

# Experiences



**Mushiba:** Being on the earth plane is about emotion and all the experiences that come as a result of emotion. During his class, *Spiritual Leadership*, Waith said:

**Waith:** *"Live on the earth plane ~ Live it ~ experience it ~ reflect on it ~ live it ~ experience it ~ reflect on it ~ constant feedback."*

Waith emphasizes the repeating of the process of living, experiencing and reflecting, for that is how we learn ~ by repeating and repeating until it finally sticks ~ or, as Waith loves to say, *"It takes as long as it takes!"*

I live by the statement, *"as long as it takes,"* for it eliminates all the pressure from lesson learning and, the guilt from thinking I have failed because I have not learned as I wanted or, thought I *should!* Plus, it adds a degree of Lightheartedness to my journey!