

Send Light



Mushiba: In every Waith gathering, he mentions the sending of Light, especially as he departs with, “We send to you all the very Highest of the White Light.” Today’s excerpt is from his class on how to generate Light within Self and, supports his ongoing counsel about the importance of strengthening our inner Light so we can Send Light to Others:

Waith: *“Generating Light is about the everyday movement within your world ~ small ways that you can generate the Light within Self that will automatically then go outward to the external. Some of you were very shy, initially, about wanting to hug someone in this gathering. Some of you have a wider vibration around you that loves to hug. And you see that once it began to become catchy, you were all involved in it, laughing and enjoying each other.”*

“Of course, you are in what we would call a safe environment for hugging and laughing ~ it is safe, however, because you perceive it to be safe. What you perceive to be safe is your own thought. If you do not want to generate Light with others, it is because you have a closeness of energy that does not allow you to feel safe in doing that. That is fine. We are not here to say to you, ‘You must stretch your comfort zone X-amount so that it is way, way out!’ No, for what you do first is to stretch your sense of Light within, and then it automatically reflects out.”

Have you noticed that when you learn something ~ how to solve a math problem, how to change a flat tire, how to play a musical instrument, how to perform CPR ~ you feel stronger and more self confident. And, when you need to use your new knowledge, it flows out of you naturally. So too, does your inner Light flow naturally out to others.