# Waith Class Transcript

March 28, 1989

Mushiba's Spiritual Journey To Jamaica ~Hidden Pyramids ~ Energy Transference

The Importance Of Acknowledging Fun

Francis Addresses Animal Testing And Controversy Over Animal Experimentation
The Levels Of Awareness And Understanding Toward The Reverence Of Life
The Issues Of Eating Animals And Being Vegetarian

Jacques Gives A Formula To Alleviate The Problem Of Cats Spraying In The House

A Question About Healthcare And The Shift ~ Answers To That Will Be Forthcoming

Waith Energizes And Speaks Of Specific Crystals From Members Of The Group

The Hierarchy Of The Energy Kingdom

#### ~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

# Information Given Interdimensionally By Waith Through Mushiba

A Publication of Terra Lux Media ~ 1989

For more information, please contact us ~ terralux.org | Email: Admin@terralux.org

Postal Mail: Community of Terra Lux, Inc. | Fox Hill Lane #121 | Enfield, CT 06082

# Mushiba's Spiritual Journey To Jamaica ~Hidden Pyramids ~ Energy Transference

#### How did you like Jamaica?

Ah. The best result of this was that it was a spiritual journey for Mushiba, a renewal of energies and a connection of certain energies, and along with that very serious mission that she was given for this journey, there came from it also fun. A most important part of what Mushiba had to do was to energize with one of the hidden pyramids which finds itself in this land mass where she was brought, and it was needed to occur at the time that it did. And thus, all was arranged as needed to be. It had a direct connection with the rock now that you will see Mushiba using. There was the final energy transference.

# The Importance Of Acknowledging Fun

It was also a time where we were able to give her some insights into other aspects of the mission, so to Be of greater Service to all of you, not only ourselves but also Mushiba and Abalma will be of selfless service, as you know. One of the wonderful things that happened was that Mushiba did acknowledge that she needs to have fun, and this is something we work on with her on a continuing basis over the eons when she is on the plane, and she has realized now that in order to get off the plane, finally, she has to acknowledge fun. So, know, as she says, she works at having fun. © ©

#### We have to help her with that.

It would be greatly appreciated from all of us if any of you could help her in having fun. Remember, however, that her definition of fun and yours may be different, which is fine, and the point being that she must be lighter, for the responsibilities are great. They are tremendous that we levy upon her. But yet there needs to be fun, and we expect that during the coming time frame of fine weather that you will begin to experience that the community gatherings will be more enjoyable. You know the purpose of the community gatherings is to have laughter and enjoyment and song and fellowship in community, and this will increase as time progresses.

We would like at this session to chat with all of you about questions that you may have. As you know, we periodically enjoy doing this, and we know that there are a number of you who have a number of crystals and that this, in fact, may take up a good deal of the time, for some of the crystals have very interesting stories attached to them. So, let us perhaps discuss a few of the concerns or questions that you may have, and then we will go to crystals.

#### Francis Addresses Animal Testing And Controversy Over Animal Experimentation

Regarding animal testing. There are a lot of talks about pro and contra. On one side, we are saying we have the right to test all types of drugs and medicine on animals. And the other side might be that we say we cannot test any drugs on animals. If we want to take the benefit out of this, we should test it on human beings. I would like to hear your comments on this.

To answer that, Francis will speak, for this is part of his mission.

Francis: The blessings to you all! I have been asked by Waith to comment on your question. To respond in the idealistic manner, there should be no experimentation done on any lifeform. However, this is the idealistic and not the reality. And what occurs as energies grow and learn, that in order to grow and learn they must learn not to experiment on each other and especially on the lower species.

### The Levels Of Awareness And Understanding Toward The Reverence Of Life

You find yourselves in this time frame now with a greater awareness for the reverence of life. Understand that the reverence for life varies, and that, as has been discussed in prior sessions, that there are periods of (Francis hesitates here briefly) between cleansings, and that there have been many, many, many cleansings, and that in actuality there is a fresh start at the end of a cleansing and the beginning of a new time frame and a new vibration.

And generally speaking, as a cleansing is about occur, there becomes a heightened awareness of life and it becomes very controversial, for those of the darkness would say, of course, that it is fine to experiment as long as some energy is saved as a result of this. The Universal Laws indicate this not to be true. Those of the dark would try to convince as many as they could that animals, for example, can be used to experiment as long as it is to help humankind, or even if it is not, even if it is simply to gain material goods as a result of the experimentation.

#### The Issues Of Eating Animals And Being Vegetarian

We find ourselves in a period of time now where there needs to be greater Light given to the controversy, and this is what has begun to happen. You must understand that part of the growth and the learning that is part of the earth plane is in appreciating life, and that those of you who, for example, would eat meat ~ we have said this before, that it is not to condemn yourselves, but rather to understand that as you go through your lives and you increase in your vibration, part of the growth toward Oneness is in the total acceptance of life and that no other life is to be taken for substance of the body or for preservation of the body, meaning remedies, cosmetics.

This, however, on the earth plane, will never reach its perfection, for reverence for life is attained gradually after many experiences, and that the earth plane is simply part of that process that you encounter to help you become more sensitive to life, and to know that

your life, your energy, is not dependent upon the experimentation of another energy, but that this is reached only after great vibrational attunements and awarenesses ~ and my mission is to help you to grow ever so slightly or in great bounds to appreciate life.

Understand that everything has an energy and is therefore life. The ground upon which you walk is an energy. The earth is an energy, and for you to say that you would eliminate all experimentation or all abuses, as you might use the word, of life would be an impossibility on the earth plane. It just will not happen, that totality, for it would mean that you would have to be in spirit form, for your physical encasement, as you sit here now is infringing upon energy and life, but that energy gives of itself for its own growth, just as you would eat vegetables instead of meat. Vegetables are lifeforms and they give of themselves willingly, for they have lessons to learn. So too do animals. So too do other lifeforms give of themselves, whether to be eaten or to be experimented upon. It is all part of that which must be learned, and it is all necessary for the growth of the total Oneness.

Each of you are at your own level of awareness and understanding and sensitivity towards the reverence for life, and you should not judge others who may be at a different level than you, nor should you condemn any who would eat the animal or who would experiment with the animal, but rather to send your Light and to show by your example that you have reverence for life ~ and for many this takes the form of not eating animal flesh, not using products that are made from animals, not purchasing products such as these cosmetics that have experimentation used to produce these products.

You each have your own issues upon which you can decide to work with, and it takes the form of radical behavior sometimes on the part of many to get certain messages across. And there will be many who will be very judgemental toward others who abuse lifeforms. And you have many, many now, organizations, as you call them, for the preservation of life and animal life, and it may seem contradictory to what I would say that you must not judge others that in looking at these organizations, they appear to be judging.

What they are doing is opening up awarenesses, and each energy has its own responsibilities toward making others aware of where they stand in their own attitudes toward animal life. It is a neverending challenge. It is an activity that goes on and on, from the beginning until ~ there is no end ~ eternity. It is all part of each of you learning your way and returning to the One, for you will have total reverence for life at the point of Oneness, and everything before then is part of the process and part of the way back.

And so, we would say to you that if you are able to alleviate ever so slightly the pain that another energy would feel as a result of any infliction of will, then you have grown and you have ~ (a word is inaudible due to a cough in the room). It is not necessary to shed all that you know now. Many of you feel pressure around you that, if you are to be truly in

a spiritual path you must be rid of your wanting to eat animals. This is not accurate. It must be at your own evolvement and not because someone else tells you.

And you must also understand that we welcome all into the community, regardless of where you are in your evolvement and that for many who will come into this community, into Terra Lux, they will be influenced by those of you who have evolved to a certain level of reverence, and it will again be your behavior and your influence rather than your proselytizing that will affect the greatest number.

You were talking about eating food and vegetables, and when I look at it from the approach of eating energy then I have problems to differentiate between vegetables, fruit and animals. I mean, they are all energies.

Francis: That is correct.

You find fruit which eat animal, they have half fruit, half animals, so where do you draw the line there? This is very difficult.

Francis: Yes, yes indeed it is, and as I had said earlier, it would mean that you would have to become total energy while on the earth plane in order to not consume any energy, for even to consume air is the consumption of energy, and the consumption of water, that which you might not think to be energy is. And thus, this is part of the set-up of the earth plane, that while you are in a physical encasement you will be consuming other energies in order to sustain your energy in your encasement. Once you go into energy form, you do not need this, you see.

## The Hierarchy Of The Energy Kingdom

So, what you are saying, if we are aware of this, we should stop eating meat of higher-developed animals, and the more we accomplish at our own energy stage, the farther we go down the level of energy development?

Francis: That is one way of looking at it. Yes, that is. The Energy Kingdoms do have their hierarchy, and you would find that many of The Animal Kingdom are very high at the hierarchy, and as you begin to eliminate consumption of various animals and work your way down, you will find yourself at a level of energy that eventually will evolve into a higher level, but they, too, must learn their lessons just as each of you learns your lessons and evolves into a higher energy. And part of their lesson is to Be of Service, and part of Being of Service is to provide sustenance to higher energy forms. And once they have learned their lesson they evolve into a different energy form, and as they evolve into higher energy forms, they will reach that level where they will no longer be consumed and their service will be of another nature.

Jacques Gives A Formula To Alleviate The Problem Of Cats Spraying In The House

Francis, I have a question about my cat, Fluffy. I am trying to let him come upstairs now and then, but after he is upstairs for a while, he likes to spray. I do not know if he is marking his territory or what. Is there anything I can do help him not to spray in the house? He does not do it downstairs where he lives, but when he comes upstairs and he is up for a while ~ it is very hard living with that.

Francis: The energy form is feeling confined and needs to be confined for the time, for its own safety. You ~ I confer with Jacques here. He gives me the information. Jacques will come in to speak with you.

Jacques: I am Jacques. Greetings. You need to ~ I have come in to discuss this with you, for there is a medical answer to this that I was trying to describe to Francis, and it was difficult in the translation of it. And what I will describe will be appropriate for others of you who would have similar problems with animals marking their territory as it is, so this information will be useful to anyone who would read this transcript.

One of the ways, there are many ways to solve or to alleviate this problem, and one of them is to have the animal ingest a particular formula. It is a liquid, so it would make it easy to have the animal consume this. You must take, and I will send you on a little hunt for this ~ take an herb that, the derivative of this herb is very common now and its primary herb, I should say, origination, is in an old-time herb called Yaka, Yaka, Y-A-K-A. It is a sweet-tasting herb. We would find it enjoyable from this end to watch you search for this, and once you have found its modern-day derivative, you will place it onto the record.

#### How far back was this called Yaka?

Jacques: That will be for you to find out. When you find it in its modern-day form, you will find it to be in a powder. You are to take one tablespoon of this powder and place it into one cup of water from the spring, one cup of a berry juice that has a red color to it.

#### Raspberry?

Jacques: Raspberry. Raspberry. You are to give the animal one-half cup per day for a period of two weeks. This will eliminate the problem, not permanently but will give you a time of rest and will ~ once it begins again, you simply give this to the animal. It will, with some animals, be an ongoing type of medication. For others, it may only take one application of the two-week time frame. You will know this. (Yaka was later determined to be Yucca, a member of the cactus family which grows in the West)

Do rabbits experience the same thing as male cats?

Jacques: Not in the same way. Any animal that is tormented with this, and it is a torment for the animal, can be given this formula.

### A Question About Healthcare And The Shift ~ Answers To That Will Be Forthcoming

In all the time talking about the cleansing that is approaching, we have yet to talk about healthcare and who will look after the people before, during and after The Shift, and I was wondering if you had any comments about this.

Jacques: It is far too complex an issue to be discussing at this point. We will be, though. It is not to be concerned about at this time, for you look to the problem under your own perspective now of the millions and millions of entities on the plane and your own limitations at this time, not yours personally, but those of the earth plane. All of that will change when The Shift occurs. At that time, you will be given the guidance, for it will be a very different way of living than you now know. I depart. It has been most pleasurable.

Waith: Well, you were able to talk to a few of them, weren't you? We feel that it would be quite appropriate now to look at some of your crystals.

Waith Energizes And Speaks Of Specific Crystals From Members Of The Group

This crystal is a double terminated one.

It is not double terminated.

It is not?

It is triple terminated. You are just not able to see. It is part of some of the fun you will be having, many of you, as you become more aware of crystals and what appears to be is not necessarily. Crystals are quite frivolous in their behavior. They have a great deal of fun with those who they come in contact with. This is one such crystal. It has a great deal of gaiety about it. You will find it changing before your very eyes sometimes and then changing again and then again. This crystal needs cleansing, as it has negative energies attached to it.

That is funny, because I have not been carrying that one. I would take all the others and leave that one.

Place this now in the sunlight for four earth plane days and let it recover from the negative attachments that it had and from the cleansing that it has just had, and then you will present this to an entity who will come your way soon.

I have one more I was attracted to right away and I had a feeling it was a record keeper, and I saw it had a mark.

It is from the time of the pyramids. It contains information that will be revealed at the time of the new building of the structures. What it will do between now and then is to gather the information about this time frame and place it into its memory blocks and use that along with the knowledge that is stored there already to help in disseminating certain kinds of knowledge to those who will be able to understand knowledge given from crystals.

#### Who had programmed that crystal?

This was programmed by one of the, at the time of the last structure building, by one of the twelve who has gone on into other dimensions. However, Mushiba and Abalma were one of the twelve of the twelve, and they were under the tutelage of this particular energy who programmed this. They did not program this, but they would have greater access to the unlocking of its knowledge, you see. There is more, but we will wait and tell you later when you are ready to hear this information, as you will be in a very short time.

My husband gave me these this morning, an anniversary present, I was very pleased to get them. Would you put your energy into this for me and tell me if there is any particular use for it?

This is a very helpful stone for you. It is here to be of service in whatever way that it can. It has at this time not a specific mission, but rather awaits what it can do when called upon, so it will be up to you to actually give definition to what you would like from this stone.

Thank you very much. He also gave me another emerald. I hope that this one I can keep.

As soon as you say that you want something for yours it will be taken from you at some point. It is fine to like, but always be ready to give. Yes, this is a very nice stone. It has a very gentle vibration. We give it a bit of energy. Enjoy.

I have a question about a crystal I brought you a while back for a little girl. It was thrown and broken by her little cousin, and we super-glued it back together. I wonder what should be done with that crystal. I have another one for her. I felt that she should have another one.

The crystal needs to be placed into the ground and buried under a tree that produces fruit called pears. Do not question why ~ But do it. This crystal must be buried beneath the tree of pear-bearing, one and one-half inches and must be buried on the east side and must be left there, and those from below will come to it who are attuned to this type of abuse that has been levied upon this life form.

Thank you very much. Would you put your energy in another one for her, please?

We would advise that she not have a crystal for some time now.

Oh, okay.

She needs to learn responsibility and that crystals are not playthings, and you can explain to her that it would be wise for her to pray. She will understand this reference point. To pray for the understanding of the life that is in a crystal and that it is not a toy and must be treated with respect and reverence and protect it.

(Someone hands Waith a crystal) A most vibrant energy. It has a medicinal orientation. You might want to bring this to the Special Topic Session that we will be having on Self-Healing, for there will be certain kinds of energies that I will be giving out during that time that I will infuse into this at that time.

(Another hands Waith a crystal) This crystal is very, very, very old, and is perhaps, as you would measure on the plane, five to six million years, and it has reached the end of its life as a crystal. It has still some time left on the plane to finish up but it holds great wisdom, and it comes to you to help you in synthesizing some of your confusion. And it would be very, very fine for you to carry this with you as often as you can, especially when you know that you are going to be in a situation where there may be some confusion for you in all of the stimuli that will be given to you.

You mean like at church when I become confused?

Indeed. Yes, indeed. You could also call upon this crystal to help you when you attempt to transcribe our readings.

I have not given up.

This will help you to understand the seriousness of giving Light to Star. (Star is the name given to the computer)

(Another hands Waith a crystal) I feel like I can walk inside that one.

What you feel is a part of breaking down the physical illusions that all of you have accepted, and by this, I mean that you are able in essence to decompose yourselves during a meditative state and actually place your energy into the energy of this crystal. It is a protective crystal.

(Another hands Waith a crystal) This crystal is kind of funny on the end which is what attracted it to me, and I was wondering what happened to the rainbows? There were rainbows in it, and there is not anymore.

Rainbows in crystals come and go. It is not to be concerned that there would no longer be a rainbow in a crystal, for they will return when the vibration is at another pivotal point in its own connectedness with other crystals in its environment.

This one I thought ~ I was looking for the right quartz in the crystal, and I found this one. I received from that that it is from forty thousand B.C.

It is much older than that.

It is older? Were we living in caves?

No.

No? I saw a cave. I had all kinds of things that came just holding it.

What you were receiving were memories that this crystal has in it from other experiences with other entities and not yours. You see, many of you will experience this and confuse it with your own experiences versus those of others that you are able to pick up on. This is where meditation and seeking the Higher Self becomes even more important, so that you are able to differentiate.

So, what I saw was something that did happen but with other entities.

Yes, and not with you. Yes. You will gain some interesting information from this crystal, and then it will be time for it to go into another environment, and you will know.

This one, I do not know the name of the man in the store, in a crystal shop. I was wondering what the connection is here. He seemed so familiar the first time I met him.

We would want you to place this crystal in the ground and allow those from below to retrieve it, for it was taken from them. They did not give it voluntarily. It needs to return to them, for it has work to do with them. This was done only a short time ago, and the entity to whom you refer has been ~ is of the Light and was able to retrieve this from that source that had taken it. We will at this time not discuss the connections that you have asked about ~ that is not appropriate at this time.

(Another person presents a crystal) Waith, I have a mark of a recorder on it. I was wondering if it was a record keeper.

No, it is not a record keeper. Record keepers, as you call them, do not really have distinguishing marks, as you would say, for if they were able to be recognized they would have been destroyed by those of the darkness, you see.

Some that seem to be marked are not.

Indeed, and all that have that mark are not. It is deliberate.

Can you tell me about this stone?

This is from Atlantis. It gives you an idea of some of the various colors and formations that existed in the land mass and will help you to identify others. You will notice a similarity to the stone that Mushiba has and you will notice that this stone that Mushiba has was of a darker color when it was found by her. You will find this stone will, this rock will begin to lighten and soften, for it has been through quite a bit.

It seemed to have followed us. I just found it on Sunday.

Yes, it is coming after this rock of Mushiba's. It is part of all that will be revealed as time goes on. This rock will help you to understand a little bit about Atlantis. Be gentle with it. Be careful with it.

I had set it on the floor where my plants are, but it is not ~

No, it is not to be on the floor. It needs to be elevated, for you must take this as seriously as you do other crystals. Simply because it is in the form of a rock does not mean that it goes on the ground, at this time.

I just thought it needed the plants to be nearby.

At this time. At some future time, it will be able to be anywhere.

Okay.

Yes. Welcome back. (Waith addresses the crystal)

Waith, when you see the different physical structure of crystals and rocks, is there a difference as far as holding energies? I mean, this particular rock that was shown to you ~ I would see just a normal rock which I would find hundreds in my garden, and then there are different crystals which have a particular shape, so is there any relation? I personally have problems with crystals and rocks and these things.

Yes. That is fine. That is understandable. There are many who are ~ as you would say, have a problem with what we describe so vividly with crystals and rocks, and that they have energy and that they are life forms and that they have consciousness. What you begin to understand, gradually, will be your own connectedness with the energy that comes from a particular member of the crystal family, and rocks are a part of the crystal family. Their various shapes and forms relate directly to their own path, just as each of you has a shape or a form that will change as you go from one life to another, but your energy does not. Your energy and your spirit remain. You just take on a different physical encasement.

So, too, do those of The Crystal Kingdom, and they have specific purposes. You know, for example, an energy may take human form that is short, or in your case tall, and it is for very specific lessons. So, too, do those of The Crystal Kingdom take on a form that will help them in their mission and in their lessons to be learned. Do not be concerned that you have these trepidations, these feelings of not quite understanding or having a problem with it. It will all work through as time goes on.

What about the one you carry, though? You did not tell us anything about this one.

I have given some information about this a while ago. You were not able to be at that session, and it will be, at some time before The Shift, in printed form. © © It is not Limera's fault. It is simply the way it is now. So. There will be more information given about this rock as time goes on for it has very special purposes, and it belonged to Mushiba and Abalma in Atlantis, ten thousand years ago, and the three of us actually did a number of things with it. It is primarily Mushiba's.

One little question before you go. What determines a beginner's crystal?

When we refer to a beginner's crystal, we mean an individual who is just beginning to open their awarenesses to the energies of crystals, and there are crystals whose purpose it is to help in the opening up of those awarenesses in a slow and gentle way. For some to come in contact with powerful crystals without some kind of breaking-in period could prove to be a bit distressful.