

# Patience and Tolerance



**Mushiba:** Patience ~ Tolerance ~ Tolerance ~ Patience ~ they mean the same thing ~ right? Many people think they are one in the same. Actually, they have different meanings. *Patience* means that we are capable of bearing delay and waiting for the right moment. *Tolerance* means that we have the capacity to recognize and respect the opinion or behavior of others.

During his *Class on Patience* Waith said:

**Waith:** *“There is a difference between patience and tolerance. You can be patient, and not tolerant. You cannot be tolerant without being patient.”*

How can we be patient and yet not tolerant? Here is a simple example:

Someone has wronged you. You seek revenge because you do not respect his/her behavior toward you. In your plan for revenge, you wait for the right moment to strike back. Yet, Waith’s saying, *“You cannot be tolerant without being patient,”* brings this example into the realm of The Universe. You recognize and respect the path of that individual and know that The Universe will bring balance. You trust The Universe that you may either be given the opportunity to help in that balancing or The Universe will bring balance in its own way ~ you are patient and tolerant, for you may not see or be a part of that balancing.

This example does not mean that we allow people to *walk all over us* ~ it means that we have brought the *walking all over us* to a higher realm, one in which we recognize our cooperation with The Universe and trust in that flow. We become more tolerant step by step, lifetime by lifetime ~ for trusting in The Universe is a process and as Waith loves to say, *“It takes as long as it takes!”*