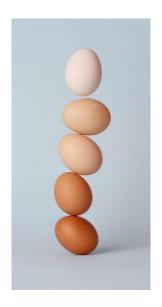
## The Balance Between Relying On Self Or On Others



**Mushiba:** We are counseled by Waith to find our answers from within Self. Simultaneously, we are told to seek assistance from Others. Indeed, Waith's *Guidelines for Growth* focuses on Self and Others. Yikes! What to do with this apparent contradiction. Self and Others ~ the ultimate paradox of life outside of The Universal Consciousness. However, upon closer examination, we find that the balance between relying on Self or on Others IS the journey outside of The One.

Here is Waith's counsel about the challenge of finding the balance between Self and Others:

Waith: "When you are able to trust in The Universe, then it does not become a question of, 'How much do I rely on Self and how much do I rely on Others?' You will know the amount for Self as you trust in the Flow of The Universe. You live your life in order to reach that point where you will understand, for each has their own degree of understanding of that balance "what is appropriate for your balance will be different from what is appropriate for another. As your awareness of Self increases and you feel the strong connection with The Universal Consciousness, then you will understand to greater degrees.

"Remember to not compare yourself with another's progress. Seek assistance from Others while being careful of trying to be like another. Be who you are ~ that is the best for each of you."

Waith sums it up in the last sentence: "Be who you are ~ that is the best for each of you." Twelve little words to live by! And yet, so challenging to act upon. Our journey is about Living our Life, and the only way we can learn about Self is through Others ~ like it or not!

And, remember that as we progress in learning the Balance Between Relying On Self Or On Others, *Focus on Lightheartedness and the Spreading of Light!*