Waith Class Transcripts, Excerpts PATIENCE

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Waith's Words, and the Spirit Group's Words, appear in this font style (If a Spirit Group Member speaks, they will be identified)

Class Member Questions/Comments appear in this font style (Multiple responses from the class are preceded with this symbol \circ)

Main Topic ~ Patience (January 17, 1989)

We would like to begin this session with a particular topic, and then we will take questions from you, as we are accustomed to doing, that relate to the topic. We know that there is much testing going on now for all of you relating to patience, and we felt that it would be an appropriate time now to talk a bit about patience and how it fits into your path.

Patience Is Directly Related To The Acquiring Of Unconditional Love (January 17, 1989)

To begin with, patience is an issue that is not just related to the earth plane experience. It is not something that you come onto the earth plane to learn and must have it all learned and dealt with in order to leave the earth plane experience. Patience is one of those issues that transcends any particular plane, but rather relates to a primary purpose in the goal toward Oneness. Remember that when you are on the earth plane, it is an accelerated learning experience, and therefore you have the opportunity to deal with patience in a rapid manner, relatively speaking, a few million earth plane years, but that patience is something that is acquired regardless of where your energy form happens to be. It is a pervasive issue, for patience is directly related to the acquiring of Unconditional Love, and of course, we have talked about Unconditional Love many times in the past.

Ultimate Patience Is Only Achieved When Oneness Occurs (January 17, 1989)

There are entities who choose to take on a large percentage of their learning of patience on the earth plane and others who choose to learn a part of the issue of patience on the earth plane. Entities may find that they would rather learn other issues on the earth plane, and to deal with the patience issue in other dimensions. For example, the six who are a part of Waith and Company, they have not perfected their patience, you see. They are learning their patience. They are learning in very specific ways. They may appear to have more patience than some of you feel you would like to have, but this is simply because they have attained a certain level, but they have not perfected it. Even I do not have the level of perfection where patience is concerned, for that would be achieved with The Oneness, you see, ultimate patience.

Patience And The Issue Of Judging Another's Mission Or Path Different From Your Own (January 17, 1989)

Now, we have said to you in the past, it is not for any of you to judge another's mission, or path, or what they do, or where they are in relation to you on the earth plane, for you do not know. It may appear to not have, for example, a great deal of patience. Yet they may be very highly

evolved, and simply have chosen to develop their patience in another dimension and not on the earth plane, you see.

The earth plane is not all there is, folks! © There is a tendency for energies to think that only the earth plane is where evolvement occurs. It is not. It is not. We will begin to, in future times now, show you the other dimensions, so that while we are here to help you on the earth plane to deal with the realities of what has been created for illusion on the earth plane, we also are here to help you understand that this is not all that there is, and this will help you in getting through some of the earth plane difficulties when you realize that there is a much greater perspective here.

How Do You Deal With Feelings Of Impatience? (January 17, 1989)

Now, how do you deal with these feelings of impatience? This is a Universal problem. First, you must understand that you are not by any means alone in the difficulties of dealing with patience, for what begins to occur is that you see a certain level of attainment from within yourself and you look to those around you and you want them to have that same level of attainment, whether it is good for them or not ~ whether it is for their path development or not, you see. And therefore, many times out of the spirit of love, as it is perceived by you at that point in time, you would want others to do and think and be the way you are. And when they do not act and be the way that you are, you are impatient with this.

When an individual appears to be less developed, according to your perception, then you feel impatient. "Why does it take this person so long to do this task when I can do it in a much faster time? There must be something wrong with this person." Or they do not understand what you understand, you become impatient with them. This is a form of conceit. This is an underdeveloped Unconditional Love. You are not to berate yourselves about this, for it is the very rare energy form that finishes its earth plane sojourn having perfected patience, but rather simply to have attained a certain level of understanding as to what patience is all about, and how to conquer it at higher levels.

The earth plane experience then serves as, shall we say, a sounding board for your soul's ability to understand the issue of patience, to try out techniques that it will be able to use when it is in the spirit form, or when it goes into another plane. Remember, there are so many planes of which you do not consciously acknowledge. Your soul knows of them, and you will learn of them. Under the earth's surface, there is another plane of existence. In any event, it is the development of Unconditional Love that will help you in developing your levels of patience. It is not easy, and you will slip, and you will get up again. You will pick yourselves up and dust yourselves off. And then you will slip again, and you will pick yourselves up and dust yourselves off. And you will slip again, etc., etc.

You are not to feel that you have failed. You must not look at it as failure, but rather as a way to increase your awareness. And when you find yourselves being ~ having a sense of impatience with another, to catch yourself and to say, "Why am I doing this? This energy form is trying the best that it can. And I have no right to judge why this energy does what it does." But rather to attempt to support in whatever way you can that energy's attempts at progression along the path.

And if you are able to assist that energy in developing skills, abilities or talents that you have developed at a higher level, or not, but simply able to lend support to any other's individual path, then you will have succeeded, and you will develop your patience with that individual, and it will help you to be calmer. For when you have patience, you begin to develop an inner calmness, for you do not see anything as a threat to your own development, but rather as an enhancement to your growth.

It will become increasingly more difficult for many of you in this issue of patience, for this time now before The Shift of the axis, of course, is an accelerated time of testing, and your souls, many, many of you, have chosen accelerated growth. This means that all of the issues that you chose to take on in this incarnation will have an acceleration to them now. If you thought you were accelerated until now, watch out! For that acceleration has accelerated, you see.

- As of today? ○
- I was two years ahead of my time.
- You started two years ago?
- Yeah.

For many of you the acceleration began at the time of entry. For others it may, in fact, be as of today, dear one. We would take questions now.

Patience Is A Byproduct Of Unconditional Love ~ An Evolutionary Process (January 17, 1989)

Once we establish Unconditional Love of ourselves, do we then automatically love those around us unconditionally or is that something that comes afterwards?

There is a mutuality here. One is not exclusive of the other. As the development of Unconditional Love occurs, patience is a byproduct of this. It is not that you have Unconditional Love, and then you wait a little while, and poof ~ patience occurs! It does not occur in that way. It is an evolutionary process. And that you must, of course, as we have discussed about Unconditional Love, have a love of Self before you can then truly develop Universal Unconditional Love. It does not mean, however, that if you are having difficulties in acceptance of Self that until that is achieved, you cannot begin Unconditional Love toward The Universe. Again, this is simultaneous. One builds on the other. As you develop love for yourself you begin

to project that. And there will be times, of course, that the love for Self is doubted. And those will be periods of testing. It is all relative.

Begin With Self-Love ~ It Is The Core ~ Self Love Spreads Outward (January 17, 1989)

I have been doing affirmations to build Self-love and Self-forgiveness. Is it worthwhile to take the time to build our Self-love, or should we start there?

Self-love is the core, and as you develop Self-love, it spreads outward. As with any development and evolution, there is a core from which everything then spreads. It cannot begin at the end and work back. You have to begin at the core and work out and think of it as a pulsation of energy emanating from the core, where you have development of Self-love, and as you develop a part of this, it spreads itself out. And as you develop more Self-love, you develop the ability to spread further and further away from the core, you see, thus enabling you to have greater patience with others, you see, and eventually complete patience with The Flow of The Universe.

So, I am starting at the right place?

Indeed. Indeed, you are. You must begin with Self and spread out.

A Meditation Technique To Aid In Developing Self-Love (January 17, 1989)

Waith, besides affirmations, is there anything else that we can do, any other exercises perhaps that we can to help us with Self-love?

Yes, indeed. We will give you a particular technique for you in your quiet time that you spend with yourselves, be it meditation, or any other way of centering yourself.

What you can do to help yourselves to strengthen the core of Self-love is to be certain that you are in a quiet space, and take your hands and place them as such over the head (In a pyramid position, fingers pointing downward, thumbs meeting and forming the base) ~ and breathe in deeply as we have shown you so often ~ in through the nose and out through the mouth, and do this for as many times as it takes for you to attain a level of lightness. For some it is one breath ~ in and out. For others, it could be up to ten. It is completely determined by Self.

And once you have achieved this level of lightness that you feel, a sort of lightheadedness, remembering to keep the hands over the head, as such, once this level of lightness is achieved, bring your hands down and have them open so that they face up to accept the

Light, and call upon the Highest of the White Light, and ask the White Light to infuse itself into the palms of your hands. And once you feel the White Light in the palms of your hands, take these two hands as such and bring them over to your heart. And then say, "I send the Light to the Heart Center. Give me the love of Self." And that is all you need to do. And when you are ready, you will know to take the hands away. You will know that the White Light has been infused into the heart.

And do this as many times a day as you need to do in order to feel a development of Self-love. And when you have felt a particular difficulty with the world around you, as attacking your sense of Self, find a quiet spot and do this, and it will help you to keep into perspective the attempts from around you to diminish love of Self. And you will then be able to go back into the world around you with a sense of love, for you will have built your own sense of love, and therefore, you will be able to project it out.

It is the daily chipping away at the Self from others that creates so many of the difficulties. Before you know it, you have lost your sense of Self, and have compromised it to perform up to the expectations of others, rather than to perform the expectations of Soul and Self.

You will be continually tested in this area. This will help you to develop your patience. For when you feel lack of Self-love, you also are impatient. No one does anything right, and you become impatient with yourself, for you feel that you must perform to the expectations of others rather than for yourself, and by centering upon yourself, you will perform to the expectations of Self, and therefore have patience with yourself, and be better able to be patient with others.

The Issues Of Patience Relating To Time Frames (January 17, 1989)

Waith, I have a very complex question. I am working at present on a presentation, and can you just affirm to me or correct me about what I came up with? I want to find a schematic way, how we come from consciousness down to matter, and what I came up with was that consciousness gets into ideas and thoughts. Then those ideas and thoughts, in return, become the energy, and then the energy condenses more to become matter. Is that correct?

It is basically correct.

Where do the feelings come into that?

You are correct in that this is a very complex issue that we would prefer not to address during this particular session, for we do want to address a few more issues relating to the topic for tonight. We feel that this is an issue that we would be most pleased to address in another Public Session, and that when your time allows for you to return, that it would be appropriate that we will, shall we say, clear the agenda for discussion of that particular issue.

Now there is my patience tested because my class starts on February first. © ©

You must understand also that you must not try to impose upon others your schedule. ©

That is right. How do I deal with that? When I want to teach and I am insecure, do I teach it anyway? Do I go to my Higher Self?

You must work through this, indeed, for the answers come from Self. And while we are certainly here to assist in the evolvement of yourself, we are not here to give you the answers of how to do certain things. We will give you supplemental information as we feel it is appropriate for you to have and in the time that it is appropriate for you to have it. This is an issue that, yes, will be addressed by us at an appropriate time. However, it is not in conjunction with your time schedule. And this is for purpose. This is for the purpose of your learning as you recognize to seek the Higher Self and to begin to develop your own ideas so that you develop the confidence and recognizing, as we have indicated to you in the past, that you have a particular mission, and that must unfold from Self, and soon, very soon, we will address that issue. We want to make you work a little.

Waith, isn't time a factor in patience?

Always the subject of time. On the earth plane is the only plane where time is of such importance. It is built into that which is a part of the earth plane experience. Other planes have illusions of time that are a bit different. It is only on the earth plane that such concentration is given to time, and therefore, yes, time as it is illusioned on earth plane does have some impact upon patience, only in the respect of the imposition one places on one's Self to have achieved this degree of patience within a particular time and also by placing constraints upon one's Self. "I must get something done within a period of time, and if I do not, then I lose patience with myself." Or if someone else does not achieve a particular issue behavior, then there is a lacking in patience, for it has not been done on time! And yes, that does for earth plane issues, bring in, shall we say, a level of anxiety that then creates more impatience. It feeds on itself.

Remember that patience is the learning to Flow with The Universe, and that it is a letting go of time constraints as it is illusioned on the earth plane. You will never fully break from this illusion while on the earth plane. You will get ~ you could probably get, you know, this far away and still have this little bit of attachment to time, simply because you are on the earth plane, and it is a part of being on the earth plane. As soon as you are out of the earth plane vibration and into other dimensions, that time illusion is broken.

There Are Many Conditions Other Than Time That Sets Up The Issue Of Impatience (January 17, 1989)

I was trying to picture how someone in your dimension, for example, could be impatient without the factor of time.

Oh! It is quite easy. © © It is quite easy. Time is not the only condition that sets up impatience. For example, as I enter into Mushiba's vibration and have the control, as you will, of the body now, and I enjoy this chair in rocking, the sensation of it, the fact that it moves and does not stay straight would for lesser developed entities create impatience. © However, I simply move this. © (Waith repositions the rocker) Time has nothing to do with it. So, you see, time is only one of the constraints.

Others on the earth plane will feel impatience that has nothing to do with time, will relate to others' behaviors, you see. There are several of you, for example, currently in this vibration who are feeling very impatient with dear Barnabus (The dog). © Recognize that Barnabus simply wants to be with everyone and does not understand that if he simply stays still that he will have a better response. You see, Angel, here (The cat) has understood this basic concept. Barnabus still thinks that he is in a very small encasement.

And so, recognize that all energy forms around you give you opportunity to work on your patience, be it time, patience, behavior, attitudes, any of the emotions can come into play here that would test your patience and give you the opportunity to work on developing greater patience.

There are many, many issues that confront those in spirit to test patience, and you will see on occasion the other six in The Company, perhaps showing a bit of impatience, though they are here to work on this at a very high plane. For there will be, perhaps, questions asked of them where they will feel that there is more important information to be given out. But they learn. This is where we instruct, and so you will see how.

Patience At All Levels ~ All Of Us Are At Some Degree Of Imperfection (January 17, 1989)

We, by no means, will present to you the illusion of perfection. It is part of our purpose to show you that all of us are at some degree of imperfection, and that if we were perfect, we would be back in The Universal Consciousness. We would be merged with the One. And that as you may perceive us in spirit form to be perfect, we certainly are not.

And that others around you may perceive you as being perfect, and you may fall victim to the illusion of their perception of you. This is where the true test comes in. And that you do not fall victim to the illusions of others' perceptions of you. Only the One is perfect. And if you begin to think that you are, you become more imperfect. And there will be many who will perceive you as having achieved the ultimate. "Ah! You have it all together. You understand, you know all that there needs to be known." You may begin to believe this. You must at all times recognize your

own imperfections. And thus, we here in Waith and Company will show you our imperfections so that you can understand that it is simply a matter of degree, you see.

Personal Questions About Patience (January 17, 1989)

Sometimes I feel like I need protection from my children. They are a great test of patience. They will come to me all at once and then I lose my patience.

And you have chosen these particular entities coming through you to test this patience. Yes, indeed. And know that they, too, are here to help you with your patience. You have worked out a deal with them ahead of time. Also, remembering, of course, that they are very highly advanced entities as we have indicated to you. They are on a very, very accelerated path, and they are most anxious to get going with their mission, and they are feeling a bit constrained by the limitations of earth plane and this process called growing up. You are here to help them with this, for you do have a great reservoir of patience and strength. And yes, it will be tried on occasion and this is where you rise to the occasion.

So, there is no shield I can put up around me or anything? ©

Only that which you do normally. And you might perhaps invoke the Self-love technique once an hour ~ on particularly difficult days. ©

Okay. That sounds good.

They will soon have gone beyond this need to test.

Should I have them do that technique with me?

That would be fine.

That would help them?

It would help them. Indeed, it would. And it would help them to understand that they are trying your patience, and that it is all right, that they are not bad as a result of doing this. No one energy should be considered in any way ~ there should be no judgement as to the effect they may have upon you in the trying of your patience. We have, of course, not gone into the entire issue of balancing you might have with another energy form that would also create issues of impatience. We speak in this session initially as a general discussion of patience. We will in future

sessions discuss the balancing issues of why it is more difficult to be patient with one energy than it is with another, as you all know, you see.

It is hard, too, to keep your patience when you are being attacked by another individual. How do you handle that? That happened to me the other day. I, myself was not attacked. Someone had complaints about my husband to me, but I felt being attacked because of the way they were talking about him, and I kind of lost my patience and hung up on the person.

Indeed. That was a very mature ~ ©

I did not feel right afterwards because I allowed it to get to me.

Yes, indeed. Yes. This is simply, again, an issue of development of your own abilities to accept what another is doing, or saying, as what they do or say, and that it has no impact upon your soul's growth in their attitudes in that sort of issue, and that you simply listen to what they say, and can really get to them by saying, "You have every right to your opinion." And if they continue, simply say to them, "Excuse me, but I really am much too busy now and I am going to end this discussion." And if they do not allow you to simply end the discussion in a loving way, you simply say that "I am going to hang the phone up now." And then simply place it down. There is no need to slam it down in the middle of a sentence. © If you tell them ahead of time that you are going to do this, then it is a nice way.

Waith, my issue of patience as far as ~ I feel I have been here a long time. I should be really advanced and be totally aware, but then when I hear people merging into the One soul and then deciding to start and do it all over again ~

Oh, yes. Let us not get back into that subject again. Let's deal with doing it once and then ~ ©

Remember that Amelius, when he was incarnated as Jesus, exhibited signs of impatience, and he did this specifically to teach, to show people when he was in the temple. It is well documented how he lost patience on many other occasions. And this was shown so that we could all understand the difficulties of what is called humanity, you see.

And yes, there is this tendency for those who have chosen a path of development at a very conscious level, those of you who would come here, those who would read the transcripts, would feel that they are not spiritual if they show impatience. And again, part of the mission of Waith and Company is to show you that the development of patience is an issue that takes much, much evolvement and that you are by no means less spiritual because you have shown impatience.

It is the constant vigilance that you would have of yourself to improve upon your patience and to view a situation in which you were impatient and develop from that a way to be more

patient the next time it presents itself, and it surely will. Again, it is degree that we discuss here. And each time a situation is presented to you, you are ever so slightly better. You will feel the growth. And if at a point, you feel you have backslided that is fine as long as you realize that you have done this. And you say to yourself, "I have done this. I forgive myself." For remember, The Universe forgives you, "And I will try once again," that this takes an evolutionary process. You must be patient with yourselves, to learn patience.

My husband was asking me this question not too long ago. He has one man that is an employee who does not want to do any work to speak of. And I think this is Universal with many in the workplace. I had said, well, maybe he's just not an advanced entity and he has this to learn as he goes on in his many incarnations, and someday he will learn to do the work that he's supposed to do. On the other hand, apparently these are our tests. The way you speak, is like it is our tests. It is my test.

Test and lessons and teaching. You will not know sometimes what it actually is, whether it is another entity who may, in fact, be very highly evolved who is presented to you as a test that the Soul has asked for and is, in fact, teaching you. You will not know many times that this entity may be not quite as evolved and may have much to learn in the area of patience. You will never know, for example, if this entity of whom you speak is actually of The Angelic Force who has walked in for a moment, you see.

You must not judge or even begin to determine why a person is as they are, but rather to see every entity as an opportunity to Be of Service, for that is what all energies were developed for, you see, and not only to Be of Service to Another, but also to Be of Service to Self. It is a mutual type of situation and rather than spend the energy to figure out why this person acts as they do, and are they more highly evolved, or are they less highly evolved, or could this person be an Angelic, or could this person be this or that, you could spend all of your time trying to analyze this.

Which you could not do.

Which you could not do, indeed. Rather just view it as how it is impacting upon you and an opportunity to grow in many, many different ways, and keeping the fact of certain earth plane issues, that if a particular employee, as you would say, is not working to the way in which he or she needs to for the purposes of your earth plane existence, then you must take on certain responsibilities in helping that entity to learn their responsibilities. And so, you do not allow a situation to go on and on and on, and be used in an unspiritual way, you see.

Dealing With Ego (January 17, 1989)

I have always attributed impatience and other unpleasant things in ourselves that we deal with, with the ego and some desire to control The Universe, and I am wondering if the ego is an earth plane issue, if as

you move closer to the One, the ego diminishes, it goes away, it is known outside the presence of the true God-self.

Yes.

Do you have to deal with ego? Do others?

Oh, yes, indeed! Ego is dealt with until Oneness occurs.

Is it better to wrestle with it?

Recognize that ego is not something to, as you would say, be wrestled with, for that implies that it is of a negative, and ego is not. Ego is a way in which an energy is able to monitor their growth. And while you may say that a particular energy has a very big ego, there is much more complexity to this than you would be able to really see. But we will discuss ego once again in a more advanced discussion again for another time.

Okay. It is very complicated.

It is very complicated indeed.

Special Topic Session ~ Patience (February 28, 1989)

We are here to talk of the Universal concern that relates to that which you would call patience. It is a subject that cannot be discussed enough, and while we have given you information in the past regarding patience, we approach it with a different perspective now and give you a higher discussion of it than you have had previously, for patience is critical to be developed so that you are all able to gain a greater peace within yourselves as you attempt to understand your purpose, your mission, and how it relates to those around you.

Patience has been discussed by many who have given information through various sources. Indeed, Amelius, when he incarnated as the entity Jesus spent a great amount of effort discussing patience, and yet it is not practiced and developed as strongly as it needs to be, for patience is at the base of the ability to be nonjudgemental and to have Unconditional Love toward those around you. Indeed, you will all be tested on a regular continuous basis for patience. It is one of those issues that will always be open from The Universe for testing, for it is the most difficult, and just when you think you have conquered patience, The Universe will send you a test to elevate your patience test, for there are very high degrees of patience that must be tackled.

Even at this level of The Angelics, we are tested for our patience. No entity is immune from it. It is one of the most favorite of the tests from The Universe, and the Creative One continually will send out higher and higher levels of tests to you. So you must be of the understanding that this is ongoing, and that it is indeed most difficult. For when you feel in control of your level of patience, you will be elevated to the next level, and thus, you will begin once again to have levels of impatience, and thus, it will be on and on and on. When you meet entities and begin to interact with them in your life on the plane, some will try, as you would say, your patience. This is for you to accept as a challenge, and in the understanding that your patience is being tried will enable you to view this from the spiritual context and to help you to not become upset and frustrated.

In your meditations, it becomes more and more important for you to seek the Higher Self and the help from the Higher Self in dealing with patience. For without the patience, there will be judgement, first of Self and secondly of those around you, and then it allows those of the darkness to enter in and seize upon the weakness, and to then accelerate The Cycle of impatience, for this is an area that the darkness thrives upon. And when you begin to feel the effects that come from impatience, you will know that the darkness has begun to spin the wheel, as it might be referred to, of anxiety, of this feeling of hurriedness ~ "Must get it done! Must get it done!"

When you begin to feel this, know that the darkness has begun to spin the wheel. And call upon your guides, call upon those of us who are here to help you, and ask for calmness, ask for that help which will enable you to catch your breath, as you might say. Ask for this, for it cannot be given to you unless you ask, as you all realize. We are here to help you.

Patience at all dimensions is an issue, for the Universal Flow requires the complete acceptance of its being, and when there is complete acceptance of the Universal Flow, the patience follows. Know that you are not alone as energies who struggle with patience. Know that at whatever dimension energies exist, be it the physical plane of Earth or any of its planets, or any of the other dimensions, there is the issue of Universal Flow acceptance. It is not just, as you would say, a problem on the earth plane. It is underlying to all growth. So, all energies, each of you, when you are not on the earth plane and find yourself in other dimensions, be it in spirit or some other type of encasement, have issues of patience. They are just different. You have a perspective that is part of the lessons of the earth plane that are presented to you regarding patience.

Know that in other dimensions there are other perceptions of this issue. This is your reality on the earth plane. Those in The Animal Kingdom, for example, also deal with patience and have their own perceptions of patience, and work like all energy forms toward achieving levels of patience, so that they also move up to a new level, thus accomplishing growth. So too do all of you regularly and continually move up in your levels of patience.

When you view those around you who have what appears to be greater patience than you, look to them only as role models perhaps. Do not feel that you must be as they, and that if you are not as patient as they, that you have somehow fallen short and that you are failing. You must not

compare yourselves with anyone else, ever. You must only compare yourself with yourself, and only to view others as examples of what can be done, but not as the ultimate in perfection, for you know not what other issues they deal with. And they may have developed a higher level of perfection than you perhaps, but they may have other issues that are, shall we say, lesser developed than you, and you may have achieved a higher level of accomplishment in other areas.

You must just simply view others, as we have so often mentioned to you, as other energies on their path, no better than you, you no better than they, simply all on the path, all attempting to learn lessons, and all in some way Being of Service to Others in some degree or another. And if you find that you feel you are of greater service than others might be, look more closely at your own levels of patience and understand that Service to Others is relative and not to be judged by anyone in comparison to their own levels of service. You must be patient. Much easier to talk about. We recognize this, for even my patience can be tried at times, and this is fine, my dearest loves. Remember that even an Archangel's patience is tried. It is in the response to it that counts. You are all, after all, human, at least as you manifest in this physical encasement for a short time. Patience is not unique to this human condition.

Now, we are aware of questions that you would have, and we would like to have them placed onto the record, so those who will read this information will understand that they, too, are not alone in their questioning and their feelings of not understanding completely that which is presented, and, of course, as always, we prefer dialogue rather than a monologue. So let us begin with questions.

Feeling Inharmonious With What The Universe Is Sending (February 28, 1989)

Do any of my decisions, or any of the things that I choose to take on in the course of the day, are they a part of the flow? I am inharmonious at times with what The Universe is sending and that is when I get into trouble with patience.

Indeed. All that comes to you is from The Universe and has been asked for by your soul, and it is in the connection with your Higher Self through your meditations that you begin to understand through this concept that there is nothing that occurs to you that has not been asked for. This is the most difficult for all energies, regardless of dimension, to understand. Even the attacks by the darkness, my dearest ones, are asked for by the Soul, and all that is asked for is meant for growth by the Soul challenge. For the Soul, you understand, has a different perspective than when you incarnate and your personality takes over. It is all part, of course, of the learning that which has been asked for. It is why you choose the earth plane for lessons.

The most difficult aspect of this is the personality giving up to the Soul and saying, "I understand that I have asked for this." What it means is that each energy has complete responsibility for itself. The difficulty is that energies do not want to take that complete responsibility. They do not want

to acknowledge that they have asked for something, for the illusion on the earth plane of difficulties is presented in such a way that many entities would like to blame some other force, for the difficulties that come your way are meant for growth and strengthening of each of you as energies, and not to be used as a scapegoat for inabilities to respond.

When you, in your daily lives, simply accept what is occurring as necessary, it makes the issues much easier. It will not have them go away, for they are necessary, and you must struggle through with many issues, for it is in the struggling through that the growth and the strength occur. You ask for all that comes your way. No one sends it to you.

When there are attacks by the darkness, you must ask for help from us. Your soul has allowed itself to be attacked so that growth will occur, but you are allowed at all times to ask for help. This is why you all have guides. This is why we say to you the importance of meditation cannot be understated. You are not here to do this on your own, all by yourselves. Ask for help. Ask us. Ask your guides. Ask those around you for help. Yes, you are all ultimately responsible for yourselves, but we want to help you. This is our mission at the Angelic Level. We cannot interfere, except under very exceptional conditions, and that permission for interference comes only from Amelius in this particular kingdom.

Conflict Between Personality And Soul ~It Is Critical To Have Dialogue With The Soul (February 28, 1989)

Why is it that so few people seem to understand this concept, Waith?

If this were an easy concept to understand, then we would not be devoting so much time to it, as you would call time. What occurs is that there is a conflict between personality and soul, and this is all part of the experience of being apart from the One, that the merging eventually of personality with soul is, in fact, the One ~ and while there is that separateness, there will be the conflict. The Soul has its connection to The Universal Consciousness. Personality does not have that connection to The Universal Consciousness. This is why it becomes critical that personality have a dialogue with soul, and it occurs, of course, at various levels with the energy form. Some energies have a greater dialogue with soul. Others have a lesser dialogue.

You will find that in your incarnations on the earth plane, depending on what needs to be learned, personality may, in a particular incarnation, have no dialogue whatsoever with soul. This is fine, for particular issues need to be addressed. In other incarnations, there will be tremendous connection between personality and soul. Once again, it becomes an issue of patience, and ultimately of judgement. When you look around you and say, "Why is it that you do not understand this concept? It seems so clear to me. Why is it not clear to you?" This is at the heart of all that we have presented in this session. Do not concern yourselves with why an entity would not understand this concept. It is not to be concerned about, for you would then spend all of your time wondering why people do not understand it.

There Is No Such Thing As Failure ~ It Just Means It Is Necessary To Have Another Test (February 28, 1989)

What happens when you fail all of this?

There is no such thing as failure. There is no such thing as failure! We emphasize this. It is this concept that you have of failure that creates so much of the problem. It simply means that the test that you undertook was not passed. It does not mean you failed. It simply means that it is necessary to have another test. You were not ready.

The Soul will bring continual tests and force itself to have test after test after test. Some of your souls will require and want more testing because it wants a particular level of strength that is different from another soul. None of you fail. In the scheme of The Universe, there is no failure. Even if you are placed onto a Work Planet, it simply means that you need to have some balancing, some readjustment, some time out, so to speak. You have not failed. Even those of the highest darkness are not considered to have failed. They simply are that much further away from the Light than another energy. They, too, have their lessons that their soul has taken on.

A Question About The Challenge Of Disagreement With Others (February 28, 1989)

I like to see a little bit of a challenge. I feel challenge between two souls could be of benefit to both. I feel that is the way I develop myself. So, would you also say if somebody who is with you on a fairly low Soul Level, making statements which maybe are not in harmony with what you think, that you even then should be patient? Or would you rather say that there is a certain challenge or a certain confrontation, at least with arguments preferable to absolute ~ compared to absolute patience?

There is never a reason to argue, as you would call it ~ there is never. It is not acceptable ~ argument. When you argue, it means you are having difficulty with accepting at the personality level the fact that soul has brought to you a particular lesson. You, for example, have a particular way of wanting to deal with the issue of patience, your soul that is different from others. And your challenges are unique to your own soul, and this goes for all. Know that whoever comes to you, be they at whatever Soul Level, has been brought in by soul. Soul has asked The Universe to provide the opportunity. Recognize it as such. Do not argue with it. Arguing accomplishes nothing.

Arguing is maybe a little bit too strong a word, rather discussing things which could lead to certain disagreements on facts and points.

Indeed. It is perfectly fine to disagree, for this is part of what occurs. There will not be complete agreement until the energy has become united with the One. There is disagreement here at the

Angelic Level when we have an Archangel meeting, for example.

We have disagreements about the way we run our Kingdoms. We all have our styles, all energies. Remember that personality is a part of the energy ~ personality and soul. Disagreement is healthy for the growth and the strengthening of the Soul. It is when you force or try to impose your style upon others that the difficulties occur. Simply accept the fact that there is disagreement and that it is necessary, for even among the most harmonious, there will be disagreements.

That helps personality to look at the world around, for when you find yourself disagreeing with an entity who you feel good about, who you respect, it is your soul presenting the opportunity for you to, shall we say, rethink your attitudes, that perhaps someone with whom you disagree has a point, and it would say to you, "Why do we disagree, I wonder. Perhaps I should pay attention to the perspective of this particular individual and not be so pigheaded."

Yes, but what does that lead to? That leads to communication and understanding.

That is correct.

Feeling Impatience And The Issue Of Fear (February 28, 1989)

I notice with myself that each time when I am impatient, when I really look at the issue, that what I really feel is fear. I feel threatened. And when I look at why I am not able to wait, or accept others, that that is something that I feel threatened by on a personality level.

Indeed. There is the feeling that someone outside of yourself could destroy you, you see, and this simply is not possible. Remember all, dearest ones, that you are all energy forms, and energy cannot be destroyed. Personality may take a beating, but soul, the energy, the essence of who you are, will never be destroyed regardless of the attacks from the darkness. It is all energy.

What One Has Patience For, Another May Not ~ Each Energy Has Different Issues (February 28, 1989)

Waith, I am tested mostly in raising the children. It seems to be my biggest test.

That is a fun one. isn't it?

It is a challenge. But I find when other problems come, financial or other things, I just throw it out to The Universe, and not worry about it. But by doing that, am I not taking care of the problem? Am I running away from it by doing that?

No, indeed. One does not run away when one gives to The Universe the problem. You must realize that all is illusion. All is illusion, and there will be those incarnated who will attempt to impose the illusion of irresponsibility upon an entity who would say, "I will not worry about this. I will give it to The Universe." There would be those, and there are many, because of their levels of understanding, who would say, "You do not take responsibility. You must do something about this." If you have, shall we say, money issues, it is far more complex than simply getting the money to pay for something. Giving it to The Universe, then, allows you to flow with the issue of why your soul has brought on that particular challenge.

Does that help to strengthen my soul with the trust that I have in The Universe?

Always. For you, this particular area is not a difficult one, and your levels of patience are tested in other ways, as you have recognized, and not in that particular way. For other entities, levels of patience would be tested in ways that others would have no difficulty with. What one has patience for, another may not.

Ways In Which The Levels Of Patience Are Tested (February 28, 1989)

I have two daughters. One is disabled, and we have a great deal of patience with her personality. The other daughter struggles with that. She babysits a lot, and says, "I do not have any patience with her." What can we do to help her work on this?

Remember that many of you serve as examples to those around you of the lessons in patience that a particular energy has taken on. For example, in this situation that you describe, dearest, it has been acknowledged by this entity that she does not have the patience. This is the sign of personality and soul in harmony recognizing that it needs to be worked upon. She chose specifically to come in with all of you and to be in the environment. Soul brought her to where she is. The scenario was set up before all of you entered, understanding what needed to be worked upon. In this particular case, there is conscious awareness of it. In some situations, there may not be the conscious awareness, only at Soul Level, but because of particular missions that you all have taken on that relate to the community and to the upcoming shift, there is a very high degree of conscious awareness of lessons. That which you do is what you do. Continue as you do, for we could offer no suggestions for improvement.

Comments On A Member's Plight With Job Hunting, And Their Issue With Patience (March 07, 1989)

Waith, you told me that this period of not being employed in a full-time position, I was trying to redefine my spiritual mission. Does it have anything to do with being in a position where I would Be of Service to Others?

You need me to answer that question? © ©

Not really. I just want you to confirm it.

Indeed, my dearest.

Am I close to getting one, because I ~

Oh. You are working on an issue of patience in this lifetime.

Yeah, I know that!

Very strongly.

I know. Every time I stop at a red light or come out of my driveway, ten cars come by, and I have to laugh because I know somebody is doing something.

That is correct, and you will, in your discussions with others, hear that for the most part they never have red lights, as they are called.

That is true.

Nor do they need to wait, for they have given to The Universe the lesson. This is one for you and also one for many, many others. It is a common one. Your mission is unfolding now. Your path is clearing its way. You will know as it is appropriate, and as you begin to open yourself to your own Higher Self through your meditations, you will know the answers. They will be given to you. We will confirm that that which you have heard in your meditations are correct.

Topic ~ The Issue Of Patience, As It Relates To An Energy (Not Necessarily On The Earth Plane) (July 02, 1991)

Many of you, we understand, are in great anticipation of our topic for this session of patience, and you find it coincidental that we discuss it at this particular point in your journey. Yes, it is coincidental, is it not, my loved ones? We will address to this issue of patience as it relates to an energy not necessarily on the earth plane encased as you find yourselves, but this particular discussion of patience ~ there will be many more, of course, and there have been prior to this ~ will be, shall we say, a different approach to the way patience has been presented on the plane.

So often, you know, that energies on the plane think that the only place they have to learn lessons is on the earth plane. And yes, it is certainly, as we have said, an accelerated training ground in the scheme of things. However, it is not the only training ground, and patience is one of the Universal lessons that must be taken on when an energy moves out of The Universal Consciousness, and it is not limited in its learning to the earth plane. Therefore, it does not mean that if you are in spirit that you have no issues where patience is concerned.

Patience And Unconditional Love Are Two Of The Required Lessons One Must Learn (July 02, 1991)

Some of you have seen my patience tested, and it is indeed an issue of continual presentation until return to The One. Once there is return to The Universal Consciousness it is not an issue. Until that time, it is, no matter where you are in your path, and no matter what training ground you find yourself, and no matter what type of encasement you find yourself in. Patience is one of the underpinnings of Universal lessons. It is one that must be worked through. This is different from other issues that can be chosen to be worked on. Patience, as is Unconditional Love, are two of several that are required.

Now. When you come onto the plane, you have certain ways in which you work on patience. However, they relate most dramatically to your Soul, and when your energy finds itself in spirit form. That manifests, then, when you come onto the plane and when you go onto other planets and other training grounds that may not be obvious at this time.

All Energies Work With The Head Of Their Kingdom On Issues Of Patience, In A Percentage Of One Hundred As A Total Energy (July 02, 1991)

Now. Patience, then, at spirit ~ most interesting issue, for you find yourselves working very closely with Amelius. This is one of the issues in which, in spirit form, all energies work very closely with the head of their particular kingdom, and in this case, we speak of Amelius as head of this kingdom. Now. He manifests as a male energy in this particular situation and holds what you might call schools on patience, and you have as an energy to learn patience in a percentage of one hundred as a total energy. Now, depending upon the lead energy from which you each find yourself a part of, will then determine what percentage of patience will be allocated to your particular energy.

Now. Some of you may find yourselves allocated point five percent (.5%), or point three (.3%) or infinitesimal, point zero-zero, infinite. Others may find themselves given a rather large percentage. This is important for an understanding of why it appears that some entities have a higher level or a greater degree of patience than other energies. Some have not had a large percentage allocated to them. Others have a very large percentage allocated to them. It is a mutual agreement. It is not something imposed upon you as an energy. Some energies may have

only such a small percentage that it appears to be nothing, but it matters not, for whatever the percentage, it is a very difficult issue to work through regardless of the percentage, and to each energy their percentage indeed seems to be difficult and all-encompassing, regardless of whether you have five percent (5%) or point zero-zero-zero, and on and on.

Now. Amelius works directly, then, with you when you are in spirit, with each of us, and has lessons that he works through and gives you guidance according to the percentages that you have taken on. Now, it is not important that you try in your meditations to learn what your percentage is. We know many of you as energies ~ and understand that after hearing this information now, you would run to your abode and go into meditation and put the pressure on yourself to learn what that percentage is. It does not matter, my loves.

Some of you may have an insight into it and that does not matter in any significant way. What matters is that you come to an understanding at spirit with your soul as to the degree of what you work on with patience, and that it is not something at earth plane that you must be obsessed with, as many of you are. Rather, you must have a greater connection through your meditations with the Higher Self and its connection with the Soul and therefore, its relationship to patience on the plane.

Now. What this means in earth plane language is that there are many of you now on the plane who are not taking on patience as part of what you must work on in this incarnation. And others of you have taken it on. And when you are not working on it on the earth plane, your soul, be in spirit, is working on patience. There is never a time, if you would measure it that way, that your energy in some dimension is not working on patience.

Now, in order to understand this, you must understand that all energy, when it comes onto the plane, only comes on with a certain percentage of its own energy. So, each of you, let us say we were to use ~ you are one hundred percent as an energy. Generally speaking, only about five to ten percent of your total energy manifests in the encasement on the plane. The remaining part of your energy stays in another dimension. This is a protective device, as well as a way in which the total energy works simultaneously within itself to gain a closeness to The Universal Consciousness once again. So, thus, it means that at spirit, if you are not working on patience on the earth plane, you are working on it in spirit, and this means, then, that you are working on it in relation to other entities who are in spirit who are also incarnated on the earth plane.

This is an element of importance, for you would not be working at spirit on patience while incarnated on the plane with an energy that was also not currently incarnated on the plane. This is important to understand, for when you find yourself on the plane interacting with others, and this is where the fun begins, you may find that on the plane you have met up with an entity who is strongly working on patience and you are not, you are working on it in spirit.

And thus, is this phrase you so often hear on the plane that, "This person tries my patience." For you understand that while we might present this in a humorous way, it has a very definite spirit

underpinning, a Universal application, and once again, then, you are faced with this issue of not judging when you meet an entity and thinking that that entity is so very patient and ~ or not patient ~ and rather, to understand that all energy is faced with the learning of patience regardless, and it is not an issue that is learned on the plane and then simply discarded. For until the moment of reunion with The Universal Consciousness, all energy is faced with varying tests in patience.

Now. The important aspect for you each now in your meditations is to gain an understanding of where you are as an energy in your lessons of patience, to gain an understanding of whether you are, in this particular incarnation, working on patience or whether you are concentrating on it at spirit. This, then, gives you an understanding of your soul's commitment on the earth plane to patience, and to understand that patience is a neverending lesson, and that those of us at this level have had occasions when our patience has been what we would consider less than it should be, and also to let that serve as an example to you that it can happen at any point in the path, that you would perhaps not be as patient as you would want to be.

Now. The lesson of patience comes from the fact of separation from The Universal Consciousness, and it represents the Soul's longing to return to The One, and it represents the Soul's longing to become One with all energy, for there is the Soul consciousness that connects to The Universal Consciousness that remembers the joy of Oneness. And therefore, as you would see it on the plane, when you meet with another entity who you judge not to be working diligently on their path and therefore, they are hindering the total return to The Universal Consciousness, this is where patience manifests itself and this lack of patience presents itself, for there is the Soul's desire to save, you see, other entities from themselves.

This is a Universal concern, not just on the plane, and it relates to the total energy wanting to return and to help in any way that they can, those who might find the journey either difficult, or they are taking their time, not feeling any particular rush to return. And thus, you will find yourself, if you are in a hurry to return, greatly hindered in your patience level by an entity who does not have that same degree of acceleration to return. This is what gets in the way of patience. And then, of course, as with all Universal precepts, it relates to judgement and it relates to love and it creates judgement and it prevents Unconditional Love. And this is what at spirit, then, you may choose to work on patience rather than working on it while on the plane.

Technique ~ If You Determine You Are Working On Patience At Spirit While Incarnated (July 02, 1991)

Now, if you as an energy, in your meditations, determine that you are working on patience at spirit while incarnated, there is a particular technique that we would give to you to give you a greater degree of understanding as you go about your earth plane incarnation, and that is, in your meditations, to take the protective White Light, and as you call upon the very Highest of the White Light, you would envision yourself standing in the midst of other bouncing balls of energy, other energy forms like yourself, and as you find yourself protected by the White Light

and surrounded by other bright balls of energy, you then envision, simply, as an earth plane reference, the word PATIENCE. And it becomes a part of this envisioning that you have, and this word PATIENCE then is covered in White Light and it begins to intermingle with the other bright balls of White Light.

And you call then upon your guides to aid you in working with the energies who also work on patience at spirit, for these are special lessons that you take on. So, you have now connected with other energies working on patience at spirit while incarnated on the plane, and not working on patience on the plane. This gives you, then, at spirit a very strong connection that, if then brought in through the meditative state into the conscious state in your day-to-day activities, will give you a far greater understanding and a greater sense of peace when meeting up with others who may have very strong issues of patience that they work on while on the plane.

Now. As we have so often indicated, you must be very careful, my loved ones, that if you determine that you are working on patience at spirit, and not in this particular lifetime working on it, that you do not flaunt this. You would not go to an energy and say to them, "I am able to know that I work on patience at spirit, and you work on patience at earth plane." Just because you work on it at spirit does not mean that it is any easier. It does not mean that you are any better. It simply means that you have chosen to do it this way in this particular combination of expression of your energy.

Now. What questions might you have?

Would You Please Define Patience? (July 02, 1991)

We have given definition to patience in other sessions. However, we would elaborate upon it, to indicate that patience is actually an expression of Unconditional Love and that there is total acceptance of The Flow of The Universe, and that there is an ability, therefore, to understand that return to The Universal Consciousness will occur and that all happens as it needs to according to The Flow of The Universe. That is patience.

How Do You Learn To Have More Patience With Yourself? (July 02, 1991)

Ah, yes, my love. That is such a difficult issue that so many on the plane have, and it is something that is learned throughout the journey, not only on the plane, but the journey back to The Oneness, for even if not on the plane and concretely working on the issue of patience with Self, you do this in spirit, and it requires taking the risk of interacting with other energies and seeing the way in which they respond to issues that present themselves with patience, and then working on it yourself. Having patience with yourself is in the same arena as loving Self, and as you begin to love Self unconditionally and to forgive Self, then patience becomes a natural byproduct of

that Self Love. And thus, they work together, as we have just indicated, that they work in harmony with love, Unconditional Love, and they work in harmony with patience, that we have indicated.

Now. How do you specifically work on this? There is a technique in your meditations that you can utilize to help you gain in patience for Self that takes time to develop and, of course, is not something that occurs instantly. Patience is an ongoing long term, as we said, Universal quest that goes right up to return to The One. And often, the test of patience comes in being patient about learning patience. A most difficult issue.

A Technique To Use In Your Meditations For Self Patience (July 02, 1991)

However, the technique that you would utilize in your meditations for Self patience would be, first, of course, to call upon the Highest of the White Light for protection, and then to visualize yourself feeling very calm and feeling the color pink as a symbol of love on the plane, and to envision yourself surrounded by pulsating Pink Light and feeling a sense of love of Self, and simply imagining this and letting it fill your entire encasement. This will help you to calm yourself when you feel this lack of patience with Self, and also to help you to understand that it is all right to feel lack of patience with Self, for it is in the feeling of lack of patience that patience evolves. You are not to reprimand yourself, but rather, simply to forgive yourself if you have behaved in a manner that showed less patience than you would want, you see.

Question ~ Working On Patience At Earth Plane Or Spirit ~ It Seems Like It Would Follow You (July 02, 1991)

Ah, my love, but it does. Understand, and perhaps this ~ it has not been fully comprehended, that only a very small portion of your total energy incarnates on the plane, and therefore, your total energy is always working on patience. And thus, if, let us say, five percent of your total energy has encased itself on the plane, and you have decided that that particular five percent will not work on patience, the other ninety five percent will be, you see. And thus, it is always with you. It never leaves the energy form.

Do We Also Have Our Lead Energy Guiding Us With It? (July 02, 1991)

Oh, most definitely. Your lead energy, as part of the responsibility of that, works directly with Amelius in these schools that we had discussed, thus, taking whatever percentages have been allocated to each of the energies and working in that way, for there are certain issues that, if you have, let us say, one percent allocated to you versus point zero-zero one, the issues are different, and therefore the lead energy and Amelius work with you. This is true also of the issues of Unconditional Love and judgement, you see.

Isn't It Better To Just Say Something To Someone Rather Than Trying To Be Patient? (July 02, 1991)

Sometimes when you try to have patience with people's meanness or ignorance, and you do not say anything, sometimes you get angry when you think about it, and instead it turns to anger and you could turn the anger on yourself for being ~ for not saying something. So, isn't it better to say something than to try to be patient?

It is the way of evolution for the energy to understand that what you call meanness in another entity has nothing to do with you, but rather, are issues that that particular energy works on. However, it becomes much more complex, for when meanness in another energy comes into your vibration, depending on where you are as an energy in working through your own issues will determine the way in which you interact with this particular energy.

You see, the ideal is that there would not be a response to the meanness, nor would you feel any guilt at not responding, for you would know that this is simply an issue that the energy works on, and that you would send Unconditional Love and provide White Light to the energy for use as needed. However, that is, of course, the ideal and not always the real that is occurring on the plane. And it becomes, then, simply a working through of the issue that you have in dealing with the issues that others have, you see, and this is the way of the plane.

You must, again, at the end of each day, through your meditations, look back at the behavior you have exhibited, and the attitudes that you have presented, and the way in which you have interacted with others, and to look at it not in a negative but in a positive way, to say, "What have I done now that I can improve upon?" And if you have done something that you determine needs to be improved upon, this is not negative, it is simply saying, "I could have done better, and I forgive myself for not behaving in the way that I thought was best, but now I will know that I should behave in a different way if a similar situation, or even the same situation, presents itself."

It is an ongoing, continuous working through, and this is why you all find yourself on the plane. It is not to be thought of as making you inadequate by any means, but rather, that if you recognize a change in your own attitudes and behavior, must be, then you have grown just in the recognition of the change, not to mention the change itself and the growth that brings.

Do We Sometimes Set Up Scenarios Ourselves To Test Our Own Patience? (July 02, 1991)

Oh, my love, that is the way it is. Yes.

Is that what happened today?

Indeed. Understand that nothing external is in control here. You, as an energy, say to The Universe, "All right. I am ready now to be tested, and I will trust you, Universe, to present," ~ given all of the information that The Universe has on your particular incarnation ~ "to give me a situation of concreteness that will test my patience, will test my Unconditional Love, will test my fortitude," will test any, any issue, you see. And thus, it is not tested of you until you have asked for the test. Then it becomes a matter of your own meditations to determine how you did on the test.

Are two people called for the same test?

Oh, yes, indeed. There is, you know, Group Balancing as well as entities who are either soul mates or twin flames who work in harmony to get through certain tests. They would say to The Universe that for the sake of the lesson and other aspects that they would want the same scenario presented. And there are also certain, shall we say, tests that you as an energy can pick from, that The Universe provides. You see, it is much like going into The Menu Book when you come onto the plane, and for each issue there could be this test, and this test, and this test, and then there is OTHER. © For some, OTHER is the fun one. Yes. Now. (The wind blows a candle which is sitting on a window sill, and the flame shoots out)

You were going to have a fire there ~ if we did not do that.

Diligence is another of the tests on the plane, attention to particular types of details. We will have other times of discussion for patience, and we will also have a public discussion for questions for issues that have been discussed. We would give to you now topics that we will present.

The Level Of Patience In One's Self, And Others (September 06, 1994)

You have said that patience is a necessary lesson on this earth plane for us to learn because it is tied up with the Soul's yearning to return to The One. Now, when does patience turn into something foolish, or perhaps an unwillingness on the part of someone to take more positive action to resolve an issue?

Ah, what you present as a question is considered a dilemma of sorts by many entities, for the development of patience among entities has different levels. What might appear to be a lack of action by you, for example, looking at another who you would say, "That person has gone beyond being patient and is simply not responding," is a judgement that would be made. And it is not for any of you to be concerned about the level of patience that another might have, and rather, to work upon your own levels of patience. And patience is something that is always worked toward having.

One never develops one hundred percent patience on the earth plane. You may appear to have high levels of patience, compared to others on the plane. To become one hundred percent patient is achieved only at the point of entry back into The Universal Consciousness, as is one hundred percent understanding of everything. Once you understand everything one hundred percent, there is no reason to be outside of The One. Again, you go back in.

Now, you must be, all of you, very careful in the way that you would view another's response to situations. And the issue of patience is one of Self. The more one is patient with one's own Self, the easier it is then to work among all the other levels of patience on the earth plane. There is nothing foolish about anyone's behavior. Any behavior that is exhibited by an entity is appropriate to that entity and is appropriate to the level of understanding that they have of Self and how Self fits into the greater Universal scheme of life.

The more one is able to accept the behavior of others, it is generally accepted then that one has a high level of patience. THINGS, as you call them, do not bother you, for you view them at earth plane as perhaps little mosquitoes coming at you and wanting to irritate. And you simply brush them aside. You simply say, "Go away. You are an irritant." And that the patience that one develops within Self then enables Self to become calmer with the world around and to understand ~ and once again, it is necessary to understand before one can believe ~ your own levels of acceptance of Self and then project that level of acceptance of Self to those around you. And it naturally follows that one becomes more patient.

Levels of patience vary considerably. Even the level of patience within an entity can vary. Some entities have high levels of understanding and yet there can be a trigger that occurs on the earth plane scenario, that concreteness that comes in and says, "Zing! I am testing you for patience."

I was not thinking so much in terms of somebody else or an objective. I am thinking in terms of one's Self. How much patience should one exert to resolve a situation?

As much as you have, my son. That is as much as you can exert. You cannot exert what you do not have. Whatever level of patience you have, whatever level of understanding you have, is all that you are capable of exerting. And the purpose of exerting all that you possibly can is to then grab onto more, for in the flow of increased awareness comes increased awareness. It is a neverending process. It does not stop suddenly and say, "Ah! I have learned all that I have to learn." This is simply not what occurs. And thus, you simply respond in the way that feels appropriate to you rather than to try to anticipate what another may be thinking as your level of patience. "Does that person think that I am not patient enough?" Or, "Does that person think that I am too patient?" Who cares? It is not for another's concern, nor is it for you to be concerned about another's level of patience, "You should be more patient." The entity is being as patient as it is capable of being at that moment in time ~ no more, no less. No judgements about it.