

Guidelines for Growth: Be of Service to Self, Be of Service to Others



Be of Service To Self, Be of Service to Others are components five and six, of ten, in Waith's ***Guidelines for Growth***. Being of Service gives us enhanced opportunity to nurture or abuse Self and Others. Waith speaks of this feature of Service:

Waith: *“We now discuss the next components of the **Guidelines for Growth**, *Be of Service to Self* and *Be of Service to Others*. We ask you, ‘When you take on the issue of another, are you imposing upon them?’”*

Response: Yes, if we don't have their permission.

Waith: *“There is the qualifier ~ permission. There are many entities who more than gladly ~ more than willingly ~ will let you take on their issue and there is no imposition involved at all. In fact, they expect it.*

“If you take on an issue of another without their permission, you are imposing upon Self and upon another ~ double imposition. And it is this arena in which most entities find themselves so entrenched, because it is dealing with issues of Self and Others.”

I have a story that I have named, *the Ant and the Potato Chip*, of how the issue of imposition on another taught me what can happen: I was in the *Terra Lux Center* and saw an ant creeping along the wall leading to the outside door, which was open. The ant was carrying an itty-bitty piece of a potato chip. When the ant arrived at the door, it began to struggle to reach the landing portion of the exit. I tried to help by placing a piece of paper for the ant to walk up to the exit. The ant began circling around and around and then dropped the potato chip. It eventually found its way out, sans the potato chip. To me, I had imposed on ~ abused ~ the ant and that memory continues as a reminder.