

# Enjoy Self



**Mushiba:** Each day we are faced with lessons to learn as we travel on our path. We interact with many energy forms who have an impact on our learning. During his discussions in the *Search for Self ~ First Level*, **Waith** counseled:

*Waith: "Each of you is responsible for who you are. Nothing outside of you has contributed to that ~ while it has influenced, it has not determined who you are. Enjoy who you are!"*

As you begin each day, enjoy who you are and what you are about to learn. Then, as you end each day, enjoy who you are and what you have learned during the day.

Enjoy Self!