

# WAITH CLASS TRANSCRIPT

*(Information Given Interdimensionally By Waith, Through Mushiba)*

August 02, 1988

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*Waith's Words, and the Spirit Group's Words, appear in this font style  
(If a Spirit Group Member speaks, they will be identified)*

**Class Member Questions/Comments appear in this font style  
(Multiple responses from the class are preceded with this symbol ⚙)**

*We feel that for this session that we would like to take questions of a Universal nature, and we find that this is really our preference rather than simply addressing a topic. There will be topics, of course, that will be presented, as it seems appropriate, but for now we think for the next few sessions that we would like to just have a very casual and enjoyable discourse, as if I were here in physical being with Mushiba as we were ten thousand years ago, sitting in our gatherings and enjoying good company and enjoying the time that is now on the earth plane known as Summer where there is a more relaxed state of being, and so in our own way we would like to contribute to that casualness. There will be other times, other sessions when perhaps there will be more formality. However, let us simply commune as old friends.*

### **Other Channelled Information ~ From One Of Waith's Charges ~ Arama**

**Recently, I had an experience where I went into a crystal shop and met a person who channelled in Enfield called Arama, and he talked about the different rays of people. I read about that same idea awhile back that we are each belonging basically, although we are part of the One, we are each in our own specific ray. I think there were seven different rays, and I wonder if you would comment on this idea.**

*Oh, you have met Arama. He is a most beautiful entity. He is one of my charges. He has done this channelling for a millennia. He has chosen very specific energy forms to speak through and he is of The Angelic Force in a way that is not, shall we say, publicized, and he has very specific missions in his information that he gives through. The number seven, of course, is considered to be a significant number when using numbers for translation from this end to the earth plane, as you all know, and thus, over the millennia, there has been this identification used from this end to give out information on the earth plane so that it maintains a level of consistency of understanding. And what he refers to is, indeed, of course, accurate and has been documented in other instances on the earth plane.*

*I do not want to transgress upon that which he does for he is working for his own evolvment and we have agreements here at this end. So we would not begin to give discussions of those things that others have been assigned to do even though I would have the right, if you would use that word, to do so. I rather prefer setting the example so that others from this end who have been given assignments will know that they are free to give out that information without another who is also giving out information to transgress upon their area, and if I do not set the example for those who are my responsibility, then the whole system will break down of course.*

*It would be very beneficial, my dear, for you to speak further with him, and then perhaps you would then want to share the information that you get from him with the group. And it would certainly be information that I would approve of being disseminated here, be it in the form of written material that would be available, or tapings of that which he might present. This would further serve as a positive reinforcement to him for I tell him so often that what he does is so very beneficial. Remember that regardless where an energy form is in their soul's path, there needs to be*

*positive reinforcement of that which is being done in certain areas and being given the responsibility of presenting information from this dimension to the earth plane ~ occasionally it is very nice to have assurances that it is the right path.*

Well, thank you, because I guess what I was asking was do you know this entity, because he came across so strong to me. I feel better just knowing that you know him and he is okay.

*He is okay.*

Because it was very strong and I was not expecting it. But it felt terrific.

*Well, he knew that you had become a part of our community here and he felt a sense of security and also wanting to please the higher ups, as we all do, you see. I attempt to please Amelius all the time. And so it is not unnatural then that he would do this zeroing in, shall we say, on your vibration, and knowing that you are connected with Mushiba and I from other experiences, of course, made you, shall we say, a fine target. He is most joyful about it. We thank you for the enthusiasm with which you met him and the love that you sent to him. It has affected him in a most beneficial way. We all need love.*

### How To Respond To Those Who Say Theirs Is The Only Truth

I have encountered individuals that belong to groups that follow what I think are somewhat narrow, limited precepts, and my question is, what is an appropriate way to respond to them to not undermine their faith?

*Ah, indeed. This is a Universal question and one that is of great concern to all of you gathered here and so many who would read that which we discuss about and those who would follow a spiritual path. There is a place for all religions. My dear son, you may want to refer to a session, Limeria can direct you, in which several different sessions where we have addressed the issue of organized religions and what their purpose is and what kinds of responses you can give to these individuals who might try as you refer to it to transgress upon that which you are attempting to do in your life.*

*There are so many on the earth plane who think that they have found the one and only truth and that they would want everyone, in their zealousness, to take up the truth. These individuals are not necessarily of the dark. Many of them are quite bright, as a matter of fact. However, an issue that they are perhaps dealing with is over zealousness, and they are not to be derided in any way for they feel that they have found that which is meaningful to them in life and they are in so many cases so overjoyed by that realization that they want everyone to be a part of it, not realizing the contradiction in the situation that each soul must find his and her own path and that which is right for them.*

*As you each develop a spiritual path, you learn that those who would attempt to transgress upon your path are not to be ignored or yelled at or argued with but simply in a very matter of fact way say to them, "I understand what your beliefs are and I respect that you have these beliefs. I, myself, have different beliefs and as I would respect yours, I would ask that you respect mine."*

*And do not attempt to really get into conversations with people who are overzealous for it would be a losing battle, shall we say. They would not hear you. They would hear only that which they speak. Rather, it becomes a matter of experience, in knowing who you can actually speak with, who may be open minded and will have their own beliefs, but will respect those which you have, for you also have a certain package of beliefs and not everyone is going to want to hear what you have to say.*

*Many of you have encountered this. Many of you, for example, have been amazed that people do not want to hear about what occurs in these open sessions. That information that you are learning from us, you cannot force it upon anyone, and that as we have said so many times before, there is a tremendous amount of information coming through and meant for various groups of people, and not every bit of information is appropriate for every particular person. But that as your soul requires the information, whatever it may be, it finds where that information is, and therefore, we have provided in many different forms, information which is appropriate to whatever a particular soul's path point is.*

*So it does become a lesson for all of you in understanding how to speak with these people who might try to force their beliefs upon you and to recognize that it is perfectly acceptable if someone begins to be very pushy with you to, in a very calm, peaceful way, say to them "I care not to listen any longer. I have my own beliefs. Please respect those beliefs." And if they continue to be pushy with you, walk away.*

**In the event that you become involved in conversations with the idea of learning more from them, and you are in a situation that is difficult to extricate yourself from, it tends to put you in a different light.**

*It can be very difficult. We acknowledge that. Especially when at the beginning of the interaction you do not realize that you are going to end up in a situation of difficulty. There are no easy ways out of this. Many times all you have to do is just sort of let it run its course and it will die its own natural death, shall we say, and then you will learn from this, that you will not get involved in a conversation with this particular person again, you see.*

*It can be very difficult while you are involved in the conversation to, as you say, extricate yourself from it. There are no pat answers as to how you can do that. It becomes a learning experience for you and part of, shall we say, learning to apply your spirituality, learning to apply that which you are gaining in terms of Unconditional Love*

*and to recognize that while you may find yourself in a very difficult situation, that you will eventually get out of it, and the way in which you get out of it determines how you apply the principles and precepts that you are learning about each soul having its own path and its own mission and its place in the scheme of things. Sometimes there is no easy way out of it except to simply say "I must depart now," or "I must hang up the phone now."*

**Some people have made comments that people who gather here are starting to form a little cult with you, and Mushiba as our guru. But I tend to think we are here more for service rather than meeting to form a cult. Do you have any comments on that?**

*Well, this is an accusation that has been levied not only to Mushiba and I over the many times that we have served together but others who would do this also. There is a tendency for individuals to fear that which they do not know about and there is legitimate concern that as we say cults would begin. We are most concerned that this not occur with us. We take very specific measures that it will not occur.*

*The accusations will always be there, my son. You need not fear reaction from Mushiba on this. She is quite accustomed to this, not only in the times that she has done this channelling, this is the eleventh time, the first time with me, but in the times when I incarnated on the plane with Mushiba, it was to do that which we do now except I was in physical form. And in Atlantis ten thousand years ago when we last were doing this, the accusations were quite strong, and there were very, very large gatherings. If you will refer to the Atlantis reading that we have made available to you, you will see evidence of this, the Sons of Darkness attempting to destroy.*

*That is occurring now. Those who were with us in Atlantis ten thousand years ago in the Sons of Darkness, many have incarnated now and are currently attacking and some have not incarnated but are at various dimensions and are also attempting to attack and destroy. For whenever groups gather to spread the Light, there is the vulnerability of attack from the darkness.*

*We are very, very particular about what we are providing for information, the way in which we are providing that information, and the fact that there is no charge for this and there is no monetary gain being made of this. So, the best approach, my son, at this time is to simply ignore that which is being said, for if you begin to enter into a discussion with someone who would, in fact, say you are involved in a cult, you would be in a no win situation, for they truly do not understand. One of our group here has a very nice way of counteracting those who might say that to her, do you not, my dear?*

☀ **Yes. I tell them my money is still in my bank account and to worry about me then when it is gone. But that is true, though, it really is, the point of costing anything, so the information is helpful. Look at me, have not I changed for the better as opposed to the worse?**



- ⊗ Not only that, you are not attempting to control anyone's life by dictating to any of us how we should eat, or drink, or act, or who we should associate with.
- ⊗ I would also like to comment on that. A lot of people know I come to a strange place on Tuesday nights, and the fact that they choose not to come, or even to question me about it, that is fine with me. It is perfect. But yet they know that I go to some spiritual thing, and I cannot help but feel that it uplifts them to know that they personally know someone who is seriously believing, and I assume they like me, and that the door is open through me to something that is more meaningful than what we are getting in the physical form. So, it is not just this group, it is everyone we know who knows that we do this
- ⊗ I would like to make a comment on that too. I would like to think that one way to look at it is that the ultimate objective is for us to become independent in our decision making, and do not even need you anymore. I think that is your ultimate objective for this information that you give us.

*Yes, I have said that many times, that our purpose is to connect you with your own Higher Self and therefore The Universal Consciousness, and we are simply an intermediary and that hopefully you will not need us and that that is the ultimate goal. You do not need us now. You just like us. ☺ ☺*

### Interactions With Those Who Are More Advanced Than You

**Would you comment on the pitfall of being around people who have information of much greater and deeper degree than you do?**

*Let me see if I am understanding your concern here ~ that you meet, that you associate with someone who may have a higher advancement of knowledge than you?*

**Yes, advancement of knowledge or simply accessibility to this knowledge.**

*Ah, accessibility. Ability to reach the Higher Self and a higher level of The Universal Consciousness than you ~ and more accelerated way.*

*Indeed. That is going to be a fact of life for all of you, and it is a most positive event for you to meet with these individuals, for they are teachers, they can help you to understand. You should not feel threatened by them. You should not feel intimidated, and any entity who would, in fact, present themselves in that way to you as, "I have greater knowledge than you and I am better than you," may in fact, not be of the Light. They may have the advancement but may in fact not have the responsibility at a spiritual level that means that they are of service.*

*For those who truly are spiritually advanced, and not simply advanced at a power level, do not use it to gain their own, shall we say, ego gratification, and if you find yourself*

*with someone like, this then recognize this as a sign that they may not be who you would want to associate with, for truly those who are here to teach you, and each of you will find your own teachers along your path, they will vary as you go through your path, they will come and go. That is how it works. They will be here to Be of Service to you.*

*Just as you would have advancement higher than someone else and you would not, shall we say, hoard it over someone that you are better than they, but rather you would attempt to help them along their own path. So look at it in that way. You will find these individuals throughout your life path, for this is a very accelerated time of growth.*

*And there are many energy forms who have incarnated now to, as we have said before, to advance tremendously. Their purpose is accelerated advancement. And whatever they need to do in order to accomplish that takes on many, many forms, but their advancement is their purpose, and that means Being of Service in order to advance spiritually by unselfish Service to Others.*

*So look upon them as those who can help you, and as we have indicated before, and you realize this, Mushiba is here to help you all in understanding this at an earth plane level. She would be able to counsel you at an earth plane level in ways that may seem more accessible to you, and more understandable to you, for she chooses to take on certain experiences in this incarnation that will specifically be a teaching device, for she does not need to take these on. She has learned all that needs to be learned, but she chooses to do this so that those of you who gather now will feel that she truly does understand, for she does wish to help you with this in ways that may not be the same as if I were to say them to you, for you would think, "Well, what does he know? He is up there on cloud nine. ☺ ☺ He is not here living it," which has a degree of accuracy to it.*

### **There Is A Tendency At All Dimensions To Perhaps Lean On Others**

*What must be recognized is that that which you need to do is that which you need to do and that in itself, it is learning for you, that while you certainly can do this all by yourself, that those who might be able to assist you are available to you and that if it takes you an entire lifetime of leaning upon someone else, but that you learn from that leaning, that you do not have to lean, then you have learned that which you had to learn.*

*Many times, the learning is exactly that ~ that you have to learn that you do not need to lean. It is very easy to say. Do not overuse those who would be here to teach you but recognize that those who are here to teach, teach for as long as you need them. When you no longer need them, and you recognize that you no longer need them, then there is no need. But that only comes from within your own soul. You may feel the dependency and as long as you feel that is as long as you need it. To try and break the dependency, if that is even the correct word, would in itself be detrimental to you.*

*If you yourself recognize that you are relying too much upon someone or some information, then that is a sign that you are ready to break away, for it is when you understand that you no longer need to lean upon someone that you do not need it, you see. When you have not recognized that you are leaning upon someone then it means that you still need that.*

*This is how growth occurs, for there are those who would lean upon you and you may not recognize it in its other form, but there are those who would come to you and feel a dependency, if you will, upon that which you can give out for information and that you as a teacher would not, in fact, even think that "Oh I must break this dependency." But rather, "I am here to provide help and assistance for as long as it is needed," and that the mark of a true teacher is the realization and the knowledge that students will come and go, and that some will remain students longer than others, for the lessons they need to learn are either greater in dimension or simply take longer for that individual to learn. This is the way of The Universe.*

*It does not mean that once you have learned what you need to learn from the teacher that you sever all connections, but rather to take on a different level. You now become in a different relationship with the teacher and perhaps are able to teach that which you have just learned, for it is a continuous process of giving and taking. And that which you receive, this is a Universal Concept, you will be required to give back in some way and you will be called upon at some time, be it in this particular incarnation or in a future dimension, be it the earth plane or whatever, that help that you have received you will be called upon to give it to someone else. Many of you have experienced this in physical form in very definite ways in this incarnation where you know that you are giving back because of something that occurred prior in your life and it is the way of The Universe.*

### **A Question On The Proper Way To Meditate**

**I have a question about meditation. I feel very connected with my guides in the writing, and feel this is my meditation, but others do not. They ask if I do this meditation. In my low self-esteem, I feel I am not meditating and need to do what other people call meditation, like sitting quietly and clearing my mind, and just whatever happens when you do that. Is one a progression from another?**

*Yes, you might ~ my dear, you must sit in a lotus position ☺ ☺ and wear certain type of clothing, burn incense, and light a candle, and that way you will be meditating.*

**I know other people have this thought.**

*Too many people do, too many. And it is a part of that which is a natural progression, a translation of information that comes in. And remember that we have addressed this*



*issue in the past, many times in fact, and also the issue of those who are seeking spirituality many times will think that their way of doing things is the only way.*

*It goes back to what another class member was asking, and that there is a great deal of difficulty in any group. You know, there is an inherent danger with all of you in becoming unified in a certain way, which we will work with tremendously to not have occur, that that which all of you begin to develop as a group, and there will be those different issues, that it is the only way. This is not true.*

*One is not better than the other in that which you do, my dear. You meditate. You know this in your own way and that which you now begin to feel ~ you need to do that which your Higher Self is telling you. You go with that which, as you develop your Higher Self, tells you to do, not because you feel a pressure from some pamphlet that you may have read that maybe takes out a particular way of doing something and says this is the only way, this is the one and only truth. There are no situations like that. All of the Universal Truths are interpreted in their own way according to the level at which you are.*

**I guess that is what prompted my question. Now, I could never meditate the way that some other people do. I guess you have already answered it, but it feels like a progression and therefore a higher way. Is my perception not correct, per se?**

*Not completely. You are simply responding to a soul message that in addition to that which you do, now do this. One is not better than the other. One is not a progression over the other. You are simply enlarging your abilities and bringing in different ways of meditating. There are myriad number of ways to meditate, each specific and individual to the energy form, and each of you can have any number of ways in which you meditate from that which is looked upon as the right way to meditate, to that which is unique to yourself.*

*So rid yourself of this sense of insecurity that you have, and that goes for all of you, and trust in the way in which you are doing it and the use of teachers ~ perhaps we can give an illustration here. If you feel that that which you are not doing is correct for yourself in meditation, it would be appropriate to seek someone who you feel is successful in meditations and to ask them, "What is it that you do? How did you reach that way of doing it?" And speak to several people. And this gives you various types of input. And you then can look at what others do and how you do it and it gives you a standard by which you can then begin to measure that which you do as a beginning. This is the way in which a teacher can help you. There are many who can be of assistance to you in how to find your own way of meditating.*

*Be careful of those who would tell you this is the only way that you can meditate, but rather, who show you techniques for how to meditate. And some class members here are able to help in this area, as we have indicated before. They do not give you dogma, but*

*rather guidelines, and this is what you look for from those around you. Consider those around you potentially those who can help you, for regardless of where you are on the path, there are always those who can help you wherever they are on their path also. They may not be at the same point, nonetheless, they can assist you. Look at each person you meet as someone who has potentially something that they can teach you and you them, for that is the way.*

### **Is The Study Of Martial Arts, Such As Karate ~ A Positive, Or A Negative?**

*Ah, most positive. Most positive. We will have more to say on this at a future time, for it will be appropriate in a while after Mushiba begins to do some certain activities that relate to this whole area. We would say that for many of you, investigation into this area would be most beneficial. It provides a linking of the spirit to the mind and the body, and like everything else that comes through on the earth plane, it can be used incorrectly.*

*When used in its correct form, it is a most beneficial way of achieving and maintaining a balance for earth plane considerations. And we would recommend that if you feel the inclination to delve into this area that you go with that. It is not for everyone, of course. We are not saying that you must do this, because we do not do this of course, but simply, if you have thought about investigating it, perhaps do and give it a try and if it feels right, then continue. If it does not feel right, then do not.*

**In my background I have practiced it. I tended to drop out because of the physical effort and the injuries, but I agree with you, it does feel very good.**

*You may find that as you begin to evolve in your own sense of spirituality, and if you begin to do more in depth meditation, that you will find a greater connection with your abilities in this area, and that these injuries which are as a result of an imbalance at the spiritual end for you will cease, and it will be an harmonious activity for you. We would suggest that you perhaps give it a try in maybe, we do not like to give time frames here, but perhaps a six to eight month time frame. And in the meantime to look to your inner self more concretely than you have in the past and look for certain balancing at the spiritual end and you will find greater harmony occurring.*

### **Increasing Levels Of Protection As You Increase In Your Vibration**

**Waith, I have question. Recently, it seems like I have run into numerous obstacles. Is there something going on out there that I am not aware of? I am getting totally frustrated.**

*There is a situation occurring from this end with a connection with one of the Sons of Darkness. Actually there are several of them incarnated currently who are connected to the Sons of Darkness who are not incarnated who are attempting to do what they like to*

*do best. You are feeling a residual effect upon a very major attack which has just occurred that has been taken care of. The residual will take a bit of time. It is most unfortunate that you became a part of that. We will take care of it, my dear.*

*In the meantime, though, it is a sign that you are vulnerable and that the protection that you surround yourself with needs to be increased. Simply to take the level of Light that you surround yourself with and increase it. That is all. There is nothing to fear. It is simply a sign that it is a time to protect yourself a little bit more because you are increasing your own vibrations and you are vulnerable because of the work that you have chosen to do. You are Being of Service. You are providing information to help others to become lighter and therefore the dark are going to try to destroy you. This is the way that it is. It is a lesson for you to learn to protect yourself.*

**It is affecting my whole family in a sense.**

*Of course it is. It will affect all who surround you. You are the strongest of the family unit vibrationally, and it is your responsibility to do the major protection, and that which attacks you affects all within your immediate circle. This goes for all of you to recognize that when things begin to occur that are out of balance, look at your own levels of protection. Recognize that you are all accelerating in your growth and therefore you open yourselves to higher levels. You become more vulnerable.*

*It is simply a fact of progression and it is nothing to dwell upon. It is nothing to view as a negative. We have said this before. It is simply a fact and that as you progress you need to increase your own levels of protection and that many times you will not realize this until there has been an attack and it is a sign.*

*As you begin to progress more, though, you will recognize automatically that you need to protect yourself and it will not become an issue in the future for you. But now that we are aware, my dear, of your being a part of the residual of this major attack, we will take care of it and in a certain way we are allowed to do this in certain areas. So increase the protection around yourself and you will be fine.*

**If you are not being attacked, does that mean that you are taking the easy road out?**

*Not necessarily. It is quite situational. And as we give you first, for so much of the information, you must not judge what another entity is going through, and this is an example of it, if you are not being attacked, to feel left out. There are many reasons why attacks occur and why they do not. It becomes really situational, my dear. It is sufficient at this point to say that you are adequately protected now, and that you have the ability to protect yourself.*

## **The Simultaneous Sending Of White Light To Self And To Others**

I understand that sending White Light out to other energy forms increases your brightness, but when you say specifically increase the level of White Light around you, is a good method to use to just visualizing the White Light around you, or is it better to send White Light to other entities?

*It really becomes a combination of both. When you are first developing this sense of the existence of the White Light, there becomes, shall we say, an awareness of surrounding and sending. As you begin to develop your abilities and it becomes less of a big deal, it is a fusing of both so that there is simply a White Light situation. There is simply ~ the emanation of the Light comes around like this and it surrounds you and at the same time it is sent out to those who need it. But in the beginning, it is a typical response and a typical behavior that you will be very conscious of a differentiation when in reality there is no differentiation, but rather a fusing. So what you do now is appropriate, and as you grow in your abilities, you will be given that knowledge from the Higher Self and it will accommodate itself as you need it. Do you understand?*

Is it necessary to ask, as often as I have been asking for your protection? 😊

*As often as you need to ask is as often as you need to ask. If you need to ask every second of the day then it is appropriate. There is no rule that indicates too much or too little. It is what is appropriate, what you feel is necessary. If you feel it necessary to ask for guidance and assistance a great amount of the time then you must do this, and when it becomes unnecessary you will know this.*

I think that I have learned, maybe you can you confirm this, negative thoughts or fear gives them an in. Is this correct?

*We would refer you to many of the readings in these areas that negativity feeds on itself and that the surrounding of yourself with the White Light does not acknowledge the negativity, shall we say, and send out a signal that you are afraid, but rather simply a protection device that says "I protect myself. I am strong from anything." Nothing specific, but simply anything.*

### Breaking The Cycle Of Negative Thinking ~ Habits Can Be Changed Into Positive

Some people seem to think more negative things than others. I seem to have a feeling that what a person is doing there, he is really creating their own reality.

*Yes, they are.*

So, in a sense you do need all these things because you have created this reality that you want to live in.

*That is correct. Remember that we have said it is all illusion and that you create that which you want, and what needs to be done is once you have recognized that you are thinking negative thoughts, that you break The Cycle. You ask for Light immediately. If this is occurring every five minutes, then that is the way it is until you are able to break The Cycle. It is a habit so often, and habits can be changed into positive. It simply means an awareness of it. There is nothing that can be done until you become aware and that means that your soul has now said, "This is the direction that I wish to take." And you learn that which you need to learn in order to go in the direction that the Soul wants.*

*For many it is a learning process that they have the negative thoughts, for it is without the negative thoughts that they would know to change, you see. And so learning occurs until you reach the point where there are no negative thoughts because you have filled yourself with the positive. You have taken that on as the way and it is not something that most of you will completely accomplish, you understand, in one incarnation. It is a progression. It is a gradual type of situation where you will, as you go through this life, gain greater control over your own thoughts. This is why meditation is so beneficial for it is an aid in bringing in the positive and understanding the benefits to it.*

### **Live What You Are Learning Rather Than To Speak What You Are Learning**

*Know that you are all surrounded by negativity, and that it is bombarding you, and that it can be quite a task to try and not get caught up in the negativity. You are meeting with a group of people and they all start to talk negative about something. It is a very difficult situation. What do you do? Do you become, as we might say, a goody two shoes and say, "Let us look at the positive here," and risk them all really getting upset with you? It is a fine line here that you begin to live yourself. So that what begins to occur is that people, when they are in your presence, know better than to speak in certain ways without your making an issue of it. It is simply that you, through your behavior, indicate certain things. Remember that it is much more beneficial to live that which you are learning than to speak that which you are learning.*

### **It is easy to learn but hard to believe.**

*Yes, it is. You yourself must believe it before others will believe it, and others will believe it only in seeing that which you behave. Most are accustomed to hearing a great deal of information and being told, just as I give you information, and we, all of us from this end, send information. You take this information and you do with it what is appropriate for you. Some of it you are able to understand and apply immediately. Other information is more difficult and it becomes a flow, a daily progression, and to look at the end of each day and see that you have made some type of progression is a most positive thing. But also, too, at the end of each day to see that perhaps you did not, but that you recognize that you did not. Do you understand? And that is all in the way that you behave.*



*That speaks much louder to those around you than any ~ we do not believe in proselytizing, and people will not pay attention to you in the long run if all you do is discuss and spout off certain things. They want to see you doing it, and then they will begin to respond, for you send the Light by your behavior, and you can do very positive things in this respect.*

*If, for example, someone begins to speak disparagingly about another in your presence, you do not have to make an issue out of it, but simply say, "I really do not wish to engage in this conversation," and if they continue, then leave. It is easy, of course, for this to be told to you. It is more difficult for you to act that which you have as a conviction, for if you do not act out that which you believe, then you do not believe it and how can anyone else believe it?*

**Waith, I have found another way of dealing with that, when somebody says something bad about someone else, is to be nonjudgemental and say, "Well, that is the way they have decided to handle things." And they kind of realize that you have taken that stand, and often the argument or the wish to go on ridiculing that person ends because they do not see any laughter or anything to be gained out of continuing the conversation.**

*That is correct. It is how you respond to situations. You have control over your own behavior. No one else makes you stay in a situation. You choose to do that, or not, and it is a sign of your own strength of conviction to make a comment if need be and to acknowledge that each individual has their own way of dealing with things, and that it is their own path.*

*And it is part of the Unconditional Love, the application of Unconditional Love, to recognize that regardless of how anyone else behaves, that is the way that they behave, and that you behave in your own way, and if that serves to be a positive influence upon another, then so be it. If it proves not to be, then so be it also, but that you make your own statements and that you stand behind your own beliefs, regardless of what those beliefs are, and the only way for progression is to live your beliefs.*

**Is Sending Light To Others Diffused If You Are Sending To So Many At The Same Time?**

**Many times, I feel a need to send out Light to different people, and then to more and more who need it. I would like to know how effective that truly is at that point. When it is all done, and I get to that point, is that doing a tiny bit less?**

*It is more than just a tiny bit, my dear, for you do that which we discussed earlier in the fusion aspect of it. Each of you as energy forms has an unlimited amount of Light to send out. There is not a feeling of it. You do not have it in a little container and once it is used up you have no more. It is a bottomless reservoir that you all have. The way in which you send it out relates to your own consciousness, your own ability. And what you do is*



*quite appropriate, my dear. It relates to that which we indicated earlier as your own level for protection.*

**So that last bit where I am just sending it out to whoever needs it, I can send that out just as strongly as an initial burst to some?**

*Of course. You have an unlimited supply, as everyone does.*

**That is the same feeling I have when I say prayers and suddenly, I have a long, long list.**

*Indeed. You are all tapping into, beginning to tap into that which is unlimited. The Universe has no beginning and has no end. There are no doors, there are no ceilings, there are no walls. There are no restrictions. It is unlimited. This is a concept most difficult to fully understand.*

*Understand it at the levels where you are now. You can do whatever you want to do in whatever way you want to do it. There is nothing that says you cannot do this. You all have availability to the same information as every other energy form, regardless of where you are located on The Spectrum on return to The Oneness. You have the same availability as anyone else, be it earth plane or any other dimension. Remember that.*

*This is what Amelius gave as his message when he came onto the earth plane as Jesus. This was his mission. "As I do, so can you," was His message. It means that you all have the same abilities and that we are all, each of us, a part of the One. We are all a part of that which is called God on the earth plane, The Creative Force. We are all part of that. Remember that at all times.*

*Do not let those who would want you to deter from your path, those who are darker than you, who are less bright than you, to challenge you in that and to tell you that you have no right to think you have a God within you, that there is only one God, and that God is somehow some separate entity, apart from everyone else. Not correct. We are all connected to each other and to the One, for we are all One. This is the Universal Concept. Everything else is peripheral.*