

Waith Class Transcripts, Excerpts
TRUTH AND HONESTY
FROM TRANSCRIPTS 1987-1996

- ∞ [Special Topic Session On Truth, One Of The Universal Concepts ~ Introductory Level](#)
- ∞ [How Truth Is Defined From A Universal Perspective](#)
- ∞ [Truth, Unconditional Love, And Justice](#)
- ∞ [Unconditional Love, Following Your Own Truth, And Growth](#)
- ∞ [Imposition Of Your Truth To Others ~ And Others Imposing Their Truth To You](#)
- ∞ [As You Grow More Toward Unconditional Love, Your Truth Changes](#)
- ∞ [As Far As Truth Of The Soul Goes, How Does That Reflect On A Parallel Life?](#)
- ∞ [An Environment Of Disharmony Creating Imbalance ~ Seek To Follow Your Own Truth](#)
- ∞ [A Question About Our Ability To Perceive Truth At Any Level](#)
- ∞ [Perceptions Of Survival Of The Fittest](#)
- ∞ [Each Must Follow Their Own Truth](#)
- ∞ [Topic ~ Honesty, And Truth](#)
- ∞ [Do We Help Ourselves Grow If We Are Honest With Ourselves And Follow Our Own Truth?](#)
- ∞ [A Question About Expressing Honesty And Truth When It Comes To Your Children](#)
- ∞ [A Question Of Inequity In One's Sense Of Value In What They Feel Is Honest](#)
- ∞ [When You Say Something To Someone You Know Is Untrue, Just To Make Them Feel Better](#)
- ∞ [A Question About Honesty And Truthfulness Being Painful](#)
- ∞ [An Example Of Being Tactful With Someone, To Help Them](#)
- ∞ [A Question Of People Being Open And Honest With One Another](#)
- ∞ [The Issue Of Telling A Lie Which Eventually Hurt Someone](#)
- ∞ [Defining One's Truth And The Issue Of One's Ego](#)

*Waith's Words, and the Spirit Group's Words, appear in this font style
(If a Spirit Group Member speaks, they will be identified)*

Class Member Questions/Comments appear in this font style
(Multiple responses from the class are preceded with this symbol ☺)

**Special Topic Session On Truth, One Of The Universal Concepts ~ Introductory Level
(November 29, 1988)**

We would like to present a topic of discussion for this session that is one of the Universal Issues and it concerns truth, and what is truth and how is it defined from a Universal perspective, how do you apply this to your own growth? We will begin an introductory session this time and give you some beginning perspectives on truth and allow you then to ask us some questions regarding what we have presented to you, as well as what is also on your minds regarding this topic.

**How Truth Is Defined From A Universal Perspective
(November 29, 1988)**

We would begin by saying that truth is one of the Universal concepts and that it is that which guides the precepts revolving around love, Unconditional Love, and justice, and that an understanding of truth is essential for you in understanding how to apply Unconditional Love and in an understanding of justice, justice as perceived at the Universal Level rather than at the earth plane level. The Universal question has always been WHAT IS TRUTH? It has always been posed in that manner, in the form of a question, WHAT IS TRUTH?

Truth, quite simply and quite uncomplicated, is that which is LOVE. If it is love, it is truth. Anything perceived without love in its background is not truth. Each of you will have your own truths as they relate to your own soul's growth and development and also as it is illusioned on the earth plane, and it will be this truth that you have at your own Soul Level that will guide you in your own growth, for each of you is at a different point in the development of your own abilities for Unconditional Love. And as a result of that difference that each of you has, so too, do you have different views of truth. What you perceive as truth is based upon your own development in Unconditional Love.

Realize that your perceptions of truth are connected to The Universal Consciousness as all are connected to The Universal Consciousness and that while your view of truth will be different from another's, it ultimately will reflect the Universal definition of truth. It will be part of the One, and that until you as an individual entity are a part of the One there will not be agreement on what is truth, for as long as each of you is at a point different from the other on your path toward growth. And each person, each entity, is at a different point, be it ever so infinitesimally different, it is nonetheless different, there will be variations in what you believe to be true.

**Truth, Unconditional Love, And Justice
(November 29, 1988)**

As long as you equate your own progress with Unconditional Love to that which you view as truth then all is in balance, all is well. It is when it becomes out of balance that an entity begins to

develop difficulties, for when your actions are not centered around Unconditional Love or the development of it, then there will be no truth.

The truth is the ultimate condition in The Universe. It merges with love and therefore presents total justice, for justice simply means that all has balanced, and while you may not see what you perceive to be justice done, it is not for you to necessarily see this, for justice is performed at the Universal Level rather than at the earth plane level. And it is when your soul has released itself from an imbalance, and therefore achieved a greater understanding of truth and love, then a bit more justice is performed, and it is at the Universal Level and it is what each of you seeks to understand in your own meditations and in your own seeking of the Higher Self that you will understand the justice, you will see closer the truth that comes from The Universe and you will have greater wisdom and there will be greater beauty coming from your souls as you understand the intermingling of these three concepts.

Many of you are working quite well in this area and in understanding your own truths and in understanding that you do not impose that which you understand to be true upon those who might be at another point in their path, rather to accept another's understanding of truth, what is right for them as simply what is and to not question but simply to support their own progress. And if their understanding of truth is so very different from yours, so be it, for they may have a greater understanding or a lesser understanding than yourself, but it does not matter, for you at one time also had a lesser understanding, and you will now have, compared to others, a lesser understanding and therefore there must be tolerance and there must be love given out to those all around you, for you may not know, and in fact you will not know for the most part, who has a greater or lesser understanding of truth than you. It will only be the perceptions of yourself that will create the illusions of greater or lesser than yourself.

You may receive information in your meditations about a particular person with whom you may want to have greater understanding, and the information may be given to you so that you may Be of Service to a particular entity, but you must be very careful of making judgements, for no one of you knows precisely where any other entity is on their path and most especially where they are on their path in comparison to you, nor does it matter.

Unconditional Love, Following Your Own Truth, And Growth (November 29, 1988)

As you gain a greater ability to give Unconditional Love you will also gain the wisdom that goes with this and the insights will become clearer to you. And as you gain a greater ability through your meditations to find your own answers, so too will the truths at The Universal Consciousness be revealed to you, and you will have the understanding that will enable you to grow, yourself, as well as to Be of Service to Others to help them in their own growth.

Unconditional Love is the ultimate freedom, for when you love unconditionally you have no constraints upon yourself and therefore there can be no so-called threats to you as an entity for

you see the truth in its ultimate, and that, my dear ones, will be achieved ultimately when each becomes a part of The Universal Consciousness once again. The fun is in the trip. And with that we would now cease this initial presentation of what we have to say, for there is far more to this than we have presented now and would accept questions from any of you regarding what we have just discussed.

When there is my truth, and someone else's truth, I need to follow MY truth. And just allow them their truth. There will be no injustice that way if I follow my own truth.

Yes. That is correct. You must always remember this very important point that you must follow your truth. The injustice, the imbalance comes when you attempt one of two things, to follow someone else's truth that is contrary to your own, or to impose upon others your own truth. Both create an imbalance in your soul. As long as you follow your own truth all will be in harmony. There will be points when the harmony will be out of balance, for that is part of the learning that all take on, whether it is the earth plane or any other plane available for learning, any other dimension, nonetheless it is a Universal Concept that an entity must follow its own truth. It is not as easy to do as it is to say, as you all know.

Imposition Of Your Truth To Others ~ And Others Imposing Their Truth To You (November 29, 1988)

But you should send love to the other person who wants you to follow their truth.

Yes. And there will be many who will try to impose their truths upon you. You all experience this. There will be many of you who will feel that you have truly found the way and will try to impose this upon others. You would then be just as guilty, if we want to use this word, as any other who would try to impose their truth upon you. You have found what is right for you at a particular time for your own soul's growth and that includes the information that you receive from us. That which you receive from us you take into yourselves. It is not to be imposed upon others who would not be ready or willing to hear it. For those who need to hear what we say, for example, will be drawn here, for The Universe takes care of this.

Remember that there is a grand scheme, if you will, in The Universe and that which an entity needs is what an entity will receive, and it is not for any of you at the mortal level to make that decision for another. You need to be concerned only with yourselves, each of you, your soul and its growth, and when you have that understanding then it is much easier to allow those around you to grow also in the same way and to seek their own truths. You will find that you will be with many who have very close and similar truths and some who may appear to have exactly the same truths as you. Remember that there will be infinitesimal differences and that regardless of how closely aligned you may find yourself with another, be ever so careful that when you do see a difference that it does not upset you and create difficulties in the relationship, rather to look at the similarities rather than the differences and to build upon those, not to dwell on what might be a difference between you.

As You Grow More Toward Unconditional Love, Your Truth Changes
(November 29, 1988)

It seems that our view of the truth is always changing. This makes me feel like we should not really take ourselves that seriously about what we believe because it is going to change. How can you judge what is true or not when you are always changing anyway?

That is correct. It is rather paradoxical, isn't it? I had indicated that this discussion of truth was not quite as simple as it might appear to be and we have only scratched the surface, shall we say. I have said in other sessions that an entity must not take themselves seriously, rather you take your growth seriously, your mission, that which you are here to do, to learn, to teach, that is taken seriously. But do not take yourselves as entities seriously for as you grow and you increase in your own strength, in your own abilities toward Unconditional Love, yes, your vision of the truth changes, your wisdom increases.

You say that there is one truth.

There is Universal Truth and that will be clear to you when you become One.

And what would that truth be?

It would be not understandable to you at this time. You will seek this through your meditations. You will seek the One Truth. The One Truth relates to Unconditional Love, this is the ultimate.

So, there is only really ONE thing.

It is not quite as simple as that, but there is Oneness and there is the One and that is all ~ that is all who exist. We are all One and we are all the Truth. That is as far as I can go into it at this time without creating confusions. We want you to digest what we have said. Some of you have already the understanding of that which has been presented but can take this information now and use it in your meditations to gain greater understanding, greater wisdom.

As Far As Truth Of The Soul Goes, How Does That Reflect On A Parallel Life?
(November 29, 1988)

The issue of parallel lives when there is an interaction at the earth plane level, first there needs to be the understanding of who is the parallel life to whom. This is part of the lessons that the Soul has taken on in allowing a parallel life to coexist and to know of each other. It is part of extreme

accelerated learning and there is always what we refer to as the dominant parallel or the dominant energy in the parallel life situation.

There is, as in all parallel lives, a splitting up of the tasks. The Soul has X number of issues to deal with in its sojourn on the earth plane and these tasks can, of course, take on one lifeline, or in the case of entities wanting to accelerate they will split up the tasks among several lifelines, and, for example, if an entity has chosen to have three lifelines, then the tasks are divided among those three lifelines.

Now the issue of truth and Unconditional Love are major tasks that have subdivisions in them, and when there is a parallel life occurring, regardless of how many there are at a particular moment in time, there will be different issues being dealt with. The parallel lives, of course, are the same entity and therefore are at the same point in the path. There is not a difference in that. However, the issues to gain a greater ability to have Unconditional Love, for example, will be split among the lifelines to work on particular minute specific issues that, when the merging of the lifeline occurs, there will be a greater understanding. There will have been one lifeline wrapping up some issues and bringing them back into the dominant energy.

So, the truth for one lifeline still may not be the truth for another?

That is correct. That is usually what will be the case, for the reason for having more than one lifeline is to be able to split all the tasks.

With those lifelines interacting with each other, is the Soul building karma within itself?

Not at all. Not at all. But it is far more complex than it would appear to be. When an entity decides that it will, in fact, have conscious interaction with another lifeline, this takes great strength of Soul for the dominant energy, and there are other types of issues that would need to be discussed. The lifeline that is not the dominant one ~ when realization of the relationship becomes clear, in some cases, can create some problems, but it is part of the lessons that the Soul has taken on in developing strength for itself.

And know that lifelines, as we have discussed, are unique for earth plane incarnations only ~ they do not occur in other dimensions ~ and that the dominant energy will, in fact, know that it is the dominant energy and will, in fact, be the giver of the Light to its own soul, another lifeline. Remember that it is, as I said before, the sign of very dramatic and very, very intense accelerated growth and is to be viewed as such by the dominant energy and the lifeline.

**An Environment Of Disharmony Creating Imbalance ~ Seek To Follow Your Own Truth
(November 29, 1988)**

In the work environment, imposition gets very tricky, because there is a feeling that certain people feel they have a right to impose on others. I feel I will only go so far, and then I feel I am being imposed upon. Did you say that karma is attained if you allow someone else to impose their will?

If you do not follow your own truth then an imbalance will occur. We understand the difficulty that it is in the situation that you described, and part of the learning that each takes on is in the understanding that you do not need to be in an environment where there is such disharmony, and that all would seek to be with those with whom there is harmony, at least for a major percentage of the ideal environment. And that when you are in an environment where there is disharmony then you need to look within yourself to understand why you are in this environment. Are you in this environment actually to help others? Are you in this environment to learn certain things? Or is it better served to remove yourself from the environment?

The answer here is not an easy one and not one that can be given arbitrarily as a generalization, rather one that you have to find the answer from within yourself to view the situation and determine what the purpose is for your being in a particular environment. While it might appear that someone else in a similar situation would respond in a way different from yourself, remember that that entity is following their own truth, hopefully. You must follow your own truth, not what someone else would say to you to do in a particular situation.

You can certainly listen to counsel, listen to other's perspectives on the situations, but ultimately you must follow your own guidance, your own truth, for in not doing that is where the imbalance occurs, for if you were to, let us say, for example, the truth in a situation was that you needed to stay in the situation, in this, shall we say, work environment because certain issues would present themselves soon that would help you to balance in a particular area with a particular entity, for example, and even though the work environment was not to your liking it was necessary for you to stay in it in order to balance with a particular entity who may not have even entered the environment as yet ~ this is hypothetical.

Let us say then that another convinced you that you should leave even though you knew deep down that you should stay. Nonetheless, someone else said NO, NO, you are being imposed upon, you should leave, do not take this ~ and thus left. What occurs is an imbalance, for you were not then given the opportunity to balance and to learn the lesson that your soul had taken on to learn. You went against your own truth.

A Question About Our Ability To Perceive Truth At Any Level (December 06, 1988)

Waith, in our discussion last week about truth and our perception of truth, I was wondering if the Collective Consciousness which we live in affects our ability to perceive truth at any level. So, on the earth plane our truth may be quite different than, say, from your perspective.

Most definitely it is, my dear. You are accurate in your analysis. And you have received this guidance through some very good sources coming through your meditations that the Collective Consciousness, as it relates to the earth plane experience, is at a particular dimension and provides the information and the understanding of truth as it is necessary for the continuance of the illusion of the earth plane.

It is set up by all entities on the earth plane. It is not set up by some mysterious force outside of the earth plane, by us, for example, but rather by all of you. And as your own perceptions change, so too do the perceptions of the Collective Consciousness alter themselves. And as you move out of the earth plane dimension, be it forever so slight a time frame in between incarnations, you would see truth differently depending upon the dimension and depending upon the information available to you at whatever dimension you happen to go into, depending, of course, upon your growth pattern and your advancement level.

And as I had indicated, truth is your own, is your own and not to be thought of as inferior to, or better than, anyone else's. So that, for example, the truth of those in the various stages of The Angelics, for example, is very different from those who would be in other dimensions not in The Angelics and not necessarily on the earth plane. And it is in the understanding of the many truths that exist that creates the wonderful diversity and interaction that makes The Universe such a dynamic force ever changing and yet always constant, for truth is truth. It is so complex and yet so simple.

Perceptions Of Survival Of The Fittest (December 06, 1988)

I always thought that natural law was important to this truth that I am supposed to learn, yet as I observe nature, sometimes it is very confusing what the right way is. In other words, if I observe a particular phenomenon, we call *SURVIVAL OF THE FITTEST*, it seems as though the correct behavior would be to do just the opposite of that. I am wondering how what I would call natural law would fit in with my truth. It seems to be different.

Yes, we understand your perplexity and it is one of the paradoxes of The Universe, for truth is truth and is perceived differently, yet it is all the same and it requires an ever continuing and ~ continuous, I should say, continuous, reaching toward wisdom in understanding the Laws of The Universe and the flow and that what you see.

What you might call the survival of the fittest, is simply The Flow of The Universe, for remember, it is not what you would see as right, rather what The Universe sees as right. And it is a way in which you learn to become nonjudgemental, for by observing phenomena around you in expanding your own truths requires that you be nonjudgemental and not look at something and say that this is happening because of such and such, rather, this is simply happening. And as you begin to develop this ability, and remember, that this is part of the inherit mission of all souls on the earth plane, so it can take your entire earth plane experience to understand this, but your

own wisdom will expand, and you will understand ever so slightly as you go along your path the meaning of this. You will not have all of your answers until you have become One. Then the answers will have all been provided.

Each Must Follow Their Own Truth

(August 22, 1989)

In church on Sunday, the priest was talking about the Vietnam War, and he said each person in a war act according to their own conscience. And I drew this to myself and said each person I encounter acts according to their own conscience, but it may not be what I would choose.

That is accurate, for each must ultimately respond to their own words from within. This is what makes for difficulties, for many who would act in a certain way are acting according to their conscience, which may not be the same as another. And as we have said before, as the path towards Oneness is presented, areas of reality present themselves to entities. And the issues of morality, you see, begin to rear their ugly little heads here, for what might be moral for one entity may not be for another, and that while every entity is working in their own area of growth back to The One, Universal One, there will be varying interpretations of The Universal Consciousness, and it will not ever be that there would be one consciousness on the earth plane. The one consciousness occurs only at spirit and The Oneness occurs only at The One.

So that even in spirit there are varying levels of consciousness and attitudes, as you might call them, toward that which is appropriate for the entity, and it is in The Spectrum of judgement that you now find yourselves again, for in its ultimate, while there is concern that an individual, for example, may find that to take the life, shall we say, of an entity on the earth plane and not feel any guilt for doing that, felt that this was appropriate, that that individual, that entity, has all the right in The Universe to exhibit that behavior, you see, for it is to be in the scheme of things, just as any other entity has the right to behave in any other way that they would want to.

And it is all set up for issues of growth and understanding and in attempting to help those entities who may be struggling with the precepts of Universal Consciousness, the Flow of the Consciousness, and would exhibit, shall we say, the negativity aspects of The Universal Consciousness such as the taking of life or whatever, and it is up to the entity who has the greater connection to the consciousness of The Universe to attempt to help another entity in whatever way that entity would call upon the other entity, you see.

It is not quite as easy in its application, for there is this imposition of Self upon others and the ideal is that no one imposes themselves upon anyone, and yet there will be those who would say, "I do not impose my beliefs on others in certain areas but in other areas I would say that you should not be doing that, that that is wrong. This is right. This is the right way and this is the wrong way." What is right for you and what is wrong for you is all that matters. But it is taken by the masses as a mass morality that "This is right and this is not right," by this definition, except The Universe.

Topic ~ Honesty, And Truth
(May 15, 1990)

A most vibrant gathering of energies for this session. We were most pleased to see the combination. We are here in this session to discuss a particular topic, as you would refer to it, honesty. Honesty is rather a peculiar concept as manifested on the earth plane. It is, of course, related quite directly to truth. However, what is interesting is that honesty is a ~ actually, only a lesson that is a part of the earth plane. It is what you might call an offshoot of the Universal Truth. In no other training ground in The Universe is this issue as it is defined on the plane dealt with ~ honesty.

It is rather an amusing issue to observe, for so many of you confuse honesty with truth. You see, to be truthful means that you are honest, as you would define it on the plane. However, if you are honest, as it is defined on the plane, you are not necessarily truthful. Now, in order to understand this difference, understand that truth, as we have discussed in other times, is as an entity defines truth for themselves and that there is a Universal Truth and that as you gain in your own awarenesses and advancements you seek the higher truth and you eventually discover the Universal Truth.

Now, if you, therefore, are working toward the achievement of Universal Truth and defining finally what that Universal Truth is, then you would define honesty in different ways, you see, for your honesty relates directly to the way in which you see truth. Now, we come back to that same old issue called judgement where an entity looks at another and says, "You are not honest, for you have gone against what I believe to be the truth."

Now, understand that on the plane it is very, very important to have what you call standards established that set up a parameter of what honesty is defined as, for one must then work within those parameters in order to establish their own truth, and therefore, to project then what they feel to be honest, and that many of you are in what we might refer to as clusters of awareness.

And thus it is that you would look at groups of entities who would define honesty in a certain way and others who would define honesty in another way. And thus it is that large gatherings of entities are at approximately the same point in their awarenesses of the Universal Truth, and therefore, they seek the earth plane guidance for growth, for when there is a border or a parameter for the definition it is only in the stretching, in the pushing of that parameter further and further away, that one develops a greater understanding and a greater strengthening and growth, for as you push that parameter further and further away, you see, you are then moving closer and closer to The Universal Consciousness ~ you gain. Some entities may gain only a very infinitesimal amount in a particular incarnation, and on the earth plane this particular obsession ~ and this is as it is meant to be, understand ~ with the self-imposed concept of honesty is very critical for what the earth plane is set up to accomplish for lessons to be learned.

One of the difficulties that many entities find themselves in is that they become so obsessed, bogged down, if you will, if this is a nice slang word, colloquialism, with honesty that they lose sight of truth, you see. But this is as it is needed, for it is only in the forcing of judgement against another that one begins to release themselves from the judgement, for as you are judging you will be judged by another, and it is only in the emotion that you would feel as a result of being judged that you would then be able to not judge another and to recognize that all truth is truth. At that moment it is what the entity believes.

In other training grounds the way in which truth is dealt with is different. There is, on one particular training ground, instead of it being as you would define it as honesty, or a standard by which you would measure behavior, physical behavior ~ this is what honesty is on the earth plane. You do this, or you do not do this ~ Universal Truth is used in attitude toward, in what you would call, as best defined, Self-development. This is a difficult concept to present to you while on the plane, you see. Many of you will be able to understand in your meditations, and many already have the awareness of the greater dimension of truth and its manifestations on the various planes ~ honesty on the earth plane, attitude on other planes, on other training grounds.

Without honesty, as you would call it on the plane, there would be chaos, for in the Universal sense it is quite appropriate, you see, to say that each of you has your own truth and, therefore, your own view of honesty, and that you will behave in a certain way, and if no one else agrees with that or likes it, then that is their problem. Well, this is fine as the precept, but in the working through of the lesson, you see, it is very necessary to have what you call laws, very important that these be established as standards by which you then begin to question, for this has been throughout the earth plane and throughout this particular illusion that the laws have changed as the attitudes and behaviors have changed, and what was once considered honest is no longer considered honest, and what was considered dishonest in the past is now considered honest, you see.

And you must understand that you deal with major segments of culture and that you find yourself within a particular grouping of entities who believe in a certain way, and your particular mission or role may be to simply learn discipline and a greater understanding of honesty and truth within that group, or it may be that you are there to help change, to help evolve, if you will, the idea of HONEST as it becomes Universal Truth, for, you see, once you have understood and gained the Universal Truth, and there are therefore no judgements, there is no reason to place laws upon behavior, for all would act in the same way, and all would have the same truth, and there would be no need to protect one from another, for you would truly understand the interconnectedness of all, and that what you do affects all other energy forms, and until that is understood, there is a need for laws. There is a need for standards.

You see, this will never be achieved on the earth plane. You see, this is the reason for the earth plane. It is for you to work through all of this. It is only at the spirit level as you approach Oneness that it all suddenly will become quite clear. You will look back on your time spent on the earth plane and you will say, "Yes, that is how I gained in my awareness. That is how I learned the Universal Truth," you see. And thus, truth being one of those issues that is taken on

by all entities who leave The Oneness. Depending upon your own Menu of Lessons to be learned will determine how much you will take on in this learning of honesty on the plane, you see.

We will, at another time, go into greater detail on the area that we presented a short time ago regarding percentages of lessons to be learned on the plane. Some of you may take on honesty as, oh, ten percent of the way in which you will learn the Universal Truth. Another may decide to take on honesty as fifty percent, and therefore, you will see varying degrees among entities as to the way in which they deal with this whole issue of honesty. For some, it is a very difficult issue. For others, it is quite clear and there is no problem, if you will, in the way in which they behave, you see. It is all rather interesting to observe as each of you take on various percentages of learning, as well as seeing where each of you are currently in the learning of that, and that part of the clashing that occurs is very necessary for the learning of lessons, for it is in the seeing of others' ideas of honesty that you then can question your own honesty. It is quite, quite a beautiful thing actually to observe, you see.

Now, we have presented this as a topic that will go along with the topic of truth. For the dear ones involved in the editing of the material, this will assist you in knowing that when we discuss honesty it is to be grouped along with truth. We help you out just a bit here. We will attempt to do that as we go along now. We would take questions now based upon the topic area that we have presented.

Do We Help Ourselves Grow If We Are Honest With Ourselves And Follow Our Own Truth? (May 15, 1990)

This is, my love, the only way in which an entity can ultimately grow, is by going within Self, as we have said so very often. And the answers that are within Self are your own truth as you understand it at that particular time, you see. You must not attempt to go by someone else's truth. You must seek your own answers and find your own truth and respond in that way, even if it means that the next day on the plane you have a different truth. This is fine, you see. This is as it needs to be. It is that you follow your truth, for you grow only in that way.

A Question About Expressing Honesty And Truth When It Comes To Your Children (May 15, 1990)

When you are dealing with someone else's, like with your children ~ when they are not able to express their needs or their truth, you want to trust what you feel is the truth for them but you do not know if it is your truth. You do not know if you are being honest for them.

Yes, and this is where we said the clashing can occur, for it becomes very complex, you see, as to whether or not ~ in this case the children have come in through you to learn from you, to help them in establishing a greater understanding of their own truth, or whether they have come in to help you to understand and expand your own truth, or if it is a mutual teaching and learning.

And thus it is, again, the emphasis that we place upon meditation, for when there is a question as to what the direction should be, this is once again seeking the answers from Self and seeking guidance from the Higher Self and from the Spirit Guides to assist you in knowing how best to respond, for in some situations you may be imposing upon another, but in other situations you may be asked for assistance from these entities and you must be able to know the difference, and this in itself is opportunity for growth in understanding the difference, in recognizing the difference.

**A Question Of Inequity In One's Sense Of Value In What They Feel Is Honest
(May 15, 1990)**

If a person goes to the store and they spend ten dollars and they find that there is an error and they were only charged nine dollars instead. This person would normally take care of the other dollar. Now, if this same person spends one-thousand dollars and they were charged nine-hundred and ninety-nine dollars, there is a difference of one dollar again, but the size of the purchase is so great, and I am thinking about honesty in that case because the dollar just does not seem as important. Now, how does this fit into a Universal Concept.

Ah, ~ quite simple, my dear one, for an entity has a particular value that they place upon their own sense of ethics, and this is an entirely different aspect of this which we will discuss at another time. However, what occurs here, you see, is that you would say that this one dollar had a greater value to the shopkeeper for a ten-dollar purchase than it did for a one-thousand-dollar purchase. You are presupposing this and you are setting then a different standard of your own sense of honesty, for, you see, one dollar is one dollar regardless of its relationship to total. And thus, when viewing your own sense of honesty you would view honesty in its increment, in its simplistic form, not in relation to something, so that you would say if a certain amount of money is at hand here, then I will be less honest than if it were a lesser amount, or vice-versa, as you would say, you see.

And this is part of the struggle with honesty and in the defining of truth, for what is really the truth here. What is the issue that you seek? Is it that you would repay an inequity? This is a part of truth, you see, and it shows itself in this form of honesty, for the inequity is that you were charged less than the price regardless of the amount, and you make the decision as to whether or not you make up the inequity, you see. This is perhaps as simple a way in which we could address this at this point in time, given the amount and depth of information we have given regarding this. Remember your question, my love. And at a future time, after we have given more in-depth information regarding this, you might ask it again and refer back to the response we gave you this time and then compare it with the response we would give you once you have gained in your own awarenesses.

**When You Say Something To Someone You Know Is Untrue, Just To Make Them Feel Better
(May 15, 1990)**

Is it harmful to say a nontruth to someone, knowing it is a nontruth, but knowing that it will help make them feel better?

What occurs in this particular issue is that, and we have on many occasions mentioned this, that you as an entity may have a knowledge of another through the development of your own abilities, sensitivities, and that that knowledge is a responsibility and that there may be times when an entity is not ready to hear certain things. Just as we have indicated, there is much more to the answer that we have just given, but the understanding would not be there as of yet for we have not given out the necessary information so that you would assimilate that and then be able to understand a more in-depth response. The same holds true in your own situations where you would feel that to say a certain thing to another entity would not be beneficial at this particular time.

Now, once again, there is a very fine line between the responsibility that you have toward injury toward another based on knowledge that you would have and outright deceit or lying for the sake of causing injury, you see. And once again, how does one know the difference? Once again, we would respond that it comes from your meditations. It comes from the seeking of the Higher Self and in the understanding of who you are, what your soul is telling you, and as long as you are seeking to know what is best, then you are fine. It is when you deliberately would cause injury to another or hurt to another deliberately, maliciously, that you would then begin to deal with other issues relating to balancing.

A Question About Honesty And Truthfulness Being Painful (May 15, 1990)

Most people do not like honesty and truthfulness because they cannot handle constructive criticism. They do not want to hear honesty because it hurts a lot.

Yes, indeed it can, and this is a very major portion of the issue of honesty on the plane, for to be honest means that the entity who is being honest, in many cases, will be a mirror, will be a reflection to that individual to whom they are being honest, and that that entity many times will not enjoy seeing that, for they see Self, for the issues of being truthful, being honest, are multiple, and it is part of the lessons set up on the plane that this be the case, for it forces an entity to look at Self. And this is the only way one can grow, for the more that you attempt to be honest, truthful to yourself, and then project that out, those who would not understand this, who would say, "Oh, what is this? Who does this person think they are? They are little goodie-two-shoes." Is that correct? ☺ You see, this in itself is a lesson for all concerned.

And this thing called constructive criticism ~ Oh-h ~ most entities do not understand this, and constructive criticism usually turns out to be criticism rather than something that is being offered for assistance, you see, and but once again this comes into the whole dimension of the issue of honesty. It makes it all rather interesting for it is quite complex, quite complex.

An Example Of Being Tactful With Someone, To Help Them

(May 15, 1990)

I had a young beautiful teenage girl that was helping me at work, and she wore heavy-duty mascara in bright blue. I tried to be tactful. I said, "You are so young and beautiful, and you really do not need all that, because when people look you, all they see is this blue thick mascara." She did eliminate it, and she did look youthful and nice. Should I have said that to her, to be honest?

Indeed, and what occurred was that she had developed a sense of trust with you, for the gentleness of your spirit showed through, you see, and she respected what you said to her. Another entity who would have attempted to do that with this particular entity would not have succeeded. It was because of your connections with this particular entity in other times that the response was positive. This is part of the issue, however, that of being tactful versus being honest. Many times, one is more tactful than honest in order to reach the truth, you see. Honesty is not always the best policy. There are other ways to reach the truth.

A Question Of People Being Open And Honest With One Another

(May 15, 1990)

Truth never hurt me. It is the lies, or if someone says something derogatory against me that was not true, that hurts.

Indeed. This is true of many entities, and it is primarily because of an advanced degree of learning where truth is concerned, you see.

I love truth. Tell me what you are feeling. Tell me what you are thinking. I like the openness in people.

Yes. Yes. You have done what you would call workshops in the illusion now during the Atlantean time with us in the temple, and this was your expertise, as you would call it now in the illusion, in which you helped others to seek the truth and to not be afraid of the truth. Many are afraid of the truth, you see, many, many.

And the truth shall set you free.

Indeed. That is a truism. ☺ And it is finally in the attainment of the one truth that you are free, you see, and you are One with The Universal Consciousness, you see. Quite well put, my dear.

The Issue Of Telling A Lie Which Eventually Hurt Someone

(May 15, 1990)

I had occasion to tell a gargantuan white lie recently, which was meant to make something happen that was supposed to happen, which was leading towards truth ~ my truth, but it hurt the other person. That is the problem I have understanding.

Indeed. We would then begin to address the issue of hurt, and as we said earlier, if you are maliciously and deliberately attempting to hurt, then that is an issue quite different from attempt to reach the truth by projecting your own truth with another. That which was presented with you and this other entity was entirely appropriate.

Because it was my way to be able to project my truth, and my intent was not to hurt.

That is correct.

Okay. A different way to look at things.

Indeed, for if you attempt to never hurt then that means you attempt to always help. If you begin with that basic premise of Being of Service and attempting to help, then you are working in the right direction.

Defining One's Truth And The Issue Of One's Ego (March 07, 1995)

Would you also say that the truths that we learn, although they may be in conflict from time to time with other truths that we learn, are those truths that we can best handle and assimilate with our philosophy of living, and concept of reality?

Most assuredly, my son. You would not have something within your consciousness that would be difficult for you to live with. Understand that there is nothing external here that is giving you truth, even though many would want something external to give them the truth. Oftentimes, in private sessions with us, and often in Public Sessions, there is the question to us, "Waith, tell us the answer. Tell us the truth." We can only give you an interpretation of information. You then take that and bring it into yourself and you find your truth within Self. It is therefore all of your levels of Self right up through the Soul that gives you the truth. It will not be more than you are able to work with, just as you are not given any issues to a degree that you are not able to deal with. Everything that comes your way for learning, you have the ability to work with it. Therefore, it is the same with the issue of your own truth.

The conflict that occurs, and this is part of the growth that one takes on in Self, is the belief in Self of what you hear for your truth, and what you think you want to hear for your truth, and what others may tell you is the truth. There is much conflict. It is why the need to trust in Self and to gain that trust in Self through meditation is so important. It means that you will take on your truth and believe in it at that moment. Truth changes within Self. As you change, your truths

change. What you believe to be true now is different from what you believed to be true even the day before, and certainly years ago. Therefore, the truth that you have now will be different in the future, for you will be different in the future. You will have more knowledge of Self and of your environment and the world around you, and therefore, your perceptions will change and therefore your understandings, and therefore your truths.

It is quite simple actually, but in theory it is always simple. It is in the application at the concrete in the training ground known as the earth plane, especially, that the difficulties arise. On the earth plane the issues of ego are very strongly tested. Conscious Self is very ego bound and therefore wants to manipulate its own truth to suit itself. This is not necessarily bad, as you would say. You simply need to understand that each of you manipulates yourself. You are not manipulated from outside of yourself unless you allow it.

Take in all the information that you can possibly take in. We encourage that. It is quite important to the growth of Self. Take in that information and play with it and see what feels right and what does not feel right. What feels appropriate for you may be completely inappropriate for someone else, and yet, it is appropriate that it is inappropriate. There is no right or wrong here. It is simply what is appropriate for Self is appropriate. Just because someone else says it is not appropriate for them does not mean that it is any less valid. You see?