

# *Waith Class Transcript*

**JUNE 14, 1988**

A Greater Understanding Of The Oneness ~ The Merging Of Information With Others  
Interpretation Of Information From Nostradamus, And Other Sources, Including Waith  
How You Can Begin To Gain A Greater Ability To Communicate At Higher Levels  
Being Nonjudgmental Toward Others Who Have Behaviors You Don't Agree With  
Not Forcing Your Knowledge On Others  
The Discomfort Of The Heat Levels In Your Environment And How To Handle It  
A Question About Atlantis

**~ A NOTE FOR THE READER ~**

*Waith's words appear in this font style.*

Questions and responses from those in the class appear in this font style.

*(References to names have been edited for privacy)*

*Information Given Interdimensionally*  
*By Waith*  
*Through Mushiba*

*Spiritual Path Adventures (SPA)*

A Publication of Terra Lux Media ~ 1988

For more information, please contact us ~

[terralux.org](http://terralux.org) | Email: [Admin@terralux.org](mailto:Admin@terralux.org)

Postal Mail: Community of Terra Lux, Inc. | Fox Hill Lane #121 | Enfield, CT 06082

---

## A Greater Understanding Of The Oneness ~ The Merging Of Information With Others

Waith, I wondered if you could comment on the Temple Beautiful that Edgar Cayce referred to.

*Let me search the records for the reference to the Temple Beautiful so that we have the same definitions here. This is his reference to a structure?*

I believe it was Cayce. I think it was like a school where there was a merging of practical teachings and also higher.

*Ah, indeed! Indeed. Realize that definitions or names and the way in which things are thought of on the earth plane, and so often translated from this level, that it is viewed differently from here, and depending upon who is giving the information from this end, or how it is being pulled from the earth plane from this end, many times complicates in referencing, you see.*

*What that particular description relates to is what we might call a training ground, for there are training grounds at all levels, the earth plane of course being a level, and therefore a training ground, as you all know so intimately. And as you reach higher levels and you go into higher levels of training and gaining of knowledge, there begins to occur a synthesis of information at levels that relate to the integration of soul energies with those of other soul energies ~ remembering that all are connected. Remember back to the description that we gave of the thin cord and how all are connected to the One.*

*As you reach a higher level of understanding, that synthesis begins to take on a greater depth, and there is a greater understanding of another soul's path without there being a manipulative dimension to it. And there begins to become a greater understanding of The Oneness, and the fact that all are a part of each other, and that The Creative Force, the God, if you will, that is in each entity form is in fact One. And as this merging with other entities begins to occur, the understanding of the Goodness in each of you merges so that you become stronger and stronger.*

*At the same time, there is still the need to travel around in different dimensions to learn different types of things. But once there has been entry into this particular dimension, whether you call it a temple ~ in essence, you could view it as a structure, a place where one would go. For the frame of reference that you all have on the earth plane, it is easiest to give a description of imagery where you would be going into a temple, and merging with others who are in the temple, and becoming one with them. And you go out of the temple, and go forth into other dimensions, bringing with you, at the same time, this newfound awareness of the interconnectedness and the awareness of the merging that has occurred in soul purposes with others. And you take this with you and*

*you spread the knowledge, you spread the awarenesses, and you begin to help others who are ultimately going to reach that temple.*

**Would that relate to the Brotherhood?**

*The Brotherhood, as we understand it, is something that is a bit misunderstood, the use of the term, and again we enter into these areas of definition. You define it in one way and someone else defines it in another way without really looking at the root of what it is. The Brotherhood refers to the total Connectedness, if you want to use a word for it. All are interconnected.*

*We, in our circle here, have the desire to not use particular words such as Brotherhood, for we feel that they limit the understanding, and also imply that it is male oriented. It is not male nor is it female. It is the unification. It is the acknowledgement of this learning of information from the temple, and it is the going out into the world, if you would, to The Universe, armed with the knowledge of the beauty of all, the beauty of all energies, at whatever level the energy happens to be, and at whatever point on the scale of dark and Light the energy happens to be, for even though we have discussed the battle that occurs between the Light and the dark, we are all One ~ we are all united.*

*The battle occurs in an attempt to merge, the dark of course trying to get us over to their side, and we, of course, onto our side. And so if you were to make reference to a Brotherhood, we would prefer that it be called more of a community, a community of love, a community of love of all energy, whatever form or shape that energy happens to be, and that there is total acceptance of all the various energies and the desire to help all energies to achieve that which they want to achieve.*

**Waith, when you spoke of us having known one another in the temple, you have mentioned that with several people, was that the temple you were talking about, or was it a different temple?**

*You are confusing the concrete with that which is not. Oftentimes I will make reference to the temple that was in existence in Atlantis ten thousand years ago where Mushiba and I and many, many others who have begun to come back into the vibration were physically incarnated and taught the Universal Truths, and that is the temple that I refer to. The temple that we discussed earlier is a figurative temple. I will try to keep that difference in a clearer manner in the future when I make references to The Temple of Atlantis, perhaps we might refer to it, so there is an understanding of the difference.*

**Interpretation Of Information From Nostradamus, And Other Sources, Including Waith**

**Waith, you made a remark about Nostradamus and that the way his message is being interpreted and is not necessarily the way it should be. Could you explain that a little bit more?**

*Whether it is Nostradamus, or even the messages from Cayce, or any of those who have access to The Universal Consciousness, and even the words that come from us, are subject to interpretations by those on the earth plane based upon their own limited understanding of certain precepts. We, for example, attempt so very much to put these complex Universal principles into an understanding of simplicity. It is why we have difficulty at times in attempting to find a common ground, where language is such a barrier to understanding.*

*Oftentimes predictions made such as through Nostradamus are made in a way that is not really simple to understand. Would you all agree, those who are familiar with Nostradamus? And Nostradamus faced the same problems in interpretation that we all do from this dimension who try to give out information. And so he presented the information as it was being given to him from those who were really not concerned with making it easy to understand. Their mission was not so much to give clarity, but rather to simply get out the information at a particular point in time so that it would have its impact at this point in time. It needed to be given out when it was, at that point on the earth plane, so that it would have the, shall we say, history of being around for so many hundreds of years, and thus giving some credibility to us at this end.*

*There are many who understand Nostradamus, but the masses have difficulty and therefore there is an attempt to take the information of Nostradamus and simplify it, pinpoint it, when in actuality it cannot be done just by the very nature of the information itself. It was not meant to flow easily, as does the information that we provide to you. It is much more difficult for us to give you the information. There is a tremendous filtering process that goes on before you hear a particular word. It is oftentimes the reason why I speak so slowly and hesitantly, for there are layers and layers of filtering for understanding that occurs before I tap Mushiba's vocabulary in an effort to give the information.*

*This is not always true in information that comes from higher levels. And as we have indicated before, the information that comes from higher levels is not going to be understood by everyone. It is messages sent for understanding by specific groups of individuals at specific points in time, and some of you who may not have the slightest idea of what Nostradamus is talking about today, may, in fact, one year or five years from now, read the same words that you read today that you did not understand and you would have an understanding. You see? The same with information that we give out as we have indicated before.*

*And so the counsel that we would give is that as you read information that comes from any source, it does not necessarily have to be from the Universal Dimensions, even from the earth plane, if you find that you do not have an understanding about what is being said, do not fret about it. It is simply that it is not meant for you, and therefore you do not comprehend it, and that if, at some time, in the future, your levels of understanding change and you are meant to have the information, it will come to you, as The Universe will send to you that information that you need to have. Everything else is superfluous.*

*Do not worry about it. If you do not understand it, so what? ☺ Seriously. Seriously. That includes me! Do you understand?*

## **How You Can Begin To Gain A Greater Ability To Communicate At Higher Levels**

Waith, I have a question. It is rather personal in nature, but I am sure it would be helpful to everyone here. Communicating with you, and our own guides, and people that are in a different dimension, entities such as yourself, was most of the time rather difficult. And I am wondering if information on a spiritual level, coming from your side has to be filtered as well. And is there any advice that you could give us as to how we can attune ourselves to better communicate with you, or with our guides, or others in your dimension, who we are trying to communicate with? I sometimes feel that entities are trying to respond to me but I am not getting the correct message, or that maybe there is some advice or technique that you can elaborate on a little bit more as to how we can better receive messages.

*If I understand you correctly, and let me repeat what I feel to be your question. You are concerned about your ability in particular, and all entities in general, ability to communicate with us, and if, in fact, this ability has increased over the last, shall we say, five hundred to a thousand earth years.*

Well, that is not exactly what I meant. I know that these abilities have increased. I am looking for some advice on how we can learn to increase our abilities more, increase communication more.

*Yes. Well, you see, over the past five hundred to one thousand years, there has been a tremendous increasing of abilities. And there is not really a, shall we say, word of advice to you, for it relates to each of your abilities to expand spiritually, and remembering that the guides who have been assigned to you are also in their own modes of learning on their own paths. And oftentimes, it is part of their lesson to learn to communicate with their person, shall we say, who they are protecting and guiding, and oftentimes that will not occur.*

*We have our dearest love, Farena, as an example of attempting to communicate. Now she is able to communicate with a significant number of energies. She talks directly with Mushiba on a continuing basis, chattering away as she does sometimes with Mushiba. With others she is unable to communicate as efficiently as she might want to, and this relates to the individual's own spiritual attunement. And as we have said so often before, the way that this is achieved is through the searching for the Higher Self.*

*There is no quick and dirty answer to this. ☺ This is something that you must achieve on your own with the desire that you want to reach higher levels of understanding ~ and know that levels of understanding are just that. They come at different levels. The Universal Consciousness is available to all. However, where an individual taps into that knowledge, depending on the level, will determine the complexity of the information that is received.*

*We tap into The Universal Consciousness at almost the highest level short of Amelius, so the way in which we present the material, and the way it is interpreted, may in fact appear different from others who have tapped into it at a different level, and therefore translate it at a perception that relates to that particular level. So that you all have the ability at the level you are in currently, and whatever your Soul Level happens to be also, to get the information. You are in fact all receiving information, some of you very consciously and many, many of you at a different level, at a Soul Level, and it simply means unblocking your own fears for the information.*

*We know that many of you, as you go into the sleep state, in that transition stage, the altered state, this is the state where you can have a great awareness of The Universe, but as you are moving from conscious to altered, just as something is being presented to you, you shut it away, shut it off, for the fear that it is imagination, it is a dream, and if you were to allow yourselves to take in the image that is being presented to you and not fear it, you would begin to find higher levels of awareness. And as you meditate, you begin to feel the energies through your body going to the various Chakras in your body. You will not fear the openings. You will not fear the sensations that the physical encasement begins to feel, you will just accept it, and this is how you begin to gain a greater ability to communicate at higher levels. You will be able to gain greater levels of understanding at higher states of consciousness. Of course, it is a neverending process.*

**Thank you, Waith. It is so frustrating. I am in a learning stage, and it is so frustrating at times. I always feel frustrated.**

*Know that you will always be in a learning stage. It never ends. Yes, there is a degree of frustration present all the time.*

**I should learn to live with it.**

*You need to accept it as part of the growth, and it is not limited to the dimension of the earth plane. We have our own levels of frustration here. And at any of the levels, what happens is that as you become more attuned to the growth process, you become conscious that everything you do is part of the growth process, and that in order to achieve this there will be frustrations. There is not so much an accepting of the frustrations, but rather just an understanding that it will always be there. And that if you were to look back through your growth stages, and if you look back at a level you were at say a year ago, and you were to look at what you were feeling then, and the type of, shall we say, frustration that you were feeling then, you would look at that and say, "Oh, why was I so frustrated? I have a better understanding now of what that was all about and there is no reason to have been frustrated." Yes? Yes. And so too will this occur as you overcome one challenge and hurdle and you look back and you say, "Oh, that was easy!"*

**More hurdles to come.**

*Indeed. There will always be. Always. And that is growth. If you do not have that, if you do not feel frustrated, then there is no growth occurring.*

### **Being Nonjudgmental Toward Others Who Have Behaviors You Don't Agree With**

*I have a question about not being judgmental in relationships not of my choice where I must deal with someone who has behaviors I don't approve of. I have a hard time with how to behave, how to act, without feeling that I am being hypocritical, and yet trying hard to be accepting and nonjudgmental. And I find myself conflicted about that, and I just wondered if maybe others have this similar problem, and if you have an idea how I might handle that.*

*This is probably the most common conflict that energy forms have and it is not limited, by the way, to the earth plane. It is a neverending conflict that you finally begin to resolve as you grow in spirituality and have the awareness of what Unconditional Love is all about. The achieving of that highest state is the goal, is the objective. It is what all vibrations are ultimately aiming for.*

*So, first of all, if you do not feel you are not achieving it in this particular manifestation, do not feel that you have failed, for if you had achieved the ultimate state, you would be One with The Creator. You would not even be on the earth plane. And so, know that it is progression toward the achievement of the ultimate state of Unconditional Love.*

*Now, how do you go about working on this? Not an easy task. It is very easy to place this in intellectual discussions and far more difficult to practice it, for what begins to occur is, for those energies who you have a likeness for, who you have complimentary energies, it is much easier to love them without conditions, and that is all part of growing toward the path. You have in some way achieved a balance with a particular energy, whether it was achieved in this lifetime or from another, and that took time to achieve, and you have an attitude toward a particular person where it is easy to love them.*

*On the other hand, as Unconditional Love has to be tested, the concept has to be tested, you are, each of you, confronted with, brought head to head with, energies who you are not feeling complimentary toward, and the ultimate ability to face an individual who you find not complimentary to your own energies and able to say, "This is an energy form of whom I am a part. Regardless of what this person does, they are following their own path. I have no right to transgress upon that path. I have no right to, shall we say, speculate on why a person does what they do. My only response to a person would be, they are part of me and I of them, ultimately, and therefore, I love you."*

*You do not have to like someone. This is not a new concept being presented to you, but Unconditional Love means recognizing the God within everyone and recognizing your own connections, and that whatever you criticize in someone else, you are in fact criticizing in yourself.*



Isn't that just like looking in a mirror? And one of the reasons you recognize it, is it is one of the things you hate about yourself?

*That is correct. And so the more that you are able to look at another energy without conditions attached, the greater your abilities for spiritual growth, and it is a neverending path, especially on the earth plane. It takes on a different caliber of learning at other dimensions. As we say so often, the earth plane is a very specific dimension for acceleration of growth, and therefore there is a bombardment of tests and lessons, and in fact, you should view anyone who comes into your life as a challenge to practice Unconditional Love. It may be difficult. In fact, we know it is. And do not feel that you fail if in fact you do judge others. The Creator knows this as being part of the learning.*

*The difficulties arise when you judge others and feel this is your right. The growth occurs when you perhaps have judged someone and then feel guilty about it afterwards. But really it means that when you have exhibited a certain behavior, and you have recognized that that was not correct behavior, and you seek to change it, and if you change it ever so much, ever so slightly, so that each time it is presented to you, you have lessened your critical attitude and your judgemental attitudes ever so slightly, then you have progressed.*

### Not Forcing Your Knowledge On Others

*Remember that you have no rights upon any other energy form, no rights at all. You have rights only to your own soul and its path. And whatever any other entity does, they have the right to be doing what they are doing, and no one else has the right to try to change another's path or to transgress upon it. It is most difficult to do. Am I correct?*

*You would want to SAVE so many people who you meet, feeling that you have the right way. You have the way that is right for you, we would hope, and what is right for you at that particular time. It may change overnight. And what is right for you becomes different, and you may change as a result of the behaviors of those around you, and of the attitudes expressed by those around you. Nonetheless, it is your right to either accept or not accept the world around you and do this with others whom you meet. Do not impose yourself upon them. Simply do and be what you are and if that in some way affects another's attitude so be it, it was meant. That person was ready.*

*Do not force yourself upon anyone. And especially do not force your attitudes and that knowledge that you are gaining, because your knowledge ~ meant for your growth. And just as there is knowledge and information that you are not ready to have, or to understand, and that will come to you as you are ready to understand it, and to have it, so too with those around you who do not have the same understandings that you have, you do not want to force something on them.*



*Most difficult to practice, and most necessary to, though, and the more you practice it, the better you get at it, and it is only in the failing that success is achieved, and unless you attempt to practice it and find failure, if you will, or doing that which turned out not to be correct, will you know what it is you are not supposed to do. And you therefore achieve, step by step, moment by moment, a greater understanding of your own connectedness, and you approach, incidentally, the temple that we spoke of at the beginning of the session, that awareness of the interconnectedness of all.*

On these special interest sessions, you will be having in the future, like the one you mentioned on healing, I want to know which meetings I should go to.

*We cannot answer that for you. You will know yourself. The Universe will give you the go ahead, shall we say. When the times are presented, and Mushiba works on this now, she will have this schedule of coming events in a short time. And also as time progresses, and we determine that a special session on a particular topic area is warranted, you will know if it is something for you to come to listen to or simply something which you will read about, for all of the sessions will be transcribed, and you will all have access to the information from that session. The Universe presents its blockages as well as its openings, and if you are truly meant to be in attendance, you will know. Recognizing, of course, with everything being transcribed that the knowledge will be available to all regardless of whether you were there or not.*

### The Discomfort Of The Heat Levels In Your Environment And How To Handle It

*We are seeing an increasing fuzziness around your vibrations. We see this as an indicator that there is a level of discomfort from the heat, and we will depart momentarily. A word though, about the heat, that for many of you who are experiencing tremendous discomfort, and we see fuzzier vibrations than others, that you can achieve a lessening of the fuzziness through meditation. Slowly, over time, you can raise the vibration of your body so that the discomfort that you feel from the heat will decrease as the level of your own vibration increases. And for many, this has been achieved on a permanent basis so that there is a level of coolness in the body that helps almost to the point of always being cold. It can also be achieved on a temporary basis to get you through a particularly difficult heat time, so if you so desire this, ask in your meditations and you can then begin to work on elevating your vibration so that it can work better with the heat.*

*Well, we will depart now. Are there any other little questions before we go?*

### A Question About Atlantis

I have been making some observations from different things that have been said about Atlantis. I have always thought of it as a lost continent, always thinking of it as something that was submerged, or got buried. Lately, I have been hearing comments like you mentioned one or two weeks ago that there was much more land mass available to us on earth in those days. And I was hearing that possibly there was a lot more moisture in the atmosphere at that time too. And then the thought came that that was the source of the big flood, and actually all those land masses

were submerged under the big flood, and Atlantis never really went under. It just got flooded, and here we are today with all these submerged continents.

*And here you are today! Ah, indeed. There is so much that is coming forth in knowledge. That which all of you know to be real on the earth plane is illusion as it is meant to be, as it has been so set up. And we will not go into any depth with this at this point for we do feel the need to depart. However, your observations are very accurate, with a little bit of elaboration from our end, and a little more clarity, for that which you are coming to an understanding of. And it is very complex which of course we will have to simplify, but I will leave you with this little thought, that Atlantis surrounds you now.*

And as you leave ~ ☺

*And as I leave, I give you that to ponder.*

---