

Waith Class Transcripts, Excerpts

THE SOUL

FROM TRANSCRIPTS 1987-1996

(Topics Include Energy Circles, Enlightenment, Free Will, Interconnectedness of All Lifeforms, Master Library (aka Akashic Records), Purpose and Mission, Relationship of Concrete, Higher Self, and Soul, Silver Cord, Spiritual Path)

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*Waith's Words, and the Spirit Group's Words, appear in this font style
(If a Spirit Group Member speaks, they will be identified)*

**Class Member Questions/Comments appear in this font style
(Multiple responses from the class are preceded with this symbol ⚙)**

Marriage, Possession Of Each Other, The Bonding Of Souls

(August 06, 1987)

However, you are having a most difficult time as husband and wife. If you could attempt to keep it at a friendship level without these restrictions on the earth plane ~ this thing that you all have about marriage ~ husband and wife ~ possession of each other ~ is just beyond comprehension. I experienced it several times with Mushiba when I was trying to help her adjust to the earth plane, and for her to understand what this behavior is all about ~ and found it to be a very interesting phenomenon.

We view this very differently. Every dimension higher than the earth plane views this differently. It is the earth plane that gets bogged down, if you will, in this thing you call marriage. The bonding of two souls does not require legalities. Many, many souls are learning this now ~ relearning ~ or they are remembering. And the reason you are seeing so many breakups in these ridiculous marriages are that you are seeing that the bonding of a soul is at a much higher level, and that while marriage can, with the right people, simply increase the bonding of the Soul, and make for a very beautiful interaction, you do not need that in order to be bonded together. And many people now are realizing that they are not bonded with the person that they have married.

Because so many people are growing spiritually and opening up their awarenesses, this is usually the first thing that they become aware of. They are not sure what it means. They feel something is not quite right in their lives and they say to themselves, "I must have my own space" ~ another interesting phrase ~ yet very appropriate ~ to have your own space so that you can seek out a soul who you can bond with. And this is what is happening on your earth plane now.

We view bonding of souls as more important than attempts to possess, you see. This earth plane condition of marriage predisposes two people to possession of each other and of each other's soul, and this is not correct at all. When two souls are truly bonded together and have spent many lives together, and whatever conditions exist to bond, they do not need to possess each other. It is negative energy to think that you can possess somebody ~ to possess another soul. You possess only your soul and yours alone. It is a most difficult thing for all on the earth plane because of the limitations that the earth plane presents. You can be bonded to many souls. There is not just one.

Your twin flame of course is an entirely different story. You can be happy with many, many souls. You will not find ultimate Oneness with anyone except yourself and The Creative Force. Even your twin flame is simply a part of you, and to achieve ultimate Oneness, you and your twin will reunite and become One with The Creative Force. In the quest for that, over the many lifetimes, one becomes bonded to many souls ~ soul mates. It is a very beautiful type of situation. And when you are on the earth plane you may in fact have many soul mates who have come back with you and whom you feel very bonded to. And if they happen to be of the opposite gender, and you have experienced other lives with them, it will be a very natural feeling that you will encounter ~ this drawing to a particular individual.

The important thing that needs to be considered is on the individual basis as to what lessons you need to learn by reestablishing relationships, and whether or not you will hurt your soul in any way ~ regress your soul ~ because by sometimes hurting another soul by your behavior, you can in fact regress your own growth. And so, these issues need to be looked at on an individual basis ~ these relationships. One does not just go merrily on their way and say, "I am bonded to this person so it is all fine." There are many other considerations. The important point is to rid yourself of this feeling of possession, because the more you try to possess, the more a soul will struggle against it. View that yourself if someone tries to possess you ~ how you feel. I did go off on a tangent there, didn't I?

Should I Go Back To My Home Country? ~ What About Free Will?

(September 03, 1987)

We see your soul as having made a choice to be in this vibration ~ to be in the energies that are here. You have come here to gain help from higher energies who have indicated that they will help you. And always, free will does enter. And you may decide ~ your soul may decide ~ that it would rather be someplace else. However, as we see it now, based on behaviors now, and attitudes now, you are most comfortable here and perhaps are feeling a bit guilty that you should be back in your home. Do that which feels best for you and most comfortable for you. And learn to go with The Universe and to trust in The Universe and your Higher Self connecting with The Universe and The Collective Consciousness of The Universe.

Waith Describes To Someone Free Will And How Imposition Can Cause Regression

(October 18, 1987)

You see. free will here is the main issue that we address. We do not impose our abilities to force things upon you. I have the power of course to do anything, to force an energy to do something. However, if I were to do that, I would regress and I would lose ground, because I, even though I am an Archangel, have my own lessons to learn. You see, if I were perfect, then I would be One with The Creator and I would not need to be here. So, we are all entities of varying imperfections. And free will is so very, very important to maintain. The more advanced an entity becomes, the more power they have to control others, and advanced entities can lose tremendous ground if they attempt to control another energy, manipulate. So that will not occur with these two particular entities with whom I speak. However, with the Flow of The Universe being what it is, it is very probable that these two who were with you in France will again help you as you move along your life's path.

I know that the information that I am giving you, you may feel that it is general ~ not as specific as you might want. Remember that it is difficult in a very short period of time to be specific with one person. The responses that I give to your questions are meant to stimulate your own awarenesses, meant to motivate you to want to know more about who you are, and therefore go to your Higher Self and become closer to your Spirit Guides ~ and all of you have guides ~

and to encourage you to seek out and listen to advanced entities who can give you so much of the information, which has already been channelled through, by me, and so many others.

We are all around now in tremendous force trying to reach as many energies on the earth plane as we can with basically the same types of information. However, we come in to be specific with as many as we can regarding life paths. So, I would say this will not be the one and only time that I am here in this geographic location. I will return. And after you have digested not only the information about yourself, in general, what has been given, you will begin to communicate more with The Universe, and that will give you perhaps another question that we can address at another time.

When Does The Soul Leave The Body?

(October 22, 1987)

Does the body have to die in order for the Soul to come out of it and go onto another plane? And do we keep going on and on, like the alpha and the omega?

The Soul can leave the body when it is ready. There are occasions when the body is destroyed, thus forcing the Soul to have to depart the physical body, for whatever reason. Either the organs have worn down, or something destroys the life-giving organ, and thus the body, the encasement, the shell, no longer functions and the Soul then leaves. The Soul feels no pain, for those of you who may be curious about this. The Soul feels no pain even though the body is experiencing the pain. And the consciousness of the energy, while in the body, will be feeling the pain, the Soul does not. And as it approaches the time for departure, the Soul feels less and less connection with the body, and there is a moving away from the body, so that at the moment of disconnection, there is no pain.

How Would You Describe The Soul?

(October 22, 1987)

The Soul is an energy. It is a light. I see souls when I am with all of you. I see energies, some radiating more than others, depending upon advancement and attunement. There is a pulsation. That is the only way in which I can describe it, so that as I am feeling and visualizing, and to say visualize is to be very simplistic, we experience without the senses that you are accustomed to on the earth plane. There is a sense of a vibration. And I see individual energies, and some are vibrating stronger than others. Some are brighter than others, depending upon the attunement. All very beautiful. Some souls have ~ when we say there is a darkness surrounding, it means that their light is not as bright. There is still Light. You must realize that every soul is a Light, because every soul is a part of The Creator. It is just that the brightness of souls is what makes the difference.

Does it have any kind of a shape, or is it just a light?

It is just a light. You try to get a picture based upon your earth plane limitations and that is not possible. There is simply a vibration.

I heard a priest once say that the Soul went out like on an umbilical cord in space until it was ready to go into some other person. I tried to picture it and I could not. I did not know what it would be like. I could picture the umbilical cord. I could not picture the Soul.

Yes. That is an attempt to explain a very complex phenomenon to the masses so that there is not a feeling of being overwhelmed by the complexity of it. There is a connection. All energies are connected to The One. We have, each of us, what might be referred to as a cord. I have been familiar with this term. That is, again, a simple way of describing what it is that connects every energy to The Creator. It is something so very delicate and fine that it is not what you would think of as a cord, something thick and tied to something. It is not what it is.

The Soul's Purpose, Part I (October 29, 1987)

Most entities on the earth plane are concerned about why they are here, what is their purpose. And know that of course you each have individual purposes. Generally speaking, your purpose here is to grow, and that everything you encounter on the earth plane is an opportunity for you to grow, whether it be to learn a lesson, or to teach a lesson, and it is only when there is interference in your growth that difficulties can present themselves. These interferences can take the form of other entities who come in unexpectedly, and unexpectedly alter, or have an influence on what your path is. You many times will have no control over this. It is something that you need not despair about, for you must look at the experience on the earth plane as simply one arena in which you develop as a soul.

There are many millions of dimensions available for the Soul's growth, the earth plane being merely one very small dimension. It has very unique properties, though, which make it a learning ground, if you will, unique among all of the dimensions in that there is a certain entrapment that results from the earth plane that can bind you to this dimension, and indeed does bind many, many entities so that some entities find themselves having to return to this dimension time after time because they are not able to break the binds of the earth plane, the temptations of the earth plane. There are other entities who find this not to be the case, and they are able to enter this dimension the number of times they so choose, learn and teach, and be done with it.

There is only the explanation that each of you, as entities, is your own unique person on the earth plane, your own unique energy when you are not on the earth plane in other dimensions. We view you all as energies, and that you have free will, and that you have the right to exercise this free will in any way that you want, and if you want to become bound to the earth plane, this is your free will to do so. Many entities do this very consciously, knowing that they will be bound for a very significant amount of time, or until lessons are learned. The purpose of course is

to eventually become One with The Creative Force. And that once you have learned all that you need to learn, and that does not mean just on the earth plane, it means at all levels, all of your learning, and once that has occurred you will then become One with The Creative Force and no longer be involved in going to whatever dimensions exist to learn your lessons.

I have in the past felt it important for all of you to know that even I, being from the very Highest of The Angelic Force, being one of the head Archangels, if you will, still have lessons to learn. I am still on my path toward Oneness with The Creator, so that you can gain a greater appreciation and also have a feeling of optimism and not feel that you have this pressure on you to do certain things to become what we would say, perfect. The only perfection exists with those energies who have become One, and you have eternity to do this.

You have no pressure to become perfect, and on the earth plane you will indeed not be perfect. You can only strive to become better and stronger and more resolute in your spiritual self, for the more that you become spiritual, the less the earth plane binds you. And you will reach a point, whether it is in this life or another, where your spiritual self will be so advanced and so strong that you will feel no binding to the earth plane, you will have no desires for the temptations that exist. And when I say this, I refer to these things such as alcohol, caffeine, the issue of eating animals, the feeling of judging others, of being impatient, of in fact having a conditional love toward those around you rather than an Unconditional Love. Once you are able to free yourself from the bonds of conditional love toward all those energies, be they at the human level, at the animal level, at the plant level, you will be freeing yourself more and more from the earth plane. I sense a question.

The Relationship Of The Higher Self To The Soul (October 29, 1987)

Waith, what is the relationship of the Higher Self to the Soul? I have also run into some confusion among people of the Light, which is understandable. We have our disagreements. Is the Higher Self and the Adjuster that is referred to in the Urantia book the same thing, the Adjuster or Higher Self being an eternal portion of God that exists in all of us? And if not, is the Higher Self growing and going through evolutionary changes, growth process towards becoming One with The Creative Force?

First, you must understand that certain names can be given to certain functions and certain issues that may be different depending upon who is giving the information. The term Higher Self has become one which is used by many who are not on the earth plane who are charged with giving information through to the earth plane level and has become a commonly accepted phrase. This term, The Adjuster, comes from a source which is valid, and I mention this only so that you do not get confused by the use of too many terms and that you understand in as simple a context what I am about to describe to you.

Part of my mission is also to explain things in simple terminology so that you will not be blocked by things that appear to be complex. It is all very complex indeed, and it is not my purpose to

add to the complexity. Rather, to dissolve some of it. And so, I would respond that you will many times be given information from other sources that will be complex, and they have their reasons for doing this. It is of the Light, this particular source which you mention. For reasons that I will not go into now, it was presented in a very complex manner.

Waith Explains The Higher Self And The Soul (October 29, 1987)

Let me explain the Higher Self and the Soul. The Higher Self is not the same as the Soul. The Higher Self is a continually growing aspect of what makes up your total vibration. When you come onto the earth plane, for example, you are dealing with three areas ~ you are dealing with the Soul. You are dealing with the Higher Self. And you are dealing with the earth plane incarnation, the actual physical encasement and the very unique properties that exist in being what is called human and that exist only on the earth plane. And you have at the Soul Level all the memories of everything that you have ever experienced as an energy, all those past lives on the earth plane, all your experiences in other dimensions, and it is much like a safe box that is locked.

Your Higher Self is the key to that safe box, and as you grow on the earth plane and are in touch with your Higher Self, the Higher Self begins to unlock the safe box and to take out of the safe box those, what we might call, memories, or that information which is pertinent for you to understand at a given time. If you were to be given all of the information that your soul contains, you would not be able to comprehend it, nor is it applicable to what you are learning or teaching on the earth plane in this particular incarnation. Only information that is necessary is provided to you. And it is this connection with your Higher Self which allows you to understand what you need to understand when you need to have this information.

The Higher Self, being what we would call a key, is also able to unlock the information that is contained in The Universal Consciousness, that which contains all the knowledge of all mankind on the earth plane, as well as the knowledge of all entities in all dimensions. It is very, very overwhelming, and your Higher Self knows and controls the flow of information into your consciousness and prevents you from being overloaded with information, for if you were to be made aware of the entire Universal Consciousness, you would not be able to comprehend it. And so, you learn, in conjunction with your Higher Self, how to pick and choose what is there for you in The Universal Consciousness, as well as your own soul memories.

The Higher Self first needs to unlock the Soul memories. This is when you first begin to understand who you are. You are getting this from the Higher Self, and you must begin to understand that component before you can truly go into The Universal Consciousness. You must understand Self first before you can understand the greater picture, and this is the reason that you are encouraged to get in touch with your Higher Self and why you only are able to do this, and only through time and meditation and desire will you be able to speak with your Higher Self. All the information that you ever need to know is available to you. Your Higher Self, once you have

established a connection with your Higher Self, is able to provide to you anything that you need to know.

Do Souls Change From One Dimension To Another? (October 29, 1987)

When our soul leaves us, or this dimension, and we come into the Higher Source, or are One with the Higher Source, are we still going to be the same soul that we started with? We are not going to change into another soul? We will be the same soul that we began?

The energy from the beginning is till the end. What changes during all of this is the brightness of the energy as the lessons are being learned. What occurred at the beginning when we were disconnected from The One is that the energies dimmed in vibration, some more or less than others depending upon their own vibration, their own, for lack of anything better for your understanding, is to say attitude, though that is a very inadequate word to describe the condition. And the journey back to Oneness means that as you approach The Oneness, the vibration brightens and increases. It means that you become purer. The closer that you get to the end of the path, the purer you become.

You do not change souls. You must think of it as a child that is growing and becoming who they are, and that sometimes you move forward and progress, and other times you do not ~ that there are no limitations, there is nothing that says if you have not moved forward, that you have failed. It simply means that it is taking you a little bit longer to move ahead along the path.

And know also that your soul never leaves you. You are a soul that has simply become encased on the earth plane in a physical body. In other dimensions there are no encasements. You are pure energy. In some other dimensions, such as other planets, your energy source goes into an encasement ~ that you are a vibration, that your soul is an energy. I have tried to describe as best I can how you all appear to me. You are lights, sparkling lights, and depending on where you are in your path toward Oneness depends on how bright you are and how bouncy you are. As I bring myself into your vibrations, this session, for example, I am surrounded by many different varieties of illumination and activity. There are some vibrations here that are very bright and bouncy and others that are more subdued.

This is the best way in which to describe it. When energies come onto the earth plane the nature of the dimension of the earth plane limits an understanding of the Soul. It is part of the experience of coming onto the earth plane to learn certain lessons and know that your soul is not something that is apart from you. It is very much you, who you are. It is not something to be thought of as distinct and not a part of who you are.

And the more that you are able to communicate with your Higher Self, the more connected you will become with your soul, because as the Soul memories begin to unfold for you, you will

understand more about your vibration and the energy that you are. So, your soul never leaves you. Your soul, the energy, the vibration leaves the encasement only. The Soul, the essence of who you are, is always with you through thick and thin as you go from one dimension to another, one experience to another.

When we disconnect from The One, in order to just reconnect again, is it that to the degree that we grow, and that is all there is, or The One grows with us? If I disconnect from my source only to go back to it, coming back to the Soul's purpose ~

You have not disconnected in the sense of what you are thinking. There has never been a disconnection. Think of this thread in your mental capacities here on the earth plane. The thread was never disconnected. You were simply moved away from, a great distance away from ~ think of The Creator as being perhaps here in the center, (Waith makes a circle with his hands) and all of these threads coming away from it, all connected, yet not inside as a part, ~ outside, and that each energy is at a certain point very far away, or maybe very close, toward The One, ready to be absorbed by The One once again. And that since all of you are connected, because you are connected with The One, then your energies affect all the others at some level.

You may not feel it directly or emphatically. You may not even recognize it. However, you must know that everything that you do affects everything else at some level and therefore everything else affects you. Part of the growth experience is to understand that this process occurs, that everything that you do from the picking of a flower, to the eating of animals, to perhaps the attempt to destroy the life of another entity, no matter how insignificant or significant it appears, affects at some level everyone, every energy, including myself, and all energies at whatever level of advancement they happen to be, whatever dimension they happen to be.

Animal Souls (October 29, 1987)

Do animals have an individual soul, or is it that they come like a group soul? I have read several things on this.

They have a Collective Consciousness. They are also individual energies, and they are connected to a source, which is a connection to The One. You see, they are connected. They are what you might call a little arm, you see. The Animal Collective Consciousness is connected so that the animal, when its spirit becomes a part of The One of that Collective Consciousness, they are then at a point where they can become a part of a higher energy. They can evolve into a higher energy and in fact the animal energy, once it has evolved to its highest form, can in fact begin its progress by taking on forms in the millions of dimensions of which we speak, the earth plane being one.

Many of you have animal energies with you who are ready for this next step. This is a particular time on the earth plane once again for the animal energy to accelerate, and you can recognize

this by the behavior of certain animals, the Unconditional Love and attention that is given to you by a particular animal entity.

The Soul's Purpose, Part II (November 05, 1987)

I would like to continue our discussion of the Soul's purpose and to give you all some insight in how to find your own Soul's purpose. I have found this to be of considerable concern to those on the earth plane, and it is an important issue, and I am aware that many of you have very strong feelings in this area. There are some of you who already have a sense of your Soul's purpose. And others of you who are beginning to have a sense. And others of you who do not have a conscious awareness of your Soul's purpose.

The first thing to understand is that there will be many of you who may never fully be aware of your Soul's purpose on this plane, in this incarnation, because part of your mission, or part of what you have come in to learn, involves you not knowing what your purpose is. Can you understand this concept? So, you must realize that there will be a significant number of individuals who will not know what they are here to do. It does not mean, however, that you will not be doing what you are here to do. It simply means that your Soul's purpose is not going to be consciously given to you. You will of course know it in your Higher Self.

Now many of you say, "How do I know what I am here to do?" This is such an intense question. First and foremost, you must be able to meditate. I emphasize this time and time again, and I will continue to emphasize this. There is no one outside of yourself who can give you the answers. I am able perhaps to give you the guidance to find the answers. I am not able to give you the answers. I could give you certain answers. I am not able to do that because I would be interfering with the Laws of The Universe and would not be helping you to grow, and would in fact be hindering my own growth by giving you the answers.

Waith Discusses The Unity Of Twin Souls And Their Soul's Purpose (November 05, 1987)

In terms of a Soul's purpose, do twin souls have the same purpose? And do we know this? Or do we feel our twin soul around?

Each energy has a purpose, an ultimate purpose. When the twins separate, they have different approaches to reaching the same purpose, and there are times when one twin ~ one side ~ has advanced a little more than the other. Advancement does not occur simultaneously, and there will be times when you may be on the earth plane and your twin is not. That is the case for many of you gathered here. Depending upon where your twin is determines whether or not your twin is around you.

I will give you the example with Mushiba. She and her twin decided one million years ago when we were looking at coming on the earth plane ~ I was instructing them that this needed to occur. They made the decision to not join on the earth plane in any incarnation. They have been on the earth plane at the same time though have not joined, have not known each other, as you might say. Until recently, Mushiba's twin was in a much-advanced dimension, not more advanced than Mushiba, they are at the same level, however, in a different dimension. He is not on the earth plane, and was not in fact able to communicate with Mushiba, because his vibration was of a very high level. And as we began to do our work, and I began to adjust the cells in Mushiba's body, her twin was called into our group, the seven who surround Mushiba, and the vibration is such now because of her increased vibration that he surrounds her constantly and she is aware of it.

Does that create a longing when we are not in touch with our twin?

It can sometimes. It depends upon your own spiritual advancements and your own acceptance of what you might call the metaphysical concept. For some, it creates a very intense feeling of aloneness. For others, knowing that the twin is perhaps surrounding them in their vibration, and that there can be an attunement through meditation, creates no longing.

May I ask whether mine is around, because I often feel that longing?

No, your twin flame is not on the earth plane. It is usually the situation that you and a twin will choose different incarnations so that you can develop in your own way, that will bring a compliment to the oneness. For most entities though there are certain interludes where an incarnation occurs and twins meet once again. It is usually in the form of male and female so that there is a forming of the bond. It is used as a reinforcement of growth. It is many times done to give you a life of relative emotional stability. Generally speaking, though not always, when one is with their twin, regardless of other events occurring, there is an emotional stability that occurs, a feeling of wholeness. This is done many times to give you a rest, so to speak, in your development, to give you an earth plane life that has a high degree of pleasure at a spiritual level.

**Are There Certain Physical Locations In Which These Energies Leave And Enter The Body?
(November 19, 1987)**

They enter through the solar plexus, as you might refer to it. This is the entry and departure point.

Is that the same place at birth, when a child is born?

Yes indeed.

Does Sometimes The Soul Enter After A Baby Is Born?

(November 19, 1987)

This is a very interesting topic area, which I will touch upon. It is really a subject area in its own for another time. The Soul, once it has chosen a particular physical vehicle, comes and goes during the incubation period. While the physical body is growing within the instrument, the energy will occasionally drop in to begin to make the connections so that the physical movement of the body ~ the physical body within the instrument ~ is felt. When the actual birth occurs, it is required that the energy be in the body during the actual birth. It then becomes very complex, very complicated.

We allow an energy to make a decision as to whether they want to stay in this incarnation, and they have a certain period of time on your earth plane. It varies. It can be up to six months, it can be up to one year, where they are allowed to come and go, if they so choose, to make a decision as to whether they do indeed want this incarnation. It is one thing to plan ahead of time, and to look at the role. It is another to actually enter. And it accounts for what is referred to as the phenomena of Sudden Infant Death.

There is nothing mysterious about this. It is simply that the entity has decided that they do not want to stay. There is no apparent reason for their departure or death. Simply, they have decided this is not what they want after all, and they can therefore leave without harm or damage to their soul, to their mission. Once the entity has made the decision to stay, and they say to us "I will stay," then they no longer have the choice. If they become unhappy after that decision has been made and indicate that they want to leave, they cannot do so. And then we get into the issues of taking one's own life, if it is without permission to leave. That is a brief explanation.

A Question About Psychic Damage To A Soul

(November 19, 1987)

Waith, you mentioned spirits being damaged. Could the damage have taken place in the soul's most recent lifetime, or does it take many lifetimes to do this kind of damage that you are referring to? How does a spirit or soul of a person become so? Is it by that person's own error?

It can be the result of all that you have just outlined, or very specific. There is no set rule, if you will. For some entities, something happens when they come into this incarnation.

Can they be highly advanced and come in and be damaged? I think that is what I am asking.

The definition of highly advanced needs to be cleared, you see. It is very difficult to explain because of the levels in which we deal. We deal with so many millions and millions of levels here. A very highly advanced entity has gone beyond the possibility of what we call psychic damage. It would be difficult unless I were to address a specific entity. Know that if it does occur

to an entity, that the level of advancement is at, let us say, a beginning or medium level of advancement. Those who you would, in your earth definition, classify as highly advanced, whether that is the same definition as it is here, is not the point. Those who are highly advanced, as you would perceive it, would not be susceptible to this.

**Is It True That Each Of Us Has A Purpose In Life?
(December 10, 1987)**

Yes. It is true in its simplest form. There is a purpose for coming in. The purpose may be to do nothing. This is true. The purpose may be to not learn any lessons and to not teach and to not do anything. This in itself is a purpose. The Soul does not advance nor does it regress. It simply comes in to play. It is true.

There are lifetimes in which, what you might refer to as rest and relaxation occur, and this is very acceptable, for remember that it is you, the energy, who decides what you want to do. And if you want to spend a lifetime not going anywhere, that is fine. It is beneficial, quite often, for that to occur. Tremendous energy drain can occur with some entities who attempt to move along at a rapid rate lifetime after lifetime, and so it is a purpose. Others come in with very specific issues to be resolved. They may or may not resolve them. Some souls come in with several missions, what might be looked at as a series of missions ~ one dependent upon the other ~ come in with one particular mission, and if that is accomplished then the next mission occurs, and then the next, and the next, and the next, etc. Others come in with one very specific mission, and everything that is done relates to that mission.

There are many options open to you. You work with guides at this level to help you to make your decision. We, on occasion, will approve or disapprove of what you want to do. We are not always allowing just random events. Many times, we do, knowing that the mission will not be accomplished. However, other lessons that need to be learned as a result of not accomplishing the mission will be learned. You see?

So, our mission can change in life periodically?

Yes, it can.

**I See So Many People Who Are Enlightened And Wonder If I Belong Here
(February 02, 1988)**

You are here and therefore belong, my dear. You belong wherever you place yourself. You are opening up now. You have just begun to be aware of certain soul memories. If you were not to be here, you would not be here. For only those who need to be here, are. And when others are ready, they will be here. And when you no longer need to be here, then you will not be here. This is right for you now. You must not feel that others around you are more enlightened. It is

not a competition. It is simply a desire to become all that you can become, at your own pace and not at someone else's pace. And that is all that matters.

You must not feel that someone is better than you. No one is better than anyone else. And when that attitude creeps in, as it does many times with those who are involved in what you call the New Age, there become power plays almost. Who is better than the other? Whose truth is the truth? Do not be caught up in this. It is hypocrisy. You are who you are. You are no better, no less, than I, or any of The Angelic Force. We are all a part of The Creator. We are all an energy form that is connected to The Creator, and we are therefore connected to each other, and we are here to help each other, not to be at odds with each other.

How Many Levels Does It Take To Reach The Top? ~ Free Will ~ Levels Within Levels (February 02, 1988)

You have told me that my level is approximately halfway. How many incarnations will it take, and how many levels are there, to get to the top? And once you do get to the top, what happens then?

It is not quite as easy as all that. There is no beginning and there is no end. And the number of the experiences one needs to have in order to reach a particular level depends on the individual. There is nothing definitive that says you must be on the earth plane for four hundred lives and then you will reach a certain level, and then when you reach five hundred lives you will be at another level. It is not quite as easy as that. It takes some souls much longer to progress than it does for other souls, and we cannot predict this. It will depend upon your own free will. You have reached the level you are at after approximately perhaps eight hundred lives you have had on the earth plane, and this is relatively normal to be where you are at this point in time. Some have achieved it in fewer lives and others have taken longer. How much longer it will take you or any of the others will depend upon your own abilities to improve and balance yourselves in each incarnation.

To reach the top really means Oneness with The Creator ~ if one were to look at the top. There are thousands of levels, if you will, to put a number on the levels. Each level has its own series of levels. Within each level there are other levels. It is not where you would go from point A to point B without intermediary times. This is all meant for progression and growth so that you slowly move from one to another. We do have major levels, but there are many sublevels that are designed to ease the progression and make it less formidable to the seeker.

So, it is going to be up to you as to how much more time it will take you to go through this. It does not mean because it took you eight hundred lives to get to a particular level halfway, that you only have eight hundred more to go. ☺ The level that we would refer to as the top, in this instance, is simply one level. It does not mean the end of the levels. It simply means that your time on the earth plane is a level. As I have said before, the earth plane is a level. There are levels above and levels below, and around, so it in itself is what one might call a level. So, it will mean that you will reach the top, if you want to refer to it in that way, the top of that level, only then

to begin your growth in another level, and so on, levels that would be incomprehensible to you all for us to describe to you. It is enough for you to understand that the earth plane itself is a level. There are many dimensions surrounding the earth plane, and it is just a very small part of the greater scheme.

**The Silver Cord Connecting Us To The Creator
(April 05, 1988)**

We would like you to visualize, as we describe this system, an oval shape with ends on the right and on the left side, not a circle, an oval. (Waith makes an oval with his hands) Contained within this oval is The Creative Force. Protruding out from the inside where The Creator has the energy form of Oneness, are tentacles of such minute size that none of your technology today would be able to magnify it to a size that you would be able to see. Nonetheless, they are cords oftentimes referred to as the Silver Cord. It is used in the popular literature on the earth plane today. Many of you are familiar with the term.

These cords extend out from The Creative Force through the right and the left. At the end of each one of these cords is an energy form ~ you, each of you, being at a certain level of evolvment. These energies are all connected to One. The use of an oval is used as a symbol for what is referred to as the THIRD EYE, that Spiritual Center that exists in energy forms who have evolved to a certain level, those who take on human form being one of those levels.

**Free Will Becomes Part Of The Energy Form ~ And Then There Are Testings
(May 03, 1988)**

And so, the free will, therefore, gives to each energy form the right to go in whatever direction they choose, and as happens so often, energy forms begin to choose areas that are not for their growth, for you see, those areas are presented at all dimensions, not just the earth plane, but in every dimension, in every level.

Depending on what is defined for lessons in a particular level, the tests are given, so that the free will can be exercised, and therefore you choose to go ahead, to stay where you are, or to move backward, if that is the best way to describe it ~ becoming lighter, staying the same shade, or getting darker. And that remains until the next test is given, and each test that is given to you is an opportunity to make that same decision ~ lighter, same shade, darker. Easy. ☺

And you then begin to say to The Universal Forces at that level in which you are, how often you want your tests. If you are happy at a particular level of brightness for the time being you say, "Do not send me any tests. I do not even want to have to exercise my free will." And this is fine. And then when you are ready, you simply say, "All right. Send me a test." So, the test is sent and you have the opportunity to make your decision. And so, you can move forward, back, stay the same. And you can move forward a few little tests, and then decide something comes along, and

you decide, "Um", and you move back and you move forward and you rest. It is a continual thing.

Even the brightest of you when faced with a test will move back. ☺ It is all right. You see. It is all right. There is no pressure here. The only pressure is what you place upon your own soul, what your soul says, "Well, I have decided that I want to get back to The Creator in X amount of millennia". And so, decides to just take on all of these tests and move along and do all that, and actually those souls are rather boring because they just keep moving ahead and they just begin to take themselves so seriously. And they are no fun. ☺

We all like to play, you see, and all of the tests are brought on by each soul. It is a game that they have decided to play. And many souls choose to play the same games, and therefore they have many companions. So many of you are playing the game of ~ TEST MY PATIENCE ~ TEST MY SENSE OF WANTING CONTROL ~ TEST MY SENSE OF JUDGEMENTS TOWARD OTHERS. And so, many of you jump in to play the same game, and therefore can help each other, or you can choose not to help each other, and in fact not help and be a hindrance.

There Are Certain Rules For Entry Onto The Earth Plane (May 03, 1988)

There are certain rules for entry onto the earth plane. Before you begin your first life manifestation on the earth plane, you are given the pros and cons of it. You do not have to come onto the earth plane. It is, as I have said before, an accelerated training ground and one that has its frustrations and has its joys, all part of the choice that you make. Once you have chosen to come onto the earth plane, there is no turning back. You cannot say after one or two, or one hundred or two hundred lives here, "I do not like this place anymore, and I am not going to come back." You can't do that. You can choose to have many, many years, hundreds, even thousands of earth plane-time years between manifestations. It simply means, though, that you are delaying the eventual, for the earth plane always has been. and always will be.

As I have said earlier, every six to ten thousand of the earth plane years, there is a cleansing, and we start all over again, and the earth, of course, being of a higher vibration each time. And so, when deciding to come onto the earth plane there is almost what you would call a contract that is entered into with The Universe, and you understand. It is spelled out to you, that there are a whole series of lessons that the earth plane provides for you to learn. You see now these lessons. You can decide ahead of time. Each dimension has, as I said earlier, its own set of lessons to be learned that all will get you back to the One eventually, and so with your, figuratively speaking, eyes wide open, you enter into a contract.

The Analogy Of The Toy Box, Where All Your Lessons Are Placed (May 03, 1988)

And if you will recall from my earlier times, I have described it, this process of lessons, as a giant Toy Box in which all the lessons are placed, and your goal is to empty the Toy Box. And so, you know ahead of time, and you enter onto the earth plane, and it is then that some of the difficulties occur, for the earth plane is specifically set up to entrap, and that is known ahead of time. You know that.

I had a great battle with Mushiba about this about a million years ago. ☺ She knew that in order to achieve what we had in mind for her that she would have to go through the accelerated training grounds of the earth plane, and we had great debates. She did not want to come onto the earth plane. She has not liked any moment on the earth plane, and I am sure many of you would commiserate with her in this area. ☺ Nonetheless, knowing of the entrapments that usually occur, it is all part of the strengthening, you see. You are all very special and unique souls, for you have taken on the challenge of the earth plane. There are billions and billions who are doing things in other dimensions. They are not doing the earth plane.

So then what begins to happen, of course, as all of you know, is that you become trapped. You begin to become attached to those physical manifestations on the earth plane, the material. You begin to have interactions with other souls, other souls who have free will who may be responding to certain issues in one way that are different to the way you are responding. You begin to build up all of these behaviors, these responses, that occur only in the manifestation on the earth plane and that need then to be worked out from life to life with certain energy forms who you become connected with. Sometimes these energy forms are those who you have made connections with prior to entry onto the earth plane initially, and also energy forms who you become acquainted with once you have manifested.

Do We Have One Soul Or Does That Soul Get Split Up Between All These Lives?

(May 03, 1988)

Ah, good question. No, you have one soul. The consciousness of the Soul is imbedded into the thin cord. This is the constant. The energy itself that surrounds the cord is what has the ability to split. It is not the Soul that splits, so that the Soul remains constant in whatever manifestation one takes on. You are not separate souls. This is true of the twin flame phenomenon. The Souls are one. So that whatever the Soul has mapped out for itself for lessons, it decides then how it is going to meet those lessons, and if it means manifesting on the earth plane in one lifeline and taking two thousand lifetimes to do it, to get through a few lessons, and then knowing that it might take another ten thousand lifetimes, that is up to the Soul.

The Soul can, however, decide that it will take four different lifetimes, or two different lifelines I should say, lifelines, and split up these manifestations so that rather than following one lifeline and having to take ten thousand manifestations, for example, I just pick a figure, some are less and some are more, it in fact could only take five thousand because you are doing it simultaneously with a plan of action. “While in this particular lifeline I will learn certain lessons,” and “In this other lifeline I will learn other lessons.” Do you understand?

It becomes much easier to understand if you look at it like ~ Well, I guess no one has trouble understanding that we have lifelines connected to the Universal God, or The Creative Force. Now, since we are One and are just like The Creative Force really, in a separate location, there is no reason why we cannot have five to ten lifelines, almost like connecting our own little Creative Force down here.

Oh, absolutely.

And I guess the question I had was, how do you keep all these records together so that they are being written in one soul? 😊

Ah, indeed. We would expect from you that kind of concern. 😊 You have a strong imprint upon your soul for record keeping, keeping it all in order. This is why your manifestation, what you are conscious of right now, is in this field of computers. It is all very natural to you. You do have several lifelines, my son, that you are dealing with, but you already know that. We wish you luck. 😊 😊

I need it. 😊

And the games will begin now with your Higher Self as you begin to sort through them. Yes, there are many ~ when you view a particular energy as being a powerful soul, being advanced and having great enlightenment, the chances are quite good that that entity has several lifelines. You should not view these individuals with trepidation or fear or jealousy ~ jealousy being, of course, an earth plane test. Rather, you should view these individuals as helpers, for if you are an entity who at this point does not have multiple lifelines, it does not mean that you will not have them. It just means that you have chosen until this point not to. You are free at any time to embark upon that particular avenue.

What Is The Difference Between The Higher Self And The Soul?

(June 21, 1988)

Does the subconscious or your Higher Self know the same as the Soul? Or are there two separate ways that we try to figure out what the Soul knows? I do not understand that.

The Soul contains for each of you all the history of your path, and also serves as a conduit, if you will, to The Universal Consciousness, so that the Soul is indeed different from what is referred to as the Higher Self. You might look at it in terms of a link. There is The Universal Consciousness, and it is here, and there are all of the Souls that are in existence, and each of the Souls has a connection to The Universal Consciousness. Each soul has its own Higher Self that connects into the Soul memories.

Your Higher Self, however, is not, at a direct level, connected with the Higher Self of another soul. That connection is made at The Universal Consciousness level, so that you will see a streaming forward, if you will, to The Universal Consciousness, the God that is referred to. Your soul, which contains the memories and the history of your life, keeps much of this information locked in away from the Higher Self and is made available only when the Higher Self feels that it is time to know the information. It is available at all times to the Higher Self.

You will find in your meditations, as many of you do, that certain information begins to unfold to you, that from what appears to be nowhere, you gain insights into yourself, for being in touch with the Higher Self means being in touch with your own soul, being in touch with that which is you, and that as you are able to absorb soul memory information, so too will your Higher Self reveal this to you at the conscious level. Do you understand?

Somewhat. It is clearer, much clearer than before I asked the question, Waith. But what is bothering me, too, is that, well, in regards to my daughter, for instance, it is a soul lesson that she is learning, but she does not seem to know that she is learning this lesson.

This is correct. This is very common. There will be many lessons that your soul recognizes that you may or may not at the conscious level understand, or even recognize. The reason that we encourage meditation, and the seeking of answers within the Self is for you to become more connected to your Higher Self, which in turn connects you with the Soul and the memories of the Soul, and therefore connects you with those reasons why things are occurring in your life. The more you are able to connect to your Higher Self, the more you will be able to understand that which is happening around you.

The very good example is with the entity and what she has gone through most recently. It was a most painful soul memory that was revealed to her which, she understood because she was able to reach the Higher Self. And upon being given the information from the Soul as to what this issue was all about, she not only was able to face it, but she was able to act upon it and to go through the pain, and therefore grow from it, and to understand, away from the emotional aspects of all those things that occur to each soul, that there is a higher purpose for it, and that the higher purpose comes from the Soul.

Where do souls come from? How many are there? How do they all progress?

(July 26, 1988)

We will address the several issues you have presented here. It is an issue that is on the minds of many, it seems recently, this idea of how many souls are there? To answer that we would tell you that the number of souls, or as we would refer to them as energy forms, is so large that it would be beyond comprehension at earth plane level to know. We are referring to in your numbering system of which you are all knowledgeable, a million trillion. It is infinitesimal in its dimension, that energy forms manifest themselves in many, many dimensions and have an unlimited number of areas in The Universe to learn lessons. The earth plane is one dimension.

And actually, as we have said before, it is actually at one of the lower ends of the dimensional scale, that, nonetheless, the area that offers the most accelerated growth available for any of the dimensions.

Now, at any given point in time on the earth plane, as it is recorded, the needs for the earth plane are determined, and whatever the particular lessons that need to be learned by the masses at that time and lessons to be taught also at that time, are then reviewed from this end and the number of energy forms allowed to enter is then determined. Not everyone who would want to come in at a particular time is necessarily allowed in. There is great order here, as we have discussed before, and there is what you might call a control mechanism as to who goes and who does not go, and depending upon the particular needs of the earth plane at any point in time will determine how many go in.

While it might appear souls are not learning anything, that they are not progressing, it is nonetheless a training ground for any soul who comes in, and because of the limitations of the plane itself the majority of you will not be privy to that which is being learned by another entity. And while it might appear to your own perceptions that there is not great progress being made, you must realize that there is in fact great progress being made. That when we speak of the cleansing, The Shift of the axis that is to occur, it is a sign of hope and optimism for it means the beginning of ~ the end of one period of time, and the beginning of another, and that just as each of you shift from a lower vibration to a higher vibration as a result of your own growth, so too does the earth plane do this when it has one of its cleansings.

Is There A Predetermination For Who Can Come Onto The Earth Plane At A Particular Point In Time? And Why Does It Seem they are not making progress?

(July 26, 1988)

What you must realize, and we have addressed this before, but I think we will emphasize this again, is that the period of time between cleansings is available for entities to learn lessons, and that as an entity learns its lesson it goes onto higher dimensions, and that there are, as I had indicated earlier, an infinite number of souls available. Now, many of them, for example, will wait their turn to come onto the earth plane, for not all who are wanting to come onto the earth plane can at any particular time. They have to make what we would call a reservation. ☺ ☺ And so, some may have to wait for millions of years before it is time for them to come onto the earth plane experience.

Once an entity has entered onto the earth plane experience, they are then able to come back first choice over a new entity to continue to learn their lessons, so that we would then have a whole group of students, shall we say, with all of these lessons to learn coming onto the earth plane, and it may take them several million years to complete their lessons and, therefore, they would go through many, many cleansings and that there becomes progress. So that when one energy form has completed all of its lessons and it is ready now to leave the earth plane and go on to

other areas and it is not bound to the earth plane again, it leaves an opening, and it allows then for a new energy form to come onto the earth plane experience.

Now, that new energy form has not learned any of the lessons, you see. And the old energy form has learned the lessons, so that there is a continual changing of the guard, shall we say. So that the lessons to be learned of the abuse of power and the lesson of patience, and of tolerance, and of all those issues that you are all struggling with are a continual training ground. The earth plane is specifically set up for that. And thus, it appears that there is no progress being made in that the problems are still the same, that greed and avarice and all of that which has appeared to be a plague for the known history of the earth plane and humankind, that it is still the same now as it was then.

Well, this is essentially correct. For it is ~ the earth plane is a school, and what occurs, though, is that the earth plane itself, the planet, is a living organism, and that because it is allowing itself to be used as a training ground, it is also growing in its own vibration. It is a concept that is difficult for many to grasp, that the ground upon which you walk, and the air that you breathe is a living organism and that it is connected to you eventually, that all living matter in The Universe regardless of its dimensional proportions, and its dimensional manifestations are all connected to the One, to The Creator.

And so, you might perhaps look at yourself in looking at the progress of humankind and think much of a teacher who is teaching a particular grade, shall we say, say it is an elementary grade, first grade, you see. And every year a new bunch of students come in and they come not knowing very much that they need to know and they are taught certain lessons and they are then able to move on to second grade. And then the following year a whole group of new people come in and they have the same problems and they do not know the same things. And now those in the second grade are advanced and they understand. You, the teacher, if you were to look at it from a very narrow, limited standpoint would say there is no progress being made here, but in actuality there is tremendous progress being made, for it means that more and more entities are progressing upon their path and learning what they need to learn and that the earth plane is a classroom.

Abortion, Miscarriage, When The Soul Enters The Body, Sudden Infant Death Syndrome (July 26, 1988)

Regarding the subject of abortion now, my reading one of the transcripts as well as my other readings says that the Soul does not actually enter the body until birth or at the time of birth. Now the question that I might pose is, are the fetuses ~ is it right or wrong to abort a fetus? Is the fetus just like an appendage that grows within a person and becomes a human being at birth? Are these heaven sent, so to speak, these babies?

The entire issue is quite muddled on the earth plane perception, looking at it as an ethical consideration. It is, however, a ground of learning. As we have said before, the entity does not

enter the physical encasement until the actual birth has occurred, or in some cases, they will allow themselves to go through the birthing process. So just as the birth is to occur, the entity will enter the physical encasement so that it can, for whatever its own reasons, experience the phenomena within the female. The entity who has been chosen, or is being allowed to come in, in that particular encasement, is allowed to go in on occasion and begin to get a feel for the environment, shall we say, the body, but there will be the occasional feeling of movement. And it is a time of consideration also by the entity if in fact it wants to take on this particular life with this particular body, with this particular group of souls that it will come in through.

Now, in this issue of what is called abortion it becomes very complex. From this end we do not look at it as viewed on the earth plane. It is allowed to be looked at on the earth plane as it is for very particular lessons that need to be learned by all concerning their own soul's path and growth. The reason for the termination of a particular birth becomes situational with not only the connection with the entity wanting to come in to the female but also the female connecting with the Soul who wants to come in.

It may be, for example, at the Soul Level, and you must realize that all of these decisions are made at the Soul Level, that a female decides that it does not want a particular entity to come through at that particular time and therefore the physical encasement is no longer made available. It is not to be looked at in a general sense that all who would terminate a physical encasement have the same reasons for doing it. They are very particular to the Soul's growth.

Also, it can mean lessons to be learned by an entity who may be trying to come in when it is not time or not right, and by having the physical encasement, shall we say, yanked away from them, they learn lessons themselves. It becomes quite complex and an area that we would address on a personal level to anyone who might have the experience in understanding why that situation occurred for them. It is all part of lessons that the Soul takes on, and that not only to learn but also to teach. And it incorrectly is interpreted as an issue of reverence for life, and it is not an issue of reverence for life.

Some nuns just had to leave their order because the hierarchy of the church said that this is it. You preach too much pro-abortion.

It is a continuing forum on the earth plane among the religions that have been misinterpreted over the millennia in terms of what it means when it is said to not kill, for there has been a misinterpretation of when life begins. It is difficult for most to accept the fact or to believe that an energy form decides itself and that each energy form is responsible for its own life, you see.

And as we have indicated before, there are many energies who make the initial entry into the manifestation and within a period of time, perhaps six months, one year, decide, and they are allowed this from us, decide that they indeed do not want to stay in this incarnation and they simply leave. The phenomena known as Sudden Infant Death in the crib is simply the application of this particular issue that we allow a period of time that would not cause regression of the Soul

and is not considered leaving the earth plane without permission. And so, the energy itself can decide if it wants to stay even if the female has wanted the energy to stay, the energy may decide not to stay. It is entirely the choice of the energy form. And once that period of time, though, has passed then they must stay for the allotted time that it takes for them to progress or learn their lessons.

So, what has occurred over all time on the earth plane has been a fuzziness in this area. It is part of lessons to be learned. As one advances in their own spiritual understandings of life and The Universe, this issue of abortion is seen in its proper perspective and is not seen as a violation of life. A violation of life is to take the life once the energy form has committed to the earth plane, that is a taking of life. The taking of life is to eat meat, my dears. You see? So, we look at all the different levels here and that it is all for lessons to be learned, the value of life, not just at a particular level that seems convenient for you.

Is that the same for miscarriage?

Yes, my dear. There are similar types of issues here depending, of course, upon what needs to be learned and what needs to be taught between the female and the energy form. That of miscarriage falls within the same realm as an abortion, that again it cannot be a generalized statement and most definitely not to be viewed as punishment by some higher being. God is punishing you for sins and therefore you are having a miscarriage. You know this is ludicrous. It is absolutely ludicrous. There is no such thing. It means that the Soul, however, has taken on particular issues to learn and may in fact be doing this to itself so that it learns an issue.

When The Soul Says, “Enough Is Enough” And Creates Situations To Help You Balance (August 09, 1988)

I have a question on the same topic. When we experience illnesses, or any of these other problems that stress the human body, isn't it primarily happening because the Conscious Self is really in opposition to the subconscious Self, and we have to learn to get in tune with the other levels so that the body can then be reoriented in the right direction by the right levels of our consciousness?

Yes. Basically, my son, this is just what goes on. When there is a physical situation, it is many times the result of the Soul taking over and, shall we say, putting a stop to that which the conscious has been fighting, you see.

We use ~ we do like to do this. We use Mushiba as an example here, for it keeps her at the levels that we want her kept at in your perceptions of her. When her back problem occurred, at the physical conscious level, she was ignoring the imbalance that was occurring in her own scatteredness, trying to do too much. This was a part of it. It was not the total. She took this on for other reasons also. But what happened was that she just kept pushing herself, not listening to us, to her soul that said, "You must balance here. You are too scattered." And finally, when she

would no longer listen at the conscious level, the unconscious took over. Her soul said, "Enough. If you will not do this voluntarily. We will do it for you."

So oftentimes when the illness occurs, it is the Soul taking over and forcing the body, the conscious, to pay attention to the messages. Sometimes it works and sometimes it does not. And of course, there are many other reasons why there will be physical manifestations of illness that the body takes on, but you are correct in saying that there is somewhat of an imbalance here between the conscious and the subconscious. The Soul has its destiny. It knows what it needs to accomplish, and the Soul is, in fact, the energy form. When you come onto the earth plane you take on a personality of a physical being, and many times there can be occurring a great conflict between the energy form and the physical form, and this is where eventually there will be significant problems.

You will find that as you learn what your mission is, what your purpose is, and that you go with this and you are in harmony with your inner self, that you can, in fact, achieve whatever you have chosen to achieve and that there will be very little illness, if you will, unless it is designed specifically for other types of balancing. But general illnesses where you would feel this thing called a cold, this is usually a response at the Soul Level to give the body a little bit of a recess to help you to have, shall we say, an excuse to not have to deal with certain earth plane issues, and this is fine. It is a needed type of thing.

It is when there is a constant illness, one little type of thing after another that is a signal of major imbalance and needs to be dealt with. This is why we talk about meditation so much, going to the inner self and attuning yourself with your Self, with your soul, not fighting that which the Soul is here to do.

Nothing Is Presented To You That You Are Not Able To Withstand (August 09, 1988)

One more thought on the same subject. When you mention meditation, I look at that as a process that the Soul or the subconscious Self knows that nothing from without this body that we wear can hurt it. But the conscious part of us has not accepted that, and so it must learn how to learn that nothing from without can hurt. Once you do that you can laugh at anything that comes on.

That is right. That is right. It is as we said before, that nothing is presented to you that you are not able to withstand. The Soul knows this. There is nothing that can destroy you at the earth plane level, and there is nothing that can destroy you at the spirit level. We would say that so you regress, it does not destroy you. Even the most dark of the Sons of Darkness are quite around, aren't they? They have not been destroyed. Their path has been delayed a bit, their progression toward the Light has been delayed, but they are not destroyed.

A Discussion Of Psychic Breakdown Of A Soul ~ And Being Helped By The Angelics

(August 09, 1988)

What might appear to be a falling off is where The Creator catches you. There have been many who may lose their balance completely, and we call this, in a way that is explainable to you, psychic breakdown. And what occurs is that the energy form loses its balance, and as it begins to feel the sensation of toppling, you are caught, and you are taken into our custody and we soothe you and we help you. We take you into a dimension where there is complete peace and complete serenity and we nurse you back to that point where you were when the toppling occurred. We do not allow destruction. It just does not happen.

Imbalance can become major, and when this situation occurs, we are there. Whoever has been assigned to each of you, your guides, when it is recognized, this is part of their Guide School Training, when it is recognized that their charge has become drastically imbalanced, and it looks like a psychic breakdown will occur, that the message is sent. They are not to deal with this themselves. They are to call upon one of The Angelic Force. It is the mission of The Angelic Force. There is a special group, special, shall we say, department in The Angelic Force whose sole responsibility is to catch you when you are about to fall, and so the message is sent from your guide to one of The Angelics so that he comes in and takes over, and when this situation occurs, they gently take you and bring you to where you will be safe.

Waith, if you are traveling from dark to Light, when you are in danger of this psychic break, what is it? Are you generally on the path from dark to Light, or Light to dark? What is the potential direction of a fall in a psychic breakdown?

What is really means, this psychic breakdown, is the Soul's inability to move either one way or the other. It becomes a complete paralyzation shall we say, and this is the most difficult to deal with. As long as you are able to move from one point to the other, then you are in control with The Universe. It is when you freeze and you have a complete inability to do anything that this breakdown is eminent.

It is a very dramatic type of situation that occurs and one in which we do not have to deal with all that frequently. It is not a frequent occurrence. This probably occurs, oh, shall we say, of all the energies now on the earth plane experience, perhaps one to one- and one-half percent at any point experience this. This is in total. It does not mean that in your time frame, right now, that one percent will experience psychic breakdown. It means that of the millions of energy forms who are currently given permission to come and go on the earth plane over this time frame of six thousand years, that there has been about a one percent occurrence of psychic breakdown.

When this occurs the Soul usually is taken out of, shall we say, the lineup of those allowed on the earth plane and kept in safety and security until the time frame is completed on the earth plane for it, in this case this cleansing that is occurring. Those who were taken into our isolation, if it was, let us say, five thousand years ago, let's say, an energy form experienced a breakdown, they are kept out of the earth plane until the cleansing for that time frame has occurred and then they

are allowed to go into the next time frame, for it is usually an indication when the psychic breakdown occurs that whatever the vibrations are on the earth plane at that time is not harmonious enough for an energy to deal with it, and if we were to allow the energy to go back into that time frame, a breakdown would occur once again. So, there is tremendous protection. Do you understand that? Does that make that clear?

Yes. It is like being taken out of the game for a while.

Yes. Those are very good analogies that you give.

Did you play baseball in one of your lives? 😊😊

Not baseball, but I did play a particular game in Atlantis where we used something made out of ~ similar to this baseball, and it was a tremendous team sport, one in which we were able to have great fun and a spirit of competitiveness. And when one was not able to play the game as they might want, there was great love and tenderness from all of us, not picking them out of the game, but rather helping them, taking them out of the situation that becomes so difficult and not feeling strong enough to deal with, with all that encompasses you.

Remember This ~ There Is No Task Too Difficult For Any Of You

(August 09, 1988)

We want you to know that you are all beautiful and you can all accomplish that which you need to accomplish. There is no task too difficult for any of you. Remember this at the most difficult of times. The Creator is with you. You have a very large force working with you, your guides, those of The Angelic Realm, and The Creator. All are available to you, you simply ask. When you do not ask, we cannot respond. Ask and you shall receive. It is not something new that I have just created. 😊

Waith Discusses In Detail The Issue of Predestination Versus Free Will

(September 13, 1988)

Are events in our life predetermined and premeditated? As an example, a cassette tape that contains music. It is already recorded and as the tape is being played the audience learns more about the music. Another example is a playwright has already written a drama and the drama is staged. Every event is already predetermined because the playwright already wrote it. As far as the audience is concerned, they do not know what lies ahead. For them it is like a new experience because they do not know what is still to come. Therefore, everything is a wonderful experience. Is that similarly the case in our life in that all events are preordained, predetermined, and everything is fixed, and that it is unfolding itself at a slow pace, and that we have no free hand in this?

Not really. What occurs is those who are at higher vibrations are able to plug into The Universal Consciousness and see that which has already happened. There is free will. This is a very basic issue. All energy forms have their own free will. There is no other energy form that is controlling what is done, so each of you has a mission, and that which you will do will be determined by you.

However, because of The Universe, and the fact that all mingles, and there is no beginning and no end, if you are at a certain level, you are able to see the past, the present and the future, much as you would see on, perhaps, a movie screen. And so therefore, for example, I am able to know exactly what is occurring, what is going to occur with each and every one of you. I am not allowed to tell you this information, for it would infringe upon that which must be and that which you must do in order to learn your lessons.

It is not that it is predetermined, for it is not. It is simply that you will do certain things, that because we are able to see the future, we know will be done. It is very complex issue and one in which many have difficulty in understanding. Many of you understand this without any problem. Many of you will have difficulty in understanding it. We allowed it to come onto the record so that we could present a basic information.

Predestination, as it is referred to, is really not what it is, but rather an ability to know what will happen simply because we are at a level, you see. I know everything that is going to happen to all of you. I can give you only information that is relating to that which will not interfere with your free will. It is why I will not be, as you might say, a fortune teller. You must be cautious of those who would tell you the future.

There seems to be a contradiction. The contradiction is you say you know as to what is to happen in the future, but that means to say it is all predetermined.

No, no.

On the other hand, you say there is free will, and that things are under our control. In our lives we see many a time we have no control, we are helpless, many times we desire one thing and exactly the opposite will happen. In other words, had it been free will it would take shape according to what we want.

No, not at all, my son, for if you work with The Universe then that which must be will be. It is when you work against the ~ that problems develop, for that which you feel you must have, may not in fact be what your soul determines for you to have. And it is through meditation that you come in touch with your soul and what the Soul wants and not what the physical manifestation wants, and that is where the working of free will enters in. It is not predetermined. It is simply that we are able to see that which has happened from this vantage point. If we were working at the present, we would not know.

There are many who would come through from this dimension and channel, as you would say, who do not have access to the higher levels of The Universal Consciousness and are not able to see completely that which is to unfold. Because of the level of where I am, I have this ability. You must learn to work with The Universe and the free will then become a working with The Universal Consciousness and there is a flow. We do not determine ahead of time what you will do, but we know what you will do. This is the difficulty in understanding.

You can only say as to what is to happen, provided it is bound to follow that path, and then what is the meaning of free will? The word free will denotes there is an option or a change. The change can be a new way from before, and to take a new path altogether. And if that be the case, no one could predict as to what is to happen because of so many variables involved. If there are no variables, and if there is one straight path, then there is only one path and therefore prediction becomes easy. Because of the free will and because of so many ties and variations, and combinations, and permutations possible, it looks like an impossible task. And since you say the future is already known, it gives the impression that you go a straight path and no one can play with it, it is all fixed, it is all predetermined, and no force on earth can change it.

No, my son. Our being able to know the future does not mean that we control. It simply means that we know what you end up doing. We do not transgress upon your soul. We do not say to you this is what you must do. We do not control that. We simply are able to see that which you end up doing. We in no way influence that which you do. You do this yourself.

There is a great difference between being able to see the future and controlling that which will occur. It is something that many will not be able to understand and to comprehend. It is a Universal complexity. A way in which you can begin to understand it is through your Higher Self. Your soul understands this concept, and by going to your Higher Self and unlocking the secrets of your own soul, you will begin to be given the wisdom of this and the understanding of it.

It is very positive that you have raised the question, for it is an issue that many need to deal with and to come to grips with, shall we say, come to terms with, for there is much misunderstanding about this that is called predetermination and much misunderstanding where free will is concerned.

Many feel that by working with The Universe that one is simply giving into that which is being controlled by some external force. Remember that each of you is connected to The Universal Consciousness ~ we all are ~ and that you are, in fact, when connecting with your Higher Self, connecting with The Universal Consciousness and that which will guide you in making your decisions.

It will be difficult for many of you to understand this, but not impossible. And it supports again what we say so often about your own meditations and finding the answers within yourself. You see, we are not here to give you the answers. We are here to guide and to give certain kinds of information.

We are allowed from the higher sources to give out information, for example, concerning the cleansing, but only a certain amount. There is much that we are not able to give out for it would be an interference upon free will. We know what is going to happen, you see. That is part of our frustration, for we know what is going to happen and we want to say to you, "This is what you need to do," but we are not able to do that. You must learn this yourself for it gives you the lessons and the testing. We know if you are going to pass a test, for example, and we sit here, as you might say, and observe it, and we are here to help you through the test and to be of comfort to you as you seek your own answers, for that is the only way each of us grows is by seeking answers.

Farena has asked me to tell you, dear one, that she would be most honored if you would call upon her in your meditations for assistance in unraveling this mystery that you find difficult to understand. She would be most honored to help you in seeking the answers from your soul.

I would be grateful for this because in spite of your long explanation in clear language, easy language, some of it is still not quite clear.

We are aware of this. Remember we have said from the very beginning that we are here to present what is very, very complex information in as simple a way as possible. There are simply some Universal Concepts and information that is so very difficult to present, to translate into understanding. Some of you in this gathering understand this without any difficulty. Others will have some questioning now and will seek an understanding of it. Others may not be able to fully understand it in this particular lifetime, but have begun the search for the understanding. Remember that if you understood all, then you would not be here.

Susan Discusses The Paradox of The Soul's Master Plan and That of Free Will (November 07, 1988)

Susan, when you talked about forgiveness, you made a reference to the Master Plan. My understanding of the Master Plan is like this ~ when good things happen, we all rejoice. When bad things happen, sometimes we seem to think that this is our own creation, but many times it is not. It is something that was thrust upon us either by circumstances or by outside forces. Does this mean to say that the Global Plan is working and therefore we are suffering, or we are rejoicing? Or in other words, we are not always ourselves the masters of our action.

Susan: Quite the contrary, my dearest one. You are all the masters of your own soul. Nothing is thrust upon you. It is requested by the Soul so that even the attacks by the darkness are those that are necessary for the Soul's growth and the Soul's ability to become strong and to protect itself. Nothing is thrust, as you say, upon you. You are all your own masters. Nothing comes to you unless it is requested. That is the Master Plan, simply stated.

It is far more complex than that and an area where Waith really needs to address, for he is at, as you must all realize, very, very high dimension and I am not at that level, not that high a level, and therefore not privy to certain types of information and certain knowledge. And therefore, at this time anyway, find it difficult to translate that which I have the knowledge into the level of understanding that each of you would comprehend. Waith has been at this for much longer and is able to place into much simpler form that which is complex.

He has said that the time will be when the issue of the Master Plan will be presented in greater detail, but that the way I have given it to you now is sufficient for your knowledge and that it relates so emphatically to that of free will and to remember that free will is always paramount and that the Master Plan and free will are interchangeable.

But Susan, this is a paradox because when good things happen all of us rejoice, and when bad things happen it is not that we invite it, or desire it, or want it to happen.

Susan: Yes, it is. And that is the paradox and that is what you must seek out from your Higher Self. The paradox is for you to work through, my dearest son. It is something that you will come to have an understanding of as you gain greater insights into your Higher Self. It is not something that I can explain to you that you would understand at this time. But rather, to know that it is something that does exist and that you will understand as you seek out the Higher Self, that all that happens is asked for by the Soul for lessons to be learned, and that all is to be rejoiced. It is only in your perceptions and the illusions that you allow yourselves as entities to be surrounded by, that give you this idea of good or bad as perceived by yourselves.

A Baby's Decision To Stay, Or Leave, Within Their First Six Months Of Life (January 03, 1989)

When children are born, they have a soft spot on their head. Is that their Chakra that is still open to The Universe?

It is not a Chakra, as you would refer to it. It is, however, an opening of sorts. When an entity first arrives on the earth plane, they have approximately six earth plane months to decide whether they want to stay. And we have addressed this issue before ~ approximately six months. It is this particular entry point that keeps them in connection with the particular guide who helped them onto the earth plane. And there is a communication that occurs through this particular area that during these first months, to help determine whether or not the energy will stay. And then once the decision has been made, one way or the other, you see, if the entity decides, let us say, after three months that they are indeed going to stay, then that spot hardens, you see. It also ~ the spot enables an entity to connect with others already incarnated who may have very strong linkages to them, to help them make their decision. For some it is not an easy decision to make.

Is this decision made at the spiritual or is it based upon perhaps the physical surroundings?

Yes, it is both. It is both. Sometimes it will be one or the other, but it is usually a combination of both, for they may decide that at the spiritual level this environment will not in fact help them learn what they want to learn. Or once arriving they decide that "Oh, I have taken on more than I want to." This in itself is a lesson, you see. We allow this to happen. For an entity to enter in, and once here, decide that this is not what they really want, that in itself is a lesson to them, you see. They may decide that they do not want the particular physical environment. It does not look so good to them after all.

Is It Possible For One To See Their Soul?

(January 17, 1989)

Ah. To see the Soul. You do not really see the Soul. You sense the Soul. The Soul has no form. Just as we told our dear one, we do not wear clothing. It is ~ the Soul so often has been depicted in a particular way by those who feel it necessary to do so for a reference point. As you are able to connect with your Higher Self, you will be able to gain a sense of your soul.

I think that happened to me.

Indeed.

And then a word or a name came with it. I was wondering if you could tell me if this is a name or word. It is spelled L-E-U-M-U.

This refers to a part of your essence that is manifesting itself in a concrete way that is referenced back to the days of Atlantis on earth plane, during this time in which we have described to you privately. And it is a soul memory that will be beneficial for you in a period of time to come that will make itself clear. This is what we will say about it at this time.

I Know Who I Am And What I Am. Can You Help Me Understand Why I Am?

(February 05, 1989)

Why is anyone? Indeed. The why of existence is the eternal question, and one which must be found from within the Self, for the answer to the why then indicates fulfillment. Until you are able to say to yourself why, there will be an emptiness. And you must seek the Higher Self to a greater degree than you do now so that you will be able to understand the whyness of it, and it will also then enable you to understand your choice of gender, for this is part of what perplexes you as to the choice of gender and the feeling of the separateness from the opposite gender and in understanding your own choice, not necessarily, however, feeling comfortable with that, for that is another issue completely, but at least in understanding. For you are a dominant male. This is ~ you are in the manifestation of your dominant energy but you have struggled over many, many lifetimes to understand the why.

You had the why originally, and you have blocked it because of various experiences that have occurred. You have come into the vibration here in an attempt to seek and find that which you think you have lost but have not lost but blocked. Call upon your guides to help you, for this is their purpose. And they will help you to be comfortable.

**I Have Been Having A Hard Time Lately. The More Attuned I Become, The Harder It Is
(February 05, 1989)**

Of course. Did you want a rose garden here? It does not get easier. No, of course it does not. It does not get easier. The more attuned that you become, the greater your lessons, the higher the level of your lessons. Now, what can you do about this? What you do is simply what you have been doing. For as you become more attuned, it increases your own spiritual identity. It increases your own abilities at the spiritual level to adjust to these changes in attunement.

There may be a transition time, and we have addressed this issue in other times where, as you move from one attunement to the next, there is an adjustment time. And it is in recognizing that once you have chosen an accelerated path, which you have done here, each of you, different from many of those around you, that you would be constantly shifting up, you think. And just when you think it is all nice and settled and you are adjusted to a particular way of thinking and doing and responding to the world around you, and you think AH!

That “I got it!”

Yes. Yes. Then it is time for us to kick in some more lessons.

**Conflict Between Personality And Soul ~It Is Critical To Have Dialogue With The Soul
(February 28, 1989)**

Why is it that so few people seem to understand this concept, Waith?

If this were an easy concept to understand, then we would not be devoting so much time to it, as you would call time. What occurs is that there is a conflict between personality and soul, and this is all part of the experience of being apart from the One, that the merging eventually of personality with soul is, in fact, the One ~ and while there is that separateness, there will be the conflict. The Soul has its connection to The Universal Consciousness. Personality does not have that connection to The Universal Consciousness. This is why it becomes critical that personality have a dialogue with soul, and it occurs, of course, at various levels with the energy form. Some energies have a greater dialogue with soul. Others have a lesser dialogue.

You will find that in your incarnations on the earth plane, depending on what needs to be learned, personality may, in a particular incarnation, have no dialogue whatsoever with soul. This is fine, for particular issues need to be addressed. In other incarnations, there will be tremendous connection between personality and soul. Once again, it becomes an issue of patience, and ultimately of judgement. When you look around you and say, "Why is it that you do not understand this concept? It seems so clear to me. Why is it not clear to you?" This is at the heart of all that we have presented in this session. Do not concern yourselves with why an entity would not understand this concept. It is not to be concerned about, for you would then spend all of your time wondering why people do not understand it.

There Is No Such Thing As Failure ~ It Just Means It Is Necessary To Have Another Test (February 28, 1989)

What happens when you fail all of this?

There is no such thing as failure. There is no such thing as failure! We emphasize this. It is this concept that you have of failure that creates so much of the problem. It simply means that the test that you undertook was not passed. It does not mean you failed. It simply means that it is necessary to have another test. You were not ready.

The Soul will bring continual tests and force itself to have test after test after test. Some of your souls will require and want more testing because it wants a particular level of strength that is different from another soul. None of you fail. In the scheme of The Universe, there is no failure. Even if you are placed onto a Work Planet, it simply means that you need to have some balancing, some readjustment, some time out, so to speak. You have not failed. Even those of the highest darkness are not considered to have failed. They simply are that much further away from the Light than another energy. They, too, have their lessons that their soul has taken on.

What Happens With The Soul When Someone Is In A Comatose Condition? (May 09, 1989)

What happens when a person is comatose? I was comatose once as a child and I have always been curious about this. But what is happening with the Soul, or is it the same for everyone, or is it an individual thing?

That which is referred to as comatose is a resting phase for the Soul as it attempts to decide whether to stay or not. It is very simple, actually, and it is a time when there is great dialogue occurring between a soul and those who guide the Soul in looking at what needs to be evaluated. The condition of comatose is brought on by the Soul so that there can be this major evaluation. It is possible that a soul will be allowed to leave even though they have not completed their mission as yet, and comatose is The Universe's response to a soul's wanting to perhaps leave and ~ before the mission is completed ~ and it is an attempt to intervene so that the Soul does not simply take its life out of the encasement without permission, that known as

suicide. It is a way in which The Universe will intervene so that the conditions of suicide, as it is referred to, would not be imprinted upon the Soul and, therefore, the ~ that which would need to be accomplished over the eons when the Soul has, in fact, taken its life out of the encasement before it was deemed to do so.

Were there decisions made during that time in my life that affect me directly now?

Yes.

Is that why I think of it often recently?

Yes. This occurs most frequently in those who have come out of the condition of comatose that their behavior is very different. It is also a condition in which the exchange of energies will take place and that very, very often the ~ which is called walk-in occurs during this comatose stage, but not always. And simply the energy in its decision mode, if you will, is shown certain things to help ease it through this very traumatic time. For it is traumatic when a soul reaches that point where The Universe intervenes as it does ~ comatose. Very often there is no exchange and no walk-in and the entity is allowed to leave and is taken, therefore, into a resting stage, for very often that which is called the psychic breakdown has occurred. And we have discussed in the past psychic breakdown. In your case it was a time of tremendous reflection, and it created a different direction for you. You came out of it stronger.

Waith, I have gone through the thing of coma with my daughter. When someone is in that state, and you are talking them back, that is all done at Soul Level. Do they hear you? They respond.

Yes, indeed. Yes. Yes.

What Happens With Souls Who Have A Dislike For Other People In The Personality? (August 01, 1989)

That is quite common, is it not? But also, is difficult to respond to in a generalized manner, for when an entity feels a dislike for others, it is dislike of Self, first of all, intense dislike of Self, coupled with surrounding itself with entities with whom there is great balancing to be accomplished and that they purposely chose to be in the environment of other entities where they have perhaps caused some type of imbalance on their part.

Also, there are simply very disagreeable energy forms, you see, and they simply are at a point in their development where there needs to be a tremendous appreciation for love and love of Self, and the ego is manifesting not in a spiritual context but in the context of darkness and it is not given much Light. The entity will need many manifestations and many experiences to work through this disagreeable aspect. For there are many, you see, who one of the Light, and one of the not-so-Light would encounter the same group of entities. And one energy accepts with great

enthusiasm and feels good with all of these energies and the other finds something wrong with every energy, criticizing, not finding anything good in these energies, you see. And it is, therefore, a path in which they find themselves having to work toward love of Self first so that can be projected to love of others.

If they try to force themselves then to intermingle, when basically they still do not want to, then aren't they going against themselves?

Indeed, they are. Yes, remembering that whenever there is an attempt to force, it is working against the Universal Flow, and that it must feel right for the entity. If the entity recognizes that they are disagreeable, then they must make decisions within Self as to what they will do about that, and if there is a forcing, whether it is from external sources who would say to the entity, you must go out and get rid of your disagreeable temperament, go out and mingle, and there is a forcing of that ~ that is not beneficial to the growth. It must be the entity who determines that and it must be the entity who will say, "I do not like to do this, but I know for my growth that I must do it, so I will go out and do it." That is not forcing, that is accepting and Flowing with The Universe.

Would You Explain The Term Archetype For Me? (August 08, 1989)

Archetype, as I pull it from Mushiba's vocabulary ~ it is an earth plane issue and has been created by the earth plane illusion, and in terms of its application at spirit level it has little relevance. It is referring on the earth plane to what you might refer to as prototype also. It revolves around, if you were to try and place it in a higher dimension than just earth plane, revolves around the building of uniqueness and the Soul being unique to each energy.

On the earth plane each soul attempts to implant its own uniqueness into the illusion and to leave behind on the plane some record of its existence. It is illusionary and has, however, found itself to be a constant throughout the existence of the earth plane. It seems to be a rather important aspect of the illusion that is maintained from cleansing to cleansing, and it is what the Soul would want to have as its own uniqueness and the building of its uniqueness from manifestation to manifestation.

Trusting And Flowing With The Universe. And The Issue Of Free Will (September 26, 1989)

Isn't truth also surrender? Everything relates back to surrendering to The Universe and to the highest concepts.

The use of the word surrender, as it is defined on the plane in the current illusion, is a bit deceiving, shall we say, to the Universal Concept that it actually applies to. Surrender as it is

perceived on the plane now to many indicates a loss of free will, and this has become an issue for many, many on the plane. They confuse The Flow of The Universe and the ability to go with The Universal Consciousness and their own truths of The Universal Consciousness with this definition of surrender, you see, this question is what we also will elaborate on in the Special ~.

Because I have had a lot of blurriness on the degrees of truth and surrender.

Yes, yes. Surrender unfortunately is defined incorrectly on the plane in relation to its application of Universal Concepts, for it does not mean a loss of free will, a giving up of free will. Understand that free will is a Universal Concept and that all energies have free will. All have it. But it is the way in which it is perceived, this free will, that has caused the fuzziness. It is not understood accurately as to what this surrender and free will actually mean. And this is a very large component of our discussion in the session and it will help you all, now, to think along these lines for the Special Topic Session.

Though it still might seem unclear, you helped me formulate my question. And my question will hopefully become clearer.

Indeed. It will. For the three questions have been asked were those that were to be presented for this session so that it would give you thought and it would set the groundwork for our discussion at greater length in the special session.

These three areas will be those that will be continually elaborated upon. And we will only begin to discuss these in the Special Topic Session, for there will be many, many questions as the time progresses relating to the application of these areas. And it is in these areas that we are here most strongly to help you with to understand in the teaching and the learning, and in the trusting, and in the understanding of free will, and in the understanding of how to connect with your own truths, and how to connect with The Universal Consciousness and your part in the Flow of all that occurs.

The reason I had a problem fully relating my question was that I was thinking that truth and surrender were the same thing. And that is why I could not formulate the question because of where I was coming from to start with.

Ah, indeed. And we will clarify these fuzzy, as you would say, areas ~ these areas that blur, for it is the Universal trek, shall we say, of all entities for the understanding of learning and teaching, for it is not only on the plane of the earth that these concepts need to be learned and applied. It applies in every dimension. It applies in every training ground, be it the earth plane, or be it the astral plane in which we have discussed certain issues of learning that take place for entities who find themselves, shall we say, spending time in the astral plane.

It applies to all of the dimensions of which you have no knowledge as yet but will eventually have knowledge as you grow and as you leave the earth plane sojourn and its lessons and go into other dimensions. As you are prepared for that, you will then take on the learning and teaching in other ways in which you cannot even begin to imagine as you find yourself on the plane now in this current illusion. And thus, we will help to clarify the confusion of trust for it is confusing in the current illusion.

**Conscious Level Is Required To Go To The Higher Self Which Is The Key To Opening The Soul
(October 01, 1989)**

Doesn't our Higher Self already know what we are requesting on a conscious level? It seems a bit of a contradiction that, on one hand, we are told that we request acceleration or deceleration, but ultimately, it is up to our soul on the Soul Level to decide whether it fits into the big picture for our soul's path. And if this is what you are saying, that on a conscious level, we should not really have the impact, that we should allow our soul to have the impact for us?

What you need to understand, first of all, is that I have already answered that question many, many, many sessions ago. It is in print. And what needs to be understood is that there are volumes now of information that many are simply not examining and reading. And you end up asking the same questions and we now are not going to answer questions that have already been addressed and are in writing. We will simply say to you in this particular response that the conscious level is required to go to the Higher Self which is the key to opening the Soul.

I have been struggling with an issue for a few weeks, and when I go within myself, I am coming up with past lives and perhaps karmic balancing, and then I find myself up against a brick wall. Are we supposed to just allow karma to work itself through, or can we work through karma ourselves at a conscious level to change a situation we are in?

Once you have taken control then all becomes easy, actually. And the working through of, as you would call it, karma, becomes no problem. It is the Soul's responsibility to work through and balance all of the issues, and the only way that that can be done is through Self, and you each must begin to accept the information that is given to you, you see.

When you are receiving images of, let us say, the past lives, this is your soul giving you information that you can use at the conscious level to begin to work through and to develop the information at conscious level that you will then need to have for a test, and once you, at conscious level, have thought that you have learned, you have gathered the information, you then will, through the Higher Self, give the Soul the go ahead for a test. It is as the student would say to the teacher, "I have read all the information and now I am ready to take a quiz or a test".

So, I could be taking a test right now on what I would consider a major issue.

Indeed.

When we see things as they are happening, people's attitudes, things that just go on in our life every day, if we just keep the thought, you know, all is as it should be. That again is just total trust, isn't it?

For Self.

Right. Trust in Self and in The Universe.

Yes. Yes, indeed.

**Once You Have Accepted The Concept Of Truth, It Then Enables You To Map Out The Process
(October 01, 1989)**

So, it seems that hard things are coming our way and in reminding ourselves that it is as it is supposed to be.

Indeed. Not so easy though in its application. It is very easy for any entity to say, "This is as it needs to be and I trust in this." However, as you begin to become surrounded by all of that that occurs on the plane and the illusion of all of this, it does not become as easy at conscious level to accept the concept. And this, of course, will not be accomplished in one lowly lifetime. However, my dear entities, as measured on the plane, not in some other's time frame.

This is why we say Mushiba and Abalma both have done the earth plane in, as you would call it, one million years. This is extremely short, and they, before even entering of course, because of who they are, knew the truth and they set up the time that said one million years as measured on the plane which would include X number of incarnations. They mapped it all out, you see.

Most entities have to come onto the plane, and then once the truth has been accepted, they then map out, for they have control. And for some energy forms that mapping out process occurs relatively soon upon entering the plane and for others it does not. And understand that this is not a negative, for there is no pressure for any entity to get through a particular training ground. There are many entities who, as you would measure on the plane, take millions and millions and millions of earth plane years to get through.

We just keep in mind that everything is as it should be ~ I try to do that, but also get the feeling that I need to do something in the situations I have.

Understand that even the emotion of feeling that you need to do something is as it needs to be, my love. All that is ~ is as it is.

If I see someone that is full of anger, I try not to say, "Oh, that is an angry person," but I look at it as blockages within that person. Is that still being judgemental?

Yes, indeed. For all is as it is. And you simply respond within Self as you best feel even if it is a judgement. This is as it is. Remembering that you must not condemn yourselves if you inflict a judgement upon another, for you will not, as we have said so often before, resolve the issue of being totally nonjudgemental in the sojourn, for that would mean that you are ready for Oneness again. And thus it is that part of what you learn is being judgemental, but understanding, you see. Your soul will understand the issue that is being resolved.

Free Will As Opposed To Predestination (March 10, 1991)

There are situations we have to take care of, which feels like we do not have that much control over, and my feeling is a lot of it depends on what kind of a level you are at, what kind of awareness. Do you have anything that you can say about that that would add to the understanding?

The issue of free will is oftentimes misunderstood on the earth plane, for there is also this other word that frequents on the earth plane and that is predestination, and many would say that that negates free will, that all is determined ahead of time, you see, and that it all happens whether we have any say in it, or not, and this is an inaccuracy. One must be first aware and grasp and believe that each of us as an energy, as an energy form, has total and complete control over that which we do. Nothing else does. We must assume total responsibility for that which we decide to do. We have, however, the assistance of The Universal Consciousness, each other, you see, to help us and to move with the energy currents that result from where we are in a particular point in the energy field. When entering onto the earth plane, it is determined before entry what must be accomplished.

Now, what happens, however, you see, and this is where it is quite simple actually, but the difficulty in understanding occurs, to set up the script ahead of time. It is much easier to do than when you actually get onto the plane and you find that it was not quite as easy. Many entities say that they are going to do much more than they are able to do once they arrive on the plane. The other situation occurs in that when the script is being designed, even in concert with another energy, once all the energies hit the earth plane, they respond in different ways, you see, and it is, however, that which the energy determines themselves. And when one would say it is determined ahead of time, it is not determined by any other outside external source. If you were to decide to do something different than you planned before entry, it is your decision.

Now, what occurs is that so many energies simply do not want to take the responsibility themselves for that which is their behavior, but rather, to say it was someone else's fault that they did not do this, or that, or ~ you know, you have all heard this. And understand that at the very core of that which is called metaphysical on the plane is the taking of responsibility for one's own actions, and that if you are doing well, it is because you have done well within Self, and if you

are not doing well, it is for some reason that is related to Self, whether you are unable to face the issue, or you needed more strength, and therefore were not able to face the issue.

And when each of you leaves the incarnation, there is a period of time in which there is reflection given as to the lifetime, and if all was not accomplished it is then determined as to why that did not occur. And it could simply be that you felt you were strong enough to tackle an issue before entry, but once on the plane, realized that you were not, and that the next time before you are able to address that issue again, you must develop strength in a particular area in another lifetime before you can take that one on again, you see. So, all is determined by Self.

Leaving The Universal Consciousness With A Purpose Or Mission (March 10, 1991)

My sense is that one's mission on this plane comes from meditation and our sense of what we are here to accomplish. Sometimes we get confused. Would you speak more about that?

We would begin by indicating that each energy upon departure from The Universal Consciousness to come out to the playground, shall we say, leaves with a mission. Some have very similar missions, but each entity has a very distinct mission or purpose of what they want to do, and they have the unlimited playground of The Universe to work through this mission, the earth plane being only one of the many training grounds. Some entities determine to never come onto the earth plane, at least in this time away from The Universal Consciousness. Others choose to only come onto the earth plane and not go into other dimensions.

Now, what then occurs is the overall sense of what is to be accomplished. When going into one of the training grounds, then, you have bits and pieces of that mission, for there is no one lifetime, nor one series of lifetimes, that could cover the entire mission, for the mission takes on many, many different areas that must be worked on.

When there is meditation, there then is a connection with the Higher Self. The Higher Self serves as what you would call the key to the Soul, and when you are able to open up the Soul, which is where all the memories are contained, you would then have availability to the information that is needed for this particular incarnation. Thus, before entry onto the plane, you decide basically what you want to do. Some have a very specific mission. Others have a more general mission. Others say that they want only to work on patience in this lifetime. Others perhaps come in to work on a particular addiction that they have on the plane, to attempt to rid themselves of that addiction, and to understand why it occurred, and what that has done for the strengthening of the Soul.

It is through meditation that one begins to understand that which is needed. Also, be aware that the Soul does not give out the entire message in any one incarnation. It would be an overwhelming amount of information that the Soul or the spirit is incapable of comprehending

while encased on the earth plane. Once the energy is out of the earth plane and into the general spirit vibration, there is an easier understanding of the overall picture, you see.

It is why there needs to be caution when attempting to do such things as our beloved does (Waith is speaking of Garrett, a hypnotherapist, who specializes in past-life regression), for you must be very trained in going back into the Soul, into the recesses of the mind, as you would, for if it is with an untrained entity, it can bring about information that could be very damaging to the total energy field. We have addressed very briefly in open session that things such as this hypnosis and regression must not be thought of as a parlor game. It must not be attempted by those who have not been trained in it. It must be ~ you must be very careful for it could be damaging to the overall psyche, as you would call it.

The same is true, then, in meditation. The spirit does not allow Self to reach a level of meditation that would give it information that it is not ready to assimilate, you see. So, when you are in your meditations, you are able to attain the information that Self determines Self is capable of understanding in the particular incarnation. It is not always the right thing, you see, to have all the information, or indeed to know what the mission is. It might be that the entity determined before entry that it did not want to know at the conscious level what its purpose was, for in not knowing could indeed be a part of learning the lessons.

So, you are not distinguishing between mission and purpose?

No, not at all. We would use the two interchangeably.

In terms of people who perceive themselves as having been abused physically or emotionally as children, or who suddenly remember incidences in this lifetime that they had not remembered for maybe forty years. Can you speak to that in terms of the purpose or mission of the one who is perceived as the abuser?

At the risk of repeating ourselves, all that occurs is for a purpose, the purpose or the mission, and that while it might appear, for example, that, let us say, an entity who is abused physically in a lifetime may, at the perception of others on the plane, be working through and having to balance and have forgotten, so called, at conscious level, something that occurred in the early part of the lifetime ~ it may simply be something as simple as an entity teaching that others need to learn, and that situations occur at one point in time on the earth plane to set up the scenario so that at a future point on the earth plane those who need to learn from a situation will have the scenario already set up, you see.

It also goes back to why it is so critical to not judge based on what you see before you, but rather, that you must attempt to have an understanding of the greater picture here, and that you as an entity indeed may not be aware that you are serving in a teaching role rather than in a learning role. It might also mean, however, that there is balancing that is occurring based on a particular situation that needs to be worked through, you see. Each of these would be dealt with in an individual manner, and most entities need at some point to have some guidance in

understanding what their function, their mission, their purpose, is and in understanding that perhaps they need to balance, or that they are here to teach.

It is not as simple as it appears to be, my love, and not something that can be given out categorically as this is the way it is, if it turns out to be a particular situation. You see, this is why ~ there are many on the earth plane who are trained or have spent many lifetimes Being of Service to Others in the areas of healing and attempting to help an entity to work through their own issues and what their purpose is in coming into a lifetime. Do you understand, my love?

In part. My confusion lies in working with many people for whom sudden revelations about the past occur, and in that particular moment, it does not seem at all appropriate to talk about the bigger picture.

Oh, indeed. We are not suggesting that you would discuss the bigger picture, but rather that you would have an understanding that there is a bigger picture, you see. The entity may indeed not be able in the lifetime to ever understand the bigger picture, is working through a particular issue, or simply determined prior to entry that there would be no knowledge at conscious level, you see.

Might it be also that it has been an abuse of some kind, and it was not punished. Is that possible?

As we have indicated before, all behavior relates to balancing of some sort in the learning of situations, and if one has done to another a particular behavior one can expect to receive back that same behavior. We would not label that behavior good or bad. We would simply say that all behavior mirrors itself in The Universe.

Can You Describe What The Soul Is Composed Of?

(August 18, 1991)

Each energy has its unique, what you might call, blueprint, and it is what makes it different from another energy while, at the same time, keeping all within The One. And the Soul, then, is the container of the individual and unique experiences of the particular energy that present, therefore, what you call personality, what you call issues. However, the Soul of each is connected to the Soul of each other, and there is, therefore, the Universal Soul.

Discussion of Energy Circles ~ Encasements In The Various Kingdoms

(March 03, 1992)

Now. As we continue in our discussions for this year on the plane, The Earth Plane Connection, our focus of discussion in this session is related to the connections of the various encasements on the plane that make up the kingdoms, as we refer to them, The Animal Kingdom, The Mineral Kingdom, The Plant Kingdom, Air, Fire. The elements that you are all familiar with are all

encasements of energy, and we reemphasize, as we begin this discussion, that all energy is equal. Simply being in the human encasement does not make you as a human encasement superior to any other energy, for all energy comes from The One, and all energy, therefore, is one and is connected. It is simply encasements that are taken on in various kingdoms for lessons to be learned and scenarios to be played out.

**All Energy Outside Of The One Is Encased ~ Intelligence, Soul, Memory
(March 03, 1992)**

The Human Kingdom is perhaps the most arrogant on the earth plane, as you would describe the personality, in thinking that it is superior, and therefore, in control of the other kingdoms that appear different, or appear to not have what you would call intelligence. Intelligence is an encasement in itself, and it resides within an encasement. That which you call memory is indeed an encasement, and it is a part of the Soul's memory which is also an encasement. The Soul is an encasement, my loved ones, remembering that energy in The One is total Being and that anything outside of The One is an encasement. Energy outside of The One is encased.

**Connections Of The Various Encasements On The Plane That Make Up The Kingdoms
(March 03, 1992)**

Now. We therefore take on encasements within encasements. To understand this, you would think of the analogy of placing a box that is small inside another box that is small, or placing within a circle another circle, and that it is infinite in the number of encasements that can fit within an encasement. All energy currently on the earth plane encases itself within each other. You are all encased within a larger encasement.

We mentioned awhile back that the human is not the end of the food chain, as you call it, on the earth plane. Rather, the food chain is not something that moves from one end to another end, thus, signifying beginning and end, but rather, is a circle. Now. Understand the implications of this, for the circle is neverending. The circle is The One, and therefore, there is no end to any food chain, as you would call it, but rather, in the form of dimensional energy the loop effect takes place, and all feed on the other.

**Creating Your Own Energy Circle, Starting Small And Expanding As You Learn And Integrate
(March 03, 1992)**

Just as energy feeds on energy, so too, do encasements feed upon encasements, all contributing, my loved ones, to the greater good. It is the feeding effect, one upon the other, upon the other, upon the other, that creates expansion and growth. For the circle that begins small, widens as the process occurs, and each energy begins itself as a small circle when it separates from The One. And in the sojourn on the earth plane, the connection that each energy who journeys on the earth plane, each connection creates larger circles as your sojourn increases.

If it takes you ten million earth plane years to complete your sojourn, your circle increases proportionately to the lessons that you have learned, and, that you integrate within all of those encased on the earth plane so that a part of your energy also has within it the energies of certain of The Animal Kingdom and certain of The Mineral Kingdom and certain of all the different encasements for energy on the earth plane. And there is a connection of spirit that gives strength, then, to the energy as it begins to expand itself. It does not mean that you do not ~ that you are not working on your own issues as a human, and the animal works on their own issues as animal, and as mineral, etc., for that separateness is very much there. But each makes its own Energy Circle that comprises all of the encased energies which then enables each circle, each energy that is you, to call upon when in need the energies that you have connected with from each of the other kingdoms, and they you.

Choosing Your Energy Circle To Integrate With Other Kingdoms (March 03, 1992)

Some on the plane have developed very strong connections with The Animal Kingdom, with The Mineral Kingdom, many of the kingdoms, and are able to communicate to the greater kingdom through their own connection that is a part of their energy. Each on the earth plane has the potential for communication with any other kingdom that is encased on the earth plane. It simply becomes a matter of development of that ability, increased awareness, increased vibration, so that potentially, each of you has the ability to freely communicate with your own Energy Circle to then expand into the greater kingdom.

There are some, for example, in this gathering now who have developed their abilities to communicate with The Mineral Kingdom, and that first began by development of their own Mineral Kingdom connection, and once that was established, connection with the greater Mineral Kingdom began to occur. Some energies focus on developing communication with one or two of those Energy Circle companions.

Other energies decide that they want to develop the entire Energy Circle. It takes many lifetimes, of course, to do this. And it creates, then, a tremendous growth potential. It is most beautiful and most positive, for when there is the sense of harmony within your own Energy Circle, you then are able to respond to the needs of other Energy Circles. It creates a very heightened awareness, and it presents to you the opportunity for greater power to heal, to Be of Service ~ for all energy has intelligence, or memory, and those energies that you have made a part of The Circle contribute their own memories from their own experiences, thus, enabling you to have the greater advantage of a far more advanced knowledge than simply your Self, your own soul memories, you see.

All energy has not only their own soul memory and their own energy field, but all these other energies. And just as you as human are able to connect with the others in your Energy Circle and learn from them, so too, are they with you. There are many on the plane who would describe

their experiences of connection with particular animals, for example, and if there is that sense of connection with a particular animal, it is most appropriate for you to believe that it is that energy that is a part of your Energy Circle.

Those on the plane who have chosen accelerated growth during this time period on the plane will also understand that the entire Energy Circle has taken on accelerated growth. Some of you may feel, actually feel, the earth as it undergoes its cleansing. Some of you may not. The difference simply is that if there is a feeling of the pain that the earth is going through, it is that your Energy Circle connection to the earth has been developed and is strong, and therefore, you have a direct connection with the greater energy known as the earth and its components.

Not all Energy Circles choose to develop themselves. They may choose to remain hidden from each other for any number of reasons, and it may be indeed for the entire connection with the earth plane that this occurs, where there is virtually no awareness of the other kingdoms that make up The Energy Circle of each. That is one scenario.

**Levels Of Awareness Within Energy Circles Encased Within Energy Circles From Other Kingdoms
(March 03, 1992)**

Other scenarios simply include various levels of awareness of the others included in The Energy Circle to the point of total awareness of the individual energy from the other kingdoms that make up The Energy Circle, not just the general energy kingdom, so that there are many on the plane who know specifically the energy of each in their Energy Circle. They may even have a name, and there is free flowing communication to the degree that it is not even thought about, but is just simply felt. There is not the awareness of a conversation going on, but rather, simply a knowledge, an awareness, that enables you to feel connected to all on the earth plane. Within these two extremes are all of the variations, and each of these variations are each of you at various points in your path, as we have indicated before, and you are all here to help each other in the development of awareness of The Energy Circle.

**The Energy Circle Is Unique To The Earth Plane ~ Other Training Grounds Have Other Methods
(March 03, 1992)**

We present to you this information that goes beyond discussion of electromagnetic fields in terms of you being alone. You have a group, each of you, on the earth plane. This is unique to The Earth Plane Connection. When you are not on the earth plane and you are in other training grounds, this Energy Circle does not exist. This is strictly for the earth plane sojourn, for other training grounds have other methods by which teaching occurs. Remember that the earth plane is considered the most accelerated for learning and one of the most difficult, but presents the greatest opportunities for growth in what you would call the shortest amount of time, as measured in any dimension. Even ten million earth plane years is considered a short amount of time to learn particular lessons.

**Each Energy Circle Has The Responsibility To Be Of Service To Other Energy Circles
(March 03, 1992)**

Now. Included in your Energy Circle are, then, very unique qualities, unique to the extent that it pulls in the uniqueness of so many other energies, each representing a different kingdom on the earth plane. And each Energy Circle, as it develops in its strength and in its own awareness, has the responsibility to Be of Service To Other Energy Circles. It is a far more advanced theory that we give to you than is currently on the plane for general understanding, for the theory of Being of Service to Others is generally accepted. What we present to you now is an advanced application of that very simple theory, and that is that you use the combined energy of many different kingdoms to advance The Energy Circle's ability to Be of Service.

If you have, for example, developed your abilities to communicate with The Mineral Kingdom through your own Mineral Kingdom connection, what greater way to Be of Service than to help those who have a lesser understanding of the power that The Mineral Kingdom has toward healing and relieving of anxieties and distress, for you will be able to work with another Energy Circle in explaining the properties of a particular member of The Mineral Kingdom.

**The Building Circles Of Strength
(March 03, 1992)**

And thus, your own healing is advanced, and your own Service to The Universe is advanced, for the issue becomes now not service strictly to individuals but Service to The Universe, for Being of Service to The Universe is Being of Service to Self, and thus, The Circle. For when you are of Service to Self, you are greater in your abilities to Be of Service to Others. And as you are able to Be of Service to Others in a greater capacity, you are then able to Be of Service to The Universe in a greater capacity, which then circles around, and The Universe sends it back to you, so that as you strengthen and send that to The Universe, The Universe sends back to you the strength that you have developed, and it becomes a part of you, and the circle continues, and thus, you build on your strength. And as you send it to The Universe, it comes back to you stronger, and you have a base, then, of greater strength, and it builds, and it builds, and it builds. And your motivations become greater in their spiritual context as you grow and strengthen. And The Energy Circle grows and strengthens.

That is what we give to you for basic information in this session now, and we would welcome discussion and questions.

**What Is Memory Made Of ~ Where Is It Located In The Body ~ Memory Loss, Breakdown
(March 03, 1992)**

In my working with the physical body, I find that the body tissues themselves have memory. Is there a particular substance that is the memory carrier, such as water or a chemical? What binds memory to itself? What is the stuff that is memory?

Memory is Self-contained as an energy. It is an encasement within an encasement. It attaches itself. It becomes a part of the Soul memory of the individual, and it becomes a part of the greater memory banks of The Energy Circle. First and foremost, it is energy memory. Now, the way in which memory manifests itself in the encasement is determined by which kingdom it is interacting with. So, for example, with The Human Kingdom, the physical composition of the encasement is different from the physical composition of the encasement of a blade of grass. Energy wise, however, it is not. It is exact, but the physical composition, it is. So, it would, therefore, acclimate itself to the needs of the particular physical composition of a particular encasement.

For the human encasement, it is represented by the composition that you refer to as mucus. Yes. That is correct. The mucus that coats the lifeline of the physical encasement, that which is referred to as the spine has a particular substance that coats it, and we call this mucus. It is in this substance that the energy known as memory attaches itself to the human, understanding that as each of you are, in one instance, energy, and, in another instance, physical manifestations of energy. So too, is memory.

The memory that is required to be utilized from the major data bank of The Energy Circle is called upon as needed for lessons to be learned, and it is, as you might picture it, simply taken out of the computer, the stored knowledge is taken out of the computer and physically imprinted. It is what you would call the printer for the computer. You physically place this, then, into the spinal mucus. This is where the knowledge is contained for that which operates the physical encasement and any issues that may be evolving around it.

In Working With The Spinal Area To Help Entities Understand Certain Ailments Or Afflictions (March 03, 1992)

For those of you who are involved in energy work in healing and in assisting entities to understand why their encasement takes on certain ailments or afflictions, it is critical that you work with the spinal area, and as you who would read this information in the future, would be developing your own abilities to read energy, as you moved your hand up and down the spinal area, you would receive the information. You would sense the information that would then guide you to the proper treatment and counsel of the individual with whom you work. Not all on the earth plane who heal in this manner of energy have this ability. It is an ability that is developed and can be developed simply through meditation and a conscious working with energy. There is much more that we could give you in this area for information. We will limit that at this point and pick up on it in another time when we would devote specifically to healing.

The mucus that you are talking about, is that what we would call the cerebral spinal fluid?

Yes. It has a thicker property than is generally acknowledged from those in the medical community on the earth plane.

So, the ventricles would be involved in that memory and in the consciousness of a memory.

They would house certain components of the memory, much like you would think of having a storage room with little rooms off to the side to house specific information.

What is the cause when someone has a memory loss?

What causes an apparent memory loss can be attributed basically to a disassociation within The Energy Circle with itself at energy level. And this occurs. Oftentimes, however, it is very temporary. It may be ~ when we say temporary, it could mean several lives. That is temporary in the scheme of the greater sojourn on the plane. It simply means that there has been some type of disassociation at the energy level with each of the components in The Energy Circle, thus, causing a breakdown in the general data bank, or computer that makes up The Energy Circle and all of the individual memories that contribute to that. When that occurs, it creates in the entire Energy Circle a breakdown. It is a very common occurrence for energies to have breakdowns. They may last what you would consider an instant. For example, you may suddenly forget something, and momentarily this occurs, but then it is back instantly. Or, you forget something and you remember it months or years later. There is a reason for that occurring and that is to help in the healing of a particular energy who is a part of The Energy Circle. Once that healing has occurred, the memory returns.

Oftentimes, you have experienced remembering in dreams, in the dream state, or suddenly you will be doing some other activity and something that you had forgotten quite some time ago suddenly returns. It explains, also, the phenomena that you experience where you begin speaking about a topic and you say, "Where did that come from? I did not know that." And we have in the past, and many others who speak through from higher dimensions, have said that the Soul memory will kick in and give you information as you need it, and this is true in its simplistic form.

We present to you the advanced. It is not totally advanced. There are more advanced discussions that we would have, but this is more advanced than you would be accustomed to, that as The Energy Circle, which may have had a breakdown ten lives ago, has now healed itself, and it becomes appropriate for you to have the memory regained. So, it is no different for you to suddenly find yourself knowing something that you did not consciously have gained in this lifetime, than it is for you to have forgotten a particular recipe, and how to achieve ingredients to that recipe, for the memory to be there in this lifetime, just as the memory from another lifetime would come flooding in, you see.

Trauma Within Your Energy Circles Causing Disassociation And Reassociation In Learning Lessons

(March 03, 1992)

The cause for disconnection, or disassociation, is created by particular traumas that impact upon The Energy Circle that can come into any one of the encasements. It is not necessarily coming from your own specific energy. It could come from ~ let us say, that one of your energies is a flower energy. It may be that whatever has occurred within the electromagnetic field of the energy known as the flower that is a part of your Energy Circle, has created a loosening of the flow of energy.

The very fine thread that connects all energies back to The One is, in miniature, in The Energy Circle, and while there is not at all a severing of that cord, there is a loosening of it, a slacking of it, that does not allow for a free flowing of the energy within the circle. But rather, there would be ups and downs that create stoppages when it is in a bottom point that then creates a difficulty for the flow of energy to move up. And sometimes, the cord can be firmed again very easily within The Energy Circle, and other times, it takes time, as you would call it, which could be many, many lifetimes, or could be within a particular experience, and once that cord has firmed itself again, the energy flows.

This is how we would refer to disassociation, for what happens, then, is that if you were to picture a circle, and picture ten different energies imprinted upon this circle, each one connected very closely by this thread, there is free flowing energy occurring, and harmony is in existence. Something occurs, and this becomes very unique to The Energy Circle, that places a burden, let us say, something heavy is placed upon the part of the cord between two of the energy encasements in a circle, and that heaviness brings the cord down. Then there is less of a connection. There is a separating apart of the energy, two energies' components, that has occurred as a result of this heaviness coming between them. Once that is lightened and lifted, then the cord becomes strong again. Most Energy Circles, in their work on the earth plane, find themselves with these little indentations. This is a part of the strengthening, for an indentation occurs, this is, in essence, a lesson to be learned, and when the lesson has been learned, the pressure is off, and the indentation goes back to the straight line of The Energy Circle.

How Do You Bring In Other Various Energy Kingdoms Into Your Energy Circle?

(March 03, 1992)

Ah. That is all very, very organized, as you would expect. Nothing less than organization from The Universal Consciousness, for when you, as an energy, make the decision to come onto the earth plane, and remember that not all energies who come out of The One come onto the earth plane, but once you have made that decision, there then is a consultation with your Angelic Protector who calls in other guides and others who are especially trained for counseling in the development of an Energy Circle, and there then is the calling in of other energies who also have said they want to go onto the earth plane, but they do not want to go on right now, let us say, as a human. They want to come in as any various opportunity presents itself, and that there then

becomes a discussion that all parties concerned agree that they will be a part of each other, and they will form an Energy Circle.

And there is also agreement in the fact that all who are a part of each other in a Circle agree that they will take on the encasement of those other kingdoms as part of their sojourn. And that when, for example, you as a human finish your human sojourn on the earth plane, and all the others in your Energy Circle have completed their sojourn in their particular kingdoms, all go off the earth plane and reassemble. There is a return to The One temporarily, momentarily, to reassemble and to gather up the, let us say, the stamina to once again go back onto the plane, and all those who were in The Energy Circle now switch. So, one who was in The Energy Circle as part of The Animal Kingdom may now become part of The Human Kingdom, and you would take its place in The Animal Kingdom, all agreed upon.

We emphasize to you that as you look at others on the earth plane, indeed as you would look at any other energy, be it a blade of grass or a pebble of sand, you must not judge superiority, for you do not know if that blade of grass in its last sojourn on the earth plane was indeed human. It is an ultimate discussion of judgement. And also, to remember that commitment to the earth plane as a learning ground is not limited to only coming in as one member of a kingdom. It means that one must take on all of the roles of the kingdoms that have been gathered in The Energy Circle.

The Energy Circle, while composed of all of the various kingdoms that exist on the earth plane, is not necessarily demanding that you take on all of those kingdoms, but rather, that prior to the first entry onto the earth plane there is agreement made among all in The Circle as to who will do what and how each will affect each other and interact with each other. That has already been planned prior to the first entry onto the plane. There are many who would read our words who once were a blade of grass.

Is There A Set Order Of Progression Into The Various Kingdoms Within Our Circle? (March 03, 1992)

There is no set order of progression, my loved one. This is a false understanding on the earth plane that The Human Kingdom, therefore, is superior to, that there would be a movement from a lower kingdom. It is not thought of as lower or higher. It is thought of as equal, and it is thought of only as however you work it out with your Energy Circle. In one Energy Circle, you may find that there is the human and then the mineral and then the plant, or you may start out in The Plant Kingdom and work your way around to various ~ you may become part of the air energy. You may start out as human and then move into air or fire.

What we have not included in this discussion, and this will come at another time, are particular kingdoms that are a part of the earth plane that you are unaware of. Just as there are some in the other kingdoms that are unaware of The Human Kingdom, so too, are there energies that exist in dimensions that you as humans are unaware of but are a part of your Energy Circle. And just

because you are unaware of them now, does not mean that you are unaware of them, but rather, encased as a human, you are unaware until you begin to expand your own consciousness and become better able to connect with your Energy Circle and the data bank that your Energy Circle has, the tremendous potential that this data bank has. And it is this data bank that connects into The Universal Consciousness.

**About The Preplanning Of The Energy Circle, And What Happens If There Is Disagreement
(March 03, 1992)**

To what extent does the reality that we create here on the earth differ from that which was planned by our Energy Circle?

The Energy Circle plans the reality in conjunction with the Spirit Guides and The Angelic Protectors of each individual energy before the actual sojourn begins. There is the discussion of the various illusions that are in The Portfolio of the earth plane, and there is a scanning of those illusions that is presented as part of the planning process, and there can be, then, what you would call the sketch of the sojourn.

Now. This is subject to change at any moment, for as all of you know, coming onto the plane and getting into the concreteness of the illusion is often so different from viewing it from afar. And as you would view a concept and prepare the concept on paper, shall we say, and sketch out the concept, when you begin to build the model, there are differences, and thus it is in your own planning for your lifetime, and once you come onto the plane and see the illusion from the illusion itself, living within the illusion, rather than outside of the illusion, then there are constant changes, and it is done at spirit level with the entire Energy Circle.

What happens if the entire Energy Circle cannot agree?

That does happen, and it does create this condition that we have called disassociation, for then there is an immediate dropping of the line, the energy line, thread, that goes through each of the energies in The Circle. Within each of those energy points that do not agree, there is the pressure, the dropping down. And in some cases, the entire Energy Circle, as you would view it from spirit, is a series of little balls, and little drops, and little balls, and little drops, and the entire Circle just looks like it is dysfunctional, and indeed it is. And there is much more to that discussion that we will present at a future time that relates to the learning of lessons, and we will relate it also to the concept that we presented quite some time ago of the process of learning lessons and the four stages of learning lessons (April 17, 1990), and we will connect this at a future time with this new information that you now have, and you will understand it in a more advanced manner than was originally presented, for the original presentation was kindergarten level.

**Is Each Person Essentially A Community? Is The Energy Circle And The Soul The Same Thing?
(March 03, 1992)**

Yes. Yes. You do not need me! ☺

Discussion Of The Energy Circle And Components Of Lightness Within Each Energy Grouping (April 07, 1992)

You were saying that it can be helpful to some of us to be around Light people who are able to appreciate sparkly things. It seems like there are certain animal encasements, like otters and butterflies and dolphins that just seem very playful by nature. **Who seem like good companions for us.**

Farena: Yes, in the Energy Circle that Waith described, there exists components of Lightness within each energy grouping. There is a very playful crystal and a very serious crystal. This is a very serious plant. This is a very playful plant. (Farena points to plants in the meeting area) Serious. Playful. Surround yourselves with the balance. In all energy forms, there exists seriousness and playful.

Some energy finds itself at its mission in its current encasement to be strictly serious. Others find to be strictly playful. They seek out each other to bring harmony, to bring completeness. It is very difficult to expect that each of you would have that total harmony of serious and playful within Self. That is part of the mission of all who come onto the plane. Some of you have achieved that balance to a greater degree than others, but each would be sometimes too serious and sometimes too playful, and that is fine. That is fine, but make certain that you surround yourself more with what you are lacking. If you need more fun in your life and more playfulness, seek out those who can show you how to achieve that. If you are frivolous and considered too playful and not serious enough, seek out those who would give you a sense of seriousness, balance, harmony.

Is The Webbing Around The Energy Group What Is Referred To As The Akashic Records? (May 05, 1992)

Yes. We say this with a bit of qualification, for it will come in our future discussions, that that which you refer to as the Akashic Record, there is the Master Library. Then there is the reference material that relates to each energy ~ so that when we are asked a question, for example, we sometimes go right to the reference; so, we go right into your own memories, your own storage. Other times, because it relates ~ the question that has been asked relates to other scenarios with other energies, we must refer to the Master Library.

We have access to the Master Library. Many on the plane have the capability of gaining access to ~ and this is this psychic phenomenon that we refer to ~ have the capability of gaining access to your own webbing and sensing information and may have varying levels of access to the master files, but not complete. And thus, you will find, and we have indicated this before, what appear to be contradictions of response that an energy would give to various psychics, for their ability to gain access to information is dependent upon their own levels of awareness and their capabilities.

Could you elaborate on the Master Computer and the way their information is being stored? I was of the same understanding that these layers are the Akashic Record for each individual, and all the information is only around this individual, not somewhere stored in the Master Computer somewhere.

It is both. You have the master file, which is necessary for organization. There is that word again.

Who manages the five billion numbers of souls?

The five leaders of the kingdoms. The Five Kingdoms each have a leader. In this kingdom, Amelius is the leader. He is one of those. We have discussed the structure. And so Amelius, along with the other four, and certain helpers, are charged with the responsibility of keeping the Master Records. It is the only way in which the illusions, in all the levels, in all the layers, in all the dimensions, can be maintained.

Understand that you allow another to infiltrate your own layers, your own web. It is not something that would be imposed upon you. You allow it at some level, even though at conscious level you would say, "I do not want that person to invade my layers," and that person does. It has been the result of your allowing it at some other higher level for issues we will not go into now, for it is time for us to depart.

When We Are In These Other Dimensions Or Other Energy Layers, Do We Have Bodies? And Are Those Bodies Asleep When We Are Awake Here?

(May 05, 1992)

Oh, indeed. Yes. Whatever you happen to see, is it. Yes. And it is important that you retain as much as you need to on what that body looked like, and if you were actually back in that life working, what it felt like; for if you have been consciously aware of this dream, this layer working, it means that it is information for you to use when you return to this state. Just as when you move forward or back, you take what you work on in this layer, and it all connects. There are reasons why.

What Is The Difference Between One's Soul And One's Spirit?

(August 04, 1992)

Well, understand, my love ~ that is a very good question ~ that spirit is an encasement. It is a manifestation of the Soul. The Soul simply is. And that is the difference. So, you have a soul that continues for the time that you are out of The One. The spirit manifests itself in different ways depending upon the training ground in which you find yourself.

So, for example, on the earth plane, the spirit has a different connection with this vibration and this encasement that you find yourselves in on the earth plane. When you go onto another training ground where the physical is different from that which is on the earth plane, then its spirit connection also changes so that it is in harmony with the scenario that has been determined for that particular training ground. The Soul, however, remains constant, and indeed houses the entire memory bank of the energy, whereas the spirit does not. It houses the information that is necessary for the ~ for that particular point on the path, whatever the training ground happens to be.

What Is The Relation Between The Spirit And The Higher Self?

(August 04, 1992)

The relation between the spirit and the Higher Self is one of, shall we say, co-conspirators, you see, for it is the Higher Self that is, as we said earlier, the intermediary between the Soul and the Conscious Self. However, spirit takes on what you would call The Universal Consciousness representative of the spiritual issues. You know, spirit and spiritual come from the same source. To be spiritual, as we refer to it, is to be of spirit. And thus, it contains the higher knowledge that is necessary and gives it, the spirit, a greater flexibility in working with the Higher Self, you see. It is almost a shadow, if you will, of the Soul.

Does Working On Particular Issues Related To An Energy Center Cause Emotional Or Physical Discomfort?

(August 04, 1992)

Yes, it does. Indeed. It is part of the setup, for the lessons to be learned are a combination of the physical and the spirit; and that, yes, much of lessons to be learned manifest in concreteness, that which is the physical. And that, as the Energy Centers, which we said earlier, are connected to spirit and physical, as they open and close, there will, of course, be disruptions within the electromagnetic field of your encasement, and thus, it creates disruptions at times in your physical feelings. It can create feelings of discomfort, but it also can create the opposite feeling, a feeling of wellbeing.

Thus, it is not always that you will feel miserable because your Energy Centers are opening and closing, but rather, you would feel light and happy. It depends, of course, on the sensations. Usually, as you begin to really take on an issue, initially you will feel a sense of heaviness in the encasement, in any one of those Energy Centers in the tunnel. And as you begin to work through the issue, you will feel the sense of lightness.

Each Takes On A Very Small Percentage In The Learning Of Lessons That You Go To Work On

It is important to note here that each of you takes on in the learning of your lessons a very small percentage each time that you go to work on a lesson. You do not take on the whole lesson at once. When you enter the earth plane, you may say that you are going to perhaps learn the issue of patience on the earth plane training ground, twenty five percent of it, and the other seventy five percent of it, you will learn on other training grounds. Thus, twenty five percent, you come onto the earth plane in your sojourn and you will say, "In my time on the earth plane, I will take on that percentage." And in a particular incarnation, in which you determine to work on patience, you may then say, "I will, in that incarnation, work on one tenth of one percent of those twenty five percent."

You see, you do not take the whole percentage, come jumping into the lifetime; and that as you say perhaps one tenth of one percent in this incarnation you will work on, but you will not do it all at the same time. You will take a tenth of one percent of that at one given time, and you will work on that, and you will work through it, and you will clean the Energy Centers, and then the Energy Center will close where that issue is concerned. And you may go for many, many earth plane years working on other issues, and then decide that you will take another one tenth of one percent of the issue of patience. And thus, the opportunity will be presented, and the opening will be there, the pulling back and forth of the cord, and you will begin to feel the movement.

Thus, you see, if you were to take on one tenth of one percent of an issue in a particular lifetime, that when you first begin working on that issue in a lifetime, you will feel the discomfort, and it may take you, perhaps, working half way through in that lifetime before you begin to feel the lightening up within the encasement, so that when it is time to open the door again on the Energy Center, and perhaps it is now the fifth or sixth different time you have opened the door and begun, it will not be as heavy this time, initially. There will be a lighter sense of opening up, you understand.

Understanding Who You Are (October 06, 1992)

We are pleased at the magnitude of the gathering of energy, the combinations of energies who find themselves in this vibration. We will speak with you in this session, in our continuing topic of The Earth Plane Connection, in an area that is described as understanding who you are. You all know who you are, do not you? Yes? No?

There has been much discussion of the connection between the Soul, the Higher Self, and the Conscious Self, and while we have attempted to give you the understanding of the integration of the three vibrational fields, Conscious Self, Higher Self, and Soul, there is still a sense of separateness that each of these three have not really all that much to do with each other. "Well, that is my soul. It does what it wants to do, and that is my Higher Self and it does what it wants to do, and here I am in this current illusion doing what I want to do, so there are three of us at work here." And many of you, of course, at this conscious level, you say, "How can I talk to my

Higher Self? I am not talking. I cannot hear me! My Higher Self does not respond, let alone my soul!"

My loved ones, what you need to understand is that who you are in the Conscious Self is the physical manifestation of who you are, the combination of the other two significant components of your energy. You are each energy. Each of us comes from The One and we are a little ball of energy. If one must put it into concreteness, think of it as just a little ball of pulsation ~ bright Light. That is the essence of each of us.

Waith Gives A Descriptive Of The Soul, The Higher Self, And The Conscious Self (October 06, 1992)

Now. What begins to happen, once we move out of The One, is that we have what are called vibrational fields, part of the Energy Circle. The Energy Circle of which we have spoken is of a larger component, and the vibrational fields fit into that Energy Circle, and in the Energy Circle, then, you find yourself with these vibrational fields. The Soul is the library. This is how you would best think of it. The Higher Self is the library card that allows you to take a book out of the library, your soul, and the Conscious Self is the result of reading the book. And in order to gain access to the library, you need a library card. This is a description that we give you now that is different from another time in which we gave another description to give you a perspective on how to view this process.

Now. Each of you have an automatic capability of gaining access to the Soul's information. It is, however, a condition of being on the earth plane, one of the scenarios set up on the earth plane that at the conscious level, you think you do not have that capability, but automatically and continuously, the library card goes into the slot that opens the door and knows automatically what information it needs from the Soul. And it gains that information, brings it out of the library, and you receive the information that you need to receive, whether you consciously realize this or not.

There is not one action that any of you engage in that is not the result of information coming from the Soul. It is absolutely impossible to act at the conscious level in and of itself. The conscious level is absolutely incapable of operating on its own. It all comes from the Soul. It is who you are, and each of you are reflections of your soul, and each of you, therefore, radiate the love that comes from the Soul and the beauty that comes from the Soul. That is who you are, plain and simple. You are energies of love.

Where it gets muddled is that on the earth plane, the illusion is necessarily presented that brings out such things as ego, blockages, perceived blockages, for there are no blockages, only that which you create at the conscious level. And understand that if you create a blockage at the conscious level, your soul has sent the information zooming through the Higher Self and said it is necessary for lessons to be learned for there to be blockages.

If you feel you are not able to reach your Higher Self, it is because you have determined that you will not be able to reach your Higher Self. Nothing else, no one else. There is no external force that is saying to you, "We are in control. We are the ones blocking your abilities." You, each of you, has made that decision. You are each in control, whether you want to admit it or not, and what you do at conscious level is a very specific plan of action that has been determined at the Soul Level. No one else is to blame, if you would use that word. No one else can take the credit for lessons learned, only you, each of you. But, you see, this is part of the illusion of the earth plane that would create this idea that you are not in control. You would not be in your physical encasements now, as you are in this gathering, if you were not in contact with your soul. Your soul rules. Whether you are, at the conscious level, aware of the interaction is not even the point. That is not even the issue.

Now, in that knowledge, one should feel freedom. One should feel relaxed, knowing that nothing, absolutely nothing, is going to happen to you that is not already determined by Self, regardless of what someone else may say to you. No one knows who you are except you. You are the essence of a Higher Consciousness, and ultimately, we are all each other. We are simply separate energy forms that have an energy grouping, an Energy Circle, and a vibrational component.

The vibrational components of Soul, Higher Self and Conscious, current consciousness, is not only applicable on the earth plane, it operates, this concept of three vibrational fields, on any of the training grounds. And thus, when you come onto the earth plane training ground, you bring with you, if you have been on other training grounds, the memories of the experiences on other training grounds. And when you go to other training grounds, you bring the earth plane experiences with you.

Thus, you develop, over the experiences being outside of The One, what we call the personality of the Soul, a bit different from the personality of the Conscious Self. And the Higher Self also has a personality, an identity, and the three personalities are separate but one, of course. And it is in these personalities that strength is developed for the total energy ~ you. And it is in the gaining of strength that this thing called ego enters in.

Ego Is The Manifestation Of Personality ~ The Combination Of Soul, Higher Self And Conscious (October 06, 1992)

Ego is very positive if not abused, if it is in balance, just as any other component of concreteness outside of The One. Balance. There can be abuse of ego. But it is critical to have abuse of ego in order to balance and to be able to use ego in harmony, for the stronger Self becomes, then, the stronger Self can become. And thus, it is very important to allow the ego to develop, for the ego is the manifestation of personality. And it is then the combination of the three personalities, Soul, Higher Self and Conscious that bring about the total identity of the energy.

The tricky part comes in when there is an imbalance among the three, and those imbalances can occur very easily. It is a delicate balancing. If there is an imbalance, however, it does not negate the flow of information that comes from the Soul to the Higher Self to the Conscious level. Understand that that information is always coming through. It can be derailed when it gets into the Higher Self, but it is never not coming in from the Soul to the Higher Self.

The issues really take on magnitude between the Higher Self and the Conscious level and between the Higher Self and the Soul. There is not issue with Conscious Self and Soul. There is always this Higher Self being the intermediary, so it is the Higher Self that has the issue, either with the Soul or with the Conscious Self, you see. And thus, if you were to look in the mirror ~ look in the mirror and say to the mirror, "Hello! I am me." Look at Self through a different perspective. Look at yourself as being in control of yourself. No one has the right to tell you who you are, only you. And each of you is beautiful, and each of you is of the Light ~ to somebody. ☺ Maybe not to somebody else, but that does not matter.

Now. What do you think of this information? Do you have questions? (There is a silence) Surely our hypnotist does. ☺

What Purpose Does The Soul Have If It Already Knows The Answer? (October 06, 1992)

You mentioned that all of the blocks we create are created by the Soul, or the process of earth plane personality, or to experience lessons. I assume the blocks are taken away when the Soul has decided the lesson has been learned.

Or learned to satisfaction, maybe not completely learned, but to the satisfaction of the Soul for that particular time frame.

So, the Soul knows the answer to begin with.

Yes.

And who is doing the learning then if everything is controlled by the Soul and we do not have any supposed control ourselves?

Very good question. The Soul is a vibrational field that is a component within the Energy Circle. It is the Energy Circle that then brings in the learned information, you see. We take the ~ we go one step further ~ this is graduate school information ~ that the Soul, yes, houses all the memories, but the greater picture encompasses the Energy Circle, which we have described, which encompasses other components, as you all know, of other energies that make up your total field of experiences.

And thus it is that whatever the Soul then determines has been learned is then stored for the benefit of the total energy in this Energy Circle, and that is where the lessons need to be learned. Remember, we described this Energy Circle as having indentations as it goes from one grouping of energy to another within The Circle, and it is the learning of the lesson that the Soul determines has been completed that fills in those indentations. And once the Energy Circle is smooth, ta-dah! It is ready to return to The One, and it rolls itself right back into The One.

There is far more to this than just the Soul, you see. There is a higher power of Self controlling the total experience, for if you were to accept the premise of simply three vibrational fields working, sort of together, then it would be, rightly, as you questioned, what purpose then does the Soul have if it already knows the answer? Who is doing the learning? It is the total energy field, which is far greater than each of the components, the vibrational fields. Does that clear it for you?

I think it does. Does that mean that, the “we” that I am talking about here ~ being the individual ego, that we are just here to gather experiences for the whole Soul Community or The Energy-Field Community?

Well, we are all here to play. You know, we say this almost every session now. We are here to play. The coming out of The One is a decision made by an energy and that knowing that they are coming out of The One, that there will be the games, for this is the reason for coming out of the One, is to play. It is very boring in The One. The Universal Consciousness knows all ~ very boring. Think of how bored you would feel if you knew everything. What would you do?

Think about it.

You would have nothing to think about. You would know all. You would sit where you are and what would you do? You would ~ there would be no reason to do ~ to be ~ to do anything. You take ~ all the fun now is in the learning. You know, you can go back to The One any time you want.

⚙ **Oh, yeah? How do we do that?**

⚙ **Learn all your lessons.**

Pushing The Abort Button And Returning To The One Without Learning All Your Lessons (October 06, 1992)

No. You know, we have been on record as saying lessons must be learned, and you must do this, and you must do that, until you are finally through, and you return to The One. Well, yes, that is true. However, each of you also has the option of pushing the abort button, going back, saying, "Ah, I did not like this after all." Many entities do this.

How do you do it?

You simply do it. It is very easy to do, and no one is going to know ~ no one knows that you have either completed your lessons or simply said, "I do not like this after all," and you go back to The One. Nothing has ~ no damage occurs. It is ~ however, you see, the illusion of being out of The One that creates this idea that you must complete everything that you do before you can be let back in.

So, we are not out of The One at all.

No.

But the Soul has to push the button.

Ah, now, why would you think it is the Soul?

You said the Soul was in control.

The Soul is in control of components of the Energy Circle. Who do you think pushes the button?

Well, if the Conscious Self would do it, it would happen a lot. 😊

Ah. Not as often as you would think, my son.

I would think it is a team. All of them have to be in agreement. Because as long as one wants to stay, you cannot go.

That is most accurate, my love. It is most accurate.

Either all of them go, or none.

Cannot be one!

There would be a hole in the circle.

There would be a hole in the circle, and then everything would fall out.

Is that the purpose for airline crashes? An Energy Circle decides they are going to leave?

No. No, there is much more, related to mass departures. It is not part of this particular activity of pushing the button. Think of it ~ we will go to your question in a moment. Think of this button. Visualize this button. It is round, you see, round button.

And red. 😊

It could be any color you wanted it to be. Round button. Now, it is like a knob. Think of it this way. And here is the Energy Circle, it is a Circle, and the Energy Circle, with all of its indentations, gets together, has a conference, take a vote. They decide, fine, go back. They suction themselves onto the knob ~ the button. And they push it. Whoosh, they are gone. That is a visualization of how it happens, but it is the visualization of instantaneous dissolution of energy, for energy is an encasement. Anything out of The One is an encasement. And thus, The Universal Consciousness, put on alert ~ Energy Circle entering! Comes in. Gone. But, you see, it is very difficult to gain consensus within one's own Energy Circle, but it is possible, my loves. There is nothing that you, as an energy, do not control.

Now, your question.

Yeah, Waith. What I am struggling with is the fact that our conscious behavior is completely determined by the Soul.

Have difficulty in grasping because you cannot see it.

That is correct, yes. But I am still wondering why there are so many people struggling on their conscious level. Is it because their soul has nothing else to do than to continue struggling because it is boring? I always thought that the Soul itself would develop when the individual at the conscious level will struggle with different issues that the Soul at least will then ~

Yes. When the Soul has determined that an issue needs to be worked upon, it sends that information to the Higher Self, and then at that point it becomes ~ this is where the tricky part comes in, and that once the lesson has been learned at conscious level, it goes back to the Soul and the Soul says "Yippee" and sends it into the Energy Circle which then starts to strengthen, and then it is time for the other lesson. You see, when you come out of The One, all of the lessons that are to be learned are stored in the Soul, you see.

Okay, so there is a purpose behind why the Soul gives out certain lessons to the conscious.

Yes.

It is not just there is nothing else to do.

It is not random. It is not haphazard. It is all very planned by the Soul in conjunction with the total Energy Circle. Conscious Self is simply the playing out of a lesson. That is all. It is quite fun. Now, you know, you might say, "Well, Waith that is easy for you to say. You are up there in the clouds. You are not here on the earth plane." However, The Angelic Kingdom is a training ground, and the same concept applies to the Angelic Training Ground, and that the Angelic, while in a different dimension from you on the earth plane, also has in its own dimension a concrete, current consciousness, a Higher Self and a Soul.

So, you see, I now, in my coming through and speaking to you, am operating at the conscious level of the dimension of The Angelics. I am playing out that which my soul has determined needs to be learned. Part of the Angelic Training Ground is having access to high levels of information and being teachers to other training grounds. Nonetheless, the same concept applies, you see. Do you understand?

The lessons that we learn ~ is that what other teachers, or other sources, would call karma, to take a lesson and kind of work it through, or is that a totally different concept?

There are so many words on the earth plane that are used to describe the same issue or the same concept. Karma is a word that we choose not to use, for we simply do not like the way it sounds coming out of the mouth. We do not have to have a high spiritual reason for not using a word.☺

When An Energy Leaves The One, It Takes What They Determine Is Necessary To Play (October 06, 1992)

As souls or Energy Circles go back into The One ~ is therefore steadily growing and constantly expanding, or does the energy that leaves The One already contain all that?

When an energy leaves The One, it takes with it that which they determine is necessary to play, knowing, however, that the connection back to The One has never been broken, the thin thread as we have described it, and that whenever it is needed, the Energy Circle sends a telegram to The One and says, "More information needed than planned." And The One says, "For a price, we will send you that information!" ☺

Does the One grow? Or does it stay the same?

The One, as you are trying to ascribe it, is not physical. It is not encased. Only that which is encased has the capability of doing anything, growing or not growing or decreasing. The One simply is.

Discussion About Communication Aspects Of The Energy Circle ~ When And How That Occurs
(October 06, 1992)

You talked about the various aspects of the Energy Circle, communicating with each other in some form. When does that happen? Does that go on constantly, or only between lifetimes, or only between experiences, or during ~ if we were in contact during our dream state, for example. Or is that a constant thing?

Constant. Continuous. There is the master controller of the Energy Circle that tries to keep all the energies organized. You cannot get away from that word. The Universe is very ordered, very organized, and nothing occurs that does not follow order. And thus, the Energy Circles, while they have the capability, and indeed they do communicate continuously, there is order to that. And there is great control in each Energy Circle as to when certain activities occur ~ the dream state, for example.

When it is time for you to go into the sleep state, the Energy Circle is given that message, "Conscious Self going into sleep state." And thus, certain activities then open up, and information, whether it be through dreams or simply leaving the encasement to do other work in other dimensions, is all under the control of the Energy Circle. And then, when it is time to return into the conscious state, Energy Circle blows the whistle and calls you back in. "Recess is over. Time to get back to work." As you sit now in this gathering, each of you, your Energy Circle is at work getting ready for whatever next activity you will involve yourselves in at the conscious state.

How large is this Energy Circle?

Three by five, two by four. ☺ My love, Energy Circles take their own shape. There is no size as you would want to place a standard. For if there were a size, we would run out of room.

How Can We Understand Your Description Of The One, As It Simply Is?
(October 06, 1992)

You described The One as being that it is. Is the reason you describe it as that is because we are, as lay people, could not fathom the information that would describe it?

Well, you know, there is nothing to describe, for it simply exists, but existence is an illusion. Existence, in fact, is an encasement, and therefore, for us ~ and you are correct, you see ~ for us to give you a sense of The One, we do unfortunately need to give you a frame of reference. So, if we were to say that it simply is ~ "is" is an illusion.

So, it is nothing. ☺

NOTHING is an illusion. NOTHING implies that there is something.

But you have a clearer understanding of what you are understanding than we could. 😊 I hope so!

Yes. Yes.

So, as our vibration increases, we will have a better understanding of what the answer would be if it were real. 😊

That is correct. None of what is occurring now is occurring.

A Discussion Of The Game Of Lesson Learning (October 06, 1992)

You described that sometimes the Soul will arrange lessons that look like limitations or blockages for an individual. So, that means that from our point of view, we could not see when someone seems to be in a very limited state, like a coma, or they are born into a role of certain kinds of sense deprivation, or things that we look at as inability to learn, or they may be involved in a whole different set of lessons that are really just beyond ~

Oh, but of course. Everything is a lesson. There is no deprivation. That is not part of the scenario. It is only illusionary that you who would have ~ would think that someone who does not have what you have, is deprived and that, therefore, they should be felt sorry for, that somehow poor things came in and experienced certain situations. It is all ~ you each, in your many, many experiences, not only on the plane, earth plane, but on other training grounds, have gone through all of these ~ issues, or will. It is the game, you see. That is all.

But if the Soul knows all, why do they put us through all these lessons when they already know the outcome?

Who is they? 😊 It is you.

Okay. Why do we put ourselves ~ our soul ~ why does our soul put us ~

That is between you and your soul. For, you see, some entities choose a very different path and do not have what appears to be difficulties, because whatever the path has been is determined by the Soul. So, you decide yourself that you are going to have a miserable life. 😊

That is quite a game.

You have ~ you know, we say that in irreverence. There is no such thing as a miserable life from the perspective of learning and strengthening, for whatever you have decided, and you have that choice before coming onto the earth plane, as you are leaving The One, where you will go and what you will do. You have an unlimited Menu from which to choose, and you make those choices, and then you carry on. Your choices will differ from others. There will be similarities, so that misery loves company, like attracts like, opposites attract.

And thus, as we started out our conversation in this gathering, no external source has anything to do with what you do. You are who you are, unique, separate, yet one. And everything that every one of us do, in some way, impacts upon every other energy outside of The One. But we are separate in respect to development and growth. And, you make your own choices. And only you, only you, can solve whatever issue has been presented. We cannot cure you. We cannot heal you. We cannot learn your lesson for you. We are a source of information meant to guide you, to give you insights. But only you do what you are meant to do, based on your own plan of action.

A Discussion Of Interactions Between Conscious Self, Higher Self, And Soul (October 06, 1992)

I am sitting here at a conscious level and agree with you completely, and things do not change. Is that because my Higher Self and Soul have not decided that we are just going to go along with that?

Could be.

Does my Conscious Self have the ability to make changes in my Higher Self and my Soul to go in that direction?

Remember what we said earlier, that the Higher Self connects with the Conscious Self and that the Higher Self connects with the Soul. The Conscious Self and the Soul do not have the connection directly. So, the answer to your question is yes.

If I can straighten out my Higher Self, I will be all set.

Not necessarily. Do not forget the Soul. For to straighten out, as you say, the Higher Self, only straightens out one component, and the balancing between Higher Self and Conscious Self may be achieved, but the balance between Higher Self and Soul may not have been.

So, we can anticipate taking more time to do this.

You can take as much time as you need, for you are in control, not us. And there is no time, only what is perceived as one point to the next in the illusion on the plane. Thus, you make your own time frames within Self.

We are ready now to depart, and look forward to being with many of you in the next gathering where we can truly have a play time, for we have our own little things planned. Limeria? (Stupid Questions Session October 11, 1992) Limeria has things planned that she thinks we do not know about. ☺ It is a time of gathering for joyful Lightheartedness and play, for we enter a new phase on the training ground of the plane in which we will be giving you Lightheartedness and ways in which to play, ways in which to reconcile Self and to become more comfortable with Conscious Self and to have fun with Self and to play with Self.

Soul Memories And The Way In Which The Soul Memories Contribute To The Current Life (November 16, 1993)

Our topic for this evening ~ we will discuss soul memories and the way in which the Soul memories contribute to that which is the life currently being manifested by each of you. We have given information in the past that related to the connection between the Soul, the Higher Self and the Conscious Self, and that it is the Higher Self that is the connector between the Soul and the Conscious Self, and that if there is an inability to reach the Higher Self at Conscious Self level, through meditation, that accessing the Soul memories then becomes rather difficult, if not impossible, and that the reason that we emphasize the importance of meditation is for the gaining of access to your own Higher Self to find your own answers.

The Higher Self is the key, if you will, to the door of the Soul, and the Higher Self and the Soul work in conjunction with each other. It is your Higher Self and your soul that is at work here, not some external Higher Self and soul, and that your conscious level, where the issues that you have taken on for the earth plane manifest themselves, can indeed rebel against Higher Self, and to not take the responsibility of your own behavior, but rather to blame an external source for that which apparently is not going as you want it to go, or a lacking of understanding of Self.

It is someone else's fault, when in actuality, my loved ones, it is your responsibility to gain access to your own information. No one else can do that for you. We can certainly give you guidance and techniques in how to reach your Higher Self and therefore to open the door to your soul, but we are not able to do this for you. You and you alone can do this for yourself.

Now. The issues of the ego come into play very strongly in these situations, where Conscious Self is indicating that it is in complete control. What will happen is a result of what Conscious Self says will happen. Now, most of you in this gathering have had experiences in which The Universe has immediately indicated to you that it was in control and not Conscious Self, and that The Universe ~ The Universal Consciousness ~ was actually working in harmony with the Soul.

Your soul is the one in control, and it works in harmony with The Universal Consciousness. There is complete harmony between the Soul and The Universal Consciousness. Where the disharmony begins to occur is when the Higher Self is not allowed to do its job, if you will, and that is to open the door to the Soul, and that occurs because of the Conscious Self, be it Conscious Self on the earth plane training ground, or Conscious Self on any of the other training grounds that you would find yourselves manifesting.

Now. What do you do when you find yourselves in conflict with Self, for this is what happens. Any conflict that you feel in your life on the plane is a result of disharmony between Conscious Self and Higher Self, and that there are then the necessary steps to be taken to become harmonious with the Higher Self.

Regarding Soul Memories, Are We Able Access To Lifetimes Spent In Other Kingdoms? (November 16, 1993)

If it is deemed necessary and appropriate for what you have taken on in this incarnation, it would be most accessible. There are many on the plane who, for very specific reasons, have a sense of the time that has been spent in some of the other kingdoms. At the same time, there is also a sense of time to be spent in other kingdoms, for soul memories encompass all of the experiences of each of us.

The Soul is very careful of releasing information that could be detrimental to the path. And on occasion, there can be those situations of abuse, and this goes into an entirely different discussion, which we will not elaborate upon at this time, but those of you who are developing your abilities to heal and to serve as tools for those who seek your assistance in healing, can indeed, through the powers developed, access the soul of another, and very, very critical lessons are learned as a result of that.

A question About The Doctrine Of Predestination Versus That Of Free Will (February 01, 1994)

Much of this sounds like the doctrine of predestination, but where does the concept of free will come in?

Well, you know, this philosophy of predestination has been diluted over much time, for it is now believed, this word predestination, first of all, to be negative, and secondly, that it implies that each energy does not have any will, has no control, that some other higher force is controlling it. And you must understand that at its essence, the purity of this concept states that all entities have control over their own destiny, but that that control is dictated by the Soul. And where the dilution has occurred over time is that we now bring it onto the earth plane perspective ~ earth plane where ego reigns supreme for so many ~ and if the ego does not think it is in control and that the Conscious Self feels that it is not in control, it cries fowl, for the Soul is always in control. It is the Soul that determines the destiny of the concrete experiences.

And so, yes, predestination of you at the concrete level is very much a reality. Predestination of the Soul, however, is not. The Soul, in conjunction with The Universal Consciousness, which means ultimately in conjunction with every other energy, determines what will occur, and indeed, determines what will occur in particular scenarios on the earth plane or in any of the other training grounds. So that at concrete level, as we have indicated so many times, concrete Conscious Self is not in control, my dear ones. But nothing outside of you is in control.

Just because concrete is not in control does not mean that you have given over control to some external source, for indeed, concrete would want to. And this is the ultimate battle between the Higher Self and the Soul, that concrete wants to blame something else outside of itself, and soul, each of your souls, has the higher wisdom and knows that responsibility must be within the entity, and that there is nothing external to the Soul. It is quite clear.

And it is, however, the reason why you come onto the earth plane. As we say, the Soul is the direct connector to The Universal Consciousness, and it is very boring if everything is going as it is in harmony. One must get out of balance in order to have fun and have something to do, and that is why you are here. You have chosen to come onto the earth plane to experience imbalance, to experience the joys of thinking that you are in control when you are not and then getting very upset because you are not in control and then blaming something outside of Self. It is part of it. You see?

Predisposition Versus What Happens When You Enter Into Your Incarnation (April 19, 1994)

Is it predisposed that if I were to lay of hands on someone who did not want that, because it was part of their lesson that they had wanted to come to the earth plane to live through ~ I am getting the feeling that this is all predisposed, that this is all decided before we come here.

The scenarios are planned out before entry on the plane. However, once you hit the plane, it all can change, for what looks good in the planning stage does not necessarily happen in reality. And this is what happens, you see. You plan that you will travel along a particular path, and you plan it usually in your own little bubble where you are planning your own life, and then you may bring in some other few entities who will play major roles in your path. But you cannot, and are not, actually, privy to the paths of all the other entities with whom you will come in contact with. And so, you simply plan out your basic action that you are going to take, and then, as you travel along your path ~ and this is where the true growth comes ~ you will come upon entities who have their own path that are coming in contact with your path, and they with you, unexpectedly. And then you are tested. Each of you are tested for what you have come in to learn.

You think you are so smart planning it all ahead of time and thinking that you will have all the answers when you meet up with a particular entity, because you have predetermined it. If that

were the case of being predetermined, there would be no need to do it, for the fun would be gone, you see ~ Playtime on the Earth Plane, as we so much like to refer to it. So, it is not predetermined, the behaviors, and indeed the outcomes, for even if the scenario is planned ahead of time, each entity has the ability to change the scenario once they have come onto the plane. You can be on the plane for several years and say, "This is not what I want to do. I want to change this," and you can. It is as easy as that. You plan your own playground and then you wait to see who is going to show up on your playground.

Main Topic Of This Session ~ Soul Memories (May 17, 1994)

In our session with you now we plan to discuss soul memories, and we would have any of your questions regarding soul memories that you would pose to us. The entire topic of soul memories is very, very extensive, and there is much information, and there is much complexity, and yet there is much simplicity. And we have only begun in our time with all of you to discuss the topic of soul memories.

And it is a topic that we plan to devote much further discussion, and to narrow down the discussions in various sessions with you to help you to understand the significance of soul memories and the importance of soul memories in your own growth and in the understanding of your own path. And it will be one of those topics in which we will allow certain types of specific questions to be asked that could almost border on personal, ALMOST. Now. But that time that we will spend in those discussions is a bit away from this particular session, and we would look for some rather general questions from you in this gathering so that we can place certain topics and issues on the record for further discussion.

What Is The Main Goal, Or Common Thread, Throughout Our Incarnations? (May 17, 1994)

When we first decided to incarnate on Planet Earth, was our reason for doing that our issue, our purpose, our goal, throughout all of our incarnations?

Ah, very good question. Of course. The reason for coming onto the earth plane, and your path on the earth plane have nothing to do with each other. The reason that you come onto the earth plane is for accelerated growth. It is to help you to learn your lessons that you have taken on outside of The One on a training ground that is very difficult, as you all know, and very accelerated in its abilities to present opportunities for growth. When you come onto the earth plane you have a very specific objective. You have this Menu of options, shall we say, from which you choose, from The Universal Consciousness, that you take onto the earth plane for lessons to be learned. They work, these objectives, in harmony with your overall reason for coming out of The One, you see.

Coming out of The One simply is an activity based out of boredom, as we have indicated that before. Coming out of The One is something to do. But once that behavior has occurred, there then becomes this general goal that you have of what to do now that you are outside of The One. And going onto the various training grounds, you know, is part of what you do. And thus, many entities may choose never to come onto the earth plane and have incarnations on the earth plane. They feel it is not part of what they want to do. Other entities, such as yourselves gathered here, obviously are on the earth plane, though we may question the dimension in which you find yourself on the earth plane at times. And thus, the goal of activity in your pattern of reincarnation, as it is referred to, takes on a very specific direction.

The direction on the earth plane changes from lifetime to lifetime based on what you have actually done in a lifetime. There is the overall plan, and then there is the revision. Once you have worked the plan, as it is used in the vernacular on the plane ~ you have lived your life ~ it is then subject to modification, this general plan that you have. So, you are not locked into something because of an objective that you set at the beginning of your incarnations. We would, however, affirm that all of your incarnations have a thread of commonality. Each of you, in all of your incarnations, when viewed out in the scheme of your own life, as you put your puzzle together, would see each lifetime filling in a positioning in your own puzzle. And thus, all is connected, you see.

I realize there are lots of little things ~ that do not seem so little at times ~ to be worked out, but I was looking to see if there was a main common thread.

Indeed. And the reason for soul memories is to help in the smoothing out of that common thread. You know, if you were to be able to gain access to all of the information in your soul in this dimension in which you find yourself, you would short circuit. There is far too much information. It would be overload, as you call it. And yet, for the lifetime that you live now, the information that you need from the Soul comes as you need it. And as a situation presents itself, as an opportunity is apparent for the working through of an issue, you will suddenly be enlightened, as you would say on the plane. You would suddenly realize what to do, or how to do it, or with whom you were to do what you do. And the knowledge is coming from the Soul.

It comes whether you meditate on it or not. Meditation simply allows you to consciously know you are receiving your answers. There are many who receive their answers without going through meditation formally. They simply receive the information and they act upon it. Many do not even acknowledge that they receive higher source information. They simply trust in their own abilities to be able to respond appropriately to situations. But it is the Soul always providing that common element. What you need to know for this lifetime is what you will be given for information. And if it means knowing about specific past lifetimes, you will be given that information also.

To simply say, "Tell me, Waith, of past lifetimes," is not our purpose, is not our function, and indeed is an imposition, for we would open the book and flip through the pages and say, "Give me a lifetime, any lifetime," and I will tell you of it, not necessarily in a responsible way. If

someone gives you information about a lifetime that you have had in a way that is not responsible, simply because they want to use their powers to show off, then that could damage that which you are trying to accomplish in this lifetime. But of course, ultimately, it was meant for you to have that information ~ to be damaged, you see. All works in harmony, even that which appears not to.

So, be cautious within your own questionings of the information that you receive from the Soul. And do not be angry with Self if the information that you receive is not what you thought it should be, for the Soul, remember, is the ultimate controller of the energy of each Self. And the Soul is controlled by The Universal Consciousness, and The Universal Consciousness is controlled by all. So, all is in control.

You have many, many interesting past lives, but so do all of you. You each have the memories that come from the Soul that guide you. And your lifetimes have brought you to where you are now. It is not a random life that you live. It is very specific in its flow and the purpose of its path, even though it may not appear to be so. Remember that nothing is random. It is all planned and organized.

Each Helps Each Other In Informal Ways ~ Guides Help In Formal Ways (May 17, 1994)

Lately, I am aware of being nudged by guides or angels, presumably with an overall plan, working perhaps in conjunction with me. Am I getting the picture of what's happening?

As we have said so often, no energy is in this alone. We are all in this adventure together. We all are at one time helpers, and at another time helping, and being helped, and working simultaneous, helping those who help us. And that the entire system of guides revolves around the very concept of helping in a very particular way. Each of you help each other in informal ways. Guides help in formal ways.

Entities are trained to be guides for very specific kinds of service, as are The Angelics. And, part of the training involves the ability to connect with the Soul of an entity, for oftentimes, the Soul is unable to get through the blockages of the Higher Self. We have talked of this behavior. And when that occurs, it is an opportunity for the guides and The Angelics to attempt to nudge, as you would say, the entity, for there is a different vibrational field that a guide works with that is different from the Higher Self vibrational field. And yes, each of you have guides, and each of you have at least one Angelic Protector, and they work in harmony with your soul. As the information that is needed is presented to each of you, it is presented directly from the Soul or through other sources.

And it is a physical entity, this guide who is with you now ~ and you have two who are with you currently, my son, as you sit listening to us, who were responsible for this nudging. Now

they have learned ~ they have passed an exam themselves, you see ~ that they were able to get you to come to an arena in which information that you need to have is being presented.

And it is not a negative to say, "Oh, the Soul is not able to get the information through," but rather, to view it as a positive, that you are now working in harmony with all of your levels. You have acknowledged that there is some other entity working with you and that you have friends. It is not just the Higher Self and the Soul that you have to work with, but many others, who sit one on each shoulder now. Their energies are there. One is from the Angelic, not your Angelic Protector, but simply from The Angelics. All of your guides come with you. Many who would connect with their guides would say, "They are with me all the time. We cannot get rid of them sometimes." And that nudging that you describe can sometimes be a bit annoying, can it not? "Leave me alone" you might say.

But also, remember that in other dimensions that are different from the one you are in now, you also serve as a nudging, and you may be getting that same response. If you play with flowers that are growing, and you play too much with them, they may begin to send off a vibration that says "Leave me alone." You see, the ruffling of the energies. And yet, you know that you must help them and fluff them. This is all that is occurring, and it is in harmony with the Soul.

Is It Only On The Earth Plane That One Has The Soul Memories From Their Experiences?

(May 17, 1994)

Oh, no. Oh, there would be no fun in it then. No. From training ground to training ground you take your accumulated memories. And understand that when you are on the earth plane, if in a particular lifetime you need information that is relevant to what you are doing in that lifetime that comes from another training ground, it will be given to you. Those of you who particularly are fond of chocolate may remember The Candy Planet. ☺ The training ground.

You also will carry with you the memories from the other kingdoms. Some of you, for example, have already done The Animal Kingdom on the earth plane. You carry that memory. Some of you may have been in other types of kingdoms, such as the Air, any of the Elements, The Mineral Kingdom, you carry that with you. One of the training grounds that we have talked of is Water Training Ground. That is very distinctively different from the earth plane. There is The Underground Community, as we have called it, those entities who live in another density. That is another training ground. If you have been in that training ground, you will remember, if it is appropriate for what you learn now. And remember, that that is the operative wording that we give to you ~ IF IT IS APPROPRIATE.

Be not concerned of that which has happened, or that which is about to happen, but rather, be concerned with what you learn now, and trust in Self that you will be given the information that you need to carry on and walk your path. Whether it comes from another lifetime spent on the earth plane or another training ground or another kingdom, when you need the information, it will come through to you.

You know, it is a phenomenon that many attribute to spurts in adrenaline. An entity is walking along and suddenly is attacked by another, and they are able to defend themselves, and they look back, and all around, look and say, "How could that have been? You do not have those abilities." And yet, they were there when needed, to return back into the Soul memories when not needed, for if you carried everything that you know, you would not be able to move.

You see, you each have incredible soul memories. You cannot possibly have access simultaneously to all of that information. It is selective. It is also protective. You protect Self from being overwhelmed by information that is not necessary, yet you know that it is there for accessing ~ much like the computers that you now have in your primitive technology. It is there stored, ready when needed. Many different, what you call programs ~ software? Yes? You could take these little discs and put them in and take them out. Well, these are your training grounds. This is the equivalent to your training grounds. You can take it all stored on a disc, and put it into the main memory banks and access it, take it out, and it is stored away as you need it. And you have, each of you, the power to access your own memories. It is simply whether or not you have the desire to do so. That is all that is ~ in that experience, you see.

**If Our Soul Memories Do Not Forget, Then What Is Actually Happening When We Forget?
(May 17, 1994)**

Understand that to forget at a conscious level is different than forgetting at a higher level. The Soul never forgets. However, when you are dealing with the levels of awareness that you each have, forgetting may be necessary so that, as we have just discussed, you are not overwhelmed by superfluous information, or it may be a test in that you are being given an opportunity to work through an issue, and forgetting it is a way of blocking the issue. And thus, your soul allows you to forget so as to create a blockage that gives you an opportunity to step back and perhaps catch your breath in the learning of the lesson.

Forgetting is also something that guides and Angelic Protectors are allowed to sort of filter through as an energy to soothe you and help you to heal. Oftentimes, the journey in a particular lifetime can become so difficult that remembering may cause you to short circuit your own path. And the guides and The Angelic Protectors are allowed to intervene to project this illusion of forgetting so that you are able to have a process of healing and soothing of Self. However, nothing is truly forgotten. And while you may forget at the conscious level ~ and it may last an entire lifetime ~ it is not forgotten, and you must eventually deal with whatever it is that you have forgotten.

What multidimensional aspects have anything to do with bringing these memories to us?

The issue of multidimensional existence and soul memories brings in a very, very interesting discussion that we will be pursuing as time goes on. We must, as we have indicated in a few sessions past, lay the groundwork for certain information relating to interdimensional existence.

And when we have laid that groundwork, we will then fill in the crevices, shall we say, of the interaction of the Soul memories interdimensionally. We will revisit your question at another time.

**The Path You Walk On The Earth Plane Training Ground, Spiritually And Concretely
(September 20, 1994)**

We in this session with you all would discuss an issue that is near and dear to all of you, and that is your own spiritual path. The walking of your own path, while discussed in an abstract way and a spiritual way, seems very easy, until it is time to actually walk on the earth plane as the training ground, and the concreteness of your path becomes apparent. It is very easy in your meditations when you are in the abstract of your own path, to understand the total picture, if you will, and to have the sense of what it is you must do.

When it actually comes to doing what you know you must be doing, it can be difficult. For example, if you are here to learn greater strength in the issue of patience, from an abstract, you would say, "Yes, that is very easy." And "Yes, Universe, present to me opportunities to test my patience." And then, The Universe, being the good little Universe that it is, does just that and presents you with an opportunity perhaps in a work environment where another person is working with you, and this other person has irritating habits.

Therein lies the test at the concrete for you to work on your patience. And coupled with other vibrational flows that would go with the interaction of that particular person with the irritating habits to you, would then present an emotional response rather than a response that would come out of your meditative state where you are so abstract about it, and you are loving all who would come to you. But here it is right in front of you. And you say then, "I am not responding in a very spiritual way. There must be something wrong with me, for this person's irritating habits try my patience." Well, my loved ones, that is exactly the point. You have asked to be tested and given opportunities to work on patience. So, when you are presented with them, it means that you must work on them.

And thus, if you are irritated, then you are indeed learning your lesson, for as you realize the irritation and the lack of patience, you begin to work through it. You take your spiritual abstraction through meditation and synthesize it with your concrete earth plane behavior. And each time that you are in the presence of this individual, you can begin to view that behavior, yours and the individual, as part of your spiritual walking. If you had completed the lesson, there would be no walk. You would simply stand and be in balance ~ in complete balance. The spiritual walk means that you are learning.

And thus, we would say to you, do not become irritated with yourself if you find that these lessons you have asked for are more than you think you can handle, for they are not more than you can handle. They are exactly what you are able to deal with. No more, no less. And therefore, if you find yourself being what you would consider a bit unspiritual, so what? So what.

So many of you are so very hard on yourselves and your perceptions of what you think is "spiritual," quote unquote. And the thinking then of your spiritual path becomes muddied, for you become mired in what you perceive to be your inappropriate behavior upon that which was presented to you as an opportunity to learn. And if the opportunity to learn then goes away, and you feel you have not learned what you needed to learn, guess what? It comes back again, in another way, but it does come back again.

You have various concerns, we know, in this gathering of your own spiritual path. We would find it appropriate to hear a particular concern from any number of you in which we would then give a technique that you could use that would help you in the smoothing out of your path. You will find that most of the concerns center around some very basic issues. And thus, when we give an appropriate technique, it is something that could be used by any number of entities, any of you certainly who are gathered here, and any who would hear or read of this in the future. So, let us then place on the record, if you will, a particular issue that you feel you need to have some type of smoothing technique, and we will discuss it as it is presented.

How Are We Supposed To Figure Out What Our Individual Purpose Is On This Plane? (October 04, 1994)

We could give you a rather flip answer to that, but we will respond to it in the seriousness in which you have presented it, for it seems to be the main question that so many would ask. "Why am I here? What is my reason for being here?" Oftentimes, you do not need to know what your reason for being here is. And we do not say that in a cavalier manner, but it is simply that you come in, and you do whatever it is that you do, and there is not a seeking of higher purpose, and that is part of the lesson to be learned. And when you return back into the contemplative state where you review your life, then you understand at that point.

There are other lives, however, in which there is a very conscious awareness of a spiritual path, and a very deep need to know what the purpose is for being in the life. When you have that flickering within you that says within Self, "I need to know very much what my purpose is," that is a trigger within the Soul that is infusing into all the levels of Self to begin the search within.

Nothing external to you can give you that information. It must come from within through meditation, or whatever other form of communication you find yourself able to conduct with your Higher Self, your Angelic Protector, your guides, all those who surround you to help you. There can be guidance given from external sources, such as ourself, who can perhaps lead you to the point, to give you guidance to reach the point where you would then find your answer.

We can, if given permission by the Soul at a higher level, give you your purpose. However, it is only if we are given permission to give you that information, and then it is in a restricted manner, for each of you finds your own sense of purpose from within. And when you feel

strongly about that sense of purpose, you then act upon it and nothing else will deter you. Until you feel that strong sense, then you will be searching. And once you feel the strong sense of purpose, you will find yourself positioned in a grouping or in an arena of other entities who will share this with you.

Finding your purpose can be, for some, a lifetime journey. When they finally find their purpose, it is time to leave the earth plane, but that they take that purpose with them that they have discovered and bring it into the next lifetime. You may know entities who seem to have a sense of their purpose from the moment they came in. You have met young entities on the plane who seem very independent, very sure of what they are to do at a very early age. Or as they have matured on the plane, and they reach what you call the teenage years, there is a strong sense, and they follow that. That did not just happen. It was not just luck. It was something that was worked upon in another lifetime, searching and searching and searching. Many lifetimes can be spent in the search.

And after you have spent many lifetimes in searching, you finally reach a point in a particular series of lessons that you have determined need to be focused on for learning. You come into the next lifetime with a clear sense of purpose that has come from many lifetimes of travel. And once you get into this mode of finding your purpose, then it becomes easier. And so, let us say, for example, you have a lifetime now where you have your purpose. You know what you are here to do. And you do it. And you leave the life and evaluate it afterward and see that you have done what you planned to do. It is time then to find a new purpose, for there is a new series of lessons, or even one lesson. And you may find then that going into the next lifetime, it is easier to recognize your purpose concretely for you have done it before. You have learned how to do it before.

And it is all in the experience of the seeking that makes the seeking easier as you seek more and more. The more that you seek, and the more that you learn, the easier it becomes to recognize the higher levels of understanding, and of course to recognize that there is so much that you do not know, and to not be afraid of that that you do not know so much, and that you do not know what it is you do not know. It is all right to not know, for you will eventually find that knowledge as you are ready to find that knowledge, and not one nanosecond sooner, as you would say in your technology.

Do We Have Any Responsibilities Toward Others In Our Awarenesses?

(October 04, 1994)

The answer to that is YES and NO. You have, first and foremost, responsibility to Self and taking responsibility for Self, but you also have complete responsibility for the implications upon others that your behavior would bring. And therefore, you do have responsibility to others, for everything that all entities do affects every other entity in some way or another. Mostly, you do not see it. You do not feel it at the concrete level, at this conscious level, but in the higher realms, the reverberation of the entire force that exists is felt. And every action, every behavior, every

thought that each of you gives is felt by the others in some subtle way, maybe not at the concrete but assuredly at the higher levels. So, yes, responsibility for Self, first and foremost. When you take that responsibility for Self, and the higher that responsibility for Self is, the greater your sense of responsibility to others, you will not act irresponsibly. And, again, that is defined within Self. And that is a topic for another time. There is much to say on that particular topic.

**Topic Of Discussion ~ The Point Of Entry ~ Your Reference Of Origin Of Growth
(November 15, 1994)**

In this session with you we will be addressing a topic that we introduced in a very brief moment several sessions ago. It relates to the point of entry, your reference of origin for growth. It is information that is meant to give you a greater understanding of your first time onto the earth plane and its relationship to your total path outside of The Universal Consciousness. And to give you, also, a frame of reference for your own growth. Each of you has your own frame of reference for growth that comes from the origin of Self as a result of your point of entry.

**Technique To Enable You To Understand Your Own Path Of Growth, Your Thread Of Behavior
~ Followed By Questions And Responses To This Technique
(November 15, 1994)**

We are prepared to give you a meditative technique that, for many who would have this technique available to them, would find it beneficial in reaching their own origin, to understand the thread of their energy, and therefore, to enable them to understand their own path of growth. This is not a quick and easy type of technique, and for many of you it would mean trying over and over again to have it work. And for others, it would simply work immediately. But it is one way in which you could make connection to the Higher Self and the request of the Soul to reveal that origin.

You would, of course, focus as you do ordinarily in your meditations and bring yourself into the state of feeling, as best as we could describe it, FUZZY. You know that feeling that you have as you are relaxed and you feel a lightheadedness perhaps, and you feel a tingling in your encasement as you allow all of your energy to relax and then focus itself. As you begin to feel this, you would then focus a ball of energy that moves from that which you call the Solar Plexus, and you would move that ball of energy up through the Energy Centers. Allow it to remain a bit of time in the Heart Energy Center. And allow that to fill that Energy Center. This is a White Ball of Light.

After you have felt the Heart Center mingling with the energy of this Ball of White Light, move that energy ball up, further up, bringing it up completely into that which you call the Crown Energy Center. Allow that ball of energy, that White Ball of Energy, to cloak your Crown Center. Let it drape over. Feel it all over your encasement, falling gently and softly around you so that you are complete cloaked now.

As you are cloaking your Energy Center, you are calling upon your Angelic Protector to guide you in talking with your Higher Self. So, at a concrete level, you see, you are directly communicating with your Angelic Protector. You then say, quite simply, "Angelic Protector, bring me to my point of origin, please." And then simply allow time to pass, and be relaxed. And then you would gently imagine knocking on the door to the Higher Self, and envisioning, then, the door opening. Knowing that you are cloaked and safe, you take Self and enter into the Higher Self and close the door behind you. Settle into your Higher Self. Do not rush this process.

Your Angelic Protector is with you now. You now will say to Higher Self, "We wish knowledge of the point of entry that determines our reference of origin for growth." Then envision the door to the Soul opening, and envision then walking into the Soul. Close the door behind you. Settle into the Soul, and wait for the answer. Do not badger the Soul. It is not a good thing to do that. Be patient with the Soul. The Soul may not answer you the first time, the second time, the one hundredth time, but what you do is bring yourself into the environment of your own soul. This is a technique that will bring you into your own energy, your own soul energy.

And after you have sat quietly in the Soul, and feel that you will not receive the answer this visit, then simply thank the Soul for allowing you to visit and to be in its vibration. Open the door and return into the Higher Self. Close the door to the Soul. Be certain that you close each time, for you are closing your own energy. Stay a bit in the Higher Self. Chit chat. Do not make the Higher Self feel that you used it to get to the Soul. When you are ready to leave the Higher Self, open the door, move out of the door entry, and close the door. And then, slowly bring yourself back down through your Energy Centers. And when you return into the Heart Center, you would stay a while, as you did the first time when you were moving up. As you move down, you are feeling the energy of the Heart Center of Self.

Bring yourself, then, slowly down to the Solar Plexus area. At this point in your energy field, you will envision taking the cloak that is still around you and bringing it into the Solar Plexus. As you bring it into the Solar Plexus, envision this cloak bringing in all of this energy of protection. It surrounds all of that area of the Solar Plexus. It closes the Solar Plexus, and therefore, protects your entire energy. Then slowly return into the dimension of the concrete earth plane that you all exist in.

When you do this, give yourself plenty of time. This is not a technique that you would do when you have a few extra minutes, or as you are rushing to go to some earth plane activity such as employment, or whatever. It is when you have the time without restriction, for you know not which visit to the Soul will give you the answer. When you have your answer, you will also then have your direction. It is a package deal. And you will then have achieved the ability to connect quickly with the Soul, using the Higher Self, of course, as the filter. There is an order to the way in which you reach your own soul. You cannot go from this concrete dimension directly into the Soul. You must go through the passageways. It is protection that Self has set up. But it will be easily achieved and you will find harmony within Self.

It does not mean that the implementation of your lessons in the concrete will be less difficult. It will mean that you will have a greater understanding of its importance in your own growth, for you will have the understanding of the point of origin and its effect upon your thread of behavior. That will give you insight into your own ways of responding to situations that present themselves to you. We are prepared to answer questions now relating to this topic.

Why might the Soul make us do this procedure several times before we got an answer?

For lessons to be learned, my son. It may not be the appropriate time, as determined by the Soul, for the concrete version of Self to have the information. However, to be able to enter into the Soul's domain is an accomplishment in itself. You may not enter into that domain the first few times that you try this technique. The door may not open. You may get into the Higher Self, but it is the Higher Self that has the key to the door to the Soul. It could take, indeed, hundreds of attempts to get into the Soul. That is a lesson in itself, the learning of understanding of Self and not taking Self for granted, and all of that.

Once you allow yourself to go into Self, then it still may be appropriate from the Soul's perspective that you simply sit in the environment of the Soul and have an understanding of Self, simply by being quiet within Self, and to appreciate your soul, and to appreciate that you have been able to gain entry into your own soul. It is one of the most difficult activities of an entity who is on the earth plane training ground ~ to be able to connect with Higher Self, not to mention the Soul. And thus, be also a time of rest and relaxation and feeling comfortable with your soul. And when the Soul determines that you are, at concrete level, ready then to take on the knowledge, then it will be given to you. Understand, of course, that this is all Self that is determining this. It is not an external source that is controlling this process. It is completely Self-controlled.

Is it possible that the Soul would determine that at no point in this particular lifetime should you have that information?

That is correct, my son. You may find that this particular incarnation you are not meant to have that information. Some may spend a lifetime searching for that information. That in itself is part of the path, the searching for the information of Self. When it is time for that information to be in your concrete energy in this dimension, then you will have it. To have it sooner than you are ready, of course, is not the way that The Universe operates. And thus, to have knowledge before you are able to use it appropriately, and to apply it appropriately, would deflect the lessons that you are attempting to learn, for with knowledge, there must eventually come wisdom. And understand that your soul has the wisdom and the knowledge in balance.

The concrete version of Self, all of you here, is working on developing the balance of wisdom and knowledge. Many of you still are completely bound in knowledge only and not able to bring it into the higher levels of understanding, which is wisdom. And that is where your soul maintains that control in helping to bring the wisdom that comes eventually from knowledge.

When you are asking for this point of origin, what exactly are you looking for? Where this happened? I mean, the name of the place? And the time of the year? And the exact time?

No. You would not be looking for anything as concrete as that. Your point of entry, your origin, is an energy perspective, a configuration of energy, not a configuration of time and place, as is concrete. So that what you are asking for then is quite abstract and is an indication of your thread of behavior. You will not be going into soul and being told that, "On January 23, 1942, at 2:15 a.m., you entered in, in some illusion many, many, many illusions ago, and that that is your point of origin." It would have no reference for you to utilize in this illusion. You would not be able to understand. It would have no meaning, you see, for time on the earth plane only has meaning as it is used in reference to other earth plane time that you can use within this illusion. Time existed in The Atlantean Illusion. However, no one in this illusion, currently, on the plane has a frame of reference adequate enough to refer back to time as it was measured in The Atlantean Illusion.

What you look for then in your search for your point of origin is your behavior, your thread of behavior. When you are given that information, you will understand its meaning. When it is time for you to have that information, it is also then time that you will understand it.

When you say thread of behavior, what does that sound like? Could you give an example?

Well, we gave you an example using Mushiba as a thread of behavior, the sense of order. You see, that is a concrete example.

So, we would get that answer rather than such and such a month that represents that answer.

That is correct, my love. You would not be looking for the name of an astrological configuration as you know it now on the earth plane, for from illusion to illusion those definitions and frames of reference for astrological configurations change. They are appropriate to the particular illusion, and therefore, contain the information that is understood by those living in the illusion.

The names that were given to those astrological configurations during The Atlantean Illusion, for example, were quite different. They, however, did describe the same types of behaviors. So, the description of behaviors remains fairly constant from illusion to illusion, but it is the naming and the definitions of these configurations that change from illusion to illusion. That is why when you are discussing your own origins that you move into the abstract rather than the concrete, for the concrete changes from illusion to illusion, and indeed, from day to day in the illusion. The abstract has a more constant approach in its understanding.

**It Takes At Least Ten Lifetimes To Get Acclimated On The Earth Plane
(April 04, 1995)**

It takes at least ten lifetimes to get acclimated on the earth plane. You have all met entities who are new on the earth plane. They are easily recognizable, without your even realizing it. You recognize it at a higher level. There is, in many cases, a tendency to want to help that entity acclimate, for the Soul memory is there of what it was like when you acclimated onto the earth plane. Those of you who are in your final lives, whether this one you are currently in is your final one, or one of the final few ~ as you reach that point in your sojourn on the earth plane, you become even more needful of helping those who have just come onto the plane. That is simply what happens. You have the understanding of the difference, what it means to be serious and lighthearted at the same time.

How Do We Determine An Appropriate Way To Be Compensated For Our Basic Needs So We Can Be Of Service?

(October 03, 1995)

You talked about using these interdimensional communications skills to serve in a selfless way. On this concrete earth, we also need shelter and food. How do we determine an appropriate way to be compensated, just so we can have the necessities we need in the physical sense for this sharing and teaching that we do?

It is not for you to determine, even though you would attempt to. It is for The Universe to determine in conjunction with your soul. It is, however, one of the most common problems that many in this concrete illusion find themselves struggling with, for they feel that they want to Be of Service but they are not being paid. and therefore, they cannot have their basic needs provided for.

Trusting In The Soul And The Universe To Provide What You Need, Not What You Want

(October 03, 1995)

The issue relates to the trusting in the Soul and The Universal Consciousness to provide to you what you actually need and not what you think you need. You will receive what you need. It may not be, however, a luxurious place in which to live, or a luxurious car. It may not even be a car. It may not even be a place to live. It may be a shelter. However, you must not be the one who determines the rules. "I will Be of Service to The Universe as long as you, Universe, give me this kind of car and this kind of house, and I want to have all the food that I absolutely have to have according to my standards."

Once you say to The Universe, "I will be selfless under the following conditions," The Universe will say, "Well, why should we bother? This entity is not going to pay attention ~ does not trust in Self." For it is the trusting in Self that says, "I have gained skills. I have worked hard to gain these skills. I know now that I must give back. I will do what is asked of me." Period.

Trust in it from that point on. It is the most difficult movement that many entities find. It is a very common problem. "I want to trust in The Universe, but I need to eat, and I need to have a place to live, and I need to be able to travel back and forth because, after all, if I do not have these things, I cannot Be of Service." And, The Cycle begins. You must break that cycle. That is the difficulty, my son, and that is where you must come to resolution within your own awareness levels ~ to trust. You will receive what you need. It just may not be what you want.

Are you saying it is wrong to want to have nice things that cost money?

We have not said that. See how easy it is to misinterpret within the same paragraph in the story line. No, we have not said that.

I did not say you said it. I am just trying to clarify it.

*You must be most careful. You must be most careful. We have not said the word *WRONG* in our words here. What you think you need and what you actually need may be different. It may be that you need to have expensive cars and expensive clothes and gourmet food, and that will be what you receive. But there is a price to pay for everything. You determine what your path is, and you trust The Universe in helping you to travel that path. You may not need, from a soul's perspective, expensive clothing and lots of money. It may be just the opposite, and the fact that you do not get what you think you need, or what you want, will be part of your path.*

There is nothing wrong that happens. It may just appear to be wrong from your judgemental viewpoints of both Self and others. But from a Universal perspective, even what appears to be wrong is not. It is simply the way in which a scenario eventually works itself out. There are changes in the scenario as behavior occurs. So, you may, indeed, have come into a particular scenario saying, "I will do only what The Universe expects of me, and I will not want for luxury." But somewhere along the line you have to learn about luxury and what it means to have it, you see. Thus, you will be given it. However, there may be other tradeoffs as a result. Do you understand?

What would be an example of the tradeoff that you are talking about?

Your spiritual development may not occur in quite the way you had planned it. You may not be called upon to Be of Service in the way that you thought you were going to Be of Service. "If you give me all of these luxuries, then I will set up a forum for the learning of meditation, and I will not have to work at an earthly job." Thus, you are given all of these luxuries, but in your attempts to set up a forum for meditation, no one shows up, for you are not believable. That is one such scenario. You asked for an example. It is not written in any type of stone. It is not a definitive behavior. It is a possibility of a behavior.

As soon as you start to give conditions to The Universe, The Universe simply steps back and says, "All right, have it your way. We will not get involved," and the spiritual component of your life changes. You upset the balance of your own path, and you take the spiritual component out of it, the moment you start giving conditions to The Universe for your spiritual service. You simply allow, "I am here to Be of Service in whatever way is needed. I will respond and I trust that I will be cared for in the way that I need ~ not the way that I think I should be."

Can We Contact Our Soul? (October 03, 1995)

Oh, but of course you can. You know, if you were ever to work with Mushiba, if only in group meditations, she brings the group into their soul in these group meditations. It is a very easy technique to help others to do, but it is also very easy to do yourself. The blockages come from within Self in believing that you cannot do it, that you must have help from some other source, or that, again, the Soul is some mystical being that is out there disconnected from Self. Or, as our loved one here would say, "The Soul is how high above the head ~ up this high."

The Soul is simply the essence of energy ~ it is interdimensional communication. It is interdimensional travel to go into Self. You are only limited by your perceptions of being in this concrete illusion as, "This is it." It is not it. Most of you are currently now, in this gathering, in some form of interdimensional travel. Falling asleep, daydreaming, saying, "Will he get off this subject ~ I am bored I want to hear something else." So, the mind begins to drift, and when the mind begins to drift, it is a form of interdimensional travel. These are good things. This is what it is all about.

One of the things that disturb me lately is that I do not sense a feeling with The Oneness, with the awareness with my path. Then I feel that I am falling off my path, and it is trying to remind me that I do not need the sensation ~ it is just an experience.

Yes. It is, again, part of the abuse that comes from the spiritual elitists on the plane who say that everything must be an awareness ~ you must feel this whoosh ~ that, "Ah, I have been enlightened and this is what has enlightened me. Ah, I am truly a superior energy now, and I can tell you all about my enlightenment." That is not at all what it is about, my love. There will be occasions when you will feel the sensation. After much work, you will feel the results, the fruition of your work, and you may feel something ~ a movement into a different vibration.

However, our work is simply going from one experience to the next, from one moment in time on the plane into the next one, and living it. It is not trying constantly to figure out, "What is the reason behind this? What Universal reason could possibly exist? What am I gaining from all of this? What awarenesses now do I have as a result of this?" This is not at all what it is about, my love. You are correct in your feelings. Do not feel you are falling off your path because you do not have the WHOOSH feeling. And certainly, do not allow another to make you feel that you must have this sensation in order to be learning anything. You are on a path. The path is spiritual.

It is not to be defined as a spiritual path versus any other path. Every path is spiritual. No matter what you do, you are on your path. And you are doing a fine job, my love.

Waith Talks About The Importance Of Balancing Between Concrete And Abstract (January 16, 1996)

You see, the entire purpose of coming onto the earth plane is to learn how to balance between concrete and abstract, and you will achieve that sense of balance as you learn your lessons. There is never a point where there is absolute balance on the earth plane. It is a contradiction in terms to say that you are balanced on the earth plane. The earth plane is a training ground of imbalance, but the training on the earth plane enables you then to be balanced within your energy field in other training grounds and in a much more rapid way than if you were to not come on the earth plane. The SEARCH FOR SELF then, on the earth plane, is unique to the earth plane, for it means attempting to always balance. Just as you balance, something else comes along to bring you out of balance. That is the nature of the training ground known as the earth plane. That is the very nature of it.

If anyone were to say to you, "I am completely balanced, I am in complete harmony, I am One with The Universe," ~ may be one with their own bubble in which they live. But in reality, there is no energy on the plane, no matter how aware they may be, no matter how advanced their understandings would be, that is ever completely balanced, for that would mean perfection, and perfection, as you all know, is achieved only upon return to the Universal Consciousness. So, the journey on the earth plane ~ the journey, indeed, outside of The One ~ is to seek the balance again, to bring us all to the point of ultimate balance that allows us to go back into the Universal Consciousness.

Waith Talks Of Being In Harmony Within One's Own Imbalance (January 16, 1996)

Harmony is another thing. You can feel in harmony with your imbalance. Do you understand that concept? You can be in complete harmony. It is where you will see then entities who appear to flow and no matter what happens to them, they appear to be balanced ~ but they are not. They are simply in harmony with their own imbalance. That is what you seek to achieve. You want to have imbalance. It is the only way that we all learn, and I include the WE in that. All of us outside of the Universal Consciousness, regardless of our mission, regardless of the kingdom in which we reside, are seeking balance. We seek it in different ways, from kingdom to kingdom, from dimension to dimension, from training ground to training ground.

Thus, now my loves, you have the beginnings of a tool that you can utilize. We will reinforce this tool that we have given to you in our future discussions with you in this earth plane year. We understand we are running out of earth plane time. Would there be any quick questions that we could address, or are you all so mellow now?

Concrete Self In Relation To The Higher Self And The Soul (February 06, 1996)

In your SEARCH FOR SELF, it is the upper levels of yourself that Concrete Self seeks. You, at concrete, are actually external to Self. This concept is one that many are not able to understand. The classic confrontation between the Higher Self and the Concrete Self is what most energies are acquainted with ~ that you cannot find your Higher Self ~ your Higher Self will not talk to you ~ while you at concrete are merely the physical manifestation of an abstract energy form, YOU. It is you who is both concrete and abstract, and it is the external you that looks for the information regarding the internal you. If you are able to let go of the ego at concrete and acknowledge that concrete is simply playing out that which the Higher Self wants played out, you will find your sojourn on the earth plane much easier.

Think of when you are seeking information about a subject you have very little knowledge of. You go to many different sources. You attempt to gather the information. You go to books, and you go to magazines. You go to other people. You come to places like Terra Lux and you hear energies such as us talking to you and giving you information. You are seeking information about a subject that you know not much about ~ that is the Universal Consciousness ~ that is The One. You know nothing of it, and yet you know everything of it. But your knowledge of the Universal Consciousness is stored in a higher level of yourself ~ easy to reach if you let go of the concrete ~ if you let go of this dimension in which you find yourself.

This dimension is your Concrete Self, specifically designed for the earth plane manifestation. The concrete manifestation of Self in other training grounds is different than it is on the earth plane. Be not concerned of those other training grounds now. Be concerned of the training ground in which you now are rooted. The concept is quite simple. The concept is ~ to gain information of Higher Self, you must let go of Concrete Self. Now, we do not say that you let go of Concrete Self all the time. We understand from the sessions of so many earth plane years now that there are many of you who do go about in another dimension, even though you are rooted in this particular concrete dimension ~ and we do not make reference to any particular energy form. ☺

You must understand there is a dual nature here. There is the absolute necessity to be in the concrete on this training ground ~ to return back the experiences into the Higher Self for the lessons to be learned. At the same time, simultaneously, you must have the ability to let go at any moment, to give way to the Higher Self.

Meditation, as a practice, is the easiest way to keep the balance between staying in the concrete and being in the abstract. It allows you, for the moments that you set aside for meditation, to bring you out of the earth plane dimension, the concreteness in which you have found yourself, and into that which is the Higher Self. But it is the struggle, at concrete, in thinking that concrete is in control. You at concrete ~ as you are all gathered here now ~ your energies are rooted here now, in this dimension. You are not in control. You are external to your Higher Self. It is

only when you bring yourself into the flow of your own energy that your Concrete Self becomes internal ~ the connection to your Higher Self. This is not a separate entity, your Higher Self. This is you.

The Higher Self levels of each of you are not something mysterious. "Ah," an entity might say, "I am able to channel my Higher Self." Well, so can anyone. You are only speaking of Self. It is not some outside force coming in. It is Self connecting with all levels of Self. It is your soul in a further dimension that is in charge. It is your soul who says to Higher Self, "This is what needs to be done."

Now, Higher Self is external to the Soul ~ in the daily workings of the energy field. It is only when the Higher Self decides that it wants to connect with Soul that it becomes internal. So, you see, depending on your perspective, any part of you, at any moment in your flow of energy, is external to itself. You are external to yourself, and at the same time, you are internal to yourself. This creates tremendous fun. The battle is within Self. There is no external force that says to you, or to you, or to you, "I am keeping you from learning about yourself." It is you who keeps yourself from learning about yourself.

The Universal Consciousness is each one of us. On one hand, or in some cases on one wing, it is easily available, this Universal Consciousness. And, on the other wing, it is as difficult to reach the Universal Consciousness as it is easy. Why is there this contradiction? Why is there this great difficulty? It comes from being in the concrete, as you know it now. It comes from your Higher Self being in a concrete world and fighting with the Soul.

The Soul is also, at times, considered external to the Universal Consciousness, and at the same time, is internal to the Universal Consciousness, depending on the perspective, depending upon the training ground in which the Soul finds itself. You are in a concrete training ground. Your Higher Self is also in a concrete training ground, and has an abstract dimension that is in a concrete training ground, that has an abstract that is in concrete, that has an abstract that is in concrete, etc.

Lifelines, The Webbing Effect, The Concrete Rooted Self

(February 06, 1996)

Your soul is in concrete in a particular training ground, and it is also having an abstract, which has a concrete, which has an abstract, which has a concrete, abstract, etc. ~ all of this connected with that fine energy line that you are all so familiar with that connects all energy. It is that fine energy line that you would attempt to plug into. Remember now, this ~ you have concrete that has abstract, that has concrete that has abstract, from one dimension to another dimension within Self. The concrete and abstract concept is infinite, my loved ones ~ within Self, within each of you, and then into the larger photograph. Each of you is webbed within Self, and your web then goes out into The Universe and becomes hooked up to other webs. The concept of lifelines ~ many of you having many lifelines ~ which then have lifelines, which then may have lifelines, or

splits, all part of you. They too have a webbing effect. It is this reason, this web, that makes it so difficult to learn of Self, for unless you know the roadway, you will get lost. It is as simple as that.

Now, let us return then to the webbing effect and the roadway. You have all of these lifelines. You are living simultaneously in many different dimensions from your own energy field. You have splits of your lifelines, and those splits develop lifelines. It becomes an infinite possibility. You are somewhere in that web. You may not be the energy from which you sprung. You may be a part of that energy. So, you must find your way through the maze, through this webbing, back to your source. For some of you, that may be a very rapid journey. You may not be far from your source of energy, your root energy. For some of you, you may be way away.

However, the journey back to your root, your source of energy, can be easily achieved through particular techniques in meditation. This is what we will present when we speak in the second session of this month. We will be giving you Techniques to Work the Maze. So, this will be what we present to you. We would take any questions now that you might have of us.

Discussion Of The Energy Circle That We All Have, A Family Of Energy (February 06, 1996)

In the discussions of the Energy Circle that Waith has given to you, the fact is that you all have, WE ALL HAVE, a Circle of Energy, a family of energy, within our energy field. We, and we alone, do not make the decisions. We have others from the other kingdoms that help make decisions upon our path, be it on the earth plane, more specifically, and that concept applied in other training grounds, not quite in the same way as applied on the earth plane, this Energy Circle. While you are on the earth plane, however, you have an Energy Circle. Within that Energy Circle are all these other energies who also have mazes, this webbing, because of their own energy being split, or lifelines. So, sometimes it is very easy and other times it is not so easy, much like the journey outside of The One.

What Is Concrete And What Is Abstract? (February 06, 1996)

Jenjura, when you defined this as concrete, what is concrete? Is it just because of the composition of chemistry, atoms that are molecules that are somehow confined from the point of view of physics? I would say you are, maybe, in the concrete form. What is concrete? What is abstract?

Jenjura: Ah, you are the scientist. Waith has told us of you. We have had to research some of your questions.

I am getting a reputation.

Jenjura: No, it is not that. We are just recognizing the energy in this dimension now. Concrete and abstract as they are defined are from your own frame of reference, my son. You give credence to the physical in this gathering. You have acknowledged that there is a concreteness here. You have given that acknowledgement to the Universal Consciousness, and therefore, you see what you see. Others in this gathering have given varying forms of their own perceptions of what is physical in this gathering different from what you have given ~ maybe not dramatically different, but nonetheless, different ~ and have sent that out to the Universal Consciousness as acknowledgement. Therefore, their view of concrete is a bit different from your view of concrete.

Concrete on the earth plane certainly does have a standard frame of reference scientists, at any given moment, have given to them ~ by those in other dimensions charged with responsibility ~ certain concreteness. Suddenly, they discover a new planet. Suddenly, they discover lost cities in the water, under the ground. It is an acknowledged concreteness that is brought into the illusion at any point where it is needed. It has been in abstract, and it now comes into concrete. What is abstract for you may be concrete for another. What is concrete for you may be abstract for another. It is what makes the journey so much fun, for oftentimes, you may be having your frame of references quite concrete as you speak to someone, and they hear it in abstractness, or the other way around.

We understand that you would want us to give you a very concrete answer to this question you have posed. This is not something that can be done, for there are no concrete answers. No answer is concrete. Nothing, ultimately, is concrete, and yet everything is concrete. Everything is abstract, and yet everything is not abstract. It is the mystery of being outside of The One. And as you become more in tune with your own web, you will have a better understanding of that elusive answer, that elusive Universal Consciousness.

The Universal Consciousness is a concrete manifestation of The One. Waith has told you this before. It is abstract and yet it is concrete. It is external to itself and yet it is internal to itself. Does that frustrate you even more?

Yes, to be honest with you.

Jenjura: Good. That is the intention. It is to force you to think beyond that which you would want to have as a definitive answer. Think not so much in terms of what is, but what may be.