

# Send Light



**Mushiba:** We are living in a crazy world ~ filled with extremes of everything: political/legal, sociocultural, environmental, economic, technological ~ and all interconnected. What do we do? Here is Waith's simple response to that question:

**Waith:** *“Revel in the exaggeration of the world around you. Bring the Light within Self, out as best as you can for Self and see the world in its exaggeration through your own Light and that will get you through each day. Do not take it seriously ~ and yet, it is serious. It is the fine line ~ lighthearted ~ serious ~ find your own balance.”*

Finding our own balance is the key ~ and, of course, it differs from person to person and, even within Self. There are some days when I have a sense of balance between serious and lighthearted and then days when I do not feel that balance. During my times of needing to balance, I look at the sign on my door to Think Light! It helps to move me to Send Light.