

# *Waith Class Transcript*

**JUNE 28, 1988**

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***~ A NOTE FOR THE READER ~***

*Waith's words appear in this font style.*

Questions and responses from those in the class appear in this font style.

*(References to names have been edited for privacy)*

*Information Given Interdimensionally*

*By Waith*

*Through Mushiba*

*Spiritual Path Adventures (SPA)*

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For more information, please contact us ~

[terralux.org](http://terralux.org) | Email: [Admin@terralux.org](mailto:Admin@terralux.org)

Postal Mail: Community of Terra Lux, Inc. | Fox Hill Lane #121 | Enfield, CT 06082

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*Before we begin, we will do a brief exercise in the sending of Light to those who have darkness surrounding them. Please concentrate your love, your energies, upon those who are above you now (the apartment above) so that they may seek some relief from the discomfort that they find themselves in now. Let us all do this together as a group ~ send your love and your Light. (There is a silence while the group sends Light)*

*Isn't that fun? See the effects of mass love and Light can be quite enjoyable and quite rewarding. Thank you for helping. We welcome into the vibration for this session many new energies, and I am honored to have these new vibrations coming in and adding to the energy field, the Light which comes with the vibrations.*

### **Foundational Information On Crystals And Gems**

*We thought that for this session we would hold a brief discussion about crystals in anticipation for certain questions and concerns that can be addressed in a future mini-session, that will lay certain groundwork, if you will, on the many questions that appear to be out there in the vibration concerning crystals and gems, and what they are all about, and what they are supposed to do, and what they can do and cannot do.*

*You know, in the scheme of things, what does it all mean kind of thing, and then, of course, the subject matter is very complex and has a great deal of information in it, and we therefore will not be giving you all that there is to know in one easy session here, but rather to perhaps address some concerns, for we feel a greater and greater preoccupation with the thoughts of many of you with the knowledge of crystals.*

*And so we will present this to you with some basic, very basic information and then leave enough time for you to ask questions so that those questions can, of course, be placed onto the record. And many of you who might feel hesitant in asking a question of your own will hear someone else asking it and you will not feel you are alone in your concerns. This is the purpose for questions, for we know all that you would like to know and could address it without the questions, of course, but it serves a greater purpose for each of you, and all those who will read this, to know the concerns. So let us begin then with some foundation, if you will, for crystals and gems.*

*We do not distinguish between what is referred to on the earth plane as a crystal or gem. We view them as one, each having different properties, of course. And so we will refer to them all within the general category of crystals. When speaking about crystals we are also referring to gemstones also. Those who are knowledgeable in this study already know this fact, but we give this as a very preliminary foundation for those of you who may have some confusions about the difference, and you see someone wearing what appears to be a crystal, and someone else who is wearing what appears to be a gem, it is*

*simply that it was selected for vibrational considerations, not for one being better than the other thing.*

*Crystals began on the earth plane when the earth plane began, millennia ago, and have always been a part of the conditions set up for the earth plane for those experiences that you all come in to the earth dimension to experience. And over the millennia the crystals have taken on the vibrations of the mass energies who have come and gone, each of you coming and going hundreds of times. And as your own vibrations change and move up, or in some cases move down, depending of course on the manifestation at the time, all impacts upon these general formations that have been placed on Planet Earth.*

*They have withstood the cleansings that have occurred. Some of them have vanished. Some will reappear, but they have not left Planet Earth, for that which appears to have vanished is in fact still in existence, and the crystals that are needed for particular time frames in the earth experience are made available*

*It is much like that knowledge that we speak of. That which you need to have will be made available to you, and as you are ready to receive more and different types of information, so will it be made available to you, and that there is much information that you do nothing with, you do not understand, for some of you are not at a particular point of understanding, whereas others are. It is the same issue with crystals. There are many now on the earth plane who have very particular expertise, if you will, in understanding the function of crystals and understanding the purpose and the usages of these marvelous vibrational conduits.*

### **Crystals As Vibrational Conduits**

*A crystal serves as an individual vibrational conduit, as we would like to refer to it. For some entities, having many crystals in their environment is important. It helps to sooth the vibrational energy field. It helps in the increasing of the vibration itself and in the spiritual growth. Some entities do not require a good number of crystals in their environment. One or two perhaps is all that might be required.*

*You should not judge, of course, by numbers of crystals that someone might have, nor should you feel that you should have a crystal because everyone else has a crystal. Be very careful of this tendency that is inherent on the earth plane of keeping up with everybody else. When you are ready, you will know, and crystal in some form will jump out at you and say, "I am for you!"*

*They are most delightful formations. They can be very powerful in the hands of those who have certain types of power. For the most part, a crystal serves to help an individual in their own vibrations, in their own dealings with their soul issues and other such matters. In the hands of a very select few entities now on the earth plane, they are very powerful forms of what could be control and manipulation, one of the all-time*

*problems that has existed on the earth plane from cleansing to cleansing, not just in the Atlantean time of which you are all so fascinated with. The use of crystals in the hands of those who abused their powers and abilities have proved to be quite disastrous and that potential exists still.*

### **Responsibilities Of Those Having Crystals**

*You are all very blessed to have individuals who are a part of our spiritual community who have abilities with crystals and do not abuse their powers and in fact use them for the benefit of the community at large. This is good. It will be also their responsibility to help protect from those who would be unscrupulous in their dealings with others in terms of what they can do for you with crystals. You must not just jump at anyone who happens to be, shall we say, hawking crystals. Be careful of that which they use for their powers, for not all is of the Light. Remember this.*

*We need to emphasize this on a regular basis that the forces of dark also have the powers that the Forces of Light have. You must realize this, and that they can disguise themselves in very clever ways, but eventually will be found out, for if they are truly of the Light that will shine through. The darkness will eventually be seen, so be careful for there are many around who would talk to you of crystals, and they may either know not of what they speak or they may be coming from a dark vantage, and it becomes important that you call upon your own inner self for guidance. Seek out your Spirit Guides, and also do not hesitate to talk to those who are part of this spiritual gathering, and if you have found something that you are not certain of, you should not hesitate to ask.*

*And now, let us take some questions so we can begin to show that which seems to be some concerns and therefore will set the foundation for a future mini-session where we will deal with the topic at an advanced level.*

### **Crystals Used For Healing In Atlantis ~ Conjunction With The Sun And Planets**

**Regarding crystals used for healing in Atlantis. Were they used in conjunction with the sun and the planets lining up and being projected through the crystal into the area that needed to be healed? I have been reading that where all the power came was projected through the crystal.**

*It is far more complex than that. Those who have the abilities to use crystals to heal draw upon several energy sources, not to diminish the energy source of the Soul itself. The use of the planets and that which is called the sun does figure into the use of crystals, but it is also used in harmony with the alignment of the pyramids. And in Atlantis there was tremendous knowledge of the powers that could be used by knowing the right combinations, if you will, of alignment with the other parts of the earth plane, the planets and the sun, and how it related and was aligned with the pyramids.*

*This knowledge is currently very scarce on the earth plane. There is a remembering by many who use crystals that the sun and the planets play a role in the healing aspect of it. When the knowledge, the total knowledge of what is to be aligned with what is understood, then the power of the crystal to aid in healing is tremendous. You have not experienced it on the earth plane in quite the same way that it was experienced in the most recent manifestations of Atlantis. That particular time frame gave most evidence of knowledge, these properties, and it is part of what eventually destroyed Atlantis and those other land masses at the time, for the understanding had been gained, but the spiritual context had not. And thus those of the darkness had the abilities and powers, and rather than heal, they used it for their own dark purposes. At the same time there were many who used it for the Light.*

*You used it in healing. You know that you were here at that time and used it for the Light. There was a tremendous battle that you endured with a particular son of darkness at the time, which we will discuss during the private session. Your foe is back again, which you knew of course. And there need only be a stretching of the inner self, for you a stretching of your own higher consciousness to remove the fears that you have concerning the great powers that you have, that you can remember.*

*To discuss it in any great length now would only, we feel, confuse many people, but know that the sun does have a very direct impact upon the crystal, depending on the type of crystal that it is and your own vibrations and relationships with many other factors. For the most part, most energies will not be concerned about this aligning which we speak, for that will not be the issue. You will be dealing with crystals at a very personal level and not at a level of mass distribution.*

### **Comparison Of Machines Used In Atlantis Versus Earth Plane Computers**

**This information that came from the pyramids, and everything, was this what was fit into the computers? And the computers broke down all of this vast information and then gave forth what was needed to be used for the healing for this particular entity? Is this where the computers came in assimilated through the computers?**

*The so called computers, you are referring to certain types of machines that were used during Atlantean times that are being compared to now the crude machines on the earth plane called computers. By comparison with that which was, they are very crude. Let us keep things in perspective here. There are areas in which you are now, on the earth plane, more advanced than during Atlantean times, but in other areas far less so which is fine. It is the way it is to be.*

*There were tremendous breakdowns occurring. Part of the difficulties in Atlantis that are now, of course, being relived, relate to a reliance upon machines when in actuality the power is within the Self, and the greater the reliance becomes on mechanisms, the greater the problems can ~ machines are necessary for aiding and helping and assisting,*

*but not to be decision makers, and during Atlantean times machines became decision makers.*

*Machines do not have souls. It is being attempted now currently on the earth plane to place into these machines decision making properties, and the effects are being seen and felt in trying to do this. And therefore, because of this reliance upon computers, machines that will think, take the place of your own thinking, a degree of apathy, laziness, and many other negative types of qualities will fester in the individual. And so as part of the cleansing all that, what is necessary for assistance will be eliminated as it was in Atlantis and as it will be when The Shift occurs. That which will be necessary to help in the restructuring will remain. Does this address your question?*

**Spirituality was lost then.**

*Spirituality was, and continues to be, the reason, the loss of it, continues to be the reason for the need for cleansing. Once it reaches a level of spiritual loss the cleansing occurs so that those who have the spirituality will remain and begin to build again, making room of course for those who do not have the spiritual context. And then the whole scenario begins again, from cleansing to cleansing.*

### **When A Crystal Feels Out Of Balance With Its Environment And Becomes Broken**

**I have some crystals in my windows around the house. I noticed today that several of them for some reason fell off the windows. One fell into the sink, and I am wondering why that happened. And the other question I have is, if they are cracked, should we take them and bury them and assume they are not giving off good energy anymore?**

*What will occur many times is when a crystal feels itself to be out of balance with its environment, it will respond in its own way, and it may in fact literally fall from that where it is, for it feels out of synchronization with that spot. If a crystal cracks it does not mean that you have to discard it. If you have someone available who can take the cracked crystal and make it into perhaps two crystals and change its energy, change its vibration, these are the kinds of concerns that would be addressed to entities who have these kinds of information.*

*I could give you the answers but I would prefer that those who are trying to develop their own crystal expertise be allowed to give you that information. It helps all concerned. It is much too easy for me to just give off the information. I prefer that you all work hard to get it.*

*So be very careful that you make a generalization, shall we say, of a cracked crystal no longer being good. It may be the crystal's way of indicating that its vibration is ready to change. Crystals are living. Remember that. They have life. They have life in a way that is not known or understood by most of you, nor will it be. There will be some of you who*



*will understand the type of life to which I refer. They, therefore, have abilities to act and they do so.*

*In The Crystal Kingdom there are, as in The Human Kingdom, levels of advancement, and in The Animal Kingdom and The Plant Kingdom. Some crystal energies are much higher than others, they have advanced to that particular level. Remember that all of the crystals have been on the earth plane since the earth plane began. So if the knowledge is not sought, then do seek it from someone who has the knowledge and is of the Light, if you are not certain yourself, and the crystal that is cracked can be polished, shall we say. Sometimes it does not even need that. Let it be as it is cracked and allow the separation to occur.*

### **The Issue Of Infusing Your Energy Into Other People's Crystals**

**I have a question about putting energy into other people's crystals. I recently put some love into a friend's lead crystal heart, and I am wondering if that was the correct thing to do, if that is something that we in general can do or is it not advisable.**

*It must be dealt with cautiously. You must not go around to people and touch their crystals and try to put something into a crystal. Crystals are, remember, for the individual, and any tampering with the energies from outside sources can prove to be detrimental. It can be done, however, by those who have certain powers and who have the abilities to infuse a particular type of energy. Often when I infuse an energy into a crystal that one of you has placed into the hand, it is a complimentary type of energy that allows the infusion of the energy from the individual and enhances the strength of that particular energy form.*

*You must be very careful, as we have discussed earlier the issue of wearing a ring, for example, that is not from your energy field, or loaning or borrowing someone's crystal. It must not be done unaided. It can be done, but it must be done with the proper kinds of protections and certain types of cleansing of the crystal which will aid in the purity of the vibration. Crystals can be borrowed and leant. That is not the issue. The issue is without those crystals being cleansed you run the risk of mixing energies and creating an imbalance and you will feel the effects of that, my love, as you have experienced.*

**This heart that I thought the love into is a wedding gift that someone gave my friend. Would it be wise for me to call her and tell her to just clean that out or ~**

*We feel that it would be wise for it to be cleansed, allowed to reinfuse with her own energies. It will take a bit of time for the reinfusion to occur, but it is best, and be very careful in the future. You have not created any damage. Nothing negative has occurred here, except it is not a good precedent. And until you have a better understanding of crystals and the power that they have, you see, a little bit of knowledge is dangerous.*

*And not all of you can go around infusing energy into crystals. Some of you are able to do it but not in a way that is guided properly in understanding the harmonious nature that is needed for crystals, which is something that needs to be studied and learned. And if you have this desire then we encourage you to seek out more knowledge about it and to ask those who have that information, and can help you, for we see in you, my dear, a great desire to want to do this, and to do it in the right context, for you do have the abilities that need to be nurtured.*

**That just calls to mind ~ I was leant a couple of very pretty quartz crystal necklaces. One has jade on it, too. And I wore one yesterday, and it felt like I should soak it in cold water. These two particular ones, is it all right for me to wear them, or should I just give them both back?**

*Jade is not complimentary to your vibration, my dear.*

**The other is rose quartz.**

*Rose quartz we see as complimentary. The combination for you of the two is not beneficial. You must wear simple types of crystals that have a lightness about them. Jade is not that for you. Jade is complimentary for other types of vibrations. We do not find generally that jade and quartz crystal go together very well. It is not to say that they never go together, but for most energies, ~ they are very ~ one is very light and one is very heavy ~ must be used with caution.*

### **What Happens When Waith Puts His Energy Into Someone's Crystal?**

**Waith, when you put your energy, for example, into my diamond or anyone else's crystal, now essentially, in my particular case, how did that help me?**

*It will have long term effects. It is not something that you will, for the most part, feel immediately. What it does is sort of set again a foundation of energy development in a particular stone that lends itself more readily to receiving your own vibrations into accommodating those vibrations at a level that will assist you in those areas that you are most in need of. Your needs are different from those around you. All of you have, of course, different needs, and your vibration therefore expresses what those needs are and calls out to The Universe.*

*And what will occur in your particular case, my dear, the desire that you have to meditate and to seek the Higher Self, and the difficulties that you find in doing this, and in understanding how to do it, and feeling the frustration of not doing it the way you think it should be done. You will be aided in this process now because of the combination of my vibration into it has, shall we say, activated that which would have laid dormant for some time, would have eventually been activated by your own vibration. However, I have accelerated it, and it will therefore give you the guidance and that which will help you over time to tackle this issue of meditation. It will serve as a guide to you. It will help to increase your own vibration and intermingle with your*



energy field, and over time will aid you in those problems that you face and try to tackle.

## A Question About The Issues Of Letting Children Experience Crystals

I have a question concerning crystals and children. What, if any, caution should we use in letting children experience crystals?

*The caution for children would be no more or no less than those which we would give to those who are not children. Of course children, as defined by us, by definition for you are different. You are all children, we are all children, but we understand the context in which you place this. Those who have been on the particular manifestation for a short period of time are considered children. However, you must view not just the chronological age but rather the advancement of the Soul. There are many who may have been on, shall we say, the earth plane for four or five years yet have the advancement of tremendous height and may, in fact, have abilities with crystals that are very advanced. Thus the cautions would be the same for all.*

## Crystals Are Not Things To Play With ~ There Must Be A Respect Given To Crystals

*There must be a respect given to crystals. They are not things to play with, if you will. They are not to be looked upon as frivolous baubles, and unfortunately this is true of many. You will see crystals hanging around, and they essentially will be harmless, for the energies have not been concentrated as such. However, what can occur, and we tell you this so you can be aware of it, is that what appears to be an innocent crystal hanging around your environment that has not had any attention given to the infusion of your own energies into it, can in fact be attacked by one of the darkness, and it can become a conduit of negativity.*

*And so there needs to be this respect and understanding that crystals are very powerful, can potentially be very powerful. And if we would recommend anything, it would be that as the children in your lives are exposed to crystals, that they be given a healthy respect for them and that they should not be toys, but viewed as instruments of assistance and guidance.*

## Inherited Crystals With Energy In Them From Our Ancestors

What about gems and stones that have been given to us by our ancestors that have their energy in them, something that perhaps they have worn for a long time. How does it affect us? Should we use them, wear them, whatever?

*Yes, these have again ~ this is an interesting area and not one that I will be able to cover completely in this time, for those crystals that are handed down to you have very special properties and significance that relate to a soul's path. It is not an issue that can be*

*discussed en masse here. It would be quite individual. The cautions that I have given out thus far would also relate to crystals that are handed down. They must not be just taken as they are without some type of analysis at a metaphysical level, at a very minimum, and at a level of where those who are knowledgeable and trained in crystal energies and crystal balancing could help you, you see. So it must be taken on an individual basis.*

*As many of you become more attuned, you will feel a disharmony when you encounter a crystal. You will know that perhaps there is an imbalance, and sometimes all there needs to be is a very slight procedure of balancing that then makes the crystal appropriate for your vibration. And in many cases the handing down of a crystal can prove to be most beneficial, for the connection, in fact, may be your own vibration, may have been handed down by you!*

### Precautions Need To Be Exhibited With The Wearing Of Red Crystals

**Waith, can you comment on wearing a red stone such as a ruby or using a red crystal? I sense that one must be sensitive to maybe the duration of wearing it, or the power of crystal with the red color.**

*Yes, you know the answers already. The red has a very powerful vibration, the color red has a very powerful vibration, and red crystal is not advised for the majority of people and should be worn not all the time, but only for specific purposes. Red crystals are very, shall we say, precious in their properties. And as you have already recognized, my dear, certain precautions need to be exhibited with their use. This is an area that we could discuss at the advanced session in greater detail, but realize that for now that which you feel is accurate, and continue to explore the red crystals and increase your understanding of them. You are of a vibration that can handle a red crystal but be careful of the duration, as you call it, and do not leave it in the sunlight, no more than twenty to thirty minutes of direct exposure to the sunlight.*

**I thought when I was doing my sessions, would that be a crystal that you would put out, that I should remove possibly before the other stones because of its effect?**

*It would depend upon that who you were working with. And this is something that you will learn as you do this, and receive a sense of the individual which will work, and what their balancing needs are, and what they are able to endure. For some, a red crystal would be too much exposure to it could be detrimental, while another individual it would not be. This is how you will learn and build your own abilities. It is new for you, this knowledge. You are picking up from another lifetime where you gained some initial abilities and now this is new and exciting for you.*

### A Request Of Waith's Impression On A Troubled Crystal ~ And Cleansing Needed

**Waith, I was wondering if you could take this crystal and give me your impressions of this crystal.**

*This has most interesting properties to it. It has had ~ it is a very significant history of vibrations coming and going, and being used by many, many different vibrations. Strong crystal. It needs a good cleansing. The cleansing which you have given it is not enough. This is a crystal that would be advisable for you to place in what is called the noon sunlight directly for perhaps five to seven days, for a period of this concentrated time when the sun is at the highest and the strongest, these two to three hours each day, and this will help.*

*This is a troubled crystal, for it has been used by so many over such a long period of time. It needs to be soothed. It needs some gentleness and love. It has served many purposes. It is strong and powerful. It is a very advanced crystal and it has come into your vibration for it to Be of Service to you and for you to help it, for you to help it to advance to higher levels. When you have placed this crystal in the sunlight for this period of time, then work on cleansing it and then bring it back to me.*

**I felt a very strong attachment to it and I felt a lot of energies coming from it.**

*Yes, it likes you very much. ☺ Every crystal has feelings. Take care of it. It is being given to you for a specific reason which I am not able to reveal at this time.*

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