

There is a Cycle of Lesson Learning



Mushiba: Every moment of every day we are learning something ~ and our learning has a flow and, that flow is what Waith describes as the Cycle of Lesson Learning:

Waith: *“There are four phases of learning a lesson:*

- ***First**, learning a lesson without help.*
- ***Second**, learning the same lesson with help from others.*
- ***Third**, helping another to learn that lesson that you have been learning.*
- ***Fourth**, helping one to help one who is helping another to learn that lesson you have been learning.*

“The phases feed into each other. In Phase Four you are helping someone who is in Phase Three. A person in Phase Three is helping someone in Phase Two.

“Every lesson that you take on falls into one of these phases. And, you could, for example, have four lessons that you have taken on for this lifetime and each one is in a different phase.”

(Reference: *Living in your World as a Spiritual Being*)

When Waith first presented this Cycle, it touched me at my Soul level ~ it explained so much of what I had been experiencing in this life. I felt a sense of freedom. There were phases of learning ~ and, a beginning and an end. The light at the end of the tunnel was not an oncoming train!