

Waith Institute for Spiritual Leadership

Waith Manuscript

Playtime on the Earth Plane

Information Given Interdimensionally By

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through

Mushiba

A Publication Of
Terra Lux Press
2004

Waith Institute for Spiritual Leadership

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TOPIC

PLAYTIME ON THE EARTH PLANE

PLEASE NOTE:

*Waith's words appear in this font style, size and color.
If one from his Spirit Group speaks, they will be identified.*

Questions and responses from those in the class
appear in this font style, size and color.

☀ Indicates multiple responses from class members.

PREFACE

It is PLAYTIME ON THE EARTH PLANE, loved ones. It is time to lighten up and learn of the balance between spiritual heaviness and spiritual lightness.

PLAY IS A SPIRITUAL ACTIVITY.

Many on the plane feel that play is something that should not be part of their behavior and say, "I must get to the seriousness of my spiritual mission." Many think that they need to be serious and always looking for the reasons why everything happens ~ to analyze all the reasons why a particular behavior occurs. Often, there is NO REASON TO KNOW THE REASON.

Playtime is a spiritual activity and is meant to help in the balancing of the spirit and the Soul. In the concept of Energy Circles that we have given, each of you has an Energy Circle that is composed of many different elements and one of the threads that go through your Energy Circle is Lightheartedness. It is intertwined with seriousness, much like you would look at a braid of thread ~ intertwining. The goal is to keep that twining strong and unbroken. (Note: To read the discussion of Energy Circles, please see the Waith Manuscript EARTH PLANE CONNECTION.)

What occurs when you leave The One is that the twine within your Energy Circle becomes vulnerable to breakage or lapses, where there is not quite the strength of connection as it weaves its way through your Energy Circle.

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We concentrate, then, on playtime and Lightheartedness to give you certain perspectives on how to keep yourself lighthearted. As often as you are serious, and as often as you would be most concerned of matters of consequence, so, too, must you laugh ~ after all, it is all an illusion. ☺

Playtime is a spiritual activity and, therefore, you have permission to play. Most on the plane have difficulty in giving themselves permission to play, for they feel it would take away from the greater mission.

PLAY IS A MISSION ~ PLAY IS PART OF BALANCING AND MUST BE ATTENDED TO.

With play and lightheartedness, there will be times when you are too lighthearted or too serious. However, all that matters is that you are attempting to achieve your own balance. And, thus, strive to understand that others are seeking their own balance.

Life on the plane is, by definition, a life of imbalance. Once you balance, The Universe says, "We'll let you stay balanced for x amount of time," which could be a day, a week, a year, a nanosecond. ☺ Then it is time to work on either something else or a higher level of that particular issue that you just balanced.

All who are out of The One are in a constant state of imbalance. That is what makes it exciting. ☺ When things are on an even keel, it is boring ~ to not have anything going on, no disruption, without any issues being presented. You come out The One because it is boring ~ you want to have fu, so you come out of The One!

You work, then, to regain the balance between seriousness and Lightheartedness, for once that thread melds and becomes One, it is time to return into The One ~ be absorbed, get bored, come back out, form a little Energy Circle with new little tasks.

Opportunities are presented to be lighthearted and to look within Self for play ~ and to look for guidance as to who you can seek for assistance. Look around you and find an individual who YOU FEEL is too playful ~ you do not feel quite in harmony with that person. And, remember that the person you feel is too playful may be, to another person, most appropriate. Then, look to find those with whom you feel compatible.

Can one actually work on one's physiological makeup in order to ease it into more lightness?

Often, an entity comes into an incarnation to BE very serious ~ the mission is to be at one end of the teeter totter and serious for the entire lifetime. Thus, if you find yourself very serious, this is, perhaps, your mission.

You have points in your mission where change occurs. You plan that change prior to entry. Once a certain point is reached in the resolution of an issue, it will be time to place it on the back burner or incorporate it with another issue ~ or change completely.

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You have control over your entire destiny. There is nothing external to any of you that would control that which you have determined to be your path ~ it is only when YOU give that up to an external source.

You will encounter many entities who are at different points in their balancing of lightness and seriousness. Be cautious of allowing another entity to interfere with your own sense of balancing. Do not let another impose upon you ~ just as we would say that you do not impose upon another.

Be careful of another saying to you, “You work too much ~ you should play more ~ you should take a vacation.” To one particular entity THAT work may be the balance ~ it may be the vacation. It is a double edged sword ~ being imposed upon and imposing.

Do Spirit Guides and Angelic Protectors have the same issues with lightness?

Oh, indeed, yes. ☺

So would I, as a serious person, get a grumpy Spirit Guide? ☺

You could. Spirit Guides are assigned to help in whatever the issue happens to be in a particular serious of incarnations ~ or a specific incarnation. If you need to have, as you call it, a grumpy Spirit Guide to help you work through a particular issue in that serious of lifetimes, so be it.

Spirit Guides are simply in a different training ground. And, some are still doing their sojourn on the earth plane, and when they are not on the earth plane, they are in Guide School. When they learn a certain lesson in Guide School, they come out and try to apply that lesson ~ that concept.

Your Spirit Guides are not arbitrarily assigned to you ~ you choose your guides. You say to the leaders of Guide School, “This is what I need to learn.”

There are no A, B, C or Ds given for learning ~ you simply learn as long as it takes to learn. You tell the teacher what you need to learn ~ you are not told by the teacher.

Thus, you will say, “I need to have the learning of seriousness in the next ten incarnations on the earth plane, and in order to achieve the percentage of learning that I have determined on the earth plane, I need to exaggerate and need two lifetimes where I am very, very serious.”

You may then say, “Give me a Spirit Guide who is at the other end of the teeter totter to help me come to balance.” Or you may say, “Give me a Spirit Guide who is at the same level of learning, except at a greater awareness, that can help me to get through this lesson.”

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We refer you to the Cycle of Lesson Learning. Each lesson goes through four different stages of learning. And, so it is determined at which stage of the learning you are as to what type of Spirit Guide you will have. (Note: Please see the Waith Manuscript, CYCLE OF LESSON LEARNING.)

So, if you have a grumpy guide, it is your own fault! 😊

Can we trade them in? 😊

Yes, you may ~ this is entirely your decision. It happens more as the rule than the exception, for as your vibration increases or changes, so, too, do the needs that you have for guidance change ~ and the interconnection of other energies to be of service to you changes. It is appropriate to have a continual changing of energies around Self that respond to what your vibration happens to be at that point in time.

Where is the playing, where are the Spirit Guides, and why are events taking place where a child is emaciated, alone, and starving to death in places around the world?

All that occurs on the earth plane is part of the lesson learning that entities, and groups of entities, have determined appropriate.

It may be that another appears not to have any play in their incarnation ~ they are at an exaggerated state of their own balancing. In order to bring themselves into balance, there must be an activity that is so serious and ~ according to earth plane perceptions -- so heinous, that it allows their energy to either learn or teach others.

You do not know if an entity is teaching or learning ~ or some combination. Often, when what appears to be a terrible tragedy, starvation and mass murders, it is meant to bring a sense of enlightenment, a higher awareness, a greater understanding as a result. Certain entities specifically choose to come in and perform this.

Unless you believe that energy is simply something that keeps coming back and playing a particular role then, yes, it is difficult to accept that children are starving and groups of entities are murdered in masses. However, this is the way of the earth plane, for it is an accelerated training ground.

Everything on the earth plane is exaggerated, including the play and including the seriousness ~ to help you in learning your lessons.

Chapter 1

Color and Sound as a Plaything

In our discussions of PLAYTIME ON THE EARTH PLANE we will give you a perspective regarding play on the earth plane. For the many entities on the plane who feel that it is all work, there needs to be a perspective of play and Lightheartedness.

The earth plane is considered a work planet and one of the most difficult of the training grounds available outside of The One. It is a training ground in which ACCELERATED growth is available ~ one of the few with that particular component built into it.

It would seem that when you are on the earth plane training ground, the sense of play would be a contradiction in the basic purpose of this particular training ground. This is not correct, for the most important component to keep in mind with the earth plane is that it is a training ground of BALANCE between concrete and nonconcrete.

This is not always true on other training grounds ~ some represent development of nonconcrete strictly, and the encasement that the energy takes on is invisible ~ to what your perspective would be on the earth plane. Other training grounds have strictly the concrete.

The earth plane provides both and, thus, the opportunity for balance. Those who are on the earth plane, now, have chosen a very accelerated and strengthening path.

Play is critical to balance. It is up to each of you to keep Self as light as possible ~ understanding that the path that each of you chooses is your own decision.

We are going to discuss with you COLOR AND SOUND AS A PLAYTHING and will give you, what we will refer to as TOYS ~ focusing tools that will assist you in becoming more lighthearted. This first tool is COLOR AS A TOY. We are not going to give the usual color and sound discussion ~ this is a vibrational attunement.

Focusing Tool Color as a Toy

Visualize a favorite color or any color you happen to be attracted to at the time you are using this tool.

Find an item that is this color ~ it does not matter what it is.

In your MIND, now, you are holding this item ~ visualize it first ~ put it into a nonconcrete form ~ an important first step.

Once you have the nonconcrete form, and as you are visualizing it, envision that there is fluffy white light all around it.

Once you have this visualized, go to the concrete item and hold it ~ in a position that is comfortable for Self.

You have an item, then, that is your chosen color ~ the key is the color of the item and not the item.

So, you have visualized the item and are now holding it.

Place your item at your Solar Plexus Energy Center.

Begin, then, to pet your item ~ there is something significant with the petting, for now you connect VIBRATIONALLY with this color.

Color is the soother of the energy field and, if you surround yourself with the appropriate color, you will lighten your vibration.

This focusing tool can help take your mind off the earth plane difficulties and to lighten up.

In petting, you are soothing its vibrational field, and at the same time, you are bringing the color into your vibration.

A color that is your favorite will be useful at three levels of awareness. You will have your level of nonconcrete, where you have visualized the item and, as you are visualizing this item, the color is also seeping through into the level that is concrete ~ where you have the item.

Once the color then begins to, in a concrete manner, filter into your greater vibrational field, you then have the third level which is what we would refer to as INTERDIMENSIONAL.

All three levels are now taking the vibration from the color, and the color, then, on its own, has a way of connecting with your vibration where it is needed.

The length of time that you pet and soothe is dependent on the amount of time you need ~ as much or as little as you need.

Once you have felt the connection ~ feel that all the levels of which we speak have been touched ~ take the item, and place it under the glow of a very soft white light.

Envision, now, the light shining upon the item.

The white light shining on your item is symbolic of protection.

Finally, bring it back into that level of mental and nonconcrete ~ and that gives closure to this focusing tool.

End of Focusing Tool Color as a Toy

As you begin to utilize this focusing tool and the color, you may want to begin adding sparkle to the color. Let us say that you chose orange as your favorite color, and the first time that you did this little play toy, whatever it was that you were envisioning, would have any degree of sparkle to it. It could be very dull ~ at the very far end of the spectrum of subdued. And, of course at the other end of the spectrum is complete sparkle ~ and everywhere in between. ☺

Wherever you find yourself relating to the color and its sparkle aspect, you then would progress each time you used this tool, to envision more sparkle.

It may mean that for you, the item will change, or it may mean that you are able to add sparkle to the item, or you simply envision more sparkle until you reach the point where the concrete matches the nonconcrete.

Our next focusing tool will be SOUND AS A TOY. This tool is simple, quick and very easily done, for it is the recognition of an impression ~ and, can be done without anyone noticing. ☺

Those who are not able to hear still have a SENSE of sound, for vibration is sound. Even if one they have taken on the path of not seeing or not hearing, there is still the ability to sense sound, and the ability to visualize for that is the Soul's ability to connect with the Higher Self.

Focusing Tool Sound as a Toy

Choose a sound ~ it matters not ~ it could be the click, click of a pen ~ it could be the tick tock of a clock.

View sound as an ITEM ~ let us say that you hear the sound of MEW, from a kitty ~ you do not have to actually hear the sound.

Visualize the mew ~ the sound, the item ~ as if it were in a white cloud ~ a cloud has substance and density.

We use substance with this tool, for you will not be bringing it into the concrete as you do with the color ~ you will be keeping it in the nonconcrete, and therefore you will be visualizing it, and at the same time that it is nonconcrete, it will be concrete.

That is all there is to it.

End of Focusing Tool Sound as a Toy

This takes a bit of practice and will not happen the first time you do it. You will begin to feel a sense of lightness about you as you are visualizing nonconcrete and concrete simultaneously. This, in effect, can bring you off the earth plane momentarily ~ for many of you, this is an added benefit to this particular technique. ☺ ☺

You can do this visualization for what you call SECONDS on the earth plane.

Let us say that you are making a telephone call, and you have been placed on hold, and this makes you a bit upset. While you are on hold ~ rather than listening to the sound that often comes through when this occurs ~ you could automatically go into your favorite sound visualization. By doing that, it momentarily blocks and, therefore, you are able to lighten yourself considerably.

You mentioned the concrete, nonconcrete and interdimensional. Is interdimensional where concrete and nonconcrete meet?

In the sense of linear meeting, as you would understand it on the earth plane, they do not meet ~ they coexist.

Thus, when you bring dimensions into any type of focusing, it inherently means that those dimensions ~ whether there are two, three, one hundred or infinite dimensions ~ would coexist in that particular exercise. So, what you are doing with the color tool is viewing things interdimensionally within three dimensions.

The sound tool we gave you is essentially one dimension ~ it requires no closure as the tool for color because closure is necessary when more than one dimension is used. This particular visualization can be done at any moment when you want to tune out something that is going on, for example.

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Many of you have developed your own abilities to tune out. However, this tool could give you a fluffiness, for you feel the comfort of the white cloud and it gives an added component of protection.

When you are on the earth plane, you are concrete and nonconcrete. As you begin to achieve a balance between nonconcrete and concrete, it presents an opportunity to visualize a letting go and using color and sound to help you through the muck that occurs when there is a letting go in progress.

You feel the most mired down when you are letting go of an issue. For some it could be the entire lifetime ~ for most it is not. ☺ For most, as you go through a series of balancings, you feel light and airy and wonderful ~ and that means you have balanced.

Then, you will have times when you feel less light and airy and that means you are working through an issue. And, it is during this working through time that you utilize the toys for play that we have given ~ to help you bring back the balance.

This is not a quick fix ~ it takes some practice and, for some, you may find this not a necessary tool for your balancing. For others, you may grab onto it and find this is truly what will help you through ~ at least during this point in your path.

All that occurs on the earth plane is the concrete ~ the physical manifestation of the nonconcrete.

Play and fun are both concrete and nonconcrete.

And, while it is important that you have concrete fun and playtime, it is not always possible to fit that in to your life. Thus, this is a way to play a bit ~ in your own time frame.

Can we change the color or sound depending on our mood?

Yes. This is not something that, once you have chosen a color or sound, becomes permanent for you for eternity ~ it can change each time that you would do it. We indicated that you would choose your favorite color or favorite sound only as a frame of reference to Self. It could be any color or any sound at any time.

At a particular point you may feel that red is your favorite color and you visualize red, and then another time you think of a combination of colors ~ polka dots. ☺ ☺ You can do this ~ and the same with sound, depending upon your mood.

For COLOR AS A TOY, do we have to have the item in hand or can we visualize it?

For this particular tool, you need to have the item in hand ~ it is a part of the interdimensional aspect. If you find that there is a particular color that you would like to work with and you are not able to find an item, then it means you must go search for that item ~ and, then, the search itself could be fun and playful.

Generally, you would not make this difficult ~ you would have the color that you visualize, and the item that you would want to visualize. However, if you find yourself in this position, then go on the search, for your Soul has, in some way, seeped its way through to bring this about.

These two play toys are meant to help lighten your spirit. Remember that it is not a frivolous activity and it serves a purpose ~ it helps to soothe your vibration. Some of you have found ways that are appropriate for Self to soothe your vibration, and others need, perhaps, a new infusion of ideas to help soothe the vibration.

It is important that whatever it is you use to soothe your vibration, when it is needed, that you have something, for it is part of the earth plane journey to go through the ups and downs. When you are up and feeling light, there is no need to soothe the vibration, and when you are in one of the lows, all must come from within Self, and only Self can soothe the vibration permanently.

External assistance may be given to help soothe the vibration ~ and that is at the concrete level. It is only in the COMBINATION of the concrete and the nonconcrete that real soothing occurs, for there are many standard external soothers that only work part way.

Think of how certain conditions on the earth plane are used for soothing ~ they work for some people and for others have no effect. What applies to one person may not apply to another because of the nonconcrete ~ the internal response to the external.

When we're in a room that is a certain color and we feel that we really enjoy the colors, is that also coming to our inner Self?

Yes, it would be. Also, if there is a color that is inharmonious ~ unless you are able to block the effects of the inharmonious color ~ it would have an effect.

I understand the sound of matter. That's what we're hearing with our hearing device ~ that could mean a certain frequency. What is the sound of nonmatter? Is that what connects us, for example, to our Higher Self or flow of energy?

What you describe is the phenomena of non sound as it relates to the earth plane. When you are attempting to visualize sound, for example, without the ability to hear, there is a compensation that occurs. The compensation allows you to tune into a different frequency. Each of you has the ability to tune into the frequency that is your energy.

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Many either have chosen not to do this or have not developed their abilities, for it takes awareness and a discipline to tune into your own sound. Ultimately, this is what you would do in your focusings ~ tune into your own sound. When we have indicated that you find the answers within Self, this is a minor component to the tuning into your own sound.

There is, as best as can be described, a very fine, thin thread that goes through from Conscious Self, to Higher Self, to Soul, and it is this fine thread that then goes into The Universal Consciousness that connects all ~ and it is a finely tuned sound and each of you have your own sound.

Many who are not able to hear on the earth plane level have a higher ability to hear into The Universal Consciousness. It is one of the tradeoffs that occur when entities take on the path of hearing inability at earth plane level.

So, all can play, regardless of the senses as they are exhibited on the earth plane. And, all can hear ~ it is just the level of hearing that one would have. Not being able to hear at an earth plane level is not a negative, usually, by that entity who has taken on the path, for far greater abilities are being developed when the senses are different with one than they are with the normal earth plane senses.

We are most pleased to have shared with you toys to play and have fun with ~ and you will find that there are variations on this theme. As you utilize and play with the toy, you may find new uses for these two toys ~ just as any toy that you have in your environment may have uses that were not part of the way it was put together.

Feel free to share those new uses with others and not to be afraid to try new uses. Once you have come up with the way to use it, then play with the toy in new ways. 😊

To bring connection now to our presentation of COLOR AND SOUND AS A PLAYTHING, we will next discuss what we refer to as THE TOY BOX.

Chapter 2

The Toy Box A Symbol of Lessons to be Learned

THE TOY BOX is the symbolism we use in our efforts to lend a base of lightness to what is, essentially, the composite of all of the lessons you each have chosen to take on for the earth plane sojourn ~ not just for one particular life and certainly not all your lessons in one life, rather the array that you have chosen.

Like any child who goes to the box that contains all the toys, you take one out, place it on the ground and play with it a bit ~ then, you place it back in. You take out another toy and play with that and place that back in. However, you generally have greater attachment to some of the toys than others.

These toys are examples of the lessons that you take on. Some lessons, you decide, you will take on a greater percentage on the earth plane. The issue of patience, for example, you may say, "I will only try to achieve five percent of what I need to learn about patience on the earth plane ~ the other ninety five percent I will learn on other training grounds." For the issue of truth, you say, "I will try to learn twenty five percent on the earth plane and the other seventy five percent I will learn on another training ground."

When it comes time to play with patience and truth, which one do you think you might play with more?

The one with the biggest percentage?

And which one was that?

I don't remember! 😊😊

There are only two choices. 😊 You have what you call a fifty percent chance of getting the right answer.

Truth!

Very good!

There may be someone else who has in their Toy Box, just the opposite. They may have decided to take twenty five percent for patience, and five percent for truth. So, they, then, would play more with what?

Patience!

So, you will find two individuals, one who has a FAVORITE TOY called patience and another one who has a FAVORITE TOY called truth.

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It may be that, out of that percentage for each of those toys, in the same lifetime they have decided to each take on, for discussion's sake, one percent out of that percentage ~ one percent out of five and one percent out of twenty five. Their percentages are aligned ~ they both are working in the same direction, percentage wise, on what they want to learn.

However, that is usually not the case for it takes all the fun out of it.☺ It is more fun to see that one has come in with, for example, two percent and another with eight percent of the same issue. So, one looks at the other and wants to know why they are not so serious about their mission. They say, "I am very serious about learning patience ~ why are you not so serious about learning patience?"

All of the issues have been set up ~ issues of judgement, unconditional love, tolerance ~ issues in many, many different arenas. When you come onto the earth plane for each of your lives, you decide on a priority of favorite toys. You look into your Toy Box and start to take the toys out before entering. You look at them, then at what you have done and finally you look to see who you have decided to enter with.

You do not do this by yourself because your Angelic Protector, Spirit Guides and others who are assigned to help plan out a life for you, are all around.

You can plan, you can plot out your little scenarios, and plug in much like you do with, what you call a computer ~ you can push in certain codes and it will give you what a possible outcome might be. You can say, "No, this is not what I really would want to do." So you PLAY with planning your life.

Reality, as you call it on the earth plane, very rarely follows concept exactly. Your plan is a schematic, as you might call it, to get you going, to get you onto the plane.

Once you are on the plane, you play. And, as much as many of you find it difficult to accept that while the earth plane is a training ground, it is still PLAYTIME. You are still on the plane in a play ~ acting out your role.

In each of your lifetimes, then, you will have one very favorite toy ~ your very, very favorite toy. And, while you will have others that you like very much, there will be one that is your very, very favorite ~ you hold it dear to your heart.

It takes on many forms. It is the lesson that you have given the dominant percentage to undertake in a particular lifetime. In another lifetime, another toy will become your favorite ~ in another lifetime, yet another toy becomes your favorite, and so on.

The humor in all of this comes in recognizing what your favorite toy is and in recognizing that you do, indeed, show preference to this toy ~ that is why you play with it so much.

If you are playing with patience in this lifetime as your favorite toy, then you can be certain that because you want to play with patience all the time, patience will present itself in many different ways. It only makes sense, for you want to play with it. 😊

The more that you do not have patience, the more you want it ~ and the more scenarios that you ask to be set up so that patience can become yours, can be truly a part of the path, truly to be worked on. View it in humor, view it as playing, and not resent it, and say, “Of course, this is my favorite toy!” 😊

We will help you to visualize your favorite toy. My love, please stand here with us and we will demonstrate a very small tool for the visualizing of your favorite toy.

What do you think, my love, is your favorite toy?

Self confidence.

Confidence of Self ~ Respect of Self, which is the first in our Guidelines for Growth. (Note: For a listing of the Guidelines for Growth, please see Page 40.) It is the most common play toy. We will demonstrate the visualization now.

Visualization Your Favorite Toy

Place your hands out in front of you with your arms extended and palms up, placed comfortably in front.

In your right hand visualize the word RESPECT and in your left hand visualize the word SELF. With this visualization you can use two words.

Slowly bring your hands together, and as you are doing this, surround the area with white light.

Bring your hands together so that you have cupped both hands and are now holding RESPECT SELF.

Bring RESPECT SELF into your Heart Energy Center and place your hands, palm down, onto your Heart Center.

Visualize the words RESPECT SELF going into your Heart Center.

Extend your hands in front of you with palms up and the hands touching ~ the left side of the right hand and the right side of the left hand touching.

*You now have white light remaining that has imprinted upon it
RESPECT SELF.*

*Take this white light of RESPECT SELF and bring it over to the Crown
Energy Center, and sprinkle it all on top of your head.*

*Bring your arms down around your energy field as you sprinkle the
aura of your energy with RESPECT SELF.*

*Let out a breath and feel the residual of the fluffy white light
sparkles as they all flow around you.*

This one way to play with your favorite toy. ☺

End of Visualization Your Favorite Toy

*Take what is the serious ~ learning of RESPECT SELF ~ and make it a part of the lightness
of your energy field. Do this as often as you need. Some may find it appropriate to
actually do the motions of this visualization. Others may simply visualize the toy and
surround it with the sparkling light ~ and, it can be done in an instant. Perhaps you
could place it into a little red truck and carry it along behind you. ☺*

*Acknowledge that this is your favorite toy, and, the more that you acknowledge and
want it, the more it will come to you.*

*Think about what your favorite toy is ~ that which you work on the most. Perhaps
some of you have not thought much about it. You have thought only of all of these
issues that you are working on, and it can be so overwhelming, so overburdening, that
you would look at EVERYTHING and not be able to do ANYTHING.*

*Remember that The Universe is very ordered and attempts to help each energy maintain
order in their incarnations. We know that it is a difficulty, for many, to maintain order ~
and, learning about order may be a favorite toy for one of you and not even in the Toy
Box for another. ☺ ☺*

Is it possible to take on one hundred percent of any issue out of our Toy Box in one lifetime?

*Anything is possible ~ however, it is not recommended. And, while it has been done, it
is not encouraged, for it truly represents a very difficult sojourn on an already difficult
training ground. It is the rare energy who would want to bring onto the earth plane one
hundred percent learning ~ in one lifetime ~ of anything.*

Let us say, for example, that in the issue of forbearance, you decide to bring in, percentage wise, twenty five percent and place it into your Toy Box. Of that twenty five percent, we would rarely encourage that an entity take the entire one hundred percent of that twenty five, and try to learn it in one lifetime.

Rather, in looking at the totality of The Toy Box, you would determine what percentage would be reasonable to take into a lifetime. Generally, it is less than one percent that is taken in for a lifetime, for while it may not seem like a large amount, one percent, comparatively speaking ~ in the intensity to which the earth plane subjects entities to learning ~ is very intense.

It would depend on The Menu that has been selected for The Toy Box. Perhaps you have chosen only two menu items, of all the items available. Then, the larger percentages would be easier, for you have fewer mixing of elements.

It is rare, however, that an entity would only select a few toys. Usually, if you have committed to an earth plane sojourn, you are doing this so you can have accelerated learning. Thus, it would defeat the purpose of coming onto the plane by only selecting a few items ~ and, then, perhaps, a few that are easy.

It is done, however, by entities who would, perhaps, want to test out the earth plane. It may be for them a probationary period to see if they want to, indeed, commit to a full scale sojourn on the earth plane. ☺

So, you would meet entities who may be in this noncommittal stage. And, they may, indeed, have taken on a very, very large percentage of an issue, almost to the point where you would feel overpowered by their zealously at learning a particular issue ~ or their involvement in a particular situation.

If you were to look more closely, you would see that, perhaps, there is the focus only on that issue, rather than other smaller toys being played with. We encourage that there be the favorite toy and then a number of smaller favorite toys so that there is a balance.

Is there a specific color and sound that goes better with a specific toy? For example, if my toy was truth, would it be good to visualize a specific color to go along with truth as well as specific sounds?

What occurs on the earth plane is the tendency for entities to be told that a certain color goes with a certain something else, and a certain sound goes with a certain something else. For many it is appropriate that they have a specific color or sound that they are told they must focus on ~ this is appropriate at a certain point in your development. However, as you advance in your own awarenesses, you begin to develop the ability to have your own color and your own sound based on what is appropriate for Self.

Thus, if you were going to focus on truth or patience as your favorite toy, you would be able to do so through your focusings.

For each of the various large issues that you have, you could have different colors and different sounds, and for your overall vibration you could have a color and a sound.

And this may change?

Yes.

We have learned from you that there are interconnections between all the different toys. So, I can visualize that once I have done, let's say, twenty percent on patience and I work on tolerance, then I may open up other issues where it will affect patience. So it means that I never get through the famous one hundred percent that I actually tried to accomplish when I split this into percentages. They are all interacting with each other, so I work thousands and thousands of lifetimes and never get the one hundred percent. Is that correct?

We will take your example of the one hundred percent of patience. Of that one hundred percent, you decide to take one percent onto the earth plane. So, the other ninety nine percent is for other training grounds. It does not even enter into the picture for the earth plane ~ ONLY ONE PERCENT IS ALLOCATED FOR THE EARTH PLANE.

Of that one percent you then cut it into many, many lifetimes. You may have point zero, zero, zero, zero, one percent (Note: .00001%) in one lifetime. You may meet up with someone who has three point zero percent (Note: 3.0%) that they have taken on for patience. Therefore, right away you have a difference in your percentages.

If you also have taken on tolerance, then, proportionately, tolerance works into what is patience. However, you may have chosen not to take on tolerance, and, therefore, the interacting of which you speak takes on a different configuration than another entity who has taken on tolerance as well as patience.

Thus, The Toy Box configuration is situational ~ not every entity takes on everything. And, just because certain issues are related to the development of major issues, as with patience, does not mean that YOU have taken it on for an earth plane sojourn.

This is the issue of judgement that we speak of continuously ~ of looking at another through your own eyes and thinking that they, too, have taken on all that you have taken on in exactly the same pattern. This is simply not the case. Look at another only in terms of an understanding that they have a Toy Box and that they have, in this lifetime, a favorite toy ~ and that you have a favorite toy.

Nothing is coincidental on the earth plane, and the meeting of energies is not happenstance, as you would call it. If you meet for any type of interaction with an entity who has taken on ten percent to your one percent of patience, then you can be certain that it was planned by both of you. ☺

And that can create all the conflicts?

This is what the earth plane is all about. If there was no conflict, there would be no earth plane. The earth plane's mission is to help in ~ through conflict ~ the learning of issues and the balancing. You balance and there is no conflict ~ and you feel relief. Then, what usually happens?

Something else! 😊

Some other issue presents itself and a new kind of conflict comes in. Conflict is not to be viewed as negative ~ it is to be viewed as positive, to be worked upon in strengthening and growing.

Why do we need the conflict? Why can't we just sit and talk and then develop and make progress? Why do we need all this fighting? Can't we grow without conflicts?

On other training grounds, yes, that is appropriate, for it is the way the training ground is maintained. The earth plane is not set up that way. You have chosen the earth plane with your eyes wide open knowing fully well that these are the ground rules. And, the fact that you find CONFLICT IN THE CONFLICT is an example of the validity of the concept of the earth plane set up.

Many entities understand what their favorite toy is, and that in order to make the toy be closest to them, they must continually have opportunities that bring that toy into their being. Conflict is the energy that brings in the issue on the earth plane, and so you view this as part of the training ~ as part of the play.

There is a very fine line that all on the earth plane walk, and that is knowing that it is all illusion, and knowing that because you are on the plane, you must play in the illusion. You must live the illusion ~ you must feel the emotion that goes with this illusion.

So on the one hand, you believe it completely, for you must. And, on the other hand, you believe nothing, for none of this is real. 😊

The bottom line is that no matter what conflicts we have in our life, don't take them too seriously.

This is the point for your entire sojourn. Take all that you do and know that it must be done, and at the same time, laugh about it for it is the joy and the laughter that helps to break the tension of the seriousness without taking away from the intention of learning and growing.

Being lighthearted is a toy from The Toy Box, and not all have taken on that toy ~ and, those who have, of course, have taken on that toy in varying percentages. Thus it is that you meet such very serious entities ~ and you yourself may feel such seriousness.

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Even though you have not taken on the toy of lightheartedness, does not mean that you are not able to see the flip side of the toy ~ to see the joy in the toy that you have chosen. It simply takes on greater effort.

This toy of Lightheartedness is one that we encourage the majority of entities to enter in with ~ some do not listen to us. However, that, too, can be changed. ☺ Once you have chosen your Menu and you have been on the plane for awhile and you look around and see what others have in their Toy Box, you can say, "I don't have that in my Toy Box ~ I like that." You can go back, talk to your Angelic Protector and Spirit Guides, renegotiate and add it in.

When someone is excellent at what they're doing and they seem to have always been that way, could it be that in many lifetimes they have worked on this and they're coming to a perfection on the earth plane?

It is good that you said ON THE EARTH PLANE at the end of that question for the only way to achieve perfection on the earth plane is to have achieved the percentage that you took on.

If you take on ten percent of patience out of one hundred, then you go through many lifetimes and develop your patience ~ your toy has now been thoroughly cuddled and used and you have taken on the ten percent. You have taken on, then, to the degree that you can on the earth plane, the perfection of patience, realizing that there is another ninety percent that still needs to be worked on in other training grounds.

Perfection of the totality has not been achieved and does not become achieved until return to The One, for once the totality of one hundred percent has been achieved, it means that there is completion.

I have no musical talent. If I started to play music, would I be at ground zero?

You must remember ~ and this goes to issues of judgement ~ that just because an entity may not have musical talent in a lifetime, does not mean that they do not have it, for it means that it is not what they work on in this lifetime. Or, it means that entities who have achieved the perfection of the percentage of musical talent ~ and they did it in the first few lifetimes around ~ then can play with it whenever they want. There is no learning for it has been achieved.

Thus, you will find among you those who have achieved what they needed to in a particular lesson, and those who are working toward that achievement.

Once one issue ~ one toy ~ has been played with to the extent of its usefulness as a lesson, it is placed back in The Box and another one comes out. You all will have varying degrees. This is what it is all about ~ varying degrees of abilities.

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What makes the conflict is that so often entities look to what the DIFFERENCES are among each other rather than the SIMILARITIES. It is only when there is an ability to look for the similarities, is there a lessening of the emotion that goes with conflict.

It does not mean the conflict will not occur ~ it simply means that there is not the same hostility. Rather, there is an understanding that, yes, this can be worked through, for there are many similarities ~ and not to focus on the differences.

This is difficult to achieve for many entities, for immediately many would want to flaunt what they are able to do and look at another in judgement and say, "You're not able to do this, and I am." And, therefore, immediate conflict arises and there is no trust, simply the wanting to pick at each other.

This is all part of the earth plane scenario and the way in which growth occurs. It may not be in this lifetime ~ it may be several lifetimes away that you finally break the cycle, for remember the four steps in the Cycle of Lesson Learning that we presented. (Note: To read this discussion, please see the Waith Manuscript, CYCLE OF LESSON LEARNING.)

You know not where an entity is in their Cycle of Lesson Learning, and as it relates to where you are in the learning of a lesson.

It seems there are sometimes very enlightened, sensitive Souls who come in. And the world is caught up in its illusory values and likes to judge that person's pat. Yet, that individual may be really ahead of their time and misunderstood.

That scenario has played through on the earth plane since the earth plane was created an eternity ago! ☺ It is necessary for the advancement of an illusion that certain entities, with particular training, enter onto the earth plane to present an illusion that has such a dramatic mass appeal that it advances the awarenesses of large numbers of entities.

It is periodically placed as a scenario into the illusion to help an illusion move along, for without those dramatic scenes, the play itself becomes rather boring ~ growth would not occur unless there was an occasional shake up of the masses. Then, each goes on their way, shaken up once again in their own new awarenesses, to advance the growth of the overall vibration of the earth plane.

And, on that note, we bring closure to our discussion of THE TOY BOX AS A SYMBOL OF LESSONS TO BE LEARNED. We will now take you one step further with The Toy Box by discussing the selection of your lessons.

Chapter 3

The Toy Box Selecting your Lessons

Our topic for discussion in this class will focus on selecting your lessons. Being on the earth plane is simply participating in a game that to be played and, in order to play the game, you must know the rules.

There is no external source that has said, "These are the rules." The Universe has established the rules ~ The Universe is The Universal Consciousness. And, who makes up The Universal Consciousness?

We do!

And, who makes the rules?

We do! 😊

This is the responsibility that each of you must assume ~ that you are responsible for the rules. And, just as you easily make the rules, you easily can change the rules. The groundwork has been set. The rules have been established, and you each have chosen to come onto the earth plane.

Prior to selection of the earth plane as a training ground, you were given the entire selection of training grounds. You were told the pros and cons of each training ground by your Angelic Protector and the Spirit Guides who are charged with helping to select training grounds. At that time you were also told what the rules are for each training ground and the ways in which lessons are learned on each training ground ~ they differ from training ground to training ground.

Some training grounds are less intensive ~ some training grounds do not have the acceleration that the earth plane has.

The earth plane is considered a difficult training ground for it provides the opportunity for accelerated growth. Coming onto the earth plane can be very serious business ~ you are serious about the lessons that you choose.

To give you the flip side of this seriousness, we use a Toy Box as the symbol of your lessons to be learned and in your Toy Box are the lessons that you select ~ your toys. As we have discussed, you have each selected the toys that go into your Toy Box, with the help of those who would guide you. With each toy comes a set of instructions.

Who has designed the instructions?

We have! 😊

Of course! 😊 The fact that you have each designed your own instructions means that you each, then, have responsibility ~ it is not being imposed upon you and you are not being forced. You have selected your own toys and you have participated in the writing of the instructions on how to operate the toy.

How do you go about selecting your toys? There is a very big toy store ~ this is the frame of reference that we would give to you.

Is it like F.A.O. Schwartz? 😊

Oh, indeed, we understand that frame of reference! 😊 😊

You go to this big toy store and press your little nose up against the window, for you are a new, bright energy about to come onto the earth plane. It matters not the amount of experience you have had outside of The One ~ having gone through many different training grounds. You are new to the earth plane and, therefore, you are bright and bouncy. 😊

You have been given the pros and cons of the earth plane ~ and you have believed the pros!!! 😊 😊

You look with great delight into this store, and have all of your toys from which to select. Some of you want to learn more than others. It means that you can select more toys than others.

You have, in one little wing, your passes ~ given to you by your Angelic Protector and Spirit Guides that indicate the lessons you must seek out to learn on the earth plane. Those lessons take many, many forms, and the toys that you may gather for each lesson can vary from one major toy to many hundred toys, depending upon the depth of which you want to learn your lessons.

You go into the store and gather up all your toys and place them into your Toy Box.

They are to play with, as we have discussed. You have your favorite toys that you use in a particular lifetime and you have your toys that are of descending order in favoritism ~ in a particular lifetime.

How do you select these toys? How do you actually get to that toy store that has all these designated lessons? And who has made you do this?

You each have said, "This is what I will do." You then go into the ARCHIVES OF LESSONS LEARNED FROM PAST ENTITIES ~ The Universal Consciousness that is available to each of you ~ and much research is conducted, with the help of your Angelic and Spirit Guides.

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You go in and look at the way in which another has taken on a lesson, for these records are available to all. It is much like watching this television that you have where you flick to see how each story is going. You are able to look at the way in which entities, who have learned their lessons, did it and who helped them ~ how they did this and how they actually went about doing it.

The trick in all of this is that you are able to see, much as you do on this television, what is going on. However, you do not FEEL ~ you are not aware of that emotion that the entity feels as they learn a lesson.

Thus, when it appears that you may have taken on something that is very difficult, it LOOKED easy enough when you watched it being done by another and, yet, when you are actually doing it yourself, it appears to be much different.

You watch how others have done these lessons ~ this is primarily the way you determine the ones you want to consider learning. The important word here is CONSIDER. As can best be described, you now have your catalogue of course offerings ~ for those of you who remember school on the earth plane, you had many different selections.

These lessons occur on different training grounds, not just the earth plane. You begin, then, to look at where these different lessons are offered and the intensity of the training ground that it will be offered in.

Then, you have an opportunity to know who is the major teacher of that lesson, for The Universe sets up major Spirit Guides who have been especially trained to oversee all those who help in the teaching of each particular lesson.

It is similar to your earth plane experience ~ remember the earth plane is a physical manifestation of a universal concept. You may like the lesson, you may like where it is being presented ~ however, you do not like the teacher. You have no choice ~ you must attend that class.

The Universal Consciousness has a description of who this teacher is. You go to other entities and say, "What did you think of that teacher ~ and that teacher ~ and that teacher?" However, you must form your own opinions and part of the learning of a lesson is in who helps you to learn it.

When you first begin learning your lesson, you have not much choice in who is going to help you learn that lesson.

As you advance in your awarenesses, you begin to have the capabilities to specifically select who will help you to learn, as you complete that Cycle of Lesson Learning and are, therefore, charged with teaching those who would teach. We give reference to our discussion on the Cycle of Lesson Learning. (Note: This discussion is available as a Waith Manuscript, CYCLE OF LESSON LEARNING.)

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Then you come onto the earth plane to learn your lessons. You have seen it on the BIG SCREEN IN SPIRIT, and you think, "This will be very easy." And then, as you would take any new class in school, you think on the first day, "Oh, this is easy ~ I will not have any problems in learning this subject matter ~ it's all so basic ~ there is not much that I need to learn here."

As your lessons begin to unfold, the complexity begins to make itself known to you.

The selection of your lessons, then, is in a continual state of evolution, for you know at the levels of your awareness that The Toy Box selection is done with this concept of the eyes are bigger than the stomach ~ it appears that you can take on much more. ☺

While you are first beginning your journey with your Toy Box, you are not aware that you can empty your Toy Box at any time. We have implanted that into your Soul memories so that you have, at that level, an awareness that you can take the toy and put it away ~ give it away, if you want ~ at any time. If it is in the Soul memory, it ultimately will not be destructive to you if you were to let go of something.

Thus, what you need to remember is that in the selection of your lessons, you are responsible from the very first time of awareness of a lesson to the letting go of that lesson. You can at any time say, "This is not what I want," or at any time you can say, "I want to go further than I had anticipated, for I find this to be much more interesting and challenging than it appeared to be."

You have the serious lesson learning and you have the flip side of it being joyful, for it is joy filled to learn your lesson and to know that you have selected this lesson yourself.

How do you come to choose all of these lessons? Well, how do you choose anything? You can select ~ there is nothing that says you must choose this and you must choose that. Immediately coming out of The One, you start playing the game.

What another selects is of no concern, for they may select many, many lessons and you may select one. That one may be a very big one ~ a very big toy and you carry that toy from training ground to training ground.

Let's say the toy I have chosen is patience. You say that if I want to exchange or get rid of that toy, I can do that?

Yes. It is as simple as that.

Does that mean I have to take another toy?

Not necessarily. What it simply does is reconfigure the percentages of all the other lessons, or toys, that you have taken on.

For example, if you let go of patience as an issue and you determine to take on for your earth plane sojourn, ten percent of the total learning of patience. Thus far, through your various lifetimes, you have achieved five percent of that ten percent, just for rounding off and, thus, you still have five percent remaining.

Five percent out of one hundred has been achieved. The five percent goes back into your total, thus giving you ninety five percent of patience to be learned. However, the five percent that you gave back for patience must be absorbed by the other lessons you are currently carrying ~ the space must be taken care of.

Does that mean that in another lifetime I'm going to have to do patience all over again?

No. You are finished with patience on the earth plane for any lifetime. You have done five percent and that is enough ~ the other ninety five percent you have determined to take on will be learned on other training grounds.

In other words, it must be learned eventually.

Eventually. Understand the point here. The five percent that you had remaining for patience on the earth plane has now been placed back into your universal component. You still have five percent of a lesson, however, missing from your earth plane sojourn and that five percent of patience must then be distributed. It can be absorbed by, let us say, the issue of unconditional love ~ that you have determined to take on your earth plane sojourn of fifty percent out of the total.

You could choose to have that five percent go to unconditional love or, you could take one percent and place it into forbearance and one percent into any of the other issues that you might take on.

Is it possible to have a map of what toys I have selected? Would that help in my daily task?

You have this. When you open your Toy Box, there is a progress chart ~ it is your growth chart, just as you have on the earth plane, the little notches you achieve, as you grow taller. Thus, you have the total growth of your energy.

This chart is available to you through your focusings ~ which is another reason why we emphasize the seeking of your answers from your Higher Self. Your Higher Self is the key to your Soul, and in your Soul is all your information ~ and, it is easily obtained through your focusings. Simply ask your Higher Self, your Spirit Guides and your Angelic Protector, "Show me my chart ~ give me an idea of where I am."

Renegotiation is the theme of The Universe ~ everything is changeable. As you come into a situation to learn, it is not written in stone that it must be that way, for energy fluctuates ~ everything is interdependent ~ and, your perceptions of what you need to learn, and how you need to learn them, changes.

You look into your Toy Box and say, “I have outgrown this particular toy,” or “I need to have something that will accommodate my growth in a different way.” And, you simply renegotiate.

It may appear to you that upon entering the sojourn of the earth plane, you need to take on the issue of patience ~ you need to concentrate on patience, for from a distance it appears to be a major issue, and you feel you must take on accelerated learning.

Upon entering the earth plane, after several experiences with patience through many lifetimes, you step back and say, “This is not quite what I expected it to be ~ it is not quite as difficult ~ I would rather spend my time on another area ~ now that I have entered into the energy of the earth plane, I see things differently, for this is not television ~ I’m now the character ~ I now feel it and interact with other energies.”

It is an interaction of the highest acceleration on the earth plane, where you have opportunity at physical level to place out in the open, spiritual awarenesses ~ this is not true on many other training grounds. There is not the awareness of the connection between the abstract and the concrete. This is the joyful part of the earth plane ~ that you can actually, physically, feel and touch.

Are gifts considered toys?

Indeed, yes!

Is there a distinction between a gift and a toy? For example, is there a difference between the gift of healing, per se, and the toy of patience?

The toy can be a gift ~ just as you are given, on the earth plane, the gift of a toy, a plaything, from someone who would want to give you pleasure. So, too, are you then given gifts from others ~ they are different from the toys that you would select yourself. They, nonetheless, give you pleasure ~ remember that toys give you pleasure. ☺

However, a gift is special, and it has with it a special energy. Each of you is given at least one gift from your Angelic Protector ~ some are given more. It depends on how much ~ what is the phrase when you would play up to your Angelic Protector?

Buttering up!! ☺

Buttering up is a good phrase! ☺

You receive, then, a gift from your Angelic Protector of a particular toy. And, it is through the minimum of this one gift that you spread joy as you go from incarnation to incarnation ~ it is that which is the overall Lightheartedness that you possess.

Some have developed more lightheartedness than others ~ however, each has a minimum Lightheartedness that helps to spread the light and joy.

The gift is a spiritual manifestation of a lesson. We go back to patience as a lesson ~ and use Barjan as a specific example. The gift that has been given to Barjan is sound ~ being able to hear sound in ways that soothe the energy of Barjan as his issues of patience come into existence.

In addition, the gift helps Barjan to spread the sound to others who would have difficulty in learning lessons ~ not necessarily the same lessons of patience ~ and, the ability to spread lightness through sound to help others in their learning of lessons. Barjan has exhibited this capacity with his music and will continue to do so for it is a gift. (Note: Barjan creates original music for Terra Lux. His music is available through the Terra Lux Press.)

Gifts usually present themselves in ways that are creative ~ as you would perceive it on the earth plane ~ and usually relate to color and sound. They relate to the ways in which the concrete illusion is presented to each of you ~ the ability to bring beauty into the environment.

Each of you has the ability to bring beauty into your environment. You have a minimum of one gift, and that gift comes from your Angelic Protector and follows you through every incarnation on the earth plane. Your gift is the underlying current that makes the earth plane bearable ~ and makes it a playground.

At times, you will be given the gift of a play lifetime on the earth plane, in which you concentrate on your gift and it works in harmony, then, with each of your toys. Some of you will have several gifts that work in harmony with various toys ~ however, you have a minimum of one gift from your Angelic Protector.

Is it possible that we also go overboard in wanting to learn a lesson so it then becomes a compulsion?

Compulsion is a lesson in itself ~ and each toy has a compulsion aspect to it. It goes, again, to the teeter totter ~ you must go up and down, up and down, to balance. Compulsion is an extreme, and in order to balance, there must be the extremes until you finally come to equilibrium.

Thus, if you find yourself in a compulsion, be it for the entire lifetime or only in a particular situation or a particular time frame, do not be angry with yourself. Rather, view this as progress in the learning of your lesson as you reach equilibrium.

View it in the perspective that when there is the up and down ~ the highs and the lows ~ it creates a tremendous amount of energy expenditure.

Being compulsive to you may not be compulsive to another. Thus, it takes on relativity. If you view it as compulsive, then it is. If another views it as compulsive, and you do not, then it is not ~ it is only when you view it as such, for then you know that you are in a state of disequilibrium.

Growth is occurring as you strive to achieve balance. You know this and say, “I know I’m being compulsive and I don’t care that I’m being compulsive ~ I work on being compulsive ~ it’s my compulsion and I will be it if I want to be.” You have acknowledged it. If someone else says to you, “That behavior, I think, is very compulsive,” and you say, “What do you mean?” Then there is no issue except that the other entity has an issue.

At what level are all these toy decisions made ~ at the Conscious Self level, Higher Self or Soul level?

Initially, they are at the very highest of the Soul level. The Soul makes the decision as to The Menu that will be taken on. The Higher Self, then, becomes involved in being the agent for negotiation. Then the lower levels ~ including the Conscious Self of which you find yourselves now ~ are the chief negotiating levels and use the Higher Self as that negotiating tool with the Soul.

This is another reason why we say that connection with the Higher Self is so critical, for it is the Higher Self that listens to the lower Self when these negotiations take place. It is the Higher Self that, then, says, “Yes, I will talk to the Soul.” So, it is important that you have a good working relationship with your Higher Self. All your levels get involved, however ~ it is not just one level making a decision.

Earlier in our discussions with you we indicated that one of the toys to be chosen is Lightheartedness. In our next discussion with you we will elaborate on this particular toy ~ lesson ~ and its importance in your overall PLAYTIME ON THE EARTH PLANE.

Chapter 4

Lightheartedness as a Prerequisite

You are all on the earth plane playing the earth plane game. We have given you much discussion regarding PLAYTIME ON THE EARTH PLANE ~ our attempt being to help you maintain a sense of Lightheartedness, to not take the game seriously, on one wing, and on the other wing, to, indeed, take it seriously. ☺

The way in which you achieve a balance is by being lighthearted and serious ~ being serious about being lighthearted, and being lighthearted about being serious.

Our emphasis for this discussion is the importance of LIGHTHEARTEDNESS, regardless of the percentage of which you have taken on of being lighthearted.

We said in an earlier discussion that for some of you, being lighthearted is not even in your Toy Box ~ which accounts for why many appear to be so serious about everything and not able to laugh and feel joy.

We gave that as preliminary information ~ we now give you an extension of that particular information. Lightheartedness, while not being necessarily a part of your selection of lessons to be learned ~ and therefore in your Toy Box ~ is nonetheless a PREREQUISITE to departure from your sojourn on the earth plane. You cannot finish your earth plane sojourn unless you have achieved a level of Lightheartedness ~ it simply cannot be done.

It is one of the little tricks we throw into the mix. ☺ Many times entities do not research their sojourn onto the earth plane enough, and in looking at their own path, they say, "Oh, I'm not going to be bothered with this lighthearted stuff ~ the earth plane is serious ~ I'm going to go there and do accelerated, serious work ~ this is my path and others can play, others can do this lighthearted thing ~ I'm not going to do it ~ I WILL not do it."

In their zeal, they are blinded by one small component that is in the fine print, as you might call it ~ Regulations for Entry onto the Earth Plane. ☺

Many do not read the fine print! It is the same in other dimensions as it is on the earth plane. In the very, very, very, very fine print, it says that if you come onto the earth plane, you cannot leave until you have achieved a level of Lightheartedness that is proportionate to the level of seriousness that you took on. ☺

Lightheartedness is one of the conditions written in to the earth plane. It is that very small print stipulation that has been the reason for our concentration of Playtime on the Earth Plane and our discussions with you of the balance of playtime, Lightheartedness and seriousness ~ and that you become One eventually.

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Lightheartedness is the reason we strike the pose of irreverence so often ~ to strike at the energy cord that comes from The Universal Consciousness and is attached to each of you ~ and each of you to each other ~ that mandates Lightheartedness, which is a Universal Precept. There is nothing frivolous about learning Lightheartedness ~ it is SERIOUS business!! ☺

There are entities who have completely emptied their Toy Box. However, they have arrogantly held onto the issue of not being lighthearted. Until they meet that Lightheartedness, they will continue to return to the earth plane ~ they will not be released from the earth plane sojourn to continue their growth in other training grounds until they have faced that component. And the more they resist, the more it BUILDS PROPORTIONATELY to having to be lighthearted.

There is, then, a cycle of resistance. If they simply say, “Yes, I will be lighthearted,” they would find that the lifetimes to work out their Lightheartedness would be filled with fun, because they have emptied their Toy Box. However, because there is so much resistance and they hold onto it strongly, they do not see that.

There are many who are part of this condition and with whom you interact on a daily basis. Help them ~ do not be judgemental by saying, “You’re not lighthearted enough ~ you’re too serious ~ I’m not going to associate with you.”

Send them unconditional love and light. Be there to help them to lighten up, for it is most difficult for them to do this. Understand that those who are not lighthearted at the conscious level may be very resistant to being lighthearted. And, at another level they know they must be lighthearted and they struggle it.

Seek those entities out and be of service to them ~ help them. If you are lighthearted, you are fortunate to have grown to that level. It becomes your responsibility to help others along that path ~ in a lighthearted manner. ☺

I think one of the issues is that we need each other to keep our Lightheartedness. Sometimes when we keep within ourselves, that’s when we get in ourselves, and that makes it harder to get out of ourselves and be lighthearted. That’s why we need other energies to fluff us up.

It is critical to be with others. Yes, there are some who take on the path of isolation and go into themselves physically, emotionally and logistically ~ they go into mountains and stay by themselves.

Some may do this for the lifetime ~ others may do it for short periods of time. This is part of the balance ~ the teeter totter of being completely alone or never alone. The balance, of course, is somewhere in between. Most entities, then, find themselves needing very much to be with others and seeking out others.

It is essential to share with one another. It is essential to be lighthearted with one another and to find another who will be part of that growth.

Being lighthearted, we emphasize again, is essential for spiritual growth ~ you simply cannot leave the earth plane sojourn without it. And, let us, once again, reassure you of the seriousness that The Universe has of this component of the earth plane!! ☺

I'm one who struggles with this issue. I think the time we are living in is very difficult and it is not easy to become lighthearted. I feel the world around us and the people we're dealing with on a daily basis are not lighthearted at all. I think it is extremely difficult to learn this lesson in my lifetime.

Oh, it is. We are not saying that it is easy ~ lessons are not easy to be learned. At the end of an illusion, such as this, exaggerations and accelerations of issues become dominant. There are many entities who struggle with the issues of Lightheartedness. Many have taken on accelerated growth in this area, and therefore are being presented with issues to test them in their Lightheartedness.

Do not be deterred that there are so many who are serious ~ there are just as many who are not. There are just as many who are very lighthearted. Bring yourself into a vibration ~ on a regular basis ~ that is lighthearted, to help you infuse Self, so as to bring you out of the vibrational field of those who are serious.

Is Lightheartedness a prerequisite of love?

It comes with it. As you become more and more unconditional in love, the avenues are opened for Lightheartedness. It does not mean that the avenues are filled with Lightheartedness ~ it means that the avenues are opened.

We go back to the discussion of the percentages you take on for lessons ~ unconditional love being one of them. You could take on a percentage of only ten to be learned on the earth plane while another may take on a percentage of seventy five on the earth plane. Therefore, percentage wise, Lightheartedness takes on different dimensions.

However, remember that lightheartedness is the ultimate vehicle by which spiritual growth is attained. You can only go so far in your spiritual growth without the Lightheartedness to accompany it.

Lightheartedness is something you work on within Self. Be concerned only with what is within Self for Lightheartedness. Simply send out an energy from Self that says to all around, "If my Lightheartedness is greater than your Lightheartedness, learn, if you want to, from mine." You do not SAY this, of course ~ it is the essence of what you send out in energy to another, that you simply are available. Allow other entities to come to you in their own way if they feel it to be appropriate.

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CHAPTER 4 ~ LIGHTEARTEDNESS AS A PREREQUISITE

For some of you, as you look at other entities, you may feel overwhelmed by the sense of Lightheartedness from another ~ it may be more than you are able to accommodate at this point in your path.

The issue is to feel comfortable in your own levels of Lightheartedness and to want to grow in your Lightheartedness, not to say, “I will not be lighthearted ~ I will be very serious, and anyone who tries to make me lighthearted will not be able to do that.”

Seek out those who can help you grow in your Lightheartedness.

We have given you only a beginning of the information regarding Lightheartedness ~ there will be much more to come! 😊

Our next topic of discussion for PLAYTIME ON THE EARTH PLANE relates to the effects of COLOR on the vibration, and more importantly, the ability that color has to the transformation of energy into concrete form.

Chapter 5

Color as the Physical Manifestation of Energy

Our topic of discussion is COLOR AS THE PHYSICAL MANIFESTATION OF ENERGY. Energy is nonconcrete ~ from an earth plane perspective. In other dimensions, and in other training grounds, energy takes on a different sense of concreteness.

The way in which energy is manifested on the earth plane is through color, for everything that is concrete ~ as you know it on the earth plane ~ has color, even if it is transparent. Transparency is a concreteness. Transparency, as defined by the earth plane illusion, is concrete, even though some would argue that transparent is not concrete. ☺

Color is the physical manifestation of energy ~ therefore, color is not to be disregarded. It is important for you to surround yourself in the vibration of the color that is most appropriate for YOUR vibration.

Color to each energy form is critical to its continuance in the earth plane sojourn. If you had no color around you, there would be no energy. Whatever you see, it is energy in its concrete ~ which gives an added dimension to the discussion of energy where many would say. "Energy applies only to living entities" ~ LIVING being defined primarily as human.

While many entities in human form acknowledge that The Animal Kingdom is alive, there are many who do not believe that The Animal Kingdom has a Soul. This is fine for it is where they are in their particular point of growth. There are, also, many who recognize that The Mineral Kingdom and The Plant Kingdom is life.

There are, however, significant numbers of humans who draw the line at that particular point and indicate then that life exists only in those particular arenas. They do not acknowledge that life is what makes up energy ~ and energy is what makes up life.

What you sit on in this classroom is life, for it is energy. Each energy takes on an encasement, and that encasement has color ~ varied colors ~ and each energy form surrounds itself with many other energy forms that take on color.

You each can determine the colors that surround you in the various encasement forms. Acknowledge that it is energy and is to be treated with the same respect you would treat another human ~ and that it is of service to the greater Universe. This concept is one in which many humans take issue, for to look at what is called INANIMATE on the earth plane is to say there is no life.

When you look at the issue of life as energy and that each energy form has a purpose in the greater whole, it gives you a different perspective on the entire issue of what is life.

Our Guidelines for Growth has, as the FIRST Guideline, RESPECT SELF and, then, RESPECT OTHERS. (Note: For a listing of the Guidelines for Growth, please see Page 40.) If you respect every thing that surrounds you in your environment, be it animate or inanimate, you then respect life and its totality as it relates to The Universal Consciousness.

It is important that you find the harmony of objects that surround you and their harmony with each other. If any object is in your vibration, have mutual respect ~ and, if you are to care for a particular object, do so.

The human encasement is cared for by higher levels of energy ~ levels of energy that are off the earth plane. Just as The Angelics are charged with protection and guidance in other dimensions to those in the earth plane dimension, so, too, are you charged with protection and guidance of those energies now in your vibration.

This is a higher order of understanding that you can now take into your Focusing to Gain Self Awareness ~ to have a greater understanding and for many, a greater acceptance of the fact that life is energy and energy is life, and that it exists in everything.

The earth plane is an energy form and everything that makes up the illusion of the earth plane is an energy form. The illusion is an energy form. ☺ When you see color, you see energy. For those entities who are not in this lifetime seeing or those who are unable to distinguish one color from another color ~ and this exists only at an earth plane illusionary mode ~ they, indeed, SENSE color.

We indicated earlier that to hear sound does not necessarily mean that one must hear through the normal human encasement ears ~ hearing is a higher level. Sight is also a higher level. You are able to visualize color without sight, so those who are unable to see through eyes are able to visualize color and make greater connections between color and energy.

Many disregard the importance of harmonious color in the environment and in a haphazard manner bring together one thing or another ~ regardless of the harmony of its relationship to the greater environment.

We do not indicate that you must match ~ there is a difference between HARMONY and MATCHING. You could utilize all the various spectrums of color within one environment and have harmony ~ or, you could have disharmony. It is all in the way it is brought together and the respect that goes with the bringing together.

It becomes a responsibility to Self to bring in harmonious color to your inner environment ~ that which closely surrounds your encasement, your clothing ~ and to move out of that level into a higher level so that you eventually find yourself in the greater context of color harmony.

If you have enough color harmony surrounding your close vibrational field, then, when you are in an environment in which there is DISHARMONY of color, you are protected.

As you begin to gain greater awareness in the importance of color and its manifestation as energy, it becomes your responsibility to help others to understand the significance, and that every item ~ every thing ~ is energy.

Is the way we see color just different vibrations of an energy?

Essentially yes ~ you each see color differently. You may see the color of a pillow as blue. However, the vibrational component of this color is different to each one of you ~ yet you are not able to compare, concretely, with another and say, “What shade of blue are you seeing?” It is an impossibility, for you see it VIBRATIONALLY and think that the way you see it is the way that it is.

The degree in which you see the vibration of color relates to your own vibrations. As you, in your own vibrations, change, so, too, do the vibrations of your sight change.

Does a blind person see color through the vibration regardless of what he or she saw with their eyes?

Essentially yes, just as an entity who does not hear does hear ~ there is a sense of vibration. There is the ability to see color without seeing color, for it comes from a higher dimension, and it is the ability to SENSE the color that actually provides the harmony ~ SEEING color is simply a residual that comes from that.

Are the scientists correct when they say animals don't see colors the way that humans see?

Just as humans are not able to tell what other humans are seeing for color, how could any entity say that of an animal? They do not know what an animal sees ~ they do not know what THEY, as humans, see.

Animals do see and just as all energy is able to, they respond to color, for color is life ~ it is energy. Energy is life ~ life is energy. Therefore, there must be a response by every energy form to its color.

Are there any implications to color blindness in an individual ~ someone who sees differently from what the consensus is?

Yes, some of it relates to lessons to be learned and some to a vibration of the entity ~ it becomes an individual situation. What you call color blindness ~ who is to determine what the actual hue is that is being presented? And, while you could easily say that this person is saying that he or she is seeing red when we know that it is green, does not in any way acknowledge the higher levels of awareness of color ~ for color is One, and each color is an encasement in itself.

Just as all energy is part of The One, this also includes color. If you were to take all of the colors and bring them into the higher level of understanding ~ the higher dimensions ~ they would be the same.

When someone creates something like a painting, they would have all the different colors which had their own energy, and the canvas, and they create the painting and even frame it. Do they create a new energy that goes into the finished creation?

Yes, each color is its separate energy and it creates, then, a whole energy, so that there is wholeness as well as separateness.

If color relates to energy and energy in turn relates to life, can there be life without Self consciousness? Or do they coexist?

They coexist. There can, however, be situations in which life exists without Self consciousness ~ at the conscious level. However, energy cannot, at its highest level, exist without consciousness ~ it is part of energy that consciousness exists. However, part of the illusion in certain training grounds is the sense of no consciousness.

There are many forms of energy on the earth plane that exist and are not aware of their existence at this particular level. This chair is an example ~ it is aware, at higher levels, of its harmonic importance to the greater whole, yet at its conscious level it does not have that awareness. It does have an awareness of being. This is the best way to describe the situation.

In the different realms, is each realm associated with a particular color? For instance, in The Angelic Realm, is there a particular color that fits that vibration as a whole?

Yes. We are polka dots!! ☺ The Angelic does have a color that is given to appropriate audiences for visualization to enable them to make a harmony connection. For some entities, the color white is associated with the very highest of energy, and the white light is the purest.

For others, white is not the appropriate color ~ it could be transparent, pink or orange. It becomes a bit more complex when it comes into the individual response. For the masses, it is quite easy for we would say, for example, that white is the visualization of The Angelics ~ for the masses.

If you look at everything as color and harmony and energy and life, you will have a greater ability to be within the flow of all that works.

Look at color, now, as life. Respect color, knowing that it is the physical manifestation of energy ~ and energy is life.

Closure

We will bring closure to our discussion of PLAYTIME ON THE EARTH PLANE by answering questions.

There seem to be occasions when I really hold myself back from having fun. For example, when I watch fireworks, I wonder about the stuff falling and polluting. There seems to always be an aspect to the fun that I'm doing that I think about what the aftermath might be ~ that it might end up in the stomach of a fish, for example. It concerns me that others do not see this.

You need to let go that everything must have a sense of seriousness and that everything must be your responsibility in terms of consequence. Yes, everything that is done in any dimension affects every other energy in every other dimension ~ there is no activity that any energy, regardless of its encasement and its dimension, can do that does not affect all the other energies.

However, if you were to be so concerned, to the extent of being obsessed, of everything having an effect on everything else, then you lose sight of the higher purpose ~ the higher purpose being that all activity engaged in by energies is necessary for the growth of energies and the return back to The Universal Consciousness.

So, yes, for some, the concern of the effects of fireworks, for example, is legitimate for that is what is needed at that point in their path toward an understanding of the order of all energy and to have a sensitivity to what occurs. It would be impossible to not have what you do affect some other energy form.

All works in harmony and interconnected. It can be a difficult concept to understand and accept that everything is interconnected. And, while everything impacts upon something else, it is your responsibility to be concerned only with where your point in the path is and how it relates to what is presented to you for learning.

Do not be judgemental of an entity who would express a lack of concern. At the same time, do not feel superior that you do express concern over the effects. Everything has an effect upon everything else ~ it is simply a matter of degree as to its impact on your path and development.

It is important, however, to lighten up about this. This is, for many of you, a difficult path you have chosen ~ that you find yourself surrounded by events and activities that force you to lighten up. You may resist it and say, "I don't want to lighten up ~ I want to be serious about this ~ leave me alone."

The moment that you say this, of course, other activities and other people, will come into your life, perhaps in a way that exaggerates what you are trying to be so serious about, for this is the way of The Universe ~ exaggeration in order to balance.

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The moment you say to The Universe, "Leave me alone ~ I don't want to do this," at Soul level, there is an immediate response. The Universe and the Soul are in conspiracy with each other ~ Conscious Self does not have much of a chance once the Soul has said, "This is the way it is, whether you like it or not." ☺

I notice that women have it easier to play. I don't know whether it's a pattern or whether it's just my observation. I see women chattering about their hairstyle and simple things. I don't want to judge, however, I have always wondered how they can talk about this? I mean, there are so many serious things in the world that have to be discussed. I sometimes envy women. They have a great time. The men talk about politics or the economy or terrible events. Is there a pattern? Are females more easy going and enjoying life more?

You might want to ask one encased as a female, for this particular lifetime, if they feel that it is easier being in the female versus the male encasement. ☺

Energy can have a dominance of either male or female as it goes about its journeys, that may not appear in the encasement. Many of you are in the opposite encasement of your dominant gender. So, you may be dominant female and in a male encasement or dominant male in a female encasement.

It is all part of the play that occurs on the earth plane so that you can begin to understand the complexities that are involved in the paths designated to the male energy and designated to the female energy when coming out of The One. In order to understand the complexities of, and the differences involved in, each of those paths, you must experience what it is like to take on the many different roles within the female or male encasement.

Depending on where you happen to land on the planet Earth ~ in any given time frame and in any given culture ~ will determine the degree of ease or unease that relates to the gender.

Complicating this even more is that some who you would meet feel comfortable in being lighthearted and frivolous. It has nothing to do with whether they are in a male or female encasement or whether they are male dominant or female dominant ~ it has to do with their own development as an energy, their ability to be lighthearted.

It would be very simplistic and to the point of inaccurate, to say that one gender had it over another in terms of being lighthearted. The issues of what the energy takes on in a lifetime are what are at the heart of their abilities to be lighthearted and to play on the earth plane.

It is a judgement, my son, to say that you observe that the female talks about their hairstyles ~ and to think that it is frivolous. Well, to them it is not frivolous ~ and, what if it is? ☺ ☺

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The matters of discussion that many serious minded entities take on in those issues of the earth plane ~ the governing of the Earth and all of those issues that seem to matter so much ~ are taken on by entities, specifically, so that they can begin to work through their own seriousness.

Be careful of judging what you think is frivolous, for others may then feel that they have the right to judge you about what they think is frivolous in your regard.

It seems petty that I struggle with feeling guilty because I want order and cleanliness in my home, and I feel guilty at the end of the day thinking what a fool I was cleaning the house and not being outside with the children. I try to do both yet I always feel like there's not enough time in the day to devote in the way I wish I could do both.

Many entities have taken on an accelerated path ~ meaning that what they perceive to be needed for accomplishment of their path includes not having enough time, as measured on the plane. Part of taking on an accelerated path is that you will be forced to look at those issues that are most important.

It is deliberately set up by your Soul that you be bombarded, often, with so much stimuli that forces you to look truly within Self to what is important ~ and not what someone else has determined is important.

Someone would say to you, "You have children and should devote your time to them and not the house." And, another would say to you, "You must make certain that the house is clean." What do you feel, within Self, is important for what you have taken on in your path? Understand that the relationships of those who come in through you are, also, part of the scenario.

Be careful of allowing others to dictate to you. Simply say, "This is humorous ~ I'm faced with things to do, and the earth plane has determined there to be only twenty four hours in a day, and try as I might, I can't get one more second out of each day."

Relax about the fact that what you need to do WILL be accomplished if you connect with your Higher Self. Rather than trying to force something to be the way you think it needs to be, allow the events to flow with you ~ and to laugh. ☺

As soon as you laugh ~ physically laugh ~ it breaks the tension. The energy that has coiled itself within your vibration is released and you are able to gain a better perspective on your activities. Laugh and say, "I've made a big deal out of this, and I've closed in my own energy field, thus not allowing me to see the greater, higher purpose."

Simply take a deep breath and laugh and feel the release. Do this in groups of entities ~ do not feel you must go off to a corner and laugh by yourself. Simply laugh. Laugh in the midst of a grouping that is being very serious ~ very serious about itself, not about what it is doing.

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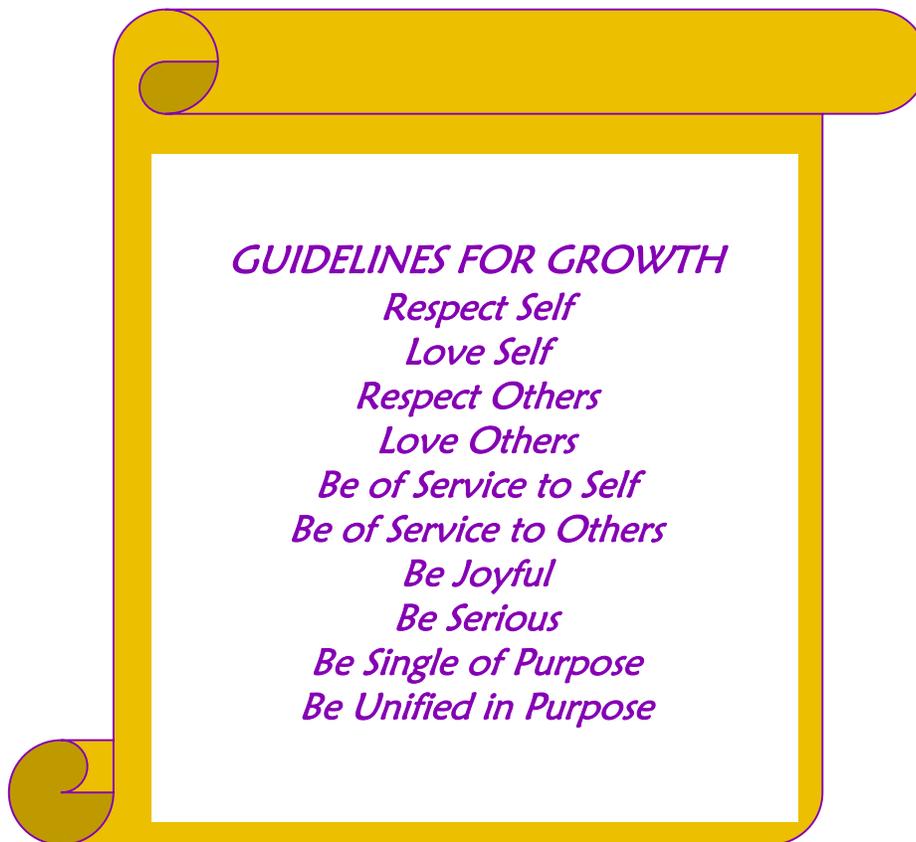
The distinction is very clear. Be serious about what you do ~ do not be serious about who you are.

All energy is inherently lighthearted ~ it is the encasement that brings in the seriousness.

We bring the topic of PLAYTIME ON THE EARTH PLANE to closure now.

We send to you the very highest of the white light from the very highest of The Kingdom of Amelius.

Bye and thank you, Waith.



This Manuscript is an edited version of the Waith Classes during 1993.

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WAITH . . .

*Heaven is in your own heart ~
heaven is the love you hold for Self.*