

Focus On Lightheartedness And The Spreading Of Light



Mushiba: It is appropriate that given the global pandemic, I now place that theme as a headline. While this pandemic is viewed as a crisis, I see it as an opportunity to renew our sense of community ~ Community of Self and Community with Others.

After 9/11, Waith counseled us about why it happened and what we could do in response. I believe that counsel is useful to remember now:

Waith: *“That which has occurred on the earth plane is not to be looked at with anger and fear ~ rather, as an opportunity being presented at the end of an illusion for the sending of Light and for energies to unite ~ to defend rather than go on the attack.*

“There is a significant difference between attacking and defending. The dark attacks ~ the Light defends. And yes, the Light often will do little irritating things to the dark so that the dark will attack, which then enables the Light to respond. It is not a bad thing to be attacked ~ it is, indeed, the motivation for the Light to do something and to diffuse the dark.

“Rid Self of anger, hatred and fear for those are powerful tools of the dark.

“There has been much activity on the earth plane that has brought humans together in prayer, in Circles of Light, all meant to send the Light ~ this is a positive response. The Light continues to be sent ~ and needs to be sent ~ to those who are in the highest of decision making as to what the response will be.

“Remember, an energy leaves when it has finished what it came in to do. This is the higher perspective, and yes, when there is a departure under circumstances such as this, there is sadness for the departure ~ normal, human emotion ~ because it is you who is left behind. It is you who still has work to do.

“You are living the experience, and therefore, you must feel the emotion. At the same time, and this is the challenge, trust in The Universe and feel the emotion ~ feel it, live it. You are learning ~ that is what this is about. And if you do not succeed in understanding the higher purpose and are dragged down in its emotion, that is also part of your learning. Relax about your journey, my loved ones.”

If you are reading this Reflection, it means that you are still here on the earth plane. Lesson Learning remains ever present. I finish this Reflection as I began it: ***Focus on Lightheartedness and the Spreading of Light!***