

Waith Class Transcripts, Excerpts

DEATH AND DYING

1987-1996

(Topics Include Absorption, Astral Plane, Cryogenics, Earthbound Entities, Mass Departures, Prayer, Sending Light, Transition, The Tunnel)

- ∞ [The Importance Of Asking For Help In Transitioning From The Earth Plane](#)
- ∞ [Inquiry About Someone Who Has Passed On ~ A Discussion Of Their Transition](#)
- ∞ [Someone Who Has Passed On ~ An Issue Of Being Stuck In The Astra Plane ~ Help Given](#)
- ∞ [A Fear Of Death ~ Stemming From A Past Life ~ Waith Describes What It Is Like To Die](#)
- ∞ [When Does The Soul Leave The Body?](#)
- ∞ [The Condition Of Senility In People Who Are Ready To Pass On](#)
- ∞ [Praying For Those Who Pass Over](#)
- ∞ [Inquiry About A Brother Who Has Passed On](#)
- ∞ [Inquiry About A Father Who Has Passed On ~ A Discussion Of The Water Planets](#)
- ∞ [Inquiry About A Friend Who Passed Over A Few Years Ago](#)
- ∞ [Know That When A Loved One Leaves The Earth Plane, They Are Given Great Care](#)
- ∞ [A Question Of Earthbound Entities ~ Sending Prayer ~ Sending Light](#)
- ∞ [Inquiry About A Loved One Who Has Passed Over ~ Needing Light And Prayers](#)
- ∞ [Inquiry About A Loved One Who Has Passed Over](#)
- ∞ [Inquiry About A Loved One Who Has Passed Over](#)
- ∞ [Inquiry About Someone Whose Brother Was Seeing Angels Before Passing Over](#)
- ∞ [Waith Discusses A Period Of Reflection Of Life After Departing, And Judgment Of Souls](#)
- ∞ [What Happens With The Soul When Someone Is In A Comatose Condition?](#)
- ∞ [Special Topic Session ~ Group Departures](#)
- ∞ [Each Entity Leaves With Another, At A Minimum Of Two Leaving Together](#)
- ∞ [A Discussion Of The Chinese Race And Group Balancings](#)
- ∞ [It Is The Law Of The Universe That Entities Will Depart With Other Entities At The Same Time](#)
- ∞ [Group Departures And Group Arrivals ~ And Establishing A Pattern Of Reincarnation](#)
- ∞ [The Spaceship Challenger Explosion ~ An Issue Of Group Departure, And Of Teaching](#)
- ∞ [Certain Groups Coming Together Who Have Had Prior Experiences ~ Terra Lux Is An Example](#)
- ∞ [The Upcoming Shift Is A Time Of Acceleration, And More Group Departures Will Occur](#)
- ∞ [Once The Shift Occurs, Large Groups Will Depart, Leaving Room For Others To Come In](#)
- ∞ [When Groups Incarnate, Do They Choose Their Role In Specific Historical Time Frames?](#)
- ∞ [Technological Malfunctions Resulting In Mass Departures, Including The Animal Kingdom](#)
- ∞ [The Positive And The Negative Roles Of Technology Before And After The Shift](#)
- ∞ [Group Departure Means That The Group Departure Itself Is A Part Of The Balancing](#)

- ∞ [Group Departures Are Meant For Balancing, Teaching, Or Learning ~ You Won't Know Which](#)
- ∞ [All Members Of A Group Must Return Together Until All Have Balanced](#)
- ∞ [Waith Gives A Tunnel Technique To Assist Those Ready To Depart The Earth Plane](#)
- ∞ [When Souls Become Entrapped In The Mire And Unable To Make The Transition](#)
- ∞ [The Astral Plane Dimension Of The Earth Plane ~ A Spirit Dimension](#)
- ∞ [What Happens If Someone Goes To Mars And Dies There?](#)
- ∞ [The Tunnel Technique To Help Someone Pass Over Can Be Done After Someone Passes](#)
- ∞ [Another Technique To Help Loved Ones Make The Transition](#)
- ∞ [Transition From Earth Plane Into The Spirit Realm And From The Spirit Realm Into Earth Plane](#)
- ∞ [Is The Tunnel Part Of Our Illusion, Or Something To Visualize In The Tunnel Technique?](#)
- ∞ [Is There A Period Of Time When An Entity Leaves Before They Come Back In?](#)
- ∞ [Are There A Certain Number Of Entities Within Earth Plane, And Within Spirit Realm?](#)
- ∞ [Is It Possible, For Example, For Somebody's Mother To Come In As Her Oldest Son's Child?](#)
- ∞ [Is It Traumatic For A Soul If It Does Not Go Through The Tunnel And Gets Kind Of Lost?](#)
- ∞ [What Happens To Entities Who Have No Help To Get Through The Astral Plane?](#)
- ∞ [Can Souls Go To The Astral Plane Instead Of Earth Plane To Work Out Karmic Situations?](#)
- ∞ [Can Souls Go To The Astral Plane On A Rescue Mission To Rescue Somebody?](#)
- ∞ [Would The Tunnel Technique Be Of Assistance To Souls Who Are Entrapped?](#)
- ∞ [If Someone Is Afraid Of Dying, Does That Interfere With Their Going Through The Energy?](#)
- ∞ [Do Your Spirit Guides Go Through The Energy Layers With You? What Is Their Role?](#)
- ∞ [Does It Create A Problem When People Are Held Here In A Coma?](#)
- ∞ [Is It Possible In The Dream State To Help Souls Cross Over And Make The Transition?](#)
- ∞ [What Part Of The Spiritual Center Does The Spirit Leave The Body At The Time Of Death?](#)
- ∞ [Discussion Of Cryogenic Freezing Of The Body](#)
- ∞ [Spiritual Preparations In Helping When Someone Is Leaving The Earth Plane](#)
- ∞ [About Suicide, Are There Any Ramifications To A Soul Who Chooses To End Their Life?](#)
- ∞ [If Someone Dies Without Leaving Burial Instructions, What Is Appropriate For The Body?](#)
- ∞ [A Question About The Ultimate Crime In The Universe ~ A Discussion Of Absorption](#)
- ∞ [Absorption And Accountability For When That Happens](#)
- ∞ [A Question About Sending A Healing Light To Someone, And The Light Stays Blue](#)
- ∞ [A Question Is Asked Of Helping An Earthbound Entity Who Is Having Trouble Passing Over](#)
- ∞ [Helping A Terminally Ill Person Have A Smoother Departure From The Physical](#)
- ∞ [What Are Some Details With The Large Numbers That Are Coming Over Into Spirit?](#)
- ∞ [Major Group Departures Are A Form Of Group Balancing](#)
- ∞ [A Discussion Of Suicide And Judgement](#)
- ∞ [An Issue Of Helping Entities From A Group Departure Through The Portal Back Into Spirit](#)
- ∞ [Group Departures, Group Balancing, Judgemental Issues](#)
- ∞ [A Question Of Whether One Can Leave Their Body Before An Impending Death](#)
- ∞ [A Question Of Assisted Suicide](#)
- ∞ [When, At Some Level, We Decide To Leave The Earth Plane, What Is That Based On?](#)

- ∞ [When We Depart The Earth Plane, Does That Mean Our Multidimensional Selves Do The Same?](#)
- ∞ [When An Entity Departs The Earth Plane ~ The Gift Of Companionship From Another Who Departs At The Same Time, Followed By Questions And Responses](#)
- ∞ [The Call To Be Of Service During Mass Departures, And Will There Be A Memory Of It?](#)
- ∞ [Does Every Energy Pass Through A Universal Portal When They Pass Over?](#)
- ∞ [Being Of Service By Helping Those Who Will Be Leaving At The Time Of The Shift](#)
- ∞ [Angelic Protectors Are Responsible To Watch Out For The Path Of The One They Protect](#)
- ∞ [Some Examples Of Helping In The Transition Of Those Passing Over ~ And In Mass Departures](#)
- ∞ [Could You Lend Any Insight Into Closure With Relationships, Or When People Pass On?](#)

*Waith's Words, and the Spirit Group's Words, appear in this font style
(If a Spirit Group Member speaks, they will be identified)*

Class Member Questions/Comments appear in this font style
(Multiple responses from the class are preceded with this symbol ⚙)

**The Importance Of Asking For Help In Transitioning From The Earth Plane
(September 24, 1987)**

My father-in-law was trapped on the earth plane, and I hope and pray to get him out. And I was told that he was out of that, and I would like some confirmation if I can. (The name is given)

He has just barely made it. There is still an entrapment here though it is not an entrapment from the earth plane. He is still in a dimension that is now allowing him to be free. The reason for this is really quite simple. He has not had anyone to help him through. This happens so often that when the transition occurs there is no one here for a particular soul. There are many reasons for this. We have located him and we are able to help him. When a soul is trapped on the earth plane, as I have said before, we are not able to affect any help. It has to come from other areas. However, where he is now, we can help him. We need only to be asked. We do not do it without being asked.

By him?

No, it must come from those on the earth plane who were directly connected with him. You can be a part of it. There needs to be several other people who were directly connected with him who need to also ask. It is very simple. You do not need to be in my presence to ask. You simply call upon me. They must believe that, in their prayers, calling upon The Creator and asking The Creator to allow us to help ~ it must come from that kind of direction, and then we simply will help. We will ease him through and do the necessary exercises to help him through. They are not easily explained to you on the earth plane, what we do here to assist souls in the transition. It becomes even more complex in a situation like this. Simply know that we can help him and help him through.

It is so very similar to the birthing process on the earth plane, a pushing through a barrier to come onto the vibration of the earth plane. It is very similar. There is a vibration that surrounds him that he is not able to break through, and he needs some assistance to push himself through so that he then gets into the correct vibration for his particular soul. We can help him with that. Do you understand what I say? And it is clear to you who these individuals must be.

Yes. Thank you.

Pray to The Creator and ask The Creator to allow Waith and Company ~ there are seven of us ~ we will take care of it. The Creator denies nothing. It is simply a matter of asking.

**Inquiry About Someone Who Has Passed On ~ A Discussion Of Their Transition
(October 08, 1987)**

Yes. He is quite fine. He is in school. He learned a great deal in this lifetime. And he has gone through the transition into this dimension very smoothly, and evaluated his life very rapidly. And now has gone on to do other kinds of things, and will determine at some time in the future when he will come back on the earth plane. He is in no hurry. This is the feeling that he is sending. He may not return to the earth plane for many hundreds of earth plane years. He is out learning some very good things and experiencing other kinds of things. He sends you his love.

He has chosen a direction at this point that puts him in a vibration, that once he is in that vibration, he must stay there for a while. And it is a vibration that is not easy to move in and out of, so that he would not be able to come to you in meditations, or in any other aspect. However, he wants you to know that he loves you and that he will meet you again at some point, because you are connected through many experiences. And so, he wishes you happiness and love, and he has asked the Angel in charge of him to make certain that you are taken care of, and that will be obliged. The request is made and granted.

Someone Who Has Passed On ~ An Issue Of Being Stuck In The Astra Plane ~ Help Given (October 08, 1987)

I want to ask about a soul that has gone. Even though it has been a short time. It feels like they are still here. Is that possible? Could I visually see him? Is this possible? (The name is given)

He is close by. We are now aware of some difficulties that he has had in passing over into this dimension, and we are now going to his aid. He has had difficulty in accepting the fact that he has left the earth plane. He is in, what you all know as the astral plane. He is caught there. You have seen him. He has shown himself to you. This has been because he is still so close to the vibration of the earth plane and not because his energies were of such a height that if he so chose, he could show himself to you. It has been a plea, almost, to help him. And now that you have spoken here and brought it to our attention, we are now going to help him to move from the astral plane into the Light ~ into the clearness.

The astral plane is murky and very slow moving and very close to the vibration of the earth plane. We will help now. It takes a little bit of time at this end. You need not worry. He will be freed from the astral plane, because he got caught there was not of his own doing. It is just one of those things that happens sometimes. And many times, we do not see this happening until it is brought to our attention, as this has been. We will take care of it for you.

A Fear Of Death ~ Stemming From A Past Life ~ Waith Describes What It Is Like To Die (October 18, 1987)

I have an intense desire to know what the hereafter is going to bring for me and what it is all about. And by the same token, I have an intense fear of how I am going to get there, how I am going to die, and when I am going to die, the uncertainty of it. And I just wonder where that all stems from.

My dear, what you feel is a part of the experience of being on the earth plane. You see, death, as it is called on the earth plane, does not hurt. When it is time for you to leave, your soul simply leaves your body. What occurs before the actual leaving may in fact be painful, and this is taken on by the entity as a lesson to be learned, the way in which one prepares to leave the earth plane. The leaving is marvelous. It is a setting free from the plane. And as you begin to become more spiritually attuned and aware of what we would call the metaphysical dimensions, the fear of death begins to subside because you know that everything you experience on the earth plane is meant for a purpose, for a lesson to be learned, and that you take it on with great joy because it is one toy out of the box.

What awaits you after you leave the earth plane is dependent upon what you have done on the earth plane. I am not a prophet, if you will. I will not predict the future because the free will of each energy determines the path. I could say to you that based on current attitudes and behavior that such and such a course of action could be predicted. However, I will not say this is what will happen. There are too many factors that can change that.

You have come into this life, as other energies have, to learn very specific lessons. The fear of a painful death that you have, and you have tremendous fear, comes from a lifetime when you were burned at the stake. Many energies have experienced this. This was perhaps, oh, twenty thousand years ago, not in recent witch burning history. For now, that, in the entire history of the Earth, which is much greater than your scientists acknowledge or have information on, the civilizations existed, and the patterns of life are continuous. The scenarios play themselves again.

And so, twenty thousand years ago you were in a civilization. This was at the time of Atlantis. However, you were not on the continent of Atlantis. You were on another major land body, which has disappeared since that time. And you were what would be called in today's vernacular, a witch. However, this is a very positive situation, not negative as it would be referred to today. And because you were very spiritually aware, you were using your powers.

You had the ability to use herbs to heal. You understood the importance of the different combinations of herbs. You were able to bring someone from a critical difficult condition to a healthy condition, while at the same time, helping to heal them at a spiritual level. And this was eventually looked on as the work of the devil, and it was not. It was the work of the Light. And you were burned for this.

It was a very abrupt departure for you. You were not expecting this. Your soul had not planned it. You had not finished what you had come in to do, and you were very quickly taken. They came in the middle of the night for you, and took you away. And within a very short time period of minutes, you were burned. Your soul did not have time to prepare for this, and so it was a very dramatic event. Your soul left very quickly, and you had a great deal of difficulty in understanding why that happened. These situations occur without there being any real reason. Someone else's free will has interfered with your path.

The way in which an entity handles this situation of unexpected behavior, based upon another entity, is a part of your own growth. You reacted in a way in which you did not understand, and you carried a bitterness with you which you have managed to reduce significantly during these past thousands of years. Nonetheless, you have spent a considerable amount of time on a Work Planet trying to analyze what this was all about, why you were pulled out before you were finished, and you need to let go of this at a Soul level. It is causing your unhealthy fear of death.

And by releasing this you will Flow with The Universe, and you can set up a contract with The Universe with a mission, because all you are concerned about now is why this happened to you. You came onto this earth plane with the mission of finding out and understanding why you were pulled from the Earth. You do not need to understand what the reason was, because there was no reason per se. And by giving it up, letting it go, you then will decide with The Universe what you will do, what toy you will take out of your box, and it will give you a feeling of freedom in knowing that there is nothing to fear.

When you leave the earth plane you come into the arms of very gentle beings, and we will help you in making your transition if you ask ahead of time. That is all that is required. "Help me to come through" is the request. And begin now to connect with your spirit guide through the learning of meditation, and many, many of your fears and anxieties will begin to melt away as you connect with your own Higher Self and the Spirit Guide who protects you. Again, you have many around you who are here to be of service and who can help you with this. You already have begun to do this. Continue.

When Does The Soul Leave The Body? (October 22, 1987)

Does the body have to die in order for the Soul to come out of it and go onto another plane? And do we keep going on and on, like the alpha and the omega?

The Soul can leave the body when it is ready. There are occasions when the body is destroyed, thus forcing the Soul to have to depart the physical body, for whatever reason. Either the organs have worn down, or something destroys the life-giving organ, and thus the body, the encasement, the shell, no longer functions and the Soul then leaves. The Soul feels no pain, for those of you who may be curious about this. The Soul feels no pain even though the body is experiencing the pain. And the consciousness of the energy, while in the body, will be feeling the pain, the Soul does not. And as it approaches the time for departure, the Soul feels less and less connection with the body, and there is a moving away from the body, so that at the moment of disconnection, there is no pain.

The Condition Of Senility In People Who Are Ready To Pass On (October 22, 1987)

When the Soul is getting ready to leave the body which has broken down, is this what we call senility in people that are getting older and ready to pass on?

This condition where souls appear to be losing contact with reality, as it is on the earth plane, is a beginning for them. It is a lesson that they are having to go through. There are some very critical lessons that are involved with this condition where they are at times grounded on the earth plane, and at other times communicating with other dimensions. This is occurring because of difficulties that they have encountered in their path while on the earth plane.

If one were to speak generally here of entities who have this problem, and we see it only as a minor difficulty, they are trying to work out certain issues. And for each individual, it is a different situation. Generally speaking, they are trying to resolve certain issues that they came into this life to learn and are having difficulty with and want to try to resolve them before they leave so that they will not have to learn that lesson or come back and deal with it again. So, this is what happens many times. They will appear to be lucid, and then they will not be. Eventually, they have almost a crashing of the system, if you will, where they become so upset with themselves that they have not done what they came in to do, and yet will not take their own life, because they know the consequences of that, that they simply tune out and wait out in due time their departure.

Praying For Those Who Pass Over

(May 03, 1988)

The organized religion, the church, has always said to pray for people when they pass over. Now after this discussion, I kind of got the idea that our souls do a great job, or try to do a great job, before they pass over, and come back. How does that tie in?

You must understand that from the beginning we have indicated the issue of free will. And that many times the manifestations that occur, and the free will that enters in, regresses a soul, or even if it does not regress, and in fact does help, and the entity moves ahead, all of us need the prayers of each other. And so regardless of the situation, when there is a moving about from dimension to dimension, there is an increased need for prayer, for assistance, especially moving out of the earth plane into whatever dimension is necessary to go. It is a tremendous shock to the energy form.

There are certain conditions that surround the earth plane that create this, which we will not enter into discussing at this point, but it does mean that because of the conditions that create entrapment on the earth plane, there are situations when an energy form, when leaving the earth plane, runs into difficulty. Even if they do not run into difficulty, it can be a very traumatic transition. For some it is not, but for most it is. And prayer not only helps other energy forms but it also helps you who do the praying. And if a particular energy is undergoing simultaneous lives, it means that one part of the energy has left the earth plane and one part is still on the earth

plane, and this creates a whole set of situations in itself which we won't get into at this point. However, to basically answer your question, prayer is of the utmost importance. It is a Universal condition for life. It is the affirmation of love for each other.

Inquiry About A Brother Who Has Passed On (July 12, 1988)

A friend of mine asked me to ask this question for him. He has a brother who has passed on, and it was traumatic, of course, for him. He asked what his brother is doing. (The name is given)

Yes, indeed. In this session, of course, we will extend great latitude in the questions that are asked and so he is interested in knowing the whereabouts of the entity. Well, one moment and we will search out this entity and see exactly what this entity is up to these days.

We have located him. She. Him. For he is really of a dominant female vibration and has recently completed the work that is necessary in the transition from the earth plane, out of the earth plane dimension. This entity is completely out of the earth plane environment now, for remember that it takes time for this to occur because of the many levels of the earth plane which I have mentioned in the past, and for some it takes a little longer than others to move through the different levels of the earth plane, so this entity has accomplished that successfully and without much trauma, for so often there is trauma. This entity was met by the twin flame who was waiting to help in the pass over.

It was a most beneficial life for this entity. The mission was accomplished, and it is the reason for the departure when it was thought that this entity would stay on the earth plane longer, but there was no need. The twin flame and the entity are currently being enrolled in school, one of the many thousands of learning posts that are available for lessons of a specific nature. And part of what they will be doing is to evaluate that which has just been completed for this entity as well as the twin flame who had come back from the earth plane some time ago.

They are now looking at their new venture, if you will. So, all is well. There is nothing dramatic to report. They are moving along smoothly, predictably, with no major concerns to be given, and it was what we might call a normal life path on the earth plane that had its ups and downs but was completed in its entirety, and so there were no rough edges, so to speak, and all progressed as would be considered normal. So, your friend can rest assured that this entity that was his brother in this lifetime is happy and if there would be further questions that this friend would care to discuss then we can certainly make those arrangements.

Inquiry About A Father Who Has Passed On ~ A Discussion Of The Water Planets (July 12, 1988)

I lost my father about four years ago and it has been really on my mind what he is doing. Could you locate him for me?

Present his name to me as it was on the earth plane. (Waith is given the name)

Yes, we have found him. He is currently on what is referred to as a Water Planet having a relaxation time. His time in this last earth plane incarnation was a difficult one for him, and his mission was a difficult one, and he is reflecting upon it now, that which was the result of his incarnation. I am not able to give you one way or the other here, for it relates to his soul's path ~ and he is relaxing now. He is under the care of one of The Angelic Force. It is in another kingdom. It is not one of my particular charges, but he is very well cared for and there is much reflection occurring.

The Water Planet that he is on is one in which a great deal of soothing occurs. There are many different water planets that souls go to for various reasons. That particular one is one in which the sensation of floating, an absorption by a life force ~ there is that combination of words again that will be presented to you in the future ~ is allowing him to take that which he felt good about and that which he did not feel good about in this incarnation and, shall we say, synthesize it and be able to understand what to do next.

We do not usually encourage an entity who is on this particular planet to incarnate soon onto the earth plane again, but rather we look to the time spent on this planet to then decide to which school at another level he will then go and prepare once again for earth plane manifestation. It could be as long as, on the earth plane, one to three thousand years. There is no rush.

We are at this time not able to communicate with him, for all who go onto this planet are there to not be disturbed except by those who have been given the charge of care. Once that has been accomplished, and know that he is in very good hands of ~ one of The Angelic Force is with him. This is a planet that is taken care of by The Angelic Force. I have mine there as well as the other kingdoms, and he is in good hands, shall we say. When he comes out of that environment, he will then be able to be communicated with.

I was wondering about that too because in one of my meditations I tried to contact him and I was told that I could not contact him now.

Who do you think gave you that information?

Well, I thought it might have been you.

It was actually one of your guides who did not know much about this phenomenon of The Water Planet and thus came to me, for this guide, of course, is under my domain, if you want to

use that word, and so I discussed the phenomena and made your guide aware of this planet and what its purpose is, for this is part of the learning of all guides, that which would be known to them as they need to know it, and it was then transmitted to you. And you thought that it was I because of the influence that I had upon your guide. And so, yes, in an indirect way, it was I speaking to you, but it was your guide who is learning how to respond to you now and protect you and take care of you.

Inquiry About A Friend Who Passed Over A Few Years Ago (September 06, 1988)

I would like to know how a friend of mine who passed over a few years ago is doing. Can you tell me how she is? (The friend's name is given)

One moment while I seek out her location. We have located her and she is fine. She is resting. She had a most filled manifestation. She had several very important lessons to learn, and she accomplished what she set out to do, and she is now in a resting stage, one of evaluation, and is preparing to go into a dimension of elevated learning. Note that I say elevated and not accelerated. Simply elevated.

She will remain off of the earth plane for some time while she attends to other issues. She is not at a dimension where communication is possible. The resting stage is meant just for that and we would not disturb her. She is guarded now by her guides who were with her during the manifestation. They will remain until the resting time and evaluation period is completed, and she is then presented into another dimension and then receives other guides and other protectors and teachers.

When the time is right for communication would it be possible for you to tell her how much her friends appreciate all that she taught us during her time here?

We will relay that information to her guides, my dearest. The time that she will be in this particular state could be on the earth plane illusion of time, five hundred years. You may, in fact, be able to tell her that yourself in spirit. However, it will be related to the guides and they on occasion will relay certain insights, and if it is considered appropriate for them to give her this information before she is finished with the resting state, then they will do that and that will be left up to them. So, we give them this knowledge.

Know That When A Loved One Leaves The Earth Plane, They Are Given Great Care (September 13, 1988)

I have been curious about my mother who passed on five years ago, and I have been hesitating about asking about her. Does that mean that I am not concerned about her? I have been wondering how to phrase it, and should I be concerned with her and where she is now?

It is a good question to be asking, for there are others who feel as you do, dearest one, that those who are close to them who have left the earth plane, they do not feel the need to ask about them. This is not to be viewed as a lack of concern, but rather an understanding of The Universe and that all is well, that no energy form encounters any real difficulties even if they are in trouble, shall we say, with the dark. We take care of all. And while there may be some regression that may have occurred on the part of any energy in a particular manifestation, when they depart and come back into our fold, we take care of them and we help to revive them and place them into a schooling situation that will then prepare them to come back onto the plane and to learn their lessons.

What you simply feel, then, is a greater connectedness with The Universe in knowing that all is well, and while it is for many nice to know where a particular loved one is, it is not necessary if one accepts The Universe and all that occurs, in knowing that all is well, that we take care of each other, and those of us of the higher vibrations are charged with the responsibility of taking care of those of the lower vibrations. And remember that each of you, while you may be lower in vibration to another energy form, you are also higher in vibration to other energy forms. And therefore, we all have responsibility to each other. And your mother is very well and she is nearby and sends you her greetings and that is all you need to know.

I feel like I already knew that.

Because you did. But we thank you for asking the question so that we may place it on the record for those who are also feeling as you felt, but did not know that, as you knew.

Do those who are departed know that we are a member of this group?

Some do. Some have no need to know. It is not important for them to know, for remember that that which occurs now on the earth plane is, in the scheme of The Universe, the blink of an eye, and really not very important, except for those involved in it is important. There are millions and millions of entities involved in it, but there are an infinite number of entities not involved in it, and therefore not even aware of what is occurring, for they exist now in other dimensions and do other things and are on other planets and are on other types of planes, and so many who have departed from the earth plane are not part of that which occurs now.

A Question Of Earthbound Entities ~ Sending Prayer ~ Sending Light (September 20, 1988)

I was reading and I was talking to people who were saying that they feel that they are surrounded by entities and souls of relatives who left their bodies and who have a negative influence on their daily life. They have the feeling that these souls try to stop them and discourage them from developing their paths into a higher level. Can you talk about this and can you suggest what you can do in order to convince

these souls that they should leave you and go to a different place, or into The Universe where they actually belong to?

This, my son, is a very good question to be presenting and one that is not easily dealt with and yet needs to be given attention. For what begins to occur is that ~ remember in the past I have indicated that the earth plane consists of many levels, dimensions, and that there are dimensions close to your own conscious dimension in which you find yourselves existing. And that what begins to happen with some entities who are very, very bound to the earth is that when it is time for them to leave, they do not want to. This is something you are all aware of happens. And you hear of this situation of the earthbound entities.

It is a little more complex than that for there is the issue of balancing that occurs here with particular entities who have been manifesting with other entities, be they of a relationship, family, or friends, or any of the number of roles that one can take on, and there is a certain emotion that they find themselves surrounded in as they are told it is time to leave.

They do not want to leave and yet they must, and they struggle with the leaving, and as part of their lessons that need to be learned they are left at the earth plane itself but at a dimension perhaps one or two levels away from that of your own conscious manifestation. And thus, they are very near. They are in what many of you have referred to as the astral plane which is a very slow-moving plane, one in which many entities arrive into thinking that they are in fact still on the earth plane that they have just left the dimension.

The technique for helping will not come as a surprise to any of you, for it is the basic technique for all who find themselves in trouble, so to speak, that is the sending of the Light. However, there are very specific types of techniques to do this. It depends very much upon the circumstances relating to the Soul paths of all concerned.

It would necessitate, for example, a private discussion with all of us to guide you in that which is creating that particular condition, for it is usual that there is balancing to occur for all concerned, those who are surrounded by the entities and the entities themselves who surround, and it takes a concerted effort on the part of those of you who are being surrounded to help free those who surround you, for it is truly an entrapment in which they find themselves. And in some cases, they are in fact attempting to impede the growth that you yourselves would be wanting to do, for they drain your energy.

They are close enough, yet not with you, but close enough so that they can take your energy from you and create in you a particular kind of fatigue that makes you especially vulnerable to negativity, thus feeding on itself and thus making you weary and allowing the negativity to drain you even further.

This can be avoided and can be worked with. It is not really what you might call an exorcism, but it has a particular type of activity where a group of entities would be together and would be sending Light in a very particular way. Now in the meantime, it can be helped by the very simple process of prayer. This is always the technique that begins everything else, supports all that you do, and carries forth that which you have done.

And if you, my son, have a particular concern about this situation which you have presented, if it does relate in fact to yourself and your family in a very large degree then there can be arrangements made to discuss with you at a future time how this can be worked through.

**Inquiry About A Loved One Who Has Passed Over ~ Needing Light And Prayers
(December 20, 1988)**

Waith, I would like to know if you could check and see if (name given), if he is all right.

He is encountering some difficulties in the interdimensional fiber of energy. We have located him and we will do our best to help him through. He needs to have special Light and prayer to guide him through. We are not able to indicate to you why this occurrence has happened except that it will be worked through. We will help him. However, he needs to have help from earth plane.

If I send him prayer and light, will that help?

Yes, it will, and it would be beneficial to call upon others also. Ask others to help you in this. And as always, prayer and Light helps a situation. Do not fear for him. It is not a negative situation. It is simply an entrapment interdimensionally that occurs on a regular basis and is not anything to get really upset about.

**Inquiry About A Loved One Who Has Passed Over
(December 27, 1998)**

This weekend my uncle died and I sent a ball of light and asked for your help. Did you hear me?

We were there, my dear, and that particular mission was given to Farena, and she took your message and assisted in the transition. It is still occurring. It does not just quickly happen. It takes a little of what you would call time. He is progressing well through the many layers of energy that one must pass through in leaving the earth plane and returning into the other dimensions.

**Inquiry About A Loved One Who Has Passed Over
(January 17, 1989)**

Waith, I would like to know if you could tell me about someone who passed over. I have a very dear friend, and her son died back in August, and I have told her repeatedly that I would ask if you could tell her anything about him.

At this point, we will simply be able to tell you where the person, the energy form, is.

Well, maybe that would be fine. His name is (the name is given)

He is safe and well taken care of and resting after a very difficult incarnation. That is all that we can tell you about him at this point, for anything else would be an infringement upon his own path at this time.

Great, and he did have a difficult incarnation for sure. Thank you. At least I can tell her that you told me that, and she can identify with it.

Inquiry About Someone Whose Brother Was Seeing Angels Before Passing Over (February 28, 1989)

I was talking to someone today whose brother passed over. Her brother told her that there were Angels with him during the time that he was very sick.

Realize that The Angelic Force that I oversee is very, very large in number, and that whenever any of The Angelics are needed they are sent when they are asked for, and very often they are asked for from the guides of a particular energy. In this case, the guides requested the assistance of some from the Angelic, and they were sent for assistance.

Waith Discusses A Period Of Reflection Of Life After Departing, And Judgment Of Souls (March 05, 1989)

On the other hand, the people who do this, which to us is certainly a horrible act ~ how are they judged at the time, or is that left along their soul's path?

Judgement, remember, if you were to use that term at the spirit level, is done by Amelius and his crew. There are five at the level of Amelius, and it is they who, if you were to use this word JUDGE, do this. No other. What occurs is that each entity, when departing, always needs to then go into a period of reflection on what was accomplished in the life and is then what you might call a discussion ensuing. Those of us at the Highest of The Angelics are on occasion brought into these evaluations. Generally, it is done by Amelius and other ~ the other four. It is done rather quickly. It is not what you might think of as taking days and days, going into an office with a table. ☺ ☺ It is done at spirit in a very rapid manner.

When there are mass departures it takes a little bit longer, and that is when we are allowed to come in and help in the evaluations. We do not make the final decision. That is left only at the Highest of the Kingdom. We simply give our recommendations based upon all of the information that comes from the entire line of command, recognizing that each energy has a guide and that guide reports to their boss who reports to their boss and so on and so on until it comes up to Amelius. This is done very, very rapidly. In your time frame it would be a matter of seconds that this is accomplished. Some then go onto Work Planets. Others go into other dimensions. Depending upon what we would call the trauma that the Soul has experienced as a result of its life will determine the next step.

Remember that we do not judge by way of Light or dark, for Light and dark, as we have said before, is a matter of perspective in comparison to others. It is simply an evaluation of the effect upon the growth of the energy. If it has had a positive effect, certain things happen. If it has had a less than positive effect, other things will happen.

What Happens With The Soul When Someone Is In A Comatose Condition? (May 09, 1989)

What happens when a person is comatose? I was comatose once as a child and I have always been curious about this. But what is happening with the Soul, or is it the same for everyone, or is it an individual thing?

That which is referred to as comatose is a resting phase for the Soul as it attempts to decide whether to stay or not. It is very simple, actually, and it is a time when there is great dialogue occurring between a soul and those who guide the Soul in looking at what needs to be evaluated. The condition of comatose is brought on by the Soul so that there can be this major evaluation. It is possible that a soul will be allowed to leave even though they have not completed their mission as yet, and comatose is The Universe's response to a soul's wanting to perhaps leave and ~ before the mission is completed ~ and it is an attempt to intervene so that the Soul does not simply take its life out of the encasement without permission, that known as suicide. It is a way in which The Universe will intervene so that the conditions of suicide, as it is referred to, would not be imprinted upon the Soul and, therefore, the ~ that which would need to be accomplished over the eons when the Soul has, in fact, taken its life out of the encasement before it was deemed to do so.

Were there decisions made during that time in my life that affect me directly now?

Yes.

Is that why I think of it often recently?

Yes. This occurs most frequently in those who have come out of the condition of comatose that their behavior is very different. It is also a condition in which the exchange of energies will take place and that very, very often the ~ which is called walk-in occurs during this comatose stage, but not always. And simply the energy in its decision mode, if you will, is shown certain things to help ease it through this very traumatic time. For it is traumatic when a soul reaches that point where The Universe intervenes as it does ~ comatose. Very often there is no exchange and no walk-in and the entity is allowed to leave and is taken, therefore, into a resting stage, for very often that which is called the psychic breakdown has occurred. And we have discussed in the past psychic breakdown. In your case it was a time of tremendous reflection, and it created a different direction for you. You came out of it stronger.

Waith, I have gone through the thing of coma with my daughter. When someone is in that state, and you are talking them back, that is all done at Soul Level. Do they hear you? They respond.

Yes, indeed. Yes. Yes.

Special Topic Session ~ Group Departures (June 04, 1989)

We are most pleased to find ourselves with this particular topic that we have come to address with you on group departures. It is one which many will find a certain sense of understanding in why they find themselves with certain groups of entities. We will be addressing much more than simply why groups would depart at the same time. We will be discussing what it is that brings about that behavior and that as a general rule entities will depart not just by themselves but there will be departure with another that has been determined ahead of time, even if it would be one other entity.

Each Entity Leaves With Another, At A Minimum Of Two Leaving Together (June 04, 1989)

A Group Is Significant In Its Mission And Generally Leaves In Numbers Of Seven, On Average (June 04, 1989)

Very rarely does an entity simply leave without a like energy force leaving with it. It might not be known by those remaining on the plane, for that energy form departing simultaneously could be located geographically in another area or there may not be the recognition that there was any connection between the energy that you would know to be departing and another departing energy. So, it is very rare when an energy departs without another. Generally speaking, energies depart in ~ on an average in groups of seven that being a particularly high vibrational number, and the combination of the energy that comes from that number of entities helps to assist in the process of going from one electromagnetic field into another.

Those entities who find themselves trapped are generally entities who have left by themselves without another energy form, and even in this situation while it appears that an energy has left with another, and yet one energy is trapped and another is not, you must understand that in terms of timing if the departure is not exactly at the same moment then one energy is departing different from another and the exactness of the time, as you would call it, can vary by an infinitesimal second and thus create different waves of vibrations in the electromagnetic field, thus allowing one entity to move into another field before another entity, thus creating certain entrapment situations.

A Discussion Of The Chinese Race And Group Balancings (June 04, 1989)

What happened in China when soldiers came out and shot the students?

Indeed. You will find that that which occurs in the land of China is a combination of Group Balancing where those have come in to teach very specifically and ~ but not as tremendous as there are Group Balancings occurring. Large numbers have come in through this particular race at this particular time to balance from times in the past. The Chinese Race, as it is on the plane now, gives particular opportunities for metaphysical balancing that are not available in other races currently role playing on the plane, and thus it is that you will see in this land of China, more and more group departures. Understand that there is tremendous balancing occurring, and that there is tremendous vibrational advancement occurring as a result of those entities who have come in that land mass, and many of them are vibrationally high enough to withstand The Shift and could, in fact, stay but have chosen to do otherwise.

Everyone Has, As Part Of Their Own Growth, Individual Responses To What Happens (June 04, 1989)

I feel so much pain about environmental issues. I brown bag my lunch to recycle. I don't know if what I am doing, or feeling, is to just shut up and deal with things the way they are, or to speak up.

And you, also, must have your role in that which occurs, as each of you do. Remember that you have all taken on particular issues, and that those issues you have taken on are directly related to all of the other issues that the other entities have taken on, and while one entity would simply say, "Well, that is all meant to happen," and not respond, that is because that particular issue was not taken by that entity as one to deal with in this lifetime. Another, however, would respond as you would with your paper bags and your ~ any other things ~ and write a letter, for example. This is all meant to be, you see. There are enough entities who have taken on particular issues throughout the plane that, whether or not it has what you would see as an impact is not the issue, but that it does have a direct impact somewhere down the Universal vibrational line.

So, for me it just would be the Lightness and the humor in it that I have taken this on, and just joyfully accept that this is my idiosyncrasy in this lifetime.

Yes, indeed, and if you feel yourself responding in what you might consider a lunatic manner, view it as such, as part of whatever it is you are feeling and responding is meant for you to be feeling and responding, that you must then identify that which you are feeling and responding. This is where it gets tricky, you see, to determine whether this response is going to add to your growth or take away from your growth, and this is why it becomes so critical that you understand your Higher Self.

So, we are then, making it better balance versus fanaticism?

Indeed, but understand that fanaticism has its role in the scheme, and fanaticism, as you would refer to it, by one individual, is not fanaticism to another. There will be a tremendous group departures coming from the land where it is now called Iran for their leader has departed.

It Is The Law Of The Universe That Entities Will Depart With Other Entities At The Same Time (June 04, 1989)

Each of you leave generally with another, or two or three or four. but you may not be aware of others leaving. It is not the same as the group departures. There is not a balancing or a teaching that is occurring here but simply the fact that it is the Law of The Universe that energies will 99.998% of the time leave.

Group Departures And Group Arrivals ~ And Establishing A Pattern Of Reincarnation (June 04, 1989)

Understand of course, that the reasons why energies become entrapped in a particular electromagnetic field is not the topic of this discussion at this time for that relates to other issues. What we will now do is give you some insights in group departures and group arrivals, for there are group arrivals as well as group departures and sometimes they are the same groups arriving and departing at the same time and sometimes they are not. We will also address questions that you might have as is our usual practice, so that you might be able to place onto the record certain issues.

Now, let us begin by recognizing that all are connected, this is the given. Now, in this connectedness there become certain energies who find themselves going through their growth with a certain group of energies. Thus it is that certain energies decide that in their path back to the One they will hook-up with each other, shall we say. And that they will do this, be it on the earth plane or in any other of the dimensions, and thus from the beginning of the journey there are many, many entities who decide that they will do it together. It makes it much easier when

you have groups, you see. Now, this establishes what we have referred to in the past as the pattern of reincarnation. It is very simplistic actually in its definition. However, what it implies is that there is, shall we say, a camaraderie that exists.

Now, it is not always in these manifestations, let us use as an example on the earth plane, that those who have decided to work through these lessons together are working in what might appear to be harmony, for part of the lessons is to pick a role and take it onto the plane and to learn from it. And thus, many entities being very, very harmonious at spirit decide that they will come onto the plane and take adversarial roles simply in the effort to learn themselves or perhaps to teach, for that may be what they are designed to do in that particular incarnation. And thus, knowing that at spirit level they are in complete harmony, they know that it will not deter them at an earth plane level to take on adversarial roles and it will not harm their own growth. This is very different from other situations where there is an adversarial role both at spirit and in manifestation.

Thus it is that the issue of soul mates, for example, takes on greater dimensions, for we have given in the past a discussion of soul mates without bringing in the additional component that one with whom you might be having an adversarial relationship could in fact be a soul mate at spirit. Now then, when entities decide in spirit that particular types of issues need to be resolved it is determined that it may in fact need to be done with a group of entities. Now, the workings through of issues in groups can be either voluntarily, as I have just described, or it may be the result of imbalance and therefore it becomes involuntary only to the extent that it needs to be done in order to balance. Now, the most common type of group workings is that which I have just discussed where the group needs to work together, to come in together and/or leave together in order to balance something that has occurred among the members of the group.

The Spaceship Challenger Explosion ~ An Issue Of Group Departure, And Of Teaching (June 04, 1989)

We are aware of a question that was asked of us some time ago of the group of entities who were on the spaceship that was destroyed, and you must understand that each and every one of those entities voluntarily came in as a group. They are one of the first type that I have described. They voluntarily came in to teach, and they came in at a point in time where certain issues with those of the world and the scientific community needed to address. They were here to help sensitize the efforts of first competing with others to reach that which is called other planets and trying to compete against other nations, and they were also ~ their mission was to place an emphasis upon the value of human life and that the quest for something such as reaching another planet was to be downplayed a bit for that it is not part of what will occur between the last cleansing and this cleansing.

Technology, of course, is in the Soul memories of all who are incarnated in that which is called Russia and that which is called America, for it is the two groups that carry those memories. They

do not have as their destiny in this particular time frame between missions to go into other planets. That will come at another time on the plane, as it has in the past.

Now, this group therefore determined at spirit level before entering, who would do what. And it is quite interesting, you see, for you must understand that each and every one of you has this ability before coming in. At spirit level you decide what you are going to do, who you are going to be, and what role you are going to take. Now, depending upon the advancement upon your own spirit determines whether or not you accomplish that which you lay out to do. And the more advanced an entity, the greater the probability that it will be accomplished, though it is no guarantee. So, advancement does not mean that you automatically will achieve that which you come in to do, but the more advanced you are, the higher the probability.

These particular entities did accomplish what they set out to do. They are very, very advanced and they are now in fact planning their next group endeavor and that will come shortly after the cleansing, The Shift, and once again they will come in as a group to teach.

Certain Groups Coming Together Who Have Had Prior Experiences ~ Terra Lux Is An Example (June 04, 1989)

Now, there are many situations in which you will find yourselves with a certain group of people. A very obvious example is the Community of Terra Lux, and that as more and more come into the community and become a strong part of the community, you find that you have had experiences with each, and every one of these people that you come in contact with, and if not everyone, then you would probably know that the majority has had experience.

Well, it is an illustration of a group progression. Each and every one who, for example, in Terra Lux are a part of the substantive community, not just those who would come and go, or perhaps seek our guidance here once or twice, or to seek your help as community members, but those who are entrenched in, and would in fact, identify themselves as community members, will find that you have had experiences with every other member, whether you have had it identified as such or not. The journeying is far too lengthy and complex for it not to be, and with the issue of lifelines, that many of you have begun to identify and understand, makes the webbing of interaction among all energy forms much more interesting and complex.

The Upcoming Shift Is A Time Of Acceleration, And More Group Departures Will Occur (June 04, 1989)

Now, and there will be now, between this time frame and that of The Shift, more and more group departures. This occurs, for many entities have chosen this time frame as the opportunity to come in to balance, knowing that the accelerated energies available to them at this particular time before The Shifting will give them a much greater opportunity than they had in the past

time frames to balance. So, you will be seeing now, especially, beginning in a very short time, some very dramatic group departures.

You must understand that when groups of entities depart, that you must not feel the emotion of sorrow, but rather to understand that here is a group that has in some way accomplished some balancing, and that they may, in fact, be a group that's mission was to teach, and by their departure as a group, they have taught, you see. So, there is the issue of teaching and learning, and as we say so often, you may never know which was which, nor is it necessary for you to know, but rather, just simply, to look at the group departure and feel its impact upon your own perspective, upon your own consciousness, and what it does to you as an entity, what have you learned, what have you achieved in terms of your own awarenesses as a result of a group departure.

The departures, at their very minimum, are meant to be dramatic, are meant in some way to draw attention to them. This is unlike that which we discussed initially where each entity leaves with another, at a minimum of two leaving together. That is the given, the norm. The group, however, is significant in its mission.

Once The Shift Occurs, Large Groups Will Depart, Leaving Room For Others To Come In (June 04, 1989)

There will be certain entities associated with the community who will choose a departure in group form once The Shift has occurred, for the mission will be completed, and by that time there will be understanding of the fact that the mission has been completed, and it is time to depart and therefore leave room for other energies, you see, for as with every other cleansing, immediately after the cleansing, there is allowed only a certain number of energy forms on the plane until conditions have been smoothed out. And thus, there will be many entities whose mission it is now, to get the other energies ready for The Shifting, and once The Shift has occurred and certain types of activities have been accomplished, they will depart to leave room for other entities who now will need to come in for various roles. There will be a very large group leaving.

Now that we have laid some of the groundwork, we would take questions.

When Groups Incarnate, Do They Choose Their Role In Specific Historical Time Frames? (June 04, 1989)

Yes, indeed. That is a very common practice, and in fact, is rather critical to the entire issue of coming in at particular times. For example, those who incarnated during the time of the entity Hitler. It was critical that they come in at a very particular time frame, for many of them had to be a particular age on the plane in order to make the drama of that which needed to occur much stronger. Thus, the varying ages of that ~ this was an extremely large group effort, various ages

needed to exist, so there was great planning ahead of time as to who would come in , at what time, what their gender would be, what their roles would be, what their professions would be, what they would have accomplished, for those who survived were also a part of this group effort, for it has been in their survival that they have taken their mission into other parts of the plane, and there will be another very large group departure by the survivors.

The fact that they are aging, is that what you mean by that?

It will be a very dramatic group departure, not related simply to the aging process.

So, our concept of time is very limiting. A group could come in to what we consider the past, or the future, as time is simultaneous.

Indeed. Indeed, it is, and we attempt to keep it in its most simplistic form, for it is very difficult, at least at the conscious level of the illusion of the earth plane. When many of you go into your meditations and you are in harmony with your Higher Self, you have an understanding of it. It is difficult, and in fact, you would not want to, at conscious level, mull over the complexities of it, for it would then destroy that which you need to do with the illusion of time here on the plane.

Technological Malfunctions Resulting In Mass Departures, Including The Animal Kingdom (June 04, 1989)

What occurs, you see, with the malfunction of technology, as you would refer to it, and it is a very good reference, is that it serves as a reference point, and groups are able to use the technology that has malfunctioned now as their background for departure, and thus it is that certain lessons that need to be taught can be emphasized through the vehicles of this technology.

An example of this is the recent spilling of the oil in that which is referred as Alaska. Those of The Animal Kingdom, also, are involved in this group departure theory, and it was their opportunity, as a very large number of animal entities, to teach to those on the plane through the vehicle of technology gone rampant, that reverence for life needs to be reassessed and that the quest for technological advancement, the quest for materialism, cannot be first and foremost. It must be held in balance with all other issues, spiritual, physical, and thus, yes, to support that which you have indicated, my son, it is a very, very good vehicle now, and there will be many of these group departures occurring using technology as the backdrop for them to depart as a group and to make very dramatic statements as a result of it.

The Positive And The Negative Roles Of Technology Before And After The Shift (June 04, 1989)

About group departure and technology ~ would you say that to accomplish a group departure, the concentrated energy of all of the Souls who have decided to depart will influence the reliability of technology? How does it work together?

No, no, be careful that you ~ those here and those who will be reading this transcript ~ do not think that all technology is wrong. There is tremendous technology that has been brought about that will remain after The Shift, that it is those who use the technology. It is the same as it was in Atlantis, the use of the technology. Now, many of the entities who are departing in group are using the technology as a backdrop. However, there are many who are not. There will be some other types.

For example, quite simply, there will be a number of departures by that which is called suicide. We will not get into the ramifications of that. We use this as an illustration that the suicide as it would be perceived from the plane here but not necessarily from our perspective will not be done as a result of any technological malfunction or misuse. It will simply be that group's mode of departure.

And so, it does not mean that technology is the, how would we say it, the bad guy here, you see. Quite the contrary. The technology is going through what everything and everyone else is going through and that is cleansing. That which is appropriate will remain. That which has been ~ remember that the vibrations that will remain after The Shift will be of high vibration and will use the technology in the appropriate way, even that which is being misused now. The basic concept of that technology is good, you see.

To have the ability to, shall we say, travel to other planets is in itself very, very beautiful for it allows the communication between energy forms of different planets and it allows for expansion of consciousness, but it is in the quest that the misuse has occurred, not in the technology itself. The technology is not a misuse itself as a technological concept. It is in the way it is used that the problems develop, and thus if you have access to a particular concept in technology as well as other entities and you see that it is being abused in other areas you may in fact be able to show how it can be used correctly in the spirit of high light and in a spiritual context.

Group Departure Means That The Group Departure Itself Is A Part Of The Balancing (June 04, 1989)

I am wondering about coming in with groups and balancing. Once you have balanced could there at times be a detachment from that group, or groups?

You must understand that the very concept of group departure means that the departure itself as a group is a part of the balancing, and therefore if you are not meant to be a part of a group departure, if you will not be departing with that group, then you are not a part of the group issue, you see. And thus it is that many of you will feel as if you are a part of a group, and now I

know that you are all thinking, "Oh, group departures!" And you look around you, "Where's my group? Will I have to leave when they leave?"

For many, they are not even aware that they are in a group departure issue, and you need not worry your little love lights about this please. For when it is time for you to depart you will simply depart and if you are in a group departure situation then so be it. It is the rare group of entities who know while they are at the conscious state that they are in a group departure pattern. There will be a number, however, of group departures where those involved will know of it at the higher levels and if as a group, and I am very cautious as I am about to say this, as a group in group meditation, they might receive the information at spirit level through their group meditations that they are part of a group departure.

You are to be careful about this, for many of you are still struggling with the ability to understand that which comes from the Higher Self and that which is simply your own imaginations. So, it is possible to gain that information. However, it is not necessary to know, and thus you would not be resigning from a group if you balanced for you would not be balancing. Part of the balancing occurs in the departure as a group.

Clearly, some souls are part of specific groups, as the Challenger Spacecraft, the Holocaust, specific travelling methods where groups left at the same time, and so on. I see all these as part of a group.

Oh, indeed, indeed. The group does not have to be identifiable, but rather in what I just said, part of the balancing occurs in the group departure and thus they know. For example, when you are reading the stories of people who have said that at the last minute, they decided not to take the airplane flight, they were not a part of the group, you see. Understand that when there are those dramatic departures by groups that it is all part of a grand scheme and that they are connected in some way, and if you were to take the time and the energy to trace the lives of these individuals who have departed, let us say in a plane crash, you would find a thread of commonality. It is if they leave in a dramatic way in a group. It must be with one incident bringing about the departure of the group.

Group Departures Are Meant For Balancing, Teaching, Or Learning ~ You Won't Know Which (June 04, 1989)

When we take this group departure like the one over Lockerbie (A recent plane crash in Scotland). I mean, there was not a common group arrival because there were very old people and very young people, so they arrived on earth at different times. I don't understand how it could happen this way.

Well, to help you somewhat, though normally we would not comment on the Soul's path of others, this particular group departure was meant as a very dramatic lesson to be taught and thus it is that the entities have all gone together beforehand, and once again, determined ages, genders, all of that ~ they had shared many experiences together, these entities. in other lifetimes

and decided that they would get together for a common goal here at spirit level. And there has been tremendous teaching done as a result of what occurred. There has been great awarenesses of issues that many here in this geographic location would not be aware needed to be dealt with in this geographic area where the departure occurred. It has also been the opportunity for others to learn lessons as a result of that which occurred.

And thus, you will find that where there might not appear to be rhyme or reason to something as perceived by the limitations inherent on the earth plane illusion that every group departure has a reason for it and primarily it is for balancing of the group. However, in more and more cases now before The Shift there will be that for teaching and this was one of those.

We will not as a general rule give you the answers to whether a group departure was balancing or learning or teaching for unless we feel, as we do in this case, important that it was a teaching vehicle we will say thus, for by identifying which is which in these group departures can for many of you interfere with your own response to the group departure and thus the learning that you might receive as a result of a particular group departure could be interfered with, for we have told you that it was such and such, and then you are trying to understand why something occurred and how it might then impact upon your own path. You understand?

Will Wallenberg in Hungary tried to save the Jewish people who were not supposed to be in the Holocaust. He disappeared. No one knows where he is. Was he of the Angelics?

We are not able to give you that information. We are not able to discuss that situation. But it is fine that you have placed it on record. It will draw awarenesses to certain issues that need to be thought of by certain individuals who will read this transcript at a future date.

All Members Of A Group Must Return Together Until All Have Balanced (June 04, 1989)

Waith, these souls that choose this path (as in the Holocaust), do they set up a pattern, and they will do this time after time after time again, and this is their mission?

The answer to that is YES and NO. Let me try to explain it now. There are many entities who form groups to teach, and thus it becomes their mission to come in and to teach through group effort and depart by group. These are generally entities who have reached ~ either they are nearing the end of their earth plane incarnation or they have in fact completed the earth plane sojourn and are perhaps in Guide School ~ they are perhaps of The Angelics ~ they are of varying points on the path, but nonetheless at a very advanced state and thus on occasion they will pop in and teach a few things and pop out.

On the other hand, where we are dealing with group departures where there is balancing to occur, it might be that not all of the balancing that was necessary occurred in a particular

incarnation, and they will in fact need to return. And part of their mission will be to return as a group until all of the balancing has been completed.

Let us say you have five hundred entities and five that did not balance, that whole group comes back until they are all balanced?

That is correct. It could be one that has not balanced. That brings the entire group back. Understand that in those situations it becomes quite interesting to watch, for the pressure by the other four hundred and ninety-nine on the one who has not balanced ~ because they say, "We do not want to go through this anymore! Balance quickly." That has occurred. That has occurred within the recent time frame of perhaps ten earth plane years there has been a situation where there was an entity who at the last minute decided to take a particular airplane, and it was one in which there was group departure and it was a calling together at spirit level to get that entity on the plane.

This issue of groups leaving using suicide, is that what the whales do when they beach themselves sometimes?

It is really not what you would call suicide as defined on the earth plane. There are other issues related to why that situation occurs and it has more to do with the encasement that is chosen, and this particular encasement in The Animal Kingdom presents certain issues and it is not really a group departure as we have been discussing for, they do not, they are not obligated to depart. It simply occurs that they are doing this together, for it relates to other issues which we will discuss at some other time when there is more to talk about in that particular issue.

Waith Gives A Tunnel Technique To Assist Those Ready To Depart The Earth Plane (July 11, 1989)

We have now a request from a community member, that the transition of the entity that is her mother be helped with the Light from the Community of Terra Lux. This entity is known on the plane as (Name given), and she has requested that there be Light given and assistance provided, for her mother will be leaving the plane shortly.

Now, you are now going to be given techniques as a group that you will utilize, whether I am in the vibration or not, that will assist entities in their transition, for the Community of Terra Lux is a protector community. Now, what you first will do ~ and this is not mandatory ~ I give the technique. If any of you here would feel not wanting to do this, you are not obligated, you see. You can simply watch or be a part of the environment.

First step is for your hands to be placed in this position, (Pyramid Effect, fingers pointing outward from the body, tips of fingers and thumbs touching and palms apart so that a triangle is formed with the fingers forming the sides and the thumbs the base) and you place your hands over your head,

over the Crown Chakra. This is the final Spiritual Center, if you will, of the highest order and is the conductor of energy to be sent out. You place now ~ your hands stay over your head. You place your, what is called torso, in a straight position.

You now, before focusing on the Third Eye, will take a breath from deep within the Solar Plexus. I demonstrate to you ~ it comes from here and you breathe in through the nose ~ hold for five ~ ONE TWO THREE FOUR FIVE. Breathe out through the mouth. Good.

Now, you will close your eyes and you will move your pupils, as they are called, to the Third Eye position ~ almost as if you were cross eyed now ~ and now, the breathing once again. Breathe in through the Solar Plexus. Hold ~ ONE TWO THREE FOUR FIVE. Out through the mouth. And now, as you breathe in once again, envision a long tunnel and infuse into this tunnel White Light. Visualize the tunnel.

Now breathe in once again, and as you breathe in, begin to gather the White Light, and as you breathe out, throw the White Light into the tunnel. Do this now, seven times. Breathe in ~ ONE TWO THREE FOUR FIVE, breathe out, throw into the tunnel the White Light. Again, breathe in ~ ONE TWO THREE FOUR FIVE, breathe out into the tunnel the White Light. Again, breathe in ~ ONE TWO THREE FOUR FIVE, breathe out the White Light now, into the tunnel. Again, breathe in ~ ONE TWO THREE FOUR FIVE, breathe out the White Light into the tunnel. Again, breathe in ~ ONE TWO THREE FOUR FIVE, breathe out the White Light into the tunnel. Again, breathe in ~ ONE TWO THREE FOUR FIVE, breathe out the White Light into the tunnel. And one final time, breathe in ~ ONE TWO THREE FOUR FIVE, breathe out White Light into the tunnel.

Now, keep your hands above, and now, envision an energy form moving into the tunnel. Envision energy. Imagine it ~ energy coming into the tunnel, and you now, with your loving hands, gently bring the energy through the tunnel. You hold onto the energy softly and lovingly and you bring it through the tunnel. It has reached the end of the tunnel now, and you envision a host of The Angelics waiting to receive the energy form, and with your hands you very gently take the energy form and place into the hands of The Angelics. Your mission is accomplished now and you are ready to return to the conscious state. Return now. Slowly, gently, return to the conscious state.

Well, you now have a technique to utilize individually and as a group. Understand that it is more forceful if there is a group, and the more who gather to perform this technique, the greater the ease in the entity moving through the tunnel. And you simply need to request a gathering of the community for the technique. Question?

Is it meant as a transition from the earth plane into other planes of consciousness, or is it just also through difficult times?

No, this is very specifically for transition from the physical plane, this dimension, into the preliminary dimension. It is the, shall we say, the stagecoach brings then the entity to the beginning of other dimensions. It is the most difficult transition, you must understand, my dear ones. Of all the dimensions that there are, that of the earth plane into the thresholds of other dimensions is the most difficult to move through because of the mire, the muck, as we have described before, that surrounds the energy fields known as the earth plane, purposely designed this way for very accelerated types of learning.

Could an entity continuously use the Light before their departure? Does that make it easier for them going through the transition?

It most assuredly will help in the transition, and the host of Angelics will be awaiting the transition, for there is much joy in the accomplishment of the mission. Dearest entity, we await you. (Refers to one in the room) Now ~

If an entity is appearing ready for the transition, will it hurt to use this technique if the Soul really is not ready to leave?

If the Soul is not ready to leave, it is not time for it to leave, this technique will have no effect. It is only when the entity is ready and is being called, you see. If the entity is not being called, then this will not have a negative effect, as you would say. It will not hurt. It will, however, help in preparation, for when the situation is such that the entity is ready, and this could be, for example, on the plane ~ it may appear that the entity is ready to depart, and it is, let us say, Monday on the plane ~ and you use this technique thinking that it is time. It might be that the entity's time is not until Thursday, and thus, what you would do is to utilize the technique until the time has come.

You will know. It will not be a situation where you would end up doing this for a couple of years, you see. You will know. You will have this understanding. You will have the awarenesses of the fact that it is nearing the time. And what it helps to do, actually, is when the entity sees the Light in the tunnel, it helps to ease some of the fears that many entities have, and this is where the ability to see the Light in the tunnel helps the entity who is preparing to depart. So, it can only do good, it will never hurt. Light never hurts, only soothes. Questions?

Can The Tunnel Technique Also Be Used For Animals That Are Passing (July 11, 1989)

I wonder if this technique can also be used with the animals passing. I had a flash of my dog while we were doing that, and I was curious.

It can be used for any energy form, you see. Remember that energy is energy regardless of the encasement in which it finds itself, a concept many on the earth plane find distasteful.

When Souls Become Entrapped In The Mire And Unable To Make The Transition
(July 11, 1989)

I was thinking about entrapped souls such as at Pasco's Restaurant. You did give the suggestion that this is the entity's soul path to have this condition that it finds itself in, and that it is on another level altogether ~ an astral ~ not being earth plane. Right?

It is in the astral plane now, yes. Which is a part of the earth plane, you must understand.

So, would the tunnel technique you gave help this entity?

No, it would not, my dear.

The situation to which our bright light refers, is one that is very common, and that is, entities become entrapped in the mire and are not able to make the transition into the other dimension ~ the doorway into the other dimensions. There is a particular facility, known as a restaurant, in which an entity has been trapped in the vibration of this for some time, and it was suggested perhaps that some type of activity could ensue, in which this entity could be released.

We would make the remark at this point that, much like we have talked of the Ouija board, we would indicate to you all that it is a very dangerous activity to attempt to free an entity from entrapment, without very, very specific protection for yourself, as well as the entity entrapped, and that it is not something that just any entity can do. This is something where there needs to be cooperation with the very Highest of the White Light Forces, for much like the Ouija board, it draws those mischievous entities into the environment, if there is even beginnings of opening up yourself, your Spiritual Centers, to attempt to communicate with an entity that it is in another dimension.

It is much like when other entities try to channel through some of you without the proper protection and preparation. They are mischievous. It can be very dangerous, for there can become possession by an entity of the mischievous levels, for you would be attempting to communicate by opening all of your Spiritual Centers, and in doing this, without having the right techniques and the right vibration, it is very critical, and you are open ~ you are open for mischievous entities to come right in, quickly, and then we are doing a whole other issue.

There is a great deal involved here in terms of the paths of those.

My best bet is to completely back off right now, and just leave it alone.

Yes. You would find your energies better served by simply projecting protection from your own energy source, as you would to any entity who you felt needed Light to help them. Not to say, "This is what the Light is for, to help you," but simply to send Light with the message that "It is for help in whatever way you need." Do not qualify what that help is for. Simply, "It is sent as help. If you would like it, it is yours to receive. If you would not like it, you are free to reject the White Light," you see. You must remember that in sending the White Light, you must not try to force this upon someone. You send it to them, saying, "Take this, if you will. If you do not want it, reject it."

Can we pray for souls that are entrapped, or even in an act of praying for them, is that going to open us to ~

Yes, and in another session, I will give you the technique. We will work on one technique at a time in these sessions. I think what I gave you at the beginning of this session was a good beginning for your portfolio, and if many of you were to look back through the transcripts, you would find other techniques that have been given over time, for various situations in which utilizing the White Light and projecting that White Light has been given to you.

The Astral Plane Dimension Of The Earth Plane ~ A Spirit Dimension (July 18, 1989)

Also within the dimension of the earth plane are areas that are often referred to as The Astral Plane. This is a spirit dimension. The other planets are physical dimensions, just as on the planet, it is a physical incarnation. There are several layers that go with the entire earth plane illusion that are available for spirit development, nonetheless a part of the earth plane experience, and it is the reason when you hear of an entity that perhaps has had difficulty in moving from the earth plane into spirit and has become trapped on what has been told to you is The Astral Plane, it is all a part of the illusion and all part of lessons to take on, and thus, there are occasions when an entity will have difficulty in moving through the various layers of energy that exist that surround the illusion of the earth plane. This occurs with each of the planets also.

Now there is a strong connectedness among all of the earth plane illusions and the energies who would find themselves incarnated in the various areas and planets. Now, with the coming cleansing there is what might be called a rallying about from the other planets for assistance, for there will be a great need, and on many of these other planets there are technologies that are part of the illusion, just as, for example, Atlantis had its technologies that were far superior than what is available now on the plane, so too on these other planets are there technologies and powers and abilities that are used to aid those on Planet Earth.

Now, these other planets, you see, also when they are in the process of a cleansing will have aid given to them from other planets, including Planet Earth, and at various times in the history of the illusion on Planet Earth there have been the coming of aid. During the height of The Atlantean Illusion, for example, the culture was very, very advanced and there was aid sent.

Depending upon the particular stage of the advancement within the illusion determines the type of manner in which this aid is given.

For example, for some the ability to simply transform their energy to another location is possible. And there are many on Planet Earth, by the way, who have this ability. They simply come out of the physical encasement and move themselves into the planet that needs assistance and reformulates into the encasement on that particular planet. In some cases, they do not reformulate into that particular encasement but rather carry themselves in artificial mechanisms within their own encasement, much as you would refer to as a spaceship, where the ability to transform is not part of their illusion at that particular instant and need therefore the spaceship or some other artificial encasement that would carry them into a particular planet.

Can I ask you about The Astral Plane? I am confused. When we talk about our Astral Bodies, do they have an affinity to The Astral Plane?

It is different. And there is reason why there is confusion, for over the time frame of since the last cleansing, this discussion of The Astral Plane, you see, has taken on its own definition, and we use the word Astral Plane to you, for this is the standard by which you connect in a certain understanding. It is really different from what you would refer to as your Astral Body.

Would it be emotional body?

It is far more complex than that, for it encompasses many levels of the spirit as well as the personality of an energy form ~ something for discussion at some other time perhaps, not at this time, but just to clarify somewhat your confusion.

Every planet of the earth plane has an astral dimension?

No, it does not. I have not said that. I have not, in fact, been specific about where The Astral Levels exist, for they exist solely around Planet Earth. You must be careful about interpreting that which is said.

I was under the impression ~ I may have read it someplace ~ I am not sure ~ that all the planets have an Astral Plane.

Not as it is for the Planet Earth. They have varying levels of spirit interactions but it is not as it is on Planet Earth. Planet Earth is the center of the earth plane and has its own set of illusions, just as each of the other planets has its own set of illusions. Now, understand that when we give out information you may find it to be different from ~ in conflict with, other information that has come through or you have read from sources that may not, in fact, be correct or may be giving information to certain segments of entities who need to hear certain ways of description in order to understand it.

We give out information that is geared to very specific types of entities. We have said this before, and what you do in digesting the information that we give relates to the type of energy form that you are and the path you have chosen and your mission on the plane. Just as with any information that is given, that which we give, must be very careful about reading into it. What we say is what we say ~ and be careful. It is a word of caution to all of you about anything that you read, in reading in too much or too little, but nonetheless it is important just as you have done to question so that there is clarification, for we will by design give out information which may, in fact, be a little fuzzy. We do this purposely for later clarification or simply to elicit from energy forms a questioning for clarification.

You say that The Earth is the center, not the sun. The sun is our illusion of being in the center.

The Planet Earth is the center of the earth plane. It is different from that which the illusion creates in terms of planets and other bodies that form this illusion. There are many bodies and planets that are not known to the scientists. And when we say that it is the center of the earth plane, we do not literally mean that it is in the middle of all of these planets but rather that all is focused. It is the central energy form, energy source, for energy forms to relate to. That concept becomes a bit lengthy also for discussion and we will eventually get to all of these things. There is much, much to tell you and we have a good deal of time left to do that as it is illusioned on the earth plane.

What Happens If Someone Goes To Mars And Dies There?

(July 18, 1989)

That situation to which you refer would not occur. There would not be the departing from the encasement on another planet unexpectedly or, as you would say an entrapment would then occur. There are occasions when an entity determines beforehand that they will go to another planet and spend time there and depart from that planet. That creates no difficulties. You simply have become a part of that illusion that is on that particular planet. This is done, however, by only advanced entities. It is not allowed to have departure in an illusion that is different from that which you entered or it would create difficulties, of course. Thus, it is not allowed except with advanced entities and with permission. So, you do not need to worry about that. If you were to go into another planet via spaceship you would not be entrapped there. You would, in fact, return and depart from your home base of illusion.

The Tunnel Technique To Help Someone Pass Over Can Be Done After Someone Passes

(July 18, 1989)

We find that for this particular session that we will not address crystals but rather will prepare now to depart and say to you as we depart that we would hope that the technique that we presented to you during our last time of helping entities through the tunnel would be employed

in the coming time frame on the plane of several days and to simply know that one of the community is ready to depart and to help the energy through the tunnel, for the energy is ready and excited about returning to us.

Waith, I wanted to ask, I did do this just several hours ago and I wondered if I was successful. My friend passed over the weekend.

Yes. Yes. You were. You aided in the transference.

Even though it was several days late?

There was a ~ remember that when an entity departs out of the physical encasement it does not just zoom into the tunnel and come over into the other areas. There is a ~ time and space is completely lost at this point and there is, as you might imagine it, simply a slow moving toward and if, as you would say, several days on the earth plane have elapsed it would not be a problem. If it had been several weeks on the plane, then there would be no effect. However, what you were able to do was to help the energy to come into the tunnel, and the energy is still in the tunnel and moving slowly through but you were able to assist in the energy coming into the tunnel. You see, entrapment occurs when the entity does not enter the tunnel, you see.

Another Technique To Help Loved Ones Make The Transition (July 23, 1989)

We sense the fuzziness around the vibrations that comes from the heat currently in the illusion. There is nothing that we can or will do about this, for you all now adjust to the heat for The New Illusion that comes soon. We are here in this session with you all to discuss what has come to be known as parallel lives, multiple lives. This is an advanced session and we have given information of a beginning level prior to this time and if any of you are finding any difficulties in understanding and comprehending it all, what we will be giving you for information this session, then you need to refer to the beginning session where we gave the basic information.

Before we begin, however, we will be giving you another technique as we have done before. (Waith walks toward one in the group) We come to our beautiful child, take my hands, my love, for help for you now is given at the earth plane level as well at the spirit level. We would want you all now to hold hands. We all want you now to direct your eyes to (Name given) and to close your eyes ever so slightly, but nonetheless still seeing the entity and focusing a Light from yourself, your level of Lightness, onto her. And now follow this Lightness through your Heart Chakra and send it as you would send a soft snowflake, soft and gentle Light, fluffy. Surround her with this soft Light. And now connect with the energies that I have, keeping your hands together, and you see the energy that I now place into the hands of her and now flow through her and then to all of you and back again to her. And now slowly look up.

This is a technique, one of the many that we have promised to show to you that will aid you in helping loved ones make the transition, and it can be used in conjunction with the tunnel technique. You do not need to have my energies involved in this, for you are all capable when you are dealing with loved ones to use this technique. Remember that there is tremendous power in circles, and there is tremendous power in circles of energy, such as you just now experienced where the holding of the hands at the physical enables the energy to flow, and it is important that it be an unbroken circle. The circle not literally that it be dimensionally correct, you see, rather ~ knowing so many of you that you would now measure out a circle. You do not need to do this. It can be out of dimension here in terms of shape. What you need to understand, of course, is that it be an unbroken type of circle, you see, that will prove to be very, very effective.

Now, we will begin our discussion of what you know as parallel lives. However, it will become clear to you very soon that there is much more complexity to this than any of you have realized. We will present information as we normally do, giving what we feel is appropriate from the monologue standpoint, and then we will open the session for questions relating to the topic that we want placed on the record.

Transition From Earth Plane Into The Spirit Realm And From The Spirit Realm Into Earth Plane (July 25, 1989)

We thought that for this session we would address issues relating to the transition from earth plane into the spirit realm, and also from the spirit realm into earth plane. This will become a topic for a special session somewhere along the line, and we thought that we would lay the ground work during this session by taking questions from you who are gathered here to place onto the record so that we may then take those questions in their elementary form for the Special Topic Session that will then go into greater detail just as we have done with other Special Topic Sessions, go over the details. So, we would welcome from you then questions that we know you have relating to this particular topic, and we will begin to make certain clarifications for you.

I would like to thank you and the group for helping my mother cross. And I am going to start crying. She died within an hour and I want to thank you very much. (She requested assistance from Waith and the group the night her mother passed over and it was given through a group meditation)

We are most delighted. She is well now. She rests after her transition through. Once she has completed her resting, which is the normal behavior for immediately coming through the electromagnetic field that surrounds the earth plane, she has been assigned to Guide School, for not only has she reached that elevation, but she has also agreed to go into Guide School. And thus, you will be in contact with her at some point along the way in her capacity as a guide.

Is The Tunnel Part Of Our Illusion, Or Something To Visualize In The Tunnel Technique? (July 25, 1989)

Yes, indeed. Of course, it is part of the illusion. It is given as a frame of reference and given as a symbol so that as you are attempting to help your loved ones make the transition. There is no tunnel, per se, you understand. It is simply a merging of energy into energy into energy, and to move through layers of energy can be difficult if not done correctly and with guidance.

Now, the use of the visualization of the tunnel with the White Light is strictly an earth plane phenomenon that enables all of you to concentrate your own energies upon something concrete. Many of you who are at an advanced state of attunement would not need the illusion of a tunnel but simply would send the thoughtform through your meditations with the departing energy as it goes through the layers of energy and is received by the Higher Light. So, it is used as the illusion very effectively.

**Is There Ever A Connection Between One Soul Leaving The Earth Plane And Another Entering?
(July 25, 1989)**

Many times, my dear, many times. There can be planned connections between the two souls, directly between the two souls, or there may be a planned connection from one of the higher sources that helps in the planning of the balancing of The Universe as we had discussed in the Special Topic Session of the lead entities helping to balance The Universe.

There are many occasions when an entity who is ready to depart will need to, shall we say, in terms of timing, in balancing with one entity that is ready to come in, all must be in synchronism, and the entering entity may have a bit of a delay for any number of reasons. The departing entity while ready to depart must wait until that timing is correct, so that there is not always simultaneous leaving and departing but nonetheless planned so that it creates a certain vibrational attunement within the electromagnetic field that enables the earth plane to maintain its balance of the illusion.

**Is There A Period Of Time When An Entity Leaves Before They Come Back In?
(July 25, 1989)**

That will vary. For some entities it can be immediate. We do not encourage this very often for there needs to be a time of relaxation and contemplation over what has just gone on in the manifestation. However, for certain situations, and it is not always related to the advancement of an entity and their attunement, but rather situations that will warrant the exchange almost, shall we say, of the departing entity then going into ~ and this happens, this is usually what would happen in this case, into the birthing process so that the entity just being born, as you would say, is in fact a departing entity.

It could be in geographic proximity to the departing entity and entering entity, or it may not be. It could be in any other part of Planet Earth, or any other part of the earth plane. Other than that type of situation we have generally accepted, as you would call it, time frames before

entering back into an earth plane manifestation, it is preferred that an entity take an evaluation period and also to help connect with other entities with whom the entity has a pattern of reincarnation established that would help again in the balancing of the illusion that is being created for all.

**Are There A Certain Number Of Entities Within Earth Plane, And Within Spirit Realm?
(July 25, 1989)**

There are a set number of energy forms currently out of The Universal Consciousness that have formed entity forms. Okay. They are a part of this current illusion that has been projected, and as we were giving you information in the Special Topic Session of Parallel Lives, a certain number of energies are assigned to a particular task at hand. Thus, it is safe for you to be thinking that there are a certain number of entities allowable on the earth plane at any given time. It is a very large number. Currently it is to capacity.

The reason that there are so many entities going through this process referred to as walk-in is because of the capacity being reached, and unless there is an entity ~ when an entity leaves, an entity is allowed to enter. However, going through the phenomena of walk-in on the earth plane allows the higher entities who would want to come in during this time frame in the illusion that opportunity by making a contract with the entity to depart.

There are also a percentage of entities that are in other dimensions that are not part of the earth plane. They are on other planets that are not a part of the earth plane illusion. They are in other dimensions of The Universal Consciousness. They are each individual entities that have burst out of The Universal Consciousness, remembering that it is eternity that we discuss here. Understand that at any time there are entities out of The Universal Consciousness and there are entities that have maintained their merging and that it is all existing at the same time. Does that confuse you more? The transition from earth plane to spirit is very closely coordinated. Remember that the balancing of The Universe is not something that just happens, as we have said before, and thus, the movement between illusions, if you will, is carefully monitored.

**Is It Possible, For Example, For Somebody's Mother To Come In As Her Oldest Son's Child?
(July 25, 1989)**

Oh, indeed. These situations happen. Quite commonly when this behavior is allowed there is an exchange of roles, and we will elaborate upon this in our Special Topic Session. This sets the thought patterns going for those of you here and those who would read this transcript before we develop it further in the Special Topic time.

**Is It Traumatic For A Soul If It Does Not Go Through The Tunnel And Gets Kind Of Lost?
(July 25, 1989)**

The answer to that is a bit more complicated, for normally when this immediate exchange occurs, it is with the permission of the Higher Light and the guides who would then make it possible for the transition to occur without going through the tunnel, thus creating an almost what you would refer to as an immediate tunnel, a flash of an instant. What could happen, however, is if an entity attempts to do this type of transference without permission and without the guidance of the Higher Light, it will create a disturbance in the electromagnetic field of the entity leaving and the entity departing and there can then create some difficulties which we will elaborate upon at a future time.

What Happens To Entities Who Have No Help To Get Through The Astral Plane? (July 25, 1989)

Depending upon their attunement will determine the degree of difficulty in going through the energy fields. If it is a very highly attuned energy form there will be a connection already made with those at the other end of this energy field that surrounds the earth plane, and the energy departing will have made that connection prior to departure, thus there would be no problem. In other situations where there does not, where the energy does not have that attunement, it can create difficulties, for it is a lesson in itself to have to go through the energy fields, and eventually an energy will get itself through an energy field. There are situations, however, in which that which is referred to as The Astral Plane is reached by an entity and they are then trapped in that Astral Plane because it is of such a density that it takes a tremendous pull from the other side of it to get through that field.

Those who have made connections prior to departure with the Higher Light are pulled immediately through that Astral Plane. Those who receive guidance and help, such as you have all done, serve the same effect as being pulled through very rapidly this Astral Plane, so that there is no time spent in The Astral Plane. For many others, they can become trapped in that plane and that plane can keep them there indefinitely. The entity, to give you an example, known as Hitler on the plane, is in The Astral Plane and will remain there for there is no help coming.

Now, The Astral Plane itself serves as a lesson for entities who find themselves trapped in this particular energy field for they are then ~ they find themselves with other energies in this particular energy field who also are there for various reasons. And part of what can be learned by the entities there, is indeed to help each other to get out of The Astral Plane. However, you understand that it is difficult for them who are in The Astral Plane to even recognize that by simply going to each other and forming an energy, a unity, that they can get themselves out of the plane. They are there because of deeds done on the earth plane.

Does that happen with the Sons of Darkness? Do they get stuck a lot in the Astral?

Some of them do. It depends on their vibrational level. Many of the Sons of the Darkness, of course, are not in The Astral Plane for their vibration is such that their purpose is to be constantly at battle with the Higher Light. This is all also to maintain the balance in The Universe.

Are people in jail one step from The Astral Plane?

Oh, no. Being incarcerated on the earth plane relates to many different issues and does not necessarily mean that they are ready to go into an Astral Plane. Many who are incarcerated are there for incorrect reasons and not to be there, actually, but of course have to be there for lessons to be learned. Others will come out of the incarceration and have learned their lessons and continue on their path and may have many, many issues to deal with before departure.

When a soul is trapped in the Astral, is it aware that it is trapped or does it create an illusion around itself that it is in a different environment and it just reacts in that environment?

It does create an illusion not unlike being in what you might refer to as a dungeon. There is the perception of those on the plane, on The Astral Plane, that they are indeed still on the planet that they have not left but they are just now in a dungeon, and indeed they are to a certain extent. They create this illusion and as I have just said, if they are able to recognize each other as being there for basically the same reason and to begin to cooperate with each other, then they can get out, and this has been done.

There are many who have been on The Astral Plane who have finally come to the realization that by helping each other, even if it is two, it is all that is needed, even if it is two who connect ~ "We can get ourselves out of here" ~ they can and they do, and then they move into the final energy field of the earth plane and then they are able to begin to progress again. Once they are in The Astral Plane all growth and progression ceases, it comes to a standstill until they are out of the plane, out of The Astral Plane.

Can the entities in The Astral Plane see us? (The question is about a spirit that inhabits a building in Enfield)

Indeed. Yes, they can. And, in fact, because they can see and the way in which they can see many times will make them think that they are still on the earth plane. There are levels on The Astral Plane. Thus, the entity you refer to is at the very beginning part of The Astral Plane where the density is not as severe as it is as you move further into The Astral Plane.

She recognized immediately that she was getting trapped and she has been able to maintain a connection in spirit with the earth plane to the point that she is bordering between the two electromagnetic fields. This could continue indefinitely. She will eventually have to go through the entire field and thus she will go through the density factor and encounter that which we have spoken of earlier.

Are there other entities right here beside us that we are not able to see?

Of course!

Can Souls Go To The Astral Plane Instead Of Earth Plane To Work Out Karmic Situations?
(July 25, 1989)

No.

Can Souls Go To The Astral Plane On A Rescue Mission To Rescue Somebody?
(July 25, 1989)

No.

Would The Tunnel Technique Be Of Assistance To Souls Who Are Entrapped?
(July 25, 1989)

That technique of bringing through the tunnel that you refer to would not be effective for those on The Astral Plane, for those on The Astral Plane, once they have reached that point and it brings them into that level, is for very dramatic lessons to be learned and they must work it out themselves without the assistance of those outside the plane.

Waith, in some religions, there are seven planes. Is that just one of those illusions?

That is a frame of reference, yes, given to this particular time frame of illusion on the earth plane from one cleansing to another. That will change once the cleansing occurs, and there will be other frames of reference given and other illusions brought in to create new types of illusions for the next time frame on Planet Earth between cleansings.

But if that is our current illusion, would that have any significance to us?

Indeed, yes.

Then could you explain it a bit?

We will go into that when we go into detail, for that is part of the movement between energy fields.

If Someone Is Afraid Of Dying, Does That Interfere With Their Going Through The Energy?

(July 25, 1989)

It can create a difficulty, indeed, for the illusion of fear can cripple an entity and create in that entity a disturbance in their own path and expression of their path. When the moment is for the entity to depart is when it will occur. If the departure occurs with fear, then that fear will be carried into the Soul memories, and while the progression through the energy field may not be a difficult one, for if there are those helping to bring the energy through the field, if the energy is bringing with it the fear of departure it will be carried through and will have to be worked out at some time in the earth sojourn. This is very common and it is a typical issue that many entities work on from manifestation to manifestation, for they each time will reduce their fear factor, if you will, and reach the point where they have the understanding that there is nothing to be feared for all is illusion.

How To Help Someone Who Has A Fear Of Dying

(July 25, 1989)

Most often finding a particular prayer that the entity feels comfortable with, for most who fear have some type of wording that they have identified with in this particular incarnation in which they find themselves. It may be a formalized prayer or it may be some type of wording that makes them relax, and to them it is a form of prayer. You would find out what that wording is, and then use it in your meditations to project into the electromagnetic field of that energy form. Also, you can spend time with the energy, a short amount of time, by holding the hand, if possible, and repeating with the energy that particular prayer.

Do Your Spirit Guides Go Through The Energy Layers With You? What Is Their Role?

(July 25, 1989)

No, they do not go through the energy layers, for Spirit Guides, being in spirit and being of a particular vibration, are given a special type of energy from the Higher Light that brings them back into and beyond The Astral Field. They then await the energy to come into the proper dimension. So, for example, if the energy gets trapped in The Astral Plane, the spirit guide is simply then having to wait until the completion has occurred.

The energy who is guided is under the direction of the Spirit Guide until the completion has occurred. Once the energy is through the Astral Level and is with the Higher Light, it is then determined whether the Spirit Guides will remain with the energy and help in various other types of situations or be reassigned. It is determined by what the next task of the energy will be as to whether the Spirit Guide will stay with them or not. There may be the situation that the Spirit Guide is reassigned and then comes back at some other time to work with the energy field. It is not the responsibility of the Spirit Guides to bring the energy through the electromagnetic field. That would create far too many difficulties if that were to occur.

Does It Create A Problem When People Are Held Here In A Coma?

(July 25, 1989)

Remember that all that happens, happens for a reason and that it is meant to be as it is, which means that those who, as you refer to them, in coma, are held onto from this end, they are in fact not, for when it is time to return there is no earthly situation that can keep them on the earth plane. The illusion of being held back is usually for lessons to be taught. Occasionally, it is for a lesson to be learned by the entity, in certain situations, but generally, when there is this holding onto, if you will, with the use of technology, it is meant to be. Remember all of the control comes from The Universal Consciousness. The arrogance of the scientists currently incarnated on the earth plane thinking that they can maintain life is ludicrous, for when it is time to depart there is nothing on the earth plane that can prevent that, you see.

Is It Possible In The Dream State To Help Souls Cross Over And Make The Transition?

(July 25, 1989)

There is some of us when we are asleep, while we project into the Astral, or go into the dream state, do we help souls go across, make the transition?

There is the ability for some when going into an altered state brought on many times by the sleep state, to help energy fields to go through the electromagnetic field. It is not quite as simplistic, however, as you might in your question present, for the issue of The Astral Plane is always the stumbling block, and an entity may not have the ability to bring the energy through The Astral Plane without assistance from the other side or assistance from those on the earth plane at a conscious level. So, it is not quite as easy to answer, but we would say that in certain situations and depending upon the entity there is that ability.

We will discuss in detail each of these issues that have been brought up as the time on the plane is measured. We have, remember, on the earth plane approximately thirty-eight more years, much to Mushiba's dislike. Up through The Shift and after that, we will provide information to you. So, be patient, my loved ones, for as you need to have the information, and as it is appropriate to help you in your path, it will be given to you. Remember that we do not want to short circuit any of your responses and to make the illusion out of balance. So, we will address in detail, as time is measured in the illusion.

What Part Of The Spiritual Center Does The Spirit Leave The Body At The Time Of Death?

(August 01, 1989)

It leaves through the solar plexus. That is the entry and departure point for the spirit, yes.

Discussion Of Cryogenic Freezing Of The Body

(August 01, 1989)

What happens when someone has undergone cryogenic freezing and their body is frozen?

That is a very interesting concept on the earth plane. What actually occurs, you see, is that the physical encasement is frozen as you would know it. The spirit then leaves the physical encasement and goes about doing something else, and when it is time then for it to return for the, shall we say, unfreezing or thawing out of the encasement, the spirit returns.

What occurs is that when the encasement was frozen at that time frame and the spirit had reached a certain point in development and lessons that they were progressing along on the plane, those also were in a sense frozen, and when the body returns to normal functioning, the entity then continues, picks up where it left off. The type of learning that would be encountered when this encasement is frozen and the spirit is out of it would be in other areas in other lessons that need to be learned. It may take on another manifestation on another planet, on another dimension that would take the place of this time frame as you know it while the encasement is frozen.

This was a very common practice in times past on the earth plane. Very, very common on the Planet of Atlantis. Common, oh, perhaps as you measure time, five billion years ago on the earth plane during certain types of illusions, and it was common during the middle period of Atlantis, that time frame of approximately fifty thousand years ago on the plane. It is, of course, not a common practice on the plane now, though it is done much more than is aware, there is much more of it than many believe. It serves a very interesting function, for what it does is bring an entity, it enables an entity to maintain its physical encasement for a future time frame in which it would find it beneficial to continue its path much more so than in the time frame in which it finds itself currently. And this is in its simplistic manner what it is all about.

Would it be possible with that kind of freezing for souls to swap bodies? Would the Soul necessarily go back to the same body it came out of?

You do pose a very interesting question, for when the issue of walk-in is superimposed upon this concept, you see, there are situations in which those agreements are made and the returning entity is not the same as the departing entity. So, in its simplistic manner, yes, that does happen and for many, many reasons.

Spiritual Preparations In Helping When Someone Is Leaving The Earth Plane

(September 12, 1989)

We will, during this session, be highlighting to you a certain aspect of an issue that, as community members, be it of the core community, be it of the community at large, and those who would read the transcripts from far away will have to help in their understanding of application to Universal precepts.

It is asked so often of us to predict what will occur, and we have been hesitant in doing that, not because we do not want to tell you what will be, but because by telling you what will be can interfere in what will be, and if it does not interfere in what will be, it could, in fact, create circumstances that would be difficult at the earth plane illusion to deal with. Knowing the future is not especially good for many reasons.

Understand that our mission here is more than simply to give you information session after session. We are here to teach you. Thus, it means that we will give you application to certain precepts that we would present, and as difficult as that application may appear to be, it must be, and we do not single out any entity to use as an example in any sort of detrimental manner. If we are to single out an entity for application of a precept, we know first of all that the entity or entities are strong enough to accept the responsibility and the challenge of serving as an example for the betterment of the whole and for the betterment of the learning process in the community, and thus, when we use an example, an application of a precept, we will agree with the entity at spirit level that we work through them to assist in the greater knowledge.

Nonetheless, even with this agreement, it is not easy at the earth plane illusion to deal with the application of the precept. And thus it is that one of the precepts that we have discussed so often is the passing from the physical plane into spirit and what goes along with this particular process.

Many have asked about, either themselves or loved ones, as to when the passing will occur so that proper preparations can be made. Understand that proper preparations for passing out of the physical relate to spirit preparations and not physical earth plane preparations. And thus, we have presented to you through our very beautiful entities, the family known as (Name given), a very difficult application of the precept of rapid earth plane preparation before the entity was ready to leave, and that because of the so-called preparation at earth plane, the entity, (The daughter), remained to teach further lessons, not just to those who love her in her immediate family but also to the community at large.

And to those who would read the transcripts that the knowledge given to any of you for preparation for passing, knowing ahead of time that it is imminent in its occurrence, can create difficulties for all concerned, can create not only a stress at the earth plane level, but it creates a difficulty at the spirit, for those who prepare concentrate too much on the earth plane preparations, getting ready too soon for the elimination of the entity, wanting the entity to get on with it, "What are you waiting for? Leave." This is interfering with the earth plane issues that need to be addressed, and this particular situation will present itself to many, many, many entities, the wanting of the departing entity to get on with it for we have other earth plane things to deal with. Thus it is that we gave you the technique of the White Light and the tunnel. This

was specifically given to show you that departure preparations and assistance must be at spirit level, and after departure then you deal with the earth plane absence, not the other way around.

This situation will present itself many times within the community, for there are a number of entities in the community who have taken on the task of being a facilitator for entities ready to depart and to assist them in their spirit departure, at spirit, not at physical, and it will be up to the community to be of assistance at spirit level for departures, and then where appropriate, assisting the entities who remain behind the departed entity to help on the earth plane issues that will remain in terms of elimination of physical reminders, the cleaning up at physical.

We have presented this particular example through the cooperation at spirit level of all of the (Name given) family, so that they could assist us in teaching, for it is close to many here in the community, the entity (The daughter) who now is ready to depart.

My love, show your emotion. (Waith addresses the mother, who stands in front of him and cries) Hold onto the crystal, my love. (Waith extends a wand with a crystal on the end for her to hold) Receive the energy that comes from it. This will give you the strength. And now we give to you an energy, a manifestation that we have yet to show. Some of you here will see the actual energy, some of you will feel the actual energy, and some of you may not. It is Mushiba and I. Some of you may see a combination of lavender, purple, white energy. We surround you with this. (Waith sends the energy) We thank you, my love, for allowing us to work with you. You have served us well and we hope we have served you well.

I love you.

And we love you. There is no question of that. We send to you now, all of you, a special energy, an energy of healing that by taking it into your beings will be able to assist in the coming time frame. Take your index finger, (Addressed to another in the group), and touch the end of this crystal. And now, as you all send your healing Light and your love to (Name given) understand that her mission has been fulfilled and there is great joy at this end now as we await her return into spirit, for she is a very highly advanced entity and has taken on a most commendable mission and succeeded beyond all expectations, and thus there is joy.

There needs to be joy always when an entity has finished their work in a particular manifestation. It is, of course, difficult at the earth plane, for what you feel is an absence of the vibration. You feel the absence at physical, concrete, of the absence of the vibration, but what you must feel is that the energy form lives on and goes on to other experiences, and that in many cases you will be able to connect with the energy that is now back in spirit form and reach even greater awarenesses for your own development, for you will be able to have a direct connection with energies who you loved dearly on the plane, if they are of such a vibration for that to be allowed, and in this case, (Name given of the daughter), you will be able to, in your meditations, connect with her and you will understand the height of her development for she will continue to

assist you and teach you and give you guidance, for she will not need a period of reflection when she enters back in spirit realm. She has her next assignment already waiting for her.

You have all done well in your understandings, for we know that most of you have connected with what has been given to you in this session in a most positive manner and that is good. We will continue until we are finished with our mission to present such teaching issues to help you to understand that it is not just talk, for it is easy to put a precept on paper, it is easy for us to give you information session after session. It is not so easy to apply it, now, is it? To completely understand a precept, there must be many times what appears to be a hard way of applying something. Lessons come hard. You all know that. If they were easy there would be no growth.

About Suicide, Are There Any Ramifications To A Soul Who Chooses To End Their Life? (March 13, 1990)

Indeed, this is a really interesting question, for there is much misunderstanding in the illusion as it is currently presented on the plane as to this subject of suicide. And what must be understood, you see, is that every ~ everything that occurs has been set up to occur by the Soul in some way, and that there is order to The Universe, and that there is no such thing as evil. We have discussed this in the past most recently. Evil is a concept that is a part of the current illusion, and there is only degrees of darkness or length away from Oneness.

Now the issue of suicide, then, revolves around an entity's own desires for the way in which that entity will leave the earth plane. It is determined before entering the life, the manifestation, what needs to be accomplished. Oftentimes, the entity will learn upon entry that it is going to be far more difficult than they had anticipated, and it can therefore create a certain predisposition, shall we say, to behavior that is not what they had planned to do ~ understanding that the forces of dark can influence the entity to the point of not behaving in a way that they would want to behave, but rather being influenced by some other outside force, that they can be convinced that to take one's own life, if you will, is the only way out of the situation of feeling that they have not accomplished what they came in to do.

There is in no way a stigma attached to an entity who would choose to do this at the Universal Level with The Universal Consciousness. It simply means that the lessons that were not ~ that the entity chose to take on in the incarnation were not learned perhaps and that further lessons now need to be learned because of this acquiescing to the influences of the darkness. However, there is a flipside, and that is that suicide may also be planned before coming into the incarnation as a way of teaching and that it is not, therefore, the influence of the dark.

It goes back to what we have said so many, many times, that one must not judge any other entity on the plane or, shall we say, second-guess what they are on the plane to do, for to attempt to do this means that you are working with insufficient information. And you have no right to look at another entity and judge their actions, for it is only The Universal Consciousness

that each entity must give final resolution to. And thus, any behavior, any activity, that an entity takes on could, in fact, be planned and meant for lessons to be taught. But on the other hand, they may not. But it is the business of the entity only, and its agreement with The Universal Consciousness.

And yes, if it is an influence of the darkness, then when the entity returns into the spirit, there are other entities with whom that entity is then accountable to, and there will then be discussions as to what happened and arrangements made for future incarnations that will balance that particular situation. Most entities, by the way, at one time or another in their journey on the earth plane have done this. We here at this level do not consider it, as you might say, any big deal. It is simply part of the sojourn.

If Someone Dies Without Leaving Burial Instructions, What Is Appropriate For The Body? (March 13, 1990)

Oh, illusion, illusion, illusion. Once the Soul has left the encasement, be it of the human encasement, the mineral, animal, whatever, the encasement is no longer of any value, and thus, it simply takes up space, as you might say, on the plane and then simply becomes a matter of, as you would say, your own feelings regarding what to do with the encasement. At the Universal Level, if you were to destroy this encasement as is a common practice called cremation, it would have no ill consequences in any dimension, you see.

There is a qualification to this, and that is if an entity specifically states that they do not want to be cremated, and they are, then those who participated in the destruction of the encasement will have balancing to encounter with the entity to whom they did this in some future time, for you go against that which is requested, you see. Do you understand? However, if there is no specification then you must do what you feel to be the best.

A Question About The Ultimate Crime In The Universe ~ A Discussion Of Absorption (March 13, 1990)

Here on the earth, we have certain structures, certain laws, that are appropriate to us. Do you have similar structures where you are?

Understand that in The Angelic Force it is an ancillary type of situation where we are helpmates to all of the illusions, the earth plane being one of many, many, many, many, many billions, if one were to put a number on it, of illusions throughout The Universal Consciousness. We do, however, have structure in the Universal, and all is illusion, all. The illusion is an illusion.

What I am asking, is there something at spirit level that would really hit at the core that would be perceived as a crime, if you will, as we would perceive it on earth?

As you would perceive it on the earth plane illusion, there is a very, very high level of darkness that none of you except for Mushiba and Abalma deal with, for it is of the very highest of the dark and it is a battle that The Angelics wage on a continuing basis. It is part of our function to protect all energy forms who are currently incarnating and who, upon completion of a particular incarnation, would be especially susceptible at the transition stage from physical to spirit of having a particular type of attack waged, given from the very highest of the dark down the line, and we have described that line function.

Now, it is far more complex, and dark, than is understandable for most of you currently on the plane. What it means is that there is a particular instant in the transition from physical, and this is any illusion, be it the earth plane or any other, coming back into the spirit, that an entity is especially susceptible for what we would call absorption. This means that the dark can, in fact, absorb ~ not merge, for there is a very distinct distinction here, difference ~ to absorb an energy, and this is what you might call the greatest crime, and we of The Angelics are held responsible to The Universal Consciousness for the protection of all energies against this particular type of behavior. It is our responsibility.

There is nothing that another energy form can do to protect themselves against this particular behavior, and once the absorption occurs, then, it then becomes our responsibility to keep track of that entity that was absorbed, and it is our responsibility to help that entity become its own again, and thus it is the greatest of crimes, if you will, at spirit that does occur. This particular topic is one in which we do not give much information about, for it is not easily understood by those of you on the plane in the illusion. You understand it when you are in spirit, and there is a rallying at spirit as entities move from physical to spirit to help those of us in The Angelics to protect.

We have now gathered many from outside of The Angelics to stand ready for the tremendous number of entities who will be entering spirit when The Shift occurs, for as we have mentioned in the past, there is a tremendous battle that occurs with every major cleansing, at spirit level, between the dark and the Light, or more definitively, between The Angelics and those of the highest of the dark, and we will have quite a task in the protection of those who will be leaving at the time of The Shift, and this is what we mean when we say that it is a tremendous battle, for we must protect from absorption.

Absorption And Accountability For When That Happens (May 01, 1990)

This is a protective Circle of Light, and we have alluded in the past to a situation where there would be occasion when an entity enters into another dimension being absorbed by the dark, and that if that occurs then it is part of The Angelic's responsibility to keep track of that, and to do all that is possible to bring the absorption back into a particular dimension where the

absorption could be neutralized, and the entity that was absorbed would begin to be, as we would call it, free again.

Now, there are occasions, you see, when the Circle of Light is not able to protect. This results from situations where the dark, and the very powerful dark, those that are of the same vibration and strength as of The Angelics, for we also have our opposites, you see ~ the best way to describe it is that they trick us, you see. They get our attention away from a particular entity perhaps coming through the tunnel, and they grab that entity, you see. Now, understand that while we may make light of this, we are very serious in our responsibilities that this happens, and if it does, then we then must take on the task of finding that entity and bringing that entity back into the situation that it found itself before absorption.

Now, this could take, as you would measure on the earth plane, an eternity, you see. The Angelic who allowed this to happen, whichever one it happened to be ~ for all it takes, you see, is one of the Circle of Light to have their attention distracted, and that breaks the protection, you see ~ so that if that one Angelic whose attention was diverted, then is not able to return to the One until the job has been finished, you see.

We All Have Accountability To Each Other ~ You Must Do What You Say You Will Do (May 01, 1990)

All in the order of The Universe have accountability to each other, you see. We all have accountability to each other, all of us, us to you and you to us, you see, and if we are asked to do something, and we say that we will and then we are not able to do that, for whatever the reason, we are responsible for that. There is balancing, you see. It is no different in the other dimensions than it is really on the earth plane when you have balancing. When you have contracted with another entity to perform in certain ways, and to do certain things, and for whatever the reason ~ and it is not a judgement that it is not done, it is simply that it does not occur ~ that you must continue until the contract has been met, you see. It is quite simple, you see.

The Universal Consciousness Keeps Track ~ Eventually, All Energy Returns To The One (May 01, 1990)

Now, in some instances an entity who becomes absorbed may take what you would call a millennium to be tracked down by the Angelic and brought back to the point of absorption. This very idea then has germinated into the consciousness, The Universal Consciousness that projects out to energies who are separated from it at the time, a sense of desolation, a sense of damnation, a sense of never returning to the One. This simply does not occur, my dear ones. Eventually, an energy returns to the One ~ eventually, regardless. It may take millennia, but it occurs, you see.

And understand that when absorption occurs, the identity of that particular entity absorbed ceases in the mind, if you will, of the entity, and therefore, in its projection to the general energy field. The identity, however, of that entity has not ceased in The Universal Consciousness. The Universal Consciousness keeps track of all entities, and while it may appear that an entity, or any energy form, has been lost, it is simply not the case. All energies are kept track of. And you see, what occurs then is that The Universal Consciousness knows where a particular entity is, and if it has been absorbed, and keeps track of this, so that the Angelic who is responsible for bringing back the entity knows that The Universal Consciousness knows where that entity is. However, The Universal Consciousness cannot tell the Angelic, you see.

A Question About Sending A Healing Light To Someone, And The Light Stays Blue (July 15, 1990)

What is the significance if you are trying to send White Light to someone, and the light stays blue? Or is it just the intention of sending the Light that counts?

Understand that the sending of Light is the concept and that the visualization of the White Light is the standard that has been established on the plane for the greater understanding of purity, and that white therefore would be the same visualization for large numbers of entities, thus creating a particular illusion. Some entities are able to simply visualize the concept without actually visualizing the Light. This is an advanced ability that has been achieved by a particular entity.

At the same time, the visualization of other colors is simply a particular entity's own interpretation of healing at Soul Level. And thus, when the color blue in your particular situation is visualized, at your Soul Level blue is representative of healing. At your Soul Level it is a vibrational color for you, my love. It has a high attunement, and that which is referred to as crystal blue is most appropriate for you in your visualizations, and we might add in your physical surroundings.

A Question Is Asked Of Helping An Earthbound Entity Who Is Having Trouble Passing Over (July 15, 1990)

Recently, I knew of someone who had passed over, and they were trying to make the transition from the earth plane into the next dimension, and they were having trouble doing this. I called on you, and I sent Light to this individual. However, it did not work. Then, Garrett was called to help in this situation where he spoke to this entity firsthand and then got this entity to move on into the next dimension. Now, my question is, when I called on you to help, why didn't you help in this situation, or did you? Or was it a lack of my faith, or a lack of my skill?

No, it had nothing to do with you, my love. It had everything to do with the entity and with Garrett, for the entity needed to have the connection with Garrett and the assistance from

Garrett to work through a particular issue, and it was only the vibration of Garrett that could aid the entity. You see?

Yes, I see that. But why could not I help anyway?

It was not meant for you to help. It is not always appropriate for an entity to be of assistance to another entity when the availability of another entity is more appropriate. Understand that simply because you want to help does not mean that you can. It is not that you are unable to assist. It is simply that the help that was needed by this entity could come most directly through Garrett. And since Garrett was available, willing to do this, that is what occurred. It would have taken a great deal of additional assistance from entities other than Garrett in this particular situation.

Helping A Terminally Ill Person Have A Smoother Departure From The Physical (July 15, 1990)

I have a friend who has just been diagnosed as terminally ill, and I am searching for the best way I can serve her, as well as myself, and get the most out of this experience, and in terms of rejoicing in what we have, as well as helping prepare for which will be. I would appreciate some advice.

Indeed. You and this entity have shared many experiences in other incarnations and have what is referred to as a soul mate bonding. This entity has achieved the finalization of the earth plane sojourn, and it is allowable for me to give this information. There is much rejoicing to have at spirit level, even though at physical level it is difficult so often to rejoice in the departure of an entity, for you feel the connection with the energy, and with the physical manifestation you are able to touch the energy, whereas in spirit is a different situation. What occurs now is a readiness at spirit level for the return into a particular dimension from which this energy comes, for completion of a particular training ground is always cause for celebration at spirit level.

What you can do during the time of preparation for departure from the physical, is to spend what you would call physical time together. And there is a particular technique that we would suggest to you so that the passage from physical back into spirit will be set up, shall we say, as entry through the dimensions of the earth plane and the electromagnetic field will be easily achieved.

What you might do, my love ~ if you would stand before me, please, for we would show you a technique to use with this entity. And you would place ~ I am the entity ~ place this hand on top of this hand, face down, face down ~ that is correct. Now place your other hand palm up, you see. And have this entity do this (She places her left hand face down on Waith's right hand which is palm up and Waith places his left hand face down on her right hand which is palm up) and then you are to visualize Light and energy going through each other so that the hand that is face down by you is sending an energy into the hand of the other energy, and the other energy is

sending energy to you, visualizing it, through the left hand. You see? And thus, there is this imagery initially, and then you will begin to feel the energy. And we are doing this now and you feel it.

I feel it.

Of course. And thus it is that there will be the energy connection that will be maintained between you and the entity. And at that point, it then gives a very strong energy to the departing entity and allows that entity then to have within its energy field a particular energy that will allow the awaiting Angelic who is in charge of bringing her through to pull on the energy, and it will be a much smoother passage. Plus, we have also given to your energy field a very special energy.

I feel it.

Indeed. Did you all get that? We sensed a flurrying of the what you call paper and pencil. ☺

Does the person have to be aware that you are sending them energy when you are doing this? What if you are doing this with someone that ~

For this particular technique to work, both entities need to be aware. It cannot be done with only one entity, for there is a sending and a receiving, you see.

Indeed. We would want you all now to enjoy each other's company, shall we say, and vibration, for the purpose of these kinds of gatherings is to bring you all as entities on the plane in connection with each other at spirit and to form a sense of community, for the sense of community is at spirit level and need not be simply as you would say geographically close. To be a part of the greater Community of Terra Lux knows no geographic bounds.

What Are Some Details With The Large Numbers That Are Coming Over Into Spirit?

(January 29, 1991)

As with all entry back into spirit there is the, shall we say, the battle between the dark and the Light as to what is going to be done, shall we say, with an entity. And during illusion changes, as now are occurring, it becomes, shall we say, permissible for the dark to take also energies from the earth plane in a way that is different than normal. They have a certain access through the portal that is not normally provided. The reason for this is for strengthening of all, in spirit especially, for you see, all of us, whether we are of the Light or at any point on The Spectrum of Light, have as an ultimate goal, Oneness. And while the achievement of that may differ according to one's perspective on The Spectrum of Light, it nonetheless exists.

And thus, we of The Angelics must work especially more concentrated in assisting energies through the portal so that they are not, shall we say, captured by the dark, for as we have indicated in other times, if an energy is indeed captured, taken against their will by a force of the dark, the Angelic who has been assigned to that energy must find the energy and trace through, and we have given that discussion with you before so we would not do that again. And thus, we are more vigilant than ever in attempting to make certain that energies are not captured, if you will.

We, also, in calling upon many of the energies on the earth plane, and also in other dimensions, to assist, it gives us more strength and gives us actually, as you might refer to it on the plane, more people in our camp. It also provides in many instances a connection. For example, if there is any energy coming through the portal who, for example, my love, would be connected with you through other lifetimes, and you would have a special bond with this entity, you would be able to then assist tremendously in bringing that energy through the portal. And there would be a recognition of your energy, and the Light shining from your energy would provide that torch, if you will, and the safety through.

As we, ourselves, develop our own, shall you say, system of bringing large numbers of entities through the portal, we will share with you additional information, for it has begun now, these large, very large, departures. It will cease for a time, as measured on the plane, and then it will come again. And understand that departures of energies on the plane is not only in The Human Kingdom but also in The Animal Kingdom, in The Mineral Kingdom, and in The Vegetable Kingdom, you see, The Food Kingdom.

Major Group Departures Are A Form Of Group Balancing (March 05, 1991)

When you have major group departures from the earth plane, as we have indicated, it is a form of the balancing, you see. There have been a number of group departures that have occurred on the earth plane during this time of days, as you refer to them on the plane. You would look, then, at simply a recognition that when more than two entities depart simultaneously within the same situation that there is a hurrying, a major incident in The Flow of The Universe, that there has been some type of balance that has occurred when there is a group departure.

Each Entity Is A Part Of Some Group ~ Simply To Bring Certain Energies Into The Vibration (March 05, 1991)

We will discuss, of course, as our time on the plane continues with you, Group Balancing, the ways of achieving harmony within a group, for each of you are part of some group. It is quite difficult to be on the plane without being involved in some type of group, and this is not simply coincidental, of course, that it occurs. Even as all of you gather in this time frame, there is a reason why each have come to form this particular group at this very particular moment, you

see. Sometimes reasons are not to be discussed, but rather, it is simply to bring certain energies into the vibration of other energies, to serve as an influence and to assist in this neverending goal toward balance of ~ within The Flow of The Universe.

A Discussion Of Suicide And Judgement

(March 10, 1991)

Somebody I knew committed suicide, and supposedly that is a big no-no. However, when we talk about judgement and all of that, I just wonder if this is rather harsh.

We are on record for discussion of suicide and from this perspective it is not that which is so commonly referred to on the plane. We would, rather than go into another lengthy discussion of it, refer you to the topic in the transcripts which is available for dissemination. Understand that there is from the perspective of The Universe, nothing, absolutely nothing, that is not right, you see. All is something simply that is used for growth, and what may be appropriate for one entity may not be appropriate for another entity's own growth.

Judgement is the operative word here in that too often an entity will judge another entity's behavior upon ~ based upon their own mode and what is correct for them. All behavior is acceptable at some level and ultimately it must be acceptable by Self which then is accountable to The Universal Consciousness. So that each of us, then, is accountable to the other.

There is this issue of altruistic suicide. That is when an individual is bettering another person by the loss of their life ~ severe terminal painful illness. So, this is wrong?

There is no wrong. And understand that it would be a judgement if we were to give you an opinion, but simply to say that all decisions are made by the entity. It is the entity who decides ultimately when they are to depart. It is not done by some other source. It is the very rare, very rare occasion in which The Universal Consciousness takes an entity out of an encasement. Thus, the entity determines with certain Universal elements what is going to be the way in which the entity departs. One does not know, therefore, what has been agreed upon at the Universal level, at the spirit level, for departure mode. There are many, many modes that go from illusion to illusion that aid in the departure.

Understand that many departures are utilized as ways to increase awareness, ways in which to teach, ways in which to learn, and that it needs to be viewed in that way rather than to judge it, for an entity taking one's own life, you see, is what we might refer to as a misnomer, for all entities decide when they are going to leave. It simply appears in some cases that the entity has done this, what you call suicide. Each of you decides when you are going to leave, you see.

There was this man who committed suicide because of the love he had for his wife. He was such a burden to his wife that he chose this because he loved her so dearly.

We are not to comment on any situations, for it imposes upon the path of another if we were to make any comments upon this situation in which you describe. However, we would simply say that one must be most careful about judgement and making one's own analysis on a particular situation, but rather, the counsel would come in helping the individual to see that there is a greater picture to what occurs and to attempt to find the answers from within Self and to reconcile the situation as it appears at earth plane. In all types of counseling, there needs to be that dimension of spiritual placed into it in order to fully account for an understanding. One must be most careful in placing one's own value judgements onto a situation when especially there is no understanding of why certain situations occur.

An Issue Of Helping Entities From A Group Departure Through The Portal Back Into Spirit (May 07, 1991)

Are we helping the entities that are passing over from Bangladesh?

There is a great amount of activity at the portal, and there is a tremendous amount of healing occurring as a result of this particular departure, group departure. Much balancing is occurring as a result of it, and those of you who respond at spirit to be of assistance at the portal, as you have done in other times just past, are helping in ~ helping to smooth certain vibrations as they enter through the portal back into spirit. Most beneficial. Yes.

Group Departures, Group Balancing, Judgemental Issues (May 04, 1993)

I am curious about David Koresh. Is he the Son of Darkness or is he just some fanatic? Why was he put here in the first place?

That is his soul's path and we are not allowed to give that information out about another, just as we are not allowed to give out any information about any of you to others unless permission is granted. And in certain situations where we have given information, it has come from the higher soul giving permission for the good of earth plane experiences. This situation is now back into spirit and must be evaluated, and as all experiences, there is a settling in period before any decisions are made as to whether those of us who give information from this level would be given permission to share what this was all about, and that is all that we are allowed to say about this at this time.

Generally, it seems there is a tendency that people follow these types of leaders blindly no matter where it leads. This was Waco. Several years ago, we had this mass suicide effect somewhere in South America. Is this just because it happened this time, or do you see a trend in certain ~

Do I see a trend? Remember that all that occurs now is part of the cleansing and that, as we have said so many other times, part of the cleansing is mass departure, mass group departure, for whatever the balancing issues are of entities who group. And soon, there will be the categories of our information to which you would have easy access, to read what we have given, for example, regarding Group Balancing, and that when large groups of entities depart at the same time, one thing that you can know is that it is a Group Balancing. It is meant that all of those entities found their way into the group. Regardless of how farfetched it would seem that their interests lay and their earth plane lives might be so different from each other, they ended up together in whatever situation.

When you have flying the airplanes crashing, and all leave the plane, it was meant. It was ~ this was the plan for group departure. Some groups gather not to depart together, but to work together and balance in whatever issues have brought them together from other experiences. Thus, regardless of why a group gathers, understand that it gathers for balancing, and it becomes an identifiable, cohesive grouping, and that whatever leadership is involved,

it is not for any of you to judge. It is none of your business, just as your path is no one else's business. It is judgement to assume anything, and you do not know whether there is teaching or learning occurring. And be careful, when we have said so often, that what might appear to be a negative behavior may not be at all in the scheme of energy growth and learning. You simply look at events that occur now on the plane as part of the cleansing. Everything is accelerated now. There is nothing that is not moving at a very, very rapid rate. And understand that whatever is occurring, the energies involved in that particular event have chosen to do this, just as you each have chosen what you do, and the events that occur in each of your lives has been from planned, deliberate choice.

And as we have said, it may not be at an earth plane level, it could be the Soul that is kicked in and said, "This is what has to be done," and the Higher Self is struggling as the intermediary to try and get the earth plane energy to work in harmony. But the most difficult concept, it appears, on the earth plane, is that the energy, each of you encased, accepts the responsibility for all that occurs, and that you have chosen whatever it is that happens to you. You have chosen that.

And so, rather than look at events occurring as disasters, or as bad, or look with pity at another, look at another with love. Look with Unconditional Love, and if you feel that this situation that you observed could use Light, then freely send the Light into the vibrational area of that entity or that grouping, knowing, of course, that one cannot impose Light upon another, to be made available if they so choose. And recognize that they are working on their path. As disagreeable as it might appear to you, or disharmonious as it might appear to you, it has been chosen by the entity.

Think of the groups in which you each find yourselves involved, be they two or three entities or larger groupings. Think of all the various groups, for each entity on the earth plane finds themselves in the minimum of one grouping. Most of you find yourselves in many, many

different groupings, each having various harmonies, some very harmonious and others not quite so harmonious. And you know that you must work with this. You know that it is your path.

Thus, devote your own energies to your path rather than be worried about another's path. Curiosity is one of those issues that the earth plane makes available for the learning. Some entities on the plane have a very, very high curiosity. They want to know about everybody's business. They want to know why everything is happening, and, as a result, oftentimes, neglect their own growth, for they are so concerned about what everybody else is doing.

Rather, be concerned with your own growth and how that is interacting with the groups in which you find yourself. Concentrate on that, for then you have the ability to send brighter, higher Light to those who would need it, for you have developed your own strength. The stronger each of you becomes, the greater your ability to Be of Service to another who may call upon you, at either earth plane or spirit level.

You said it is important for us to recognize the events in our lives as choices. What about people who are very close to us when events impact very strongly on our own lives? Are those also choices that we make, or agreements that we are making with them on another level?

We return you back to part of what we have just said. Each of you has your own path. You have to take responsibility for your own path. Each of you, however, groups with others, and you do this deliberately. This is part of the plan. It is part of your path and you work in conjunction with either one other entity or several other entities. And so, as part of your path, there would be interactions with another, so that, to make this a simple explanation, one other person agrees at spirit level ~ and this agreement can come after entry into the plane ~ it does not always have to happen prior to entry ~ agrees that there will be a learning and a teaching of the two on particular points in the path, so that each of you has your own path that you must continue to walk upon. However, you connect at certain points in your own path where the connection itself becomes part of the path. Do you understand?

A Question Of Whether One Can Leave Their Body Before An Impending Death (February 01, 1994)

Could you speak about energies leaving just before a violent death is to happen so that they do not experience that death? For instance, at The Shifting and other cataclysmic events that are happening before that, are they able to say, "Yes, I know it is about to happen," and then just leave their bodies, and then the bodies go through it, but they are not experiencing, feeling it? Is that a common occurrence?

It is an accepted practice. It does not always occur, however. It occurs if the energy says "Yes, it is time to go. I know that I must leave." For example, at the time of The Shift. As we have indicated, and many others who speak from other dimensions have indicated, that not everyone is going to hang around here when The Shift occurs, and that one must be vibrationally attuned

to remain, and that if one is not vibrationally attuned to the new energies of the earth, then you must leave. Now, some may fight this and say, "No, I do not want to leave." And others may simply say, "Yes, this is what we will do." Those who are letting go and saying "Please, now, it is time for me to go," will not experience the physical pain. The body will indeed go through it. The energy will leave before the actual occurrence, so that the Soul then does not feel the experience.

However, for those who would be stubborn and resist, in most cases, they will feel the pain. They will experience the death, as you call it. And this will imprint upon the Soul for future time, so that it will, therefore, help in the trust of The Universe the issues of trusting. And when it is time for the Soul to leave, it will leave regardless of what Conscious Self tries to do, and it would be Conscious Self that is saying no. Soul knows.

This type of situation, then, is accepted behavior for any kind of departure, whether it is violent, as you would perceive it, or something that is very, very easy. When you know of an entity who, as you say, dies in their sleep ~ this is a very gentle way of leaving ~ and not all entities experience this, for they must experience the pain of the impending departure, and others do not need to experience it. And so, it becomes an individual issue, if you experience it or not. And even departure during the sleep state is not always gentle. There can be difficulties even within the sleep state as movement from one dimension to another begins to occur, you see.

So, it is very acceptable behavior and will occur with many at the time of The Shift, for there are many who have already acknowledged that they will not stay for The Shift. They know that they have maybe not been on the earth plane long enough to have the vibration to bring them into an illusion change. Or others who simply have said that they know they can stay but they do not want to stay, and therefore will simply leave.

A Question Of Assisted Suicide (May 03, 1994)

Would you discuss assisted suicide? You mentioned no one can kill somebody ~ the Soul leaves voluntarily. And yet, these people who are being assisted, supposedly, their soul will not leave. So therefore, they are having someone assist the Soul in leaving.

Supposedly, their soul will not leave. That is a very good one, my love. We always love your questions because, you know, they are so typical, aren't they? Yes. First, let us reinforce that no energy leaves before it is supposed to leave. However, there are many conditions to that statement. Sometimes, the energy is surprised that it is time to leave. "Oh, we had not planned it quite so soon." At the higher levels ~ understand and always keep in mind that the energy operates with many levels of awareness ~ the Soul is the one in control. And then, there is the Higher Self, and then, there are the various levels of awareness that bring you finally into whatever illusion you happen to be playing in at the time, at a conscious level.

Now. All of the issues that go with the way in which an energy departs are part of the ways in which growth occurs, and learning occurs, and teaching occurs, for those who are involved. It is quite, quite judgemental on any entity's part to assume that an entity who supposedly chooses their own time of departure has done something bad. They have not ~ not from the higher levels. Nor has any entity who has assisted in those departures done anything what you call bad. There is no bad. There are simply levels of awareness and points on The Spectrum of Light. And if one is seeing through a particular veil of the degree of Lightness that may then alter their perceptions than if they were to see through a lighter veil. This is the best way to describe it. Your perceptions of your own energy are seen through veils, if you will, with varying degrees of Lightness from very, very, very Light unto very, very, very dark.

Now, with this particular topic that you raise, we are aware of it being one of, what you call, the hot topics on the earth plane currently. Many would say that an entity has the right to choose when they depart, and others would say that they do not have that right, and that anyone who would assist them should be punished. Well, you must understand then from the perspective of The Universal Consciousness, each energy chooses when they will leave any incarnation, at the higher levels, and so, there is no infringement. There is no other energy who is forcing YOU, YOU, YOU, YOU to leave when it is not the time.

There may be illusions presented such as you would call killings ~ random killings. There is nothing random in The Universe, my loved ones. There simply is not. Nothing is random. Everything is set up in a scenario to happen for reasons of learning or teaching. And while it may appear that the energies involved were strangers to each other, you must understand that the Universal Energy Flow is no stranger to any energy. You are all known to each other at higher levels. You may not be known to each other in the physical illusion, and that for whatever the reasons, one needs to learn or teach others, scenarios are set, like plays on the stage.

So, this particular situation that you question has in its development on the earth plane the setup of very intense lessons to be learned and lessons to be taught. For example, there are lessons of imposition and judgement. Who has the right to impose upon another is part of this. Who has the right to judge? But one cannot reach the higher levels of understanding without going through the lower levels. You cannot get into eighth grade unless you have gone through kindergarten and all the grades in between, or at least to have acquired the knowledge that brings you into a certain level of understanding.

And as you go into higher levels of understanding, it becomes clear then, rather than when you are in the beginning of, oh, let us use an example ~ you are just learning how to count. You are told here are the numbers, ONE, TWO, THREE. And you learn your numbers, and you are very happy. You are very secure. You think this is all there is. "I have learned everything I need to know." And then you go into the next level of awareness, the next grade, and the teacher says to you "Now that you have learned those numbers, we are going to show you how to combine them and make equations out of them." And one then learns that there is an infinite scenario relating to numbers.

And you reach a certain level of understanding, and you may say, "This is all that I want to know about this," and you cut off at that point what your lessons will be. Others will want to achieve the very highest of understanding and will therefore continue their searching. Thus it is when you take on a lesson, shall we say, in learning about imposition. On the earth plane you may indeed only be wanting to learn to a certain level, and another may want to learn at a higher level of awareness. And you will be sharing the same life, and therefore, the lessons and the awarenesses will differ. And part of what we are here to give guidance for is in the understanding of another's perceptions and the understanding that each entity has their own path. We are not here to tell you what to do. We are not here to tell you what the truth is, for you each have your own truth.

If you return in perhaps two to three thousand years, and you have implanted in your mind, in your soul memories, that you heard the words of Waith coming through in this purest form, and two or three thousand years from now you read the words of Waith, you will not recognize much of what we have said, for it will have moved through many translations and many interpretations. And this is the way of religion. This is the way of spiritual growth. And so, you will each have your own levels of awareness, and the information that you receive is meant to go to that level of awareness, for you will not be able to understand information at a higher level until you have understood that at the lower levels, as in numbers. You cannot do equations unless you know how to count, though some would probably try to skip through certain levels of knowledge attainment.

When, At Some Level, We Decide To Leave The Earth Plane, What Is That Based On? (September 06, 1994)

Oh, everything is under the control of the Soul. You can leave the earth plane actually at any point that you want to, as long as the Soul is working in conjunction with the master plan, and that is easily done. The moment of departure of any energy on the earth plane is planned. There is nothing spontaneous about it. Difficulties occur, however ~ and here is where it becomes a little mushy ~ the Soul has the grand plan for Self. There is then the Higher Self and then there is the Conscious Self, or the level of energy that is currently in the concrete illusion. The three are continually battling until there becomes a point of acceptance of all three levels, three dimensions. And we have spoken in great detail about the connections between the Concrete Self, the Higher Self, and the Soul.

You often will hear of souls being trapped, let us say. Oh, they died a violent death, and as a result, they are trapped on the earth plane. First of all, from a spiritual perspective, there is no such thing as violence. However, at an earth plane perspective, we understand that violence is a necessary illusion. No entity leaves without it being time to leave. However, the concrete, or this part that you know of in this illusion, and the Higher Self often are not ready for departure, even though the Soul is.

What does the Soul base this on?

The Soul bases this on a very complex formula that is worked out with The Universal Consciousness that is in agreement with the purpose that the Soul has taken on in its sojourn onto the earth plane, and indeed its sojourn throughout The Universe and its training ground. To tell you how it is based would actually then come into a personal situation, for it is determined by what the Soul has decided to learn. Each soul wants to learn different things in different ways, in different percentages. Not all the same issues are taken on by every soul in the same percentage. And so, it would be determined, then, by your own soul's path. Now, as you become more attuned to Self through meditation, and you become, at conscious level, more attuned to the Higher Self, you then have the key to open the Soul and to understand your soul's mission.

Then you are implying that when we exit, we have accomplished our mission?

Yes. You have accomplished the mission that you came in to accomplish. This is a truism, you see. This is a Universal truism. It appears that entities may leave too soon. Ah! He or she was so young! They only stayed on the plane for one hour, or one week, or six days, or ten years. That is all that they wanted to stay on the plane, for that was all that they had to. Understand that return to the earth plane is continuous, and for some entities, while it is advised that there be some evaluation time in between lifetimes, come back immediately. Almost, as they are leaving, they are entering back in. This has happened on many, many, many occasions. It is not an exception. So that whenever an entity leaves, it is always as it is supposed to be. There is no such thing as an unplanned exit.

And we have given attention to the issue of what you call suicide ~ the taking of one's life. My loves, you all leave on your own. Whether you leave because the body has finally been used to its fullest capacity, or someone else appears to have done it to you, or you do it to yourself, in terms of this issue called suicide, it is time to leave. It is only the earth plane that has set up these rules and standards of conduct. From a Universal perspective, you leave when it is time to leave. However, the issues that are left as a result of the way in which an entity departs is part of the entire earth plane experience for those who remain, you see. Each of you do not work in isolation. The earth plane is a training ground made up of energies in many varied forms of encasement.

This gathering is filled with energies from The Human Kingdom, from The Animal Kingdom, and from all kinds of kingdoms that we have not given names for. You sit on energy. It is around you. Everything is energy. Everything is encased. Everything serves a purpose. And it is all part of a whole. Each of us is a separate soul, and we work on our own issues, but we are all part of the same grand plan.

That was a good question. They are all good questions. Some of them we like to expound upon more than others.

When We Depart The Earth Plane, Does That Mean Our Multidimensional Selves Do The Same?

(September 06, 1994)

The answer to your question has much more to it than we can easily give in a multi-question session. It requires more depth. But when the Soul makes a commitment to the earth plane as a training ground, it then brings all of its components into that training ground, leaving, however, in an outer dimension, it's very Highest Self, it's very highest energy. As long as a very certain small percentage of Self remains at The Universal Consciousness outer rim, shall we say, then the rest of the energy can bring itself into a training ground and commit itself and bring itself into its various levels.

When there is departure from the concrete level, there is not always departure at the other levels. It is dependent upon the circumstances. It is dependent upon the interaction of the levels of Self. Usually, the situation is that the Soul and the Higher Self depart easily. The Concrete Self says "No, I do not want to leave," and in the process of being pulled out of the dimension of the earth plane, is brought into the murky energy of the earth plane, sometimes referred to as the astral plane. This brings you into a slow-moving type of situation that also can make you feel as if you are still at the dimension that you all currently are.

It is where this idea of ghosts comes from. And there are many entities who are still very close to the earth plane concreteness. Their soul has moved out but the other levels of themselves have remained, for issues of ego are at stake here and other things far too complex and detailed to go into at this session. But we have given reference to it in the past, which you will have available soon, and we will give reference to it in the future.

Along those lines, if you decide that you have completed The Human Kingdom and you decide to change kingdoms, then does everything gather together and proceed to another kingdom?

Theoretically, yes. In reality, no, until a certain level of awareness has been reached that allows then the transference of the many selves into another kingdom. It relates then to the Soul's purpose, versus the other levels and their understanding of the Soul's purpose. As you finish in a particular kingdom, it must be completely finished in order for all the selves to move into another kingdom. Often however, this does not happen. The Soul may not be finished, and yet, the other levels say, "Yes, I am done." And the Soul is saying "No. We are not done." And because of the ways in which Self can manipulate Self ~ and only Self can do this, this is nothing that comes external ~ parts of the layers of Self say, "I am going into another kingdom." And the Soul says, "No, you cannot go into another kingdom." And back and forth, back and forth, battling with Self, but then go into another kingdom, there is an immediate disharmony.

You will see sometimes entities in The Human Kingdom who are very, very, very out of synchronization. They do not seem to be able to connect with anything, no matter what is said to them. And there is a high probability that they are out of sync in their kingdom, that it is not time yet. Their soul has not come into the kingdom yet. There is still a connection, which makes it, of course, much more difficult, then, to understand Self, because there is a disharmony. There

is still a connection. But think of it as part of you being in one room, and another part of you being in another room, and there are walls, and you cannot hear. You know that you are still there, but you cannot hear. And until the doors are opened, and you can then move back into unity with Self, there will be that disharmony.

It is only when the Soul determines the completion, can it actually occur. And this is part of the setup for The Human Kingdom, especially, for The Human Kingdom has the most issues with ego, and the most issues with the many layers of Self. And all of you in concrete form now think that you know it all, think that you have complete control. And as we have said so often, it is this very dimension in which you find yourselves that you have absolutely no control. The control comes from the Higher Self which receives its guidance from the Soul. And the Higher Self can run into difficulties also in its connection with the Soul. It is a most interesting phenomena, and it is what makes the game so much fun to play, for there are so many variations on the theme.

**When An Entity Departs The Earth Plane ~ The Gift Of Companionship From Another Who
Departs At The Same Time, Followed By Questions And Responses
(November 15, 1994)**

Just as you enter in alone, you leave alone. Except for the fact, and this is where a little gift is given to each entity, we have said in many, many sessions past that when one entity departs, there is another who also departs at the same time. There is an infinitesimal difference in departure in terms of energy. It is not exact, for the exact moment is unique to each entity. However, there is a return into The Spirit Kingdom with another at so close a proximity of energy that it feels as if you have companionship that applies to the immediate departure from the energy closely aligned with the planet Earth.

Once you move toward the Tunnel to leave the earth plane and return into spirit, some entities who are departing at the same time are separated, for whatever the reason. Some stay in what you commonly refer to as the astral plane and become stuck. Others would remain closer to the earth plane energy, thinking that they are indeed still in this dimension that you find yourselves in now currently. So, there is order to entry and there is order to departure, final departure.

When we are ready to leave our point of exit, how does that relate to this Group Balancing, where our soul, along with other souls, leave at the same time. Although you said it is infinitesimal, there must be a reason for the Group Balancing.

Oh, indeed. Yes, there is. You are in Group Balancing leaving at approximately the same time. You see, infinitesimal is, as we would define it from a Universal perspective, so infinite that those of concreteness would not understand it. It certainly cannot be measured by any of your earth plane tools of measurement. It is completely of an infinite nature. It is not by any means finite. And so, even though there is the apparent departure at one time, there is the waiting in line, even though it is, as we would say, a very infinite spacing. It would not be spacing as you would

have as a frame of reference. So, it is happening instantaneously. It is so quickly assimilated that it gives the appearance of departure at the same time ~ time as measured on the earth plane being a concrete concept, as opposed to what we describe as a very abstract concept.

When you said that we come in alone, however, that we go out and we are given a gift, and that gift is another soul goes out at approximately the same time.

That is correct.

Why is that a gift?

Because then there is not the sense of aloneness. Completing the earth plane sojourn means that you have brought about a sense of wholeness to Self. That wholeness of Self, then, for the journey on the earth plane, and accomplishing that sense of wholeness, enables you then to bring with you, another. One of the quests on the earth plane is to unite with Self, to have companionship. One of the reasons for the sense of aloneness entering the earth plane is to set up each energy for the journey on the earth plane for finding Oneness, for finding wholeness. That becomes quite allusive to many entities until there is an acceptance of Self, an acceptance of Self as to the percentage that was agreed upon to learn on the earth plane sojourn.

When that percentage of learning has been accomplished, it means that you have let go of the issue of trying to become One with Self, and therefore, by letting go, you have it, and you have companionship. It is something that was always there, but oftentimes, energies think that they are completely alone. When you enter the earth plane, you are given the illusion that you are indeed completely alone. You must learn that that is an illusion. When you leave the earth plane, it is the gift ~ from Self to Self ~ of having learned the lesson ~ no entity is ever alone, even though you are separated infinitesimally.

So, you are speaking of Self, really.

Indeed.

Rather than another.

No, there is another. There is another distinct entity. It could be your soul mate. It could be your twin energy. It could be an energy that has no previous connection of experiences with you. What it simply signifies is that you recognize that you are not alone. Even though you are infinitesimally separated, you are nonetheless with companionship.

When you say soul, are you saying the complete soul, or in my term of reference, would be that like soul consciousness?

Your soul, not The Universal Consciousness.

No, I did not mean The Universe. All right, my soul.

Your soul. However, you would give it terminology, whether your frame of reference refers to it as soul consciousness, or soul, or whatever, it is that connecting energy to The Universal Consciousness that controls each energy that we refer to. So, it is soul in our terminology. Referencing your own terminology, then, when you refer to soul consciousness, it is the same as when we simply refer to soul.

Just to clarify, was the companion you mentioned on leaving the lifetime, after every lifetime? Or just the final earth lifetime?

With the final earth lifetime, you would be aware of that. With each departure, because of the infinitesimal qualities and your own partial unacceptance of Oneness, you would not be aware that you had all of this companionship. When an entity leaves the earth plane, in some cases, there is what we call mass departure, and entities are not aware that there is any other entity leaving. It is as if you are in a bubble and you do not see any other entity around you. You think you are leaving alone, while actually, the line is quite long. You know, we have talked of the mass departures and the rush before the final shifting. There is a continual line at the portal. It never ever goes down. It is in some time frames much longer, but in general, there is always a line at the portal. Comings and goings, that is what occurs at the portal.

Sometimes, we do sit there at our table and we check off, you know. You have been good. You have not been so good. You have to go to this training ground now because you have to learn something else. And sometimes, we go there with our scepter and beard, and we open the golden gates. Sometimes, they are pearly. Sometimes, they are golden. It depends. But there is always activity going on. It is never dull. It is never quiet. And during this time of illusion change, of course, there is quite a crowd, and we have special Angelics trained in crowd control, for there is this desire to just get through. And we have to be most careful, for the darkness is also at the portal trying to grab an entity if they can, and of course, as we have said before, the dark just never catches on that we have the strong protection.

But when you are standing in line at the gate, you are not aware that there is an entity in front of you, and there is an entity in back of you. You simply think you are moving along as you should be, and you get to that point, and you are brought back into the spirit, and you then evaluate.

And all the information that we have given you now relates only to the earth plane journey, the earth plane sojourn. There is other information that relates to other training grounds. However, it is only necessary for you to understand this information, to have this information relating to the earth plane. That is where you are now, and that is where you find your journey, and that is

where you need to have the information that relates to your specific journey now. When you are on other training grounds, then similar types of information are given out. And similar types of gatherings, such as you find yourself in now, exist in other training grounds to give out the appropriate information.

Why wouldn't you be aware of the other people going toward the gates? It sounds like it would be a fun time to talk and compare lives and have a social thing.

It is not, actually, appropriate to talk and compare with others. It is indeed not really allowed, for it would dissolve that which you have attempted to learn by trying to compare yourself with what another has learned. The evaluation that you give after you have completed a lifetime is done with your Angelics and your guides, and not with others. As you look at your life you see it in terms of your own path and not the path of another. We have said so often that you cannot, and must not, compare yourself with another. The danger then would be that you would inhibit your own growth by comparing with another, for it would mean that you would have to know the other's path, and that is not allowed, you see. So thus, it is that you have the sense of isolation. It is purposely directed in that way.

The Call To Be Of Service During Mass Departures, And Will There Be A Memory Of It? (December 20, 1994)

Was that time reference that you made a little while ago about the end of the year, a major change, is that the end of this year which is going to end in eleven days?

Yes, indeed. The energy has already aligned itself. It does this at the end of each year and has been in this geographic area for quite some time now as it prepares for additional information and energy exchange from its pyramid component. You will feel during this time frame, at times, a tightening of your energy, and then very quickly, a loosening of your energies. It is also a time on the earth plane that mass departures occur ~ avoiding the rush, as we like to say, for The Shifting. Many of you who have agreed, of course, to help at the portal when there are mass departures will be called upon. Just when you are out there shopping, the call will come in. You know, you say you want to Be of Service, so we test how much do you want to Be of Service.

If you begin to feel very fatigued in a way that comes on you suddenly, it is generally that you are being asked to come to the portal. Your response, of course, is up to you whether you would go and lay down and take a little nap, as you call it, and go into an altered state and quickly go and do your work, or whether you say to the call, "No, not this time." And you fight the fatigue and you go about doing your business.

Also, of course, coinciding with the end of a physical year on the plane is the change in seasons. This particular change that is upon you now is also a significant energy exchange in this particular time frame. It is coinciding this year with significant physical earth types of changes. You will be

aware of some rather dramatic earth events during this coming few days, as you call it, on the plane.

When we have answered the call to help at the portal by going into the sleep state, can we remember what we have done?

Sometimes. It goes back, of course, to that issue of what is that you really need to know and how much of an overload would it present to you. If it is something that you need to remember that will help you in your own path consciously, then you would remember it. However, if you do not need to have it at a conscious level, you will not. It will, however, be stored in your soul, for whatever you do in service to The Universe is stored in your soul as a memory. Even though you may not have recall at conscious level, it is in your soul, and in many cases even in your Higher Self, so that through meditation you could gain access to what occurred.

You said that in The New Illusion that many of us may find ourselves living in the water. Does that mean that we would develop new physical structures for that?

Yes and no. That is a topic for another time. You would perhaps bring that up at the beginning of a session so that we would devote more time to that for we have been given our time warning. It is a most interesting topic that we will be exploring of course, the changes in the physical. As we are allowed to give that information, as it becomes appropriate on the plane for that information to be heard, then we will joyfully give you that so that you can begin to perhaps draw a picture of what you think you might look like.

Does Every Energy Pass Through A Universal Portal When They Pass Over?

(January 03, 1995)

When energies pass over, they go through a portal. You have referred to the portal and the necessity to have energies there welcoming them, helping them, protecting them, as they go through. Is this portal a Universal place from whatever dimension or whatever training ground energies leave, do they go through the same portal?

Oh, indeed. All energy goes through the same portal. It is the main portal. There are, what you would call, various tunnels that entities can take. It is not limited to, "Well, this is the human tunnel, and this is the animal tunnel, and this is the tree tunnel." It is not limited at all in that respect. They are simply placed vibrationally around the entire planet, for example, as a training ground, and other training grounds. The tunnels all help to just keep things in order.

Remember, The Universe is very ordered. And then it brings it into this very large waiting room where all of the tunnels have merged in and dropped off into this waiting room. And then, very slowly, those who are charged with helping at the portal, help to bring all of the energies into

the movement through the final portal and into that area where The Angelic Protector then takes over and brings the energy into its evaluation place. It is very organized.

All these changes tell me that there is going to be tremendous amount of confusion in the future among scientists as to what is created, what is evolved, and you are contributing to that.

Oh, indeed. Yes. We have not even begun. The information that we have to give is going to shake up, shall we say, many with a certain status-quo. There will be many who will not. It will simply be, "Well, of course. But, of course." And there is information that we have given in the early days of our mission that entities thought was a bit silly and perhaps not accurate and has been proved for its validity. Our concern is not in proving anything to any entity. We do not need to do that. We are here to give information. You can take it or leave it. And we are here to help explain it. We are not here to debate the information that we give. We are here certainly to give clarity and to have discussions. And we are here to help you move along your path and to help you accommodate yourselves to the changes and to make it perhaps a bit easier.

The changes will occur. That is not the debate. That is not the issue. Whether scientists want to believe that or not is not our concern, for what is about to occur will simply occur. Scientists would want to give definition to it, would want to give concreteness to it, and yet, they fail to look around them at the changes that have already happened. And if their records do not show a history of an event occurring, then it simply has never happened, according to them. And their records of weather patterns, do not even reach back into the time frame when the illusion began its cleansing. Three hundred to five hundred earth plane years ago, the cleansing began. And your current scientific records do not even stretch back that far, so how do they have a frame of reference that is in any way accurate? They do not. But that is the fun of it all. You know, it is part of what we enjoy.

The weather patterns that you experience now, and the social systems that are being cleansed out, and all of your own vibrations that are undergoing cleaning, in some way or another, are all part of the higher force that brings about the periodic cleansing of an entire training ground, so that we can start it up again and get back to this point again, and clean it again, and start it up, and move along. And this is all that we have to do.

So, now, my loves, it is time for us to return back into our realm and to take our wings off and get ourselves a drink, a nice clicker, and start looking at all of your lives on the earth plane, like you do on this television. This is what we do. We click here and we click there, and we see who is doing what. It was (Name given), yes, who asked us what we do when we are not here?

You did not answer me.

But we did! We take off our wings. We settle into our easy chair. We get ourselves a little something to snack on. We have a wonderful time.

**Being Of Service By Helping Those Who Will Be Leaving At The Time Of The Shift
(February 21, 1995)**

If you were to review all the people in this room, what are most people concerned about with the changing of the illusion?

In this particular gathering there is a large percentage of you who are concerned about your abilities to help others to work their way through this change. There are only a few who have a sense of fear. There are other times when those gathered for our sessions concentrate with an energy of anxiety and fear over what is to occur. This particular gathering, there is not that type of concentration. There is a sense of understanding of what is occurring and a sense of wanting to know more about what can be done to help others to work through their own fears. Most of you in this particular gathering have been through an illusion change and understand at a higher level that it is no big deal, as we so often say. It is not a big deal. It is not an ending. It is a transition.

There will be many things that you are accustomed to in this illusion that you will take with you into The New Illusion, and many that you will not. So, there is the sense of understanding in this gathering, a sense of concern of Being of Service to those who would call upon you as they feel their own anxieties. There are many on the plane ~ the majority on the plane ~ who do not want to even talk about what is occurring, do not want to acknowledge that there is an event about to occur. If they do, they speak of it in ridiculing ways, "Oh, it is the end of the world," ~ thus, to give it less credence, to give it no power. They can deny anything that they want. Those who do not deny the changes are primarily those who will find it easier to go through those transitional moments.

If they choose not to, and there are many who could stay who will choose not to stay, they will choose not to stay primarily so that they can truly be of a higher level of service to those who do not want to leave, and who will have to leave, and will have great difficulty. There are many who will have to leave who will not want to leave and could potentially become stuck in one of those outer layers of the earth plane, often referred to as the astral plane. It is a time when we attempt to get everyone through that muck, you see. What we sense from the gathering is that type of concern. There will inevitably be many who will find the transition most difficult. The major challenge to those who will work with the departing entities in getting them through, is in not losing anyone. They can get stuck in the muck.

**Angelic Protectors Are Responsible To Watch Out For The Path Of The One They Protect
(February 21, 1995)**

Every Angelic Protector, as we have talked of in the past, is responsible for watching out for the path of the one who they protect. Thus, when it is time for an entity to leave the earth plane,

The Angelic Protector must be on guard. There have been occasions where an Angelic Protector has lost its charge, and then The Angelic Protector must go on its own path of finding the lost entity. That is a lesson in itself. That could take, as you measure on the plane in time, millions of years. They go around The Universe crying out, "Yoo-hoo. Yoo-hoo. Where are you?" But the serious part of this is that The Angelic Protector is accountable to The Universal Consciousness for protecting the entity to whom it was given the charge.

When there is an illusion change, especially, and such mass departures occurring, the forces of dark and Light are all lined up, and the dark are trying to grab an entity. It is all part of the game that is played. The Angelic Protector is there to make sure that the entity is not grabbed without their agreement. Many entities would freely go with a dark entity as they are leaving the earth plane. They may say, "Yes, I will go with you. You offer me what seems to be a better deal," ~ in the short term. Thus, they go off with the dark. That is different from being grabbed, you see. At an illusion change this is what occurs, a great lining up of dark and Light forces. That is part of what occurs.

We will of course discuss this as time progresses, this departing procedure, if you will, and the responsibilities that go along with those who choose to stay, those who are able to stay but choose not to, and those who must leave because their vibration is not attuned enough to stay.

Some Examples Of Helping In The Transition Of Those Passing Over ~ And In Mass Departures (February 21, 1995)

I am curious about how one who chooses to leave, although they can stay, helps one who has to leave. Is it that they leave about the same time, and therefore, it helped them through that period?

That is one of the possibilities. The other is to, in some cases, physically push them out of the energy of the earth plane ~ actually push them through the tunnel, one of the various tunnels, into the waiting room. Another scenario is to be gentle and show them that there is nothing to fear and that they are not negative in any way because they must leave. There are many, many different situations that occur with an entity who must leave who does not want to. There are many entities currently leaving now who know that they cannot remain, and they say, "Well, let's go now and get it over with, and that gives me more time to get ready to come back in when The New Illusion can accommodate unbalanced entities," you see.

There are large percentages of entities who know that they cannot stay because they have not reached that level of balance to be in the beginnings of a new illusion and do not view that as any kind of negative. They simply say, "Well, yes, I have only been on the earth plane for two million earth plane years, so yes, I have not advanced enough to be able to be part of the beginnings of a new illusion. But if I wait until The New Illusion is ready to take on my imbalance, then I have that whole illusion to work to the point where I will be able to be part of The New Illusion startup." Maybe the next time around, the next illusion that comes, that entity

can be part of the beginnings of a new illusion. Other entities view it, not being able to stay, as some type of indictment against them. It is not. It is not.

We have stated in the past that we will physically pull-out entities who refuse to leave, for it is their time to leave, and they will not acknowledge that it is their time. This occurs with many entities, not just at illusion changes, but at any time. When it is time to leave, it is time to leave. Period. At the conscious level, there can be quite a bit of disagreement with the higher levels. One of the reasons that entities can become stuck on the earth plane outer layers of energy is that at a lower level of themselves, they did not acknowledge that it was time to leave. They were stubborn, if you will.

When the higher levels said, "It is time, and we now leave," there was sort of a fluctuation, if you will, of the energy line. The lower level said, "No, no, no." And the higher level was pulling through the muck, but there was such a pulling that the entire energy, or at least a part of it, got stuck, because in going through the muck, it must go like that, you know ~ (Waith slaps his hands) It must go very quickly, for those vibrational energies in the outer levels of the earth plane are very dense. This is part of what we will be faced with in the transition, for the mass departures will be so tremendous that just getting everyone through will be a challenge in and of itself. But we will talk more of this as time progresses on the plane.

Could You Lend Any Insight Into Closure With Relationships, Or When People Pass On?

(December 31, 1996)

You just described the importance of closure. Could you lend any insight into closure with people and relationships? It could go even into when people pass on.

Oh, yes, indeed. The closure of any Energy Circle, as you might call it. This is not, of course, the major Energy Circle that each of you has, but rather the forming of an energy grouping at earth plane level as it would pertain to all of you. When that comes to closure, it is very important to utilize the bow-tying technique.

What we will show you in this gathering is applicable for that. It is a very simple ~ quick, actually ~ technique, one in which, as a concept, many on the plane do not understand the importance. When something comes to an end, it is cause for celebration and would be best viewed as that type of celebration ~ ah, one particular grouping has now reached closure. That is a good thing. It means that whatever was set out to accomplish has been accomplished.

It also means that when an energy leaves the earth plane ~ or leaves any dimension to move into another dimension ~ that lessons have been completed. It is always a good thing when an energy leaves the earth plane, even though at concrete level you are saddened by the loss of the concreteness. It is, nonetheless, a good thing.

We will be presenting in workshop form, soon, a discussion of the Toy Box that we have presented and the ways in which the Toy Box, in conjunction with the ending of an energy's earth plane sojourn, can be used to strengthen those who are left behind on the earth plane. It is also a form of closure. There are many different types of closure that need to be given, and the energies associated with those closures, depending upon which particular type of behavior is occurring. So, when you finish, let us say, a phase of your mission, whether it is at earth plane level, or you are leaving the earth plane, or you are in another dimension ~ you have finished a predetermined phase ~ that would be one type of energy closure.

When an energy within your grouping leaves your grouping, be it at earth plane level or be it moving into another dimension, that, too, would necessitate some type of energy closure. When that does not occur, then disruptions can present themselves. It is good at concrete for you to be aware of these types of energy closures, even though at higher levels there is great awareness of it, so that those closures are occurring at higher levels even though at concrete you are not completely aware of it.

However, as can usually happen with the battle between the Higher Self and the Concrete Self, or the Higher Self and the Soul, blockages can occur, and those closures do not indeed happen. And then it opens up for an entirely different discussion, which we will address at some point down the road into our Second Phase.

So, my loves, in this session we will be giving a closure exercise that you could apply to an entity who leaves the earth plane. In the future we will give more specific kinds of exercises. You will see from what we give in this gathering what the concept is, and you can make up your own. There is no set way, "The Archangel said you must do it this way, and if you do not say it word for word and do every motion exactly as Waith indicated, then it is not a good one." This is ridiculous, of course. Understanding the concept is what is important and then applying your own, making up your own little ditty, shall we say.

Certainly, you have seen over time the many different meditation techniques that have come about and the sending of the Light techniques and all of these different techniques, depending upon who happens to be making them up at the time. Each of The Company members, for example, came up with different little ditties. Each one is applicable, or not, depending on your mood at earth plane level or depending on any number of things ~ your own sense of creativity.