

Waith Institute for Spiritual Leadership

Waith Manuscript

Conversations with Waith

February 26, 2001

Information Given Interdimensionally By

Waith

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Waith Institute for Spiritual Leadership



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CONVERSATIONS WITH WAITH
FEBRUARY 26, 2001

TOPICS INCLUDE:

Gender Selection, Personality,
Gaining Self Awareness (Meditation),
Training Grounds, and Dreams

PLEASE NOTE:

*Waith's words appear in this font style, size and color.
If one from his Spirit Group speaks, they will be identified.*

**Questions and responses from those in the class
appear in this font style, size and color.**

 **Indicates multiple responses from class members.**

We bring to you all the very highest of the white light from the very highest of the Kingdom of Amelius.

Hi Waith! Greetings. ☺

This particular class meeting has only those of female encasements ~ and notice that we say, FEMALE ENCASEMENTS. ☺ Gender is not always what it appears to be. There is a concept known as DOMINANT GENDER. On the earth plane there are CURRENTLY two genders, male and female, and each has its assigned encasement.

In order to learn lessons, however, from one lifetime to another, it becomes imperative that the ENCASEMENT of the particular gender be not, necessarily, of the same ENERGY gender. It accounts for many of the issues relating to gender that you find currently on the earth plane. Thus, while your encasements may be female, your energy may not ~ and vice versa.

There are four basic conditions ~ you can be a female encasement with female energy, you can be male encasement with male energy, you can be female encasement with male energy and you can be male encasement with female energy. And then of course, there is the variety pack. ☺ You may have half and half energy and half and half encasement ~ the possibilities are endless, you see.

With that said, we would entertain questions, comments, issues, that you might like to bring into this class.

When we incarnate from each lifetime, do we carry the same personality, that is, do we basically have the same personality beneath all of the lifetimes?

The short answer to that is yes, no, and maybe! ☺ Generally speaking, the personality will change given whatever the dimensions of the life happen to be, as planned prior to entry. However, we refer to what we call a PATTERN OF INCARNATION ~ or a series of lives.

An entity may look at a particular lesson to be learned and determine that it will take ten to fifteen lifetimes in order to work through that particular lesson and it is then becomes a series of lifetimes. In that series many of the group issues come into play, so that you would take with you many who would follow also in that series.

Generally, in a series of lifetimes, there is a consistent personality, as you define PERSONALITY on the earth plane. Personality, itself, is a lesson that is learned. While you can take on the learning of different personalities from one lifetime to another, in a series of lifetimes, it enables you to more deeply develop particular personality traits. They may be personality traits that have been ascribed to the female gender or the male gender in which you want to learn how to understand more deeply what you would meet up with in another.

There are situations in which, from one lifetime to another, the personality changes. What does not change is the ESSENCE of Self ~ and this is at the Soul level. So the Soul of Self remains true to itself and stores all of the information ~ all of the different personalities that you have.

Your question brings in a deeper discussion of the Search for Self, which is our study mechanism. Each energy has DIMENSIONS OF SELF. You have heard of Higher Self and Soul as dimensions ~ or levels or layers of Self ~ and the Concrete Self as another level or layer. We refer to them as dimensions of Self and within Self, there are many dimensions ~ arbitrarily subdivided by using Concrete Self, Higher Self and Soul. There can, then, be a Middle Self, a Middle Middle, and a Lower Middle ~ a type of infinitesimal and infinite strata that develops.

Within each of these dimensions of Self, is a personality ~ which makes for very interesting journeys within Self to find your answers, for there are levels of Self that have had experiences on the earth plane in other lifetimes, and on training grounds other than the earth plane. Those dimensions bring their experiences into the Council of Self so that when you go into a reflective mode or focusing, you can learn what the different dimensions have for information to give Concrete Self.

Perhaps you are working on a personality trait in this lifetime that you want more insight as to why you have that trait. This would be a good journey within Self, to see what other dimensions of Self have also had experiences with that particular personality trait and may have come to resolution ~ or not. It is truly within Self where all the answers are FOR Self.

Personality is one of the most interesting components of the journey outside of The Universal Consciousness. We have a personality ~ we know you find that hard to believe. 😊 We have many different personalities, depending on what we are setting out to accomplish. We have one main personality and many sub personalities, just like each of you ~ you each have different personalities for any given situation.

The goal is that Self becomes blended and merged within Self and all of the dimensions are harmonious. At that point, it is time to return to The Universal Consciousness, for as we like to say so often, it becomes boring when everyone agrees and there is nothing to do because Self is no longer in conflict with Self. Think how boring that would be. 😊 While we know some of you would want to have some moments of boredom, the journey on the earth plane is about learning lessons and about conflict.

We refer to CONFLICT in a positive way for it is in the conflict that lessons are learned and harmony comes about. And as you gain more harmony within Self, you reach levels of patience and peace within Self as you learn lessons and your personality ~ and the many fragments that it may have ~ begins to merge within Self. Thus, you may take on a series of lifetimes where the personality traits are emphasized and then they are merged into the greater Self, into the Soul memories, to be called upon when needed for future lives.

Everything that you need to work with as a tool for this life that you live currently is imbedded in one, or many, of your dimensions of Self that only needs to be drawn into the concrete when needed. There is no need to know all of your memories for many of you have had hundreds of lifetimes and you do not want to remember everything that went on in every lifetime.

It's hard enough to remember what happened yesterday.

Indeed, just knowing what happened prior to our entry into this particular class could be a challenge for some of you. 😊 😊

What works best in the learning of lessons in a particular lifetime is to draw upon the experiences that come from other lifetimes THAT RELATE TO THIS PARTICULAR LIFETIME. And we are most happy to give information in private sessions where that is concerned. We are not willing to just give information about past lives for the fun of it for to us that would serve no purpose, unless we feel that it would help you as an entertainment factor ~ and we are prone to do that on occasion. 😊

Thank you and I have an answer to think about and to reflect on through focusing.

REFLECT WITHIN SELF THROUGH FOCUSING ~ that is how you find the answers within Self. We are not here to give you answers ~ we are here to give you guidance. We are not fortunetellers, although we can ~ we choose not to and prefer, rather, to let you do the hard work of going within Self to Gain Self Awareness. That is our message and we are here to help you along the way as you seek to learn your lessons ~ to give you guidance in the learning of your lessons. Whether you heed our guidance is an entirely different situation ~ however, we are here to give the guidance. ☺ ☺

Several years ago didn't have a clue what REFLECT WITHIN SELF THROUGH FOCUSING meant. I thought it was some difficult process that I had seen done by a Zen Buddhist Monk. Now, however, I see it as having quiet time. I make it a point to stop during the day or start every morning by being quiet and trying to hear what Self is saying by asking Self, "What is it that you want me to learn today, what do I need to know and what information do you have to share?" I have learned that I could be focusing while I was dancing or laying with my dog first thing in the morning. It's amazing the change in my life from learning that and I'm still learning, a neverending lesson. ☺

Indeed. If there was nothing left to learn, there would be no reason to be outside of The One ~ The Universal Consciousness. That includes us in the Angelics. Any energy that is outside of The One has something to learn. There is no energy you would meet who has nothing to learn. Anyone who would say to you that they have learned all that there is ~ that they are enlightened or they are advanced ~ do not believe them for, as we say to you, as an Angelic we still have much to learn, so too does everyone else.

Do not hold in awe any other energy, in whatever form they may take ~ human, animal, mineral, carpet, sofa. All have consciousness ~ it is energy encased. No one is superior to another and no one is inferior to another ~ that is a most important concept to understand.

The issue of Focusing to Gain Self Awareness is one that many people respond to because of certain elitist information, as we call it, where in order to Gain Self Awareness, you have to be sitting in a particular position ~ generally an uncomfortable one ~ and you need to be surrounded by a particular type of environment, particular music, particular lighting, candles perhaps. For many people, this is most appropriate ~ this is in fact the best way for them to Gain Self Awareness.

We take this one step further in our teachings and have labeled it GAINING SELF AWARENESS YOUR WAY ~ which means that you find the best way for Self to focus and hear the information within. It does not necessarily mean that you must be alone and quiet ~ it can be driving your automobile, taking a walk, playing with your animal companions, or a favorite hobby.

The purpose of Focusing is to quiet Self, find answers within and to be able to listen to Self first ~ and that can take on any form, any place, any time. We encourage those who come to us to quiet Self at least once every day ~ this is not a luxury, it is a necessity ~ and that you find a particular time or spot or way in which you would quiet Self.

Gaining Self Awareness can take on any period of time where you might be quiet ~ thirty minutes, sixty minutes, several hours, or it could be simply a couple of minutes, five minutes, where you simply catch your breath.

Where breathing is concerned we do not recommend a particular way that you breathe ~ rather, breathe in a way that feels comfortable for the flow of your own energy.

The message of guidance that we give is related to the finding of the truth within Self.

You say there are other training grounds. Would that be other planets?

In many cases, it is, my love. Training grounds are both concrete and nonconcrete, or abstract, as we would refer to them. We have indicated that the planet Earth is called the earth plane and in its concreteness, it is the focus of the earth plane as a training ground. It has, however, many other dimensions of itself.

Those planets that you have come to recognize as part of the Earth planet, some of them are very specific training grounds in which energy can move onto and go into a particular form that is appropriate to that particular training ground. There are many planets, as you call them, that are not seen by your scientists currently, that indeed exist as part of the planet Earth.

There are many dimensions within each of the planets. For example, planet Earth has a dimension within it that we have referred to as the Underground Community. It is as viable an existence as you find yourselves here ~ it simply is not seen by the dimension in which you now find yourself. It is, as we refer to it, INTERDIMENSIONAL.

You have the ability to travel interdimensionally. Generally, when you go into the sleep state, you do this. Interdimensional Travel and Communication is nothing mysterious, nothing that only a select few are able to do ~ it simply is that many entities for this lifetime that they have chosen, do not want to know of their Interdimensional Travel and Communication. So they do not remember their dreams, for example.

Going onto other training grounds is also a part of interdimensional travel, which you can do very easily in the dream state. You are also able to simply do it during a focusing. Many entities block that, however, because there is a certain fear they have of what would happen if they did not feel in control of their Interdimensional Travel.

Over the years we have said that there were other training grounds. We have not gone into much detail because we do not want to take the focus away from the earth plane as a training ground. We have indicated, however, that there is The Water Planet, as you would call it, as a training ground. Many entities have been moving back and forth between the planet Earth and The Water Planet, which is one of those currently unseen planets by the scientists.

The most popular training ground that we have found entities wanting is The Candy Planet, which is for those of you who are addicted to chocolate. Apparently this is the training of choice by many. 😊 😊 😊

When we remember our dreams, did we actually have those experiences in our dream state?

Dreams can be classified as lives that you have already experienced in which you go back and either experience it again or you simply go back and observe so that you are not actually living the life again ~ because it is Interdimensional Travel and time has no linear form outside of the earth plane.

Dreams can also take on the form of future lifetimes in which you would be perhaps laying out a plan of action for a future life and you want to play it to see how it is going to actually be. You may actually go in and live a future lifetime. Of course, this is rather a moot point since time is not linear outside of the earth plane and therefore, existence is simultaneous.

So past, present and future is simultaneous, you are living it currently. However, for the sake of the experiences in this particular training ground in which time is designed to be linear, the perception is that there is a past, present and future. Therefore, the way in which the dream state is set up for energies who are existing on the planet Earth, is to present that perception of linear time. Thus, it gives you an opportunity to truly look at your dreams as messages from Self.

We do not encourage you to look at these dream books that tell you what a particular symbol means. Look at your dreams as YOUR dreams. These symbols, by the way, have come from over the years as many people talk about what they saw in their dreams and the commonality that comes out of it. It is not from the symbol itself ~ rather, the commonality of the experience. Many people have had very similar experiences, thus bringing about what would be referred to as a frame of reference for a particular symbol.

Keep a journal of your dreams for it will give you much information about Self ~ bits and pieces. Usually a dream does not unfold itself in some dramatic way as a motion picture. Rather, as you are awakening, you will remember something ~ write it down, for it will elude you very quickly, even after you have written it down.

In our dream state, do we visit with our relatives or friends?

Yes, indeed. The dream state enables you to move within time, linear as it is and simultaneously as it is. Thus, many entities have related experiences in which someone who has left the earth plane comes to them in a dream. That is Interdimensional Travel and Communication and is not an unusual situation at all. It does require, however, a certain ability that you have learned through your lifetimes where you have specifically had experiences that increased your ability to travel and communicate interdimensionally.

The more that you have acquired the skill and practiced it, the greater your ability to do so. Some lifetimes that an entity takes on specifically are geared toward increasing their ability in this area of interdimensional.

Other lifetimes there is a deliberate blockage of interdimensional ability, so you will hear some entities say that they do not remember any of their dreams, they do not have these experiences that others have in their dreams ~ and that is real for them. For any number of reasons, they have chosen to block that. For those who do have these memories, use that as a valuable tool that Self is giving to Self for beneficial information.

The dream state, or the sleep state, is a form of focusing and is a valuable form of Gaining Self Awareness and one that is often overlooked and dismissed. Whether you concretely remember anything in the dream state is not the issue. Whatever goes on in the sleep state goes into the total consciousness of Self, in whatever level it needs to be held, and most definitely into the Soul.

On that note, we will depart. We have been pleased to have been of service to you.

We send to you the very highest of the white light from the very highest of The Kingdom of Amelius. Farewell.

Bye, Waith, and thanks!



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WAITH . . .

*Heaven is in your own heart ~
heaven is the love you hold for Self.*