

*Waith Institute for Spiritual Leadership*

***Waith Manuscript***

**How to Convene a Meeting  
of the Dimensions of Self ~  
Concepts and Applications**

**Information Given Interdimensionally By**

*Waith*

through

*Mushiba*

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# Waith Institute for Spiritual Leadership

## Waith Manuscript

TOPIC

### HOW TO CONVENE A MEETING OF THE DIMENSIONS OF SELF

#### THE CONCEPTS

##### PLEASE NOTE:

*Waith's words appear in this font style, size and color.  
If one from his Spirit Group speaks, they will be identified.*

Questions and responses from those in the class  
appear in this font style, size and color.

☀ Indicates multiple responses from class members.

*We bring onto the record a discussion on HOW TO CONVENE A MEETING OF THE DIMENSIONS OF SELF. We will present both Concepts and Applications.*

*Why would you want to convene a meeting of the dimensions of Self? ☺*

**It sounds cool. ☺**

*Wanting to communicate with plants and minerals does sound cool! ☺ And, once you are able to do that, is it so cool?*

**Well, it depends ~ it has its moments.**

*It has its moments, indeed. It is like communicating as you would in this concrete, in a group,. You have convened a meeting of the concrete dimension of yourself with the concrete Self of everyone in this room. Therein is the foundation that we lay for our discussion.*

*How difficult was it to bring together this meeting that you are now in?*

**We all just came. We said that's what we're going to do and here we are. ☺**

*Indeed. What else is involved in bringing a meeting together?*

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☀ **Planning.**

☀ **Invitations.**

*Indeed. There is one who said she was coming and is not here. This is not a negative ~ this is simply an illustration that, no matter how much planning and the invitation, something can happen that you are not able to attend the meeting.*

*What else might be involved in bringing a meeting together?*

☀ **Interest.**

☀ **Purpose.**

☀ **Refreshments.**

☀ **A place to be.**

☀ **Curiosity.**

☀ **Commitment.**

☀ **Scheduling.**

☀ **Transportation.**

☀ **Tools.**

☀ **Respect.**

*Respect ~ elaborate a bit.*

**Respect of Self and others.**

*Whenever we ask for a listing, it is generally a very good bet that the word RESPECT would fit into it, since Respect is the first word in our Guidelines for Growth. ☺ (Note: For a listing of the Guidelines for Growth, please see Page 27.) What else would you add to this list?*

☀ **Punctuality.**

☀ **Need.**

☀ **Responsibility.**

☀ **Fun.**

☀ **Lightheartedness.**

☀ **Topic or subject matter.**

☀ **How we will talk about it.**

*This is quite a list ~ all this to get you together, at this point in time. Let us look at this list and the bringing of this meeting into place.*

*THE TOPIC ~ after we gave Mushiba the topic, she presented it.*

*HOW TO TALK ABOUT IT ~ you know that it will be us who will present the information to you. You also know that, as a group, you simply come together. Many of you know each other and feel comfortable with each other because you have been in several classes together.*

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*A PLAN ~ which Mushiba had in bringing you all together.*

*THE INVITATION ~ a notice for the Class date and topic was posted. You were interested in coming ~ and for many of you it would not have mattered what the topic was. However, for some it would matter, and they might say, "I'm not interested in that topic so I'm not going."*

*REFRESHMENTS ~ in any given class there can be an abundance of food or at a minimum, you know you can expect to have tea and coffee ~ this is the hospitality component, of which refreshment is a reflection.*

*WHERE WILL IT BE ~ it is here, where you are. However, there could be a different spot ~ and it could be determined that you will meet someplace else.*

*CURIOSITY ~ how many of you are curious about this topic we discuss now? (Note: The class members respond in the affirmative.)*

*FUN ~ this is a very important component of the environment that we, and Mushiba, have worked to achieve over the years ~ a sense of comfort and fun ~ relaxation. Everything is an evolution ~ it does not just happen with one meeting and that is it.*

*COMMITMENT ~ you are all here.*

*SCHEDULE ~ there is a schedule that is planned ahead of time ~ part of the planning.*

*TRANSPORTATION ~ how you physically get here.*

*TOOLS ~ what you use that helps you to remember the content of the meeting. Taking notes with paper and pencil or tape recording are two popular tools.*

*RESPECT ~ respect is underlying in all that is done ~ respect for Self ~ respect for others. You gather and have a foundation of respect for each other and for Self.*

*PUNCTUALITY ~ following respect is punctuality, which is part of the issue with time that many on the plane have taken on.*

*NEED ~ somewhere within Self there is a need for you to hear this information.*

*RESPONSIBILITY ~ you said you were going to come and you did ~ that shows a sense of responsibility to Self and to others.*

*These are basic components of convening a meeting. You each have managed to bring yourself to this meeting, fulfilling all of the different components of a meeting. ☺ On one hand it is very complex ~ look at the different things that have to come together. And on the other hand, it was quite easy.*

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*When these meetings first began so many years ago, it was not as easy as it is now. What makes it easier now ~ and what will make it easier in the future?*

**Experience.**

*Yes, indeed. My love. And, if you were asked to convene the meetings for Terra Lux for next year, what would you do?*

**Get on my phone.**

*With whom?*

**To the circle of people.**

*And how would you know who is in that circle?*

**I'd have to get a list.**

*From whom?*

**From Mushiba.**

*There is a focal point ~ that particular point of reference that has the information. It is easy for Mushiba to call these gatherings together ~ she has many earth plane years of experience. To ask another to do this now would require her to do what?*

☀ **Delegate.**

☀ **Train.**

*Delegate and Train. First, she would have to recognize who would be the best person to take that on ~ the delegation component. And, then train and give RESPONSIBILITY to that person who will now call these meetings.*

*What is the probability that the meetings will run smoothly the first few times that the new person is calling these meetings?*

**Depends on who is doing it! A Virgo! ☺**

*Yes, it is humorous to indicate a particular type of person. However, it is true for there are some who choose particular signs ~ alignment of energy ~ that enable them to organize. There are many astrological signs that combine the energy that allows them to have that flow.*

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*The probability is that the first few times it will be bumpy ~ there will be some things that will not be quite given attention. Perhaps someone forgets to have the water on for tea.*

*Mushiba has a finely tuned flow of how things happen ~ which you all take for granted until it is no longer there and you say, "There is no water ~ there is no tea ~ who's going to tape record this meeting?" 😊*

*There are many components in the planning and a new person will learn by doing. However, part of the job of the person who is giving out information to another to help them learn, is to monitor and facilitate in the learning.*

*So, my love, Mushiba would say to you, "I would like you to be in charge of convening the meetings for the next six months." She could say to you, "You're on your own." And, indeed, there would be some who would have that way of delegating.*

*However, as you learn leadership skills ~ and we are talking about leadership within Self ~ you learn that it is best to nurture.*

*Mushiba would say to you, for example, "We'll meet and I'll give you a list of the things that are required ~ I'll walk through it with you ~ I'll help you for this meeting coming up ~ you'll watch what I do, take notes and the next time it will be you who does it and I'll watch ~ and the next time it will be you who does it and I'll stand back and be in the vicinity if you need help and I'll be in that mode until you feel comfortable in doing it yourself."*

*You then feel comfortable and begin to do it. It then becomes time for you to take on another task and you say, "I need to find someone who's going to replace me." If Mushiba were still on the earth plane, you would go to her and say, "It's time for me to train someone else." She would say to you, "Let me help you to train."*

*Learning something is one thing ~ training another to do what you do is an entirely different energy mode.*

*Mushiba would, then, train you to train another ~ and the process begins because, then, you are trained to train another and you do the training and then you will be looked at to train someone who will train.*

*What does this have to do with the levels of Self? You might say, "Well, it's very easy to talk about this concreteness ~ I can see, hear, feel, touch ~ here's the invitation ~ I know what everyone looks like ~ here's the list ~ I know who's on the list ~ there's no question about who's on the list."*

*Easy at the concrete, is it not?*

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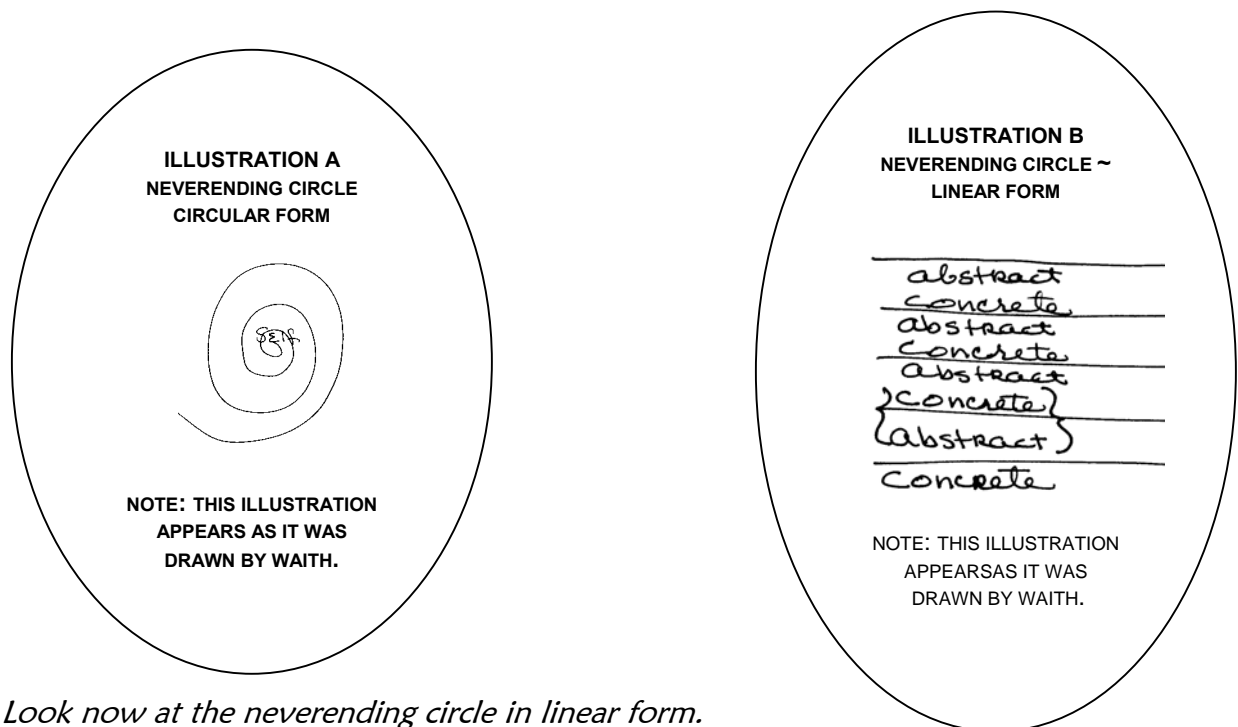
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It can be.

*Each of you now is in the concrete dimension ~ this means that the concrete level of Self is visible.*

*Your abstract for this concrete is the unseen. Your abstract, right now, is the concrete to its next level, which has an abstract.*

*So, it is time to call a meeting of Self and you say, "Everything is abstract ~ it's only this concrete that I know ~ how can I bring in all this unseen?" It is quite simple, actually. Let us look at the neverending circle. (Note: Please see Illustration A, below.) Self is in the middle.*



*Look now at the neverending circle in linear form.*

*(Note: Please see Illustration B, above.) In linear form*

*you are dealing with what would appear to be a hierarchy when, in fact, the dimensions of Self are the neverending circle ~ they are swirling around and intermingling.*

*Where you are, now, is your concrete. In the linear illustration, we place the word ABSTRACT ~ it is the abstract to the concrete. And, then, concrete and abstract exchange each other in the next level.*

*Your abstract on the next level is the concrete for that level. Think of it as a floor and a ceiling. This is the floor on which you stand now. Downstairs, it is the ceiling. The ceiling above you is the floor to that upper level. Depending on where you are determines what you call it. So, downstairs you are talking about the ceiling and upstairs you are talking about the floor.*

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*Within the levels of Self, then, what is concrete in one dimension is abstract in another dimension. And so, in reality ~ whatever that means ☺ ~ abstract and concrete are the same and yet everything is abstract and everything is concrete. What does that mean?*

**It depends on our perception of where we are because everything is intertwined and everything influences another.**

*Yes, it depends on your perception. If you were to look at the idea that everything is abstract and concrete combined, and everything is abstract and everything is concrete ~ and it all depends on your own perception ~ it brings you to Self.*

*There is Self ~ there is no one else ~ just you, with Self. Your dimensions of Self are manifested right now in this concreteness. You are the result of all of the layers of abstract and concrete intermingled and separate. There is no mystery here where you might think, “Oh, I can’t reach my Higher Self ~ why can’t I reach my Higher Self ~ why can’t I focus ~ I’m not doing it right ~ I’m not hearing anything.” Well, stop talking and listen and more importantly ~ trust. ☺*

*This is the lesson my loved ones ~ you need to TRUST that you are within Self and that you are receiving the information you need to respond to on a daily basis.*

*Informal focusing is THE LIVING OF YOUR LIFE ON A DAILY BASIS. Formal focusing is what many call MEDITATION ~ and that is where people get confused and frustrated because they think they have to be doing a formal focusing in a particular way. We say, once again, YOU FIND YOUR ANSWERS WITHIN SELF IN YOUR OWN WAY.*

*Convening a meeting of the dimensions of Self is as easy ~ and as complicated ~ as convening a meeting of all of you for this class. Depending on how much experience you have had doing it, will determine how easily it flows. You might be thinking, “I’ve never done it before and there’s nobody who can show me.” That may very well be true.*

*So, what do you do?*

**Do something! ☺**

*Do something! You may think you do not know what to do or how to do it because the stubborn component of Concrete Self has said so. The personality of the concrete ~ the ego of the concrete ~ has said, “No, I’ve other things to do ~ I’ve other things to do rather than organizing.” Organizing, for many, is what you call an ugly word. So be it.*

*You may be destined in this life to simply involve yourself with living and gaining information through continual, informal focusing. Or, you may, indeed, be here to learn to discipline Self into going into a formal focusing ~ to truly, then, gather all of the dimensions of Self. One of the levels of Self is going to do it ~ it may not be the concrete in this life and so it waits for another lifetime.*

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*Some of you already have begun developing the skill of meeting Self and have the ability to meet within Self. However, you are so concerned about doing it the right way and talking to Self that you lose sight of the purpose of the meeting ~ it is to hear information that Self knows concrete has to have.*

*You are all living proof that you have listened to Self. You are living, here ~ you are in the concrete, you are conscious ~ or, semi conscious. ☺*

*All of you, by the way, are meeting with Self currently. You may say, "It doesn't feel like it." Well, what does it feel like? How can anyone else tell you how it feels? The sensation, the experience, is different for each person.*

*You will know that you are flowing within Self simply because you will know. You know when you are not flowing within Self ~ it is a sensation that you have.*

*Even when it is a very earth plane day, you can be flowing ~ or you may not. You may become completely engulfed in the concreteness of it all ~ and it could be for days, for weeks or months. For some, it can be the entire lifetime because it was what was planned out ahead of time.*

*Planning a meeting with the dimensions of Self is as easy, or as difficult, as planning a meeting at the concrete with another group. If you can do that at the concrete, you can be guaranteed that you can do it within Self.*

*Calling a meeting of others is something almost everyone of you does whether it is with children you have brought in, family members, work associates, animals, minerals, plants ~ they all qualify as participants in a meeting.*

*Think about it and make a list of all the different meetings that you call ~ the different types of meetings, the categories of meetings. Each of you will have a minimum of six categories. Place it in writing ~ six categories.*

*You may not be able to make that list right now ~ however, you can have that list within twenty four earth plane hours. Then, you will begin to add to your list. This is concrete proof that you have convened a meeting of the dimensions of Self.*

*As you become more experienced, it will flow and as you become friendlier with Self, it will flow. As you are more hospitable to Self, it will flow. Convening a meeting of Self is not work unless you make it so and then it becomes a task. It is fun ~ it is a game.*

*It is fun to come to meetings ~ when you gather people together ~ or you gather plants or animals or furniture, or whatever it is that you gather to meet. It is fun. So, too, when you gather the dimensions of Self, it is fun.*

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*Sometimes when you hear something from Self that you do not like, you then blame something external and say, "I didn't like that ~ it wasn't what I wanted to hear ~ I wanted to hear something else and I didn't hear it." Thus, the battle, as well as the game ~ and the battle is a game ~ continues within Self.*

*Let go of the linear perception of concrete and abstract. Embrace the neverending circle of concrete and abstract. By doing so, you will be immersed in its totality and Oneness ~ and at the same time its separateness. You are all One ~ part of The Universal Consciousness ~ and yet you are separate.*

*Your separateness makes you stronger as a Oneness, which then gives greater strength to the individual component. Thus it is with abstract and concrete ~ separate yet One ~ strength in both.*

**So, how do we convene a meeting of the dimensions of Self? 😊**

*Each of you has a different way in which you would convene the meeting within Self. Just as Mushiba has her way of convening these meetings, she would train another, who would eventually have their own way of convening the meetings and who that person trains would, eventually, have their own way of convening the meeting.*

*It is the same as focusing ~ what feels best for you.*

**Are our higher selves waiting for us to convene a meeting?**

*Who says that it has to be you who would do the convening?*

**Oh, that's what I was wondering. I'll just be there when I'm called.**

*Indeed. It is Self ~ so it would be Self, calling Self. How often have you suddenly felt very fatigued and wanted to simply lay down for a bit ~ and you did and dozed off. That was another level of Self convening a meeting that you decided to attend. Other levels of Self may want to convene a meeting and certain levels do not want to attend. It is simple.*

*Your Higher Self is concrete in its own dimension. So, your Higher Self has a Higher Self ~ that has a Higher Self, that has a Higher Self.*

*Every dimension of Self has a concrete and a Higher Self ~ and a Mini Soul.*

*With that statement, we will end our discussion of The Concepts of HOW TO CONVENE A MEETING OF THE DIMENSIONS OF SELF. In our next class we will give you The Applications.*

## HOW TO CONVENE A MEETING OF THE DIMENSIONS OF SELF

### THE APPLICATIONS

*We begin the discussion of The Applications of HOW TO CONVENE A MEETING OF THE DIMENSIONS OF SELF. The calling of the meeting for the class in which we gave you The Concepts was different in its components than the calling of the meeting for this class. Why?*

**This meeting is in a different place.**

*Yes, it is a different place. This means that when you are calling a meeting of Self, you will be in different places.*

*The calling of our last meeting of the class had very smooth running elements to it because of what factor?*

**How long the meetings were held in that same spot and with the same grouping of people.**

*It was the same place for several years. Everything was in that one spot. Coming into this new location meant that some of the same components of convening the meeting were in place ~ for example, you were called together by way of an invitation.*

*However, to actually come here and to set up the environment ~ to find the right environment and then to set up the right environment ~ meant that things had to be different than they were in the former place.*

*This is a good example of how Self can become very comfortable within Self and see no reason to move or do anything different than what they have been doing within Self. Coming into this new environment has been a stretch for everyone's energy field. 😊*

*Traveling on this particular day created challenges and anxieties. (Note: The weather is snowy.) This is true when each of you want to travel within Self to have a meeting.*

*If you are comfortable in a particular location within Self, then you have no difficulties ~ you come and go and take it for granted.*

*It also means, however, that you have not then grown any in your travels within Self. By saying that you need to have a new location ~ and indeed, the traveling to that location will give you challenges ~ is a way in which the stretching of the vibration occurs.*

*The fact that you are all here today means that you are ready to stretch your traveling within Self. You may not acknowledge it at concrete ~ you may fight it at concrete and say, "No!" Somehow, though, you are here! We had the weather angels on alert! 😊*

*Let us briefly review our discussion of The Concepts of HOW TO CONVENE A MEETING OF THE DIMENSIONS OF SELF.*

*In the neverending circle is Self. These lines represent the linear manifestation of the neverending circle.  
(Note: Waith draws on the board. Please see Illustration A to the right.)*

*Levels of Self are actually all around you as in a neverending circle. We break it out into a linear form so as to highlight this one very important component, which is the abstract and concrete component of the levels of Self ~ or the dimensions of Self.*

*When we say DIMENSIONS or LEVELS, we mean the same thing. Generally, DIMENSIONS OF SELF would relate to the neverending circle ~ LEVELS OF SELF would relate when we are using the linear component.*

*From a linear perspective, what is the ceiling, or the abstract, in one dimension or one level, is the floor in another dimension or level.*

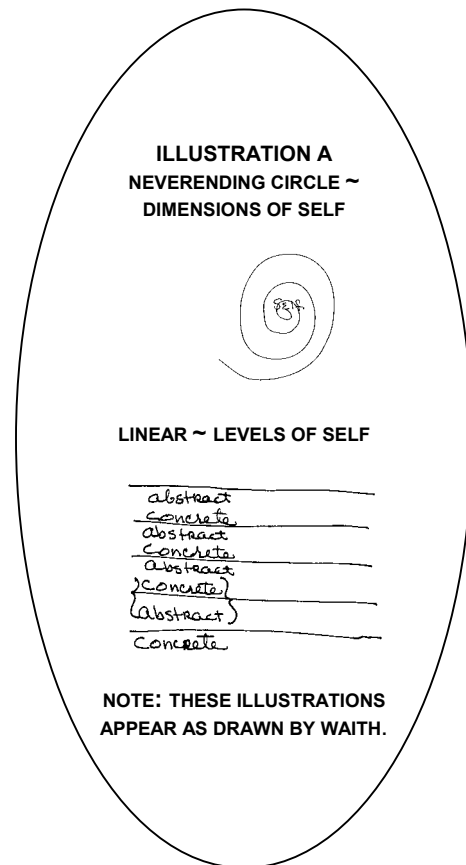
*Thus, you have your feet on the floor now ~ this is concrete. The floor, the level, or the rooms beneath this have the ceiling ~ it is their abstract. This floor is actually an abstractness to the lower level. The ceiling, which is the abstract in this room to all of you, is actually the concrete to the level above.*

*What clarification do we need to give?*

**It just stretches my brain a little to try to envision what I feel to be my concreteness, and how I am also an abstractness to another level of Self. I try to picture it and I feel my brain stretching! 😊 I understand it as a concept, and yet, feeling it is another thing!**

*Indeed! And that is a good point to bring out. It is easy to understand this as a concept, is it not? If you truly understood it, then, within all the levels of Self, we would not be having this discussion with you ~ for applying this, experiencing it, feeling it, is an entirely different thing. And that is the reason you are here learning how to understand fully, and to feel fully.*

*You are not expected to know EXACTLY what this means other than at the conceptual level. Most things at conceptual level are easy to understand ~ seem logical enough until you start to apply it! 😊 That is when the learning comes in.*



*Within Self are all these dimensions. You are a concrete dimension ~ and, there are other levels of you that are also in concrete dimensions. And, you each know that you have a Higher Self and a Soul.*

*This is where we left off in our last meeting, for we said that the dimensions of Self each have a Higher Self and what we would call a MINI SOUL. Does that mean you have more than one Soul and more than one Higher Self?*

**It means we are part of the whole.**

*And what does that mean?*

**It means that it's a smaller section of the whole.**

*Indeed! That is an easy concept to understand, is it not? So within each of these levels is concrete and abstract, and within each dimension exists a Higher Self and a Soul.*

*What implication does this have toward your seeking information from a dimension of Self other than the concrete?*

☀ **All knowledge has other facets.**

☀ **We have many facets, like a diamond.**

*Indeed! There are many facets. So we have said that the different dimensions of Self have different information ~ they have different roles to play. Some of the levels of Higher Self never come onto the earth plane ~ however, they have information that feeds into whatever dimension happens to be currently on the earth plane.*

*So, the level of Self that is currently on the earth plane with each of you now is a particular component of Self ~ a particular dimension that came in to learn particular things, as designated by Self. When it is time to learn other things in another lifetime, another level of Self may come in that has different types of information designated to learn specifically in the concrete.*

*However, since time is fluid and this is a neverending circle, what does it really mean that a particular dimension of Self is concretely manifested right now?*

**It's also abstract right now.**

*Yes, and what does that mean?*

**I can get to it anytime.**

*Just because you are manifesting in this concreteness for a specific purpose of information acquisition, does not mean that the other levels of Self are sitting around doing nothing.*

*It is simultaneous and the purpose for convening a meeting of the dimensions of Self is simply to learn the skill of going within Self to those other levels that have a particular component of information ~ a facet of information. Easier said than done. 😊*

**So in the linear representation of the Self and the Higher Selves, this doesn't mean that the higher up I go, the more information they have?**

*That is correct. Understand that this is only a linear manifestation of something that is fluid. There is no hierarchy here, so it does not mean that one level is better than the other level or that one level has a higher knowledge ~ the knowledge within Self is equal in terms of its importance. It is your knowledge ~ it is not anyone else's knowledge.*

*Part of the journey in the Search for Self is to find your levels of Self ~ to actually find out where they are and what they contain for information. When you go into a focusing, you are going into a dimension of Self.*

*Generally, it is said, "I will go into my Higher Self for guidance." Well yes, you are going into the Higher Self ~ the Higher Self of another dimension of Self. And, it could be the Higher Self of this dimension.*

*So, in this dimension you have both the concrete and the abstract, you are dealing with a Higher Self as well as a facet of your Soul. It might be, however, that the information that you need in a Higher Self component is in another dimension. You realize that this is not the dimension that has the information you are looking for ~ it is a nice dimension of Self ~ however, you are looking for something else. And so, you seek out that dimension of Self that has that information.*

*Thus, you need to learn how to move into another dimension within your focusings ~ which is an advanced concept.*

*This takes practice and patience and is often the reason that people will say, "I went into a focusing and I didn't hear anything ~ I didn't get any information!" This can be an accurate statement because the dimension that they went into did not have what they needed and they stopped right there. Or they simply said, "I can't go to my Higher Self ~ I can't do that ~ I want this particular information and I didn't get anything!"*

*Well, that is because they did not continue the journey into Self to find that dimension that has the information. This is what the Webbing Effect is about in the Search for Self ~ becoming acquainted with all of those dimensions of Self.*

*Convening a Meeting of the Dimensions of Self is important because unless you call a meeting of other energies, you lose track of the value and the gifts that those other energies have. As an example, it has been several earth plane months since our last gathering. When you gathered again, how did you feel as you were meeting each other?*

☀ **Happy!**

☀ **Like we hadn't been apart.**

*What else were you feeling? What did you do as you walked in?*

**Got caught up with what is going on in people's lives.**

*Indeed, you did. You caught up, remembering why you enjoyed being with certain people ~ being reminded of the information that they have that you do not have. There was a convening of a meeting at concrete. This is no different within Self.*

*Often, the concrete dimension that you are in now becomes so focused on the path and so focused on the living ~ which is important, of course ~ that there is the forgetting of the other dimensions of Self and how nice it is to be with the other dimensions of Self and to reacquaint with some of those other dimensions of Self that have been neglected because of having to do other things.*

*We are going to help you move into a quietness within Self. We know for many of you this has not been happening lately on the earth plane ~ it has been a very earth planey time ~ correct?*

**Yes!**

*Indeed! Most of you can attest to being bombarded with earth plane things and each day is a day that you want to get through and end. 😊*

**That sums it up! 😊**

*For most on the earth plane now it takes going within Self on a regular basis to help smooth out that tension that is felt because of the earth plane and the anxieties and the fear that exist on the earth plane now. This feeds within your energy field at the concrete and spills into all the other dimensions of Self ~ and the other dimensions of Self become confused because there has not been an understanding of why all of that infusion is occurring.*

*Just because it is another level of Self ~ abstract to Self, and yet concrete to Self ~ does not mean that those levels understand what is going on in your particular dimension.*

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*Each dimension of Self has its own job to do, has its own tasks that have been allocated within Self for information gathering ~ and so, it focuses on what IT is supposed to gather for information.*

*However, because it is Self, it is not protected by infusions of negativity that might be coming from the living component of a dimension of Self. This is why the sending of light within Self is so critical and so often is a forgotten component of everyday living.*

*Even if you are not doing a formal focusing, you are, nonetheless, doing informal focusing, which we have defined as simply LIVING YOUR LIFE.*

*When you awake in the morning, you need to say “I surround myself with white light ~I send white light to all the dimensions of Self.” And periodically during your day ~ especially if it is a stress filled, anxiety ridden day ~ stop for a nanosecond and concretely say, “I send all the dimensions of Self white light from this dimension in which I am living.”*

*And at the end of the day, as you go to sleep ~ and when you go to sleep you will be going into a dimension of Self whether you remember it or not ~ it is again time to send light to all the dimensions of Self. The original purpose of what you know as prayer was this simple concept.*

*To pray is a way of stopping Self and saying, “I am acknowledging a higher level and I am sending light.” Whether or not those words are used is not the issue ~ it is the concept. To say your prayers at night was originally what we are saying to you now. Send yourself light, ask for protection from the higher sources outside of Self and, ask for protection from your Angelic Protectors, Spirit Guides and The Universal Consciousness.*

*The Universal Consciousness is another word for God ~ and other words used. It is the unifying source ~ it is The One ~ and you are simply acknowledging that you are asking for protection and also sending light to The Oneness as well as to The Separateness. It is as simple as that! 😊*

**I heard from another source a long time ago that we are simultaneously living other lives either on other planes of existence or other timelines.**

*That is correct.*

**And when I first heard this, it was difficult for me to grasp that concept. And while it still is, I correlate that to what you have said here, that if we are all part of The One and it is just a matter of splitting Soul energy into different directions, then the idea that was first presented to me that we could be living simultaneously in other dimensions, other concrete planes, as well as non concrete planes, is the same thing that you are talking about here.**

*Yes it is.*

**It's all part of The One and it's all part of me.**

*Yes it is.*

*The reason that everything is so concrete in this dimension is that it has been set up by The Universal Consciousness to be so and you have all agreed that you will come into this earth plane dimension and experience the concreteness of it ~ and to not be CONSCIOUSLY aware of the simultaneous component of the existence of Self in other planes of existence, other dimensions.*

*A PLANE OF EXISTENCE is another phrase for levels of Self or dimensions of Self.*

*Within our Search for Self Manuscripts we talk about lifelines. A lifeline is simply another part of Self and it is also an extension of Self ~ so that there is the ability for a dimension of Self to have an offshoot of an energy of that dimension that is a lifeline.*

*Each of you in this one dimension ~ what you would recognize as the existence in this particular linear component between abstract and concrete ~ can have as many lifelines from that one dimension as you would want. It is generally recommended to not do more than four or five lifelines.*

*Those lifelines, then, have been assigned to seek out information on what your particular dimension of Self was assigned to do. So, you were assigned to learn x, y, and z. And, while you could do that, instead you say, "Why not have x be learned with two lifelines ~ that would be less my own energy would have to do." Thus, you decide to create, perhaps, two lifelines out of this particular dimension assigned specifically to work on x ~ and you are left then only to have to deal with y and z.*

*Another dimension of Self, which has another component of knowledge to gather and other issues to learn, could say the same thing. So conceivably, Self, with all of its lifelines and all of its dimensions, is infinite.*

*If the lifelines that shoot out of the dimensions are complete with mini Soul and Higher Self, are they also able to shoot out more?*

*Yes, they are able to shoot out their own lifelines ~ and that is as far as we will bring the discussion of lifelines at this point.*

**It will never end! 😊**

*It will never end ~ it is the neverending circle. 😊*

**When it is time for me to leave this plane, while my other dimensions of Self will go on, they don't all leave at the same time? My past, or my childhood has affected this reality so it is still going on even when it is not my reality. And, my future reality is being affected by what I'm doing now, so everything is in contact, even my past reality is in contact with my future reality.**

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*Yes, that is the neverending circle ~ that is the fluidity of time. Time on the earth plane is deliberately established to be linear, at least perceptually ~ begins and ends.*

*However, there is no beginning and there is no end ~ so that your realities are separate yet they are simultaneous.*

*So moving out of this dimension ~ as it is called, death ~ is simply a point in a linear perspective. What is happening is that it is part of the reality of the past, the present and the future ~ and so, there is no death, as it is defined, that would say, "This is the end."*

*When you leave this concrete dimension, you are simply moving around in your neverending circle and your concreteness now changes. You now have a different concrete and abstract.*

*So, when moving into another level of Self, you are out of this particular concreteness and you take with you everything, like a little wagon that you would carry everything in ~ it goes with you wherever you go!*

**If this is our lifetime, this is when we entered and this is when we died, and this is all going on all the time, it's like you said, it's fluid ~ there's more right here, and who is right here? 😊 Who will be doing the focusing I am about to do?**

*Self. You see, this is what it is all about ~ who is Self? The entire point of the Search for Self is to identify who the WHO is! And only you are able to do that. That is the joy of it.*

*It is also the discussion of infusions of Higher Self. What does that mean ~ infusions of Higher Self and from what level? "Is it the Higher Self of the level that I am currently in," you might ask? Or is it the Higher Self of another level ~ and who is that level? This is what you are meant to determine. That is the joy in it ~ no one can give you that answer and no one can say, "Well, this is who you are!"*

*Remember that on the earth plane there is no one who can say who you are ~ and how dare they try for you do not even know who you are! 😊 😊*

*You are here ~ and the summation of all the components of Self, right now in this concreteness. In the other concretenesses of Self that are existing in other dimensions in a concrete way, so too, is that dimension of Concrete Self the summation of all the dimensions of Self. It has to be, for it is the neverending and is encompassing.*

*And again, this is the concept. If you look at it as a hierarchical method, it creates a difficulty of understanding for you are trying to delineate one from the other and you cannot. It is simultaneous and it is neverending. It is encircling you ~ each of you.*

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*With practice you could visualize all the parts of Self swirling around you. You reach out to a dimension of Self, bring it to you in the concrete, look at it in the face and say, "Hi, who are you?" Ask the question within Self ~ it is the universal question.*

**It's like in a group of people where we exchange knowledge with each other and enlighten each other, becoming more aware within Self. So, within Self we exchange knowledge within the different dimensions, and by doing this we integrate it.**

*Indeed. It is the integration that is occurring. So, another way of saying that you are the summation of your other levels of Self is also to say it is the integration of the other levels of Self ~ for as you need knowledge in this life, you go to other levels of Self for that information.*

*You may not concretely realize when you say something to another that it is coming from another level of Self. However, many of you have come to learn that, as you say something on occasion, you stop and think, "Where did that come from?" It is Self ~ embrace that.*

**I used to think that a higher level of Self had more awareness, saw a bigger picture than I do at concrete at this level. Now my understanding on this has changed a bit. The Higher Self can have a higher level of awareness with respect to a particular knowledge or issue, and vice versa and I at concrete can have a higher level of awareness than my Higher Self in a particular area.**

*That is correct ~ in a particular dimension. Understand that the Higher Self is not just this one blob of energy that has all the higher awarenesses of Self. ☺*

*The Higher Self is only as good as the information that has been fed into it from the experiences at the concrete.*

*Within a particular dimension, the Higher Self within that dimension has a higher understanding of the knowledge that needs to be gained and the lessons that need to be learned IN THAT DIMENSION.*

*There is ultimately this Soul of Self that is the synthesis of all of the knowledge within Self. However, that larger Soul rarely gets involved in the day to day living ~ it subcontracts it, ☺ if you will, to the components. It sends out the Mini Soul and the Mini Higher Self for the dimension in which that particular lesson or issues to be learned.*

*The Soul is very organized ~ we are simply giving you a more definitive organization of the way Self runs and the way that The Universe has organized the learning of lessons.*

**If I'm asking my Higher Self for information, it seems like I'm asking a level of consciousness of that Higher Self that has a greater awareness and is not stuck in some reality like I am right now.**

*It has a greater awareness within the dimension that you currently are asking information of it.*

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*However, this does not mean that you only have access to that dimension of Self ~ this concrete that you are aware of right now. It means that everything is happening simultaneously and you can go into any level of Self to gain information.*

*We have talked of the blockages that occur when Higher Self does not give information. Just because concrete says it wants information from Higher Self, does not mean that Higher Self is going to give it to you, even if it is within the same dimension ~ and especially if you travel into another dimension of Self and are asking the Higher Self of some other dimension for information.*

*The greater Soul may have said, "No, do not give that information in this particular reality, for it is not needed."*

*You receive what you need to have. Asking for the information is appropriate ~ whether you are meant to have that information at the time you are asking for it is another discussion within Self. It is not to be rebellious within Self and say, "I want that information ~ why aren't you giving that to me?"*

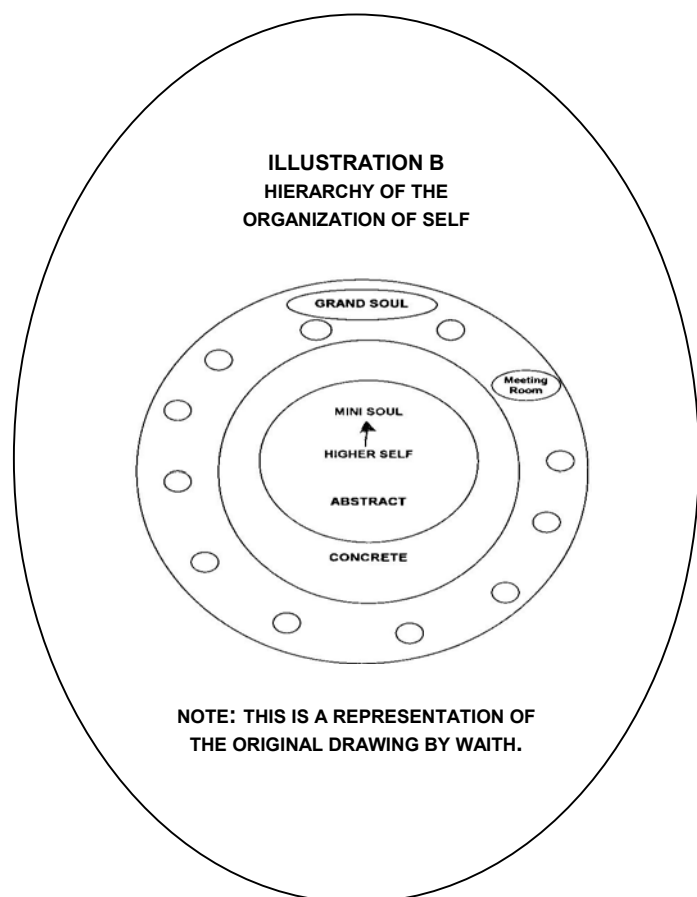
*The higher levels of every dimension do have the overview of their dimension. And so, if you are not meant to have information at a particular time, the Higher Self will say NO.*

*The Higher Self is directed by the Mini Soul within that dimension ~ as well as the higher or Grand Soul.*

*Let us put it into hierarchy. This illustration shows the dimension you are in right now. (Note: Please see Illustration B to the right.)*

*Within abstract there is Higher Self and Higher Self reports to the Mini Soul.*

*There are infinite dimensions within Self ~ no set number. These small circles are levels of Self and all have a Mini Soul and Higher Self ~ abstract and concrete.*



*If you want to surround as in the neverending circle, there is the Grand Soul. This is the energy of Self that knows all about Self.*

*Every one of these dimensions knows only a component of Self. However, you have access to any of these dimensions of Self. You can visit these dimensions of Self and also call a meeting ~ and you can bring them into a little room. (Note: Please see the Meeting Room Circle in the upper right part of Illustration B on Page 19.)*

*In your meeting room you can say, "Okay dimensions of Self, this is where we're going to have a little meeting and this is the space ~ how many want to come ~ if you can make it, meet me there!"*

*It might be that some other dimension of Self is calling a meeting ~ not you concretely. As we said before, you might feel fatigued for no reason at all and decide to lie down and when you do, you are going into a meeting room because some other dimension of Self operating in its own timeline has said, "I'd like to call a meeting!" And you look at the agenda within Self and say, "Okay, that sounds good, I think I'll go!" 😊*

*We are going to give you a Formal Focusing Tool to call a meeting within Self. Some of you may not have any results ~ and some of you may call a meeting and nobody wants to come! 😊 😊 That happens.*

*How many times have you called meetings of people you know and you get resistance for one reason or another? Nobody shows up. That is not a negative ~ it simply means that they had other things to do.*

*Think of this. You become fatigued. However, you do not have the luxury of taking a nap. There is a calling from another dimension of Self that says, "We're having a meeting ~ come!" And you are very tired and some part of you says, "I want to lie down ~ I want to quiet myself." You cannot because you are involved in some earth plane activity ~ this dimension of Self that is concrete and abstract ~ that prevents you from going.*

*This same situation happens within Self ~ some other level may call a meeting and you are unable to attend. This is not a bad thing, my loved ones.*

*It is time to begin to recognize the levels of Self and acknowledge that each part of Self is here to give you information when you NEED it ~ not necessarily when you WANT it. It is time to let go of this sense of control that you think you need to have within Self when you might say, "I'm going to call a meeting of the dimensions of Self and gain control!"*

*This is not what it is about. Perhaps one part of Self will attend the meeting ~ perhaps not. Learning how to do it ~ and then doing it is the important component now.*

**Would it be fair to refer to Higher Self as a repository, kind of like a hard drive on a computer?**

*Yes, you could.*

If I took it a step further, can I call it a mainframe, like one of the giant computers, and all the other dimensions are the little network computers?

*That is one way to look at it.*

So then, the dimensions of Self could be the programs that are in the various partitions on the hard drives on the computers that go to the mainframe. ☺ For me, it helps in separating and yet it is all the same thing. If I need the information, the information is in the hard drive, and if I try to use Word when it's something in Access, it's not going to work. So it's like hitting the right dimension or the right program in order to get that information.

*Yes, indeed ~ that is a different way to look at the same concept.*

*Remember also the concept of lifelines. You at concrete are fatigued ~ you want to take a nap and yet go to the meeting. However, you are not able to get away from work, as it might be ~ you can send one of your lifelines. However, we will not go any further into the discussion of lifelines at this point.*

*It is time now for you to try calling a meeting of the dimensions of Self. You might want to stand up for a moment and just move your body a bit ~ stretch. Move around a bit and bring your body into a little bit of movement.*

*Please position yourself in a way that you will feel comfortable and relaxed.*

### Focusing Tool Calling a Meeting of the Dimensions of Self

*Relax and begin to breathe in a way that feels comfortable for Self  
~ breathing in and breathing out slowly ~ relaxing Self.*

*Call upon your Angelic Protector and Spirit Guides to join you.*

*Ask for the very highest of the white light for protection.*

*Relax and feel the white light surrounding you, protecting you ~  
soft and gentle.*

*Envision a special place that you love ~ it could be the seashore, a  
grassy field ~ and fill it with the white light ~ safe, protective  
white light.*

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*Envision in this special place a sign that you are placing that reads MEETING ROOM ~ this will be the place where dimensions of Self will come to meet.*

*Within Self say the words, "I invite as many dimensions of Self that want to come to my meeting ~ come to my meeting place."*

*Be patient and stay in your favorite place, standing by the sign that says MEETING ROOM and wait for other parts of Self to join you.*

**Focusing Time**

*As your dimensions of Self come into the meeting room, greet each one ~ identify the dimension in whatever way is appropriate.*

*Introduce each to the others ~ you are not asking for information ~ you are simply becoming acquainted and learning how to identify each other.*

**Focusing Time**

*It is time for the meeting to end for now ~ hug your various dimensions of Self as you are leaving the meeting room.*

*Thank the dimensions for coming to the meeting.*

*You have established your meeting room ~ leave your sign there.*

*Leave the meeting room with your Angelic Protectors and Spirit Guides and return back into the concrete.*

*Return slowly, thanking your Angelic Protectors and Spirit Guides and feeling them hug you as you return into the concrete.*

*Be quiet for a moment and reflect on what you have experienced.*

**End of Focusing Tool  
Calling a Meeting of the Dimensions of Self**

*We would like you to maintain a quietness within Self ~ a silence ~ sometimes referred to as a Covenant of Silence. Continue this Covenant while you take a break.*

*This time of silence will help you to reflect and perhaps remember more about what went on during your focusing ~ more than you think you remember.*

### Quiet Time

*It is time now to do a creative activity that may help you to call a meeting of the dimensions of Self in your future focusings. You will each have a partner (Note: Waith selects who is with whom.) We would like each partner to take off a piece of large paper that has been provided ~ and magic markers of various colors.*

*As partners, we want you to create what YOU THINK is an ideal meeting room for your dimensions of Self. The reason we are placing you together is for you to BLEND your ideal meeting room into what would appear to be a Oneness. You have your separate meeting room and then you have The Oneness. This is moving toward a discussion of The Oneness and The Separateness of the dimensions of Self.*

*This creative activity is meant to be. Simply envision what you had as your meeting room, describe to each other what that meeting room looked like and then try to create it in some way as ONE meeting room.*

*As you meet others on the earth plane, they have dimensions of Self ~ and one of your other dimensions of Self is going to connect with another dimension of Self of another ~ this adds more complexity to interaction.*

*When you want to achieve harmony with another, it would be good to know the meeting room of another ~ and that you may blend your meeting rooms to create harmony between two of you or among many of you.*

*What could happen is that you say, "We'll meet in my room." And, the other might say, "No, we'll meet in my room!" Perhaps you create a mutual meeting room and this creative activity is the first step toward doing this.*

### Creative Activity Time

*There was much positive energy as you were creating your expressions. So let us have each team show what it has created.*

#### TEAM ONE:

**One Partner:** My meeting room retained some concreteness. It was at the ocean and didn't evaporate at all. My partner started with a concrete place and then it disappeared completely and became ethereal. We were trying to combine the idea of ethereal, which is very hard to put into concrete and the representation of the sand and the ocean where I was. We were just getting started and determining where our combined energies felt in our respective meeting places.

**The Other Partner:** I felt different concentrations of energy depending on their job to do ~ and I felt the wider concentration of energies, like the major Soul you described as more delegating functions, and then the energies that are very concentrated that work on a particular issue.

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*Very good! Who would like to show theirs next?*

**TEAM TWO:**

**Partner:** We made a meeting place for the two of us. My partner's meeting place was at the beach, which is down here, as the ocean and here's the sand ~ and mine was in a field that actually has an ocean attached to it and there's a couple of trails up there. We straddled the blanket over the field in the sand from the ocean. We have light from the sun, birds, some angels, and some grapes to eat while we're having our meeting! 😊

*Very nice! Who would like to go next?*

**TEAM THREE:**

**Partner:** Both of us had meeting places that were outdoors and elements of water and greenery,. My partner said that she started with an imaginary meeting place and then went to her back yard to a spot where she likes to sit. And I said that I do that too. So we tried to blend the both of being a familiar and an imaginary place at the same time ~ and it had to be outside! 😊

*Very good! And who will go next?*

**TEAM FOUR:**

**One Partner:** This is the ocean and there's some fish over there! We wanted to have a lot of light so there's the setting sun, sort of like a rainbow ~ a lot of brightness and a lot of light. And this is what I assume is like a portal that I am coming through in a mountain area and that's just my feet! In my case these circles are all the abstract people I visited.

**The Other Partner:** And I'm down here in this little endless circle on a platform overlooking the ocean. Even though my partner's meeting room was inside, I asked if we could go outside and so outside we are ~ that's our room, lots of light, lots of color.

*Very nice! And the last group!!*

**TEAM FIVE:**

**Partner:** Our meeting place is where we are! No matter where we are, it's our meeting place, so it really doesn't make any difference whether it's here, whether it's in this room, or rooms around us. Whenever we encounter any other being or any other Soul, it becomes an instant meeting place. You are all welcome to our meeting place, which is everywhere we are! 😊

We have some private meeting places. This meeting place is our goals! This meeting place is our cats ~ we love our cats and when we hold our cats, we are in our own meeting place when we encounter our animals and they take turns jumping on our laps and it becomes a meeting place for any of you who have animals! Also right now my partner just wants to talk about war, power, oil, money, all this kind of stuff, so that's a meeting place too ~ the pragmatic, day to day living where we have to talk about all that kind of stuff. Here's our smiley face meeting place where we try to keep each other happy, and we have places to be alone in our own minds. There's a shark ~ sometimes our meeting places don't work out too well! There are dark places in every meeting place ~ some places are best left alone.

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Of course, there's spirituality as part of our meeting place and we have a very thin line going around which means it's very easy to come into our world and our meeting places. This is my musical meeting place, all different things. Our message through this is that our meeting place is where we are and doesn't have to be an ocean, doesn't have to be a lake, doesn't have to be a rainbow, and right now our meeting place is here with all of you and we're very happy to be here!

*Very good! Clap for all of you! 😊*

*You all did a very wonderful job! 😊 😊 Each team came up with its own unique creation in its interpretation of a meeting place ~ and that was just with two coming together! Imagine when you would bring in several others to create a meeting place and what feels best for the exchange of energy that is occurring with each of you in creating a meeting place.*

*So, as Team Five had indicated, they have a meeting place that really has no boundaries and has within it there are sub meeting places. Others of you have very specific types of meetings places, at least initially ~ and as your own stretching of the comfort zone comes about, so too, does your ability to interact with others expand.*

*We paired you with individuals in this class. When you look at those who are significant in your life ~ your spouses or your companions, your partners, whatever entity is very much involved in your day to day activities ~ and you would do this same exercise, you would find yourselves creating a different kind of meeting place than what you created with your partner here.*

*As you spread your ability to acknowledge that you need to have meeting places of mutual consent with others that, then, allows you to become more harmonious with those who you meet. The challenge comes when there is someone who you are not harmonious with and with whom you would like to smooth things over and become more harmonious and to say to that person, "I have a tool that we might use to find our commonalities."*

*So remember that part of our message is that you find the commonalities first and then to work on the differences. And thus, as you were learning in this creative activity, you were asking each other, "What was common in your particular meeting room?" And you learned that you had certain commonalities and certain differences and that you were able to bring those two components into creating one meeting room.*

**It's so interesting that my partner and I both did something completely different. We both were under the impression ~ we probably both misunderstood you ~ that we were supposed to bring what we had just experienced in our focusing and to bring that together onto the paper. Therefore, we had a difficult time. If we had listened correctly at what you asked us to do, then we would have had a much easier time! 😊 😊**

*However, it was the commonality with the two of you, was it not? 😊*

**Yes! 😊**

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*In your commonality you created something.*

**And we discussed it ~ we exchanged!**

*Indeed! There is no right or wrong answer here ~ there is no right or wrong way to do anything.*

**We were both thinking about something else than all the other people!**

*Indeed! Who else might like to give a response or has a question?*

**It would be wonderful if everybody in the entire world created the Earth the way it is now!**

*Yes, my love, you have extended the concept into *The Universal Consciousness*, which, conceptually, means that all of you have created your reality. You have all agreed that this is the reality that you live in right now and you all agreed to come into this reality. The abstractness of anger and hatred has all been created ~ and while not by you individually, it was part of what was created as a meeting room on the earth plane.*

*As you have a meeting room for war, so too, is there a meeting room within the meeting room for all of the issues that need to be worked through. Your levels of Self determine whether you want to visit a particular meeting room that another has set up. It is as simple as that! ☺*

*You have created your own realities and now taken it one step further in this very simple creative exercise. You had fun ~ and you have created another reality that is important for two of you who have come together. You have a tool now ~ and you can play with this. This can be a lighthearted thing and is another way for you to determine what might be commonalities and differences in a fun, lighthearted way and not in a threatening way.*

**I thought it was interesting that everybody has outside. Even though there is a little bit of inside, it is mostly all outside ~ and here we are in the midst of having to be inside all the time! Inside and outside are different concepts ~ we all have different concepts about inside and outside.**

*Indeed! Certainly, those who live in different types of weather conditions would view outside and inside very differently than those of you who have been living inside for several months because of the weather conditions and visualize warmth and outside as a panacea. It is in the perceptions and that is why the earth plane is one big playground, my loved ones, where you can go wherever you desire to go ~ you are limited only by your own limitations. ☺*

**Having a meeting place forced on someone is not a very nice thing. My four cats don't like each other very well and not being able to go out, they have been forced together for the duration of this winter.**

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*That is true of people ~ of any energy forms when you take it to that degree.*

**I'm trying to find a harmony with it when it is a forced situation.**

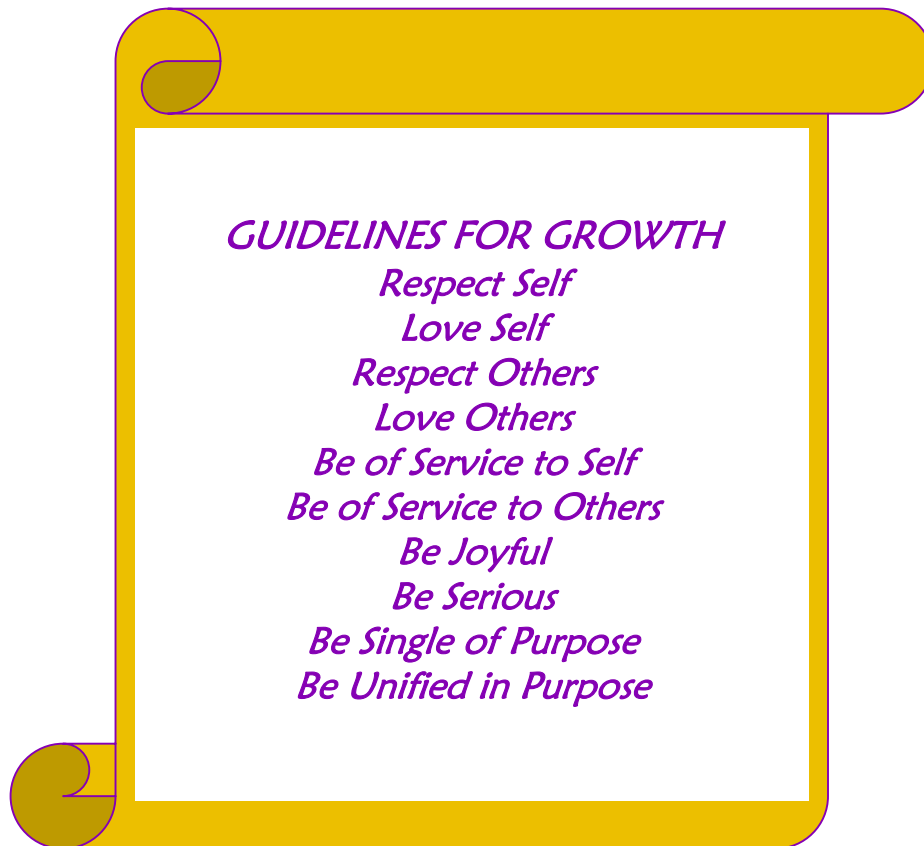
*Indeed! And all for lessons to be learned for not just the cats! ☺*

*It has been delightful to have you all here and to be as participative as you have been ~ and listening to your Higher.*

*Quiet yourselves, now, and focus on Self and the beauty of Self ~ and the harmony that exist within Self. Be still within Self and, as we depart, carry with you an energy of protection and safety.*

*We send to you all now the very highest of the white light from the very highest of The Kingdom of Amelius. Farewell!*

**Bye Waith and thank you very much!!**



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# *Terra Lux, Inc.*

*earth plane headquarters of the*

*Waith Institute for Spiritual Leadership*

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**WAITH . . .**

*Heaven is in your own heart ~  
heaven is the love you hold for Self.*