

Waith Class Transcript

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Meditation Technique ~ Sending Energy To Help Through The Christmas Season

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A Discussion Of One's Conscience, Intuitions, And Connection To The Higher Self

~ A NOTE FOR THE READER ~

Waith's words appear in this font style.

If one from his Spirit Group speaks, they will be identified.

Questions and responses from those in the class appear in this font style.

☀ This symbol indicates multiple responses from class members.

(References to names have been edited for privacy)

Information Given Interdimensionally

By Waith

Through Mushiba

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Meditation Technique ~ Sending Energy To Help Through The Christmas Season

There are many who are fatigued during this time frame for various reasons and are in need of an energy blast, shall we say ~ rejuvenation.

A shot is the word, an energy shot.

Thank you. Yes, a shot. That is a good word SHOT. What I would like to do first is to send you all some energy ~ this shot. We, of course, in tuning in through Mushiba realize the stressful time that is now part of the earth plane illusion that you call Christmas. We here are amused at it, Amelius especially, ☺ and we feel it would be beneficial to all of you to have a little bit of energy to get you through these next time frames of weeks so that you do not get over stressed and all of the activities that you find yourselves engaged in, this will help you

Hold each other's hands now and close your eyes and visualize the third eye and visualize the White Light surrounding the third eye, and relax yourself and breathe in deeply, and receive from us the energies we are about to transmit to you. Begin now. Slowly breathe out and slowly raise your hands and extend them out facing you toward me with your fingers stretched apart. And now slowly bring your hands down into the lowered position, and as you bring yourselves from the relaxed state, open your eyes once again. Well! How do you all feel now?

Tonight, for those of you who meditate in the evening, take this energy that you have received and send it to those who are not able to be here who are frequent visitors to the sessions. And those of you who meditate mornings, do this in the morning also to those who are unable to be here and send them the energy.

How Many Humans Will Be In The Enfield Area After The Shift?

It is difficult to be exact, of course, in this, but it would appear that the shelter for the area here will be large enough to house approximately three thousand people.

Including storage for immediately following?

We have not discussed storage now, have we? That is another issue completely. You all in your planning forget that your plans are based upon your perceptions of things as they are now and not as they will be. Nor are you tuned in yet, for it is not time for you to be, as to what you will need, and we have certain plans, you see.

You all are, in your desires to get things going, not being as patient as you need to be and worrying that you will not get it done, that whichever it is that you think needs to be done. It is a test for you now. We do this deliberately. A test in patience for you. We will reveal when the time is appropriate what it is you need to involve yourself in, like a building, and that which will be taken into the shelters and that which can safely remain above the ground. Do not worry that you will be ill-prepared, for this is our mission. We are here to prepare you physically as well as spiritually. So, we will not leave you hanging, so to speak.

Questions About Historical Data After The Shift

Are we going to be responsible to retain any historical information? Will the new world have access to a place in the old? Have we been working on these shelters unconsciously for a very long time or at least for this lifetime?

You know the answers to these already. Those of you, of course, who come so frequently to listen to the words are aware of certain, shall we say, innuendos that have been given in recent time. That which is to be preserved for historic sake will be determined by us as in every cleansing. That which we want to be maintained as the illusion will.

There is much from the millennia that has been destroyed purposely so that new learnings and the situations can be experienced, the gaining of so-called knowledge. So that which will be preserved simply will be, and you will be directed as to what will be maintained. And certain types of communication systems that you now have will survive temporarily. And as in times past, with all of the cleansings, there will be a new beginning. And so we will reveal this as time goes on to those who are to be charged with the physical building of the shelters, and many of you will have a particular role within the maintaining of certain artifacts, and you will each know what your role is as the time approaches and that which you must contribute to the preservation.

The shelters themselves are currently in preparation and you know, many of you are feeling that when you go into the sleep state that you become very busy little bees and that much at the physical level in terms of illusion is accomplished in an altered state, and much that would be impossible to achieve in the physical state, of course, is much easier to achieve by placing yourself in another dimension.

Waith Alludes To The Underground Community Working With Those Above

There are also other energy forms not currently manifesting on top of Planet Earth but rather below Planet Earth who work in conjunction with those on top of the plane to achieve certain vacancies in the illusion of Planet Earth.

Is there a colony of the underground community living around the area of West Springfield, MA?

They are close by. That area that you call West Springfield it is not exact. They are closer to the pivotal point near Mushiba.

How Did The Recent Earthquake In The Area Affect Power Transfer?

The earthquake that we experienced a couple weeks ago, how much did that one earthquake affect the power transfer to us?

That particular disruption of the earth was needed to do certain types of cleansing for underground shelters. It was this fault that is referred to, for earthquakes are very specific in their function for the upcoming shift. This particular one went through a particular land mass for preparations in separation as well as melding together. As contradictory as it might appear to the limited knowledge of earth plane inhabitants now, this served where necessary to begin the separation process underground so that when The Shift occurs it will very easily cut off at the same time in those areas along its traveling, such as the pivotal point here.

It served to cleanse away and create an adhesive for certain necessary groundings. It also served to begin working with the new pivotal point, which is here with Mushiba in this geographic area, for the new structure once the pyramids dissolve, and thus it is not the first. There have been approximately forty-two of these over the past earth plane years of five hundred that have been in preparation for what is to be in a very, very short time. There will be several more, and they will be felt in varying degrees. Some will be felt more strongly than others, and they serve as a power generator to those who will be involved in the building of the new pivotal structure.

A Discussion of Organized Religions

I just finished a book about The Fatima Prophecies ~ and that perhaps the Blessed Virgin was attempting to tell people that there will be a shift, ~ however, using different words. And at the same time, the church has withheld the third secret, as they say. Now, would this be that The Shift would be occurring but perhaps using their word chastisement or tribulation as those two words are interchangeably used?

Yes, indeed. Remember that the organized religions are feeling very threatened by this occurrence, for the party line for organized religions has been the so-called day of judgement and they have indicated that it is an end, and it is not, of course, as we have been discussing. It is only a beginning of a new phase and taken in the context of religion serves to be very limiting, serves to be that which all will end, and it is a contradiction in their own statements that there is no beginning and there is no end. Eternity is forever. And yet, organized religion would tout that there is an end. This simply is not so, of course, and because of the political structures that have developed in the organized religions, as we have talked about in detail before, this whole idea of a shift of the earth's

axis frightens their power structure. They feel that they lose control over the masses and that they will be found out, so to speak.

Mary has been giving information over thousands of years. This is part of the mission of this particular lifeline preparing for The Shift and giving it again in ways appropriate to the audience, just as all others who are charged with the responsibilities of giving out information have certain audiences. This is all determined by Amelius. It is Amelius who determines who of us give out information and what it is that we give out, and if it appears to be of confusion or conflict it is meant for reasons known to Amelius and some others who are charged with this.

All information given out is identical in its end result for it will be perceived accordingly by the audiences who have received it and will be appropriate for their own paths and their learning point along that path so that it will prepare them for the coming shift in the way that is appropriate for them. Some will stay and some will not.

Those of organized religion will say, "Well, the church will not give it out because it would scare too many people."

Yes, it is one more device in which they try to control the masses and keep the masses thinking that they are incapable of handling information and that they ~ the leaders ~ are The Protectors and they will take care, you see. It is all part of their own power structure.

This is an organized religion question. There is a woman at work who I gave a reading to, and she noticed that it addressed Easter. And she wanted to know if you had anything to say about Chanukah.

Actually, there is a great deal that we would say regarding the issue of Judaism within the Christian experience, as Amelius when he incarnated as Jesus had very specific lessons to teach in forming what is called the new religion, and we feel that this topic would be better served, for it is very lengthy in its discussion, that it would be a very good special-topic session.

There are some very interesting and intriguing topics here that relate far more than just the formation of a new organized religion, rather an entire issue of lessons. Each period of time between cleansings has its own set of organized religions, call it Christianity, Judaism, Buddhism, any of those that are currently manifesting, and we think this would be a very interesting topic for special discussion.

A Question About Our Ability To Perceive Truth At Any Level

Waith, in our discussion last week about truth and our perception of truth, I was wondering if the Collective Consciousness which we live in affects our ability to perceive truth at any level. So, on the earth plane our truth may be quite different than, say, from your perspective.

Most definitely it is, my dear. You are accurate in your analysis. And you have received this guidance through some very good sources coming through your meditations that the Collective Consciousness, as it relates to the earth plane experience, is at a particular dimension and provides the information and the understanding of truth as it is necessary for the continuance of the illusion of the earth plane.

It is set up by all entities on the earth plane. It is not set up by some mysterious force outside of the earth plane, by us, for example, but rather by all of you. And as your own perceptions change, so too do the perceptions of the Collective Consciousness alter themselves. And as you move out of the earth plane dimension, be it forever so slight a time frame in between incarnations, you would see truth differently depending upon the dimension and depending upon the information available to you at whatever dimension you happen to go into, depending, of course, upon your growth pattern and your advancement level.

And as I had indicated, truth is your own, is your own and not to be thought of as inferior to, or better than, anyone else's. So that, for example, the truth of those in the various stages of The Angelics, for example, is very different from those who would be in other dimensions not in The Angelics and not necessarily on the earth plane. And it is in the understanding of the many truths that exist that creates the wonderful diversity and interaction that makes The Universe such a dynamic force ever changing and yet always constant, for truth is truth. It is so complex and yet so simple.

Perceptions Of Survival Of The Fittest

I always thought that natural law was important to this truth that I am supposed to learn, yet as I observe nature, sometimes it is very confusing what the right way is. In other words, if I observe a particular phenomenon, we call SURVIVAL OF THE FITTEST, it seems as though the correct behavior would be to do just the opposite of that. I am wondering how what I would call natural law would fit in with my truth. It seems to be different.

Yes, we understand your perplexity and it is one of the paradoxes of The Universe, for truth is truth and is perceived differently, yet it is all the same and it requires an ever continuing and ~ continuous, I should say, continuous, reaching toward wisdom in understanding the Laws of The Universe and the flow and that what you see.

What you might call the survival of the fittest, is simply The Flow of The Universe, for remember, it is not what you would see as right, rather what The Universe sees as right. And it is a way in which you learn to become nonjudgemental, for by observing phenomena around you in expanding your own truths requires that you be nonjudgemental and not look at something and say that this is happening because of such and such, rather, this is simply happening. And as you begin to develop this ability,

and remember, that this is part of the inherit mission of all souls on the earth plane, so it can take your entire earth plane experience to understand this, but your own wisdom will expand, and you will understand ever so slightly as you go along your path the meaning of this. You will not have all of your answers until you have become One. Then the answers will have all been provided.

What Is The Universal Flow ~ Are You Speaking Of An Energy Flow?

It is an energy flow. That is perhaps the best way to describe it. It is something unseen and yet felt.

About this energy flow. We are all individual energies. The idea eating meat, and eating food in general, and aren't we just changing energy from one form to another?

It is a little more complex than that. There is not really a changing of energy, rather an interruption of energy which is all part of the experience of the Universal Energy. You must view the Universal Energy as a fluid and ~ surrounding, completely surrounding all of you.

Remember quite some time ago the visualization that I tried to help you achieve of this energy. Remember this? Soon I will be able to write out things for you, give you diagrams. This is all part of the cellular changes that we speak of with Mushiba, where each energy, all of us, are a part of the Universal Flow, you see.

Now, any activity, be it eating or simply moving around, sort of interrupts wherever you happen to be in the flow of the energy. There creates an instantaneous type of void which is immediately then filled. It is what keeps the flow of energy moving, you see. It is not static. It is not something that can be broken, rather it is a fluid that you move in and out of it as you do anything.

The issue of eating means that regardless of what you eat, be it higher level energies such as the animals, or lower forms of energy such as the vegetables, that it is in some way for you a disruption of the energy ever so slightly. It is not negative. It is simply the way it is. And that as you evolve as an energy form and begin to let go of that which is required of the physical encasement on the earth plane in terms of sustenance, for example, it simply means that there is less of a disruption of the energies.

It is all very planned, shall we say, very structured, even though it appears to be nonstructured, and so each of you plugs into the flow of energy, depending upon your own abilities to go with it. Some will plug into this energy and just go with it. There is that flow. Others will almost grab onto it and hold onto it, or attempt to hold onto it which, in their own energies, which is difficult because it is so fluid. You could think of it much like you would the wind ~ you know, it is there, but try and grab onto it and hold onto it. It creates difficulties, of course, and yet if you were to simply allow yourself to

move with the wind, or with the flow of water of another illusion, you are much better served than trying to fight against it. You see?

As you evolve, you are more in harmony with the flow rather than disrupting it.

Yes, that is correct.

A Discussion Of One's Conscience, Intuitions, And Connection To The Higher Self

It seems to me that my conscience, on some level, guides my intuition. I was wondering if that was connected to the Higher Self, and in fact by following our conscience and our intuition, we are really getting all our information from our Higher Self at a conscious level.

What do you need me for to answer that question? That is exactly what occurs. The conscience, as you would refer to it, is the earth plane manifestation and concrete, if you will, for something that really is not, nonetheless concrete illustration of the Higher Self, and in our discussion of truth, you see, your perception of truth filters through your Higher Self and your conscience and that which you call intuition is simply your conscious levels plugging into your Higher Self.

The more that you listen to your intuitions the more in tune you are with your Higher Self, and your conscience then is simply the truths as you perceive them, and as we have said before, you must follow your own truths, and when you go against your own truths, your conscience begins to bother you ~ and that is simply the Soul connecting with the Higher Self and saying NO, NO, NO, NO. And when you have this nagging feeling at the conscience level that is an indicator to you that you are out of harmony with your own truths and that you need to seek the balance by going to the Higher Self and connecting with your own truths.

It is now for us to depart. We are with you, remember, during this special time when you need us. Call upon the energies to keep yourselves balanced and calm. And we will be with you in the group meditation that will occur during the gathering of the community, for we still have the name of the community to come up with. We, of course, know however we want you to realize what it is. ☺ You are already very close to it, but it must be a group consensus. It is indeed a way in which we are trying to help you to learn group meditation and understand how decisions can be made by group meditation for the benefit of the community. And so, you will practice it a little bit more during this gathering, and if you all put your little collective minds together you may, in fact, realize what the name of the community is to be. You are all very, very close.
