# Waith Class Transcripts, Excerpts THE WEATHER KINGDOM

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Waith's Words, and the Spirit Group's Words, appear in this font style (If a Spirit Group Member speaks, they will be identified)

Class Member Questions/Comments appear in this font style (Multiple responses from the class are preceded with this symbol  $\circ$ )

### Regardless Of The Weather, Be In The Natural Environment 15-20 Minutes Each Day (May 31, 1988)

If any of you find yourselves having to exist for a length of time in a structure such as this that has been described, we recommend that you attempt to leave that structure during the course of the day. For example, if it is a work environment, and you must spend your work day, try to get out into the fresh air regardless of what it is doing. If it is raining, if it is cold, if it is hot, whatever is the natural state of the climate, allow yourself to be in it midway during your time in this structure for a period of at least fifteen to twenty minutes each day. This way you can recharge yourself and you will not begin to feel the overwhelming constraints that will occur as a result of prolonged exposure to this type of environment, controlled.

It goes also for this thing called air conditioning. You must be careful about prolonged exposure to this, for it is artificial. The physical body is designed so that it can, and in fact must, expose itself to the natural elements. It is designed accordingly, and when that natural flow is disrupted in any way, imbalance begins to occur. This is not to say that you should not be in air conditioning, but that if you find yourself all day, for example, in air conditioning, that during the course of that day, you should seek the natural elements midway through your day. Even though you may not have this air conditioning in your home environment, if you go to work, it is important to not have prolonged exposure to artificial stimulus.

### The Discomfort Of The Heat Levels In Your Environment And How To Handle It (June 14, 1988)

We are seeing an increasing fuzziness around your vibrations. We see this as an indicator that there is a level of discomfort from the heat, and we will depart momentarily. A word though, about the heat, that for many of you who are experiencing tremendous discomfort, and we see fuzzier vibrations than others, that you can achieve a lessening of the fuzziness through meditation. Slowly, over time, you can raise the vibration of your body so that the discomfort that you feel from the heat will decrease as the level of your own vibration increases. And for many, this has been achieved on a permanent basis so that there is a level of coolness in the body that helps almost to the point of always being cold. It can also be achieved on a temporary basis to get you through a particularly difficult heat time, so if you so desire this, ask in your meditations and you can then begin to work on elevating your vibration so that it can work better with the heat.

### Climate Changes ~ And Our Tolerances To Hot And Cold (July 26, 1988)

I have a question about the temperature. Not only has it seemed to have gotten hotter, but it seems that people's tolerances have increased with the heat and their intolerance for the cold has correlated to this. Could you speak about this? Is this part of The Shifting of our own vibration, the higher vibration?

Yes, indeed it is. And it is also relating specifically to certain geographic areas. For there will be those geographic areas that accustomed to being cold will now be warmer, and those that are warmer may become cold, and it is the beginning and it indicates a vibrational shift in the energy form. It may be ever so slight.

It does not mean, however, and we caution you on this, that if someone you meet is not experiencing this, and not experiencing this particular phenomenon, that you say, "Oh, they will not be able to stay, their vibration is not as good." Be very, very careful about this. As we have indicated before, do not judge anyone by what you see. It is only from a different perspective that you are able to see a greater picture and that there may already be a vibrational attunement with an individual that they just do not discuss, or are even aware of, and it simply means that others who are experiencing very dramatic changes are preparing for certain types of vibrational changes that are not for general discussion.

# The Weather Kingdom ~ Weather Systems Are Energy Forms (August 23, 1988)

Are things like weather systems, like thunderstorms, tornadoes, and such, are they entities that are here for very short terms?

They are an energy form. They are part of what you would call The Weather Kingdom, though that used in symbolism. Know that all that are on the earth plane, everything is an energy, and therefore when you see a particular weather occurring, be it heat, cold, rain, snow, yes, it is an energy, and it is part of a greater energy that incarnates also, so that a tornado, for example, once it has finished being a tornado, will go back to a resting place in its own kingdom and could return, oh, millennia from now, or very shortly in some other form. It could come back as a rain fall, you see. Just as all other energy forms come and go in different roles, each of you come and go, male, female, mother, father, sister, black, red, yellow, so too do all of the other energies, all of the other kingdoms. It is all quite fun.

Since I am a Midwesterner, I am concerned about the drought back home. It comes to my understanding that people's consciousness create the weather through our own need, or our own experience. What are the folks back home trying to create, and why are they doing this?

There is a transition occurring in this part of the country known as the United States. There will be not that many areas of this land mass that will remain when The Shift occurs. And as we have indicated before, there are still many land masses that vibrationally have not been determined to be safe, or not. There are many that have already been determined that either will not remain or will remain based on the vibrations occupying those land masses.

Now this part of the land mass is one of these transition states where they do not know. The energies currently inhabiting this area do not know yet if their vibrations will be attuned or not, and they are working at the Soul Level to come to some conclusions here as a result of that. Their own energies have interacted with the earth energies and in an attempt to, shall we say, create a consciousness of higher level, this particular situation has allowed itself to manifest.

It is symbolic of what might be referred to as spiritual bankruptcy. There is a need to water the spirit of the majority of those who inhabit that particular land mass, and this is the physical manifestation to make the awareness known. And that which occurs as a result of this dryness, those from The Animal Kingdom, the insects that would prey upon the dryness are a symbol of that which occurs when the spirit is dry. Thus, it is a spiritual act that occurs which has its physical manifestations. It will pass.

### How Did The Recent Earthquake In The Area Affect Power Transfer? (December 06, 1988)

The earthquake that we experienced a couple weeks ago, how much did that one earthquake affect the power transfer to us?

That particular disruption of the earth was needed to do certain types of cleansing for underground shelters. It was this fault that is referred to, for earthquakes are very specific in their function for the upcoming shift. This particular one went through a particular land mass for preparations in separation as well as melding together. As contradictory as it might appear to the limited knowledge of earth plane inhabitants now, this served where necessary to begin the separation process underground so that when The Shift occurs it will very easily cut off at the same time in those areas along its traveling, such as the pivotal point here.

It served to cleanse away and create an adhesive for certain necessary groundings. It also served to begin working with the new pivotal point, which is here with Mushiba in this geographic area, for the new structure once the pyramids dissolve, and thus it is not the first. There have been approximately forty-two of these over the past earth plane years of five hundred that have been in preparation for what is to be in a very, very short time. There will be several more, and they will be felt in varying degrees. Some will be felt more strongly than others, and they serve as a power generator to those who will be involved in the building of the new pivotal structure.

# The Acceleration Of Earthquakes, Hurricanes, And Tornadoes As Part Of The Shift (June 05, 1990)

I would like to make a comment about all the different earthquakes that have been happening recently. Would you comment on that?

We have given in many sessions the indication that there would be from now until The Shifting an acceleration in what is referred to as natural phenomena. The earth now is in its stages of what you would call regurgitation, and thus it is that the earth will, in an attempt to bring itself to the point of shifting, have to lighten up in certain areas of the physical earth. This results then in what is called earthquakes, it results in what is called tornadoes, it results in what is called hurricanes. And these three particular phenomena of the planet have begun an acceleration, for it is a way of bringing the planet itself to the pivotal point of shifting.

As the earth itself is experiencing these vibrational adjustments of which we just spoke, this in itself brings about rather dramatic earth events, and thus, you will find in these three areas of earthquake, tornado and hurricane, dramatic events, not minor ones, but very dramatic. The minor ones will occur in those time frames in which the planet has settled back after having a vibrational attunement. You will see within that which is this year on the plane very dramatic weather conditions. We indicated this quite some time ago in another session that the weather patterns would truly now begin to show their differences, if you will, as the poles of the planet prepare to go into opposite directions.

So, this again affects our vibrations ~ events that occur in other parts of the world?

Yes, indeed, for a good number of entities currently incarnated there is a higher attunement to the vibration of the planet than others, and thus, some are more greatly affected than others. Thus it is that you perhaps visualize the earth as we have described it, this will help.

### Changing Weather Conditions In Europe (June 05, 1990)

I was recently in Germany and I followed the discussion on television where scientists from all over Europe discussed about the tremendous weather changes in Europe. They had so far four hurricanes in four months, which never happened in Europe. And people from Scandinavia, Italy, France, are all talking. All these intelligent scientists were wondering what is going on. And they could not find an answer.

Oh. indeed.

It is very critical, and we realize that. I was not aware that Scandinavia is rising a centimeter every year. I think Waith predicted that when there will be the tremendous change, that Scandinavia will rise, and some of the western European countries will disappear. And, in particular, Denmark is concerned that with the next hurricane, they will not see that much land left any more.

The upcoming hurricane season, as it is referred to, will be a very dramatic one.

Will we also be affected in Connecticut in the fall when it is our season?

There will be parts of that which is Connecticut. Understand that the safe area will have some effects but not in the way in which others will. Recall back to the session in which we discussed that the safe area would see some rather interesting weather conditions and to look at it with a sense of joy rather than fear.

# Waith Discusses How The Earth's Weather Changes Can Affect Us In Many Ways (August 07, 1990)

We send to you in this session a very special energy that is meant for protection and a sense of wellbeing for the coming time frame that will be presenting some unusual weather patterns. You have begun to see this in recent time, as measured on the plane. And we simply have infused out into the vibration an energy that you may call upon as you begin to, as we would say on the plane, fret a bit about the weather as it is, for remember that all that occurs now with the weather is a part of the movement toward The Shifting, and thus, it is most positive.

And when there are what you would call severe patterns in the weather, it is to be viewed with joy, for it is the earth itself cleansing and creating a higher vibration for itself. So rather than complain about that which may be inconvenient for you in the illusion, rather rejoice that the planet is moving itself toward its final moment of cleansing and higher vibration, just as you each move in the same direction of higher vibration through periodic cleansings.

For this session with so many beautiful lights we thought it would be appropriate to have an open question session in which we will answer the questions pertaining to Universal information. Of course, it is not a session in which we would address personal questions. Thus, we will not limit the questions to a particular topic but rather open-question time. Thus, we are prepared now for your questions.

In the past week it feels like there is a disturbance in the air. Is that it? Or is it just within myself?

That is what we have just referenced.

Would that also affect the sleeping state as well as conscious?

It would for entities who are at particular vibrational attunements. Those who have a greater sensitivity to the changing vibration of the planet would have disruptions in their own energy field, as we have presented in another time frame in session. Some would have a higher vibrational attunement, and therefore feel the Planet Earth's own changes more than another might.

Would The Earth Changes Cause Abnormal Sleep Patterns, Where It Will Wake Us Up?

Oh, indeed they will. They will wake you ~ they will not allow you to properly achieve the sleep state. It will create for you times of what you would call sleepiness during the daytime. It will create, for many entities a sense of exhaustion, a sense of, in some entities, and in the same entity at the same time, of exhaustion, a sense of what you might call hyperness, not being able to sleep but yet feeling very exhausted. One of these such periods occurred a relatively short time ago as measured on the plane, and there is now another one currently in progress. And thus it is that many of you will feel these disruptions.

The best solution to this is to center yourself and to attempt to go into a meditative state and to not be worried that you are unable to either sleep or that you suddenly feel that you must sleep in the middle of an activity that it would seem out of place, of course, to sleep. And so, during this typical time that you would find yourself wanting to go into the sleep state and are unable, simply meditate and use that time to be of benefit and to clear your mind of the thoughts of why you cannot sleep and any thoughts that may be of a negative value that would enter into your mind. Rather, place yourself into a positive mode of thinking and you will find yourself to be better served.

Regarding your sleep being interrupted during the night, how about during the day, if you have these periods when you are busy working, and suddenly you are so uncontrollably sleepy?

Yes. Yes. This was what I was addressing with the other question. And that is that during those times when you would not feel it appropriate to go into the sleep state, you would indeed feel the need to do so. It is a part of that which occurs, and these will occur sporadically now in a great, shall we say, cluster of time, and then there will be a clearing out of the electromagnetic field of the planet until it is time for it to do another jump, shall we say, in its energy field.

It is not to be concerned with it being a physical thing then.

Not at all. Unless, of course, it continues after the electromagnetic field has cleared. If it continues for a great deal of time, then you would want to look at other issues that would relate to it. These clumps of time can range anywhere on the plane from one day to one month. At this time currently, the cluster of time has not exceeded what you would call the one month.

Waith, would children be more susceptible to it?

Not necessarily.

A feeling of like a palpitation of the heart area, would that be because of the vibrational change?

Not necessarily. No pat answers here, you see. We would not want you all to think that any unusual changes in your own patterns of behavior could be written off, shall we say, to the

earth's electromagnetic change, but rather, to look within Self to determine if it is indeed a reaction, a sensitivity to the Earth's changes or whether it is another issue of Self that needs to be looked at. You must be careful at finding quick solutions. There are none.

### Waith, not only does it involve the sleep patterns, but it also involves the eating patterns.

It can, my love, yes. Most definitely. And, again, there is no set answer to this, but rather that whatever your particular eating patterns are, they become different. So, for some, there may be an increase in consumption and in others there may be a decrease. There may be an inability to keep within the encasement any sustenance placed into it. There may be the desire for more of the liquid during this time frame than is normal, or there may be less of a desire for the liquid than normal. The key is that you look at what is different from your normal pattern. And in some instances, many of you will find yourselves slowly moving into an altered pattern of eating and that the Earth's changes are assisting you in these changes. And thus, rather than fight the changes in your patterns, seek within Self the answers as to why and what it means toward your own growth at spirit.

### Waith, that will also affect our perception of time as you ~

Yes, we have addressed that in times past. It can. It may not. So, once again, be careful of using the Earth as an excuse.

Can the reason for the extreme sleepiness be because we can work things out better in the dream state, in the sleep state, than we can in the conscious state?

There are situations, of course, my love, in which, during especially troublesome times at the conscious state, that there is more time required in the sleep state for the working out at the higher levels of what needs to be dealt with at the conscious state. And thus, if you find yourself in extended time frames of sleep longer than you have been accustomed to, it may be that you are working out issues at the higher level. But, once again, the meditative state is where you receive your basic confirmation of all that is occurring, and you must go within Self to determine what is, as you would say, feeling the best for you, for if you begin to feel that you are, shall we say, sleeping many hours of the day and this has gone on for weeks and weeks and weeks, and you feel no resolution at conscious state, then there may be other factors to consider here, you see.

Any extended periods of time in which there is an altered behavior from the norm without any sense of progress at the conscious state, then should have further investigation at the meditative state, perhaps discussion with a healer at the earth plane level who would be able to guide you in certain areas where you may feel yourself to have a block. This is the purpose of the spiritual healers on the earth plane.

Waith, when this happens, what effect does it have on the ~ of the Energy Vortex that are scattered throughout the planet?

Remember that all energy is connected. All energy is a part of the same, The Universal Consciousness. And thus, at some minute level there is an effect. There is a ripple effect as you might refer to it as a frame of reference, remembering that what each energy does affects the total energy. No matter how minute it might be, it is felt by the total.

And thus, as we have said, as all the others who give information from the higher sources have indicated, what you do affects all. You are not alone, and if you are disturbed, if you call that phrase in its correct reference, then all are disturbed. If you send out love and Light, then that is returned to you. If you send out negativity, you will feel the effects, for it goes into The Universal Consciousness and it is returned to you, for you send it to Self. So, you see, it is much better to send out love, for you then send yourself love, you see.

# A Question About The Change In The Atmosphere (October 02, 1990)

Is something going on in the atmosphere today? I feel something in the breeze outside.

Indeed. It is a portion of a series of what you call days that began recently, several days ago, and will continue for perhaps three to four more days, as you call them. It is part of the cleansing, as everything is now, a part of the cleansing. The electromagnetic field of the planet is, as we have indicated in the past, changing and goes through periods of dramatic change, and then it settles in a bit, and then it goes through another period of dramatic change. There is about to occur a very interesting ~ (Word missing because of interference on the tape) you might call it. It will come after this particular electromagnetic change has occurred. So, while we are certainly not in the habit of making predictions, when it comes to the planet's movement toward its cleansing, we do just that. And many of you, as we have indicated before, have heightened sensitivities to the electromagnetic changes occurring.

Waith Discusses The Blue Aura Of Clouds, And The Air That We Breathe, As Energies (December 04, 1990)

The long skinny clouds that I see, with a small blue aura, is that a special cloud, or is it something that people are seeing as just a cloud?

All clouds are special. They are an energy in and of themselves, and are reflective of energy vibrations of that which is called the air. You see, air as you breathe it, has an energy, and has a life and it creates residuals from it. The color blue is in harmony with healing, the color green in this particular instance, and what you see simply, is a residual of the cleansing that the air is attempting to undergo, and the blue is, shall we say, the sloughing off of certain poisonous

elements that were contaminating that particular portion of the air and it reflected itself in the color. This occurs infrequently but will begin to occur more frequently now as the poisonous elements are absorbed by the cleansing effort.

### What does the pink hue represent?

That is not related to the cleansing issue of which we have just discussed. It has another application and relates more toward a sound vibration, and indeed, when we begin to elaborate on color vibration and sound this topic will present itself once again.

### Waith Discusses The New Weather Patterns About To Occur With The Upcoming Spring Season (March 03, 1992)

We come in to be with you during a very interesting vibrational transition that is about to occur on the earth plane, and that is what you call the changing of seasons, and there will be a very significant energy transference that occurs at the time of this transition which you all will be celebrating through a meditation and will be able to connect with this journey into that which you call Spring, and it will bring with it very, very what you call hot weather. And it will, once it has arrived, settle in for quite a duration, and it will come in with the new energy in this transference. Just a little weather update for all of you. ©

You may be curious as the signs of The Shift present themselves in much greater concreteness now. And we know, that on occasion, there is a question that comes from the gathering as to what will be the weather on the earth plane. And as is evident now, most have no idea what the weather is going to be on the plane. In any event, it will be a time of vibrational change for many on the plane who will need to accommodate their energy field to the increasing heat that will prevail in The New Illusion. Thus, it is an opportunity for that type of electromagnetic adjustment that will then transfer itself into the physical encasement.

### Gathering For The Winter Solstice (December 20, 1992)

The Highest of the Light to all of you. We are gathered with you to share in the vibrational changes that occur with the earth, physical as well as spirit, at this time of what is commonly referred to as the season change when it apparently becomes colder in this geographic area. We underline the word APPARENTLY, for that is, as many of you know, changing. And we, however, wanted to share just for a brief time with you on the plane.

You know, vibrationally, it is more appropriate for this time about to occur with the earth to be referred to as the New Year. However, you see, it would cause much confusion among all of you on the earth plane if, for the opposite side of the planet, it would be not the New Year and it would be another time frame, you see, and it would cause even more confusion than time causes

on the earth plane. Thus, this calendar that you have was agreed upon that the New Year would begin, and it is that point in which we make our frame of reference for the New Year. And we will be discussing quite soon now on the plane coming in and speaking with you regarding our plans for this coming year and the joy and the playfulness that is to be on the earth plane for that year.

### Waith Begins Discussion Of Earth Vibration Changes Occurring, Past, Present, And Future (December 20, 1992)

Now, we would like to give you, and to have with you, a discussion of earth vibrations as they relate especially to that which is occurring now, the changes that have been, the changes that are occurring now, and the changes that will be coming about.

You know, vibrationally, this is a most critical time for the planet, that which is the beginning of the movement in this geographic area toward the Light, so that there is more Light occurring on the plane. This has a vibrational significance. The other half of the earth is moving toward the dark now, and that also has a vibrational significance. It is representative of the balance that all energy has, the movement toward the dark and the movement toward the Light, and the balance. As the earth achieves that balance so beautifully, so too do all of you balance in your movement within the Spectrum of Light and the balance of the dark and the Light within each energy.

It is important that you connect your energies vibrationally now at this time with the earth. And quite a while ago now, Mushiba had this meditation that occurred for each of the season changes in which you would each find a representation of the earth, vibrationally, and it would be placed into the basket that you see now beside Mushiba's encasement.

And this continues in this gathering, for after we have departed, that part of the ceremony, as you would refer to it, will continue, and this would mark a significant time frame, for the geographic space that you find yourselves in now will be the last time a season change will be held in this space, and it is a transition time, then, from that, when this tradition was begun and that which it will be continued.

We have placed an energy of solitude and stability in this energy grouping from the earth that will then connect with you as you each participate in the meditation that will give you a sense of continuance as the remainder of this earth plane year comes to a limping end. It does seem to limp along, does it not, as it reaches its conclusion, and the anticipation of something better is part of the earth plane experience.

Changing Weather Patterns ~ Earth Is Realigning Its Own Balancing Of Seriousness And Playtime (January 05, 1993)

You know, we have said from the very beginning of the changing weather patterns. Well, surely now, in this geographic area that you find yourselves, in this very day you would say, "My goodness, these are very interesting weather patterns, are they not?"

### Record highs today.

Well, you know, we have said for quite some time that while the cleansing occurs there will be cold when it should be hot and hot when it should be cold, and that is accelerating now as the earth's own energies change. And the earth itself, you see, is realigning its own balancing of seriousness and playtime. The earth plays also.

### Weather Changes, As The New Illusion Moves Into Place (February 02, 1993)

Thus, the discussions that we have given in relation to the weather changes, as The New Illusion moves into place, will take on an accelerated appearance now. And thus, the earth, physical, is now about to do some major vibrational adjustments that many of you have experienced in your own energy fields, this vibrational change and the effect that it has upon you in regard to the encasement temperature, going from hot to cold, and all of the sensations that one would feel in the encasement.

For those of you who are preparing vibrationally for the new earth vibration, you will find the temperature that is about to settle in to be very comfortable. Others of you will not. As you would say on the earth plane, those are the breaks! © It is the opportunity, however, to bring your vibration into harmony with the vibration that the planet is working toward achieving.

Now. You might be thinking, Waith is supposed to be talking about Playtime on the Earth Plane this year. What does this have to do with Playtime on the Earth Plane? Well, you know, it has everything to do with it, of course, for we would not be discussing it if it did not. © Now, you laugh, but that is the purpose, Playtime on the Earth Plane.

# Adjusting Your Own Vibration For The New Illusion Energy (February 02, 1993)

Now. We will want to help you with this coming time of vibrational change, for most of you will be feeling it in rather intense degrees, and we use the word degrees, you know, in the humorous manner. You ~ many of you will be feeling within your encasement very, very hot, and we have indicated, oh, so long ago that if you are able to not utilize this air conditioning, that it will better enable you to adjust your own vibration for The New Illusion energy that will be in this geographic area, that which you would now give as a frame of reference of being

tropical. Now. It takes on a different dimension, however, than tropical, but that is the best way for us to describe it to you from the current frame of reference.

Now. You would say, how do we connect Playtime with the Earth Plane with getting through this heat that is about to encompass you? We provide to you a visualization that will help you to cool the Energy Centers. This is the critical way in which one would work with the vibrational changes. You work with your own energies and you work with that Energy Center that moves throughout the encasement.

Now. As we have spoken, there will be polarity changes in The New Illusion that will be different from the way in which the energy flows currently in your vibration. And the energy flows now through the Energy Centers up and down, right through the middle. Ah! In The New Illusion, in the new vibration, the energies will have a circular movement and will indeed move from what you now call right to left and left to right, rather than up and down, as you would say, north/south, it will be east/west.

# A Visualization To Help To Cool The Energy Centers During The Heat (February 02, 1993)

Now, as each of you is changing in your own vibration and moving into a more circular energy flow, this is what would be beneficial for you to visualize. You would visualize in the very center of your encasement ~ do not be concerned about it being in the center of energy but rather the center of your encasement, for that will be the center of your energy, and it is easier to visualize the center of the encasement.

So, you would find your own spot equidistant north/south, east/west, and you would take in that center the visualization of a giant ice cube ~ cold, wet ice cube that is about to melt. Water is a most appropriate visualization for the soothing of the energy field, just as water physically taken into the encasement is a soother of energy. When you are feeling out of balance, the intake of water is the most beneficial of anything currently available to you on the earth plane. It is the equalizer. It is the balancer.

Thus, to have the visualization of a very large ice cube in the center of your encasement, you would then, in your visualization ~ and there are some of you who could do this with your eyes open going about your regular business, and there are others who would need in some way to center and meditate and be in a quiet spot. Wherever you each are in your own ways of meditation and focusing, it is appropriate for you to continue in that. We would not say to you that you would sit cross-legged with a candle in front of you, for the candle would melt the ice cube much too quickly. ©

So, what you do then is, in your own way, to visualize that this ice cube is filling, now, your entire encasement as it begins to melt ever so slowly. You feel the coolness of this melting process

filling your encasement. Visualize it moving through the extremities, those of the fingers and the toes, and completely filling the vibration. As you do this, you call upon the very Highest of the White Light, for you are opening your Energy Centers and you must remember that when you do any type of meditation, activity or any type of movement out of the current consciousness, that you must protect yourself from those forces, mischievous or very dark, who would want to jump in and create a bit of havoc. And thus, you call upon the very Highest of the White Light. You bring in the assistance of your guides and of your Angelic Protector.

And as you do this, and this is all occurring simultaneously, as you are bringing in the Highest of the White Light, and you are filling your encasement with the coolness of the melting ice cube, you are also filling your encasement with bright, bright Light and beginning to feel the lightness that will accompany this. For as you feel your vibration being soothed, any pain that you feel within the encasement will ease somewhat, and that in itself will bring about the sense of relief and Lightheartedness.

Now, as this is all occurring simultaneously, you are envisioning at the Heart Center that which is associated with love. You are envisioning a very fluffy white feather filling that Energy Center, and it tickles you, and it activates the love that you would feel for Self, and you would laugh at the tickling sensation. And as you begin to feel the tickling within the Love Center, it begins now to fill the entire vibration and intermingles with that which is the White Light and that which is the cooling of the ice cube. And you will then feel, overall, a sense of lightness. Now, the trick to this in its finalization is that you very quickly, as soon as you are able, you find another entity, and you go to that entity, and you say to the entity, "I send you love and Lightheartedness," and then hand them an ice cube © ~ a pretend ice cube.

The idea, you know, is to be light and happy and to be able to understand that all of the changes that occur now, you can flow with those changes. There will be much vibrational disruption as The New Illusion moves in. You all have experienced this in one way or another now. We give to you ways in which you can work with it, rather than to complain about it. To complain serves no purpose. It is negative energy. It is happening. There is nothing that you can do about the fact that it is happening. It is a positive activity, for you now flow with the new vibration of the earth plane.

Would you have questions regarding this technique which we have given to you? (There is a Silence) Do you understand this fully?

What are we going to do when all the ice cubes walk in, in March?

When all of the ice cubes walk in, in March. You know, my love ~ ☺

You did not figure it out, did you?

Now. An ice cube is an ice cube. By any name, it is an ice cube. In The New Illusion there will be symbolism for water that is cold and water that is warm. And the vibration of The New Illusion for human encasements will have more water than currently you each have, and indeed you will have opportunities to feel like you are a walking ice cube, for you will have more water. There are many already who have brought in more of the water energy into their vibration, and many of you now about to do so, for this is part of the component of the illusion of encasement in the new energy about to occur. You see, it was an appropriate question, my love.

### Specific Events Relating To The Shift ~ Changing Weather Patterns ~ Land Masses (May 04, 1993)

Can you talk about some of the specific events that will happen during The Shift and the order in which they will happen?

We have indicated that there are three major earth weather activities, earthquakes, hurricanes and ~ they are also referred to, in other parts ~ tropical storms ~ cyclones. Earthquakes and hurricanes, as you would call them, and tornadoes. These are the major types of energy that then create such things as volcanoes and floods. The ocean floor becomes disrupted. The energy in the air changes. You will now begin, as we have indicated in another time, this has begun to accelerate. These activities now accelerate on their own acceleration. This is the way in which land masses will disappear.

As we mentioned earlier in our session here with you, this will not be a sudden type of situation. There will be some, when The Shift actually occurs, there will be the shaking out. However, you know, this East Coast that you have here is pretty much history. And you see the evidence of this gradual disappearance of land. The ocean moves further up. And it is done in such a way that while it is occurring, of course, the storm wreaks havoc, but when the storm is over, all of you say very nonchalantly, "Well, another fifty feet of ocean is gone ~ of land on the ocean is gone." As if, "Well, okay, it is gone," you see. So, each of these storms or weather behavior takes away a little bit more each time.

We have indicated that the Vibrational Zone in which Terra Lux is located is, of course, what you call a safe zone. It goes into a tropical weather pattern once the cleansing is completed. There will be much heat now occurring, and then there will be much cold, and then there will be much heat. We have said this quite, quite some time ago, that it will be what you call record heat and record cold, and when it should be hot it will be cold, and when it should be cold it will be hot, as well as extended periods now of intense heat followed by very, very cold. This is The Shifting.

This is occurring around the earth, strange weather patterns, as it is being referred to. It is not strange for a cleansing. By the time it is ready for the planet to shift, it will be a relief that it finally ~ you know, there will be a little bit of land over here that is still hanging on, refuses to

be washed away with a hurricane. Therefore, it hangs on. It could be that it ~ we are waiting to see if it is going to be vibrationally attuned to the new earth plane vibration, because many energies make their decisions right at the very end, whether they want to stay, or not, into The New Illusion. So, the planet shifts and goes like this, it shakes, and if that little piece of land wants to stay, then ~ and it is able to stay, it will. Otherwise, it is easily just taken away. This is applicable to humans also. Remember, just because you are physically located in a safe area does not mean that you are safe. It means that the land is safe. All the McDonalds will go. We have said that. © No more McDonalds.

### What areas of the planet will start to see these events happen first?

All have now, my son. All have. They began seeing these events, as we have indicated, three to five hundred years this has been occurring. The acceleration now is in all parts of the planet. There is no part of the planet that is left untouched by these. Even in what will be areas that remain, there is a cleansing. Trees and their energy leave and they disintegrate. Room is made for the bringing in of new ground. So, as you see trees and ground being cut up and destroyed, remember that it is no different than The Human Kingdom cleaning itself and deciding, "I will stay. I will go." The trees are part of the plan. They are cut down. It allows the beginning of a cleansing.

You may think that, for example, a new road is paved over this area, but it is a cleansing, for it has taken the trees away who have decided they want to leave and to make room for new vibrations. And the pavement, if it is still around at the time of The Shift, if it is still hanging on, if it is meant to stay, it will. If it is not, it will go. You know, you are not going to be moving into a primitive illusion. The Shifting does not mean that you all will start from ground zero here and be in caves and be eating dinosaur meat, you know. ©

### Are The Vibrational Rays Of The Sun Increasing And Becoming More Dangerous? (May 04, 1993)

To answer your question regarding the energy from the sun, there are many now on the plane who will begin to develop a very high sensitivity to the sun, for the sun is changing in its vibration to be prepared for the earth plane's total new vibration. And what you need to understand is that there will be some energies on the plane not affected at all, for their vibration has already matched that which will be the new earth plane vibration. Those energies who are in transition, who are attempting to raise their vibration, will feel the effects. And, as we have spoken so often, those energies who choose not to stay, either for The Shift itself, or after The Shift, are being given now numerous opportunities to leave of their own accord. And thus, it becomes an individual situation that can be taken care of by meditation and awareness that there is a vibrational difference with all of the energy that is related to the earth itself and those who inhabit the earth.

### The Weather Kingdom Relates To Energy Changes And The Energy Vortex Coming In

It seems to me when we get these energy changes and the Energy Vortex is coming in, it always seems to be involving the weather. Is that a commonality, is that the usual?

My, my, what a coincidence. You will find that ~ you know, the weather, as you call it, is an encasement, is one of the kingdoms. Like The Human Kingdom, The Animal Kingdom, The Mineral Kingdom, there is, as best as can be described, The Weather Kingdom.

The wind that has become very, very commonplace around the planet Earth now, the streams of wind and their strength and their ferocity, are those vehicles by which the energy transferences are occurring from the twelve pivotal pyramids into the new pivotal areas, as we have discussed in detail, and that what you experience now is that this particular geographic area, this safe area, as it is easily referred to, but it is simply a vibrational spot that we have designated in mileage, is a vortex, and that where the new structure will be constructed, which is in this greater area, that where Mushiba lives now in her house, stretching to where you find yourselves now is that land mass that encompasses the new structure.

And while this is not a topic that we go into frequently, nor at any great length, for the public, it is public record that this vortex now will be receiving, as the Earth changes accelerate, and come to closure, that there will be higher and higher winds, as you call it, that will come in quickly, in some cases, and leave very quickly, depositing what needs to be deposited. Or there may be extended periods of time in which this occurs. This is occurring in the eleven other pivotal locations on the planet, and it is now about to begin on each of the twelve sub pivotal locations of the twelve. So yes, the weather, the earth planet itself.

The weather is merely the method by which the energy is brought to us, right? Or is it more than that?

It is a bit more complicated than that and would be part of a discussion that we have planned for some time soon on updating the Earth changes. So, when it is announced when we will be discussing this, you might then bring that question back into the forum.

### Upcoming Changes In The Weather Conditions In Preparation Of The Shift (November 16, 1993)

As we are preparing to depart we will leave you with a little tidbit of information that we on occasion do give information that will be of a future mode, and that is that this coming season that you know as very cold in this geographic area will not be, and that there will be periods of very severe cold, but they will be very short, short periods, and that there is currently about to occur in this general geographic area what you would call a drought, and it will be of a significant length. The duration will be significant.

It is part of the cleansing of the earth plane, and that other geographic areas, as you have already begun to experience, will have an overabundance of water. This will continue. Many think that it has stopped and all will return to normal, whatever that might be defined as on the plane, so that this geographic area in which Terra Lux is responsible, energy wise, will be undergoing some rather significant cleansings, both at a planet Earth arena as well as institutions being cleaned to make way for the cleaner vibration that will replace it, for it will indeed be replaced. And the weather, as you call it, is cleaning itself and will be replaced by cleaner energy and vibration.

So, for some of you what we give you for information is good news and for others maybe not. If you enjoy this sport in the crusted rain ~ snow, put your equipment away, at least for this duration coming. It will return, so do not fear, and there will be very sporadic fallings of this, but there is a drought about to occur. And thus, be prepared for the implications of that type of weather upon all that you do, and the rethinking of all that you do now with the reliance upon the moisture, for it will give you a cleaning of your own way of doing things in relation to the planet. The planet takes away now in some ways that which it has so freely given so that lessons can be learned, and it can replenish itself and bring itself back into health, just as you would do if you were very ill and needed to protect yourself from others.

Waith, do you understand NAFTA any more than we do? <sup>◎</sup> I will take it back.

We do go into the memory banks of Mushiba, and understand that in our accessing of her information, there is an amusement where, you know, political systems are cleansing themselves, and this is going to be part of a rather significant cleansing of a political system. Thus, it is occurring as it needs to from an energy standpoint. You see, we can bring significance to what appears to be the most trivial question. ©

The Spectrum Of Transitional Weather Changes Relating To The Earth Plane Cleansing (March 01, 1994)

You mentioned many times about the warmer and drier climates, and we have just had back-to-back winters of the wettest and coldest. Why is that?

Oh, why is that? Could be the earth plane be going through a cleansing?

Is that typically what happens before you go into a new thing, you do the opposite in extreme, or something like that?

Do you think so? Do you think that all of our discussions of the teeter totter, the up and down, the extremes, has any application to the weather patterns that you refer to now, the extremes? The weather patterns will, as we have indicated on several times with you, will intensify in their extremes. And we had given you the information a few sessions ago that the earth ~ Planet Earth ~ was entering into the next to the last phase of its cleaning process. It is in that phase now. It

has entered into that phase. The extremes in the weather conditions will accelerate now onto an already accelerated pattern. And the moisture that has been falling from the sky, as you call it, the energy moisture, has been accumulating for some time now on the plane and has been stored in energy fields within the vibration of this geographic area, as well as the other eleven areas that house the new structures for the energy maintenance of the earth plane.

That period of time where the dryness will occur is about to come into place. We had indicated that once this moist time frame was completed, and that it would indeed be substantial ~ the moisture ~ and whether it was from cold or warm conditions, was dependent upon the vibration of the earth itself and what it needed in its own cleansing, which is private to the energy of the earth. It is not information that the earth wants others to know about, just as you would not want others to know various aspects of your path. Thus, the dry time will follow this extreme moist time and there will be, during this dry time, periods of intense heat and periods of intense cold. This is the way in which the balancing will occur.

There has to be the pulling on the energy of the earth from the extremes, much as you would look at perhaps the rubber band, and you pull and pull on the rubber band, and sometimes you release one side and it loosens and relaxes, and then you pull on it again, and then you pull on it again, and then you release the other side, and until finally the tension on the rubber band is so intense from the pulling and the lessening and the pulling and the lessening that it finally wears out and snaps. And what is occurring now is that final stage of the tension, for the pulling back and forth has been occurring with the planet for the past three to five hundred earth plane years. It now reaches that intensity where there will be pulling at both ends of the rubber band, shall we say. So, there will be very cold and very hot.

The moisture that has accumulated now is stored. There will be some areas that will have what you call floods, but understand that the reconfiguring of the planet of land and water allocation is in process now, and that there will be much in place in this reconfiguration when the axis shifts, so that not all of the reconfiguration occurs at the time of The Shift. It occurs gradually, and then, The Shifting puts it all into finality and makes it smoothed out, if you will. So that this particular season, as you call it, here in this geographic area and in the land masses that surround this geographic area, are part of the beginnings of the final reconfiguration.

This area will have some very significant reconfiguration of land and water relatively soon, and when we say relatively soon, we would look at a time frame of within two earth plane years, based upon the drying out of the land itself, and the manner and the placing of the water storages that are occurring now and the way in which those will then suddenly appear.

So, the heat that we describe as being the condition for this land mass in The New Illusion will begin to show itself now rather dramatically during those time frames when there is the heat. And you will have the understanding of what that heat is about. It is a different type of heat in The New Illusion than what you have in this illusion. And thus, we are not able at this time to give you a frame of reference to describe it, but once it has occurred, you will know that this is a

different type of heat than you have been experiencing, and you will have then a preview of what you will have.

Many entities sort of shudder when they think of the heat, for they prefer the cold. And you must understand that it is a temperature that for those who are here for The New Illusion will find very easily adaptable to. But it will be in the vibration of The New Illusion and will be difficult for many in the current illusion to feel comfort in that particular temperature, but to have patience and understanding that it will be appropriate for The New Illusion. Thus, those new illusion previews are part of this next to the last phase of the cleansing.

And many of you, over the times that we have spoken with you, have tried so very hard to get us to give previews of The New Illusion, and we have not done this for it would be very difficult for most who we would speak to, to have the frame of reference to understand it. We knew, of course, that the time frame on the earth plane would be reached in which it would be a natural preview that would occur. And thus, as you finish out this cold snow ~ we had to edit some of the words in Mushiba's vocabulary right then relating to snow. It catches us by surprise on occasion, you know. The snow then will soon be a memory, a video perhaps, Limera, for you, which of course will be erased when the magnetic fields changes. But you can have that for comfort until then, my love.

# A Discussion Of Extremes of Weather Pattern Changes (August 02, 1994)

In this area (Enfield, CT), we are experiencing some of the tropical weather changes. Are we going to get the extremes of the winters like we had and then extreme summers, or is it going to get warmer continually?

The area in which you find yourself, of course, as we have said so often, will be, from your current frame of reference, tropical. It will not be quite what you know as tropical. It will have a different configuration, but it will be in essence what you know as tropical. In order for the balance to occur, the extremes must happen, and there will continue to be extremes until The Shifting. When The Shifting occurs, it will bring everything into its alignment. You will find, however, that there will now be longer periods of time in which the composition components of the weather patterns of The New Illusion for this particular geographic area will be in evidence. There will also be, of course, the extreme at the opposite end in order for the balance to occur.

As we have indicated, the earth is in its next to the last stage of cleansing. When that is completed and the earth goes into its final stage of cleansing, you will see even longer periods of time in the extremes, and then finally the settling. And thus, what you will see in this stage of cleansing is longer periods of time in the tropical weather, extended time. What you will see in the final stages will be longer periods of time at both ends of The Spectrum. So, there will be much longer periods of time of intense extreme cold, as well as intense extreme heat. We are not able to give you the time frame in which this will occur. It could last for two earth plane years. It could last for several months on the earth plane. It could last very short period of time. It is dependent on

the stage that currently the earth goes through, and its own cleansing, as to the length and the intensity of the final stage.

This current weather pattern that you find yourselves in will continue for quite some time on the earth plane, and as we had indicated, the drought has now taken hold across the planet and will continue until The Shifting. There will be no easing of the drought or the lack of water. It will also be extreme in parts of the globe where there will appear to be an excess of water, where in other parts of the globe ~ of the planet ~ there will be lacking.

Those extremes that you are talking about, does that also go for our emotional bodies as well? I mean, will we be feeling that?

Oh, indeed. Oh, indeed, my love. All energy is connected. Many of you feel a great affinity to the vibration of the earth, for example. Some more than others. In one of our previous sessions, we gave a meditation to be used in connection with the earth. For those of you who feel the pain of the earth, for example, and how it affects your own emotional bodies, your spirit bodies. It helps to soothe that connection. (Refer to Waith Class Transcript of August 30, 1988)

### The Weathermen Are Noticing The Tremendous Extremes In The Hot And Cold (January 17, 1995)

Can you help any of those weathermen who are having sleepless nights trying to figure out the pattern of weather we are having?

Oh, indeed. It is amusing, is it not? Yes. We have been on the record for the time that we have been speaking of these types of changes and the tremendous extremes in the hot and the cold. It is now becoming much more evident. It has been occurring, you know, during these past three to five hundred years. It is just much more evident now. And there are, of course, more entities on the plane noticing that this is a rather unusual occurrence. "Perhaps this is something that we should be paying attention to," they are perhaps saying now.

### Climate Changes And New Weather Patterns (October 17, 1995)

What is the temperature going to be like this winter?

Oh, nice try! © You see, we have reached the point in the journey toward the illusion change that we can only say that it will continue to be hot or warm when it should be cold, and cold and warm when it should be hot. There will be extremes of cold and extremes of hot when you least expect them. You are not going to have a sudden change ~ suddenly it will be summer when it is the middle of winter ~ and the opposite. You will see pockets of that changing. It will not be until the illusion actually changes and shifts will the settling in of the new polarities create

that as a permanent situation. When you have these extremes of temperature and extremes of weather, it is the axis moving back and forth. As we have said, the axis moves. It is a pendulum swinging back and forth, back and forth. And that is all.

Remember that we have said that drought is the major condition on the planet now, even though it appears in some areas that there is not a drought, that there is indeed more rain than dryness. In general, the planet itself is now beginning to dry, and the rain or the water that accumulates now comes as a way of being stored within certain pockets of the planet itself for the equalization of land and water.

So, with that in mind, that precipitation is reducing ~ and we have said that in this geographic area, it will become more and more significant in the coming few years. And we said that quite some time ago ~ you can determine, then, perhaps, that, what you call, snow may not be quite as abundant as the recorded history has indicated it should be, you see. The weather has a mind of its own now ~ always has, actually. It has been a feisty little kingdom.

### A Question Of Ocean Water Levels Due To Climate Change (October 17, 1995)

So, if there is going to be less precipitation, does that mean the ocean levels will be rising?

In some places there will be an increase, and in other places there will be a reduction as it attempts to balance itself. There will be more of a reduction, however, for what is occurring is similar to a sponge effect. The water is being drawn into the core of the planet, which is where its electromagnetic field is focused and from which the twelve structures on the planet ~ currently known as pyramids ~ but soon to have a different shape when the illusion changes ~ are all focused. There is, then, the storing of the water so that the equalization will be less dramatic when The Shifting occurs. For the most part, you will see a reduction in water levels.

You will see an increase in the temperature of the waters, however, throughout the planet. Even at those coldest spots there will be an increase, ever so slightly. For the planet will be, with The Shifting, warmer than it is now. Even at the coldest spots, it will be warmer than it is currently. The planet will be a warmer planet in this coming illusion. It does not mean that there will be no cold. That is not what we say. It will be warmer throughout.

Will that mean the hotter areas will be that much hotter?

In some areas they will be hotter. In other areas, no.

The Stretching And Pain Of Planet Earth During The Weather Extremes (March 05, 1996)

We understand that you are the brave souls on the earth plane in this environment, for the weather you are all moaning about ~ it being so horrible. Well, we would remind you of how the earth feels now as it tries to cleanse itself. Many of you, of course, feel the stretching and pain that the physical earth feels as it goes through its final stages of cleansing. Imagine, then, how it feels, if you are receiving simply the residual to this ~ the extremes in the weather from what you call one day to the next day. Those extremes are simple manifestations of the intensity that the planet, physical planet ~ the body of the planet ~ experiences now.

# Question About Upcoming Weather Patterns (March 19, 1996)

### How many snowstorms are left?

We are no longer able to count. You must understand that all that occurs now is an exaggeration. The weather patterns are in complete exaggeration and acceleration, and this coming springtime, as you refer to it, will not be an exception to the exaggerations. It brings with it a new kind of vibration that is the movement of the new energy coming into the evolving vortex that will be in this geographic area, so expect some very interesting weather during what you call the springtime. We will leave it at that, for it is much too difficult now to give any specifics where the weather is concerned because of its point of transition.

As we have said to you before, it is the next to the last stage of the cleansing and it is much too difficult to give accurate predictions on whether it will be hot or cold or dry or rainy. Understand that the earth itself is in an exceptionally dry period, even though it may not appear to be so in your geographic area. The earth itself continues into its drought and will continue in its severity. This geographic area will catch up with the severe drought very, very soon. It is much drier in the land in this geographic area than you realize, for you must look at the amount of wetness that has fallen in a short period of earth plane time and you see no real results of that. You do not see it. It is within the earth.

Before we begin with Francis entering in this session to speak of the technique for meditation with community, we will give a blessing and an energy to the earth and your connection to the earth. We also remind you, dear ones, of the tradition that has become a part of the Terra Lux environment, and that is of the earth basket. So, when we have completed our discussions with you in this gathering, we would ask you to find an earth item.

We will protect the fluffiness of your hair, my love. We were in the vibration and heard your remark. You will be dry, from our perspective at least. (Spoken to one in the group who was concerned about her hair in the rain) So, you would find a very special item that perhaps calls out to you and place it into the earth basket and allow it to become in harmony with the other energies that have preceded it.

### Waith Guides In A Meditation Technique To Give Light To The Earth For The Spring Equinox (March 19, 1996)

We would ask you to breathe very slowly now, and we bring in the very Highest of the White Light as a protection as we send Light to the earth, as it prepares for its seasonal changing. The axis of the earth will move ever so slightly and it will have an effect upon the weather patterns about to come. Remember our words, the axis shifts ever, ever so slightly at the moment that is known as the Spring Equinox, and the patterns then will be affected for a short time thereafter ~ a mini shift, you might say.

So, visualize, my loved ones, the earth. Visualize a spot on the earth that is favorite for you, that you love. Surround that spot with White Light. Call upon your Angelic Protector. Call upon your spirit guides to all join you in hugging the spot that you love. Visualize pink light ~ the light of love ~ surrounding your earth spot. And out loud, now, say in unison ~ Earth spot, I love you. (Repeated) Say it again.

Now, for a moment hug your spot of earth, loving it, petting it, thanking the earth spot for its very being. Now visualize the planet earth ~ a ball of Light. Surround it with your love and your Light and send it your love and say now out loud ~ Dearest Earth, I send you love and Light. Thank you for allowing me to live within your energy field. (Repeated) And now, breathe slowly and gently and return back into the gathering.

Most beneficial. In this session we will continue with our focus on Meditation Concepts and Techniques. As you know, we have completed one round of Concepts and Techniques ~ The Webbing Effect ~ which my understanding is that that information has been transcribed and is available. Is that correct my ~ there are Metagers all around me ~ Oh, and Limera has one to show. That is quite good, love. This is what you can expect for each of the meditation topics.

The topic for this time frame is community and I have given a great deal of information in the last gathering. Francis will come in and will primarily be here to give you a meditation technique that is to be used as a reinforcement of the concepts that we have discussed regarding community. There will be, since it is also the spring changing time, a focus on the conditions of the community of energies as the earth moves through its changes. So, we will allow Francis to enter in and speak with you and we will return when he has completed and give you the closing blessing. Enjoy Francis.