## The Flow of Flow



**Mushiba:** A favorite statement of mine is, "Please grant me patience ~ and, do it right now!" So often, we are impatient with our own learning of patience. In his class on *Patience*, Waith counseled:

Waith: "Each entity ~ even an Angelic ~ must deal with the issue of patience. Patience transcends gender, transcends points of awareness, transcends everything."

We live in a time of accelerated learning, so it is natural that we want to become patient ~ fast ~ and hence, the lesson of patience is ever present. However, we need to remember that events unfold in their own time ~ people respond in their own time ~ The Universe flows in its own time ~ time flows in its own time ~ and patience becomes ours ~ when we accept *the Flow of Flow!* 

I am tested for patience when a person tells me s/he will do something by a particular time and then does not meet that promise and does not tell me. However, I have learned to Flow (most of the time) with this type of behavior and view it as a teaching/learning interaction for Self and Others (again, most of the time)!