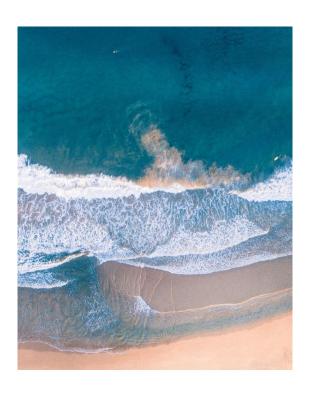
## The Limitations Of Thinking We Are Limited



**Mushiba:** I grew up hearing my parents say that if someone else could do something, then so could I. This belief guided me to stretch my comfort zone and see beyond my own Self imposed limitations and was part of the strong foundation I was given to become a strong, independent woman. I believe that we are limited by our own limitations. A quote from George Bernard Show affirmed this belief, "You see things, and you say, 'Why?' But I dream things that never were; and I say, 'Why not?'" (Often attributed to Robert F. Kennedy)

During a Public Session, Waith was asked a question to which his response addressed this same concept with his own spin, of course:

Question: "We tend to think conventionally in terms of the speed of light and it can be a limiting factor. Is it possible to use the mind to follow space and totally overcome it? Are there any limits to the rate of movement on the physical plane of existence? Or, is that a real limit?"

Waith: "There are no limits ~ Limit is an illusion. The earth plane has been specifically established to be one of extremes in concreteness ~ a training ground on which entities can test their abilities to see limitlessness in everything, to be able to trust in The Universal Consciousness as simply existing, and that there is nothing concrete.

"You are able ~ if you can bring yourself out of the concreteness of the earth plane ~ to simply see nothing. Because you believe the chair on which you sit is there, then it is ~ and it holds you. And the concept of time exists because you believe that it exists. It has been set up, or course, for this is part of the creation of illusion on the earth plane.

"All concreteness can be overcome ~ it can be completely bypassed. There are many on the plane who currently do this ~ many who have come before you, and many currently on the plane who, in other experiences on the plane, overcame the concreteness of certain earth plane illusions.

"Time is one of the easiest illusions to overcome. You can speed up time and you can slow down time it is a very common situation. Many of you have experienced this, where it appears that all goes very slowly and you achieve what you felt you needed to achieve and cannot understand that only one hour has passed. Time is easily manipulated if you simply work with The Universe.

"All of the so-called scientific laws currently on the plane can be manipulated in such a way ~ the laws of physics and all of the quantum theories that are currently present in the consciousness of this illusion can be worked with. There is no limit ~ the moment you say that there are limits is when you are, indeed, limited."

The phrase, *think outside the box*, has become a bit overused ~ however, its concept relates to breaking Self's own rules and seeing the "why nots" that are always available to us. Gentle Readers ~ when was the last time you asked Self, "Why not?"