# Waith Class Transcripts, Excerpts JUDGEMENT

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Waith's Words, and the Spirit Group's Words, appear in this font style (If a Spirit Group Member speaks, they will be identified)

Class Member Questions/Comments appear in this font style (Multiple responses from the class are preceded with this symbol  $\circ$ )

### Judgement And Spiritual Growth (October 29, 1987)

A question about my spiritual growth. I am sometimes afraid that the relationship that I am in, on one level, holds me back in my development, and I am afraid I am with the wrong man. According to being so attached to the earth things, I am very clear now how we bind ourselves to the earth, and I have become very critical of how others bind themselves.

Yes, you must be very careful. All of you must be very careful. This is part of the lessons to be learned, because as you become more aware of those things that bind to the earth plane, the tendency is to become even more judgemental rather than less judgemental, and it is an entrapment that many fall into who think they are advancing spiritually and become very arrogant about it and look down at those whom they feel are not advancing.

You must never judge, for you know not where anyone is on their path. And while it might appear that they are bound to the earth, for example, those who are addicted to alcohol or other addictive substances to the earth plane body, may in fact, for all you know, be very highly advanced, except that they have one particular issue that they need to learn, and they have chosen specifically to come onto the earth plane to learn that, and that you have no right to judge anyone. You simply look at each energy, each soul that you meet, as someone just like yourself who is attempting to progress along the path toward Oneness, and that you are here to progress yourself and to be of service to others and help them to progress also at whatever level they need, not for you to determine ~ to be determined by that individual. It is very easy to fall into this attitude of superiority, and that in itself is a lesson for you.

Waith, can we replace these negative feelings with love?

Of course. What you need to do ~ the reason that I emphasize so much connection with the Higher Self is that connection with the Higher Self connects you with Unconditional Love, for all of that knowledge of Unconditional Love is available to you.

We must Unconditionally Love and accept ourselves.

Yes. That is correct.

#### A difficult thing.

You must say and acknowledge that you are a part of The Creative Force, and that you are therefore beautiful, and you are a loving being, and that no matter what adversity you encounter in this earth plane life, it is presented to you for a purpose. And no matter what you might do that you might think would be a mistake, or something that is wrong, there is nothing wrong if you take from that and learn and that it helps to advance your soul.

It is when you do something that you know is wrong and you continue to do it that it is truly wrong and that you truly do not advance. If you know that you are doing something that goes against your Soul's mission and continue to do it, then it is wrong. And so, it is critical that you understand how to communicate with your Higher Self and look to that source as that which will help you with Unconditional Love. It is the most difficult of all, Unconditional Love.

#### For those that are not of the Light, is there that potential in everyone to become of the Light?

Oh, of course. When I speak of all of you as being varying illuminated energies, it means that even those who we would call of the darkness have light underneath that darkness. It is just that they have strayed so far from the path. They have gone so far away from The One that they are dark. You see, the closer that you get to the source, the brighter you become. So, the connection remains for those who are of the darkness or of a lower illumination, they are as connected as those who are lighter. It is just that they have not learned certain lessons and in fact are negative in their vibration. It becomes the responsibility of all energies to send as much of their own light to those of lesser illumination to help bring them into the light.

### Judgement For Another's Source Of Information, The Spectrum of Light and Dark (December 17, 1987)

I become frustrated when I see people of the Light becoming divided on these issues, and it is very frustrating to see people separating into small groups and saying this is, or is not, of the Light, because they believe or disbelieve this one point. And this is what is frustrating to me.

Yes. And this will continue in an accelerated fashion, my dear, as we approach the time of catastrophe. This is all a learning situation, because there are groups who believe that what they believe is the truth, and the reason that there is so much what appears to be confusion is that there is only one truth, though ~

#### Lots of illusions.

There are indeed lots of illusions. And it is a lesson to be given to all that what they might believe is not necessarily what another believes, and it is a lesson in judgement. There is total judgement on the earth plane, and this is part of the condition that has been set up on the earth plane. It is one of the reasons that energies embody on the earth plane, to learn about judgement and to become eventually nonjudgemental. And thus, you will see many divided because they are learning their lessons on judgement. They may not learn them in this lifetime, and in fact, probably will not. It is an area of many lifetimes to learn to become nonjudgemental.

Is the Reverend Moon among those who have the truth? That name was brought up to me recently, as I had told Mushiba. It troubles me. If it is just another difference, I can learn to accept that perhaps. However, if it is something bad, I would like to know that.

Know that this energy to whom you refer is one of those many energies on the earth plane now, and in the past, who have had their version of the truth. And know that the judgements of what you might call good and bad are what you have to come to conclusions about. You decide what is right for you, and you will know. Part of the lessons to be learned is that each soul must accept its own truth and then it becomes the Universal Truth.

### Perceptions Of Light And Dark (February 23, 1988)

Do you have any comment on what is going on in the Jimmy Swaggart case?

There are lessons being learned here all around in this situation. We will not address them at this point, for you must come to some conclusions yourself. Know that not all is dark. What might appear to be dark is not necessarily dark. There is tremendous learning occurring as a result of this. Many times, entities take on an incarnation that might appear to be dark, but in effect have come in very specifically to teach something to large masses of people. It is why it is not so easy to distinguish between the Light and the dark. And again, this issue of Light and dark will be addressed in greater detail for it is your perceptions and your own level of brightness that determines what is dark to you. What is dark to you may not be dark to someone else.

### Do Not Be Judgemental About Another's Beliefs Of Their Own Monetary Issues (March 08, 1988)

My own personal belief for the days to come are a very conservative approach. I feel that any debts should be paid off and that you should be saving for whatever is to come, and that is the philosophy that I am trying to follow at this time, not expanding or borrowing or acquiring more property.

And that is good for your belief system and for what it is you need to learn and to teach. What I caution all of you on is being judgemental of those around you who may take a different view or behave in a different manner. Do you understand what I say to you? There will be some who will be what might appear to be reckless. You must not judge them or cast aspersions upon them. You must not also do the same for those who might hold onto money or possessions. Remember that all of you are at very different levels in your path toward Oneness. You all have very different things to learn as well as to teach, and your missions vary quite a bit for your time in this incarnation, so you must go with what you feel your Higher Self tells you, for that is all that is truth for you, for it is your Higher Self telling you what it is you must do. Do not be influenced by someone else's behavior or their attempts to tell you what to do. This is a Universal Truth and one that has been passed into all of the earth plane records over the eons.

### Food and Spiritual Vibration ~ Issues of Judgement (May 19, 1988)

Is it true that certain foods, besides affecting us physically, can cause spiritual advancement or spiritual regression depending upon the food and how it is prepared?

This is a very complex issue, and one that does need an elaboration upon it. There is a tremendous misconception on the earth plane level as to what food is all about, its purpose, its objectives, its effects. There is not a blanket answer to be given, for depending upon your own evolvement, your own spiritual awareness, your own debts that need to be balanced out or not, relate to the effect food will have upon your spiritual advancement or your spiritual regression.

So, for example, when we look at the issue of eating meat ~ for some souls who have already reached a level in other lifetimes where eating meat was taken care of and they did not eat it any longer, they come into this lifetime and begin to eat it, they regress. For others, this is not the case, for they have not reached that level of elimination of earth plane constraints, so that while for one entity the eating of a certain food may in fact regress them, for another it may not regress. It may do nothing.

The elimination of certain types of food can increase the spiritual vibration. The types of food that an entity consumes has a direct relationship to their soul's path and where they are in terms of their spiritual evolvement, but it is also something that cannot be taken out of context, shall we say, in a particular lifetime. So, for example, you cannot look at the eating patterns of a particular entity and say that you know where they are, because it is taken out of context for the entire soul's life path, and it may be that a particular issue needs to be resolved in this lifetime involving food, or not. And so, be careful of falling into the trap of saying, "This person does not eat or drink these particular food items. Therefore, that person must be highly advanced, or this person consumes all of this food, and therefore must not be." Be very careful of this. Do not make judgements for you do not know the entire picture.

You need, however, to be in contact with your own eating patterns, each of you individually, and how it does relate to the progression of your path. And you will, in fact, learn this through your meditations and being in touch with your body and how your body reacts physically to the consumption of certain items of food, and you must do what you feel is best for your body, not what you see someone else doing.

This is very dangerous if you try to imitate the eating patterns of someone else, for they relate to the life path of that other entity. It goes back to the issue of Self and not comparing yourself with others, but rather looking at yourself and how you compare with yourself, and how you progress. It does require attention, though, to your own body. This is part of the lesson of coming onto the earth plane, is the ability to listen to your body. It is designed, the lessons on

the earth plane, for this very specific purpose, listening to what the physical encasement gives to you for messages and learning what to do about what it is telling you.

#### My body likes hot fudge sundaes. ©

During a particular lifetime in which I was incarnated on the earth plane with Mushiba, there was a particular food that I developed a great love for, and it was the strawberry, and during this particular manifestation Mushiba made what is called strawberry ice cream. And while I am certainly not able to relish in it at this level, get the sensation of the strawberry ice cream, I do on occasion hound her, shall we say, to ingest strawberry ice cream. © For what it does, actually, is give us a vibrational connection to that particular lifetime, and it is a way of my being able to hold onto my Mushiba, you might say, vibrationally, so we know the loves that the body takes on, and it is fine. I would suggest that upon leaving this session that you go and get one of these hot fudge sundaes. ©

### Being Nonjudgmental Toward Others Who Have Behaviors You Don't Agree With (June 14, 1988)

I have a question about not being judgmental in relationships not of my choice where I must deal with someone who has behaviors I don't approve of. I have a hard time with how to behave, how to act, without feeling that I am being hypocritical, and yet trying hard to be accepting and nonjudgemental. And I find myself conflicted about that, and I just wondered if maybe others have this similar problem, and if you have an idea how I might handle that.

This is probably the most common conflict that energy forms have and it is not limited, by the way, to the earth plane. It is a neverending conflict that you finally begin to resolve as you grow in spirituality and have the awareness of what Unconditional Love is all about. The achieving of that highest state is the goal, is the objective. It is what all vibrations are ultimately aiming for.

So, first of all, if you do not feel you are not achieving it in this particular manifestation, do not feel that you have failed, for if you had achieved the ultimate state, you would be One with The Creator. You would not even be on the earth plane. And so, know that it is progression toward the achievement of the ultimate state of Unconditional Love.

Now, how do you go about working on this? Not an easy task. It is very easy to place this in intellectual discussions and far more difficult to practice it, for what begins to occur is, for those energies who you have a likeness for, who you have complimentary energies, it is much easier to love them without conditions, and that is all part of growing toward the path. You have in some way achieved a balance with a particular energy, whether it was achieved in this lifetime or from another, and that took time to achieve, and you have an attitude toward a particular person where it is easy to love them.

On the other hand, as Unconditional Love has to be tested, the concept has to be tested, you are, each of you, confronted with, brought head-to-head with, energies who you are not feeling complimentary toward, and the ultimate ability to face an individual who you find not complimentary to your own energies and able to say, "This is an energy form of whom I am a part. Regardless of what this person does, they are following their own path. I have no right to transgress upon that path. I have no right to, shall we say, speculate on why a person does what they do. My only response to a person would be, they are part of me and I of them, ultimately, and therefore, I love you."

You do not have to like someone. This is not a new concept being presented to you, but Unconditional Love means recognizing the God within everyone and recognizing your own connections, and that whatever you criticize in someone else, you are in fact criticizing in yourself.

Isn't that just like looking in a mirror? And one of the reasons you recognize it, is it is one of the things you hate about yourself?

That is correct. And so, the more that you are able to look at another energy without conditions attached, the greater your abilities for spiritual growth, and it is a neverending path, especially on the earth plane. It takes on a different caliber of learning at other dimensions. As we say so often, the earth plane is a very specific dimension for acceleration of growth, and therefore there is a bombardment of tests and lessons, and in fact, you should view anyone who comes into your life as a challenge to practice Unconditional Love. It may be difficult. In fact, we know it is. And do not feel that you fail if in fact you do judge others. The Creator knows this as being part of the learning.

The difficulties arise when you judge others and feel this is your right. The growth occurs when you perhaps have judged someone and then feel guilty about it afterwards. But really it means that when you have exhibited a certain behavior, and you have recognized that that was not correct behavior, and you seek to change it, and if you change it ever so much, ever so slightly, so that each time it is presented to you, you have lessened your critical attitude and your judgemental attitudes ever so slightly, then you have progressed.

# Not Forcing Your Knowledge On Others (June 14, 1988)

Remember that you have no rights upon any other energy form, no rights at all. You have rights only to your own soul and its path. And whatever any other entity does, they have the right to be doing what they are doing, and no one else has the right to try to change another's path or to transgress upon it. It is most difficult to do. Am I correct?

You would want to SAVE so many people who you meet, feeling that you have the right way. You have the way that is right for you, we would hope, and what is right for you at that particular time. It may change overnight. And what is right for you becomes different, and you may change as a result of the behaviors of those around you, and of the attitudes expressed by those around you. Nonetheless, it is your right to either accept or not accept the world around you and do this with others whom you meet. Do not impose yourself upon them. Simply do and be what you are and if that in some way affects another's attitude so be it, it was meant. That person was ready.

Do not force yourself upon anyone. And especially do not force your attitudes and that knowledge that you are gaining, because your knowledge ~ meant for your growth. And just as there is knowledge and information that you are not ready to have, or to understand, and that will come to you as you are ready to understand it, and to have it, so too with those around you who do not have the same understandings that you have, you do not want to force something on them.

Most difficult to practice, and most necessary to, though, and the more you practice it, the better you get at it, and it is only in the failing that success is achieved, and unless you attempt to practice it and find failure, if you will, or doing that which turned out not to be correct, will you know what it is you are not supposed to do. And you therefore achieve, step by step, moment by moment, a greater understanding of your own connectedness, and you approach, incidentally, the temple that we spoke of at the beginning of the session, that awareness of the interconnectedness of all.

On these special interest sessions, you will be having in the future, like the one you mentioned on healing, I want to know which meetings I should go to.

We cannot answer that for you. You will know yourself. The Universe will give you the go ahead, shall we say. When the times are presented, and Mushiba works on this now, she will have this schedule of coming events in a short time. And also, as time progresses, and we determine that a special session on a particular topic area is warranted, you will know if it is something for you to come to listen to or simply something which you will read about, for all of the sessions will be transcribed, and you will all have access to the information from that session. The Universe presents its blockages as well as its openings, and if you are truly meant to be in attendance, you will know. Recognizing, of course, with everything being transcribed that the knowledge will be available to all regardless of whether you were there or not.

### How To Work With The Issues Of Prejudice, Criticism And Judgement (August 23, 1988)

A question of struggling toward attunement, and the issue is of prejudice and criticism and judgement. And I just wonder if you have any suggestions on working with these things.

Remember that it is all part of the awareness that each energy seeks in realizing that you are One, and that it is a test for that which you might claim to have, that is to say, "I recognize that I am One with everyone else." It is very easy to say it, but if you were to make a remark about, let us say, an individual who had a skin color that was different, that would, in fact, be a derogatory remark about yourself. Everything that you say is a remark about yourself, at some level. This goes for remarks about the opposite gender. When you criticize or complain, or make stereotypical remarks about anyone, you are, in fact, saying it about yourself, for we are all One.

And it is a difficult issue to deal with, and as I said earlier, an issue that may not be resolved within the earth plane experience, but rather, simply a greater awareness, putting yourself at a higher level. It is something that many have to very consciously work at, where they do not impose, as it is called, prejudice, and to look at everyone as part of themselves.

In that we are all part of One, plants, animals, and humans, should I give up weeding my garden and get on with the fun of being and living? © ©

We have many times addressed issues similar to this where we have had ~ for example, someone asked, "Because The Shift is coming should we stop paying our bills?" The answer to that, of course, is no, that you must continue that which you are doing, for that which you do is part of that which you must do. It is your lessons to be learned. It is for your own growth.

If you, for example, decide to have a different attitude toward The Nature Kingdom, then that will happen, you see, and you will have the awareness of how everything fits into the scheme of things. Dealing with The Plant Kingdom, for example, requires a sensitivity to their own energies and an acknowledgement that this is an energy, and you talk with all energy forms.

For many, this is a difficulty in understanding that something like a stone or a rock has a consciousness. This is fine. It is ~ there is no judgement to be made on someone who would say that they do not believe this or they have difficulty in understanding this. There are many who have difficulty in understanding that other humans have consciousness.

What about the guilt we feel when we catch ourselves having judgments and prejudices? How do we deal with that?

This is typical. You inflict guilt upon yourself. It is something that we have tried in the past to make you aware that when you do not, shall we say, pass a test or you do not learn a lesson, that is all right! That you should not berate yourself because you said an unkind word. It does not mean that you are a terrible entity. It simply means that you are aware of it and that you will work to improve it.

The negativity comes in when an entity is not aware or will not acknowledge that they have made a mistake. Making a mistake is all part of the growth. The understanding, "Oh I should not

have said that. I will try to be better the next time." And perhaps the next time you are, and you have improved a little bit. And the time after that, you are not quite as good as you could be, and you stay where you were, or maybe you even regress ever so slightly. But you know that this is happening, and you are working very consciously to improve it, and so you will improve, and there is no reason to call yourself names, this self-denial of goodness that somehow you have not passed the test and therefore you are doomed, and no one of us would want to talk to you because you thought an unkind thought, you see.

If you were perfect, and I am sounding now like a broken record here, if you were perfect, you would be One. Remember that. All who are not One are imperfect. That is all part of the game, trying to become perfect again.

And you chose to come in under this particular astrological sign, the alignment of the planets, to work on this issue of perfection, and the fact that you recognize it is a tremendous step, and it is all right that you stumble. All stumble. It is part of what is. But if you spend all of your time upset about the fact that you stumbled, then you will not progress, but if you stumble and say, "I stumbled," pick yourself up, dust yourself off, and say, "Oh, I will try again to be better the next time." If you are not, you stumble, you pick yourself up again, and you carry on. It is when you allow yourself to remain down that the damage occurs, you see. This is what your guides are here to help you with, help pick you up, because sometimes it can be difficult to pick up yourself.

And if you deny your guides, my dear, and listen to this very clearly, then you will have difficulties, for if you make a strong connection with your guides and then start to deny them, you will run into difficulties. Do you understand? That goes for all of you.

### Being Judgemental About Another's Beliefs ~ A Situation Of Imposition (September 06, 1988)

Someone is trying to store some real negative literature at his house, and I found myself feeling very strongly a **NO**, much as I do not like advice like that usually, but would you see that is okay, if I really have such a strong feeling about a no?

You must be careful of infringing upon another. It is perfectly proper if it were presented to you, if he were to try and have you read it, that you were to say, "No, I care not to do this." You have no right, however, to impose your beliefs upon him in his environment. If it is simply there and he does not attempt to influence you with it, you have no right to make any comments about it at all, for what may be negative to you may not be to him. Remember this. Be very careful of judgement.

Forgiveness ~ Unconditional Love ~ Being Judgemental (October 11, 1988)

We are planning to discuss a particular topic for this session that we feel may be of assistance, very directly, to many of you at this particular point in your path. That is the issue of forgiveness. It is one in which many of you beautiful entities have chosen to work on in this manifestation, the ability to forgive, for it is directly related to judgements and the ability to become nonjudgemental which comes from the wellspring of love that is unconditional. And the three work as a conduit, for first, there must be the love that would then give you the condition of being nonjudgemental, which would then allow you to forgive.

To be able to forgive cannot just be done without the other two aspects being resolved. And we know for many that there is difficulty in forgiving, for there is a feeling of being wronged, for in seeing others being wronged and not being able to forgive those who would do the wrong ~ if you were to define such an aspect as wrong, but rather simply the behavior of any individual entity on their life's path. Forgiveness, therefore, becomes the outgrowth of Unconditional Love, remembering that love is the center of all and that as long as there is love, all can be accomplished that needs to be accomplished.

And we know that many of you deal each day in conditions where the practice of forgiveness is quite difficult. Correct? Indeed! And that you might ask how you can achieve a greater ability to forgive, and we would say, of course, that you begin with love, love of yourselves first and foremost, and appreciating who you are, each of you as entities, regardless of where you are on your path.

You are each beautiful and loving and need only to express that and to believe it yourselves. And this can be done in many ways, can be done through your meditations, first and most importantly, to reach your Higher Self, and to call upon your own soul and its memories, and to surround yourself with the love of all the entities who surround you, who are assigned to protect you and take care of you, as well as anyone else who happens to be in the vicinity who might like to help, and to know first that that help is available to you.

So often, you all forget what is available to you and you go on in your earth plane lessons and your earth plane limitations thinking that you must do this by yourself, and it is simply not true. By loving yourselves, as a part of The Creative Force, as a part of the Total and the Creative Consciousness, you then begin toward the understanding of love of all. And as you begin to slowly unfold and appreciate yourself, you find yourself not judging as much, and when you are able to not judge, you are then able to forgive.

# Technique To Use In Situations Where You Are Judging Others (October 11, 1988)

There is a very useful technique that you can employ as you find yourself in a situation where you are judging and saying, "This person should not do this ~ it is not right." Therefore, you make the judgement, and therefore you are unable to forgive the entity.

The technique, very simple, very straightforward, is that you envision the letters coming from your alphabet that mean love, and spell out love ~ for the English through which I translate, L-O-V-E, to use as an example, whatever language you are most comfortable with. The letters that spell out L-O-V-E are to be visualized in the mind, and see coming from the visualization of the letters that spell L-O-V-E, you see a white beam of Light coming out of the letters and surrounding the letters L-O-V-E. And this serves as a reminder to you that if you love, then you can forgive, and that there is no situation, there is no entity, that does not deserve forgiveness, ever, no matter how horrendous it might appear to you.

Remember that all that happens is for a purpose and all part of the grand scheme of things and that many who might appear to be doing things that you do not approve of are doing it for their own lessons, or perhaps even doing it, to teach, to help, for there are many who enter whose sole purpose it is to behave in such a way it will teach and present to you the opportunity to forgive. For remember, all is illusion, and that which you might think is happening, is not, and that in the spirit there must be forgiveness in order for advancement to occur.

It is the most beautiful of that which serves our existence, that of love of each other and complete acceptance of each other's limitations, for they are most manifest in the physical, but they remain in the spirit, for until there is Oneness with The Creative Force there will be imperfections regardless of what dimension you happen to be currently manifesting in.

And so, it becomes an eternal search, the search for Unconditional Love, and it becomes obtainable at the very highest of the advancements, and it is upon the achievement of perfect love that one becomes a part of The Creator once again. Until then, regardless of where you are on your path and where you are in any particular dimension, we each work and struggle toward achieving Unconditional Love.

And so, you are not to feel that you have not achieved anything, that you are not progressing if you find yourself in moments of judgement and being unable to forgive, for it is in the presentation of these issues that you are given the opportunity to work ever so slightly again toward perfecting your love. It is a most beautiful process and one that needs to be looked at in a very positive way, and as you begin each day, that you state in a positive way that you will learn ever so slightly to love a little bit less conditionally, and that is to be the goal for each day. And do not be discouraged if you feel you have not achieved that goal, for at the end of each day forgive yourself, for unless you forgive yourself, you surely cannot forgive another.

The gathering now, for this session, is filled with Light. It is filled with love and beauty. The young entities here have done much to contribute to this, and we have waited anxiously, for they project tremendous love and have a very specific mission ahead of them in working with the community. Truly most beautiful. We also would show to you an example of very beautiful love and that is between two of the community members who celebrate today, this day of

connection. We send to you our blessings on the celebration of your connection. For it is a most beautiful connection and one that will begin to show itself in its true purpose, for there is a very high purpose that has been determined by the two of you.

### Be Careful Of Judging Others For Their Beliefs (November 15, 1988)

You are telling me something that I have heard you say before, Waith. I just think that the best thing for me is to repeat this and let the people go, because the fundamentalists are very difficult. They feel that if you do not read the Bible and interpret it that hell and damnation awaits us.

They are free to believe this, for they are at, these individuals, they are at a particular point in their path, in their own development, and they have certain lessons to learn in this particular manifestation that they have chosen, lessons to learn that they will in fact reach certain people who may in fact grow spiritually from their teachings. You must realize that there is a time and place and purpose for all, and you must learn not to be judgemental but simply to accept each person's views as their views, and that it is perfectly fine, and if it does not agree with yours, then that is just fine also.

Each of you, each of all of us, are at a certain level in our own growth, and that is what we need to be concerned about, the progression of our own soul, knowing that the progression of our own soul is intimately and directly related to the way in which we think of others and interact with others.

We are all One. I have said this many, many times. We are all connected, not just the energy forms known as humans, but in The Spirit and in The Animal Kingdom, and in The Mineral Kingdom, and in everything there is a consciousness, and all are connected, and whatever you do affects someone or some other energy at some other point in the scheme of things, and that is what we all try to achieve in our growth and that is Unconditional Love and the ability to accept any and all, for who they are, and where they are, and what they do. Nothing should threaten you if you feel secure in yourself.

# Experiencing An Immediate Dislike For Someone (February 07, 1989)

Waith, you were saying before that we should not judge. Now, what happens when we come up to a person and we just do not like that person? And it is more of a gut thing. And yet, you know you are not supposed to be judging, but yet you just cannot stand them.

This is all part of the evolution of the Soul. When you meet an entity who you will feel as you have described that you do not like, there are very definite soul reasons for that, for there have been experiences from the past that have created a condition of discomfort with another. Part of

the issues that are always being presented in the learning of being nonjudgemental is to have these situations occur where you simply say, "I must send Light to this person. I must look within myself to determine why I am responding this way, for this is an entity who is a part of the One." Even if that entity is at a distance from you on a scale of dark and Light.

Most of the people in my house have the same feeling toward this one person. We are confronted with him every day.

This entity has been presented for lessons to be taught.

Not just to me ~ to all?

To all. This entity has taken on a particular manifestation. It is a very highly advanced entity with whom you deal. This highlights to you our statement that you are not able to know. And this particular entity is very highly advanced and has been brought in for a short period of time to teach some very important lessons.

# Do Not Compare Yourself With Others ~ Do Not Judge (May 07, 1989)

For many, that will occur over many, many lifetimes. For others around you, they may be experiencing this finalization in this lifetime, and if you see someone able to deal with their female issues, for example, in an easy manner, they have no pain with their bleeding cycle, they have no difficulties with their encasement, they are at a particular point in their path, and you are not to look and compare yourselves with them. We have said this so many times about other issues. You must understand that each now in physical form as female has a general issue to resolve as being female and a very specific issue to resolve as being female and that there is not to be judgement made but rather to be assistance given.

Part of being female, part of the essence of the female energy that is different from the male energy, is the ability to bring love into an environment, into an energy field. We do not say the male is not able to do this, but does it in a different way, and it is not the priority of the male energy. It has not been given from The Universe as the priority of the male energy. The female energy has this priority and, thus, it is up to the female energy to understand this. We will take other questions.

Don't Judge Others~ Someone May Appear Dark But Be Very Much Of The Light (June 20, 1989)

Are you saying that an entity of the Light could incarnate in and assume the role of a villain, to teach. So, we cannot look at people and assume that they are not of the Light and look at what they are doing. They may very well be playing the bad guy for a purpose.

That is quite correct. We have stated all along that you must not judge, for you will not know upon looking at another entity what their role is and that you simply, when meeting another entity with whom you find yourself having difficulties, especially, that you just send the Light, you surround yourself with the Light and ask that that which you are meant to learn from a particular entity is what you will learn without making a judgement about that other entity's path.

This is where so many get into trouble, you see. Be concerned only with your growth and your development. Do not be concerned about where someone else is. That is their concern and their path. You, as loving entities, will send love and Light, if you will, to all around you so that they too will learn what they need to learn and will progress along their own path. It is in a rare instance that one entity is allowed to take on some of the burden of another. In general, be concerned about your own development, for as you attune yourselves and you grow more loving, that will affect all around you and that Light will have an infusionary effect upon those around you and help where it is needed, whether it appears to be one of the dark, as you might think, or not. Light always helps other entities.

### Each Must Follow Their Own Truth (August 22, 1989)

In church on Sunday, the priest was talking about the Vietnam War, and he said each person in a war act according to their own conscience. And I drew this to myself and said each person I encounter acts according to their own conscience, but it may not be what I would choose.

That is accurate, for each must ultimately respond to their own words from within. This is what makes for difficulties, for many who would act in a certain way are acting according to their conscience, which may not be the same as another. And as we have said before, as the path towards Oneness is presented, areas of reality present themselves to entities. And the issues of morality, you see, begin to rear their ugly little heads here, for what might be moral for one entity may not be for another, and that while every entity is working in their own area of growth back to The One, Universal One, there will be varying interpretations of The Universal Consciousness, and it will not ever be that there would be one consciousness on the earth plane. The one consciousness occurs only at spirit and The Oneness occurs only at The One.

So that even in spirit there are varying levels of consciousness and attitudes, as you might call them, toward that which is appropriate for the entity, and it is in The Spectrum of judgement that you now find yourselves again, for in its ultimate, while there is concern that an individual, for example, may find that to take the life, shall we say, of an entity on the earth plane and not feel any guilt for doing that, felt that this was appropriate, that that individual, that entity, has all

the right in The Universe to exhibit that behavior, you see, for it is to be in the scheme of things, just as any other entity has the right to behave in any other way that they would want to.

And it is all set up for issues of growth and understanding and in attempting to help those entities who may be struggling with the precepts of Universal Consciousness, the Flow of the Consciousness, and would exhibit, shall we say, the negativity aspects of The Universal Consciousness such as the taking of life or whatever, and it is up to the entity who has the greater connection to the consciousness of The Universe to attempt to help another entity in whatever way that entity would call upon the other entity, you see.

It is not quite as easy in its application, for there is this imposition of Self upon others and the ideal is that no one imposes themselves upon anyone, and yet there will be those who would say, "I do not impose my beliefs on others in certain areas but in other areas I would say that you should not be doing that, that that is wrong. This is right. This is the right way and this is the wrong way." What is right for you and what is wrong for you is all that matters. But it is taken by the masses as a mass morality that "This is right and this is not right," by this definition, except The Universe.

### Is It Appropriate For Society To Make Judgements, To Imprison, And Execute? (August 29, 1989)

It is necessary that the conditions be set up as they are, for it is then with the setting up of these conditions, you see, that enables you how to become nonjudgemental as you see the world about you and you see what you would call injustices. You work toward alleviating and ridding the earth plane of injustices and that in itself is a lesson, you see, and thus it is all very necessary.

What about the people who are in a position of judge and those people must weigh the situations that are presented? And suppose they make the decision to give someone a death penalty, and now we have that person that made the judgement and we also have the person that carries that out. What kind of karmic effect does this have?

Well, you understand from what we have said before, that you as an entity cannot look at any other entity and judge what karmic or balancing is going on here, for it may be, for example, in that which you have cited, that the entity who was the judge, who has placed another entity in the position of being placed into death, may, in fact, have been put to death by the entity who he or she now puts to death, you see, and it may, in fact, be a balancing.

When the issues of killing and death present themselves it is not very easy to look and make judgements. You should not judge at all but simply to say there is some type of balancing occurring here. There may, in fact, be some balancing that is coming about for an entity who has, let us say, killed another, now may find themselves in a position of having, as you would say, karmic responsibility and that The Universe will demand that they balance in some way, whether

it be in this incarnation or in some other incarnation, and that all those around the entity involved in the situation are also involved in attempting to grow and to understand why this has occurred. There are many reasons why entities are killed, as we would say.

Understand, and we have said this in the past, that an entity, whether they be killed, whether they take their own life, or whether there is a departure because of disease or whatever, it is that time for the entity to leave, even though it may appear that it is sudden, the taking of a life, it is time and the situation was presented and was in such a way that it was the way it was to be. It is difficult for many entities to accept this as part of the Universal balancing, you see.

Let us say there is this balancing between these two entities. Will those two people continue to balance now until there is a lifetime of mutual forgiveness?

Yes. That is the only way in which it is completely solved, you might say, so that it could be many, many lifetimes of balancing, and a bit is balanced each lifetime, and when the balancing finally occurs in a lifetime, they must return in another life to make certain that this has actually occurred and there would be hopefully then a very harmonious interaction.

### Is It Judgemental To Know That Other People Are Judgemental? (September 05, 1989)

Yes. However, this is not a negative, my love. We have on several occasions addressed the issue of judgement, and you might request the transcript in which we were quite explicit about judgement, and it will give you some insights into what it is all about and the fact that it is a neverending journey toward achieving nonjudgemental attitudes, and that you are certainly not going to achieve it in one lifetime, nor do most achieve it even on completion of the earth plane sojourn, so be easy on yourself in judging yourself.

It sounds appropriate. However, as one goes along, you can evaluate yourself.

Oh, indeed! Yes. It will be impossible to eliminate judgement from your life completely. However, it is a matter of simply lessening the degree of judgement, and at the end of each day, looking back and evaluating what you have done and then congratulating yourself on that which you have achieved and not condemning yourself for that which you have not achieved.

# Finding A Common Ground ~ Discuss Areas In Which You Agree Rather Than Disagree (September 05, 1989)

I have judged my mother to be one of the most judgemental people. This bothers me so much because I see that I am so much like her. I recently tried to point out to her how judgemental she is, and she would

not get it! Also, I was thinking about how I must be patient with her and not forbearing, which I have also had a tremendous struggle with lately. Could you give me some advice to make this easier?

Let her be who she is, my dear. Let her be who she is. Accept her for who she is, for you would want to be accepted for who you are, is this not correct? And therefore, if you are to receive that type of respect from another, then you must be prepared to give that back to another. Let her be what she wants to be. She is on her own path. Do not sit and have talks with her. Rather than discussing those areas in which you disagree, find the areas in which you agree. For you will find that there will be at least one area, if you look hard enough, and that whenever you meet another entity, there will always be at least one area where you can find agreement, and if that is all that there is, then when you meet, you concentrate on that one area.

And as you begin to concentrate on one area of agreement and you come to understand each other, then you can begin to venture out into the areas in which you do not agree. Slowly, one by one, and without argument and judgement, you would begin to rationally discuss an area in which you do not agree, understanding that each respects the other for their opinion and their belief and that you will prove that you are not judgemental and that you will listen to that person. And you may find, as so often happens, that maybe there was something that you should change in your own beliefs as a result of another's beliefs. Do you understand?

#### I understand.

This is very difficult to implement for you clash very much with the entity known as your mother.

We do not fight, but we do not agree on much.

That is a form of fighting, my love, and it might prove to be beneficial for you to meet and for you to take the first step and say to her, "Let us call a truce to these disagreements that we have and let us attempt to get to know each other in the areas that we have agreement in. Let us forget those that we do not agree on. Let us put those away." You see? You take the initiative.

#### I will give it a try.

Yes. And keep giving it a try. If she says, "No," then accept that. Do not try to impose and say, "Look! We have to get together and agree on things to agree on!" That would defeat the whole purpose. Rather say, "Fine," and wait.

What is happening is I am spending less time with her than I normally would, but then I feel guilty about that.

Indeed, this is a way for you to accomplish several things, you see. Spend more time because you will need to do that in order to learn about each other. Remember that she was once the age that you are and she has gone through many, many experiences and has the same and very similar types of emotions. She did not just come out of a cave and have you and leave it at that, you see. ©

### A Question About Reacting To Situations Involving Another's Path ~ Being Judgemental (April 03, 1990)

When someone is responsible for hurting others, the usual thing is to say how terrible and irresponsible that was, and well, that was his path, and so on. The consensus is to say this person was a bad person. I am against that and feel conflict in saying it was their path. Would you comment, please?

Why do you need to react?

#### Everybody does.

Why? That in itself is a judgement, you see, that there is reason for you to react to another's path in any way, for as we have said so many times, you cannot know why others have events occur, and that it may very well be that what appears to be the fault or responsibility of one, may, in effect, be used as an opportunity for another to balance, and a particular entity has taken on this negative appearing behavior. All is not as it appears to be, my loves. We continue to say this, and we will say this until it is time for us to finish our mission here through Mushiba. All is not as it appears to be. Be very careful. The issue of imposing your own beliefs is a very fine line. That is what you are all here to work on.

We would also remind you, as we have indicated in the past, that the issue of judgement is not limited to the illusion on the plane and that judgement does occur in spirit, for judgement will not cease and will not be a totally learned lesson until Oneness with The Universal Consciousness occurs, you see. Being connected with Unconditional Love, it simply means that you attempt to learn nonjudgement. You attempt to learn Unconditional Love through the various dimensions, and in the various learning opportunities, and that even at the Angelic Level there is judgement. It is not as you on the plane now are struggling with, but it is most certainly a part of all entities. And so, you must not feel that when you judge that you should slap yourselves and say, "I have been bad." You simply must recognize that you have judged, and forgive yourselves and say, "I will attempt to do better." That is what it is all about.

When people are sitting around and talking about something that happened, what is the correct behavior?

To say nothing.

Or get up and walk out.

It may not be appropriate to get up and walk out. It may be more appropriate and may make more of a statement by simply not saying anything rather than presenting what may be perceived as a confrontational behavior by walking out.

And an attitude of saying someone should be in jail because of something they did. Is that a judgement?

Indeed, it is.

Even though our laws go that way.

Indeed. And the laws have been established for lessons to be learned on the plane, for you do not know what entities are interacting with what entities for balancing. You do not know what energy form is in the encasement. We have sent many from The Angelics into specific roles, into specific situations, that elicit this type of judgement so as to assist in learning not to judge, and may, in fact, be there so that an entity on the plane has an opportunity to balance in a particular lesson, in a particular area that may not be available in some other way. All happens according to the Universal blueprint.

### Someone Is Having Issues Of Being So Judgemental Of Others (May 29, 1990)

I must remind myself always not to judge other people, and yet I am always judging ~ reminded that so many people seem to have no understanding at all of a spiritual path. This to me is my biggest task of not to be judgemental in that respect.

Oh, my dear love, you must stand in line for that particular issue, for as we have said so many other times, and will continue to reinforce it, that this is the task, you see, for all entities who have left the One, that as long as there is separation from the One, then there will be judgement. And this is fine, you see, that being completely nonjudgemental at whatever dimension you find yourself, be it the earth plane or other spirit levels, there will be percentages of judgement, for only when you are back in The Universal Consciousness will there be total nonjudgement, you see. And, you know, if you meet someone who, according to your perspective, is not following a spiritual path, so what?

### You Said That To Forgive Is To Judge. Is It Judgemental To Forgive The Hurt Done To Us? (June 19, 1990)

Understand that, in the purest of this concept, all that occurs to an entity is something that has been asked for by the Soul. You have asked. Thus, if you are, as you would call it, hurt, you asked at Soul Level for lessons to be learned, for perhaps balancing that needed to occur. And

thus, if you are not able to connect with the Higher Self to understand what that situation meant to the Soul growth, then you would indeed be judging, and to forgive is a judgement. Since all that happens to you is asked for, you should then thank rather than forgive. This particular concept, understand, is one in which we will devote a special topic to, for it is, as we so often enjoy doing, we, as you would call it, laid a bombshell.

Doesn't that help in our growth at earth plane level, working on our spiritual growth, so we are able to connect with our Higher Self and see the picture? What we decide is what we were taught, or whatever the lesson was, but isn't it still helping us to grow to be able to forgive?

Understand that, as we had indicated in our last discussion regarding this, that there are levels of this concept that the idea of forgiveness is one that is implanted on the earth plane illusion now for very specific reasons, and we have discussed this so-called concept of forgiveness, only as a standard by which one could look at their own growth, for the concept of forgiveness has been presented as a positive, which it is, in its application at a particular level of growth in an entity.

As one begins as an energy to expand their awarenesses and to understand the interconnectedness of all energy, and the interconnectedness of all behavior by an energy upon any other energy, be it of The Human Kingdom, The Mineral Kingdom, The Animal Kingdom, The Vegetable Kingdom, any energy is affected by every other energy, even if it is in an infinitesimal way, that once the awarenesses of that interconnectedness begin to increase, you begin then to see that to forgive means that you say that an entity did something wrong.

Now, in the Universal Concept there is no such thing as evil. Therefore, there is no such thing as wrong, per se. It is simply choices made by entities that may either increase their vibration, and they move ahead, or they have done something that regresses them, and it is simply all part of that which must happen, and that each entity works in connection at very high levels with every other entity. And it must be understood, then, that if you say that someone else has done something wrong, then ultimately, at the very highest level of energy connection, it means that you have done something wrong, you see. And rather than focus on the negative, you would want to focus on the positive, and you would want to behave in the very best way that you feel is right for your soul's growth. And the ultimate in this concept is that all energy would, in fact, behave in the way that they felt was best for themselves, for they know that what they do affects all others. This is perfection. This is return to The One.

This does not happen when energies are apart from The One. This is why there is the struggle. This is what it is all about. This is to be expected. It is the only way in which Oneness is achieved, by the struggle back, but it was chosen. Each of you chose to remove yourself from The Universal Consciousness, some to come out for a short time and some for longer times, and then, eventually, to return and stay a while, and then decide to come back out again and do something else. You see, it is eternity. It always has been and it always will be.

If you hurt somebody purposely ~ we have a free will ~ so, does that mean that they asked for it? If somebody kills somebody, does that mean that person asked to be killed?

It is not quite as simple as that, for there are many who would use that as an excuse, saying that it is all meant to be and that person asked for it. Understand that it is not at all that simple, and while the Soul asks for certain kinds of lessons, there can be imposition upon another entity, and there is regression that occurs with an entity if there is imposition upon another entity, where they will use the power that they have as an entity, as an energy form, and abuse that power upon another entity. It is much more complicated, and one in which we would address at a time when there is an audience that has a more complimentary understanding of concepts. So, this will be addressed at another time.

### The Issue Of Judging An Energy From Another Kingdom (June 26, 1990)

And so, you see, we get back to this whole thing again about judging encasements, for you know not what an encasement is and what it has been, for you may have a crystal in your hand, and this crystal may have actually been in The Angelic Force millennia ago and completed The Angelic Mission, returned to The One, got bored and came out again. So, it is all great, great fun. You see? And thus, do not take yourselves so seriously, that, "Oh, this is it!" you see. And if you are not nice to a crystal, and you think not nice things about a crystal, that may be your destiny. 
© Understand, however, that the same thing can occur with crystals. If they think not nice things about humans, that can become their destiny.

For understand, that all of the encasements that are available in The Universe, and all of the illusions and the training grounds are available for millennia, for eternity, and there are a number of you who are able to connect with your soul memories to the point of being with The One and knowing that The One is indeed the bliss. It is perfection. But understand that perfection is only a temporary state. For true growth to occur, once the height of perfection in a particular area has been achieved, one then wants to achieve in other areas and achieve perfection in other areas. And thus it is that you have that opportunity. And thus it is that, as each of you grows and strengthens through millennia, the total consciousness of The Universe strengthens, and the total vibration increases, for all are connected. All are connected. Most beautiful.

And thus, when you step on a blade of grass, think back, or think forward, and understand that being stepped on as a blade of grass is a part of the path of learning of lessons to be taught and lessons to be learned, for there are higher entities who, in their perceptions of human, would perceive it in much the same way as you would a blade of grass. And thus, you too, as the human encasement, could be stepped upon in simply the normal course of going about the energy's business, if you will. As you would run across the grass, so too might a higher form of energy be running across you. You see?

That is a very lighthearted thought. ©

Yeah. We thought so! You have to view this with humor, for, you know, understand that a good deal of our mission in this very limited time with you in the illusion is to help you to be lighthearted, and to understand that everything that happens is meant to happen for growth, and that there are no judgements, and that you need to do what you do, and that your beliefs are important to you at that point in the path in which you find yourselves, you see, and that despite all of the seriousness while you are experiencing the difficulty, when you have learned it, you feel light. You feel lighthearted and you say, "I knew that" you see. ©

### Other Sources Of Information ~ Again, Waith Speaks Of Nonjudgement Of Others (July 03, 1990)

About Born-Again Christians often being walk-ins. What is bothering me is that usually they are very fundamentalist in their understanding. Now, if they are advanced entities, and they are so fundamental then, where is the bridge between us and that type of understanding?

It is so wonderful that we receive these types of questions, you see, for it enables us once again to bring up our ever-favorite issue of judgement.

I knew that! I understand that very well. Is that the answer, nonjudgement?

Remember our general theme is that you never know who is in what encasement, and who they are, what their purpose is, what their state of energy is. You judge when you do this. You must simply look at each entity as being on a particular mission. Oftentimes, the mission is clear, for the entity is conscious of the mission and indeed states what they have come in to do. Oftentimes, though, and in most cases, this is not true, for the learning and the teaching would not occur in many, many cases if there was a conscious awareness of the mission and the purpose.

I have a question about judgement. A few weeks ago, we spoke about forgiveness and that if we forgive, that is a judgement, something like that ~ that is a judgement as well, even if it is ourselves, and I kind of got lost in that and would like further explanation.

Indeed. This particular topic, as we had discussed at that time, will be one of a continuing area of discussion and one in which we will also be giving a special attention to. We will defer for now in continuing that, for the next stage of discussion will take a bit of explanation, and we would not want to create further confusion.

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Meditate on it. ©

We are now preparing to depart. However, we are aware that for the next session, that it will be, as Mushiba has described to us, a practice session for the orientation video ~ yes, video. And thus, we are most excited, and the others in The Company will speak also so that they will have from you the questions that you all feel most appropriate and beneficial for presentation to those who would want to hear us, and they will have an opportunity to practice their role, if you will.

Thus, if there are any entities who are not in this session now who you feel would want to come to this practice session, who have been here with us before but are not here now, who would enjoy this occasion, we would encourage you, for each of the members of The Company will speak and identify themselves and give their purpose.

Are they practicing now? ©

I have given them their script. ©

You cannot tell them what to say!

Do you want to bet! @ Bet. Yes.

I think we discussed the procedure of how we are going to present the questions to you so that it will be a basic introduction to people who are not so familiar. Do you have a particular method we should start, or should the questions just come sporadically?

The purpose of this practice, as we would refer to it, is to, as you would say, get the bugs out so that all will feel comfortable in the questions that are being asked and will then give the preparation for that which will be the final. We expect that there will be a few of these practice sessions before coming up with the final session.

### The Issue Of Judgment Toward Another For The Way They Look ~ Their Encasement (July 17, 1990)

Now, the reason, of course, that you see so much variation in encasements is that that signifies the extent of the variations of missions and the variations of what actually an entity has come in to do. And it, once again, gives us cause to discuss judgement, one of our more favorite discussions, for to look at an entity in their encasement ~ oh, it is a very easy, easy moment for so many to judge an entity based upon the encasement. And you might see, for example, an encasement that is what you would say well-streamed and kept healthy according to your perspective ~ and, in reality, you might then look at another encasement and see quite the opposite, and make judgements that that entity must have something wrong with them, for they

are not as well-streamed and healthy as you, or what you perceive in your reality to be the correct kind of encasement.

### Each Encasement Is The Way An Entity Achieves Balance Of Particular Lessons (July 17, 1990)

And thus, the testings of judgement enter in once again, for each encasement is a way in which an entity in some way achieves the balance of particular lessons ~ and many times an encasement will have in it certain malfunctions and may have on it for sight, easily seen, what you call birthmarks or other types of signatures, if you will. And this is a reflection of, again, a part of the mission that the entity has taken on from other incarnations to balance. And in the time prior to entry, there is much planning involved here, if you will, as to the kind of encasement that will be used to serve the purpose of the mission, and thus, it becomes for each of you as an entity to come to terms, if you will, with why you have chosen a particular entity encasement for your energy and to utilize this knowledge in helping you to achieve your mission.

For some of you, for example, it may be that you will always be what you would call scrawny, and for others of you, less scrawny ~ variations on the theme, you see, one end of The Spectrum to the other. Others of you, it is meant that you have a certain height of encasement, and this all relates to what it is that you have chosen to taken on to learn and what your encasement will then provide for you in the way of physical ailments, and we use this in a positive way that it provides to you certain physical situations that enable you then to work through and strengthen Self.

And if you were to look at another entity and say, "This entity has no health problems, they have a perfect body, they are beautiful, they have no things to worry about. They must have a charmed experience." Who are you to judge? For you know not what it is that has created that encasement manifestation in relation to the spirit mission, for having what is perceived as a perfect encasement is in itself a lesson, you see, so each encasement that is manifested has a part of the mission to be worked through that each of you have chosen, you see.

It is rather interesting to observe the planning that occurs in the selection of the encasement, and oftentimes it takes much longer than you would think in terms of time as you measure it on the plane. Many times, an entity will, as you might refer to it, sit and wait for the receptacle to be prepared. It is not an easy, quick situation. For those situations, however, when there is a very quick reentry onto the plane it creates difficulties. It is not usually advised from our end for an entity to go from one incarnation to another without the time of reflection and also preparation for the next entry, for if preparation is done too quickly, or none at all, then it can create problems in the experience in the manifestation itself.

However, it is not for any of you to judge another's energy by the encasement in which you find them, but rather to look at an encasement of an entity as something that that entity has taken on for very specific reasons. It could be the combination of teaching and learning. It could, in fact,

be strictly to teach. You do not know. You do not know, nor should you judge this, but simply look at an entity and accept that entity as beautiful in whatever form the entity takes on. And this extends itself, of course, outside of The Human Kingdom, but also into The Animal Kingdom and The Mineral Kingdom and The Plant Kingdom. What you might consider ugly as an encasement is beautiful, for that energy form has taken on that encasement to grow and to strengthen, and for that purpose alone there is beauty, you see. Now, what questions might you have regarding this topic area?

### A Discussion Of Suicide And Judgement (March 10, 1991)

Somebody I knew committed suicide, and supposedly that is a big no-no. However, when we talk about judgement and all of that, I just wonder if this is rather harsh.

We are on record for discussion of suicide and from this perspective it is not that which is so commonly referred to on the plane. We would, rather than go into another lengthy discussion of it, refer you to the topic in the transcripts which is available for dissemination. Understand that there is from the perspective of The Universe, nothing, absolutely nothing, that is not right, you see. All is something simply that is used for growth, and what may be appropriate for one entity may not be appropriate for another entity's own growth.

Judgement is the operative word here in that too often an entity will judge another entity's behavior upon ~ based upon their own mode and what is correct for them. All behavior is acceptable at some level and ultimately it must be acceptable by Self which then is accountable to The Universal Consciousness. So that each of us, then, is accountable to the other.

There is this issue of altruistic suicide. That is when an individual is bettering another person by the loss of their life ~ severe terminal painful illness. So, this is wrong?

There is no wrong. And understand that it would be a judgement if we were to give you an opinion, but simply to say that all decisions are made by the entity. It is the entity who decides ultimately when they are to depart. It is not done by some other source. It is the very rare, very rare occasion in which The Universal Consciousness takes an entity out of an encasement. Thus, the entity determines with certain Universal elements what is going to be the way in which the entity departs. One does not know, therefore, what has been agreed upon at the Universal level, at the spirit level, for departure mode. There are many, many modes that go from illusion to illusion that aid in the departure.

Understand that many departures are utilized as ways to increase awareness, ways in which to teach, ways in which to learn, and that it needs to be viewed in that way rather than to judge it, for an entity taking one's own life, you see, is what we might refer to as a misnomer, for all

entities decide when they are going to leave. It simply appears in some cases that the entity has done this, what you call suicide. Each of you decides when you are going to leave, you see.

There was this man who committed suicide because of the love he had for his wife. He was such a burden to his wife that he chose this because he loved her so dearly.

We are not to comment on any situations, for it imposes upon the path of another if we were to make any comments upon this situation in which you describe. However, we would simply say that one must be most careful about judgement and making one's own analysis on a particular situation, but rather, the counsel would come in helping the individual to see that there is a greater picture to what occurs and to attempt to find the answers from within Self and to reconcile the situation as it appears at earth plane. In all types of counseling, there needs to be that dimension of spiritual placed into it in order to fully account for an understanding. One must be most careful in placing one's own value judgements onto a situation when especially there is no understanding of why certain situations occur.

### The Issue Of Judgement In Thinking That Everyone Should Believe As You Do (February 04, 1992)

Our lives must be organized, daily, yearly. That is why it is extremely important.

For you, it is. And for many others it is, my son. For others, they have gone past the so-called importance that you attribute to this particular activity. Understand that each of you sees the world around you from your own perspective, and therefore you believe, many of you, that the way you see things is the way everyone else sees things, and that that is incorrect, and one must be most cautious of that, for it is a physical manifestation of judgement, the concept we speak of so often, that the working toward nonjudgement must be consistent. And when you believe that someone else places the same importance on things as you do, that is a judgement. When you believe that the world revolves around the way you believe, that is a judgement.

It becomes important that you understand that everyone on the plane is at a different point in their path, in their growth, and that it is not to be judged. but rather, to simply be, to understand it, to accept it so that others will do the same for you, to understand and accept that you are on a different path than someone else may be. You may be at a close point with another in growth, but each of you is in a different point in your growth, and that is what makes the earth plane so interesting. That is why it is so much fun to set up the play, for all energies are more than willing to come in and do a particular role, you see, and then they do their role, and then they leave, and they come back and do another role. And you all work in harmony. Whether it appears to be harmonious or not, all that is working on the earth plane has been placed there by those who are on the earth plane.

And so, what is important to you, my son, maintain that. Do not try to make what is important to someone else, important to you if it does not feel appropriate, nor would you impose what is important to you onto another who has a different priority, or a different perspective, or a different way in which they run their life. Run your own life, my loved ones, not others.

### Waith Discusses The Issue Of Judgment And That It Can Have A Lighthearted Side (September 01, 1992)

But it is not a judgement, is it?

Oh, well, you know, everything is a judgement. It is impossible to be on the earth plane and be free of judgement. It is impossible. The move is to lessen the judgement. That is all ~ to become as less judgemental as you can. But, you see, the lesson learning on the plane involves judgement, but in understanding that it is judgement. "Oh, I am judging as I laugh at this person." This is fine, for this helps to release a certain energy that would create a negative judgement, you see.

And we have addressed the issues of judgement from one perspective. Judgement is also something that can be lighthearted, and we will discuss this in further sessions. So, it has a play element too. And as we discuss in the coming year more issues relating to playtime, we will give you the flipside, therefore, of issues, Judgement, Patience, Fortitude ~ all of those wonderful issues that you all work on have a play side to them. And this is what we will attempt to give you for balance as the time progresses.

### The Issues Of Judgement Where Play And Work Are Concerned (January 05, 1993)

I understand that anything we go through has a physiological, a chemical, a magnetic and an electrical change in the body. I feel my own psychological makeup is serious, and that the body must work and learn how to keep and run a lighthearted energy.

Well, of course, for understand that the Energy Circle that we have discussed in other times is made up of the vibration of the total, so that includes, of course, the physiological, and oftentimes, an entity comes into an incarnation to be very serious.

There will be some who are gathered here now and others who might read or hear our words whose mission is to be at one end of the teeter totter ~ seriousness for the entire lifetime. It is not meant that they do anything in terms of lightening up. And in their own way, that, you must understand, is the balance between serious and Lightness, and this is why we caution you on the judgements. And thus, if you find yourself so very, very serious, this indeed, if coming from Higher Self to acknowledge, is perhaps the mission.

But as you all ~ many of you know, you have points in the mission where change occurs. And thus, you would plan prior to entry that you would be working for a particular issue, and once a certain point was reached in the resolution of that issue, it was time to either place it on the back burner or incorporate it with another issue or change completely. And thus, many have said, "For the first" ~ we will use this as simply an example ~ "For the first thirty years on the earth plane, I will be very serious, this will be my concentration, at which point I will begin to change and put that issue aside and work on another issue."

You see, you each have control over your entire destiny. There is nothing external to any of us that would control our own destinies, that which we have determined to be our path. It is only when you give up that to an external source. So, you see, you will encounter many, many entities who are at so many different points in their own balancing of Lightness and seriousness, and this is where you need to be careful.

You must, however, be cautious of allowing another entity to interfere with your own sense of balancing. Do not let another impose upon you, just as we would say you do not impose upon another. Be careful of another saying to you, "You work too much! You should play more. You should take a vacation." Well, you see, to one particular entity that work may be the balance. It may be the vacation, you see. And thus, it is a double-edged sword, being imposed upon and imposing. It is not an easy task.

### Group Departures, Group Balancing, Judgemental Issues (May 04, 1993)

I am curious about David Koresch. Is he the Son of Darkness or is he just some fanatic? Why was he put here in the first place?

That is his soul's path and we are not allowed to give that information out about another, just as we are not allowed to give out any information about any of you to others unless permission is granted. And in certain situations where we have given information, it has come from the higher soul giving permission for the good of earth plane experiences. This situation is now back into spirit and must be evaluated, and as all experiences, there is a settling in period before any decisions are made as to whether those of us who give information from this level would be given permission to share what this was all about, and that is all that we are allowed to say about this at this time.

Generally, it seems there is a tendency that people follow these types of leaders blindly no matter where it leads. This was Waco. Several years ago, we had this mass suicide effect somewhere in South America. Is this just because it happened this time, or do you see a trend in certain ~

Do I see a trend? Remember that all that occurs now is part of the cleansing and that, as we have said so many other times, part of the cleansing is mass departure, mass group departure, for whatever the balancing issues are of entities who group. And soon, there will be the categories of

our information to which you would have easy access, to read what we have given, for example, regarding Group Balancing, and that when large groups of entities depart at the same time, one thing that you can know is that it is a Group Balancing. It is meant that all of those entities found their way into the group. Regardless of how farfetched it would seem that their interests lay and their earth plane lives might be so different from each other, they ended up together in whatever situation.

When you have flying the airplanes crashing, and all leave the plane, it was meant. It was ~ this was the plan for group departure. Some groups gather not to depart together, but to work together and balance in whatever issues have brought them together from other experiences. Thus, regardless of why a group gathers, understand that it gathers for balancing, and it becomes an identifiable, cohesive grouping, and that whatever leadership is involved,

it is not for any of you to judge. It is none of your business, just as your path is no one else's business. It is judgement to assume anything, and you do not know whether there is teaching or learning occurring. And be careful, when we have said so often, that what might appear to be a negative behavior may not be at all in the scheme of energy growth and learning. You simply look at events that occur now on the plane as part of the cleansing. Everything is accelerated now. There is nothing that is not moving at a very, very rapid rate. And understand that whatever is occurring, the energies involved in that particular event have chosen to do this, just as you each have chosen what you do, and the events that occur in each of your lives has been from planned, deliberate choice.

And as we have said, it may not be at an earth plane level, it could be the Soul that is kicked in and said, "This is what has to be done," and the Higher Self is struggling as the intermediary to try and get the earth plane energy to work in harmony. But the most difficult concept, it appears, on the earth plane, is that the energy, each of you encased, accepts the responsibility for all that occurs, and that you have chosen whatever it is that happens to you. You have chosen that.

And so, rather than look at events occurring as disasters, or as bad, or look with pity at another, look at another with love. Look with Unconditional Love, and if you feel that this situation that you observed could use Light, then freely send the Light into the vibrational area of that entity or that grouping, knowing, of course, that one cannot impose Light upon another, to be made available if they so choose. And recognize that they are working on their path. As disagreeable as it might appear to you, or disharmonious as it might appear to you, it has been chosen by the entity.

Think of the groups in which you each find yourselves involved, be they two or three entities or larger groupings. Think of all the various groups, for each entity on the earth plane finds themselves in the minimum of one grouping. Most of you find yourselves in many, many different groupings, each having various harmonies, some very harmonious and others not quite so harmonious. And you know that you must work with this. You know that it is your path.

Thus, devote your own energies to your path rather than be worried about another's path. Curiosity is one of those issues that the earth plane makes available for the learning. Some entities on the plane have a very, very high curiosity. They want to know about everybody's business. They want to know why everything is happening, and, as a result, oftentimes, neglect their own growth, for they are so concerned about what everybody else is doing.

Rather, be concerned with your own growth and how that is interacting with the groups in which you find yourself. Concentrate on that, for then you have the ability to send brighter, higher Light to those who would need it, for you have developed your own strength. The stronger each of you becomes, the greater your ability to Be of Service to another who may call upon you, at either earth plane or spirit level.

You said it is important for us to recognize the events in our lives as choices. What about people who are very close to us when events impact very strongly on our own lives? Are those also choices that we make, or agreements that we are making with them on another level?

We return you back to part of what we have just said. Each of you has your own path. You have to take responsibility for your own path. Each of you, however, groups with others, and you do this deliberately. This is part of the plan. It is part of your path and you work in conjunction with either one other entity or several other entities. And so, as part of your path, there would be interactions with another, so that, to make this a simple explanation, one other person agrees at spirit level ~ and this agreement can come after entry into the plane ~ it does not always have to happen prior to entry ~ agrees that there will be a learning and a teaching of the two on particular points in the path, so that each of you has your own path that you must continue to walk upon. However, you connect at certain points in your own path where the connection itself becomes part of the path. Do you understand?

### Waith Discusses Consumption Of Different Foods And Herbs, And The Issue Of Judgement (August 17, 1993)

Waith: Jacques is well versed, you know, in this area of connection with herbs and other components. It is a very complex discussion, and again, as he highlighted, we are not here to give quick fixes. We are not here to say that this will help everyone, this particular remedy will always help ~ when you have a toothache, use this ~ it will always help. There is much more to this. And as we have so often indicated, many, many entities need to consider a cleansing of the encasement on a regular basis, and that many of the substances that go into the encasement by energies on the earth plane now are not appropriate, for they go in, in incorrect combination, or they go in, in much much too dominant a form, you know. For other entities, it matters not what goes into the encasement because of the lessons that they need to learn, but as you begin to increase in your own lightness and your own awarenesses, you become more tuned into that which are the needs of the encasement.

Before we leave this particular topic, however, we would indicate that the issues of judgement play very, very strongly here, and that it is important that no one judge another by what they consume, and to think that what you consume is the right thing to be consuming or not consuming. You know, Mushiba does not impose on anyone that which she consumes and does not consume, but at the same time, there is no judgement if any around her do not follow the same type of consumption pattern. And this is what needs to be kept in mind, that if you have something that works well for you, and you have found that it also works well for others, then that is simply a signal that you have something that is of benefit, but not to impose it, and that it simply means that you have something that perhaps you could share with others.

The entire philosophy of not eating meat, for example, is appropriate to certain individuals and not to others, and yet, it is so profoundly appropriate, that it has become accepted as an alternative to particular eating patterns that entities may have. However, it is not the appropriate pattern for everyone. And what may be appropriate for your eating patterns now can very well change as your own vibrations change. And again, this is a topic for a special session, for the issues of food are always of interest on the earth plane, for food is an addiction on the earth plane, and thus, we will give more attention to it.

### Francis Comes In And Speaks Of Lightheartedness And Judgement (September 21, 1993)

Francis: We greet you. It is a pleasure to be with you, and we are very pleased to have the opportunity to share with you part of our story of growth of Lightheartedness and to be able to be with you now in this way, to be able to speak in a concrete way. As many of you know, we were very serious, did not particularly feel comfortable with the likes of Farena, for example. And Farena took me under her little purple wings and very unconditionally showed me the joys that come from letting go of the serious and feeling free.

It relates to issues of judgement. And remember that while we are all out of The Universal Consciousness, we must deal with issues of judgement at whatever level of awareness we find ourselves, and that because I am in a different dimension now than you, does not mean that I am free of issues and lessons to learn regarding judgement. And I judged Farena. I judged her to be very flippant, which she is. ©

I judged her in her Lightheartedness, that she had no substance, that she was only laughing and had no sense of seriousness of purpose, and that I had come into Waith and Company to bring levity to what appeared to be altogether too much gaiety, Lightheartedness, frivolity, much too much of this. I felt it to be my mission with Waith and Company to settle them down, for even Waith ~ and I would never have thought that I could say this ~ I thought even Waith was far too flippant. And who is this Archangel anyway, that he would be as he is? I learned very quickly a most interesting lesson, that I was not judged for my judgements of them. A most impressive understanding and awareness. I judged, but I was not judged because I judged.

And as a result of all of this, Farena used to come behind me, and I was not able to sense her energies, and she would cloak herself, her energies ~ she would come from behind me and she would creep up, her energies slowly creeping up as I was going about my serious issues, and just as I felt I was reaching a very profound moment in my own awarenesses, her energies would come behind and sort of pick me up and fluff me up into the air, quite by surprise, and present my energies, then, into this sense of foolishness to the others around.

It occurred many times in Guide School where I have been given the responsibilities to teach in certain settings, and I would be teaching in a most serious way, and she would come up and, you know, the teacher in front of the students suddenly is fluffied about. And she would laugh, and the students would laugh, and then I found myself laughing. And I found then that it was fine to balance the lighthearted with the serious, that it was most fine, and that it indeed did bring about a sense of closeness with those who I had been directed to teach, for I learned as well as I taught.

And while I still have great strides to be taken in lightening up, certainly in comparison to Farena, I have moved a bit along the path of my own awarenesses regarding judgement and regarding Lightheartedness, and move closer and closer, for I see now what you might call the error of my ways, you see. And this is what I am grateful to, for being part of Waith and Company and for Waith allowing me the freedom to be as I am without judgement.

#### Would that be called accelerated growth?

Francis: My love, you do not know the definition of accelerated growth until you have been a member of Waith and Company.

I am a member of Waith and Company!

Francis: At this dimension.

#### At the other dimension.

Francis: Yes. Most definitely, most definitely. It was a crash course and it still continues. And it enables us, however, in our mission with Waith and Company to help in the issues relating to The Animal Kingdom. This is our focus. And to bring Lightheartedness into your own incarnations means being with The Animal Kingdom, for they have an inherent Lightheartedness that The Human Kingdom does not possess.

You know, many of you here have been in The Animal Kingdom already. You have done your time there. Others of you, and there are a few in this gathering who are ready to finish your time in The Human Kingdom and go into The Animal Kingdom, remembering, of course, this was a great shocker to many, that there is no hierarchy here of movement into the various kingdoms, that there is no one kingdom that is any better than the other kingdom. And thus, the animals,

you would want to surround yourself with the animals and learn from the animals. We all learn from each other, but Lightheartedness comes from the animals to a great degree.

Thus, now, my teacher of Lightheartedness will enter and give you some words. Rest assured that they will be most enjoyable. And I wanted to come in first, rather than try to follow Farena. Waith is about the only one who can adequately follow Farena.

So, we are most honored and feel very happy that we could, indeed, share this story with you, that of our own growth, and that it would encourage each of you to share your own stories of growth with others, for in sharing you then give of Self. You are of Service to Others. And others who would perhaps be more closed in their own sharing, or feeling that they are alone in the struggles that they have, would hear you and respond to that, whether immediately to you, with immediate response, or somewhere within their vibration they would feel the response, and it would affect their own path and their own growth. So, share with others your stories. It is beautiful to hear. And on one hand, it may appear to be a very humbling experience, but on the other hand, giving of Self is simply Being of Service, and humility has nothing to do with it. It simply feels good, and do you not want to feel good? Yes.

You said that you were a teacher, and you are teaching people, and you are learning while teaching. What are you learning?

Francis: Oh, what does a teacher learn when they teach? Oftentimes, quite the unexpected, my son. It can often reinforce what is being taught within Self so that you learn it even better as you teach ~ or you go into a situation of teaching and learn from students quite unexpectedly, for all entities teach and learn. We all learn from others. We all have something to learn. As long as we are out of The Universal Consciousness, we have something to learn, and we do not know all that there is to know. And the learning can come from a most unexpected source. And this happens, oftentimes, so that issues of judgement can be reinforced and learned more strongly, for a teacher who feels that they have nothing to learn from their student, will most assuredly be humbled by the student ~ most assuredly. And it is a process of teaching and learning. And Waith has given much information relating to teaching and learning that will soon be available for you to access.

#### I still do not understand what you are learning specifically.

Francis: What I am learning specifically is my own issues of judgement and my own issues of becoming lighthearted, being able to balance between that which is serious and that which is Light. Sometimes one must be very serious, and then to bring the balance, one must become very, very lighthearted to the extremes, until the balance is achieved where there is harmony within the energy form. And harmony that would exist for my energy form in this particular issue is different from the harmony in any other entity, as it is for each of you. Our harmonious points are different on the same issues within each entity.

I have many, many issues to learn, and I am placed very specifically in teaching roles now because of past development in my areas of understanding that now have placed me in a cycle of learning where I am teaching those who must teach. And Waith has explained The Cycle of learning (See transcript 04.17.1990), and this is the fourth stage of The Cycle. And there is much for me to learn now from those who I would teach, many, many issues which ~ you know, there are so many things I need to learn, there is not enough time in this earth plane session to let you know this.

Now, you will meet an entity, many of you know already, but the contrast in our vibrations is quite obvious, and we have much to be grateful to for her teachings and her support and love. And do not be fooled, any of you, by the flippant manner in which Farena presents herself. We send you the blessings and the White Light from the very Highest.

### Being Judgemental In Observance Of Others Who Seem To Be Avoiding Their Lessons (November 16, 1993)

I know I am judging, but some people are giving into Self and their method of avoiding the lessons that they have on the earth plane.

Oh, really?

And I have run into the feeling that that has happened, and recognize that I am judging it, and I do not guess I want to do anything other than just confirm that my ~

That is, you are judging?

That my impression about it is correct. And I would rather be happy and right.

Oh, you want to be right. Ah. This is important to be right. Is this correct? Am I right? ©

Well, it is on an ego level, but also on learning to trust intuition, and it seems as though sometimes my internal guidance system is telling me that someone is telling me something that is not really true. It feels false. And aside from judging it, I would like to be able to verify that my intuition, or my internal guidance system, is accurate in terms of reading things, especially when the other person seems leaning toward attempting to either change where I am coming from.

The important component of this issue that you bring forward is that what appears right for you, is right for you, and that, yes, you would want to trust that which you hear as appropriate for Self, and the issues that need to be worked upon ~ so, so much on an earth plane level is then imposing that sense of rightness onto another in the form of a judgement, and that you have recognized that you are judging is a very important step to be taking, you see.

Being outside of The Universal Consciousness means that we each will have some component of judgement still within our energy field. It cannot be avoided, for it is part of being out of The One, you see. However, what is strived for in each of the training grounds is to achieve a level of perfection in an issue on that training ground so that you can reach a certain level of nonjudgement and Unconditional Love in your sojourn on the earth plane, and it is that striving that you seek, and that you must indeed listen to Self. And just as you would not want another to sway you in your beliefs and to try and impose upon you in your beliefs, so too would you not do that to them by your mere judgement of them. Does this answer your question?

Yes, but the difficulty comes in the concept of being available for healing without trying to sway someone.

Ah, it is.

And how energetically, or clearly to put forth information, and it gets more complicated as we try harder.

Oh, yes, it does, doesn't it?

#### Do you find the same thing?

If we are out of The Universal Consciousness, we are all subject to that sensation that you describe, and it is only through the conscious effort to raise awareness within Self that that diminishes, but occasionally, it rears its ugly little head. And again, as we had said earlier in our discussion, all energies lose a sense of perspective on occasion, and that is perfectly all right. It is not negative. And the point is that you are aware of what is occurring. It is when there is no awareness of the need for increased awareness that difficulties can develop. So, ninety-nine-point nine percent of the battle is in being aware of the awareness.