## Send Light



**Mushiba:** Send Light has been the focus of my *Reflections* during the past few weeks. I have been asked if it is our responsibility to Send Light. In other words, do we have to Send Light to others? Here is Waith's response:

Waith: "No matter where you go, my loved ones ~ no matter what environment you find yourselves in ~ it is up to you to bring in the Light for Self within that environment. It is not your responsibility to bring the Light into an environment for another.

"When you bring in the Light for Self, then it automatically will flow out of Self ~ and others may or may not respond to it. You do not have to be thinking, 'I have to bring Light to this environment.

"The Light of Self, when generated, flows out. Yes, you can concretely say, I send Light.' However, you do not have to work at it ~ unless you are there, specifically, to bring Light into an environment."

During the past several months I have had meetings online and in person. Some of those meetings needed some lightheartedness. Did I *Send Light* or not? Yes and No. Some people asked me to *Send Light* to the meeting and other meetings I was not asked. How did I know? Easy ~ I was asked. A key component to *Send Light* is to be asked.