

Waith Class Transcripts, Excerpts

IMPOSITION

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*Waith's Words, and the Spirit Group's Words, appear in this font style
(If a Spirit Group Member speaks, they will be identified)*

[Class Member Questions/Comments appear in this font style](#)
(Multiple responses from the class are preceded with this symbol ☼)

Not Forcing Your Knowledge On Others

(June 14, 1988)

Remember that you have no rights upon any other energy form, no rights at all. You have rights only to your own soul and its path. And whatever any other entity does, they have the right to be doing what they are doing, and no one else has the right to try to change another's path or to transgress upon it. It is most difficult to do. Am I correct?

You would want to SAVE so many people who you meet, feeling that you have the right way. You have the way that is right for you, we would hope, and what is right for you at that particular time. It may change overnight. And what is right for you becomes different, and you may change as a result of the behaviors of those around you, and of the attitudes expressed by those around you. Nonetheless, it is your right to either accept or not accept the world around you and do this with others whom you meet. Do not impose yourself upon them. Simply do and be what you are and if that in some way affects another's attitude so be it, it was meant. That person was ready.

Do not force yourself upon anyone. And especially do not force your attitudes and that knowledge that you are gaining, because your knowledge ~ meant for your growth. And just as there is knowledge and information that you are not ready to have, or to understand, and that will come to you as you are ready to understand it, and to have it, so too with those around you who do not have the same understandings that you have, you do not want to force something on them.

Most difficult to practice, and most necessary to, though, and the more you practice it, the better you get at it, and it is only in the failing that success is achieved, and unless you attempt to practice it and find failure, if you will, or doing that which turned out not to be correct, will you know what it is you are not supposed to do. And you therefore achieve, step by step, moment by moment, a greater understanding of your own connectedness, and you approach, incidentally, the temple that we spoke of at the beginning of the session, that awareness of the interconnectedness of all.

On these special interest sessions, you will be having in the future, like the one you mentioned on healing, I want to know which meetings I should go to.

We cannot answer that for you. You will know yourself. The Universe will give you the go ahead, shall we say. When the times are presented, and Mushiba works on this now, she will have this schedule of coming events in a short time. And also, as time progresses, and we determine that a special session on a particular topic area is warranted, you will know if it is something for you to come to listen to or simply something which you will read about, for all of the sessions will be transcribed, and you will all have access to the information from that session. The Universe presents its blockages as well as its openings, and if you are truly meant to be in

attendance, you will know. Recognizing, of course, with everything being transcribed that the knowledge will be available to all regardless of whether you were there or not.

Imposition On Another When Sending Energy (June 13, 1989)

It seems to help me if I can send it, if someone needs it.

You must be very careful. You cannot send energy unless it is asked for.

Oh, no. I make sure that it is asked for, but if someone holds that hand and accepts the energy, then the hotness leaves, and it is more comfortable.

Indeed. But not everyone would want that. It is one of the side effects of having energy flow through you, that you may, in fact, touch an individual who is not ready, or able, or wanting to have your energy.

Do Not Pressure Those Around You To Conform To What You Believe To Be The Word (June 21, 1988)

Waith, I have been trying to get (name withheld) to come home because of what you had told me during our last mini-session. And he says he really does not think he is coming home until Thanksgiving. And I keep pressuring him to take time off and come home. Should I pressure him or leave him be?

What do you think?

I would like him to come home in August, which is six months from when you said that you had predicted that he would be home, if this would be valuable for both him and for the other problem.

That which will happen will happen only if the Soul is not transgressed upon. You must not pressure. As we have indicated before in so many other areas and other issues, you must not, any of you, pressure those around you to conform to what you believe to be the word. You must allow them to find it on their own. In fact, when you try to pressure, it could hinder the natural process. As we have indicated before, one of the reasons we do not make predictions, and will not make predictions, is because of the entire issue of free will, and that what might appear to be the right direction for someone, they must realize it themselves and must take it upon themselves and not because someone has told them to do this. The more that you pressure this particular entity, the more he is going to resist you.

Being Judgemental About Another's Beliefs ~ A Situation Of Imposition

(September 06, 1988)

Someone is trying to store some real negative literature at his house, and I found myself feeling very strongly a NO, much as I do not like advice like that usually, but would you see that is okay, if I really have such a strong feeling about a no?

You must be careful of infringing upon another. It is perfectly proper if it were presented to you, if he were to try and have you read it, that you were to say, "No, I care not to do this." You have no right, however, to impose your beliefs upon him in his environment. If it is simply there and he does not attempt to influence you with it, you have no right to make any comments about it at all, for what may be negative to you may not be to him. Remember this. Be very careful of judgement.

Imposition Of Your Truth To Others ~ And Others Imposing Their Truth To You

(November 29, 1988)

But you should send love to the other person who wants you to follow their truth.

Yes. And there will be many who will try to impose their truths upon you. You all experience this. There will be many of you who will feel that you have truly found the way and will try to impose this upon others. You would then be just as guilty, if we want to use this word, as any other who would try to impose their truth upon you. You have found what is right for you at a particular time for your own soul's growth and that includes the information that you receive from us. That which you receive from us you take into yourselves. It is not to be imposed upon others who would not be ready or willing to hear it. For those who need to hear what we say, for example, will be drawn here, for The Universe takes care of this.

Remember that there is a grand scheme, if you will, in The Universe and that which an entity needs is what an entity will receive, and it is not for any of you at the mortal level to make that decision for another. You need to be concerned only with yourselves, each of you, your soul and its growth, and when you have that understanding then it is much easier to allow those around you to grow also in the same way and to seek their own truths. You will find that you will be with many who have very close and similar truths and some who may appear to have exactly the same truths as you. Remember that there will be infinitesimal differences and that regardless of how closely aligned you may find yourself with another, be ever so careful that when you do see a difference that it does not upset you and create difficulties in the relationship, rather to look at the similarities rather than the differences and to build upon those, not to dwell on what might be a difference between you.

As You Grow More Toward Unconditional Love, Your Truth Changes

(November 29, 1988)

It seems that our view of the truth is always changing. This makes me feel like we should not really take ourselves that seriously about what we believe because it is going to change. How can you judge what is true or not when you are always changing anyway?

That is correct. It is rather paradoxical, isn't it? I had indicated that this discussion of truth was not quite as simple as it might appear to be and we have only scratched the surface, shall we say. I have said in other sessions that an entity must not take themselves seriously, rather you take your growth seriously, your mission, that which you are here to do, to learn, to teach, that is taken seriously. But do not take yourselves as entities seriously for as you grow and you increase in your own strength, in your own abilities toward Unconditional Love, yes, your vision of the truth changes, your wisdom increases.

You say that there is one truth.

There is Universal Truth and that will be clear to you when you become One.

And what would that truth be?

It would be not understandable to you at this time. You will seek this through your meditations. You will seek the One Truth. The One Truth relates to Unconditional Love, this is the ultimate.

So, there is only really ONE thing.

It is not quite as simple as that, but there is Oneness and there is the One and that is all ~ that is all who exist. We are all One and we are all the Truth. That is as far as I can go into it at this time without creating confusions. We want you to digest what we have said. Some of you have already the understanding of that which has been presented but can take this information now and use it in your meditations to gain greater understanding, greater wisdom.

**Do Not Try To Impose Your Beliefs On Anyone ~ Put Away Ego ~ Find Commonalities
(March 14, 1989)**

A lot of times when you try and talk on a spiritual level with someone, if they have no spiritual level, there is no way you can communicate with them.

You do not try to impose your views upon anyone, but rather to realize that an energy who you have come in contact with has a different perspective. And thus, it becomes your responsibility to try and reach a level of understanding, to find a common ground. Remember that you do not know where any entity is on their path and that it can be very deceiving. They may appear to not be at the same spiritual level as you, and the temptation to become a bit arrogant about the fact, "Oh-h, I am much higher spiritually than this one," A very, very strong temptation, is it not?

Indeed. Rather just seek common understanding and put away the ego that all who you come in contact with must understand your understandings.

I saw a program on street people, and there were these kids that had very tough lives. There was a leader they all went to for help and advice, and he gave what he had to them. I began to understand them a little more and realized that I had a lot more in common with them than I thought. It is just that we are approaching the same lessons but in different ways, in different worlds.

All of us have everything in common, for we are all connected to The One. And thus, for you to say that "I have realized I have something in common," any of you who would say this, is the beginning of the realization at a conscious level of Oneness, connectedness. For if you look closely enough at whoever you meet you will find something. Even those at the far end of The Spectrum of Light, who may be very dark in comparison to you, there is unity, commonness. It is in the acceptance of this, for when you see another, you see yourselves in some way, for you see the One, and each of us as energy forms are reflections of the One.

Do Not Take On The Issue Of Another (August 22, 1989)

Is it wrong to want to detach yourself from that entity's issues and not just allow them to do it?

You must allow an entity to evolve themselves. You must not be attached to another entity's issues. This is imposition of will upon another. You are, in this incarnation and all incarnations, to learn your own lessons and at the same time to Be of Service to those who would ask you to help them in their own lessons. You must not say, "I will help you in your lessons," unless you have been asked to do so. You are called upon at Soul Level to assist, to support, to guide by another entity, but that is all. You are not to impose yourself. You must, by your example of yourself, present a particular solution to an issue, for remember that entities who are in your vibration, and you in them, have come together specifically to help each other or to balance, and so at Soul Level there is the acknowledgement of the fact that there is to be assistance in some way or another. However, at conscious level you must not impose, you must not take on the issue of another.

What About The Work Environment? (August 22, 1989)

How does this relate to a work environment where you are locked into certain rules, certain acceptable behavior and unacceptable behavior?

You either accept it or you do not, my love. And if the behavior that is being imposed upon you, in fact if it is being imposed upon you, goes against that which is appropriate for yourself, you take yourself out of that environment. By staying in that environment opens up other issues.

What if you are in the position where it is up to you to make sure that others are not imposed upon by behavior that is inappropriate, and now you have to deal with that particular individual? How do you rectify that?

This, again, you must remember is a soul issue, and that you would not be interacting with a particular entity unless there was a soul issue involved, and either a balancing on both parts, or you with the entity, or the entity with you. And therefore, again, you must in your meditations seek out the answers as to what it is about ~ why are you in a particular situation with an entity ~ and help to understand and this will help you in your behavior and your attitude toward another entity.

If someone is imposing on you and your beliefs, or ways of doing things, and you feel that that person is also asking for your help, would it be improper to offer an alternative way of doing things so that they were not imposing on you anymore? Would that actually be imposing on their path by doing that? Does that make any sense?

Yes. If an entity is asking for your assistance, and at the same time imposing upon you their beliefs, you then in your response to their assistance would say to them or you would present to them the discussion of imposition and you would say that you ask for my help and so I would say to you that you impose upon me and you must not do so, that I will not allow it. Do you understand?

Waith Discusses, Again, The Issue Of Imposition When Sending Light To Someone (January 30, 1990)

When we see that someone else is affected by the dark, is there anything we can do other than just send Light?

No. There is nothing, and we have placed this on the record so many times, and we understand how concerned many of you will be when someone close to you is being attacked, and you feel a sense of helplessness and frustration, and would want to see something concrete occurring in terms of your being able to assist. And it is so difficult to trust in Self and trust in the Higher Light that that Light which you send is the only way to truly help, for we emphasize once again that unless an entity asks specifically for help, there be no imposition.

So, send your Light and you call upon the very Highest Light to assist and then the Highest Light will send down the orders, if you will, to the level at which the entity that you are concerned about is located. An attempt will then be made with that level of Light to assist. There can be no imposition. It is such a fine line, as we have so often indicated, but you do what you need to do now, my son, and we do what we are able to do from our end also.

It Is An Imposition To Help Someone Unless You Are Asked

(February 20, 1990)

And so, do not complain, and easy as it is for us to say, for we are not there, and it is easy to look and observe from a distance, but also think of yourselves as you look at others who struggle, and you sense their struggle, and you sense it is something you have also struggled with and overcome, and you want to help, but you know you cannot unless you are asked by that entity. And it appears, on one hand, very easy to overcome this struggle, for you have done this, and on the other hand, it is frustrating for you, especially if it is a struggle that a loved one goes through. You want to assist, for you know the answer, for you know how to achieve the results of the struggle.

This is how it is, for all of us, wherever we are at various points on the path, for we see your struggles, we would want to assist, but we cannot unless we are asked. And we know that many of you during the last Public Session were a bit annoyed with us for we did not come to the rescue, as you perceived it, of the entity who was having health problems, we were not asked by that entity at either physical or spirit, and thus it is that we are not able to assist. We follow in protection ~ there is a difference ~ and we see the beauty that is all of you, regardless of where you are on The Spectrum, so that as we look through what you might refer to as a tunnel of The Spectrum, at the other end of us, as we look toward Amelius we see the bright Light. As we look behind us, we see from where we have come and it is not as bright as we are because we are further on toward The Oneness and this is how you might view it.

There are occasions when your behavior would bring you back into The Spectrum somewhat, what many times is referred to as regressing in your path, but that is all right, my children, for you are on the path, for all are on the path. There is no entity who is not on the path, it is simply where on the path. Remember, there is no evil regardless of what might be said to you by those on the plane. There is no evil. There are only gradations of good. All are good.

Can We Ask Our Guides To Give Assistance To Other People In Need?

(January 05, 1993)

It is a most tricky situation, you see. In fact, the issue of sending of Light is, in its concept, or could be, an imposition, if you try to force another to receive help. Rather, what you can do is to ask your guides to be available to Be of Service if another entity so requires and so asks. It is a very difficult situation for any of us to simply barge in and help out. We must be asked. There are rare situations in which The Angelics are allowed to impose upon any of you. However, guides are not allowed to do this, and a guide, in fact, would have to go back to Guide School very quickly and relearn that particular lesson before being allowed to come back as a guide. So, the answer to that is yes, as long as it is done with nonjudgement, for who is any of us to determine that another needs our help unless we are asked?

We are certainly able to give out information. We give out information. We do not tell you this is what you should do. In fact, we stress quite the opposite. You seek out the knowledge and you synthesize from all that you hear, that which becomes appropriate for Self.

And thus, it would be appropriate, then, if you see another in what you think is need, to say to your guides, "Please keep an eye out, and if it appears that there might be some help needed, be ready," and then to simply send in a thoughtform or, in some cases, right at earth plane level, to an entity and say, "You know, I have just contacted my guides and if you need any help, they are available also," and leave it up to that individual to make the decision.

It is the same as the sending of the White Light. We send to each of you the very Highest of the White Light, but we do not impose it upon you. We simply bring it in and lay it here. If you want it, you can take it. ☺ If you do not, fine.

The Possibility Of Someone Asking For Help At A Higher Level Rather Than Consciously (January 05, 1993)

The question of someone asking for help is one that is a puzzle for me, because I am wondering if that is limited to simply speaking up and saying, "Would you help me?" Would that be a case ~ I am thinking of myself, for example, if I learn certain techniques and I see someone who is obviously in need and is a friend and expressing the pain of a physical problem to me, but not necessarily physically asking me to do something. Can I still take that as a request for help?

Well, you know, this becomes, again, rather complex, for oftentimes, the call for help comes at a higher level, not at the physical level ~ and thus, it becomes your own balancing issues, once again, as to understanding whether you feel you have received a call from a higher level. It all goes back to being in tune with Self and being able to receive the answers from your own meditations so that you would feel comfortable in responding, for you can say from your meditations, "I have received a request at a higher level and not at the conscious level, but certainly at a higher level."

What Happens If You Read Yourself Wrong And Impose Upon Another? (January 05, 1993)

Now, what happens if you read yourself wrong? What happens, indeed? You are not banished to this place called hell. There is no such thing. What you are banished to is your own Self, for you have not learned yet. You have not quite gotten the hang of the balance of that particular issue. And as we said earlier, you indicate what it is you want to learn. You are not graded on what you have learned. It is simply, "Well, I guess I did not learn that one. I have to go back and try again until I finally learn it."

Many of you know, it takes a lot of different situations before you think you have finally learned it. The Universe keeps sending it back in a different little package. It looks a little different, but it is the same. And then you finally say, "Ah, I have learned it." And then you begin to feel a little smug and complacent about it. ☺ The Universe says, "Nah, now, we are going to see where your learning curve is. Did you really learn it?" It comes back again. And periodically, you know, it does. You are sent back an opportunity to prove that you have truly learned an issue, even when you have given closure to an issue. It is all part of the fun. For you know, you may reopen the issue. It happens. Then you start all over again.

And so, you see, it is the quest, as we have said so often, to learn, that is more important. It is the desire to progress. It is when you become obstinate and consciously abusive ~ "I will abuse my powers, my abilities. I will not progress." When you consciously block at whatever level that consciousness happens to be, that is when the difficulties become, for you are stalled, then, in your learning. So, just keep at it. Do not be afraid of not doing it right. Be concerned that you are doing something. Do the very best of your abilities, for each of you gets better with practice, better and better. It is when you do not try to improve that you face your own Self in ways that you may not like. But then that is all part of learning lessons also.

And being stalled in your learning of lessons is part of learning your lessons. And it is all right to be stalled, for you eventually will get out of it ~ for, you know, you have eternity. There is no timetable that says you have to get back to The One at a certain point. You may never go back to The One. We have entities out there who have been there for eternity. They do not want to go back. It is fine.

**When I Talk To Others, I Tend To Question Too Much. Am I Going A Little Bit Too Far Lately?
(July 20, 1993)**

Sometimes, my love, but then, that is you.

I do not know enough to quit.

It is a learning process that you undertake now in knowing where the fine line is. You have progressed tremendously in a short period of time in knowing when to see the signs of ~ from another that they have shut down, or that you are perhaps imposing. It is an issue that many, many face on the plane, of imposing, when you become so excited about information that you have, and what seems to be good for you, you want to share that with everyone. And just as many of you ~ and, my love, your sense of being imposed upon by organized religion, for example, that it is no different than you would try to push another in your own beliefs. It is the same coin, if you will. And it simply becomes, then, an issue of waiting to be asked, but knowing that being asked is not necessarily coming from the concrete illusion, that an entity can indeed ask at higher levels that connect with higher levels of yourself.

That is what I was thinking with some people.

But, you see, this is the difficulty in knowing, and this is where the meditation always comes in, that you would know Self. And if you mistakenly impose upon another and you realize it after it has occurred, that you learn from that, and you learn the signs that will come to you from Higher Self, the clue that will say "Too close, too close." The fine line. You visualize the fine line, visualize a very thin, thin, thin thread, and picture this, my love, as your way of helping Self see a fine line. You see? Do you understand what we say to you?

Yes, that is what I have been thinking right along. Then I am kind of wondering, maybe I sometimes push a little bit more because I am so ~

Enthusiastic. This is advice for any of you, to be careful of imposing.

How Does One Make Judgement Calls On Whether To Help Someone, Or Not?

(May 02, 1995)

I think it is very complicated. If you see something happening to someone, you have to make a judgement call on it, like you have to say, "Well, you know, maybe I should help this person, or something bad is happening to them. Maybe I should save them." And does that mean to say you should not help anyone if you see something bad happening to them because you might be interfering with the balancing? How are you going to know?

We understand your emotion in this. What we have spoken of continually is the importance of meditation and the ability to hear answers from the Higher Self, and also the Soul speaking through the Higher Self, to give you then the proper response to a situation. We have never said that you would do nothing, that you would not help, for each has to make their own determination as to who they help and what they do to help. It is your own balancing issues that come into play. What is not understood is that simply because a situation is happening does not mean that everyone must run to the rescue. There are millions of humans starving in parts of the world. Does that mean that everyone who is not should run and save them? No. It is not in their path. It is the path of some, however. Thus, they would go to the millions who are starving.

You were not in the vibrational nor geographic area of this collapse, this bombing. You, therefore, were not called upon at any level ~ and we can tell you that, that at any level, you were not called upon, for it was not part of your balancing nor was it part of your path. You will be called upon by those with whom you must balance to respond to. It is, then, up to you through your own Higher Self understandings to acknowledge what your response will be. You will respond, and it may be appropriate for the balancing, or it may not be appropriate for the balancing. But, even if it is not an appropriate response, it, in the end, is an appropriate response, for any response ultimately is appropriate. It is what you take from it in your own understandings of the issues relating to the interaction between the entity or entities with whom you have been involved.

Does that answer your question?

I think I just got laced up and down. Yes.

Not us.

Join the group.

Understand how we stress the critical importance of meditation. Each of you has your own responses to events around you, and you must go with those responses. They will differ from one to another, and you must not feel guilty that you do not rush to the aid of a disaster area, for that is not for you to do. It is for others to do ~ and there were plenty who responded. You may never, some of you, be asked to rush to the aid of a major disaster. But you may have one close to you, and in their own way they are in disaster, and they come to you for assistance. It is appropriate then to respond.

We have never said do not respond. We have said you must respond in the way that is appropriate to your path, and only you know what your path is. You must, in realizing what your path is, follow that and be adamant in the following of your path. At the same time, respect the adamancy that another has in the following of their own path, even though it may not be like your path. Does that soften it a bit, my love?

Yes. We want Farena!

You cannot have her.

Farena: Well, just for a moment. Just for a little moment. You know, remember what I have said to you before about Waith. Sometimes, you know, he has to say things like that to keep you all in track. And when he says things like that, just take a deep breath. (Farena takes a deep breath) We all do. ☺ Because he gets it too. You see, he gets it from higher levels and he has to take a deep breath. (Farena takes another deep breath) We all do. So take a deep breath. (Everyone takes a deep breath with Farena) Bye.

Waith: Yes, indeed. This is true what Farena says. And we lighten this up a bit now, you see.

You know that this is uppermost on our minds. You have told us not to be judgemental. That is one thing you have really gotten across.

That is one thing. What else have you learned? What is a second thing?

Well, we are helping ~ because we were not asked to help. It was not our balancing this time. And here I thought I was flying around and I was not. And to look at it as we are supposed to look at it, not just from earth plane stuff that we hear all the time.

We will close the session with the sending of energy of fluffing and soothing, an energy to bring you into a clearer perspective of all of the earth plane activities that occur and their spiritual connection, their higher realm connection. Keep that in perspective. At all times volunteer the sending of your Light to those who would need it, and if they do, they will take it, and if they do not, they will send it back. Be ever ready.