

*Waith Institute for Spiritual Leadership*

***Waith Manuscript***

**Defining the Higher Self**

**Information Given Interdimensionally By**

*Waith*

through

*Mushiba*

A Publication Of  
*Terra Lux Press*  
2004

# Waith Institute for Spiritual Leadership

## Waith Manuscript

### TOPIC

### DEFINING THE HIGHER SELF

#### PLEASE NOTE:

*Waith's words appear in this font style, size and color.  
If one from his Spirit Group speaks, they will be identified.*

Questions and responses from those in the class  
appear in this font style, size and color.

☀ Indicates multiple responses from class members.

*We are here in this class to discuss the topic, DEFINING THE HIGHER SELF and will be an elaboration on our discussion of the Levels of Awareness ~ we are placing the building blocks as we talk about the various dimensions of Self*

*Where exactly is the Higher Self?*

It's all around each of us.

*Ah-h-h! All around! What does that mean, ALL AROUND?*

It's not really in a physical location. It's kind of in us and around us. It's in more than one dimension at the same time.

*Simultaneous? Simultaneous with what?*

The Concrete Self.

*Ah-h-h, Concrete Self. And simultaneous with what else?*

The Soul.

*The Soul ~ Ah-h-h! And, simultaneous with what else?*

Abstract.

*Simultaneous with the Concrete Self, with Soul, with the abstract. What else is it simultaneous with?*

**All the levels of Self ~ wherever they are!**

*All the levels of Self. That means, then, that Higher Self is simultaneous with itself.*

**Yes. Naturally!**

*Oh, naturally!☺ What does that mean then ~ explain that! Someone comes up to you, my love, in a discussion circle and asks, “What does it mean that Higher Self is simultaneous with itself?” My love, you responded to our question by saying, “naturally!” ☺*

**Because that’s a truism!**

*A truism! Ah-h-h, an ISM! What exactly is a TRUISM?*

**It’s something that sounds profound yet it just says exactly what it says. Of course, something has to exist simultaneously with itself.**

*Why?*

**Because that’s itself!**

*If it is itself, then it is Concrete. Why would it exist simultaneous ~ what would simultaneous mean?*

**The multiple levels of it.**

*Oh, multiple levels. So, then, it means one on top of the other. So there would not be simultaneous ~ it would be some kind of linear component.*

**It could be. It’s not just linear.**

*What else is it?*

☀ **I can’t think of the word.**

☀ **I’ll give it a try! You just repeated that it’s not just linear. However, that’s just in our terms for our reality. It’s really all happening at once. So yes, the Higher Self is simultaneous with itself because everything is happening at once now.**

*EVERYTHING IS HAPPENING AT ONCE is a longer phrase for the word SIMULTANEOUS! Nice try!  
☺ If it is not linear, then what is it?*

**Nonlinear! ☺ ☺**

*Nonlinear! Oh, that is a very good definition! ☺ ☺*

**Meaning that it’s all within and around ~ intermingled, not sequential and outside of time.**

**The neverending circle!**

*The neverending circle ~ what is that?* (Note: Waith draws the neverending circle on the board. Please see Illustration A to the right.)

**Growth.**

*What type of growth?*

**What are you talking about, Waith I don't have a clue!?**

*Well, you see this goes to the question of how to explain a concept to someone who is unfamiliar with our information.*

*We come to you, my love, because you are new to our classes. You attended one of the discussion circles facilitated by Mushiba and the vocabulary being used was new to you.*

**Very much so.**

*So, if in the discussion circle you asked the question that we had asked, "What does it mean that Higher Self is with itself and is simultaneous with itself?" And someone said, "Well, NATURALLY, that's what it means." What would you say?*

**That's not what I want to hear. I need details ~ descriptions, adjectives, definitions.**

*Very good. Indeed. And an ISM? What is an ISM? If someone were to read a Waith Manuscript and see the words, "Well that's a truism," without there being the bantering that is occurring now in this class, then what might happen?*

**They would say that's what it is. They would believe it.**

*Indeed. It would become part of the truth.*

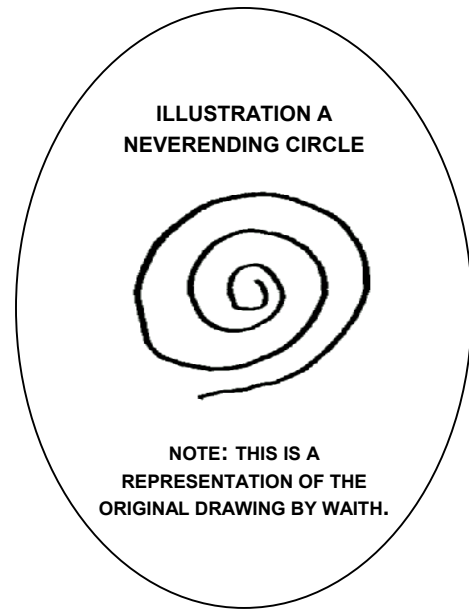
**And that's not what we really want.**

*And that is not what we are here to give for guidance. You did a fine job!*

**Thanks! 😊**

*Indeed! Defining the Higher Self can be very serious. This could be a very serious discussion, could it not?*

**Yes!**



*Well, there is nothing so serious that you need to sit and BE SERIOUS! 😊 This is all information that you either understand or you do not! And if you do not understand it right now, what is the big deal? 😊*

**It's no big deal! We'll catch it eventually!**

*When we use the linear, which is the portrayal of Levels of Self as a hierarchy, that is one way for the beginning of an understanding where most entities start their journey into an understanding of Higher Self. (Note: Please see Illustration B to the right.)*

*The neverending circle is the abstract representation of dimensions of Self ~ or the simultaneous component.*

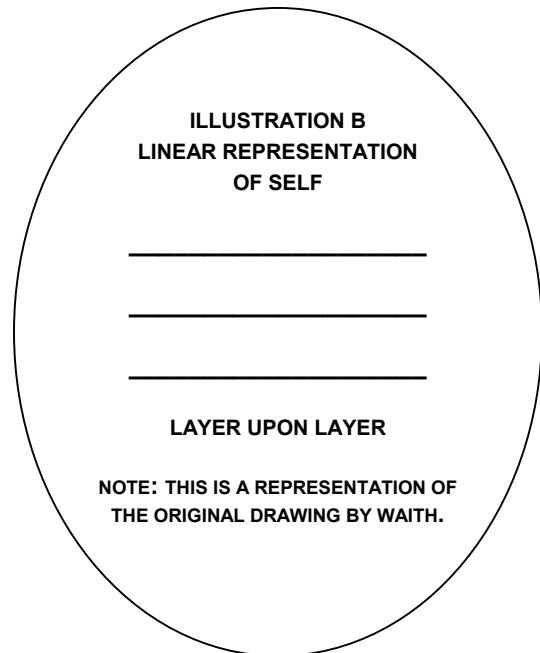
*To think that something linear is also simultaneous defies logic. And so, what you have with are two distinctive paths toward gaining understanding.*

*The first path, where most people begin their journey in trying to define the Higher Self, is looking at it from a linear perspective ~ levels. So often it is described as the LEVELS OF SELF ~ and those are the words that are used ~ and indeed, we have used those words. There is the concrete, which is right here where you are. And then there is the next level called the Higher Self and after that is the Soul ~ three distinct layers. It gives the beginning of an understanding of differences within Self.*

*The second path is the abstract understanding that brings in the neverending circle, that then brings in the concept of simultaneous ~ everything occurring at the same time. And indeed, to say, AT THE SAME TIME, is placing it into a linear perspective ~ for simultaneous means there is no time ~ past, present and future are merged as one.*

*We will use more and more now the word DIMENSION rather than LEVEL ~ dimension of Self. DIMENSION is more abstract and more aligned with the neverending circle. LEVEL is more concrete and aligned with the linear. My loves, both are correct. Do not think that if you are having difficulty understanding the abstract and the neverending circle and the simultaneous component, that you must be stunted in your spiritual growth! This is not true at all! 😊*

*It is difficult enough to understand the concept in a linear modality and to come out of the Concrete Self and acknowledge that there are other levels of Self ~ other parts of Self ~ that guide and give answers and information.*



*The Higher Self exists simultaneously with all the parts of Self. However, as you look at it from a linear perspective, each level has a concrete and also has an abstract.*

*Within each level, looking at it from a linear perspective, there is a Concrete, Higher Self and Soul ~ or has we have called it, the MINI SOUL. (Note: Please see Illustration C to the right.)*

*Does this mean then that you have an infinite number of Concretes, Higher Selves and Souls within your energy?*

**I would say so, especially because all the parts of us also have their own Souls, their own Higher Selves. Our organs all have a Soul so really there are a lot of them out there in that circle.**

*Indeed!*

*What did she just say?*

**I have no idea! 😊**

*Indeed! 😊*

**What I'm saying, basically, is that everything within us is independent of us, like any organ that we have. That organ, even though it's helping us now, it has its own path when it's not with us. It has its own consciousness.**

*Indeed. The plot thickens!*

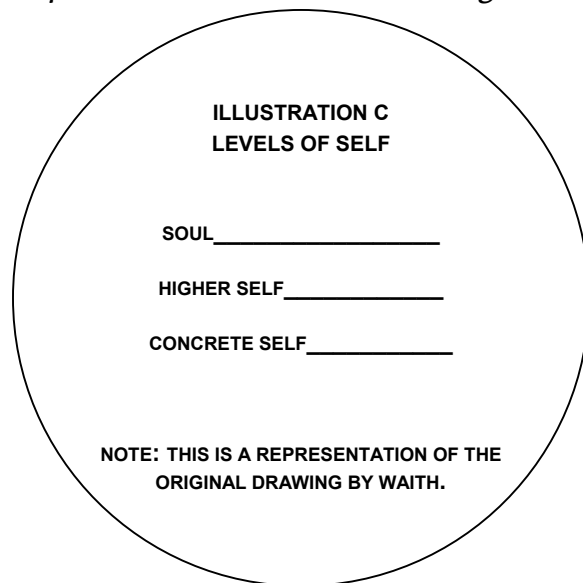
**It sure does!**

*For this class we are focusing on the Higher Self as a dimension of Self. We are not going to get involved in a discussion of all the kingdoms that make up the encasement ~ that make up the path. That discussion will come at a later time. 😊*

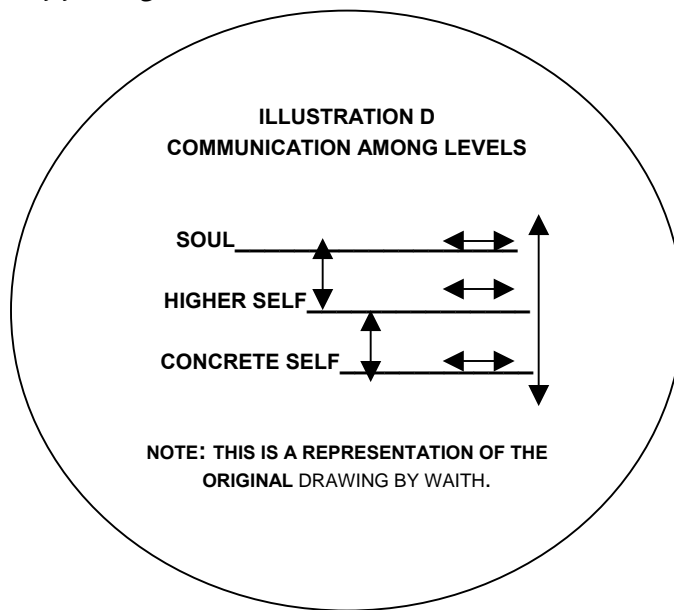
*Let us look at the Higher Self and from a linear perspective, its purpose. We are reviewing now because many years ago we gave a description of the Higher Self. It is time to bring that back in as a refresher ~ Defining the Higher Self.*

**You said our Higher Self is the key to our Soul.**

*Indeed, it is.*



*Here is the Concrete. Here is the Higher Self and here is the Soul. These arrows indicate direction. (Note: Please see Illustration D below.) What does the direction indicate is happening?*



**Communication back and forth.**

*Does it mean that the Concrete Self is only talking to the Soul and the Soul is only talking to the Concrete Self?*

*What about poor little Higher Self here in the middle?*

*Higher Self has much to say, too. The arrow is going into the Higher Self and back so this diagram shows communication going up and down, back and forth.*

*So does this mean, then, that the Concrete Self can only talk to the*

*Higher Self and the Higher Self can only talk to the Soul?*

**No.**

*Does it mean the Soul only talks to the Higher Self, which only talks to the Concrete Self?*

**No. It says back and forth communication. Didn't say back and forth with whom or what. 😊**

*Ah-h-h, indeed ~ that is the beginning point. However, remember that this is a linear representation of an abstract process, so forget the abstract for now ~ think only in terms of linear. Someone wants to know the definition of the Higher Self*

*What do we mean when we say that the Higher Self is the key to the Soul? Or another analogy that we use is that the Soul is the library of information for Self and the Higher Self is what?*

**The library card.**

*Yes. Using both of those analogies ~ as a card or as a key ~ what then does the Higher Self serve as a purpose in its positioning in these levels?*

**Accessing information.**

*Accessing information ~ partly. More globally ~ what does a key do?*

**Opens the door.**

*Opens the door. What does a card to a library do?*

**Allows us to get the information.**

*Gain information. So the Higher Self has the function of getting the information that Concrete Self needs from the Soul where the library, or the Soul memories of Self, are contained. All of the information about Self is in the Soul of Self.*

*As there is in every library and as there is in all of your environments where you have storage, you have archives and you have current information ~ and then you have areas in which you say, "Well, this batch of stuff I'm going to use in the immediate, short term ~ and this batch of stuff or information I'm going to use in the intermediate, intermediate term ~ and this other is very long term."*

*You do not need to have every morsel of information about Self readily available. And indeed you could not ~ you would be overwhelmed with the information.*

*Understand the premise of living many, many lifetimes ~ that your energy exists in a linear way for thousands of lifetimes, having thousands of experiences and all of those experiences are stored in the Soul.*

*If you walked into a library and felt that you had to know every bit of information contained in every book in that library at that moment, you would short circuit ~ it would be an impossibility from a linear perspective to gain all that information. Rather, you would have your key ~ you would open the door or you have your library card and you go in and say, "I need information on such and such ~ I am researching for the Concrete Self ~ I need information about the life that is being lived right now."*

*The purpose of the Higher Self is to go into the Soul and access that information about Self for the Concrete Self.*

*Seems rather conveniently set up, does it not? Is that not harmonious? Concrete Self just says, "Higher Self ~ I need information ~ I'm running out of information here about this life I'm living ~ go into the Soul, find it and bring it back ~ I need it!" Is that how it works?*

**They each have their own egos, right?**

*Yes ~ and continue.*

**Do they know what they are and how they fit in, or do they doubt that the Concrete Self exists the way that some people doubt that a Soul exists?**

*Your point is well stated. Is there an awareness of Self beyond Self in the Concrete? You at Concrete, because of your studies and your path and your searching, have an awareness that there is, indeed, something beyond the Concrete Self.*

*How do any of you know that you are actually not the Higher Self version of a Concrete dimension of Self right now ~ here?*

*Existence ~ awareness of existence ~ awareness of consciousness ~ that is the discussion.*

**What I was wondering is if maybe I am my Higher Self and I'm someplace else. ☺**

*We do know that you are someplace else my love! You walked right into that one! ☺ ☺  
You all are someplace else.*

*How do you know that you actually are not your own Soul ~ that you are existing at the Soul level? What, after all, is Concrete?*

**It doesn't really matter that we know when everything is simultaneous and everything is interconnected and it doesn't really matter where we are.**

*That is true if you understand the neverending circle. We are talking about linear right now. Someone is coming to you, my love, for information ~ they cannot get a handle on this neverending circle and so it needs to be explained in the linear. You cannot begin talking about simultaneous to this individual because you will lose them until they have a grasp of the linear.*

**It still doesn't matter because every level in the linear also has Concrete and Soul.**

*You are now moving into a direction where you can begin to explain the linear as it is going to perhaps, then, evolve into the neverending circle.*

*Each of these three levels has a ceiling and a floor ~ the floor is the concrete and the ceiling is the abstract. Ceiling to the Concrete Self level is the floor to the Higher Self level. The Higher Self has the ceiling, which is the floor for the Concrete Self to the Soul. Each level has a concrete and an abstract. The concrete is represented by the floor and the abstract is represented by the ceiling.*

*Using the linear representation of the Soul as a floor, which is its concrete, and which is the abstract to the Higher Self, what is the ceiling, then, for the Soul? What is the next level?*

**The Universal Consciousness.**

*Yes and The Universal Consciousness is a LEVEL, which must mean, then, what?*

**There's another level.**

*Indeed. And what might that next level be?*

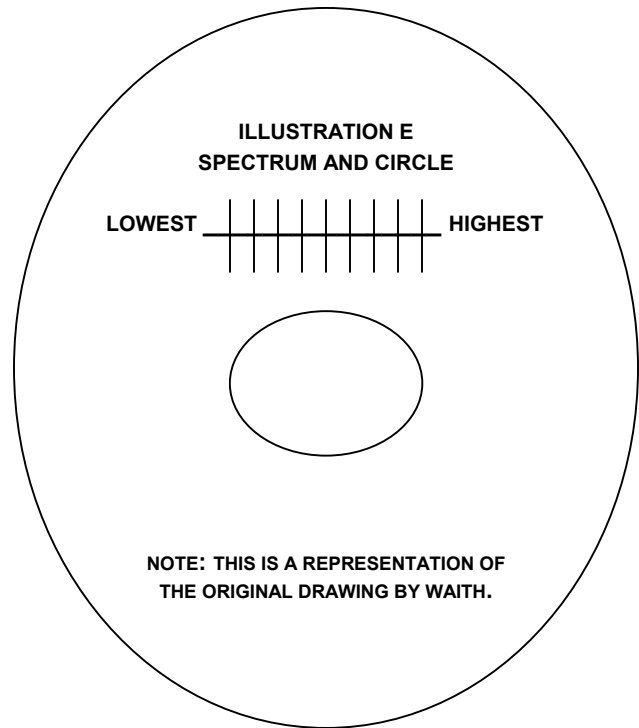
**Does it start going back in the other direction?**

*Where would it go, my love?*

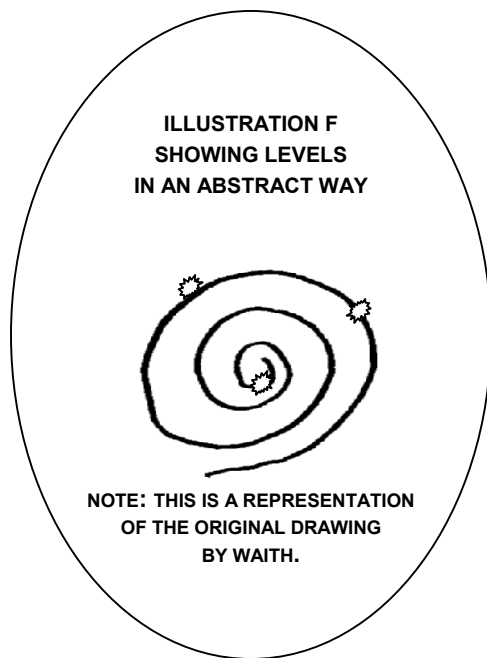
**To the Soul, then Higher Self and then Concrete Self?**

*Back to the Concrete Self. When levels are introduced as a linear representation, it is called a SPECTRUM. Most people, when they look at a spectrum, see a line. And they see it as having two ends ~ a right and a left. In actuality, a spectrum is not a single line ~ it is a circle.*

*A circle ~ in order for it to be understood ~ is generally represented as a straight line ~ that is the easiest way to show progress. For example you might say, "On the Spectrum of Light, here is the highest of the light here and here is the lowest of the light on this end." (Note: Waith is writing on the board. Please see Illustration E to the right.)*



*In actuality, it is simply taking both ends and bringing them around so they are meeting and becoming One.*



*However, the easiest way to begin is to show it in linear form. Then, when you have brought them through each level of Self and they have a grasp of the concept of each level having a concrete and an abstract ~ and bringing it up to The Universal Consciousness as a level, then you can say, "Let us now look at this as a circle."*

*Then you have a circle that, in order to then show the levels in an abstract way, you have the neverending circle. So the neverending circle is simply all of these levels that we have talked about.*

*We could say, "Here might be the Concrete Self and here might be the Higher Self and here might be the Soul." (Note: Waith is illustrating this on the board by showing points on the neverending circle. Please see Illustration F to the left.)*

*Once you have brought yourself into this understanding, the next logical step is the discussion of SIMULTANEOUS.*

*You cannot jump from talking about a level of Self right into simultaneous ~ most people will not grasp that. They may, at some part of Self, know that this is something that they are going to understand.*

*For the most part, this is a hand holding that you do ~ you help someone to work through the linear first. That is why it exists ~ that is why we have spent so much time discussing linear ~ at the same time discussing simultaneous.*

*Defining the Higher Self ~ the Higher Self is a level that serves as an intermediary between the Concrete Self and the Soul. It is as simple as that. It is the key that opens the door to the Soul and it is the library card to gain information.*

*Higher Self has many functions ~ just as Concrete Self and Soul have many functions. And it goes back to the question of awareness of function and awareness of other levels of Self. This is where we bring in what we have talked of so often ~ the word EGO.*

*Self is one big ego. ☺ Part of being out of The One means that ego exists. Ego is meant to provide the strength and the ability to grow. Ego, like everything else, can be abused and can be abusive ~ or can be used to be of service and benefit. However, that is all part of the journey that Self takes.*

*If we go on the premise that there are three basic levels of Self ~ Concrete, Higher Self and Soul ~ each having a concrete, each having an abstract ~ is it a stretch then to say that each level has an ego?*

**No.**

*Is it understood? Is it accepted? Each level has an ego.*

**Yes.**

*Higher Self is in the middle. Higher Self actually has a very powerful position, does it not? What is the power of its position?*

**Censorship.**

*Who or what does it censor?*

**Either the Soul or the Concrete.**

*Indeed. What else is the power of the Higher Self?*

**It can help bring balance and harmony in a positive side to each of the levels.**

*Indeed. And how could it do that?*

**By helping them communicate with each other.**

*And what would be the flip side of that?*

**To bring lack of balance, disharmony.**

*By doing what?*

**Withholding information or giving out incorrect information.**

*What if Higher Self says, "I have the key and I'm not going to use it to open up the Soul, Concrete ~ what do you think about that?" Why would a part of YOU take on that kind of attitude?*

**Ego.**

*Why?*

**For strengthening because it becomes more difficult to connect.**

*Why would that even be part of the scenario?*

**Otherwise it would all be very easy.**

*And why do you not want it to be easy?*

**Because we left The Universal Consciousness! 😊**

*The purpose of coming out of The Universal Consciousness and taking on form was to play The Game. And The Game involves difficulty, and through difficulty there is growth and strengthening and regaining of that which was obtained already because you were in The Universal Consciousness ~ you were part of The One.*

*So you come out ~ form these levels ~ ASSIGN levels to your energy. You are a little energy that comes out ~ fluffy energy. 😊 The fluffy energy comes out ~ it is simultaneous. Everything is simultaneous. However, it is going to now come onto the earth plane ~ that is one of the training grounds it has chosen.*

*One of the ground rules of the earth plane as a training ground is that it is linear ~ it is time ~ there is a beginning and an end. This little fluffy energy says, "All right, we're going to divide up into levels ~ even though we're not, those are the ground rules for the earth plane."*

*This is done so there is an understanding by The Human Kingdom, especially! Self says, "Basic, three levels ~ you, you're going into Concrete Self ~ you, you're going into Higher Self ~ you, you're going into Soul."*

*The different parts of Self are assigned a spot and then told, “The goal is this ~ this is The Menu of lessons that we have taken on for this journey on the earth plane and we have to complete it ~ each of us has a role here ~ you, you’re in the middle, Higher Self.”*

*If you are in the middle, it is because you decided and agreed to take on that very difficult role because this is where the most challenging of the lessons is learned ~ not at the Concrete, not at the Soul ~ at the Higher Self level.*

*Some of you are at your concrete level ~ this is your ROOT DIMENSION. Some of you have a root dimension of your Higher Self ~ and for some of you, your root dimension is Soul. We will elaborate on the topic of ROOT DIMENSION in a later class.*

*We take the journey on the earth plane into an even greater elaboration in our next class when we talk about the training grounds other than the earth plane and how it fits in with the way we have just described Higher Self and these levels. We will pick up. (Note: Please see the Waith Manuscript, **Going Beyond the Earth Plane as a Training Ground.**)*

*Remember that you take on more than just the earth plane as a training ground ~ this is only one step in many training grounds. It is rare that an entity takes on only one training ground ~ it would be too easy. 😊*

*You are on one part of your journey and have a root dimension for Self that is manifesting on the earth plane right now in this linear representation. However, it does carry with you when you go onto other training grounds and other types of linear representations different from what we have just described for the earth plane.*

*Breathe deeply now, my loved ones. It is all very complex and yet it is very simple! 😊 For you see, it matters not what your root dimension is. And of course, it matters not if YOU have a Higher Self root dimension and the person next to you has a Concrete Self root dimension and the person next to you has a Soul root dimension.*

*Be careful of saying, “My dimension is better than your dimensions ~ I’m a Higher Self root dimension ~ I have more power!” Another might say, “Yes, and I’m the Soul root dimension ~ I have all the information!” And, yet another would say, “Yes, and I’m the Concrete Self root dimension ~ I’m the one that acts out all the stuff the two of you want!” 😊 😊*

*One cannot exist without the other. Without the Soul and the Concrete, the Higher Self would have no purpose ~ even though it thinks it would!*

*On that note, my loved ones, we leave you.*

*We send to you all the very highest of the white light from the very highest of The Kingdom of Amelius.*

**Thanks for being with us, Waith! 😊**

***GUIDELINES FOR GROWTH***

*Respect Self*

*Love Self*

*RESPECT OTHERS*

*Love Others*

*Be of Service to Self*

*Be of Service to Others*

*BE JOYFUL*

*Be Serious*

*Be Single of Purpose*

*Be Unified in Purpose*

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# *Terra Lux, Inc.*

*earth plane headquarters of the*

*Waith Institute for Spiritual Leadership*

## **CONTACT INFORMATION**

**LAND BASED**  
Enfield, Connecticut USA

**CYBER BASED**  
[www.terralux.org](http://www.terralux.org)

**Email**  
[contact@terralux.org](mailto:contact@terralux.org)

**Facsimile**  
860.745.1991

**Office**  
860.745.4716

**Toll Free**  
888.TerraLux

**Postal Mail**  
Terra Lux, Inc.  
Post Office Box 378  
Enfield, CT 06083-0378



**TO CONNECT WITH A  
GUIDE OF TERRA LUX  
EMAIL**  
[wisl@terralux.org](mailto:wisl@terralux.org)

**WAITH . . .**

*Heaven is in your own heart ~  
heaven is the love you hold for Self.*