## Finding Our Own Truth



**Mushiba:** What is *The Truth*? Is it something that another tells us is *The Truth* is it *Our Truth*? How do we know what our own truth actually is? And what about trusting what we *think* is our truth? Waith counsels us as follows:

Waith: "All your answers are within Self. What is right for you at a particular time is what is right for you you must find your own truth. We give information that can help you to find the truth within Self, to guide you however, we will not say to you, 'This is your truth,' because each entity has its own truth. Entities also have their own interpretation depending on where the entity is in its own understandings and awarenesses. Thus, what you believe may be different from one sitting next to you and that is fine, for you are each at your own level of attainment of truth."

As we mature, our understanding of our world changes. We have experiences and hopefully, learn from those experiences ~ we gain wisdom. Our truth changes as a result of those experiences and wisdom ~ and that wisdom is, I believe, what we learn to trust as our truth.