Thank Rather Than Forgive



Mushiba: From an early age, most people are told that to "forgive is divine." Most of us are often challenged to forgive, which can then lead to a sense of guilt. If you have read any of Waith's information, you will not be surprised to know that he has a different take on the issue of forgiveness. The following is an excerpt from a question asked of him during a public session:

Question: "You have said that to forgive is to judge. If someone hurts us in any way, are we being judgemental if we forgive the hurt that was done to us?"

Waith: "In the purest of this concept, all that occurs to an entity is something that has been asked for by the Soul. You have asked ~ thus, if you are, as you would call it, hurt, you asked at Soul Level for lessons to be learned, for perhaps, balancing that needed to occur. And thus, if you are not able to connect with the Higher Self to understand what that situation meant to the Soul's growth, then you would, indeed, be judging, and to forgive is a judgement. Since all that happens to you is asked for, you should, then, **thank** rather than forgive." Forgiving Self and/or Others can be therapeutic for the person doing and receiving the forgiveness $\tilde{}$ and that can be a good thing in the short term. Yet, if everything that happens is part of The Flow of The Universal Consciousness, then it stands to reason that everything is part of a Universal Plan and that we are learning our lessons as a result of the hurt, pain, or other emotion that resulted from the action.

And, remember that as we progress in learning to *Thank Rather Than Forgive*, *Focus on Lightheartedness and the Spreading of Light!*