

Being Spiritual



Mushiba: Many people think that *Being Spiritual* is a mystical, high-level behavior, achieved by only a few. My belief is that there is no special trick to *Being Spiritual* because we are already spiritual ~ we only have to believe it and not judge Self or Others as being non spiritual because of certain behaviors.

During his class, **Waith** said:

Waith: *“Spiritual Being means that regardless **Living in Your World as a Spiritual Being** of what you are doing, you are spiritual ~ living in your world that you have created from the lessons that you determined needed to be learned in this lifetime. You are living in your world no matter what you do in the learning of the lessons ~ and you are still a Spiritual Being.”*

Spiritual is what we become automatically when leaving The One. Every energy form is a Spiritual Being and is not limited to only The Human Kingdom. Energies take on form and proceed to create their own individual worlds ~ spiritual worlds ~ thus, bringing with them their Spirituality. The world we create for Self must coexist with the world that another energy form has created for Self ~ and all these worlds then form the greater world. If we respect the spiritual world that another has created for itself, then our spiritual world will be respected.

Our spirituality will change as we live. I find that daily reflection helps me to evaluate my thoughts, words and actions, and as a result of that reflection, my truth changes. **Waith** said in his class, ***Spiritual Leadership:***

Waith: *“At the end of every day you will have a different spirituality for you have had experiences, even if you do not leave your house, for not leaving the house is an experience. It is impossible to live on the earth plane without having experiences.”*

My belief is that our experiences **add** to our spirituality ~ not **create** our spirituality. Thus, we are *Being Spiritual* with every breath we take.