

Layers of Consciousness



Mushiba: In this current illusion in which we live, concrete and abstract are thought to be separate. and therefore, places that we *go to*. It is thought that we **live** in the concrete and **reflect** in the abstract. However, concrete and abstract are really *One* and we are already *there* ~ living and reflecting simultaneously.

Interdimensional Travel and Communication are not mystical activities reserved for only an exclusive few ~ it is a skill that all energy forms use to go within the dimensions of Self.

In his class on *Spiritual Leadership*, Waith said:

Waith: *"Concrete Self is the physical manifestation of all the layers of consciousness of Self. So too, is every layer of consciousness of Self, then, a physical manifestation of its abstract layer."*

The use of *abstract* and *concrete* layers ~ or dimensions ~ is simply a linear representation for the earth plane experience. Waith's words are meant to help us understand the concept of *One, Yet separate* ~ *Separate, Yet One* ~ live and reflect and reflect and live ~ simultaneously and separately.