

# Waith Class Transcript

JUNE 21, 1988

Personal Questions Session ~ Relating Individually ~ And Universally

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Issues Regarding Gender, And The Switching Of A Gender ~ A Personal Balancing  
Inquiry About The Role Of A Little Sister Who Has Down Syndrome ~ Group Balancing

What Is The Difference Between The Higher Self And The Soul?

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How Do You Determine The Difference Between Imagination And Guidance?

Someone Requests Help From Jacques Concerning Personal Medical Conditions

Do Not Pressure Those Around You To Conform To What You Believe To Be The Word

Inquiry About A Fear Of Mountains ~ A Group Balancing

Is There A Particular Name Each Soul Has That Can Be Translated Into Physical Sound?

~ A NOTE FOR THE READER ~

*Waith's words appear in this font style.*

Questions and responses from those in the class appear in this font style.

*(References to names have been edited for privacy)*

*Information Given Interdimensionally*

*By Waith*

*Through Mushiba*

*Spiritual Path Adventures (SPA)*

A Publication of Terra Lux Media ~ 1988

For more information, please contact us ~

[terralux.org](http://terralux.org) | Email: [Admin@terralux.org](mailto:Admin@terralux.org)

Postal Mail: Community of Terra Lux, Inc. | Fox Hill Lane #121 | Enfield, CT 06082

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## Issues Regarding Gender, And The Switching Of A Gender ~ A Personal Balancing

I was just wondering about the progress with my friend that I had discussed with you. I know, it shocks you that I am asking, but I feel so positive about it. He seems to have learned a lot and so do I, and I wonder if you have anything to say to me that might be helpful to us.

*What our dear entity here is learning is a most valuable lesson which she already has recognized. The issues that you have been dealing with regarding gender and the switching of gender for you in this lifetime into female rather than the dominant male has given you the balancing that you came in to achieve and an understanding at the female perspective of the difficulties of the male vibration that you were not able to gain during your male manifestations. There has been an easing of the resentment and fear of the male vibration, not only as you incarnate as female but in your own perspective as the male energy that you dominate primarily.*

*When you manifest again and choose to go into your dominant vibration which is male, you will have greater self confidence in your vibration as male and a greater understanding of your impact on the female vibrations. You are teaching this to your soul mate who you find yourself working with now, and so you have balanced, and as you have already recognized, and I will simply support it, you now can share this with others and help them who may be struggling with the same issues to understand how you achieved it, and in doing so, help them to find their answers from within as you were able to go within. A very painful process for you, as it is for any who seek the answers from within, it is painful, but as you may attest to those you will help, it is well worth the journey.*

Yes. It is well worth the journey. It is. I have one other question in the writing that I do. Today I wrote and directed it about somebody else. Is that for real? It seemed correct to me, it seemed like the writing is spreading out. Is that what is happening?

*That is what is happening. It is correct. Do not fear it. Do not feel that it is your imagination. Your vibration is increasing at a rapid rate, therefore you will have abilities coming to you now that have been in the wings, so to speak, waiting for you to take them on.*

## Inquiry About The Role Of A Little Sister Who Has Down Syndrome ~ Group Balancing

I have a question about the role that my little sister plays in our family. She is Down Syndrome, mentally retarded. And then if you could, I would like to get a little idea of the background of her soul. It is hard to describe. She is so wonderful. I would like to get some more information about her, about how she interacts.

*We are limited in what we can discuss about this particular entity for as we have indicated before with other questions, we do not discuss an entity's soul path without their permission. We do not allow that transgression on to their own lives. We can say, however, that this particular entity is a very advanced soul and has come in for a very, very specific reason.*

*There are lessons to be taught. This entity has really not much to learn in this particular lifetime, but rather is in the physical encasement, and the particular physical disabilities, to help. An interaction of the vibration that is this entity is harmonious with those that you would call your family in this manifestation, and as you feel a connectedness with her, so it is. There is a very long history of connection with this entity.*

*There is a Group Balancing that is occurring here. All of you are back together for very specific reasons to play out a particular scenario that occurred with all of you several thousand years ago on the earth plane, though on a different dimension of the earth plane, not on Planet Earth, but rather on one of the other planets that make up the earth plane. And it was determined that because of this particular time frame before The Shift and the cleansing, that by all of you joining again on Planet Earth, which, of course, as we have said before, is the accelerated dimension of the earth plane, that you could indeed balance in a way that would take you much longer to do if you were to return to the particular dimension in which the imbalance first occurred.*

*So all is progressing as it needed to. This entity will remain in this manifestation until the lesson has been taught, and when that lesson, and that therefore balancing has occurred, there will be no need for her to stay. She will depart and carry on in the higher dimensions that she comes from, and she will continue in the growth that is so high right now for her soul, a very high soul, and has actually interrupted, if you will, her training at other dimensions to come back in at this time so that she may help all of you in this Group Balancing.*

*She has chosen to return to the earth plane. She has completed her lives on the earth plane, and as happens so often with those that have finished all of their lives on the earth plane, and are busy in the other dimensions learning new and improved kinds of things, many will return, not out of need for their own soul but out of need for those who are dear to them. And this is what is occurring with this entity.*

### **What Is The Difference Between The Higher Self And The Soul?**

**Does the subconscious or your Higher Self know the same as the Soul? Or are there two separate ways that we try to figure out what the Soul knows? I do not understand that.**

*The Soul contains for each of you all the history of your path, and also serves as a conduit, if you will, to The Universal Consciousness, so that the Soul is indeed different from what is referred to as the Higher Self. You might look at it in terms of a link. There*

*is The Universal Consciousness, and it is here, and there are all of the Souls that are in existence, and each of the Souls has a connection to The Universal Consciousness. Each soul has its own Higher Self that connects into the Soul memories.*

*Your Higher Self, however, is not, at a direct level, connected with the Higher Self of another soul. That connection is made at The Universal Consciousness level, so that you will see a streaming forward, if you will, to The Universal Consciousness, the God that is referred to. Your soul, which contains the memories and the history of your life, keeps much of this information locked in away from the Higher Self and is made available only when the Higher Self feels that it is time to know the information. It is available at all times to the Higher Self.*

*You will find in your meditations, as many of you do, that certain information begins to unfold to you, that from what appears to be nowhere, you gain insights into yourself, for being in touch with the Higher Self means being in touch with your own soul, being in touch with that which is you, and that as you are able to absorb soul memory information, so too will your Higher Self reveal this to you at the conscious level. Do you understand?*

**Somewhat. It is clearer, much clearer than before I asked the question, Waith. But what is bothering me, too, is that, well, in regards to my daughter, for instance, it is a soul lesson that she is learning, but she does not seem to know that she is learning this lesson.**

*This is correct. This is very common. There will be many lessons that your soul recognizes that you may or may not at the conscious level understand, or even recognize. The reason that we encourage meditation, and the seeking of answers within the Self is for you to become more connected to your Higher Self, which in turn connects you with the Soul and the memories of the Soul, and therefore connects you with those reasons why things are occurring in your life. The more you are able to connect to your Higher Self, the more you will be able to understand that which is happening around you.*

*The very good example is with the entity and what she has gone through most recently. It was a most painful soul memory that was revealed to her which, she understood because she was able to reach the Higher Self. And upon being given the information from the Soul as to what this issue was all about, she not only was able to face it, but she was able to act upon it and to go through the pain, and therefore grow from it, and to understand, away from the emotional aspects of all those things that occur to each soul, that there is a higher purpose for it, and that the higher purpose comes from the Soul.*

### **All That You Encounter In Your Life Is A Result Of Your Asking For It.**

*All that you have encountered in your life is a result of your asking for it. You have asked for the lesson at the Soul Level, and it is when you become attuned more and more to your Higher Self, and this is an ongoing continuous process, and you have attuned yourself to your Higher Self, you are better able to understand the grand plan that your*

*soul has for that which you find yourself manifesting. And it becomes then less of an emotional issue and more of an issue of soul growth and you welcome it.*

*You see that which occurs around you as your soul talking to you, and you must listen to what your soul says to you. It is when you begin to block what your soul, your very soul ~ not someone else's ~ says to you and refuse to listen, and refuse to act upon what your soul is telling you, that the problems occur, that the imbalancing that we speak of so often occurs. It is the Soul's inability or nondesire to act upon it. And this occurs from life to life. It is the reason why many of you may feel that you are learning or attempting to learn the same lesson over and over and over again. And this is okay, because eventually you will learn it. Your soul is very persistent. If you will not learn it now, try again. You see? It is quite easy.*

### **How Do You Determine The Difference Between Imagination And Guidance?**

*Ah, this seems to be the age-old question. And we are not able to give you any quick answers or guidebooks for that, for indeed, it is your guides who are designed to help you to understand the difference. We cannot, nor would we even as a general practice, respond to a question where you would have to say, "Was this imagination? Something that I wished I was hearing? Or was it indeed guidance from the Higher Levels?"*

*You must learn the long hard way by being in touch with yourself. All answers come from within, and not from outside. And you learn over time that which is imagination, and that which is not, as you become more in tune with your Higher Self, and you become connected to those who are there to guide you, the spirit entities who have been assigned to you. It is not an easy process, and we are not here to make it easy for you. You could speak with many who are struggling with this same issue.*

*Each who find themselves now in the vibration of this gathering have had that issue and continue to have it, you see. And it becomes a matter of trial and error almost. And it becomes important that the process of seeking the Higher Self through the meditative state, whatever that happens to be for each of you individually, what is good for one is not necessarily the right process for another, but whatever technique you find useful in centering yourself and quieting yourself and asking for help, whatever that method, that technique, use it. And as you receive information, evaluate it as it feels applicable to yourself, for so often what you might think is imagination may be imagination but may be good. What you are imagining can in fact be reality.*

### **Someone Requests Help From Jacques Concerning Personal Medical Conditions**

**Waith, I have a medical question regarding a condition that I have had for the past couple of years that has progressively gotten worse in the past two months. I have had several different kinds of tests by my doctor, and he has given me a diagnosis today that I feel is incorrect. I would like to know if maybe Jacques could help me with that a little bit and tell me what to tell the doctor to look for, if that is possible. I keep harping on the one thing every time I go, and he will not look at**

this thing. He insists that the ultrasound says that there is nothing there, and I do not believe it. I think it is what I think it is.

*One moment while Jacques and I confer. He is giving me some information that he feels would be useful for you. First of all, the issue here of course is one of the Soul which you understand already, and the dissolution of this particular physical impairment that you have will occur in conjunction with your own balancing of a particular issue relating to Self, relating to confidence of Self. You are holding in the free expression that is your soul, the creativity that is the destiny of your soul. You are afraid to express it, and as a result of this you are binding up certain physical parts of the encasement your soul finds itself in.*

*Jacques indicates that this doctor will not listen to you. I concur with this. They are of their own mindset, if you will, and that that which you feel is the problem is of course correct. We will tell you this. Jacques indicates that while he was last on the earth plane, he encountered a patient of his who was dealing with similar soul issues that you are dealing with, and that in fact the Soul issue manifested itself in the same way as you. And because, of course, of his advancement, he prescribed to this particular entity what appeared to be a rather radical prescription which, used in conjunction with the workings of the Soul. It will not work in and of itself, as will no physical prescription. It may take care of something in the short term. It will not in the long term eliminate the physical ailment unless the Soul issue has been resolved.*

*He indicates that you must take, if you so desire, the following, and do not shrink away from what these combinations might be. Dry mustard proportionate one tablespoon ~ he is giving me this formula as I ~ one tablespoon of dry mustard, one quarter of a cup of lime juice from the fresh lime and not that which is found in the stores, one half teaspoon of natural honey, not processed, natural. Place this into two cups of spring water. Those are the proportions, and consume this upon awakening. The proportion that has been given to you is that which should be taken at each consumption, upon awakening.*

*You should prepare it upon retiring, and let it sit by your bedside. And upon awakening, before doing anything, as you relax yourself and have recovered from the shock of the alarm clock, ☺ center yourself, call in the White Light, and ask for the guidance to help you resolve the Soul issues of which this prescription works in conjunction with, and consume this mixture once a day. The amount of time that you will do this will be dependent upon yourself, for it will, in conjunction with your meditations and seeking the issues of the Soul that have brought on this condition, help to dissolve it and you will know when you no longer need to consume this particular mixture.*

*At some future point, as it has been resolved for you, you will share with the group at least for the record, that which you have been dealing with at the Soul issue. We will not reveal it at this time, for it would be a transgression upon your soul even if you were to give permission to discuss it. We feel it inadvisable to do so at this point, and it would in fact hinder your own issues that you are attempting to deal with. But we will be ready*



*for the success story and then it can be revealed for the record what it is this particular formula is designed to help.*

Waith, I have another question for Jacques. I have a lot of mucous in my throat. Could you give any insights into the cause of that?

*Indeed. We feel it is best that ~ many of the issues that we would like very much to talk to you about need to be discussed in a private session. Until the time where we are able to speak privately, for you to gain some temporary relief from this, and Jacques has indicated a very simple formula for you that will clear this substance that accumulates in your throat. It is to take that which is known as Glycol Thymoline, and to use proportionate measures of one tablespoon to one half cup of spring water, and to take the gargling effect, and then to swallow, not spit it out. Swallow it. And do this with the one half cup of water and allow nothing else to enter your throat for one hour. So do this whenever the irritation presents itself, but do not do it before eating. Rather do it after you have eaten so that for one hour it will work on the breaking up of that substance which gathers. That will work temporarily until we address the Soul issues that are at work here.*

### Do Not Pressure Those Around You To Conform To What You Believe To Be The Word

Waith, I have been trying to get (name withheld) to come home because of what you had told me during our last mini-session. And he says he really does not think he is coming home until Thanksgiving. And I keep pressuring him to take time off and come home. Should I pressure him or leave him be?

*What do you think?*

I would like him to come home in August, which is six months from when you said that you had predicted that he would be home, if this would be valuable for both him and for the other problem.

*That which will happen will happen only if the Soul is not transgressed upon. You must not pressure. As we have indicated before in so many other areas and other issues, you must not, any of you, pressure those around you to conform to what you believe to be the word. You must allow them to find it on their own. In fact, when you try to pressure, it could hinder the natural process. As we have indicated before, one of the reasons we do not make predictions, and will not make predictions, is because of the entire issue of free will, and that what might appear to be the right direction for someone, they must realize it themselves and must take it upon themselves and not because someone has told them to do this. The more that you pressure this particular entity, the more he is going to resist you.*

### Inquiry About A Fear Of Mountains ~ A Group Balancing

Waith, I had occasion to call upon Waith and Company this weekend. This fear of mountains, is it from a past life?

*You realize, of course, that this male entity who has entered your vibration is familiar to you from other manifestations. What you encountered during this, as you call it, weekend, was the renewing of energies, also familiar to you from past lives. And we had not revealed this until now because it was not time, but there is a Group Balancing for you through this particular male energy, and your guides are ready to come into action. This is a particular moment they have been waiting for, shall we say, to help you to work through certain issues that we will not reveal to you, for it is not allowed at this time. Rather, you must seek the Higher Self and not fear looking into the Soul memories for that which you must face. You must do it. We hope that you are able to do it. We feel you are. Farena has just indicated that she will be available also to help guide you. She is interloping into the guide area here. This is potentially a tremendous growth opportunity for you. We would say that (name withheld) could help you in certain areas here.*

### Is There A Particular Name Each Soul Has That Can Be Translated Into Physical Sound?

Is there a particular name that each soul has that can be translated into physical sound, and if so, what would mine be?

*There is a, shall we say, an inclination for each soul having what we might refer to as a name that can be translated into the physical. There are those times when we say the vibrational name. Mushiba, for example, is a soul vibrational name, but it is also one in which Mushiba used while in Atlantis, and oftentimes a soul will take on the name that is vibrationally correct at the Soul Level in the physical manifestation.*

*To answer your question simplistically, it would be yes. To describe it, to give it understanding, becomes much more complex. What we will do at this point is give you certain sounds. If it appears I am having difficulty it is whether or not I am going to be able to translate this for you through the vocabulary that is Mushiba. There are certain sounds that are unique to your particular soul that you could take to help in the balancing of your own vibration at the earth plane level. Sometimes these sounds, you see, can be easily translated into a word that is known in the vocabulary in which you find yourself most comfortable.*

*We will give you three sounds. I am not guaranteeing that you will make any sense out of them, but it appears that in our translation difficulties here that this, through Mushiba's vocabulary, consciousness, we are able to project this then ~ uuuhhh, acku, uuulah! What I would recommend is that a copy of those sounds from the tape that is being used for this session, that they be given to you so that you will be able to play it over and over. It is not something that you could repeat at this point. Am I correct?*



*And by having it on your own recording device you can begin to play this on a regular basis and begin to feel the connection that those sounds have with your vibration. We find that this question you have asked to be a most interesting issue. I have assigned Jenjura to do some research in how to best present this at a future time, for we find this has peaked, shall we say, the curiosity of many of you and is much more complex than simply being told what your vibrational name might be.*

**You are peaking our curiosity completely.**

*That is our purpose at times, to get you thinking.*

**Thanks for granting my funny request.**

*Nothing is ever funny as a request. We may find amusement from something, but there is no request that we would shun or make light of.*

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