

# Waith Class Transcripts, Excerpts

## TRANQUILITY

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*Waith's Words, and the Spirit Group's Words, appear in this font style  
(If a Spirit Group Member speaks, they will be identified)*

Class Member Questions/Comments appear in this font style  
(Multiple responses from the class are preceded with this symbol ☺)

## Topic Session ~ Tranquility

(February 13, 1990)

*We speak now about that which is called tranquility. Tranquility is a concept that comes from The Universal Consciousness that is not clearly understood on the earth plane. It is not understood that tranquility is an offshoot, if you will, of love and that in an effort to achieve tranquility, there must be a sense of love that comes from Self. We would want in this time, as you would say, with you, to talk more about love and tranquility, for as we have been made aware by Mushiba, it is on the plane a time of recognition for that which is the heart ~ the love ~ and we, as so often do, speak of Unconditional Love and the benefits that are derived as a result of striving for the Unconditional Love. Tranquility is another benefit, and tranquility is embedded as a concept into The Universal Consciousness. It is that which each of you as energies have also embedded as a memory in the Soul.*

### Tranquility, Peace, and Unconditional Love

(February 13, 1990)

*The striving for tranquility is different than what you might refer to as peace, when you would say, for example, that you want to have a sense of peace within Self. This is obtainable, of course, but true peace as defined by The Universal Consciousness is only achieved with reuniting with The One. Tranquility, on the other hand, is that which gives you the beginnings of peace, as you would call it.*

*Tranquility is not just a state of what you would call mind. It is a direct realization of a memory from the Soul of being a part of The One and having peace, being at peace. It is a segment of this peace, and as you gain in your own abilities to Love Unconditionally, the tranquility will begin to increase also. In your meditations, you would call upon the Higher Self to, shall we say, reenact tranquility as it relates to you as an energy form. As you begin to feel tranquility within, it projects itself outward and it enables you to understand better those around you.*

*You will recall that we have on so many occasions indicated that there must be an acceptance of all energies who come your way, of their being part of The Universal Consciousness, and that you need to look for the similarities first before attempting to work out the differences, and when you develop the tranquility, it enables you to work out the differences. It enables you to more easily accept those around you, to be nonjudgemental, to understand that all have their own way of living ~ living both on the plane and, as you would use as a point of reference, living in spirit. And you, in your state of tranquility, are able then to assist those around you who would seek the same ~ the same sense of tranquility.*

*It does not mean that you would go about on the plane in, shall we say, a sense of amnesia, coma, where it appears that you do not know where you are because you are filled with this tranquility. This is so often thought of negatively by those on the plane who would look at those*

*who are seeking spiritual enlightenment. They would say this person has a vacuous look in their eyes, and we cannot relate to this person, for they speak of things that are not real.*

### **It Is Essential To Show The Tranquility Of Spirit And A Tranquility Of The Physical**

**(February 13, 1990)**

*And understand that there are many on the plane whose purpose it is to be like this, and that is the way it is. There are others, many of you here. and those who are a part of the core of the Community of Terra Lux, who need to project spirituality along with the reality of the illusion so that those around seeking counsel, seeking wisdom, would not be, as you would say, put-off by this behavior, but rather would see that there is a very healthy balance of the earth plane, as well as the spiritual, and that the sense of tranquility shows itself in the way in which you deal on an earth plane day-to-day basis with others, for it is the mission of the Community of Terra Lux to gather about all those who would be seeking, who would be lost, perhaps, or wandering on their path and who would need the strength of spirit as well as the strength of physical, and the combination is essential. It is essential to show the tranquility of spirit and a tranquility of the physical. We sense a number of questions. We would take them now.*

### **About Disliking Someone While At The Same Time Feeling A Love For Them**

**(February 13, 1990)**

**Can you explain how at times we feel as though we do not like someone even though we do love them inside? There is a conflict of feelings almost.**

*Yes, indeed. It is a most difficult situation and one in which lessons on the plane are most common. It is a very common situation. You are not alone in this issue that you face, for when you are involved in a relationship, there is generally a balancing that needs to occur, and very often, you find yourself at a particular point in the completion of the balancing. And when we say balancing, it means that there have been issues from other lives that you have had, other experiences in other dimensions in which there was some disagreement, and you have chosen to return with a particular entity to work out particular issues. And as you work these out, a sense of love for the entity increases as you become more and more aligned with each other at the spirit level.*

*As you face a particular issue of the balancing this ~ this sense of not liking comes in, for that is a part of how the scale, as you might call it, will be balanced, for you will find yourself having the scale on one end of love becoming stronger and heavier than the scale that has the like or the dislike, you see. And as you work through these issues, then you move the emotion, if you want to call it, or the issue, and you move it over closer and closer, and it becomes part of the love so that eventually the issue is completely filled with love.*

*And it may not occur in one particular lifetime. It may take a number of lifetimes. And therefore, you will find yourself so often in a situation with another entity where you will feel great love, but then this issue creeps in and rears, as you might say, its ugly little head, and you then say, "I love this entity but I dislike what is going on". It brings that emotion, but as you work through that, then that little part of dislike is then resolved and rid and moves over, and love becomes stronger so that as the ~ the issue then works its way through, you no longer will have the conflict, and then you are onto another issue, and then it begins again, not necessarily with the same entity of course.*

*And thus it is that you all find yourselves involved in many different relationships with many different levels of balancing. Some of you have a greater balance than with others, and therefore there is a greater sense of tranquility that is felt with one entity, as opposed to another entity. And it is simply that you have your level of tranquility, and it is meeting an entity with another level of tranquility, and the balancing works, for as you would help another to achieve a higher level of tranquility, perhaps to match your own, so too would another entity come to you to reach a new level of tranquility that they may find in you.*

### **One Can Have A Sense Of Righteousness In Their Tranquility, Causing Imposition (February 13, 1990)**

**Sometimes, that works in reverse, though. Some people become very irritated when we appear tranquil. So, is that a balancing?**

*It is a part of the balancing. It is also, understand, an issue of the way in which you project your tranquility, you see, as I had spoken a bit ago. When there is this sense of righteousness ~ this is perhaps the word to use, so often those of ~ who are on their spiritual path feel that they have achieved what is the right way, and only their way is the right way, and they project then this essence of righteousness. And that is, of course, absorbed by other energies who may not agree, and would probably not agree. It is why we so often say to you that there is ~ the only right way is that which is done by the entity. That is the right way for the entity, and that to impose upon another is righteousness. And thus, to be truly tranquil indicates that you accept Self and you accept the Self of anyone who you meet without imposing, you see. But it is an issue of balancing, my love, for there will be many who, no matter how you are, will feel that you are not to be talked to, or they are, as you would say, put-off, you see.*

**Sometimes, at work, there is one person, or a group, who is against me because of my own sense of tranquility. Would you comment on the group effort.**

*Yes, that is also a very common situation, and it is a part of what you particularly have chosen, as well as many others who find themselves in the same situation. It is a choice of soul that you place yourself into that type of situation, and it is meant for growth of Self, for understanding the growth of Self also, for as you find yourself moving along your path, you so often would want to test to make certain that you have achieved what you have sought, and in doing so, you*

*attempt to gain as much blockage as you can in an attempt to truly take on the test, to know that you have done it, and then it becomes a self-fulfilling type of thing where then you go on into another situation where it is even stronger, you see. So, you have chosen to do this, as well as many of you who are gathered now, and many who would read the information.*

**So, it would start out as one person, and before you know, it is a whole organization!**

*Yes, it could very well be, as you have just learned. Yes.*

**I feel that to prove tranquility and patience and love has always been a challenge if a group struggles to accomplish something. And it is not only the business world, but there are so many situations where a group has problems in making any progress, where people like to blame each other, where people like to prove that they are right and the other one is wrong. And I think that this is, to my experience, the most difficult situation where you really try to be patient, to love each other and to express this. People even try to overrule you because they feel that you are weak and that you do not have any arguments on your side.**

*Yes.*

**I do not know how you manage this in your business. 😊**

*Indeed.*

**You are higher developed of the Soul so it is probably easier.**

*It is not easy in any dimension, my son, be it on the physical plane or in spirit or in any of the other training grounds of The Universe. It is a major issue and one that is not entirely resolved, you see, for if it were then there would be Oneness, and thus it is that even on the Highest Levels there is the situation that you have just described, in different ways of course, but it exists, for there is always the striving, and then there is always that energy who is stronger than another. And as the spiritual sense of the energy grows brighter and brighter and nears The Universal Consciousness, it becomes less and less of an issue, of course.*

*In the physical plane it is most evident, for that is part of the mission of the earth plane in its scenarios. It is to set up these situations that will allow the testing to occur that bring about these issues, that bring about these conflicts, and others attempting to overpower another, for true power comes in Self ~ in feeling a total tranquility of Self and not in trying to overpower another entity, you see. Does that sufficiently satisfy your question?*

**Yes, it is an explanation, but I do not expect a solution to this.**

*Indeed. There is no solution.*

**The Spectrum Of Light And Dark ~ Who May Be Dark To You Is Light To Another  
(February 13, 1990)**

**In a similar situation at work, there are sometimes groups that band together with a dislike of someone. I try to be subtle and not say anything. Where is the balance with that, to keep my mouth shut, or not.**

*It is indeed a difficult issue, my love, in understanding where the balance is, as you have said, and in imposing the self-righteousness, you know, "This is the way I am, and therefore it is the best, and I am of the Light, and you are of the dark," you see. It does not work, for, as we have said so often, where you are on The Spectrum of Light and dark is strictly relative, and who may be dark to you may be Light to another entity, you see. And so, when we discuss Light and dark, it is with a relativity that we do this, for understand that with the exception of a very few ~ all of you are dark to us. But that does not change anything as far as our working with you, you see. You understand?*

*So, you must look at those around you as being on their own point on The Spectrum of Light and dark. And understand, as we have described before, the forces of dark and Light, and the battles that go on, and that you will encounter dark, but you will be attacked only by the dark who are at the same level as you are, the same point, you see. You will encounter your opposite end, and then you will meet all other entities who will be at varying degrees, you see. So, you will look at an entity and say to that ~ to yourself "That entity is dark," you see. That entity would look at you and say, "That entity is dark." or maybe "That entity is Light." You have no idea, you see, in knowing.*

*This is the true test of Unconditional Love in saying, "It does not matter. I am tranquil within Self to know that regardless of who I encounter, be they at any point on The Spectrum of Light and dark, we are all part of the same consciousness." And it is our responsibility to each other to assist in whatever way we can when called upon, not to impose, not to say I am right and you are not, and not to be concerned about whether they are dark or Light. That is their concern where they are on The Spectrum of dark and Light, not your concern. You simply emit your own love and Light and protection and whoever would need it takes it. That is all. It is quite simple. Tranquility is quite easy ~ once you have it. ☺*