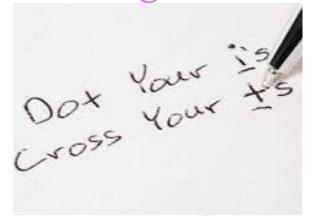
## Lesson Learning, Even For Waith



**Mushiba:** "The Light Always Wins" is a mantra given to us by Waith 30+ years ago. How does The Light manifest? When it seems that The Dark is winning, along comes positive behavior to counteract the negative. It comes in with strength and determination. It also comes in with Lightheartedness, often in simple ways.

Limera, who was with me when Waith first spoke through me, was always able to have a Lighthearted exchange with Waith. In today's excerpt, she is reminding him of his ongoing challenge of adapting to the written form of communication:

**Waith:** "We have spoken to you of Fortitude ~ F-o-r-l-l-u-d-e." (Waith writes on the easel paper)

Limera: "Cross your t's ~ dot the i!"

Waith: "There has been one constant since we have been speaking through Mushiba and that is that we do not have to cross t's and dot i's if we do not want to. It becomes difficult to do this and to find the energy field where the exact crossing and dotting occurs, unless, of course, we were to receive assistance. (Note: Waith looks at Limera) It depends, then, on how much it means to everyone that the t's are crossed and the i's dotted."

**Limera:** "When you first came in and wrote your name, I thought you were W-a-l-l-h."

Waith: "Thank you for sharing that, Limera!"

Waith jokes, to this day, about his challenges with the written form of communication. However, he now will proudly show that he is able to cross t's and dot i's ~ he has learned because he wanted to and not because he had to. He showed us that lesson learning can take form in small ways. He also showed us how Lightheartedness can diffuse tense energy. Thus, as I have been saying each time ~ Focus on Lightheartedness and the Spreading of Light!