

Waith Class Transcripts, Excerpts

SPIRIT GUIDES

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*Waith's Words, and the Spirit Group's Words, appear in this font style
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Inquiry About Communication With Guides ~ The Changing Of The Guides

(September 10, 1987)

We have been in the process of changing your guides. This is an occurrence that happens as you begin to grow and your guides no longer can help you, and they are assigned to someone else. New guides come in who are better able to help you because of your advancing in this lifetime. You happen to be one of the entities who comes under my jurisdiction ~ one of the Angels, who is assigned to me, has you assigned to her ~ it happens to be a female ~ so I am able to discuss this with you directly. If you were coming under the protection of an Angel that was not under my direction, one of the other Archangels, then I would speak to you more indirectly. What you have been feeling has been this transition. Your guides who have been with you since you entered the earth plane are saying goodbye to you. They are trying to tell you that they have been most pleased to have been helping you. And it is a time of rejoicing when we have a so-called Changing of the Guard, because it means that you have outgrown your guides, so to speak.

I knew something was going on. However, I did not know that was what it was.

Your new guides are settling in and trying to greet you. They are of a higher vibration than your former guides. Your former guides have learned a great deal and progressed themselves by being your guides. They have done a very marvelous job and they are now going to go to a higher level themselves. Your new guides ~ there are two of them presently ~ there is a third we are thinking of if the need be ~ these two in particular are surrounding you now, and they would like very much to communicate with you in some way to let you know that they are with you. One of the tricks that we like to do at this end is something very similar to a tickling sensation. It can be anywhere. Sometimes they can be rather mischievous, these guides, trying to get your attention so that you realize that it is they and not the wind.

I used to think of it as the wind. I do not anymore. I have all my life felt a presence. Was this the presence of the guides that I have felt?

Most of the time. There have been times when what you are feeling is simply a connection with the Universal Force. It is an energy that you are feeling where you have connected with your Higher Self and your Higher Self has connected with The Universal Consciousness in a lower vibrational sense. You feel the vibration. You have the ability to open up to The Universal Consciousness and to communicate with it at a higher level. You have that potential.

Being Consciously Aware Of One's Guides ~ Having Highly Developed Spiritual Centers

(September 10, 1987)

Sometimes I find when I am intermingling with people on a conscious level, I am also very aware of what is happening on a subconscious level around me. Even when I am trying to sleep, I can feel movement and activity. Are my guides simply trying to communicate with me? I am very conscious of them. How do I balance the two worlds?

What you are experiencing is a situation very common. You are just more aware than others of the situation. That is, that your Spiritual Centers are so highly developed that you have no difficulties in communicating. You do not in fact need to go into meditation because you are almost in a continual state of meditation. Therefore, you are continually hearing and sensing the movement around you. What you need to understand is that many times your guides are not trying to communicate with you. You are simply picking up their normal movement around you, and also the fact that they may be calling in other friends of theirs to have little conversations among themselves that could be relating to you, although many times, might not be. They might be relating to Universal Issues that they are dealing with ~ and they are watching you ~ and you are going about your business ~ and they find that they can take some time with other entities at their vibration to talk and to help each other. What you are picking up is this activity ~ and you have been, as you recognize, for many, many years on the earth plane.

What will help you is to understand this particular phenomenon and perhaps you can come to an agreement with them, because you are able to communicate with them very easily. Come to an agreement that they will help you to realize when they are in fact trying to communicate with you, or that you are simply picking up their own extracurricular activities.

Guides And Angels ~ Being Very Organized ~ Flowing With The Universe (September 17, 1987)

We are all quite organized here. There is order to everything that we do ~ we Flow with The Universe ~ and your soul called out to The Universe. You were not aware of it at a conscious level. Your soul called out and indicated that it was now time for stronger guidance, and that you would be willing to do what was necessary if you would be given a direct Angelic entity. We do not give The Angelic Force freely at a direct level. They operate at a level removed from ~ usually your guides are those developing entities who have many things to learn in service. And they report to higher entities. And those higher entities report eventually to The Angelic Force. And The Angelic Force eventually ~ I have a very large force that reports to me. It is all very well ordered. And so it is not in frivolity that we assign one of The Angelics to you directly. We do it because you have taken on the challenge and have said that you need that kind of direct help, and you are of such a vibration that we see it as a tremendous help to you.

You do not need to fear being laughed at. It is going to occur. You need not fear it. There is nothing that these people can do to you if you surround yourself with the protection of the White Light. There are those who will hear you, and there are those who will not hear you. And there are enough people now who are hearing all those of you who are speaking that it is becoming a very beautiful occurrence. From this end we look upon the vibration of the Earth and we see the energies. You are all, in our perception, little balls of light. And each of you has a

varying illumination, if you will, and more and more of the little balls of light are illuminating and getting brighter. And this is what we see when we look into the vibration of the earth plane ~ bouncing. It is quite nice. And it is so beautiful to see the energies brightening and becoming more vibrant, bouncing. The more vibrant the energy becomes, the more bouncing occurs. That is how I can describe it to you ~ a pulsation type of thing.

**Waith Gives Someone A Personal Account Of Their Guides
(September 17, 1987)**

Could you tell me about my guides?

You have two guides and they have recently changed. These are new guides for you. You had, when you came onto the earth plane, four guides, and you have developed in such a way that four are no longer necessary. They were guides of a different vibration than you now have. Your guides now are of a much higher vibration. There were many learning experiences necessary for the four who were surrounding you until recently.

It has been perhaps the past one year that your new guides have come in to help you. One is stronger and more dominant. It is a male energy, and it is an energy that you have known on the earth plane. He left perhaps fifteen years ago. He was a very dominant force in your life at that time and very close to you, and he was a very advanced soul. And rather than staying on the earth plane, he decided to leave because his work was finished. He did not have to stay any longer, and he came with us and became acclimated to his new role as a guide, and is prepared appropriately, and is now in your vibration to help you. You know him. He wants you to get in touch with him through your meditations. I do not want to tell you who he is because I want you to do this yourself. I will verify it for you, if you so choose, in the future. However, I want you to open up your Spiritual Centers now. You have had enough time playing around. The time is up. Recess is over.

Your soul has made this decision, you see, and this is why the four guides who were with you prior to this time have now left, and you now have these two very serious guides to help you in your mission. You have a mission of service ahead of you relating in very specific ways to some of your talents. Before that discussion can ensue, it is critical that you open up your own Spiritual Centers and meditate on a daily basis, and you talk to your Higher Self, because all the answers are there.

**Waith Responds To A Personal Question From Someone About Their Guides
(October 08, 1987)**

Could tell me anything about my guides? I was told that one was at my left side. I have a very strong feeling that one of them is my grandmother. I just wanted to know if you could tell me anything about that.

Your grandmother is around you on occasion. She has not been assigned as one of your guides. However, she is able to check in periodically to see how you are doing. She is in a dimension now where she is learning some very important things. She is in school, and we occasionally let her out for recess. That is when she comes hopping over to you to make sure that you are fine. She is a very, very delightful energy, and she has conversations with your guides to make sure that they are taking care of you properly. She is a very protective entity toward you.

She has been in a protective relationship with you in many different lifetimes. In this lifetime, she was your grandmother. In other lifetimes, she has been your mother. And you have been sisters in other lifetimes. You have had many, many lifetimes together. You have a very complex web which has as a result given you such a very strong bond, because you have shared so many different relationships with each other that you understand each other very much.

Your guides, as I had told to you, are two in number. The one who stands on your left side is of the direct Angelic Force, the winged one as we would call her. This winged one is a female energy and has charge of the other guide, who is not of The Angelic Force. Rather, an advanced entity who is guiding for the first time. He has come out of being a Guide in Training, and this is his first full-fledged guide job. He will be a bit reticent at first until he gets a feel for what this is all about, because the winged one of course has been a guide for eons. And he will begin to make himself known to you, as he understands more his role. You can eventually be in touch with him by use, of course, of meditation. You will begin to hear both of your guides speaking to you if you listen. When you meditate do not talk. Listen.

Waith Discusses One's Psychic Direction And Their Personal Guides (October 08, 1987)

What direction should I follow, and who are my guides?

As relates to your psychic direction, you should follow what feels right for you. Each individual has their own level of psychic awareness, and that can be developed as strongly as you want it to be. You have, in other lives, been very open in your abilities. You have been very public. You are on the threshold in this life of rediscovering the abilities that you have. You should continue on the path that you have chosen and allow your perceptions to widen. You have a sensitivity to those around you in understanding what their needs are. Allow this to blossom and allow yourself the freedom to let happen whatever will happen, knowing all along, of course, that as you open up your own psychic Spiritual Centers that you must continually surround yourself with the White Light as a protection against the mischievous entities who might try to sabotage.

Your guides will be of help to you. They have been specifically assigned to you because of their experiences on the earth plane with developing their psychic abilities and the problems that are inherent in doing this when you are on the earth plane ~ the hesitations, the trepidations that

you have, the feelings of insecurity, feelings of actual safety from criticism and verbal attack. They have experienced all of this and have overcome this in a very grand way. And so, they have been assigned to you, two of them, to help you through this. As you are meditating and being in touch with your Higher Self you will begin to be in touch with your guides. You will hear them. You will be guided by them. Trust what you hear as coming from the source and you will be fine.

**A Question From Someone About Their Personal Spirit Guide ~ Waith Elaborates
(October 08, 1987)**

He falls under the jurisdiction of one of the other Archangels, so he is not under my wing directly. I can tell you that he is a very advanced entity. And his most recent lifetime was that of India. He has also had a lifetime as an Indian ~ this North American Indian rather than an India Indian. He was a medicine man. And in India he was a healer. He has a track record in this area. He is a most protective energy for you. You have had lifetimes together, and he is specifically working with you to get through some very important issues in your life that you already know about. He is a most beneficial entity for you and will most likely stay with you until you leave the earth plane. You are able to be in touch with him and to communicate with him.

**Are Guides And Angels The Same Thing?
(November 05, 1987)**

Not all guides are Angels. Not all Angels are guides. Not everyone has an Angel. Everyone has guides, and these guides are at various levels of their own development, and they are matched with you on the earth plane to the point where they can help you achieve growth. For some entities on the plane, they keep the same guides throughout their incarnation. For others, because of perhaps accelerated growth, they have outgrown their guide. Their guide is then reassigned and a new one comes along. And this has happened to many of you who are with us right now.

When an answer comes through that you have been looking for, that you did not expect to even happen, is that from your guide? Do you recognize that has come from your guide, just all of a sudden?

That is situational. It may be from your guide or it may just be your Higher Self who has connected with the Soul, and the Soul's memory is opening and giving you an answer. Again, this issue revolves around you making a particular contract with your guide as to how you will know it is from the guide.

You used some terms that I need some help to understand. They are Higher Self, Spirit, and Soul. Sometimes I think of them interchangeably. Sometimes I think of them as different. I really do not understand the relationship between them.

In our last session, I did give a detailed discussion of the Higher Self and the Soul. This information will be available in printed form for you to read and digest. It will address all of

your questions, and then after you have read that and digested it, then whatever questions you have we will then be able to address. You see, I give out this information, very basic information, so that you are able to slowly, step by step, digest it. And it will, for many of you, bring on additional questions which, when you are ready to hear them, you will ask them, and I will be able to give you the information.

I am here not to confuse you. There are many sources that you may come across that you will find confusing. That has its purpose. I am here to help clear some of the confusions and to speak to you in as simple language and understanding and not bombard you with information that would overwhelm you and create anxieties in you. Rather, as you are ready collectively to hear this information, I will be ready to give it to you.

Do We Have More Than One Spirit Guide At A Time? (November 05, 1987)

Do you have more than one spirit guide, and if so, are they with us all at once, at one time, or do they take turns being with us at different times?

Each entity has at least one spirit energy. A spirit is energy, to answer your question very quickly. Each of you is an energy, and when you are not on the earth plane you are a spirit, because you are not encased in a physical body. Your soul is in fact a spirit, an energy form.

Now depending upon many, many circumstances, the number of guides you have can vary over the course of your incarnation. Or you may be given, let us say, two guides, and they stay with you for the incarnation. In some cases, and it depends on the level of advancement of yourself, you may have several ~ perhaps four guides. One will be dominant, the head guide, so to speak. And usually, in this situation, there is a Guide in Training. And I have described Guides in Training in the past. They sort of come in to learn what being a guide is all about, and they stay for a certain period of time, and when they have learned certain techniques, and learned what it is all about, they may in fact be assigned to someone at that point ~ they have taken off their training wheels, so to speak. Or they may then go into a higher level of school, as we would call it, to learn more about Universal Truths and then eventually become a guide.

There will be occasions when your guides, perhaps two or three of them, will become very active. Several of them will be, in fact, with you. There will be tremendous harmony. Usually when more than one guide is able to communicate with you, it is an indicator that you have things under control here and you are able to know when your guides are talking to you and when it is your Higher Self.

May I ask if there is a nun that is my guide? Because one time I did see a nun.

Many times, when your guides are trying to communicate with you, they will take on a vibration that you would recognize or that would catch your attention. Know that when you are not on the earth plane, and you are an energy form, as I have described before, this energy is a Light, and one does not have a form. However, in order to communicate, form is taken so that you can identify more easily, and perhaps the form will awaken a soul memory of an incarnation that you had with a particular energy. So that in this particular instance, where you have seen a nun, it is an indicator of an energy with whom you had an incarnation where this energy was a nun, and the vibration of the energy then as the nun is being given to you to recognize and to give you certain information, whether at your conscious level or at the Higher Self level, you see.

How Do You Determine The Difference Between Imagination And Guidance?

(June 21, 1988)

Ah, this seems to be the age-old question. And we are not able to give you any quick answers or guidebooks for that, for indeed, it is your guides who are designed to help you to understand the difference. We cannot, nor would we even as a general practice, respond to a question where you would have to say, "Was this imagination? Something that I wished I was hearing? Or was it indeed guidance from the Higher Levels?"

You must learn the long hard way by being in touch with yourself. All answers come from within, and not from outside. And you learn over time that which is imagination, and that which is not, as you become more in tune with your Higher Self, and you become connected to those who are there to guide you, the spirit entities who have been assigned to you. It is not an easy process, and we are not here to make it easy for you. You could speak with many who are struggling with this same issue.

Each who find themselves now in the vibration of this gathering have had that issue and continue to have it, you see. And it becomes a matter of trial and error almost. And it becomes important that the process of seeking the Higher Self through the meditative state, whatever that happens to be for each of you individually, what is good for one is not necessarily the right process for another, but whatever technique you find useful in centering yourself and quieting yourself and asking for help, whatever that method, that technique, use it. And as you receive information, evaluate it as it feels applicable to yourself, for so often what you might think is imagination may be imagination but may be good. What you are imagining can in fact be reality.

A Discussion Of One's Guides ~ And The Changing Of Their Guides

(July 05, 1988)

I had a wonderful crystal balancing, and during that session there were certain people that happened to enter into that situation, and I think they are still with me. I feel totally surrounded by people that I have never been this close to, and I have never really made any connection with a guide name or anything like that. I never got that type of response from meditating, but lately I just feel like there is a whole group. You know.

You have four guides, my dear.

Are they always with me at the same time lately?

Yes, they are. They have always been with you since you entered the earth plane. They are your original guides. They have served you well. And they are, at periods of your life on this plane, have been more active with you than others, depending upon your needs of course. And as you are beginning to open yourself and grow, they are becoming closer to you in vibration. There will come a time shortly when they will be reassigned and you will have new guides, for once the vibrational level is matched between guide and assigned person that you are, there must be reassignment, for the guides must be of a higher vibration so that they can indeed help you, and this occurs very frequently.

It is not an unusual type of thing where guides are reassigned. It is a good sign. It shows that they have done their job and that you are progressing, for as you grow, your vibration increases, and they then would be assigned to someone else who is of a lower vibration who they will then attempt to help. Their vibration has increased as a result of what they have done to help you increase your vibration. Everybody wins in this situation. And so, what you are feeling is a greater connectedness with them as you reach out at a higher vibration. They are very happy and they rejoice around you. You will not need four guides in the future. You will have two guides. They are currently being prepared.

Since you are advancing in your vibration you are attuning yourself higher, you will be able to reach these guides through your meditations, and when the switchover occurs, you will know it, you will feel a difference in your surroundings, you will feel a higher energy field, and once they are in place, they will make themselves known to you.

A Situation With Guides Needing Help In The Merging Of Their Twin Flame (July 12, 1988)

I would like to ask about an entity who has presented him or herself to me in my meditations. He is going by the name of Benjamin, but I also see a female face imposing over his at times.

This entity is a twin flame entity. They are both together. You are seeing both dominant energies. It is actually for you, my dear, a possible new guide. It is being tested now. They, the two of them, are in the process of merging their energies. There is great transition occurring at this point, and they really should not be presenting themselves to you now in this particular condition in which they find themselves. They are under the charge of one of my force, and I was not aware that this was occurring. I cannot be everywhere, only The Creator, and there needs to be some guidance here, for this energy is familiar to you from other lifetimes.

Both of the halves have been with you and they are now merging and they need to do their merging not on the earth plane level, as they find themselves now, but rather to be back into another dimension that is specifically designed for the merge of the twins, and so what will occur is that they do indeed want to be a guide. They have been told that once they become united that they can then take on being a guide, for each has served as a guide separately with many other entities, and now they are ready and need to unite and become one. It is why there is confusion with them and it is not determined yet whether the male or the female will show itself as the dominant energy, hence as the guide.

So, we must now work with getting them into the proper level for the merging process to occur and then working with them to be your guide. It looks very promising that this could occur in a rather short period of time, and then you will be presented with one entity as opposed to what appears to be two. You may be able to help them in this, my dear, by sending them Light, for they are feeling a bit trapped now and are not able to pull out of the dimension in which they find themselves so that they can come into the level for merging.

It is all part of their own lessons to be learned. We cannot simply pluck them out, bring them to the level. Some things they need to do themselves, so we would suggest that when they appear to you again, that you speak with them and that you let them know that you know what is occurring, and that you want to help them and that you want to send them Light, and visualize a very large Light, a ball, and thrust it towards them in a way that could help to jar them from where they are. It is much more than simply surrounding them with the White Light. It is actually sending a ball. Think of it much like this bowling ball. Send it to them in force. It will help to propel them from that dimension into the freedom of the open dimension that will then enable us to gently take them into the merging level.

Communicating With Your Guides

(July 12, 1988)

Could you also tell me if you have discovered the name of the other guide that I have that I am still waiting to find out who he was on the earth plane?

It really is important for your own progression and your own growth to be able to come to that answer between you and this entity. Lessons to be learned on both sides, for if truly the entity is to be of assistance to you as a guide there must be the ability to communicate. Learn from (name) in the ways in which she has opened up herself now so that her guides and she communicate in a very easy manner. There is an issue of trust involved here, saying I know that it is you. I trust that you will speak to me and I will know that it is you and not my imagination.

Your Guides Are Not Allowed To Respond Unless They Are Asked, Daily, Specifically

(July 26, 1988)

You must remember, and though I emphasize this, I feel I have to every once in a while, because you forget that you cannot just expect your guides to respond to you, you must ask. You must ask on a daily basis, and you must be specific, for any of us are not allowed to transgress upon your growth. Unless we are asked specifically for help, we cannot give it, for then it would be a regression for us, and even though we are assigned to protect, and we do this in ways that we are not able really to describe to you, in terms of your own soul's growth, we are here as guides, and you must ask, and you must simply say, "I do not know what to do. Help me. Give me the answer. Help me to understand what it is I need to do," for you must not take for granted those who are assigned to guide you. Do you understand?

As you go through a particular change, the importance of prayer and meditation become paramount. The Creative Force is here for all. The Creator can respond to every energy form simultaneously. All the trillions and trillions of energy forms, if they were all to call upon The Creator simultaneously, The Creator could respond instantly. So, you need not feel that The Creator has other things to do. This is what The Creator does. It is his job description. ☺

Communication With Guides Without Language ~ With Feelings, Intuition, Instincts (July 26, 1988)

When you are communicating with your guides, they are having the same problems except at a much greater degree, for I am at a level that allows me greater access to techniques. Your guides, however, are having difficulty in communicating to you as you are having difficulty in understanding them, and it becomes a learning process for each of you, and when you are feeling something, that is perhaps the closest way we can describe the way in which we communicate. There will be a sense of what is, rather than being told specifically, "Now this is what you do," you see.

When I meditate, I wait to hear words and they do not come.

Yes, and you will not get words, and it is very, very difficult to speak a language. Language is very, very limiting. It is necessary, though for the earth plane experience.

Is that how we form reality?

This is part of the illusion, yes. Language forms the illusion and so you must begin to recognize these feelings that you have and to realize that you are not going to be given a telegram that tells you in words what to do, what the answer is, but rather a sense. And this is where so much confusion comes in and uncertainty, and insecurity with so many of you, that you expect to hear the words as you would understand them in your own language, but rather to trust in what is so often frivolously referred to as instinct or just a feeling. Intuition is sometimes not given the credit that it needs to be given, and for many of you who have experienced the revelations of

following your instincts, you know how accurate that phenomena is if you allow it to come through you.

**A Discussion Of A Group Member's Spirit Guides
(August 30, 1988)**

I see in my mind my spirit guide and maybe another one too, and the way that I see him, I think it is him, is different than the way I used to. I would imagine other people go through this as well. Is it limiting to see or imagine a spirit guide as some one way?

The spirit guide ~ it is not a complicated question, my dear, for us ~ the Spirit Guides, remember, are also at various attunement levels and therefore able to take on varying degrees of illusion, if you will, and that they are assigned to other energy forms for teaching as well as learning. Your particular guide of whom you speak is a very advanced energy and is able to work with you in advanced ways as you need it, as you begin to grow. You see this guide with you now is hopefully going to stay with you for the duration of this incarnation. You have had a switching in the guard, shall we say, in recent time, for you outgrew rapidly those who were with you prior. This happens many times to energy forms.

What occurs now, and we will use you as an example, for it is done many times with other energy forms, your spirit guide is able to show a particular dominance of energy form to you depending upon what your needs are. And when you first began connecting with him, you were needing certain types of confirmation that were known. He has an ability, he is very balanced in the male female energies within himself and he is able to show you initially a strong, strong male which was what you needed.

There will now become some changes in that now that you have become connected with the energy and feel the connections. You will not fear and you will better understand the messages that will now be presented to you that will show other forms, you see. The male energy is symbolic of certain things, the female energy is symbolic of other things, and it will help in opening up your awarenesses and breaking away stereotypes. The color pink. I will not elaborate on this. Those of you who would like to know the story can simply ask the dear one here.

**Susan Gives Advice To Someone About Their Guide
(September 27, 1988)**

I have been trying to reach my guide, and I was wondering if maybe you could either give me some advice or help me to contact her.

Susan: Your guide is, oh, most beautiful, and is most excited about your advancement. And she has played a very significant role in helping you. And part of her mission though has been not to

directly communicate with you until you have reached a certain level. You are reaching that level now.

The time draws near when you will have the ability and your Spiritual Centers will have cleared themselves to the point where it will be a natural thing for you to be able to directly communicate with this particular guide, this female energy. You feel her closer and closer now. You are a fingertip away. Continue in what you do, and very, very shortly you will feel your hair on the right side of your head tingling. It will actually be your scalp, but it will feel like your hair and you will know that it is time for you to communicate directly then and she will give you her name.

Waith Helps Someone Who Is Having Difficulties Communicating With Their Guides (February 05, 1989)

I have a pencil drawing of, supposedly, my guide. It was given to me in 1982, and when it was given to me it was told to me that, "Seek and ye shall find. If you want to meet this guide, ask for him to come to you." As of yet, I have not been able to talk to him.

Yes, indeed. This is a problem that many find, and I think that many here in the community could help you in understanding why this perhaps has not occurred. To be told that you have a guide and that the guide wants to talk with you and to help you is ~ it is another to be able to do it. It does not just happen, simply because you are told you have a guide. It is a two-way street here. The guide is working to be able to communicate with you and you with the guide.

It does relate very much to the issues of gender. And your guide is a dominant male energy. And you have another guide who is a dominant female energy. And there are issues of gender here that you need to work out within yourself before you will be able to communicate with your guides. And they are working with you. It many times can take, on earth plane time, years and years and years and in some cases a manifestation does not accomplish that which it had sought to do.

You must take pressure off yourself to try and communicate with them, thinking that you must do this, but rather to simply relax and to say that you will attempt to communicate with them and ask all of the White Light, those others ~ Waith and Company and all the other energies who are available if simply asked, and of course, that is always including Amelius, to ask for assistance. It is far better to say, "I need your help. I cannot do this alone." For none can do anything alone.

There are many in the community if you sought them out would help you, for they too have had difficulties in reaching their Higher Self and in communicating with their guides and they can give you perhaps tips on what they did and you use that. This is what everyone is here for, male and female. The females have a greater ability because of certain developmental patterns in the

gender of female to explain the difficulties and to assist those to reach the Higher Self. The males can reach the Higher Self as easily as the female, of course. But in this time frame of which we speak, the females are here to help the males break through some of their difficulties.

There Is Nothing Wrong In Saying To Your Guide, "What Do You Mean?"

(March 14, 1989)

Waith, how could we be of more service to Mushiba in helping her not to feel the pressure?

This is a difficulty, for we will be demanding more of her.

But on our part, we are putting pressure on her, to put her too high on a pedestal or something?

She ~ this is self-imposed. You must realize that she ~ and we work with her in this ~ there does need to be an understanding from all of you that she is like you. She wants this, and it becomes difficult when there is at times an exclusion, and she feels this, and will not ask to be included, for she feels that that would be an infringement upon many of you. But it is basically something that she is having to work through herself, also. In the lessons that are being presented to her from our level, we will be much harder on her than we have been in the past, and she is aware of this.

She has not been nice to me in the last few days. ☺ ☺ I have to tell you this, but we have worked it out. And I tell you this because you must understand that there needs to be a greater understanding between a guide and yourself. You must not hold your guides in awe. You must feel that you can speak with them, for they are energies, you see. And the seven of us work with Mushiba and many of you know that she calls us names. ☺ ☺

⚙ **Spook.**

⚙ **It is good humor though.**

We ~ realize that we are just at a different dimension and that when we have incarnated, for example, with Mushiba, just as you are all in physical form, and you interact and you joke with each another, and you have disagreements and then you have harmony, this occurs even at the guide physical level, you see.

When you begin to loosen up a bit, things become much easier, you see. There is nothing wrong in saying to your guide, "What do you mean?" There is nothing wrong with that, and we feel that by telling you this about what has occurred with Mushiba that it will help you in reaching your own guides and in understanding that no energy should be looked at as a deity. No energy should be placed on a level of height, but rather to be mutually loving and understanding and communicative with those at other dimensions, the same as you are with those in your own dimension.

Discovering The Name Of Your Guide ~ And What To Do With The Information
(April 11, 1989)

When I meditated with it, I got a sense of the name Treea, and I felt like someone was calling to me.

And who might that be?

I do not know. Was it you?

No, it was not I. Who else might it be?

I have no idea at all. A guide?

Could it be a guide?

I guess.

There are many in this group who would give the remaining part of their incarnation to have the name of their guide. ☺ ☺ And you ~ "Oh, okay, it must be my guide!"

Actually, I thought it might have been after me because I felt like that was the name that someone was calling me, and I was hearing that name.

You now have a very valuable piece of information. You know what to do with this information now. It is now time for you to connect with your guides through your meditations, and by knowing the name, you have had a major breaking-through and will be able now to call the name of your guide, and your guide is able to communicate with you also. It is a two-way street, as we would say. In your meditations, begin now to ask your guide what it is needs to be done. And that is the purpose of the guide.

Waith, I had the exact same thing happen to me about nine months ago. I asked you who Alazar was. I thought Alazar was myself, and so all this time I am wondering, "Well, who is Alazar?" All this time I am wondering, "Who is my guide, who is my guide?" ☺ ☺ And Tuesday it just hit me like a brick that they are one in the same. And I felt quite a bit different when I realized that.

Indeed. Yes, and now you know what to do.

Do Lifelines Share Guides?

(May 16, 1989)

In some cases, they do and, in some cases, not. It is determined by what the mission of the particular lifeline is. As a general rule, they do not share guides. There may be a host of guides assigned to the dominant energy and out of that host of guides there is a dominant guide that, shall we say, directs the others, and thus it may be that one of the host of guides would be assigned to one of the lifelines leaving, then the dominant energy for the time that is needed. There may be occasions when a particular lifeline has taken on a mission that requires a special type of assistance, and the guide then would request assistance or it would be determined from whoever was responsible ~ whichever of the energies and guides were responsible for monitoring a particular energy's guides.

Do Guides Seek Us, Or Do We Seek Them, Or Have They Always Been There?

(November 07, 1989)

We will work backwards with the questions. They have not always been there. They come and go depending upon their own mission and the mission that you have at a particular time frame. You seek out the guides and the guides are assigned to entities. There is a mutual, very often mutual, alignment. There may be times when guides are assigned to you without your understanding, for they have been given special reasons for helping you that you are not aware of even at spirit.

The more advanced an energy form becomes, the more alignment there is in the selection of guides. This is done strictly at spirit. All guide assignments must be approved by the hierarchy, and there is one in The Universe, you see. You simply cannot go out and pick an energy form, and you and it agree that you will be a guide, or it will be a guide, for those who serve as guides are specially trained and have special obligations and responsibilities. We have what we refer to as Guide School, and there are many levels of Guide School.

An entity will receive a guide based upon the energy's mission and what it hopes to accomplish in a particular manifestation. What we have ~ we have placed this, by the way, in the transcripts. There is a great deal of discussion about guides which you may look to the index to find information for you. What we have, however, not really addressed, and will at some other time, is guides at spirit level where a spirit has a guide also, even at spirit level, not just at the physical level, are there guides, but in many, many connections. That is for another time.

Is It Easier To Get In Touch With Waith Than It Is With Our Guides?

(April 03, 1990)

Indeed, it is. The only reason for that, you see, is that we are easily available. We are of such a vibration that the electromagnetic barriers that exist from dimension to dimension are easily

broken through from our end. We are able, if you will, to visualize, please, a tunnel that goes through from dimension to dimension. We can create a hallway, if you will. We have this ability. So, therefore, you can gain access to us simply by our creating this hallway.

This is not so with the guides, you see, for they are in training to be able to reach this type of vibration where they could create this hallway effect, and that part of their learning experience itself is in being able to work with their assigned entity who, together, would then create the ability to communicate with each other through this creation of a hallway effect. For some entities currently on the plane, it has become very easy to create this hallway, for they have worked diligently in times prior, as well as in this incarnation, to affect such an ability. Many incarnated now are just beginning to work on the ability to create this passageway between one dimension and another, you see. And thus, we, being in the position that we are and the assignment that we have been given from the kingdom, is to make ourselves available, for we have the ability to do this. The passageway is, in effect, always there, you see. Very good question, my love!

**A Reminder From Waith ~ No One Is Ever Alone ~ Always Call Upon Help When Needed
(May 08, 1990)**

I wanted to thank you for help that helped with co-workers and myself. I felt we were not alone.

You are never alone, any of you. You are never alone. You may at times think you are alone but we are always here, we and all of The Angelics, your guides, whoever they may be, are always with you. You need only call upon them. So often you do not do that, for you become so engrossed in the illusion that you forget that you are not alone, you think that you have to do this all by yourself, and while that may be the particular phase of the lesson that you find yourself in at earth plane, at spirit, we are always there. You are never ever alone.

**As Significant Vibrational Changes Occur In An Entity, Your Spirit Guides Change Accordingly
(June 19, 1990)**

When you begin opening your Spiritual Centers, and you become accustomed to the way your own guides communicate with you, and the psychic attacks come, and then suddenly there is a dramatic change and you suspect that another guide, a stronger one, has come in ~ does this happen, and what does it feel like? Are there any guidelines that can help us discern what kind of help we are getting or guidance we are getting?

Yes. That is a very good question, for we have addressed it in the past, and this is good for the ~ those who are involved in the compiling of topics to research out through the transcripts more complete information. Make a note of that, my dear ones who are charged with this responsibility.

In answer to your question, my love, very frequently guides are changed within the time of the incarnation, or guides are added during the time of the incarnation. What occurs, primarily, is that, as significant vibrational changes occur in an entity, it becomes necessary for guides of a higher vibration to begin assisting, so that very often you will have assigned to you a particular series of guides, and they will come into your vibration as your own vibration increases. As your vibration increases, you are, of course, more susceptible to attacks from those of the darkness, for once you have begun to become comfortable with protecting yourself at one level, that is in fact a signal that you will now move up a notch, if you will, and thus, that will again signal a new contingent of the darkness to come in ~ of course, not any stronger than your new vibration. However, when it initiates, it can take an entity by surprise, shall we say, and proper preparation may not be in line for protection.

What will occur for many entities who are attuned to guide changes ~ and many, many are aware of this at the higher levels ~ there will be a sense of what you would call a whooshing sound within the Higher Self in the meditations, and this will then translate itself into that which is called the ears in a sound that can best be described as intonations ~ a ringing, if you will ~ in the ears. For some it will occur in either the left or the right ear depending on certain situations that would relate to the energy form itself, or it could be in both ears in a balanced manner. Nonetheless, this is the signal of either guide addition or guide changes.

What about a pressure, a real pressure on the temple?

What that can signify is that there is a complete changing of the guard, if you will. And it is in rare situations that there is a complete changing of the guard, for guides, understand, all of you, that guides must learn lessons also in being assigned to you, and that many guides are ~ who are assigned ~ are of such a high vibration that it is known ahead of time that the entity to whom they are assigned in that particular incarnation will not reach a vibration that would supersede their own, and it is done for purposes of maintaining consistency within the training and the guiding and protecting.

But in the case of that type of sensation in which you feel the pressure, can signify total changing. However, the pressure that you describe, my love, can also signify other types of phenomena, and so it must be taken carefully as information, that if you feel a pressure at your temples that it may mean a changing of the guard, but it may mean other types of situations, and it must work in conjunction with your own abilities to communicate with your Higher Self to receive the answers, to know if it is a changing of the guard.

Understand that when there is a change of total guides, it is done very rapidly. It is not something that takes a great deal of time, for vibrational change occurs very rapidly. It is as if you were going up, let us say, a pair of stairs, a set of stairs, you would walk up, and as you move from one step to the other, it is done very quickly. This is how you might envision vibrational changes.

My ear has been ringing for thirty years. What are they doing to me? ☺

Indeed. We would answer that by indicating that you have been able to communicate with your guides, and that it is not uncommon to have physical phenomena such as ringing in the ears to be a vibrational attunement to the guides. Now, on the plane, in this particular illusion, there is a misunderstanding about ringing in the ears, as you would call it. And oftentimes, entities are accused of any number of fanatical ideas, or imaginings, or anything of that sort, when, in actuality, very often ~ not always, but very often ~ a ringing in the ears is in fact much as you would hear this telephone that you have on the plane ringing, to signal that there is communication to occur, you see. So, it is not such a silly question, but rather one that has importance.

Can Spirit Guides Ever Reincarnate To The Earth Plane, Or Are They Strictly Up There? (December 04, 1990)

Oh, no, no, no, indeed. Spirit Guides fall under many different categories. Some have completed their sojourn on the earth plane and some have not. Those who have completed their sojourn on the earth plane may indeed now be working in other dimensions, on other training grounds, and able also to devote their learning in Guide School, if you will, and are at perhaps graduate level of Guide School. There are many of the Spirit Guides who have gone into Guide School without having completed yet their sojourn on the earth plane. They may be nearing completion, and they are able to go in as apprentices, shall we say, and they begin doing their work, for they may be, as you would call it, exceptional students and able to go onto college work, shall we say, while still completing courses in high school.

And thus, they will be a guide to you while still having work to do on the earth plane. Additionally, you may find that particular entities who are Spirit Guides have never come on the earth plane, and they have special kinds of missions that they are assigned that relate to issues that you may not be involved in ~ or they may not be involved in at the earth plane, but rather, to assist you in spirit types of situations. Spirit Guides, when they have attained a particular level of Guide School are able to manifest at will on the plane, as many of them do, as many of us from The Angelic Kingdom are able to do and do so often.

Specific Questions On Spirit Guides March 10, 1991)

Does Everybody Have Spirit Guides On The Other Side?

Oh, indeed. Yes. Yes. However, the guides change. They are reassigned, and indeed within the course of a lifetime, of an incarnation, there can be a changing of the guard, shall we say, several times. Guides are assigned to help an entity with very specific issues, and when that is completed then the guide will go to another particular situation. There may be, however, guides who come

and go from a lifetime to another, and you may have a particular guide during this lifetime, and four hundred lifetimes later the guide will show up again.

Guides, of course, go into what you would commonly call Guide School, and there are levels of learning how to be a guide, and sometimes, you see, the amount of information that a guide has, the training that a guide has, no longer is adequate enough to assist you on the plane, and therefore, another guide must come in who has the abilities to help you advance.

Would relatives and friends who have passed over, ever be guides for you?

Oh, indeed. Indeed, quite common.

Is it possible to become aware of your spirit guides though meditation?

Oh, indeed. Yes. For some, they come into this life knowing immediately who their guides might be, or having a sense of them, and being able to communicate with them. Others do not have that advancement, and through meditation, however, begin to connect with the guide. Understand also that part of the growth of a guide is also to attempt to communicate, and that while you may be able to have the ability to communicate with other dimensions, you may not be able to communicate with your guide, for the guide is not able to break through the electromagnetic fields that encompass the earth plane, and thus, it may not be, shall we say, you that is not able to communicate, but rather, the guide who is not able. And thus, in your meditations you would continue to work toward reaching a communication so that the guide is able to break through.

Many, many entities on the plane now have constant communication with their guides. There are some who are able to verbalize this communication. They are able to speak with the words coming from their guides. Also, to use writing, as it is on the plane. This gives information that comes from the guides, and there are many recognized currently on the plane who utilize this and bring forth tremendous amounts of information. Most beneficial.

Do some of us in this room have the same guides?

There can be a sharing of guides. However, each would have one at a minimum that is specially assigned to the entity so that, let us say, you have three guides and another entity has three guides, that you would at least each have one that was unique to Self. You may have one of those three guides that share you, shall we say.

Can a guide be on the plane with you?

The guide ~ most interesting question. The guide is, at the time of being the guide with you, assigned in a dimension that is not primarily earth plane. However, there are occasions in which the guide is allowed to either manifest, and this takes an advanced schooling effort, to manifest and become a part of the earth plane for a period of time, not for the entire life, but perhaps one day, or one hour, as you would measure it on the plane, or several weeks.

There are also situations in which what you call walk-ins occur in which the guide may indeed walk-in, but again, only for a specified period of time, for the function of a guide, as we refer to it, is to Be of Service at a different dimension, one in which there can be a higher perspective than the earth plane. However, oftentimes a little assistance is needed at earth plane and the guide will indeed do that.

Your Spirit Guides Are Assigned To Assist You In Reaching Your Higher Self (July 21, 1991)

And your Spirit Guides are assigned to assist you in reaching your Higher Self. Know that all of you have a minimum of two who guide you. All are assigned a guide and a protector from The Angelic Kingdom. That is a given. When you enter into the sojourn on the earth plane, you are assigned a guide and protector from The Angelics to be with you during your entire sojourn, as many lifetimes as that takes. And from lifetime to lifetime, you then are assigned guides of an advanced vibration who will assist you as you progress throughout the sojourn, and are specifically assigned to help you in specific lessons and in specific paths that you choose in a lifetime. And you may have one. or two. or three, or sometimes four, guides assigned for a particular lifetime, but at a minimum you would have one guide and one Angelic, always. And they are charged with assisting in reaching the Higher Self.

Topic ~ Spirit Guides November 05, 1991)

Now, then. Each of you has an opportunity as a, shall we say, little gift from us to all of you in attendance in this session, to more easily connect with at least one of your guides for the time in which we will be in this vibration. They are now in the process in their own ways of saying hello to you. You may feel what you would call tickling ~ brushes against the skin, and many other senses of their presence. The vibration is filled with tremendous Light and beauty and love, for they all wanted to participate. You know, it gets a bit boring out here in spirit at times, and they like to come in closer to where they perceive the real action to be, and that is on the earth plane.

Are they misguided? ☺ Sorry, Waith.

But actually, my love, there is this concept of short memories. Many of them have forgotten what it is like to be on the earth plane. For those who have, rest assured, they will return so that they can remember.

To discuss the topic of Spirit Guides is one that is very popular, both in spirit as well as in ~ on the physical plane, for it is a most interesting aspect of the way The Universe has been placed into a certain order, and gives strength to the concept that so many on the plane lose sight of, that is, that all energy has a protection and that you as energies on the earth plane, while in different dimensions from us in spirit, are still nonetheless connected. And there is the tendency to forget this and to believe in disconnectedness, and that you are, in essence, alone, without any help, when you are on the earth plane. The purpose of Spirit Guides is to give you that confidence that there is a source at a higher level of consciousness, at least at the time in which you are on the plane, and the other energy is in another dimension.

**Every Energy That Separates From The One Is Assigned An Angelic For The Entire Time
(November 05, 1991)**

Now, those of the Angelic have as one of the prime responsibilities the task of protecting all the energies who choose to go onto the earth plane and who choose to go into other training grounds. There are many thousands of training grounds other than the earth plane ~ and that every energy that separates from The One is assigned an Angelic for the entire time that that energy is out of The One ~ time. Until return to the One occurs, you have a standard, if you will, to rely upon, and that is one energy from the Angelic.

**Everyone Has A Protective Angelic responsible at all times for your protection
(November 05, 1991)**

You all, at various points in your development, have many Spirit Guides, which we will discuss in a moment, but you have a protective Angelic. And the word Angelic, understand, is used only as a frame of reference on the plane now that has been given to this group of energies who have been given this assignment. We have talked in other times of the responsibilities of being in The Angelic Kingdom. Thus, this one Angelic has ultimate responsibility for your protection and must at all times be the overseer of your path and the progress on your path, and that as Spirit Guides are assigned, it is with the approval of the Angelic who has been assigned to you. So, you are always with that security.

Energies on the earth plane forget that they have an Angelic that has been assigned to them for the duration of their time outside The One and fail to call upon that Angelic. And just as we have said so often, we cannot help you unless you ask us. This is true of the Angelic. However, the Angelic has more, shall we say, latitude in taking control of your path than a Spirit Guide does. And thus, there are situations where the Angelic will intervene even though they have not been asked directly, for they see it as part of the protective element. So, we state then to you the premise that you have a protector.

Call Upon Your Spirit Guides To Come To You When Seeking Answers For Your Own Growth

(November 05, 1991)

This, then, leads into Spirit Guides. They are different. Protectors are Spirit Guides, but Spirit Guides are not necessarily protectors. There is oftentimes the misunderstanding that a Spirit Guide is also supposed to help you defend yourself against yourself, but it is only the duty of the Spirit Guide to come to you when called upon for answers seeking your own growth. Now. We have what we call Guide School, and it is composed of many, many grades, as you might refer to it, and before you receive a guide, there must be the beginnings of training, and then as the guide increases in its own vibration and attunement, they move on through Guide School.

Spirit Guides Are Assigned To You In A Way That Reflects What Your Lessons Are
(November 05, 1991)

Spirit Guides are assigned to you in a way that reflects what your lessons are that you are currently working on in a particular incarnation on a particular training ground, be it in spirit, or in physical, or in other types of dimensions. Now. There may be occasions when you will have a Spirit Guide for many lifetimes that occur one after the other, or you may have a Spirit Guide in, let us say, this lifetime, and that Spirit Guide may then go onto other training and perhaps one hundred, or one thousand, lifetimes from this one, you will find yourself working with the Spirit Guide once again.

At certain levels of advancement, Spirit Guides are able, and indeed are allowed, to manifest on the earth plane while in their assignment to protect you at spirit, to guide you at spirit, and thus, you will, on occasion, have this sense when you would meet an entity on the earth plane who you feel very strong connections with. There is an instant energy flow that is difficult to describe. It may be that your Spirit Guide has manifested for a short time, it is usually that of a short time, to help you through, at physical, a particularly difficult situation. For the most part, however, the Spirit Guides remain in spirit while you are in physical, for that is where they can best achieve their own work.

Many entities on the plane say that they do not want to bother their Spirit Guides by asking them for help. It is important that you understand that by asking for help, you then enable the Spirit Guide to not only help you, give you assistance and Be of Service to you, but you are Being of Service to your Spirit Guide, for there are lessons that must be learned by the Spirit Guide in the helping and the guiding that they make through their guidance of you. And thus, you do not bother them. Indeed, if you do not ask them, you do not give them the opportunity for their own growth.

Now. You will find yourself at times feeling that your Spirit Guide is not around you, that you have been unable to communicate, or that you have never been able to communicate. There are many who would say, "I do not know how to meditate, and therefore, I am not able to connect with my Spirit Guide, or even if I do meditate, I do not feel like I have connected with my Spirit Guide." There are always connections. They may not be obvious connections. And indeed, when

there is the beginnings of learning to connect, and this relates to both the guide as well as to you, there are lessons to be learned, for one of the lessons in Guide School is how to communicate through the levels and levels of vibration and energy that exist between the earth plane and the dimension in which the guide finds itself.

This is not just something that comes automatically. It is something that is worked upon, and at the same time, depending upon your own vibrational attunement, also indicates your abilities to meet, shall we say, at some point in this vibrational field that surrounds the earth plane and to connect with the Spirit Guide.

So, you must understand that even though you do not feel that you have connected in a way that enables you to communicate, or even to hear the guide give you its spirit name, that you would be able to refer to it, there is a connection that is established by The Universal Consciousness that enables the working. There is a thread, if you will, of energy. And it may be that the purpose of the guide working with you in a particular lifetime is to help to work through and gain the awareness, ever so slightly, of how to communicate with a Spirit Guide.

There is guidance coming through continually. Many are not aware of the guidance that comes through. Many would deny the guidance that comes through. You are, in fact, bombarded with guidance. Many simply do not choose to hear, or when they hear, they do not like what they hear. And thus, they say, "No. That is my imagination." Or there is no trusting of Self and the information that comes through. For if you take on a message that comes through, you then assume responsibility for that information in your own behavior, and this can be difficult for many entities, to have to say that they have behaved in a certain way, based on information that they believe came from another source, either the Higher Self or the Spirit Guide connection, you see.

**All Are Working At Varying Levels Of Understanding Connection With Their Spirit Guides
(November 05, 1991)**

So, what you all now work on in the earth plane is varying levels of understanding in connecting with Spirit Guides, and there also needs to be the understanding that there is much information coming through your Spirit Guides to aid you in the coming time of cleansing to give you the direction. For, you see, your soul asks for the information to be released to the Higher Self, and the Higher Self then funnels it through the Energy Centers that are the vibrational field of each energy on the earth plane. And thus, the information comes through that you have asked for.

You are not presented with any information that you would not be capable of understanding or working with. There is nothing that is given to you that would be beyond your own abilities to understand. And then, as you begin to understand that which came through, and you have synthesized it, shall we say, you then will receive additional information that may be of a higher level, and as you go through the levels of information you attain higher levels as you are able to

understand them. And it is the duty of your Spirit Guides to help in the flow of that information so that you do not receive Step B before you have received Step A, you see.

So, there is order in the way in which your path progresses, and this is all done in conjunction with your Spirit Guide prior to your entry on the plane. It is not arbitrarily imposed upon you. You work in spirit with the guide assigned to you, and you would perhaps, as you would say, map out what you would plan to do in the lifetime, and the Spirit Guide, then, works with you. There are many contingencies that go along with this concept. However, for purposes of discussion for this session that we will leave it at its simplistic nature.

Would You Talk More About Having More Than One Guide? (November 05, 1991)

More than one guide can mean also that at in any given lifetime you would have several. Some, for whatever the reason, could have anywhere from two to six Spirit Guides at any given time in a lifetime, depending on what is being requested by your soul and what has been mapped out, and many other situations. There are also occasions in which another Angelic is brought in on a temporary basis, not permanent like your permanent protector, to assist, and The Angelics have very high levels of guidance ability and are oftentimes called in to be the coordinator of the Spirit Guide Team, shall we say, for a particular effort. There are times on the plane when an energy takes on a particular task that has, as measured on the plane, a limited time, and it is during that time that they may have a team of Spirit Guides.

When we say that you all have more than one Spirit Guide, it is primarily said in the context that from lifetime to lifetime you have different Spirit Guides and that, as a result of this, you accumulate, shall we say, a particular pool of ~ yes, that would be the best way to describe it ~ a pool of guides, that as you progress, and your guides also progress on their own, that in spirit when you are ready to go onto the plane again, you can call upon a guide that you have had before, that you feel you have had good experiences with and who can help you.

And thus, in response to that statement, my love, it is in that context that we say you have more than one guide, but also, it was good for us to elaborate in its definition that you can have several guides in any incarnation. There are a number of entities in this session now, as we speak, who have a team of guides because of the nature of the mission. Just so that you will know, we told them that the entire team could not come into the vibration. There was not enough room! ☺ So, they sent a representative.

Do Our Guides Work In Shifts, Or Are They All Around Us At One Time? (November 05, 1991)

You know, that ~ we attempt to frame our response so that it is understood in the context of earth plane definition of shifts of time, you know, blocks of time, as you would call it. They do

not work in shifts of time, but rather, they work in strata of vibration, depending upon what exactly is being emitted vibrationally from the energy at the time of a particular point in the mission. We feel it would complicate the simplicity of our discussion if we started explaining more in-depth here. That will come at another time. It is best to just simply indicate that as you need your guides they are there, and whoever in the Guide Team needs to be there, is there, whether it is all of them or some of them.

**On The Earth Plane, Are There Some Entities Who Are Guides For Those On The Other Side?
(November 05, 1991)**

This is essentially correct. They are entities who are currently incarnated who are at the end of their sojourn on the earth plane. They have completed all that is needed to be done on the earth plane over as many lifetimes as was needed, and have also been working as Guides in Spirit. And what has occurred, is that there has developed an ability to very easily separate from the main energy source, come onto the plane utilizing a small percentage of the energy to fulfill the final life on the plane, and at the same time be serving as the Spirit Guide of another that is either in spirit. or indeed, incarnated simultaneously. So, thus, that is essentially correct. It is something that is achieved through hard work, you might say, going from one lifetime to the next and specifically selecting that as a lesson to be learned.

Not all energies want to be Spirit Guides, you see. There is no mandate that says you must be a Spirit Guide. You decide when you leave The One that you would want to be Spirit Guide, and thus, you are given the directions to what has to be accomplished in order to become a Spirit Guide, or to be any of the different tasks that are assigned by The Universal Consciousness to maintain the order of The Universe.

**Can One Guide Be Associated To More Than One Incarnated Entity?
(November 05, 1991)**

Oh indeed. Yes. Usually, of course, it is a guide, an energy, who is very, very advanced, and in some situations may indeed be an energy who has already finished their time on the earth plane ~ is no longer bound in any way, and in fact, left the earth plane time, time past, and has now specifically come back onto the plane in physical to Be of Service as a guide at physical while keeping the connection at spirit, so that there is a simultaneous guiding of an entity. Your Spirit Guide is actually in spirit as well as physical. That is true in a number of situations within the geographic area in which you find yourselves now.

**How Can We Best Work With Our Guides?
(November 05, 1991)**

By wanting to, first of all, you see. Some entities display a bit of resistance, for the ego strength enters in, in the belief that there is no need for help. They feel that they can do it on their own.

So thus, you must, first and foremost, indicate that you want to work with your guides, that you will seek guidance, and then it comes through meditation. It is, again, what we say continually, that the answers come from within. There is no external source or method or procedure that would enable you to work with your guides. There are ways that can perhaps assist you in going into meditation, but it is only through meditation, however that takes its form, that you connect with the guide.

And in your meditation, you work consciously in your meditations. That may seem like a contradiction in terms, but it is not, for you go into a meditative state with the understanding that you will reassure the guide that you want to work with the guide. Then, and very importantly, when you receive information from the guide, do not ignore it. In fact, thank the guide for the information and trust it as valuable for your decision making. And you must trust, you must trust. And then implement that information in whatever way seems appropriate, knowing that it is coming from a guide, therefore, it must be valid information.

And once you have seen the way in which that information helped you in your path, return to your guide and thank the guide once again for providing the information, and also helping you to work with the information and in trusting, and then the guide will thank you, for you have now helped the guide in their own path, for when they give information, it is then expected that they help their assigned spirit to work with that information, and if they are not able to do that, then they do not progress in their own growth. You see? It is a circle. All helps all.

Can Your Guides Communicate With You Through The Use Of Color? (November 05, 1991)

Oftentimes, one of the ways in which a guide communicates is through color, for it is an easy symbol on the plane to utilize, and it has come through from many sources, not just our source, but other sources, that the use of color can indeed represent many different issues that are being worked upon, and this is as it is to be for the earth plane currently in the illusion, so that there are many ways in which your guides will show themselves, color in your meditations. You may connect with your guide and have an understanding in your meditations that a particular color, when presented to you in your everyday life on the plane, would represent as a symbol that your guide is with you.

Oftentimes, you need the reassurance, so you may be about to, shall we say, go into a meeting, and you are concerned about what you will say in this meeting, and you have connected with your guide that red is the color, or blue or green or yellow or any combination, any particular color that you have decided upon mutually. And when you walk into the meeting, you immediately see that color in some way. Another may be wearing an item of clothing that that color is in. Thus, it gives you the reassurance. And the guides are able to do this.

Can Your Guides Communicate With You Through Music And Sound?

(November 05, 1991)

Yes, indeed. Yes. We, in fact, will be providing information relating to the interconnection between color and sound to help in vibrational soothing for entities. The use of music to communicate is known historically in this illusion as a very strong way of communicating. We will, at this point in the session, not go into it in detail, for we will leave that for that time in which we give further substance to the harmony between color and sound.

Are There Different Spirit Guides For Different Psychological Or Emotional Conditions?
(November 05, 1991)

You talked of different Spirit Guides being available for a person at different vibrations. You were hesitant about going into detail about this, but I wondered if those vibrations are strictly time element. You frequently talk of vibrations as the thing that we would call a time element as a vibration, but I wonder if there will also be a particular condition of a person's life, for instance depression being one vibration, elation being a different vibration, and a different Spirit Guide for a different psychological or emotional condition of a person's life.

Yes, and you do your profession justice, my son, by highlighting that particular situation, and understanding that we will address it in further detail in another Public Session when it seems appropriate to present that information. But your premise is accurate. Yes. Some of the guides work together. One guide may deal with one vibration and another guide deals with another vibration, but they talk to each other, shall we say.

Does The Worship Of Gods During Other Times, Have Anything To Do With Spirit Guides?
(November 05, 1991)

Yes, it does, my love. It is an example of how spiritual beliefs get muddied in the waters of the earth plane and how spiritual beliefs take on, on the earth plane, this aspect of being the truth. You know, and we have discussed how their ~ the truth is only what is appropriate to yourself, your own truth, but in the need on the earth plane to form into groups of energies who have a common belief, it is often the case that it is a ~ the formation of a group starts with a spiritual belief, and then as it evolves over time on the plane, it could be hundreds and thousands of years on the plane, the roots are forgotten and it becomes a symbol of materialism.

And thus, the worship of Gods at different points on the earth plane was simply the result of entities during that period of time needing to have a common bond to keep them together, a sense of feeling that they could deal with their world and that there was in some way, to their way of thinking, guidance coming. And indeed, they were receiving guidance, even though they were responding to it in a way that created a certain worship, if you will, you see.

Setting Up Scenarios On The Earth Plane That Would Then Allow Certain Situations To Occur

(November 05, 1991)

And also, understand that we are assigned in The Angelics to set up scenarios on the earth plane, so we oftentimes are assigned to create an illusion that would set up a scenario that will then allow certain situations to occur. And when we do this, the Spirit Guides are working in conjunction with us to help in the ways in which information are funneled through the Higher Self. And it is all part of lesson learning and balancing.

It sounds a little bit like we are the subjects of some experiments occasionally in setting up scenarios.

Well, but, you see, it is not without permission. You see? For The Universal Consciousness, you know, and I will track this ~ The Universal Consciousness is the originator of all that happens, and we are all The Universal Consciousness. And while we are separated from The Universal Consciousness, we are not separated. And thus, it is all energy that sets up The Universal Consciousness, which is the originator of the scenarios that are given to us, and so, we each as entities take a responsibility in all that is set up.

If I Have Acted On Information From My Guides And It All Worked Out, How Can That Be Explained To Another Who Inquires About It?

(November 05, 1991)

Indeed. An easy way to respond to this is, first of all, you would know your audience. You would know that if the person asking you this is open to certain spiritual information, or they are very close minded, you see. What you could simply say is that you have received information from a higher source. And most people on the plane would acknowledge that there is a higher source. They define it in many different ways, but the definition all comes down to the same higher source.

Be careful, my dear ones, in feeling a need to justify where information comes from. If you are challenged because of information that has come through you, you do not need to accept that challenge. You were given information to help you to grow, to help you to help others to grow, and to Be of Ultimate Service to The Universe. Now, you need to be humble in the way in which you use information and also talk about the fact that you have information. Many entities on the plane would find it to be arrogant, threatening, intimidating, to speak with someone who claims to have a source of information that they do not. You do not need to flaunt this, but rather, to be gentle and quiet about the strength that you receive as a result of the gift of information and to utilize that information to Be of Service to Self, Others and The Universe.

Would You Help Me Understand What Karma Is In Relation With Our Guides?

(November 05, 1991)

We have historically in our discussions not used the word karma, for it is a word that is misused on the earth plane now. Instead, we use the word balancing. And we indicate that when you take on an issue to be learned, you will go to one extreme and the other, and you will need to balance. So that if you mistreat an entity, or you are impatient with an entity, then you will have balancing on the other end where someone perhaps will be impatient with you.

The guides, your Spirit Guides, are assigned to help you to, first of all, see what the balancing is and to work with you prior to entry on the plane in a particular lifetime to determine what issues you would want to work on to balance, for it is an impossibility to work on all of the issues at the same time in any one life. You choose one or two or three, you see.

The Spirit Guides are there to help you, once you have chosen the issues, to then help in the balancing. And they will, indeed, for this is part of the guide position, present the opportunity on the earth plane that will help you in this balancing. They work with The Universal Consciousness. There is an order here that they do not just take it themselves and come up with an idea and put it on the plane, you know. They work with their higher sources, and ultimately coming from The Universal Consciousness, that then funnels its way through all of the vibrational layers before coming onto the earth plane. And there it is, you see, the issue in physical that will help you in this balancing, or what many people call karma.

Karma becomes a word that is thought of as frivolous and not taken too seriously, almost in the realm of game playing, whereas balancing simply indicates that, like a teeter totter, you move up, and you move down, and you move, and you move, on the opposite ends of The Spectrum until there is an equilibrium, and the issue has been resolved. Understand that on ~ when you look at a continuum that you are seeing a continuum on the earth plane in one dimension, but a continuum is a circle, that it meets itself, and the guide works with helping all they are assigned to, to work on that continuum and to see that all is One eventually.

**Can A Former Family Member That Is Passed On Be A Spirit Guide To Me?
(November 05, 1991)**

Oh, indeed. It is a very common occurrence, and you are correct.

**What Are Our Guides All Saying In General? Do They Enjoy This Grouping?
(November 05, 1991)**

Well, you know, they all welcome an opportunity to move into the vibration of the earth plane without themselves having to go through all the muck. You see, when we do it this way, we open up, much like you would think, a tunnel, that they simply can flow through and do not have to use their own abilities to get through some of the mire vibrationally that exists around the plane, so this is another reason why they jump at the opportunity, for it gives them the

chance to perhaps make a vibrational connection with you that they have been unable to do because of inabilities with both, or one, of you to get through the muck.

Why is there muck and mire on the earth plane?

It is related to vibration, and layers of vibration, that surround the electromagnetic field of the earth plane itself, which encompasses far more than Planet Earth, and we have addressed this in other sessions that have explained it a little more in detail.

Is it tiring for these Spirit Guides of ours to fight through that vibrational heaviness?

It can be. Once there has been an achievement of a Lightness in their own vibration through the work of learning, it becomes very easy. Simply, they can form their own tunnel to come through, but like all, it takes hard work and study and testing to reach the point where one is able to do that, but all can do if they so desire.

But it is easier for us to meet them halfway? Is that the idea?

The goal, you see, is to get everybody to work with everybody else. And thus, there are times when the Spirit Guide may have to do more of the work, and there may be other times when the energy on the plane does more of the work, but generally, we like a mutual agreement of moving together, coming to each other in the middle, and thus, the tunnel can be carved from both ends.

What is the work that you spoke of when ~ something about the guides getting through the muck and us meeting them halfway? **You said you have to do work in order to contact, and so does the guide.**

It is simply ~ work is a reference to learning how to do this, and that comes through preassigned testing that has been determined by The Universal Consciousness appropriate to the vibrational attunement of the guide and the energy assigned to it. There is no pat answer, as you would say. It simply is that different situations and energy attunements are required for each combination of guide and guidee, you see.

How would I find that answer?

Through Self and your meditations and connecting with your guide. That is how you learn that information. Be wary of an external source who claims to tell you that information.

Do guides ever get stuck?

Yes, guides have been known to get stuck. Well, yes, there is that possibility. Understand, however, that guides have guides, and guides also have an Angelic protector, so when a guide gets stuck, it is then the job of the Angelic to get it unstuck. And sometimes, that can take a bit of time, as you call it.

Many Native American Shamans maintain they can travel through these tunnels and talk to their spirit guides? Is that the same type of thing?

Yes. Yes, it is. They are able to do this very easily. You see, once you have achieved a certain level of vibration, you are able to bring yourself out of the physical very easily, and this is true of those who have ~ many who have come in through the life of the Native, as it is called, Native Americans or the Indians. There is a highly developed sense of attunement with spirit. Yes.

At What Point Do We Make A Choice To Do Something, Like Be A Spirit Guide? (November 05, 1991)

You can make choices anywhere along the line, if you will. Some entities come jumping out of The Universal Consciousness all ready to go. They are going to tackle everything, and then as they begin to see the complexity of it unfold, they say, "Well, we decided not to do such and such." There are others who, when they come out of The Universal Consciousness, are very conservative and say that they will only do such and such, and then as they start their journey, they realize that they want to do more, and thus, they go back to The One and request a supplemental work permit, shall we say.

You can cancel what you want to do at any point also. You must go through proper channels, but it is always approved. And thus, once you have finished whatever you came out of The One to do, and you go back into The One, you are back at the source. After a while you will get bored and you will come back out again and you will start doing other things that you did not do the other time you were out. And thus, it continues for eternity. So, you have the opportunity to be and do anything. It is not assigned to privileged entities. While it may appear that, for example, The Angelics have an easy life and we do not have any of the difficulties to encounter, you have no idea what it is like to have to be assigned permanently to one of you! ☺

Is Precognition When A Guide Gives You Information Ahead Of Time? (November 05, 1991)

That is one way in which that which is referred to as precognition occurs, but also understand that each of you on the plane has the ability through the Higher Self to connect directly with The Universal Consciousness. A guide is simply an intermediary, and once you reach a certain level of awareness, the function of the guide will change, for you are able to plug into the source of information at a level that will give you what need to know. Thus, this precognition may come from your own Higher Self. It can come from those sources. It could come from your assigned

Angelic, understanding that the funnel of energy that comes from ~ through the Higher Self and into all the Energy Centers of the electromagnetic vibration is used by ~ is a channel of ~ for usage by many in spirit. It is not to be thought of frivolously either. We have not gone into the issues of where the dark forces fit into their attempts to take over the funnel that each has to receive information. That is for another time.

How can we protect ourselves from that darkness that would seek to use that tunnel?

This is discussion for another session, my loved one. We are about to depart from the vibration, and it is a topic that, in and of itself, is for a session. It is the flipside, if you will, of our discussion now. You have some of the essentials, and now we will get into some of the advanced good stuff.

When You Decide On Accelerated Growth, Do Your Guides Change More Frequently?

(January 07, 1992)

It is possible, my love, though not necessarily an activity that would occur. It will depend upon the level of vibration of your guides and what they have been trained in Guide School, the level of training in Guide School. If they have indeed had the instruction on guiding an entity who has taken on acceleration over acceleration, then you will most likely remain with that guide. Guide changes occur as often as necessary. There is no rule that is written. Many, many factors occur, but you, as you accelerate in your own vibration, many of you, become very tuned in with your guides, and if there is going to be a change, you will know it. They will tell you, and you will therefore respond, and that is a lesson in itself. There are many of you who will have a number of guide changes during the time on the plane and will not know it, and that is as it needs to be, for the changing of the guides is necessary to work with the changing of your own vibration, and it does not necessarily mean that your vibration has changed to the point where you are able to connect with your guides.

Are Our Spiritual Guides Having More Problems Trying To Help People Than They Have Before?

(April 07, 1992)

Farena: No more than normal. Except for those who might be deciding now whether to accelerate their learning on the earth plane, and it means that the guides who were formerly assigned to them, they have to be reassigned. That would be the only difficulty, for you all have the guides assigned to you that can guide you in the path that you have taken, you see, so it is not that it is more difficult for them. It is that the guide you have has been trained specifically for whatever issues you might have taken on at this time on the plane, the illusion change.

But there were times on Earth when there was much Lighter than there is now.

Farena: Oh, yes. And you will see it returning soon. It begins, the Light begins to come through. And as the illusion begins to evolve out of the old and into the new, you will see more and more Light. You will see it in the eyes of others you meet. You will see it in the behavior of those you meet. You will hear it in the voices of those you meet.

How May We As Individuals Help The Good Forces Coming To Help Us?

(May 13, 1992)

The most dramatic way is for each entity to work within Self to develop the awareness, to develop a higher vibration within Self and to become more self-aware and to develop strength within Self, and to believe in who you are and what you stand for. As you develop your own abilities to love Self, it naturally moves out of Self and translates into love of others, unconditionally, as much as you can. And as you are able then to love Self, you send that love out and that love affects all around you. To concentrate on sending love is essential. It is the way in which the Light strengthens. As each of you send your love, then you strengthen all the others around you.

We have given many techniques for the sending of Light, and they are available through the Community, and it is all in writing. There is nothing more powerful than a group of entities forming and visualizing the sending of love and Light. Very, very powerful. That is how each of you can best Be of Service, by first strengthening Self and loving Self and then allowing Self to Be of Service to Others.

When I Go To A Bookstore, Am I Guided To Purchase A Particular Book, Or Am I Doing This?

May 13, 1992)

It is a combination. Yes, indeed, for when Self, in conjunction with Higher Self and the Soul, determines the need for information, for example, as you have described, the message is sent out, and The Universe, the energy forces of The Universe, pick up that information, and working in conjunction with your Spirit Guides, you are then, at a concrete level, directed. You either will have someone on the earth plane who would come to you with the information that you need, or you are directed.

The experience that you described is very common on the earth plane, for whatever it is you need, you will be directed to this and to trust in it. This is a very important component, to trust in Self. As you pick up the book, for example, to know that this is not the information you need. You place it down, and then to allow yourself to feel the vibration of that which you would want. Sometimes, you know, your Spirit Guides will hit you on the head literally with that which you need. If you are not picking up the vibration that this is the book you need, then it will either fall down in front of you ~ some of you may have had this experience. It is a guide saying, "Listen! Hear us. This is what you need." They can be most amusing at times, you know, to Be of Service, for their mission is to guide you. Sometimes, if you are not listening, they must get your attention.

In Making Decisions, How Do You Know If It Is From Your Guides, Or Just A Guess? (May 13, 1992)

Yes, indeed. That is a very common frustration that many on the plane have. There is no easy answer to that, and our response has been that the reason we emphasize meditation is that the more you connect with your Higher Self, and the more that you can understand that what comes through, is indeed coming from the Higher Self, the more confident you will feel that it is an accurate decision.

There are the forces of dark, you know, who would attempt to create a different impression coming through, and when one meditates, of course, you would always call upon the very Highest of the White Light so that the forces of dark would be kept away. It is something, my love, that you would do within Self and that oftentimes you must trust initially, and when you are not certain from where the information is coming, act upon it and then understand that nothing that you do will be held against you, but rather, you will have to do it over again.

And, also, that ego is not the negative that so often entities think that it is. Ego is necessary for the stimulation of behavior, and that it is ~ ego exists in all energy forms while we are outside of The One, and it is the spiritual application of ego that is what we all attempt to attain. So, seek the Higher Self; trust in that which comes through, and not to be afraid to do something, knowing that as long as you feel that you have called upon the Highest of the White Light, that you have sought the guidance from your own Self and your Spirit Guides, that you will do what is necessary to do. And oftentimes, making the, what you would call, wrong decision is necessary in order to learn how to make the right decision.

What Part Does Guidance Have To Do With Filling In The Circle? (June 16, 1992)

Ah! It has everything to do. Remember that ~ why don't we ~ (Waith draws on the easel) remember that you each have an Angelic Protector. For the sake of simplicity, we will call it your AP, your Angelic Protector ~ some wings. ☺ We are not very good at drawing, you know, but those are wings ~ your Angelic Protector. This Angelic Protector is assigned to you from the moment you move out of The One and remains with you until you return to The One. It is the responsibility of your Angelic Protector to make certain that your guides are appropriate for you, and indeed, are doing their job.

Now. You would look at it, then, as delegation of responsibility, for The Angelic Protector cannot possibly be The One and only who takes care of an energy when they go about. For remember that, as an energy, you have parallel lives and you have lifelines ~ parallel lives and lifelines (Waith repeats this as he draws them), which we have discussed already ~ we will not go into

at this point ~ giving you opportunities to just, you know, go about and move from your own energy and learn lessons apart from the major energy.

And then, of course, there is the issue of splitting, be it fifty/fifty or we could have triplets, or we could have quadruplets, so The Angelic Protector could not possibly take care of everything here. So, The Angelic Protector goes to Guide School and looks around at the candidates in Guide School to determine who would best meet the needs of you at your particular point in this Energy Circle filling-in, this Light Circle. And thus, at any point in time, as you measure it, you have at least one guide. You always have your AP, but you always, then, will have at least one guide who is directly responsible to your Angelic Protector.

There will be occasions when you would have many, many guides, depending on the degree of difficulty that you have taken on, and that, in a particular lifetime, your guides may decrease, or increase, or change, depending upon the path, and this is all done in consultation with you, the energy, the guides, and The Angelic Protector, not only prior to the lifetime but also periodically during the lifetime. There are conferences, if you will. And it is the responsibility of the guides to help each of you along this path, to give you the insight, to give you that guidance. Most valuable energies.

**So, When You Resist That Guidance, What It Does Is Stop You, In Effect
(June 16, 1992)**

It does indeed. Resistance is the most common ailment on the earth plane, most common. We laugh about it often, and we attempt to keep you all lighthearted about it, for, you know, you are all strong energies and you say, "No! I do not want to do this." And your guide is saying, "Yes, you must do this." But the guide cannot impose, enforce it. And thus, there is, for some, a very strong conflict between the Higher Self, the Soul, and the Conscious Self in the harmony. The Soul tells the Higher Self, and the Higher Self is supposed to tell the Conscious Self. And oftentimes, Conscious Self closes that door on the Higher Self and says, "No!"

Sometimes, Higher Self even closes the door on Soul, you see. But this in itself is a lesson to be learned in working through stubbornness, in working through the ego, in feeling that only Conscious Self matters. Or, oftentimes, when the ability to reach Higher Self has occurred with the Conscious Self, where consciously you are aware of connection with the Higher Self, tests occur because the ego begins to play at the Higher-Level Self, and then we find ourselves in an even more interesting battle.

**Do Guides And Angelic Protectors Have The Same Issues With Lightness?
(January 05, 1993)**

Oh, indeed, my son.

So would I, as a serious person, get a grumpy guide or ~ ☺

A most appropriate question. Yes, indeed, most appropriate question. You could. Yes. Understand that guides are assigned to help in whatever the issue happens to be in a particular series of incarnations or a specific incarnation, and that if you need to have, as you call it, a grumpy guide, to help you work through a particular issue in that series of lifetimes, so be it. All the guides are simply in a different training ground, you see. Some guides are still doing their sojourn on the earth plane, but when they are not on the earth plane, you know, they are in Guide School, and when they learn a certain lesson in Guide School, they come out and try to apply that lesson, that concept. And thus, it is an interactive type of situation.

Understand that your guides are not arbitrarily assigned to you. You choose your guides. You say to the leaders of Guide School, "This is what I need to learn." Now, there are no A-B-C's or D's given for learning. You simply learn as long as it takes to learn. You tell the teacher what you need to learn. You do not ~ are not told by the teacher, "This is what you will learn." Thus, you will say, "I need to have the learning of seriousness in the next ten incarnations on the earth plane. And in order to achieve the percentage of learning that I have determined on the earth plane, I need to exaggerate, and need two lifetimes where I am very, very serious." Now, you may then say, "Give me a guide who is at the other end of the teeter totter to help me to come to balance." Or you may say, "Give me a guide who is at the same level of learning, except at a greater awareness, that can help me to get through this lesson."

Remember that there is a Cycle of Learning of Lessons (See Transcript 04.17.1990), and each lesson goes through four different stages of learning. And so, it is determined at which stage of the learning you are as to what type of guide you will have, whether it is a guide who will ignore you, essentially, or so it is seeming to be ignored, or a guide who is very much involved.

Remember the first level of learning a lesson is that you come onto the plane and you have absolutely no assistance. And then, the next level is where you receive as much assistance as you need. And the next level, is that you begin to teach those who need help. And the final lesson is that you teach those who teach. And thus, the circle is complete. So, you see, it will be most dependent upon where you are in your own cycle. And, again, this is not some other entity's cycle, nothing external to Self ~ your own Energy Circle and your cycle of learning.

So, if you have a grumpy guide, it is your own fault. ☺

Waith, can we trade them in? ☺

Yes, you may. This is entirely your decision. It happens more of the rule than the exception, for as your own energies increase or change, so too do the needs that you have for guidance change, and the interconnection of other energies to Be of Service to you changes. It is most appropriate to have a continual changing of energies around yourself that respond to whatever your vibration happens to be at that point in time.

Allowing Your Guides To Be Of Service To You Is Part Of The Learning Process (January 05, 1993)

Something you said earlier suggested that we may, at this level, be as much assistance to a guide as a guide is to us. Is that possible?

Oh, indeed. We have given considerable discussion on the interaction, the teaching and learning, and that ~ you know, we have said so often, guides cannot help you unless you ask. And we have often said, unless you ask us to help you, we are not allowed to do so. It is imposition. And thus, if you do not ask your guides for help, then you are not enabling that guide to learn the lessons that they have been assigned to learn as a guide, to Be of Service. And, you see, it is just that it is in different vibrational levels that a guide exists, that you exist. This is the earth plane. The guide is a guide to earth plane vibrations. When you are in other training grounds, guides are available to work within that vibration, but it is always an interaction.

You see, one of the paradoxes is that the goal is to learn to be totally Self-contained, that you need not have a use for anything external. However, it also means that, since we all come from the same source, we all need each other ~ and that when you hear an entity say, "I do not need anybody else," look carefully at that individual. And if you make that statement, look carefully. The balance is to be so Self-contained that allowing any entity to come into your vibration is no threat.

So, even though we can do something ourselves, we may be performing a service by simply asking for help in doing that very thing.

Yes. You know, and only you will know this. It is your own issues. If you feel, for example, that you are able to soothe your own aura and your own energy field, that is fine. It may also, however, be appropriate that, knowing that you can do this yourself and not feeling threatened by another who might be needing to learn to Be of Service, allow them to play with your energy field, for if you are able to control your own energy field, then another's moving into your energy field will not be a threat.

There is much here. Oh, there is so much complexity and yet so much simplicity, and it will evolve, much of this, during this coming year when we look at the very serious business of being Lighthearted.

If people are in charge of crystals, making sure that we get the right crystal, so to speak, what energies are in charge of giving out for Chinese cookies where there is little sayings in them? ☺

We have a baker here in The Angelics. ☺

Yeah. What happens if you do not get the saying in the cookie?

And if you do not get the saying in the cookie, it means that you have been a very bad entity.

Oh h h!

And we are just paying you back. You know, we like to play.

We want to know who to blame.

It is really much more fun to try and find someone or something else to blame, isn't it?

**Where Are The Guides, And The Play, In Events Like In Somalia With Starvation Issues?
(January 05, 1993)**

This is not meant to be a trick question. It is sincere. Where is the play, where are the guides, and why are events taking place where an eight old is emaciated, alone, and starving to death on the plains of Somalia?

Yes, indeed. We have addressed that issue. In fact, we have had another entity ask us a question quite similar to your question, and we would certainly not view it as any kind of trick question. There is for us, no concept of trick ~ for, you see, all that occurs on the plane is part of the lesson learning that entities and groups of entities have determined appropriate. Think back, or perhaps you would read what we said earlier in this session, that it may be that another appears not to have any play in their incarnation, for they are at an exaggerated state of their own balancing, and that, in order to bring themselves into balance, there must be an activity that is so serious, and according to earth plane perceptions, so heinous, that it allows their own energy to either learn or to teach others.

It is important to remember ~ and we have said this so often ~ we will reiterate on this again ~ that you do not know if an entity is teaching or learning, or some combination, and that oftentimes, when what appear to be terrible tragedies, terrible starvation and mass murders and all of this, is meant to bring a sense of enlightenment, a higher awareness, a greater understanding as a result of it. Certain entities specifically choose to come in and perform this. You know, unless you believe that energy is simply something that keeps coming back and playing a particular role, then, yes, it is difficult to accept that children are starving and others are ~ groups of entities are murdered in masses.

But this is the way of the earth plane. It is the way of many of the training grounds, not all of them, but certainly the earth plane, in which it is an accelerated training ground. Everything is exaggerated, including the play and including the seriousness ~ and to help others in learning

their own issues of gentleness, of service, it provides an opportunity for some, who would so choose, to become involved in that particular activity that is upsetting to you, and to either Be of Service or to allow yourself to be taught by an entity, or group of entities, certain spiritual as well as earth plane issues.

Can We Ask Our Guides To Give Assistance To Other People In Need?

(January 05, 1993)

It is a most tricky situation, you see. In fact, the issue of sending of Light is, in its concept, or could be, an imposition, if you try to force another to receive help. Rather, what you can do is to ask your guides to be available to Be of Service if another entity so requires and so asks. It is a very difficult situation for any of us to simply barge in and help out. We must be asked. There are rare situations in which The Angelics are allowed to impose upon any of you. However, guides are not allowed to do this, and a guide, in fact, would have to go back to Guide School very quickly and relearn that particular lesson before being allowed to come back as a guide. So, the answer to that is yes, as long as it is done with nonjudgement, for who is any of us to determine that another needs our help unless we are asked?

We are certainly able to give out information. We give out information. We do not tell you this is what you should do. In fact, we stress quite the opposite. You seek out the knowledge and you synthesize from all that you hear, that which becomes appropriate for Self.

And thus, it would be appropriate, then, if you see another in what you think is need, to say to your guides, "Please keep an eye out, and if it appears that there might be some help needed, be ready," and then to simply send in a thoughtform or, in some cases, right at earth plane level, to an entity and say, "You know, I have just contacted my guides and if you need any help, they are available also," and leave it up to that individual to make the decision.

It is the same as the sending of the White Light. We send to each of you the very Highest of the White Light, but we do not impose it upon you. We simply bring it in and lay it here. If you want it, you can take it. ☺ If you do not, fine.

Each Helps Each Other In Informal Ways ~ Guides Help In Formal Ways

May 17, 1994)

Lately, I am aware of being nudged by guides or angels, presumably with an overall plan, working perhaps in conjunction with me. Am I getting the picture of what's happening?

As we have said so often, no energy is in this alone. We are all in this adventure together. We all are at one time helpers, and at another time helping, and being helped, and working simultaneous, helping those who help us. And that the entire system of guides revolves around

the very concept of helping in a very particular way. Each of you help each other in informal ways. Guides help in formal ways.

Entities are trained to be guides for very specific kinds of service, as are The Angelics. And, part of the training involves the ability to connect with the Soul of an entity, for oftentimes, the Soul is unable to get through the blockages of the Higher Self. We have talked of this behavior. And when that occurs, it is an opportunity for the guides and The Angelics to attempt to nudge, as you would say, the entity, for there is a different vibrational field that a guide works with that is different from the Higher Self vibrational field. And yes, each of you have guides, and each of you have at least one Angelic Protector, and they work in harmony with your soul. As the information that is needed is presented to each of you, it is presented directly from the Soul or through other sources.

And it is a physical entity, this guide who is with you now ~ and you have two who are with you currently, my son, as you sit listening to us, who were responsible for this nudging. Now they have learned ~ they have passed an exam themselves, you see ~ that they were able to get you to come to an arena in which information that you need to have is being presented.

And it is not a negative to say, "Oh, the Soul is not able to get the information through," but rather, to view it as a positive, that you are now working in harmony with all of your levels. You have acknowledged that there is some other entity working with you and that you have friends. It is not just the Higher Self and the Soul that you have to work with, but many others, who sit one on each shoulder now. Their energies are there. One is from the Angelic, not your Angelic Protector, but simply from The Angelics. All of your guides come with you. Many who would connect with their guides would say, "They are with me all the time. We cannot get rid of them sometimes." And that nudging that you describe can sometimes be a bit annoying, can it not? "Leave me alone" you might say.

But also, remember that in other dimensions that are different from the one you are in now, you also serve as a nudging, and you may be getting that same response. If you play with flowers that are growing, and you play too much with them, they may begin to send off a vibration that says "Leave me alone." You see, the ruffling of the energies. And yet, you know that you must help them and fluff them. This is all that is occurring, and it is in harmony with the Soul.

A Guide Is Simply Another Training Ground ~ Anyone Can Choose To Be In Guide School (May 17, 1994)

Does each guide have its own soul ~ with the same level of learning, even though it is the same type of learning, even though they may have a better conscious awareness of it?

Oh, indeed. A guide is simply another training ground. The Guide School in which we have spoken is a training ground, and it is an area of experience. Anyone is given the opportunity to

be in Guide School, just as any entity can come on the earth plane. All is available. It is a matter of selection. And, certain kinds of criteria are needed, however, to enter into Guide School and to be trained. And one of those is the ability to be trained, you see, and very specifically to be trained in connecting with the Higher Self and the Soul of another, for this is not an easy activity. And, of course, much power goes with this and therefore, there must be the proof of working within the Light.

And so, yes, there is a level of awareness that goes with entry into Guide School and the progression through Guide School, for being able to connect so directly with the Soul memories of another entity is a very, very strong responsibility. And especially, when one is given a charge, shall we say, a guide is given you as their responsibility. It may be that the guide is responsible for you only in this particular incarnation, or it may be that the guide is given you for a series of incarnations. It is dependent upon many, many issues.

Now, to have the power and be given the right, if you will, to delve into the Soul memories of that charge is a test in itself. Now, you agree with The Universal Consciousness and allow the guide this access. It is not something that is imposed upon an entity. When a guide is assigned, it is with the agreement of the higher levels of your own energy. And then, that is when the fun begins, for conscious level may often deny that that access was given, and then all of the blockages and all of that game playing that is inherent in this type of situation plays itself out.