

# *Waith Class Transcript*

**JANUARY 31, 1989**

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## *~ A NOTE FOR THE READER ~*

*Waith's words appear in this font style.*

*If one from his Spirit Group speaks, they will be identified.*

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

*(References to names have been edited for privacy)*

*Information Given Interdimensionally*  
*By Waith*  
*Through Mushiba*

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## Waith Discusses The Subject Of Lifelines, And That Lifelines Can Have Lifelines

I have been reading *Exploring Atlantis*. I have gotten a better understanding of lifelines. I did not realize that there was a Core Soul that ~ the way the book explained it, is at One with The Creator and projects Souls from this Core Soul, and then we project more, if I understand it right. One question I have is, do our lifelines project more lifelines?

*There was a session quite some time ago in which I gave you all a description of what you would call in this vernacular, the Core Soul. You will recall that I was trying to illustrate it by using my hands and giving you a discussion of very thin, thin lines and the cord that was projecting from this. What I was describing to you in that session was the beginnings of a discussion on a very, very complicated issue, and one that for many requires an acceptance of other concepts before an acceptance of that which is called THE EXTENSION OF THE CORE.*

*The Oneness we speak so often of is all of you and all of us and every energy. The One is the Core, yes. Out of the Core comes all of the little energy forms, and energy forms have the ability to break into as many little energy forms as they want, and those little energy forms can break into energy forms. It is an infinite ability, though not always done by an energy. There are situations, and we have discussed that the lifeline issue, that approximately twenty five percent of any number of energies currently out of the Core, out of the One, are taking on lifelines. This, of course, means that about seventy five percent of the energies choose to be the one energy that comes out of the One.*

*But this is at any given time. Once an energy who has taken on many, many lifelines merges the lifelines and/or becomes back with the One, then others decide that they will take on lifelines. It is not that only a select number of energies are able to do lifelines. It is that by some decision made among all that only a certain percentage will do it at any point in the game, shall we say.*

*Now, we have also indicated that for the most part we like to see no more than ten lifelines for a given energy. However, this has not brought into the discussion that the lifelines can also have lifelines, you see. And that the lifelines of the lifelines can have lifelines. It becomes fewer and fewer percentagewise where this situation occurs, because it entails a great deal of energy expenditure and it does require an advancement of soul. There are currently, of all the energies now out from the One, those who are having extended lifelines to the lifelines, make up perhaps one to three percent, a very, very small amount.*

*It is a very difficult path to take when one takes on what can be in so many cases a simultaneous manifestation, not only for the energy expenditure itself but for the earth plane experience of meeting a lifeline, for example, and dealing with all of the issues that go with that particular phenomenon. And thus, it is that an energy will choose to do this*

*when they feel they are ready for it. It is not something that is required. There are many energies who never take on a lifeline. Lifeline simply means that you are able to play the game much faster, and then return to the One more rapidly.*

**Now, if I were in spirit, I could still have lifelines on the earth plane? Or on another planet?**

*Oh, indeed. The lifelines go all over the place. They are not necessarily limited to this plane. In fact, so often there may be only one or two of the lifelines on the plane of earth, and others are on other planets, in other dimensions, all with their assignments with their types of issues to deal with. For many of you here on the earth plane, your manifestation represents a very small part of your total energy. And for others, the manifestation represents the total energy. And for the most part, you would be unable to tell the difference, which is as it is, of course, to be.*

### **Relating To The Shift, There Is A Gradual Alignment Of Certain Planets And Bodies**

**Waith, I recently noticed that souls are struggling in their life for several different reasons. And I was talking to an astrologist recently and she was saying that the constellation of some planets relating to earth have a major input. I would like to ask you to elaborate whether this is part of the preparation for The Shift or whether something happened in the New England area or in the United States.**

*Yes. What is occurring is the gradual alignment of certain planets and bodies that relate to the earth plane for The Shift. And this is gradual, though from our perspective here it is happening very rapidly. It approaches the time of The Shift. What is happening is that certain parts of Planet Earth, at various times now, are being given the final shot, shall we say, of alignment of the constellations.*

*The New England area of which you speak, and that of course the geographic area that Mushiba has come into, is a pivotal point, or will be a pivotal point when The Shift occurs. Therefore, there are some very particular alignments occurring that have begun now and will continue for approximately two point three five years, at which point the types of disruptive weather patterns and Earth changes that are occurring in this pivotal area will have subsided somewhat. You will find very unusual occurrences now in this time frame that I have just outlined. You have noticed it already ~ very unusual weather patterns that have begun.*

*After that particular alignment has settled in, there will then be the beginnings of very drastic weather changes. Now they are subtle. There will be drastic changes where, this being a pivotal point, it will become tropical upon The Shift. You will begin within a few earth plane years to have tropical weather in short periods of time and then you will actually feel, you will feel a tremendous difference in the weather. You will in this geographic area begin also to have what are called earthquakes. They will be small. They will not be major ones, for the major ones will occur at the time of The Shift and will be what causes the ground itself to separate.*

*There are other points on Planet Earth, the other eleven pivotal points besides this one that also will be going through their own alignments with the planets and it will be dependent upon what the vibrational charge and vibrational assignment is for each of the pivotal points. Each one has its own reason for being and will contribute to the total vibrational change once The Shift has occurred.*

*And thus, the entities who study the alignment of the planets, a good many of them are now seeing very unusual changes. Some of them who are especially attuned and especially adept at doing readings of the planets and have an understanding and acceptance of The Shift are going to begin giving readings, if you will, to the general public regarding this very different type of alignment. Some will have soul memories that will bring back to them from other times when a cleansing was about to occur, that the same type of alignment occurred. It is an alignment that occurs only at the time of a cleansing, for there are certain electromagnetic energies that need to be positioned that give vibrational change, and it will take one pivotal point and move it to another.*

*There will be some very interesting disclosures now coming about from those who study the planets. And there will be much mocking of their revelations. There will be those who know only the traditional application of the planets and will not be able to understand what is happening and trying to give reason for it. There will be others who will know what this is all about.*

### **What If You Are Not In The Vicinity Of A Concrete Shelter During The Shift? What Then?**

*I was reading a book by Ruth Montgomery. She writes that when the time occurs of the earth shift there will be plenty of spaceships around the earth who will take souls on board, those who are meant to survive. They will have electromagnetic energy which can dissolve the body, bring this into the space, and then reassemble the atoms and molecules again so that the human being appears as it would on earth. They will then wait until the earth settles down and bring them back to earth to continue their life in a different way.*

*Indeed. It is a symbolic explanation for a process that will occur in that there, as we have already stated, there will be those energies who are able to vibrationally survive and those who will not have their vibrations attuned to the new earth plane vibration, and therefore, will come back into spirit. Now, we have indicated that there are shelters, and that there are some shelters that will be under the ground. And we have concentrated on the below ground shelters, for the particular pivotal area in which you find yourselves now is such that an underground shelter is what will be required. We have alluded in the past to the fact that there will be above-ground shelters. What we have not discussed, for it simply has not been asked of us and has not been necessary really to discuss, is other types of shelters.*

*Now, remembering that all is illusion, my dearest ones, the symbolism of that which comes through Ruth from the spirit is necessary to be given for the understanding of so*

*many who would need to feel that there is substance to everything. There will be many who will be vibrationally attuned and who will find themselves for various reasons in a geographic area that is not going to survive, that will disappear, and the reasons for this are not necessary to go into at this time. But what will then happen, because they will not have a concrete shelter available to them such as you are all here in this geographic area, and you know that there is a physical shelter to which you can go, then you will.*

*These entities will be scattered throughout the planet, and they will simply be taken up, if you will. We have allowed the symbolism of a spaceship, for this is something that so many are able to identify with. They will be taken up in their spirit form, you see, and held in not really a spaceship but rather simply held until the time on the planet is ready for them to be placed back onto it. It is almost as if they were just going to be held in a little vacuum, you see. There will be thousands and thousands of entities in this category. It will be almost as if the entity has fallen asleep. This will be the sensation that they will feel. They will not come into spirit. It is an energy field that is very different from spirit.*

*When the time is ready then for the planet to begin again, which of course as I have said will not be all that long, then these energies will be placed back into those areas that have survived physically, and they will simply be placed back and they will be with those who have survived in the shelters, and they will just fit in. All of you who will be in the shelters will have given to you many entities from this particular source.*

### **The Pyramid Structures Serving A Vibrational Purpose From Cleansing To Cleansing**

**When I hold the crystal that Mushiba programmed in Atlantis, I have been seeing, three-sided crystal pyramids with light or colors of the apex with white light. That is all the information I have received so far from this crystal. And I was reading the books on Atlantis, it was said that during the times of Atlantis, there were twelve times twelve crystal pyramids that were used for various reasons and that they are no longer physically in the earth, but they are still vibrationally set up in different points around the world. Would you elaborate on this? Are their energies going to be involved with the new energies of the earth? Are they helping during this cleansing?**

*Yes. What occurs from cleansing to cleansing is that the structures, be they in the shape of pyramids, or whatever they happen to be in, serve a vibrational purpose. And now when there has been a cleansing, they are physically gone. They disappear physically. However, their vibration remains for approximately four cleansings after, depending on which point they were in the vibration ~ if they were one of the major twelve, they may be assigned to stay vibrationally into ~ longer. If they are one of the minor twelve then they would stay for a less amount of time.*

*Thus, the structures used during the Atlantean time, and we speak now of Atlantean time going back perhaps sixty thousand earth plane years ~ these structures are about to come to the end of their need to be plugged in vibrationally. What it actually is accomplishing is a transition vibrationally from one to the other so that the new structures that will be built with this cleansing will then have help vibrationally from the ones that have just disappeared. They will be the most dominant of the vibration. The*

*ones that have just disappeared will, in fact, still be receiving vibrational help from the ones that disappeared in the cleansing prior to this, and thus it goes, you see, until there is a disillusion of the energy. And this is what is being referred to, you see ~ the vibration, the energy ~ it is still a part of, but only at an ancillary type of situation and not the dominant.*

**So, am I just touching the tip of the iceberg when I see this in my meditation?**

*Indeed.*

**Is this area one of the pivotal areas from Atlantis?**

*This area now was not a pivotal area in Atlantis ~ a major pivotal. It was one of the minor pivots. Thus, it becomes a major one now for many reasons.*

### **A Discussion Of The Value Of Crystals, Whether It Be Monetary Or Spiritual**

**Waith, my husband and I have a chance to go down to Arkansas, an area rich in crystal, where one could obtain massive amounts of it. I have a problem with their monetary value on the crystal, which I am not concerned with. I am thinking that it would be interesting. Is that a trip we should take with the friends who invited us, or is something we should do alone?**

*It would be beneficial that they be exposed to the spirituality of your thinking where crystals are concerned. It will help for you to do this with any, and this goes for all of you who come in contact with those who view the crystals from a point of making money only, you see, rather than what their mission is. And thus, it would be good to take the opportunity that you can to infuse your own beliefs. Yes. We would see this as beneficial.*

**Okay. I was a little concerned because his parents have hauled, I guess, hundreds of pounds of this back just to make a fountain.**

*Well, remember also that crystals are on their own path also, and that just as each of you serves as instruments, so too do crystals serve as instruments.*

### **Have Any Of Us From The Community Spent Time On The Planet Atlantis?**

*But of course.*

*The subject of the Planet Atlantis is one ~ dearest one, write this down for a special session. The time will be right for a discussion of the Planet Atlantis as it relates to the Planet Earth. Remember always that that which you understand now as being, is only being within your limitations, and that it has always been and it will always be existence.*

*And that before the physical Planet Earth, there were other physical planets. Always. Always. Yes.*

### **A Question About People, Geographically, Being More Advanced In Their Thinking**

*I am from another country, moved to the United States, I realized that if you compare the progress of, let's say, United States with Europe towards the earth shift, my impression is that the people of the United States are behind what people are thinking and doing in Europe. Is it that America is catching up now? Or could you see that when you compare the globe that people in different societies are advanced compared in others? Is there a particular reason behind, or is it just accidentally?*

*No. No accidents. The reason is quite simple, you see. In this land called the United States, it is inhabited mostly now by Atlanteans who, for various reasons, have blocked the experiences from the last cleansing, for there were so many of them who were naughty, and they are not wanting to unlock the Soul memories ~ and those who were of the darkness, those of the Sons of Darkness, and those who are of the Light, the Children of the Light, and that there were very distinct groupings in the Atlantean time, are back now in this land called the United States, and picking up pretty much where they left off in Atlantis, with of course an advancement that has occurred over the past ten thousand years.*

*And many of those who were of the Light had taken on during these past ten thousand years, twenty and thirty thousand depending on where they were, many issues to deal with to try and overcome that which occurred during their Atlantean experience and are now just beginning to be rid of themselves of the loose ends, as we call them, and they are now ready to take on their role with the cleansing. And what you will see now between this time and when the cleansing actually occurs is a tremendous acceleration in awareness in this country, to the point where, when the cleansing actually occurs, they will have gone beyond those who are situated in other parts of the planet in their awarenesses and will serve to be the leaders as The Shift nears its time.*

*There will be those who are from this country taking the leadership roles and helping all the others. Thus, you will see this happening. You will see from this pivotal area that type of activity occurring. There is much preparation now for this, and it will, shall we say, burst forward when this alignment of which I discussed earlier of the planets has occurred. You, by the way, are from Atlantis.*

**Oh, yes? This is not a complement, huh?**

*No. You are very much of the Light from Atlantis, and you were ~ you came in in the geographic area that you did for very specific reasons of tying up loose ends. And you were then ~ you knew from a Soul Level that you needed to be with those strong souls who were with you in Atlantis, and therefore, the reason for coming to this country. And*

*therefore, the reason for your coming to this community and becoming aligned with the pivotal area.*

### Someone Asks If They Should Go On A Specific Trip With Someone To Mexico Pyramids

*I was approached by a professor of mine at school who seems to have a sense about The Shift, and he had asked me and my husband to go on a trip with them to Mexico in the area of the pyramids. Can you tell me if there is any greater significance to this trip other than recreation? Is there why we should not go?*

*Now, my dearest. ☺ ☺ Doesn't everything now especially happen for a reason? You know the answer to this. We will simply say that there is much information that is to be given to you in a short time frame of, shall we say, six to eight months now. And thus, you would look to any opportunity to gain that information.*

### A Reemerging Class Member Recognizes The New Changes In Waith

*I have not been here for quite a while and I feel there has been a change in you. You are much closer to the group right now. For example, I notice that you always open your eyes, at least partially.*

*Ah, indeed. You were not here for the unveiling. You might speak with the others about that. And we have done some vibrational changes with Mushiba and there are more to come that will bring the vibration into a different way than has been ~ much stronger, much easier for Mushiba.*

*And what you are all experiencing, of course, is that this is a transition period in which the core community is beginning to become closer, and thus we are doing our part to help you in that. For in what we might call one earth plane year, there will be a very different activity occurring here in the community as you begin to build the shelters, and you begin to project yourselves as a community preparing for The Shift and helping those who need to prepare spiritually for The Shift, for as some of you were trying to pin me down as to how many would come into the shelter, there will be many, many, many. And thus, we have a great mission here, a great purpose. You are all also getting to know me, and not feeling so odd, that I am simply another energy form that happens to be in spirit and you happen to be in physical, you see.*

*That is kind of overwhelming.*

*We understand the perspective there. We understand that, and thus we attempt to, shall we say, bridge the gap so that we do not want any of you idolizing us or bowing down to us or doing any of that, for we are simply energy forms like all of you, on our path.*

### Waith, Will You Keep Going After The Shift Occurs?

*Yes. There will be ~ Realize that we are here for the duration until it is time for Mushiba to depart, which as we ~ as you know, many of you, is some time, and thus there will be many, many topics. There is so much information to give and to discuss and simply to absorb that in your entire manifestation, if I were to simply be here and speak now without stopping, would never give you all that there is.*

*I am here for the duration. We all are. We will go with you into the shelters.*

**I thought you were going to leave us! 😊😊**

*Mushiba would never let me! That was part of our agreement.*

### **Farena Is Asked A Question About A Very Special Scent She Is Able To Give Out**

*Farena: Hello-o-o! 😊 Hi! It is a pleasure to be here! Oh, oh, oh! Waith is able to take this, but it is difficult for me! Oh. Hello.*

**How old are you? You must be very young. 😊**

*Farena: My spirit is quite old. But I am very vibrant in spirit. This is all such a wonderful experience. It is wonderful to be here. Does anyone have a question?*

**Yes, I do, Farena. I was wondering if you were visiting our home this past week. Was it you who sent the fragrance of cologne?**

*Farena: Yes. 😊😊 It is a very special scent that I am now able to give out.*

**I thought the kids spilled perfume.**

*Farena: Just as the others now are beginning to show you their sign, I have mine.*

**Farena, do you visit all of us, or just a few?**

*Farena: Some I visit more than others. I have visited all of you here. And some I have given a special little touch to. And some I am able to communicate with more easily. And the others of you I am working on.*

*Waith: I am back now.*

## A Remedy Is Provided To Someone Struggling With The Effects Of Quitting Smoking

Waith, is it possible for you to give me some special energy? I just quit smoking and I am crawling the walls.

*Indeed. We would first say to you that during this transition period, the physical body, understand all of you, reacts and that there is a very simple way to ease that, and that is for you to drink a great deal of liquid, and that liquid, we have given this before but we will reiterate, drink eight to twelve glasses of water per day, and also we would advise you to drink approximately one gallon of grapefruit juice a day ~ one gallon per day for approximately two weeks of earth plane time.*

Oh! I hate grapefruit juice!

*We understand the dislike many of you have for this taste.*

Orange juice?

*No. However, if you speak to those who now drink the grapefruit juice, you will learn from them that when they drink other types of juices, they are not able ~ the taste is very strained ~ the grapefruit juice becomes very, very acceptable.*

I will try.

*This will help you, dearest one, in the easing of the physical and it also, the grapefruit juice, as we have said before, is a very good cleanser, and is used by many who do day long fasting with the grapefruit juice. We will give you a special energy also that will help you. Yes. (Waith sends the energy)*

## Waith Energizes And Talks Of Specific Crystals From Class Members

Waith, I brought a couple of crystals. I used to keep these at work on my desk, and I am wondering if it is okay to keep them there. And if so, could you put something into them so that they will help the work environment be more peaceful and positive?

*Unhappy. Unhappy. (Waith refers to the crystal that he holds)*

Probably, because it has been in my work environment. ☺ ☺ I did bring it home.

*We soothe it a bit so that it knows that it is going to be fine.*

Okay. I will not bring it back there again.

*We would advise you to not bring it into that environment for a while. Let it know that it is safe with you and it needs to rest a bit in its energies. It is a very delicate energy. We will give it a bit of strengthening. There.*

**Should I keep this crystal on something soft?**

*It is a good general rule that when especially there is an unhappy crystal trying to rest and recover, something soft is good for it. Yes. Most crystals like to be on soft things, just like all of you.*

*(Another crystal is given to Waith) This is a much stronger crystal. This is one that has had a life's path of great service. It is able to emanate a Light and love, and this is one that would serve a good purpose in your work environment. It has the strength of its own soul to do that which is necessary and in fact wants to do this. We will just give it a bit of love here, just like every energy needs a little positive reinforcement on occasion.*

**Waith Discusses The Upcoming Session On The Role Of Female Energies With The Male**

*We'll then, we will depart. And wish you all the very, very greatest of love from all of us. And we look forward to this discussion we will have soon on the role of the female energies with the male energies. It will be very beneficial, for Susan and Bathusela will be contributing a great deal to this session. You will also see a side of Farena that you have not seen before. You must remember that she is a very highly advanced entity in spite of what she may present to you. It is part of what she does.*

**We realize that, Waith. We need the lightness.**

*Yes, indeed.*

**Will we understand more of their mission with this session?**

*The missions of all will unfold during this coming year. Remember that the community which you have named, and we are pleased with the name of Terra Lux, the community is served by Waith and Company, not the other way around. The community does not serve us, no one ~ we are not here to be served. We are here to serve. (Waith acknowledges the group member who received the name for the community during a group meditation)*

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