

Send Light



Mushiba: In the *Search for Self*, which is the way in which Waith has organized his information and how he offers guidance, he explains that each energy has a Spectrum of Light. This Spectrum, in linear form, has Light and Dark on opposite ends. This means that while we all have Light within Self, we also have dark within Self. This is not negative ~ rather, it is the way in which growth occurs, as Waith describes below.

Waith: *“It takes tools, oftentimes, to bring you out of the darkness and bring you back into your own Light. Each of you deals with dark in two ways.*

“First, is the dark that is within Self. Every energy is a Spectrum of Light ~ not a Spectrum of Dark. And, each of you is at a different point in your own Lightness within Self. The Lighter you feel, the more the responsibility it is that you help others to bring out their own Lightness.

“Part of the growth of all energies, however, is to deal with the darkness within ~ to gradually diffuse the darkness of Self with the Lightness of Self. When you hear about the demons within, it is the battle within Self.

“The other force of darkness comes from the external. You are internal to Self with darkness and that is, then, projected to an external energy. Each of you is then subjected to the darkness that comes from another who is also struggling within Self to diffuse the darkness within Self and to bring out the Light.”

I have found it fascinating to see how people, upon increasing their inner Light, begin to view their external world more positively. Their *Service to Others* becomes greater and they attract more Light, which then attracts more Light, which then attracts more Light.