

The Spectrum of Emotions



Waith: *"You are on the earth plane to feel ~ to have emotion."*

Mushiba: As I reflect on this comment from Waith, I think about life on the earth plane consisting of different spectrums. I view a spectrum as a tool for learning unconditional love and non-judgement. So, for me, Emotion is a spectrum ~ the Spectrum of Emotions ~ in which it has extremes, when viewed from a linear perspective.

What might appear to be highly emotional or non-emotional to one person may not be so to another because of this Spectrum of Emotions. Thus, regardless of the emotional state of a person, s/he is somewhere in their own Spectrum of Emotions and needs to be respected for her or his journey.

Waith is continually guiding us to live our life ~ and, foundational to living is our Spectrum of Emotions upon which our issues are molded, our experiences created and, our behaviors manifested. Ah-h-h, life on the earth plane!