made with those at the other end of this energy field that surrounds the earth plane, and the energy departing will have made that connection prior to departure, thus there would be no problem. In other situations where there does not, where the energy does not have that attunement, it can create difficulties, for it is a lesson in itself to have to go through the energy fields, and eventually an energy will get itself through an energy field. There are situations, however, in which that which is referred to as The Astral Plane is reached by an entity and they are then trapped in that Astral Plane because it is of such a density that it takes a tremendous pull from the other side of it to get through that field.*

*Those who have made connections prior to departure with the Higher Light are pulled immediately through that Astral Plane. Those who receive guidance and help, such as you have all done, serve the same effect as being pulled through very rapidly this Astral Plane, so that there is no time spent in The Astral Plane. For many others, they can become trapped in that plane and that plane can keep them there indefinitely. The entity, to give you an example, known as Hitler on the plane, is in The Astral Plane and will remain there for there is no help coming.*

*Now, The Astral Plane itself serves as a lesson for entities who find themselves trapped in this particular energy field for they are then ~ they find themselves with other energies in this particular energy field who also are there for various reasons. And part of what can be learned by the entities there, is indeed to help each other to get out of The Astral Plane. However, you understand that it is difficult for them who are in The Astral Plane to even recognize that by simply going to each other and forming an energy, a unity, that they can get themselves out of the plane. They are there because of deeds done on the earth plane.*

**Does that happen with the Sons of Darkness? Do they get stuck a lot in the Astral?**

*Some of them do. It depends on their vibrational level. Many of the Sons of the Darkness, of course, are not in The Astral Plane for their vibration is such that their purpose is to be constantly at battle with the Higher Light. This is all also to maintain the balance in The Universe.*

**Are people in jail one step from The Astral Plane?**

*Oh, no. Being incarcerated on the earth plane relates to many different issues and does not necessarily mean that they are ready to go into an Astral Plane. Many who are incarcerated are there for incorrect reasons and not to be there, actually, but of course have to be there for lessons to be learned. Others will come out of the incarceration and have learned their lessons and continue on their path and may have many, many issues to deal with before departure.*

**When a soul is trapped in the Astral, is it aware that it is trapped or does it create an illusion around itself that it is in a different environment and it just reacts in that environment?**

*It does create an illusion not unlike being in what you might refer to as a dungeon. There is the perception of those on the plane, on The Astral Plane, that they are indeed still on the planet that they have not left but they are just now in a dungeon, and indeed they are to a certain extent. They create this illusion and as I have just said, if they are able to recognize each other as being there for basically the same reason and to begin to cooperate with each other, then they can get out, and this has been done.*

*There are many who have been on The Astral Plane who have finally come to the realization that by helping each other, even if it is two, it is all that is needed, even if it is two who connect ~ "We can get ourselves out of here" ~ they can and they do, and then they move into the final energy field of the earth plane and then they are able to begin to progress again. Once they are in The Astral Plane all growth and progression ceases, it comes to a standstill until they are out of the plane, out of The Astral Plane.*

**Can the entities in The Astral Plane see us?** (The question is about a spirit that inhabits a building in Enfield)

*Indeed. Yes, they can. And, in fact, because they can see and the way in which they can see many times will make them think that they are still on the earth plane. There are levels on The Astral Plane. Thus, the entity you refer to is at the very beginning part of The Astral Plane where the density is not as severe as it is as you move further into The Astral Plane.*

*She recognized immediately that she was getting trapped and she has been able to maintain a connection in spirit with the earth plane to the point that she is bordering between the two electromagnetic fields. This could continue indefinitely. She will eventually have to go through the entire field and thus she will go through the density factor and encounter that which we have spoken of earlier.*

**Are there other entities right here beside us that we are not able to see?**

*Of course!*

**Can Souls Go To The Astral Plane Instead Of Earth Plane To Work Out Karmic Situations?**

*No.*

**Can Souls Go To The Astral Plane On A Rescue Mission To Rescue Somebody?**

*No.*

**Would The Tunnel Technique Be Of Assistance To Souls Who Are Entrapped?**

*That technique of bringing through the tunnel that you refer to would not be effective for those on The Astral Plane, for those on The Astral Plane, once they have reached that point and it brings them into that level, is for very dramatic lessons to be learned and they must work it out themselves without the assistance of those outside the plane.*

**Waith, in some religions, there are seven planes. Is that just one of those illusions?**



*That is a frame of reference, yes, given to this particular time frame of illusion on the earth plane from one cleansing to another. That will change once the cleansing occurs, and there will be other frames of reference given and other illusions brought in to create new types of illusions for the next time frame on Planet Earth between cleansings.*

**But if that is our current illusion, would that have any significance to us?**

*Indeed, yes.*

**Then could you explain it a bit?**

*We will go into that when we go into detail, for that is part of the movement between energy fields.*

**If Someone Is Afraid Of Dying, Does That Interfere With Their Going Through The Energy?**

*It can create a difficulty, indeed, for the illusion of fear can cripple an entity and create in that entity a disturbance in their own path and expression of their path. When the moment is for the entity to depart is when it will occur. If the departure occurs with fear, then that fear will be carried into the Soul memories, and while the progression through the energy field may not be a difficult one, for if there are those helping to bring the energy through the field, if the energy is bringing with it the fear of departure it will be carried through and will have to be worked out at some time in the earth sojourn. This is very common and it is a typical issue that many entities work on from manifestation to manifestation, for they each time will reduce their fear factor, if you will, and reach the point where they have the understanding that there is nothing to be feared for all is illusion.*

**How To Help Someone Who Has A Fear Of Dying**

*Most often finding a particular prayer that the entity feels comfortable with, for most who fear have some type of wording that they have identified with in this particular incarnation in which they find themselves. It may be a formalized prayer or it may be some type of wording that makes them relax, and to them it is a form of prayer. You would find out what that wording is, and then use it in your meditations to project into the electromagnetic field of that energy form. Also, you can spend time with the energy, a short amount of time, by holding the hand, if possible, and repeating with the energy that particular prayer.*

**Do Your Spirit Guides Go Through The Energy Layers With You? What Is Their Role?**

*No, they do not go through the energy layers, for Spirit Guides, being in spirit and being of a particular vibration, are given a special type of energy from the Higher Light that brings them back into and beyond The Astral Field. They then await the energy to come into the proper dimension. So, for example, if the energy gets trapped in The Astral Plane, the spirit guide is simply then having to wait until the completion has occurred.*

*The energy who is guided is under the direction of the Spirit Guide until the completion has occurred. Once the energy is through the Astral Level and is with the Higher Light, it is then determined whether the Spirit Guides will remain with the energy and help in various other types of situations or be reassigned. It is determined by what the next task of the energy will be as to whether the Spirit Guide will stay with them or not. There may be the situation that the Spirit Guide is reassigned and then comes back at some other time to work with the energy field. It is not the responsibility of the Spirit Guides to bring the energy through the electromagnetic field. That would create far too many difficulties if that were to occur.*

### **Does It Create A Problem When People Are Held Here In A Coma?**

*Remember that all that happens, happens for a reason and that it is meant to be as it is, which means that those who, as you refer to them, in coma, are held onto from this end, they are in fact not, for when it is time to return there is no earthly situation that can keep them on the earth plane. The illusion of being held back is usually for lessons to be taught. Occasionally, it is for a lesson to be learned by the entity, in certain situations, but generally, when there is this holding onto, if you will, with the use of technology, it is meant to be. Remember all of the control comes from The Universal Consciousness. The arrogance of the scientists currently incarnated on the earth plane thinking that they can maintain life is ludicrous, for when it is time to depart there is nothing on the earth plane that can prevent that, you see.*

### **Is It Possible In The Dream State To Help Souls Cross Over And Make The Transition?**

**There is some of us when we are asleep, while we project into the Astral, or go into the dream state, do we help souls go across, make the transition?**

*There is the ability for some when going into an altered state brought on many times by the sleep state, to help energy fields to go through the electromagnetic field. It is not quite as simplistic, however, as you might in your question present, for the issue of The Astral Plane is always the stumbling block, and an entity may not have the ability to bring the energy through The Astral Plane without assistance from the other side or assistance from those on the earth plane at a conscious level. So, it is not quite as easy to answer, but we would say that in certain situations and depending upon the entity there is that ability.*

*We will discuss in detail each of these issues that have been brought up as the time on the plane is measured. We have, remember, on the earth plane approximately thirty-eight*



*more years, much to Mushiba's dislike. Up through The Shift and after that, we will provide information to you. So, be patient, my loved ones, for as you need to have the information, and as it is appropriate to help you in your path, it will be given to you. Remember that we do not want to short circuit any of your responses and to make the illusion out of balance. So, we will address in detail, as time is measured in the illusion.*

## **A Discussion Of The Exact Moment Of A Birth, And Astrological Charts**

**Does an entity decide the exact moment when it is going to be born?**

*All is planned. All is planned to the instant.*

**Is it the entity coming in that makes that decision or is it from the higher source?**

*It is from the higher sources working in conjunction with the entity. The entity is managed, has a particular Higher Light that is charged with making certain that the balance of The Universe or the current illusion is maintained. There is nothing haphazard that occurs.*

**So, whether it be premature or cesarean section, or whatever, that is the way it is supposed to be.**

*That is the way it is supposed to be.*

**That is why astrology is valid, as it is?**

*Yes. That is correct. The placement of the planets determines a certain aspect of the balancing of the electromagnetic fields of each energy currently in the illusion.*

**But there are more planets than we know of, so whatever chart is being drawn by whoever draws it up it is never going to be one hundred percent accurate because there are always factors that cannot be known.**

*That is correct.*

**When Haley's comet, or large bodies from deep space enter into this system, move through it, when the Soul incarnates at that particular moment, these bodies entering through the system have the effect on the incarnating soul. Like Haley's comet had an effect on babies being born at that time.**

*Indeed. And it was planned. And it was all part of the balancing of the energy fields currently in the illusion.*

It will never show up in the charts though.

*Not as currently projected with those who would do these charts, for they do not have the insight to project that type of information. There will, however, be those types of abilities manifesting themselves after The Shift.*

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