## The Decision to Exist



**Mushiba:** Decisions, decisions ~ an action that can sometimes challenge us to the point of feeling immobilized. However, during those times of Self doubt, remember this: we each choose to exist ~ every moment of every day.

During the *Search for Self ~ First Level* discussions, Waith said:

Waith: "Every energy form knows how to make a decision. The fact that it exists was a decision that was made."

When you are faced with making a decision, and feel you cannot, remember that the most important decision you have made is to exist ~ every other decision is minor in relation to *The Decision to Exist*. And, who said you were unable to make a decision?