

# *Waith Class Transcript*

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Waith Discusses Who He Is And His Mission

Inquiry About A Daughter Seeing A Ghost ~ And Waith's Response

Inquiry About Friction Between Teenagers At Home ~ Past Life Connections

Someone Severs Connections From A Work Place Situation ~ Waith Gives Feedback

Someone Nearing The End Of Their Earth Plane Stay ~ An Empty Toy Box

Waith Gives A Meditation Method To Help Achieve Calmness

Someone Is New To The Earth Plane ~ Their Toy Box Is Full

Inquiry About Feeling So Drained ~ Protecting Oneself From The Darkness

The Importance Of Prayer In Dispersing The Sons Of Darkness

Inquiry About Past Lives With A Friend ~ Past Life Connections

Inquiry From Someone With A Fear Of Heights

Flowing And Trusting In The Universe

Question ~ Could You Explain How The Law Of Grace Works?

Question ~ Why Me? I Do Not Understand Why I Was Chosen

*~ A NOTE FOR THE READER ~*

*Waith's words appear in this font style.*

Questions and responses from those in the class appear in this font style.

*(References to names have been edited for privacy)*

*Information Given Interdimensionally*

*By Waith*

*Through Mushiba*

*Spiritual Path Adventures (SPA)*

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## Waith Discusses Who He Is And His Mission

*I am here to be of service. I am from the very Highest of the White Light and my vibrational name is Waith. I am an Archangel. I am here to help prepare as many energies as we can for the coming Shift of the axis and to help all to prepare themselves spiritually so that when The Shift occurs you will be able to make the decision as to whether you want to stay or not. If you choose to stay, then I will have given out information from now until that time for the physical survival necessary when The Shift occurs.*

*My purpose is twofold. I am here to give certain information. That information will be revealed as time goes on in these sessions that we have. And I am also here to assist individually those energies who may need some guidance. I am not here to tell the future. I will not do that. I may give situations that are probable, based upon certain behaviors and attitudes existing currently. However, the issue here is free will, and you are going to be helped in your own free will to make your decisions for yourself and to trust in your Higher Self and to learn to communicate with your Higher Self. Each of you has the ability to connect directly to The Universal Consciousness, and I am here to help you to gain that ability that has been lost for many of you. Many have done this in the past and it has been forgotten.*

## Inquiry About A Daughter Seeing A Ghost ~ And Waith's Response

**My daughter feels that she saw a ghost in her room ~ who passed away a couple of years ago. And she suspects that this aunt, who she was rather close to, is one of her guides. She asked me if you could confirm that.** (The name of the departed is given)

*This entity, in this most recent sojourn, is not specifically a guide to your daughter. She did indeed visualize her. That, you can reassure her, was not her imagination. This entity is a very advanced energy, and she was merely coming in to check to see how things are going. We do this very often. She is assigned to a dimension that is several vibrations higher than your daughter in this dimension. However, she is at a vibration where she is able to communicate with her when she desires. She has certain lessons that she is learning, certain knowledge that she is gaining, and she has determined that she wants to return to the earth plane shortly after The Shift occurs. Because of this she is keeping close touch with your daughter.*

*There is a very strong bond between them. They have had many lifetimes together, and they have had lifetimes of very close friendships, and they have been sisters. Your daughter has been mother to her. Their vibrations are very harmonious. It is expected that this entity of course will enter the earth plane into such an environment that she will be near your daughter. The relationship has not yet been determined. That is partly what is being studied now. The time frame from this entity's departure from this last life and her entry once again*

*will be short. Because of her vibration, it will be allowed. She will in fact be helped so that when she enters after The Shift, she will be of service to help the new rebuilding. You can reassure your daughter that she will know that this entity is around. She will see her on other occasions, and that it is a most beneficial relationship.*

### **Inquiry About Friction Between Teenagers At Home ~ Past Life Connections**

**I am curious as to past lives and some of the causes of friction between the teenagers in my home and myself.**

*One of your children and you had a life in a land that is no longer on Earth. It was not Atlantis. It was Lemuria, and it was at the time of Atlantis. It is one of those lands that were destroyed when the destructions came about. It was a very peaceful land. You were brother and sister in this lifetime. You were a very independent person and were charged with taking care of your brother while your parents went about doing their own kinds of duties, and you resented the fact that you had to take care of your brother. You felt that this should be done by your parents, and you felt robbed of a life with your friends who were off with each other while you were taking care of your brother.*

*The attitudes that you had in that lifetime have carried through with you, and you are attempting to balance with him in this lifetime the negative attitudes that you had toward taking care of him and raising him. You are trying to overcome that attitude by being his actual mother in this lifetime. You are balancing very nicely. The end to this will come soon for you will have fulfilled your obligation to this entity, and you can begin other connections with him of a higher level. The friction that you speak of is coming to an end as you balance. Do you have anything specific relating to this particular incident that you would like to ask?*

**No, it just causes a lot of problems. I am not sure if you are talking about my stepson or my son.**

*It is your birth son.*

**That one kind of throws me because I have more problems with my stepson than with my own.**

*The issues with the other one are something completely different than those with your birth son. There are many, many complexities here, my dear, that time and situation does not allow me to elaborate on. The important one that is coming to closure now is that with your son. That, you must complete, before you can, as I said, go on to other issues of higher order. Your birth son, once the balancing is completed, will be there to help you with the other issues that you must deal with. To discuss this in detail would take quite some time and perhaps would be best discussed in private. Do you understand? Do you not feel a closeness to your son?*

**Yes.**

*As time increases and age increases and balancing comes to fruition, the closeness will be a most beautiful vibration for both of you.*

### Someone Severs Connections From A Work Place Situation ~ Waith Gives Feedback

Waith, I followed my urge and am in the process of leaving my place of work. And today, I have two options of where to go. I feel I have made the right decision and would like your feedback

*We are most pleased by your decision to sever the connections, as we had discussed with you. It was recognized that this individual is one of the leaders of the Sons of Darkness. It caused concern because there are a significant number of these leaders of the Sons of Darkness who are attempting to destroy Mushiba. He is one of them. They gather disciples now in their attempts to block out the light, and you have helped tremendously, my dear, in fending off a potential attack on Mushiba at the spiritual level by severing your connection with this individual. For that, we send you our blessings and our love and our assurances that the path that you are choosing now is one of the light and is one of great beauty.*

*You have opened yourself to the light in a most beautiful way and you will be able now to know the rightness of your decisions. What must come will come, and you will know this, just as you know that your decision was the right one in this situation. As I said to you, when we spoke, that The Universe will Flow and you will begin to feel a calmness in yourself as you work with The Universe. Your patience level will increase and you will feel more comfortable with those around you. There are many very beautiful opportunities awaiting you now as you Flow with The Universe. There are some that Mushiba will be helping you with. This will be a very beneficial and loving connection.*

*What you have done in this area of helping with the Sons of Darkness cannot be emphasized enough, my dear. Mushiba has been under attack in recent days at the spiritual level, and you have been of tremendous benefit. Mushiba will speak to you about this to give you a greater insight into what is happening, and what you have done, and what you potentially can do to help in the future in this area. You will gain much success in this step which you have taken as long as you continue to work with The Universe and flow with it. There is much brightness around you now, my dear. Your Energy Force is increasing. Your severing from the Sons of Darkness has released you in ways that you will begin to feel in a very short time.*

### Someone Nearing The End Of Their Earth Plane Stay ~ An Empty Toy Box

For a long time I have felt, and had indications, that I have an old spirit. Also, in my present life, I cannot find satisfaction or happiness. I strive for things, and I attain them, and I am not happy anymore. And I would like to have this calmness that you talk about. I cannot seem to find it. I wonder if you have any ideas or advice.

*My first response to you, my dear, is that we are old acquaintances. Our energies are being renewed. I knew you in a lifetime when your name was Hannah. You were of great service and help to Mushiba and I in that lifetime. You are a very strong vibration. You are a very advanced soul. You have much in common with Mushiba in that you are in this lifetime to, as we say, tie up loose ends. I like to use that little phrase. What you are feeling, my dear, is a result of your advancement and wanting to attain perfection of this lifetime, feeling that if you attain the perfection that you will not have to return to the earth plane again. First of all, you are at a level now where it is very possible you will not have to return to the earth plane after this life, and that you will be ready to come into higher dimensions and be prepared to come into The Angelic Force. You do not need to feel that you must reach perfection on the earth plane, as you would perceive it.*

*As I have described before to others, we must look at our lives and look into a box, much as you would a Toy Box, and to see all of the lessons that you as a soul need to learn specifically on the earth plane. As you learn them, you take them out and throw them away because they are done. Eventually you look into the box and you see no more for the earth plane. You are looking into a box now, my dear Hannah. And I call you Hannah for that is a vibration that is so strong. You are looking into a box now that is almost completely empty. Lessons that you have needed to learn on the earth plane are near an end. You will have the choice now to accelerate in this earth life and finish your lessons and empty the box. And as you look into this box and you see what is left, if you decide to accelerate in your learning, you will, by the nature of the acceleration, feel what you might call a discontent. With the knowledge of this now with you, you should be able to begin to center yourself and to begin to feel a calmness in knowing that you are on the right track, that you are doing what you need to do.*

### **Waith Gives A Meditation Method To Help Achieve Calmness**

*What would be of benefit to you, as I say to everyone, is to learn to center yourself and your thoughts and your feelings and your emotions, and to do this by quieting yourself. And when you first begin to do this, to find a time of the day that is best for you, where you are not disturbed by anything or anyone. And you concentrate, and you breathe in rhythmic ways, and allow your thoughts to fly from your head, and allow those spiritual thoughts to enter. Visualize a beam of white light and visualize it surrounding you, filling your very being. And as you do this, day by day, you will begin to feel the calmness from the White Light because it is a protective light. Slowly it will permeate you in such a way that it will become a permanent part of you, and the calmness that you are seeking will come to you. It will not come overnight. You will not one day say, "I am calm now." It will simply happen. One day you will realize that you are calm.*

### **Someone Is New To The Earth Plane ~ Their Toy Box Is Full**

**I feel similar things. Sometimes I think I do not allow myself to do the things I really want to do, and it causes me frustration in my everyday life and relationships. And my question is basically the same. Can you tell me anything?**

*My dear, what you are feeling is the result of your being very new onto the earth plane. You have had perhaps twenty lives on the earth plane, which is a very small amount. You have been in other dimensions and have been on other planets and you have only in the past, perhaps two thousand years of earth plane history, been here. So you are still in the process of adjusting to the earth plane, in understanding the earth plane. You are beginning to have ties to the earth plane. Because of this, you are feeling restlessness. You are not quite certain. You feel a bit out of sorts, as if you do not fit among those who surround you. You feel a bit out of place. This is a result of the fact of so much time spent on other planets.*

*You have been eager to be on the earth plane and to experience the growth that comes only from being on the earth plane, so that you can begin to advance the Soul along its path. You have much to look forward to in the thousands of years to come. You have begun, in a most beneficial way, by opening your Spiritual Centers, as you are, in this lifetime. And this will serve to be of benefit to you in future lives, and your growth can be very accelerated because you are spiritually open. What you have the potential of doing in this lifetime is imprinting upon your soul a memory that will carry you through into future lives of your accelerated growth during this most critical time on Planet Earth, The Shift. You will remember what has happened during this time of The Shift, and many thousands of years from now, and once again Planet Earth will need to cleanse itself.*

*This is not the first time that the Earth has cleansed itself. It will not be the last time. It is a pattern. You, being with many of the old souls now, will have the knowledge and the skills and the abilities to assist when the next cleansing must occur. This is, as Mushiba and some of the others were experiencing, who were here ten thousand years ago when Atlantis was destroyed. The Soul memories are with them to help in The Shift that will occur now. You are here at a most opportune time. You have chosen it specifically. Your Toy Box is full. You have many, many lessons to learn.*

*It will empty. It will. Look to those around you to help you in meditation and how to do this. Surround yourself with bright lights, the entities who are of the light. Listen to them. Seek their advice. They will help you to distinguish between those of the light and those of the dark. Be very careful. I say this to all of you. Those of the dark are able to disguise themselves many times. At first you will think they are of the light. The disguise is not able to be held for very long though because their true nature comes through. Those who are of the very Highest Light, those who surround Mushiba, are able to recognize immediately those of the darkness, and the disciples of those of the darkness are indeed very dangerous.*

*So, my dear, you can help by becoming one of the Disciples of the Light. We are here to get as many Disciples of the Light as we can so that when the battle between the dark and the light occurs, when The Shift happens, we will have our forces, as they should be. So you have quite a challenge ahead of you. You can have tremendous growth occur from this lifetime that will carry you through to many lifetimes in the future. Seek out those of the light and surround yourself with them. You will be most happy.*



## Inquiry About Feeling So Drained ~ Protecting Oneself From The Darkness

I have been with a group for about a year now. I am very new at things. It started out very enjoyable. And lately, I have been absolutely drained, totally physically drained, and I am a little baffled over it. Am I going about it wrong or doing something wrong?

*We see a new energy who recently entered into this group of which you speak. This energy is not harmonious with the group. This entity is a disciple of the Darkness. You are feeling a drain on your energies. What the disciples of the Darkness do is to go to those of the light and attempt to drain them, to take their energies away. You cannot hide yourself from all of the disciples of the Dark, any of you, my children. What you must learn to do is to protect yourself from them because you will not have, as we would say, the luxury of moving away from them. They will be in your work environment. They will be surrounding you in many different ways.*

*What you must do is to learn how to surround yourself with the protective White Light so that those disciples of the darkness are not able to penetrate this protective shield and therefore are not able to take your energies from you. They take them from you to use for their own purposes, to drain you, so that you become susceptible, and they can then attack your psychic being and weaken you spiritually so that you are not able to be a part of the Force of the White Light that will be needed when the battle ensues during The Shift.*

*Now it is a very easy thing to do to surround yourself, as I said to Hannah. Visualize the White Light within you and then you visualize the White Light around you. As you learn to be in touch with the God within you, and you are able to be in touch with your Higher Self, you will be able to protect yourself, stronger and stronger. Your guides are here to help you in this area. The reason that I encourage everyone to meditate and to be in touch with their guides is so that you can communicate with them and they can help you during this time frame that is coming to protect you. Your guides can protect you from the dark forces only at a certain level. You must learn to protect yourself also. If you are able to do this, you will not feel this energy drain. You can ask the help from others. You must all help each other to form protective shields around each other, and if one of you feels especially attacked, then call upon the others for some extra protection and that will fend off the attack.*

Is it the last person that joined the group?

*It is the last individual, the newest energy that has entered. This individual can be saved from the darkness.*

How can I do that?

## The Importance Of Prayer In Dispersing The Sons Of Darkness

*By praying to The Creative Force and asking The Creative Force to send in The Angelic Forces. It is a very simple thing to do. Simply ask and then we will assign The Angelic Force to help in the dispersion of the darkness around. What we will attempt to do is draw out the darkness and to pull away the negative energies so that this vibration then will be open to receiving positive energies, so would you all, to send visualization of White Light to this entity, along with the asking for help. This will help.*

*What you must know, however, is that an energy who is a disciple of one of the Sons of Darkness has at their disposal the power of the Son of Darkness, and the battles that go on between those of the light and those of the dark will be fought. Therefore, it is important that once you ask for help, that you send your own support in the form of prayer. We cannot emphasize enough the importance of prayer in dispersing the Sons of Darkness.*

*Whether you decide to stay with this group will be your choice. Perhaps it would be a good idea to try the things that I have suggested to you and to protect yourself, because you do enjoy this group, and if you are able to protect yourself, and at the same time begin to disperse the darkness surrounding this individual, then it will be beneficial for you to stay in the group. However, you must be careful. And if it is not possible, this does not happen, then you must protect yourself and think of your own Self and perhaps choose another direction in which you must go.*

### **Inquiry About Past Lives With A Friend ~ Past Life Connections**

*You have been sisters. You have been brother and sister. You have come in as twins in four different lifetimes. You have come in together, and it has been a very strong bond that you have developed as a result of this. In one particular lifetime, perhaps three thousand years ago in what is now Africa, you were identical twins. You had a great deal of fun with this. You were females, both of you, and it was a very enjoyable life. It was a very short life for both of you. You had some quick lessons to learn and then you left. You both left at the same time. You were in a boating accident, as it was called. You, on the earth plane level, drowned. You had been on the earth plane for perhaps fifteen or sixteen years. You were in a boat on the ocean. There were tremendous lessons learned by those around you as a result of this departure. It was a hard lesson for many. Nonetheless, one in which, by your departure, taught many people. And because you both sacrificed yourselves in that way, you gained tremendously from that lifetime, because of what you helped others learn. As a result of that, you have a residual from that lifetime of an adversity to salt.*

☺ **It is true. Not the ocean though.**

*Yes, you do love the ocean. You are opposites of each other, you see. You are here to help each other overcome some of the residuals from that lifetime. When you went into the water your lungs filled with salt water, and this has created this attitude toward salt. Your attitude toward the ocean, my dear, is something that your twin can help you with. Go to*



*the ocean. Embrace it. And I mean to literally run into the waves and allow yourself to be encompassed by it. Do not do this alone of course. By facing the fear, you will eliminate it.*

### **Inquiry From Someone With A Fear Of Heights**

*Your fear of heights comes from another lifetime, of course. You lived in a mountainous area very near where what is called the Alps today on the earth plane. You were forced by an entity then, who is not on the earth plane now, and of no consequence to you in this life. This entity forced you to climb the mountain, and you had hesitations about it. He told you that it would be all right, you would not have to worry about anything. And that was not true because, against your own will, you were forced to start climbing. And you did indeed fall and that was the end of the life on that particular occasion. You left your body very quickly on the way down. You must face your fear also. Isn't it interesting how these lives affect your current life?*

### **Flowing And Trusting In The Universe**

**I am also part of the group that was spoken to you about earlier. And I am having a very difficult time finding out what my purpose is. I seem to be jumping so fast from one thing to another, and I am very confused by it. I cannot segregate what it is I am supposed to do. And I think I am confusing some of the people in there.**

*While I do not like to dictate to anyone what to do, I will, on occasion, make recommendations based upon knowledge that I have about your total picture, that is, all of your lives, and your soul's path, that has come to where you are now. It appears that this group is not harmonious for your energies now. There are several in the group who are harmonious with you, and you know those people. However, because of certain issues that you need to address in your own soul's path, there is, as we would say, with opposite energies, a friction occurring.*

*You need to go into another direction at this point. You need to find another group of energies who are more harmonic with yours, and it is out there. What you need to learn, you are not going to get from this particular group at this particular time. It will be advisable that by opening yourself to The Universe and allowing The Universe to show you the way, that you will find those who will be most harmonious with you. A basic Law of The Universe is that when a void is created it must be filled. So you therefore need to create a void so that The Universe can then place into that void those who are harmonious with your vibration, as you are now, and what you need to learn now. Do you understand?*

**Not really. I guess I am having trouble with the direction. Why things have been happening to me lately, I do not understand.**

*Yes. It is The Universe at work. And, my dear, what is happening is that you are not certain how to work with The Universe and how to, as we would say, Flow with The Universe. You need to surround yourself with energies, with people who can help you to understand*

*how to work with The Universe. There are people in this session now, as we speak, who are learning how to work with The Universe, or who have already learned and are working quite well with The Universe. That is what you need, first and foremost, so that everything else will then begin to fall into place.*

*You may not understand why something is happening. You will know that there is a reason for it, and you will allow yourself to let go of the sense of control that you are trying to have, and trying to understand what the reason is for everything. There will be many, many times when events that happen to you will not be understood by you, and that, in fact, is part of the lesson in faith, in trust. Many, many entities go through this, just accepting that something is happening for a reason. Try to understand and gain from that and work with the Laws of The Universe.*

*Reach out to those around you. There are many, many who are anxious and willing to help you. You need only ask. Those who are here to serve will not force themselves upon anyone. They will wait to be asked, and then there will be no stopping them.*

### **Question ~ Could You Explain How The Law Of Grace Works?**

*The Law of Grace as has been identified by Cayce, and works with what is referred to as karma. Those are terms that are used to describe what we at this dimension refer to more commonly as balancing. The terms karma and grace have been given in an attempt to help people to understand a very complex process. One balances the other. We could say that there is a debt and that by performing deeds of benefit, and good deeds, the Law of Grace then erases debt. This is, again, what we call balancing.*

*We do not view an activity as bad. We do not view things as bad. We view things as opportunities for growth. Even those of the darkness, the Sons of Darkness, are working through opportunities to grow. Their balancing is of course way out of kilter. The more good that you do, the more this helps your soul in its lessons to be learned, so that the balancing occurs. Think of a board that is teetering ~ and the grace that you need ~ you have an imbalance such as this ~ and the lesson that you need to learn is weighing you down. And the grace that you have potentially available to you begins to work, so that there becomes a balance eventually, and that particular grace balances the lesson, and then enables you to then take on the next lesson. And again, an imbalance will occur. As you learn the lesson, and you accumulate the grace, it balances again. That is a very simple explanation for a process that can become quite complex. Does that clarify?*

**Somewhat. Does The Creative Force ever directly intervene in giving grace, although one may not have earned it with good works, by prayer from some other source, or from one's own prayers?**

*Prayer from others is a very powerful source and can help to, in many cases, free the shackles that surround an entity because of deeds performed by that entity that were of the darkness, and can, in fact, in the freeing of that individual, enable them to start fresh. It then*

*becomes the responsibility of that entity with the fresh start to do things in the right way. This works sometimes, and sometimes it does not. If the entity has not truly earned the lessons, then very often the attitudes and the behaviors are still remaining, and they go back to eventually their negative behavior.*

*The Creator is in all of us and intervenes, as I have described, although is not the cure. The Creator is dealing with free will. We all must prove ourselves worthy to become One again with The Creator. So the same issue is here, that the slate can be wiped clean. However, the attitudes and behaviors are still there. Whether it was wiped clean by direct intervention or by prayers from others, it is still up to the entity as to the direction taken at that point. This is why it is so important that we encourage you to seek out your lessons and to learn them, and to truly balance, because only in that way will real change be affected and become a permanent part of who you are. Does that make sense? Of course it does.*

### **Question ~ Why Me? I Do Not Understand Why I Was Chosen**

**Regarding what you were just talking about, I feel that I have been walking down a path and I do not know why I was chosen to walk this path. And I do not know how to use my free will. I want to do that, and something seems to be holding me back. I desperately want to be a free spirit and go down the path the way I think I should. I do not know why I was chosen.**

*You are a very humble entity, and you are holding yourself back because you have recently become aware of your abilities, and your mission, and the strength of your soul, and you are unable to believe it. You hence will ask, "Why me? I do not understand why I was chosen." I will not be able to convince you. You must accept yourself for who you are.*

*You can do this by speaking directly to your guides. You have two. One is more dominant than the other and is a female energy and stands at your left side. She has been specifically chosen to assist you down this path. She wants to communicate with you and she is ready to give you her name. I am not going to give you her name. And by your meditations and communicating with her, as you begin to understand who you are, you will then be given her name. She will tell you her name. When that occurs, you will have a sense of strength about who you are. And you will believe it, and you will accept it. When the moment comes that you hear her name, there will be a freeing for you, for you will know then of your advancement, and that you have recognized it, and feel comfortable with it.*

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