

# Waith Class Transcripts, Excerpts

## GENDER

FROM TRANSCRIPTS 1987-1996

*(Topics Include Female Gender, Gender Harmony, Homosexuality, Male Gender, Transgender)*

- ∞ [Inquiry About A Personal Relationship With Someone Who Is Homosexual](#)
- ∞ [Waith Talks About The Balancing Of Male And Female Energies](#)
- ∞ [Someone Describes Difficult Social Interactions, Especially In Finding A Mate](#)
- ∞ [The Issue Of Male And Female Energies, One Being More Dominant Than The Other](#)
- ∞ [Issues Regarding Gender, And The Switching Of A Gender ~ A Personal Balancing](#)
- ∞ [Issues of Male/Female Energies, A Special Topic Coming Soon](#)
- ∞ [Special Topic Session ~ Male And Female Energies](#)
- ∞ [When Energy Forms Decide To Split, One Becomes Male And One Becomes Female](#)
- ∞ [Waith Discusses Energy Forms Being Either Dominate Female Or Dominate Male](#)
- ∞ [In This Time Frame, The Females Have A Very High Level Of Imbalance With The Males](#)
- ∞ [A Discussion Of The Need For Females To Help The Males Express Their Spirituality](#)
- ∞ [How Do We Help To Be More Sensitive When There Is Great Resistance?](#)
- ∞ [Many Reasons For Entry Into The Opposite Gender ~ Balancing Issues ~ Attempting To Help](#)
- ∞ [An Issue Of Ego In Attempting To Help The Male](#)
- ∞ [I Would Like Some Suggestions That Would Help In Being Gentler](#)
- ∞ [A Workplace Situation Of A Female Working With All Men](#)
- ∞ [Issues Of Judgement And Imposition Between The Females Imposing On The Males](#)
- ∞ [An Issue To Competition Between The Females With Each Other](#)
- ∞ [A Discussion Of Mass Conditioning Of Behavior Between Male And Female](#)
- ∞ [The Effect One's Behavior Has Upon Another And How to Deal With It](#)
- ∞ [Dealing In A Hostile Work Environment ~ And Knowing, Or Not, That You've Helped](#)
- ∞ [There Are Dominant Females And Males Who Resent Being In The Role They Are](#)
- ∞ [It Is Important For The Males To Help The Females, And The Females To Help The Males](#)
- ∞ [Jacques Discusses The Physical Weaknesses Of The Male Physical Encasement](#)
- ∞ [It Is Important To Remember That Being Male, Or Female, That One Is Not Superior](#)
- ∞ [The Issue Of Lifelines Makes The Universal Uniting Of Male And Female More Complicated](#)
- ∞ [Jacques Gives A Remedy For Continual Types Of Ankle Ailments In The Male](#)
- ∞ [Jacques Gives A Meditation Technique To Help Those In The Opposite Dominant Gender](#)
- ∞ [A Discussion Of Male And Female Issues Regarding Lightheartedness](#)
- ∞ [When Higher Self Levels Come In, Can They Be Of A Different Gender, Sharing The Same Soul? ~ Male/Female Issues ~ Changing One's Physical Gender](#)
- ∞ [Bathusela Comes In With Conversation Concerning Gender Issues Now And In The New Illusion](#)
- ∞ [Does The Earth Have A Male And Female Energy That It Balances, Within Itself?](#)

- ∞ [A Question Of Gender As Represented By Those In The Company](#)
- ∞ [Harmony Within Self And Gender Harmony](#)
- ∞ [Relationships Of Same Genders Versus Relationships Of Opposite Genders](#)
- ∞ [Dominant Genders ~ The Issues Of Gender Dominance And Coming In As The Opposite Of Your Dominant Gender ~ Required Lessons To Be Learned](#)
- ∞ [Dominant Male And Female ~ And Relationships With Twin Flames Or Soul Mates](#)
- ∞ [What Are Some Of The Specific Tasks Of The Respective Genders?](#)
- ∞ [Harmony Within Self And Gender Harmony, Continued](#)
- ∞ [Boopsie Guides The Group With A Meditation Technique For Gender Harmony](#)
- ∞ [A Question For Boopsie: What Happens To Your Twin If Your Dominant Energy Changes?](#)

*Waith's Words, and the Spirit Group's Words, appear in this font style  
(If a Spirit Group Member speaks, they will be identified)*

**Class Member Questions/Comments appear in this font style  
(Multiple responses from the class are preceded with this symbol ☸)**

## Inquiry About A Personal Relationship With Someone Who Is Homosexual

(August 06, 1987)

Let's say, there are two people that love one another, and one person is gay and the other is straight. If these two persons get together and they like each other a lot and decide to live together, is there any influence on the other? For instance, is there any possibility that the straight person could take on certain traits, could become attracted eventually to the same sex?

*First and most importantly, my dear, is that your presumption is that a soul who is, as you say, gay ~ homosexual ~ another terminology ~ is necessarily bad, negative, evil, and that someone who is heterosexual is of course good and not evil.*

I do not feel that way really.

*This is the way much of humankind feels. It is one of these attitudes that is bringing about the cleansing of the Earth ~ these attitudes of judgement. To address your situation ~ the condition known as homosexuality is not a negative one. It is usually a meeting of the Self, as everything is. It is a lesson to be learned. One should view those who have taken on this condition, as you would view anyone who has lessons to learn. There are situations where someone who is homosexual is in the wrong body, and it is a very common condition, because souls are required to experience both genders. Each energy form ~ each soul ~ has a dominant gender in which they like returning, time after time, in being that particular gender, and they become accustomed to it. And we do not allow them to continue in the same gender all the time because then the experiences of the other gender would be foreign to them, so they are forced therefore to come in.*

*Some do this very willingly, you understand. They look for that experience of the opposite gender. Others are not so willing, and they are forced at times to come in. When that situation occurs, many times we have what is called homosexuality. They are rebelling against having to be of the opposite gender, and they therefore continue in their earthbound sexual preferences, and it is a very tormenting life for them. It is not easy.*

*Whether or not a particular individual is surrounded by what you are referring to as perhaps entities who are not of the highest light ~ those who would want to do harm ~ again, this is determined not by the fact that a person is homosexual ~ rather, by the person's Soul and the vibration of that particular person. Many people who are heterosexual are surrounded by negative energies because they attract them, and they allow those vibrations to exist around them. You see, those who are of the highest light, who attempt to be approached by a negative entity, would very quickly say to that person ~ that entity, "Get out. Go away. I do not want you around." Someone who is not of that thinking would say, "Oh, hi. Come in. Let us become acquainted," because their vibration is calling for that.*

*Now, in your particular situation, my dear, the entity who you refer to has a connection with you from past lives ~ you and he have been lovers in past lives ~ and his dominant gender is male. And he has reasons that are not connected with you, in your lifetimes together, for taking on this understanding of homosexuality ~ a lesson he has taken on that he needs to balance in his own life.*

*You have been ~ let's see, it was in China. You were husband and wife, and it was a very beneficial lifetime. It was one of great growth for both of you. You were a confidant to him, and he trusted you tremendously, and you him. And in this lifetime, he has taken on a most difficult lesson ~ and a test for him ~ and he has come into your environment. He chose to be a part of your family so that you could help him in this most difficult of lessons to be learned. He has been having a great deal of difficulty, and he has attracted some entities who are not of the light.*

*And for you, my dear, a decision needs to be made, because you are opening up your own Centers of Awareness now and you are susceptible to energy forces around you. And while we protect you ~ we seven ~ because of your connections with Mushiba ~ you are still susceptible to receiving negative energies. And by placing yourself into a continual environment could knock down your defenses, so to speak.*

*You are here to help this individual ~ to be for him ~ to always be available when he needs to talk to you ~ when he needs to pour out his heart to you. For you to be in a living situation with him could prove to be great difficulty for you. It may in fact not help him either because he needs to develop his own strength and to learn these lessons that he needs to learn. And if you are with him on a regular constant basis, you in fact may begin to take on his lessons. And you have enough of your own, as you know, to deal with without taking someone else's on. And he would very readily allow this because of his dependency on you from past lives, especially this life in China where you protected him ~ and he allowed you to do this. This has carried forth into this life. Does that answer ~*

**Oh, definitely. I guess everything you said, I felt. However, I guess I needed it verbalized.**

*Yes. You are learning now and beginning to trust your Higher Self. And occasionally to be given support to what you are feeling is important. The final decision of what you do in this situation is of course up to you, and I think that it is important that you understand the past life connections to perhaps help you to make your decision.*

### **Waith Talks About The Balancing Of Male And Female Energies (September 17, 1987)**

*It is always a cause for rejoicing here when a male energy on the earth plane, in today's time frame is ~ as you ~ opening up and following a spiritual life. It is part of the mission of all the male entities who are achieving this to help the other male entities. Because there is tremendous*

*balancing necessary at this time in the Earth's history for the male energies to balance, because of the damage they have done to the female energies over the last ten thousand years, especially since Atlantis in its last destruction, and this is the reason for so much discord today between the opposing energies of male and female. The male has much to balance where the female is concerned. And once the male energies recognize this and accept their own spiritually as something Universal to all energy forms and not something particular to females, then great insight is gained.*

*And so, my dear, you have quite a task ahead of you, and you have taken it on very willingly. We see it from this end and are most pleased, and I offer you any assistance. You may call upon me, whether it is in a discussion such as this, or in your meditations. Call upon me and I will come to you if you have questions or concerns, and I will be available to you ~ because you do have a task. It will not be easy. And we hope that you can bring as many of the male energies around to the way of thinking that will help them to survive when The Shift comes, to help them balance ~ it is so necessary. Remember that many of the males on the earth plane today have come in specifically for this balancing, knowing that it is an accelerated time of change and advancement and are looking at the Soul Level for those who can help them. They may appear at the conscious level to be blocking and not wanting to hear. However, if you dig a little, just ever so much below the surface, you will find that their defenses will come down.*

### **Someone Describes Difficult Social Interactions, Especially In Finding A Mate (October 18, 1987)**

**There are times when I feel I have a hard time connecting with people in general, and with women who I want to have in my life. I would like to know something about that, what I should do. I am not even sure what the right question to ask is. And I would also like a better understanding of how that all fits into my life, and when I will find myself a woman to be with.**

*You are, in this lifetime, attempting to balance your own whole identity. That is, the male/female aspects that each entity has. Each energy has a dominant vibration, either male or female, and will choose to experience most of their earth plane lives in one of the two genders. However, as you may know, some of you, in order to reach the point on the earth plane where you no longer need to return, you must have experienced lives here as both the genders, as well as the five races that exist.*

*And, my dear, you, like many other entities, when attempting to come onto the earth plane in a different gender, have found in the past, difficulties for very many reasons. Some entities have no difficulties in assuming the opposite gender and learning what they need to learn. Others, for reasons only that each energy is different in its makeup, have difficulties. And you are attempting in this life to understand better the male energy. You have tried in five different lifetimes to synthesize the male and the female aspects of your own being, and you have issues that I would address privately to you at another time that relate to this. You have chosen this lifetime in a very strong resolve to come to grips with this problem, and you are forging ahead in a very beneficial manner, though at times you feel you are not. You have chosen accelerated learning in*

*this lifetime, and as you know, that is not an easy path to take because it means that you want to resolve many, many issues that other entities might choose several lifetimes to resolve and balance. You have chosen to do this in this lifetime.*

*You will be here to help in The Shift of the axis, and you will have companionship, and it will be a good vibration. However, before that can occur, there needs to be some balancing, which I think, when we speak privately, you will have a better understanding.*

### **The Issue Of Male And Female Energies, One Being More Dominant Than The Other (November 05, 1987)**

**When I mentioned my spirit guide to you, you referred to the fact that he was a higher entity. You referred to my guide as “him.” When my guide comes through to me, I feel very strongly that it is a woman. Is there a reason for that?**

*What you are feeling with your guide is a most beautiful situation. Your guide is whole in terms of twin flame. They are united, the male and the female. And you are therefore receiving both vibrations. When connecting with you at that point, you received the vibration of the male. That was the dominant one. When twins unite at the spirit level, and it happens quite frequently when they are uniting and become guides, one dominates over the other, depending upon the situation. And in your particular case, the female dominates, because you, in your situation now, need the female influence, the vibration from the female. That will change as you begin to change and you may need the influence of the male vibration. That will be available to you in a short time.*

*Your guide is going to give you the sense of the male so that you will understand of what I speak, now that this situation has been revealed to you. When you are connecting, you will feel the male vibration, and at the same time, you will feel the female. You will know that it is both, and it will be a very distinct difference, and at the same time, they are one. They are charged with a very critical responsibility to help you. That will be revealed to you as you continue to connect with them. They are one, yet separate.*

### **Issues Regarding Gender, And The Switching Of A Gender ~ A Personal Balancing (June 21, 1988)**

**I was just wondering about the progress with my friend that I had discussed with you. I know, it shocks you that I am asking, but I feel so positive about it. He seems to have learned a lot and so do I, and I wonder if you have anything to say to me that might be helpful to us.**

*What our dear entity here is learning is a most valuable lesson which she already has recognized. The issues that you have been dealing with regarding gender and the switching of gender for you in this lifetime into female rather than the dominant male has given you the balancing that you*

*came in to achieve and an understanding at the female perspective of the difficulties of the male vibration that you were not able to gain during your male manifestations. There has been an easing of the resentment and fear of the male vibration, not only as you incarnate as female but in your own perspective as the male energy that you dominate primarily.*

*When you manifest again and choose to go into your dominant vibration which is male, you will have greater self confidence in your vibration as male and a greater understanding of your impact on the female vibrations. You are teaching this to your soul mate who you find yourself working with now, and so you have balanced, and as you have already recognized, and I will simply support it, you now can share this with others and help them who may be struggling with the same issues to understand how you achieved it, and in doing so, help them to find their answers from within as you were able to go within. A very painful process for you, as it is for any who seek the answers from within, it is painful, but as you may attest to those you will help, it is well worth the journey.*

**Yes. It is well worth the journey. It is. I have one other question in the writing that I do. Today I wrote and directed it about somebody else. Is that for real? It seemed correct to me ~ it seemed like the writing is spreading out. Is that what is happening?**

*That is what is happening. It is correct. Do not fear it. Do not feel that it is your imagination. Your vibration is increasing at a rapid rate, therefore you will have abilities coming to you now that have been in the wings, so to speak, waiting for you to take them on.*

### **Issues of Male/Female Energies, A Special Topic Coming Soon (December 13, 1988)**

**It seems more than coincidence, but I just want to preface this by saying that I am not a total chauvinist, ☺ but why did those in the inner circle decide to come in all as female energies?**

*That is a very good question.*

**Does that have to do with the atomic structure of the female vibration being attuned with the vibration of the earth?**

*It has to do with certain lessons that those who have chosen female form in this incarnation, be they dominant male or not, have in relation to the male energies, and as I have indicated that there will very soon be a special-topic session on male/female relationships and what the male energies have chosen to undertake by coming in as male during this very particular time as it approaches the cleansing.*

*That is a response to your question in a general way, a Universal way. More specifically, they all in the inner circle have a particular harmony with Mushiba, and also with me, and have certain*

*missions that have been determined and because of the harmony work well with Mushiba. And in the female vibration there is a connecting with a certain energy that comes from Mushiba and that is not present in the male energy when it manifests on the earth plane, not in male energy in spirit form but rather as it manifests in physical form, and thus there are those specific reasons for the all-female energies for the inner circle.*

### **Special Topic Session ~ Male And Female Energies**

**(February 05, 1989)**

#### **When Energy Forms Decide To Split, One Becomes Male And One Becomes Female**

**(February 05, 1989)**

*First, we will begin by letting you know that many of you here now in the gender that you find yourselves are in the opposite gender of your usual energy, as we would call it, the dominant energy. When an energy form decides to split, and the usual, of course, is into two, then one becomes male, as it is, and one becomes female, as it is, taking on the lessons that are necessary for each of those gender.*

*Now, in order, of course, for an energy to become whole again, there must be the split parts able to understand the other, even though the lessons of the male energy and the female energy are what would be predominately learned by an energy who has chosen male or female. Now, we have the situation then that all energies must on the earth plane take on the role of whatever is available during a particular time frame, from shift to shift. We have the different races, as you would call them, the different family relationships, you know mother, father, daughter, sister, brother, all of those things.*

*And thus, it is that at any given moment on the earth plane, there are those who are not manifesting as their dominant energy. For example, in this vibration now as I scope out, shall we say, the energies of all of you who are here, there are approximately one-quarter of you who are not in your dominant energy, you see. It is approximately that ratio that we deal with at any moment in time.*

#### **Waith Discusses Energy Forms Being Either Dominate Female Or Dominate Male**

**(February 05, 1989)**

*Now, the female energies have a very particular path to follow. Those who have chosen dominant female. And those who have chosen dominant male, have a very specific path to follow, and they are both, of course, difficult paths. As all of you realize, there is no path that is easy, for the goal is Oneness and in order to achieve Oneness, one must acquire strength of Soul and that means taking on many, many lessons and tasks and tests.*



*Now, there has been over the millennia, periods of time when the two gender, as we would call it, energy forms need to balance. For in the quest to learn the lessons of the dominant female and the quest to learn the dominant male, a certain cooperation, understanding, sensitivity, begins to elude the energies where they are related to each other, and there is a forgetting at times that it is not a case of, "Them against us," but rather a case of, "We must work harmoniously together, for we are One."*

*Now, in this particular time frame in which you all find yourselves, there has been a great deal of imbalance that has occurred as a result of the past approximately fifty thousand earth plane years. It has been during this time frame in which there have been approximately eight cleansings of the earth, during this fifty-thousand-year time frame, that the imbalance that when a cleansing arrives, the time of a cleansing allows an imbalance to balance.*

*This has not occurred between the female and the male energies as it has in times past. It has, therefore, accumulated over the past fifty thousand years that there is a hostility between the male and the female energies, even though many of you have taken on the opposite gender so that you may learn to understand the feelings in that which would create the hostilities and to have a better sensitivity toward that which is in actuality yourselves.*

**In This Time Frame, The Females Have A Very High Level Of Imbalance With The Males  
(February 05, 1989)**

*Now, in this time frame, those of the female have an imbalance at a very high level with those of the male. And while it may appear that it is the male that needs the balancing, it is in fact the females who need more of the balancing. And it is the female, as we have said before, who must help the male. For it is in the helping that the balancing will occur. You may find this shocking in earth plane perceptions, but it has been over the past fifty thousand years that the females have, in fact, done more of the abusing of the males in lifetimes, and not the other way around. And the way in which one balances is, of course, to Be of Service to Another. And thus, it appears that the females, those who take on the female role, are in servitude to the males. This is a very specific purpose, for female energies have banded together, shall we say, at the spirit level with this mission that they are to Be of Service to the male.*

*Now, one of the little problems that has arisen is that the male is starting to take advantage of this. And there is, thus, beginning to be an imbalance on the male energy side that rather than recognize that the female is, in fact, attempting to balance by Being of Service and being spiritual about this, many of the males are using this, and using it in a way that is not of a spiritual context. This began approximately twenty thousand earth plane years ago, and it had a very high working. It almost culminated during the Atlantean time, ten thousand years ago, when there was a tremendous struggle between the male and the female energies for the balance of power.*

*And there is, at this time now, over these past ten thousand years, a tremendous attempt to regain the spirituality that needs to exist between the two, male and female. There are many very*

*strong dominant males, for example now, who have entered in as a female manifestation to attempt to help in very specific ways, the females who are attempting to balance. There are also very, very highly evolved female energies who have manifested as males, to help the males around them. There is a tremendous attempt to balance, for this cleansing is a very significant one that occurs. The others have been cleansings, but they have been of the minor sort. This cleansing will herald a very, very dramatic change in the vibration of the planet, and it will be signaled by the new structures taking on a different shape than you have currently known.*

*Now, in order for this to occur, there has to be a comforting of the male and the female. There has to be reached the realization that there is a Oneness here and that you are meeting yourself when you meet one of the other gender, that there is not to be hostility, but rather to be an understanding of love between the two. And an attitude needs to begin to develop that indicates service to each other and helpfulness, rather than power-playing and complaining that "Isn't that just like a man?" Or "Isn't that just like a woman?" you see.*

*Yes, each of the genders has their very particular talents and abilities that are unique to the gender. However, it is unique only to the gender while the energy form is separated. Once an energy merges with its twin in spirit, there is no distinction. There is no male-female. And it is only when the energy would decide to separate for whatever the reason might be, that there would be the manifestation of male or female, you see.*

*There are many energies who will show a particular dominance depending upon the situation. You hear me in the male, for that is what has been determined to be the proper focus. Amelius is projected to you as being in the male. Realize that the energy forms of this level have a Oneness with their own energy, and that it is therefore determined whether it is male or female that is projected to a given audience. When I am, for example, not speaking with you as we do here, I am pure energy, and there is no distinction as to male or female. It is simply energy. What needs to be developed is an awareness of this.*

*Now, what needs, then, is a realization on the part of both the male and the female that you are here to help each other, the female to help balance their past naughty deeds to the male, but the male also to help the female to balance, for in millennia past, it has been the other way around. This goes back and forth and back and forth. Oh, perhaps as time would be measured in your perception, a billion years ago, there was a balancing of just the opposite, where the male needed to Be of Service to the female. And this goes back and forth.*

*It is especially highlighted in today's time frame since there appears to be a greater awareness on the part of the female that they are not to be in servitude to the male. However, they have misinterpreted, all females, what the purpose of the mission for the past especially twenty thousand years, but more specifically ten thousand years has been. This does not happen overnight, for there is, of course, much resistance on the part of many of those of the female and male to participate in this balancing. It is not an easy situation, where you would say, "All right, all you females, it is time to balance!" And everybody says, "Yes, of course, and we will do what we have to do!" There is much resistance.*

*And thus, it takes so many thousands of years. It is also true of the males. There are many, many of the males who have recognized that they are here to help the females to balance and are not resentful for the fact that there is a balancing that needs to occur. And there are many males who know that there is a balancing and are holding it against the female, "All right, I challenge you to balance," is what many are saying.*

*It is as many of you would know, when you recognize a soul who owes you something, and the way in which you deal with the fact that a soul owes you something determines your own level of spirituality, you see. Many of you in private sessions have been told of certain, as you would call it, karmic debts that are owed to you by individuals in your life. Now, we give you this information, and what you do with it determines your own rate of growth, you see, for ideally, when you learn that this entity owes you something, you want to help that person to balance, not hinder, and you send the individual love and you do what you can to help that person to balance. On the other hand, you may indeed hold it over their head, as you might say, and make them in the vernacular, grovel, you see.*

*While there has been a great deal of this groveling occurring over the past twenty thousand years, and there has been much, much balancing that has occurred in the past, oh, five thousand years since the minor cleansing of approximately six thousand years ago, there is much to be done. It will not be completely finished by the time of this cleansing, and you will take much of the residual into the shelters with you.*

*We are not saying that it will be completely balanced at the time of the cleansing, for it does appear that it will take a considerable amount of time after, perhaps in through the next cleansing. However, there appears now to be a desire to understand better what is going on, why this hostility, why this constant picking at each other. "You did this!" And "You did that!" and all of this sort of nastiness that can occur. And the judgemental attitudes on both sides. You are all here to help each other. It is not easy to take on the female path, nor is it easy to take on the male path.*

*And any of you who find yourselves with your twin flame in this physical manifestation would have the very unique opportunity now to look at each other as each other, and not to judge the path that one has taken on, but rather to help each other, and to use it as an opportunity to help others, for in understanding the path that your twin has taken on, you would then be able to understand those around you better. And there are many of you here who have your twin flame close by. Many of you do not realize this as yet. There are a good number of energies who will be coming into the community and who will be exposed to the community who will have their twin flame with them. At the time of the cleansing, there are more opportunities for the twins to manifest together, so that there can be a cohesiveness felt and less of a feeling of separateness.*

*Now, we understand that there are many, many questions and concerns that you all have, and as our usual practice, rather than my sit here and simply give you information, we would like the*

*questions for the record. We know those questions ahead of time, of course, but we want them to be asked. There is certain information that we will want to have on the record, and Farena and Bathusela will be here to answer your questions as will I, of course. So let us begin.*

## **A Discussion Of The Need For Females To Help The Males Express Their Spirituality**

**(February 05, 1989)**

*Farena: I would like to add something to that, and that is a greater sensitivity by all of you to those who would express difficulties, especially of the male, and this is for the females to not be judgemental because a male energy has expressed difficulties. It is not easy for the males to give these kinds of expressions, and it is up to all of the females to help in this and to ease the level of discomfort that so many of the males feel when discussing issues related to the Soul.*

*Bathusela: I would concur with that, Farena, and would like to simply add that the males need to be encouraged to speak out, to not feel that they will be laughed at. It is part of taking on the male energy form, difficulty in expressing the Soul. But what is truly beautiful, my dearest ones, is when you have helped a male energy to feel comfortable in expressing the questions of the Soul, when in truly you have a soul mate and truly you have beauty.*

*Waith: Yes, indeed. Farena and Bathusela have said some very profound remarks.*

## **How Do We Help To Be More Sensitive When There Is Great Resistance?**

**(February 05, 1989)**

**How do we help to be more sensitive? I do try that with my soul mates and a lot of times they feel a great resistance for my offering suggestions. But I am just trying to be sensitive.**

*Farena: When you attempt, my dearest one, to be sensitive to the point of being over sensitive to the point of imposing upon the male that which is of your perception, rather simply allow the male to be. Do not judge the male in the activities. The males have a certain type of bonding that is unique to them as is the female who has a bonding that is unique to them. Simply acknowledge that that exists, and not try to impose your femaleness upon the male. The male, on the other hand, should not impose their maleness upon the female. Bathusela has a very good statement that she wants to make.*

*Bathusela: It is very, very important to be soft with each other, not to be hard, to be soft and gentle and loving and not to criticize and not to place what might be a barrier, and most importantly, not to think that you only have five years to do this, or whatever time you are imposing ~ it must be done now. Give yourselves eternity. Recognize that in this time frame you have only what you can do. Do not impose any time frame upon all of this, but rather as it takes, so does it take.*

*Farena: You also should be joyous and happy and lighthearted. Seriousness of mission is important, but lightness of spirit is essential. You must be happy with each other. And you must not look at each other as an enemy, and being sensitive is more than simply saying, "I am sensitive to you." You must act it. If your soul mate wants to go out and hammer a nail in something that you do not think he should be doing, for you think he should be doing something else, let him do that which he feels he needs to do. It does not serve a purpose to say to him, "Now, dear, it really would be better if you did this, for this serves our mission better." But that is by your definition. But rather, accept each other's definition of mission and accept each other's being. And at all times, laugh. Laugh and be jovial. Do not be so serious about all of this.*

### Many Reasons For Entry Into The Opposite Gender ~ Balancing Issues ~ Attempting To Help (February 05, 1989)

Waith, you had mentioned that approximately a quarter of the people are in the opposite energy they are dominant in. And then you mentioned that females who are dominant males, and vice versa, are here to help those of the gender they are in now, help the opposite. I am finding all that confusing to follow.

*Waith: What confuses you, my dear?*

For example, one was a dominant male in the female gender. Then that person should consider herself female, because she is, and be helping other women to help men. Correct?

*Partially, yes. It is not quite as simplistic as that, of course, for there are many reasons why there is an entry into the opposite gender. There is usually an issue of balancing in some other areas as well as the issue of attempting to help. And in many cases, though, during this time frame there is this duality that is occurring ~ attempting to balance from their own lives, from other incarnations, as well as being an advanced soul, that you would be helping the females to understand the male perspective. For if you go deep within your soul, you will bring to the conscious level the male orientation, and there will be a memory from the Soul of what it is like to be of the male and how that interacts with that of the female in terms of behavior.*

Sometimes it causes ~

*Schizophrenia.*

I am serious. And it also causes a disassociation from either gender ~

*Indeed.*

~ Into a non-gender situation where, who is who and what is what, and ~

*And that is not so very terrible, my dear. For remember that when I first began this session, I indicated that there is a Oneness originally. And that when the energy form divides it then takes on either male or female. But that in actuality, it is One. And there are, of course, as you become more attuned to your own Self and your abilities to connect with The Universal Consciousness, what you are able then to do is, when you connect with The Universal Consciousness, wherever your twin is, you are connecting with your twin, and there is an attempt to become the One, and so there is genderless, you see. I am genderless. Amelius is genderless. Many of the Angelic are genderless. Many are genderless. Now, dominance becomes the issue, male/female.*

### **An Issue Of Ego In Attempting To Help The Male (February 05, 1989)**

**In my attempts to assist the male, clumsy as they may be at times, and you know without ~**

*Farena: Oh, my dearest. They are not clumsy. You must not say that about yourself. You must not! ☺*

*Waith: Continue, my dearest.*

**In my attempts to help the male, such as they are, sometimes I feel I may end up taking on the problem, go too far with the help, rather than telling them to do this. I might just take the whole thing right on and do it. He learns nothing. I end up with an extra problem, and then causing myself to be angry and knowing that I caused the whole thing. Is there anything you can say about that, any of you?**

*Bathusela: It is an issue of ego, my dear. It is a very definite ego issue, where, on the one hand, you are feeling that you have such great abilities that you can take on something for someone else. And on the other hand, you say they are not able to do this themselves. They do not have the ability to do this. And thus, it becomes an issue within yourself where you simply say, "Let it be."*

*Now there are situations where you can take on something for another soul, but it must be by mutual discussion at the spirit level, not at the earth plane level. You do not go to someone and say, "I know that you have an alcohol problem ~ I would like to take it on." ☺ It will not work.*

*At the spirit level, you converse and you say to a spirit ~ this happens frequently ~ Mushiba does this with Abalma all of the time ~ "Let me take something from you partially, for I have enough strength to take it on myself, for I have dealt with it and rid myself of it. Let me take what you have so that you can do something else for the time being." And the other must say to you, "Yes." Only then is it spiritually correct.*

## And we would know that if we tried to do that?

*Bathusela: You know this at the spirit level. When at the earth plane level, you find yourselves taking on the problems, it is definitely a signal to you that you have done this at the earth plane level rather than at the spirit level.*

*Farena: Someone else would like to add to that, that it is fine if you do this at the earth plane level, for it is only in doing this that you learn that you must not do this. You see, Bathusela is correct. She' has been away from the earth plane, though, longer than I have. I have just recently come from the earth plane and have learned what I have needed to learn, and I understand how difficult it is at the earth plane level to see someone struggling and to not want to help that person, but to misunderstand that that which you are doing is not the benefit of Self or other.*

### I Would Like Some Suggestions That Would Help In Being Gentler (February 05, 1989)

*Waith: Ah, the gentleness. The gentleness is something that is a characteristic of the Soul that is learned and practiced over eons. It is part of the spirit. Farena has a particular concept for you.*

*Farena: Being gentle, by Farena. ☺ ☺ Being gentle means smiling, even when you do not feel like smiling. Being gentle means touching, even when you do not feel like touching. Touching, when you would think that they would not want to be touched. All spirits love to be touched. Being gentle means going like this truly. Male and female. Even if your hair is short. Come to me for a moment. Stand. Now, you must allow me to stand and you stand, for no one bows to us. Now, gentle! You see. Gentle means touching and touching spirit. That is very good.*

### I want to hug you.

*Farena: You may hug me! ☺ ☺ Gentle. Gentle. Yes. And not being afraid to touch without ~ now you may sit again, for I will stand for a moment. I like standing. ☺*

*Touching means touching spirit and reaching to that who you touch at the Soul Level, and not at this earth plane encasement, and therefore, taking the gentleness from the lower Chakras and bringing them into the Heart Chakra. Touch is a Heart Chakra movement and not of the lower Chakras. Being gentle means speaking softly and gently and patiently. It means having, of course, full body in your voice, as you hear Waith speak. You have heard Waith. He is gentle. It means looking at love in every entity and seeing love. And trying to foster the love that is so thirsty, the love that is needed and not feeling threatened if someone does not respond to you with love, for they need to be shown the love that you can give it to them through simply a look to their eyes.*

*It means when you speak with someone over this telephone, that you smile all the time regardless of what they say to you, and you bring yourself to the Heart Chakra, and you send them the love. You practice this, and you practice this every time you meet someone, regardless of what they look like, or how they sound, or what they wear, or what they say to you. And as you practice this, it becomes natural for you. Not something that you consciously say, "I am doing, I am gentle." But rather, it tends to become a part of your soul.*

*This takes many manifestations to accomplish, dearest one. It is part of the path, and each of the male and each of the female have this gentleness as a part of their mission, and it is the seeking in each other of that gentleness that you will find success in the bonding between each other that needs to occur. It is quite simple.*

☼ Beautiful.

☼ Very nice.

*Waith: She made that up herself. ☺*

### **A Workplace Situation Of A Female Working With All Men (February 05, 1989)**

**I am in a position at work where I have almost all men working for me, which is a tough situation. I am criticized and judged and I still must carry out my job and do it in a way where I am fair. I try not to let all the judgements affect me too much. I am coping well, but I am sure I can do better.**

*Waith: Bathusela will address this particular issue.*

*Bathusela: My dearest one, this situation that you find yourself in is that which you have taken on for two purposes. You are growing as an entity, and you are helping those around you. As you know, this is for you a rather restful incarnation, and there is not a great deal of stress that is having to come your way. In your very gentle manner, you are not only strengthening your own soul, but you are serving as an example to male energies around you who are having difficulties in understanding the female perspective. You have helped them a great deal, for your own gentleness and love come through, and they see you not so much as a threat to themselves, but rather as an equal, one who has earned their respect. And what more beautiful step toward love is there than to have respect, you see.*

*Farena: I also would like to add that you are projecting to these males such lightness of spirit.*

*Bathusela: Yes, Farena loves to emphasize lightness of spirit.*

*Farena: Well, lightness of spirit is very good!*



*Bathusela: It is, Farena. The combination of the lightness of the spirit and the gentleness of the Soul is what will help when you are in an environment where you are the only energy form, you are the only female and there are all males around for ~ (The balance of the sentence is inaudible)*

### **Issues Of Judgement And Imposition Between The Females Imposing On The Males (February 05, 1989)**

I give a lot of books to read or other information to some women where I work. However, I am torn sometimes when they tell me they do not want their husbands to know. They are afraid of their mate knowing what they are doing or learning, and it bothers me because I do not have that situation in my own life, so it is difficult for me to know what to say to that.

*Bathusela: Yes, and this is a very, very important issue. You must realize that it is not just the females who cannot talk to their spouses, but there are many males who cannot talk to their spouses. And it is an issue of judgement that you must be careful of and trying again to impose upon your female friends that they should give this information to their husbands. Do not worry about what they can or cannot do with their spouses. Rather be only concerned with that which you give them for information, and what they do with it is up to them. It is their path. Farena has a very interesting perspective here.*

*Farena: Yes. In my last incarnation, my very last, I tried to impose upon my sister in that lifetime, who is Abalma's mother. I tried to impose upon her with he who is her husband, for she was very interested in issues of the spiritual, and he was not and is not. It created disharmony among all, and it is best that you not worry, but rather be there ~ when someone asks you for the information, give it to them and not worry about what they do with it.*

I am not sure if what I have done is imposing. I have a younger sister who, a year ago when she heard that I was into this type of thinking, thought I was really flipping out, and in a couple of months talking to her, she has really made an about-face, and she is really into this. And I am wondering if I imposed on her.

*Waith: My dearest, imposition upon another brings resistance, you see. If you simply discuss without forcing, but rather to just respond if something is asked of you, if an entity is ready to take this in, then they will, and your sister was ready. You have served rather as a catalyst for the unblocking of that which was deterring her.*

### **An Issue To Competition Between The Females With Each Other (February 05, 1989)**

I find it very hard for me to relate to other people that have my same gender. I do not know why. How could I improve that?

*Yes, indeed. You are not alone, my dear, by any means. One of the issues of the female during these past, we will narrow it down to the past five thousand years, has been a competition with each other. It is part of that which has created the imbalance to begin with between the male and the female energy forms. And there are many, especially in the female, who are trying to balance and are afraid that they are not going to do it because some other female is going to do it ahead of them. This is a characteristic that has created itself over the, as I had indicated to you, fifty thousand years has been this problem of the balancing.*

*It began fifty thousand years ago with a silly, silly incident. And that began to create this feeling of, "Oh. I want to do it before this one does it." Now, there is a particular energy flow that occurs in this particular lesson. It is a dominant lesson that is prevailing in the female energy. It is a vibrancy, you see, that some of the females have been able to break away from, and others are attempting to break away from. It is a balancing act. And what needs to be understood, is that it is nothing negative about yourself. You are not to say, "Oh, I am an awful female because I am not able to identify and get along with other females." But rather, it is to be looked at as an issue to be dealt with.*

*For in saying that you are not able to get along with other females and you only are able to get along with males, means that you are not seeing all as One. You are seeing, in your thinking, a parochialism, one sided way. This is the only way to see it, you see. And you must begin to realize that other females are not your enemy, but rather the enemy comes from within you, in your feeling that there is no other female who you can identify with. Many times, those of the female have had very unhappy experiences with other females, be it this incarnation, or previous ones, that have brought to this point in time a sense of distrust. It is this distrust that must be worked upon, which must be looked at.*

*There needs to be a way of acting. When you are female and you are with a male, I will use this as an example, it is important that you act as equal souls with each other, not as submissive one to the other, especially the female, you see. There is this misinterpretation of the balancing here where the female has misinterpreted of service to that of being submissive. And when you are of service, you are here to serve. It does mean that you compromise yourself for the male. That is not Being of Service.*

*Many times, the behavior of a female ~ this is not entirely just the female. It does occur with the male, but it is more dominant in the female ~ there is a behavior of acquiescing to the male, and this creates antagonism among other females who have perhaps seen that their role is to Be of Service to the male, and not to bow down. And thus, when there are females among you who may, in fact, be submissive in your behavior to the male, the females then will not respond to you, and then that accelerates the already adverse cycle that is already there where you feel you do not trust, do not want to get along with another female. See, it feeds on itself. Your behavior, their behavior ~ their behavior, your behavior. Do you understand what I say?*

*It takes a great deal of strength of soul to pull yourself from this pattern of behavior and an understanding of what it implies. And that it is not just yourself who struggles with this particular*

*issue. There are many, many, many. Some are at varying points of breaking away from this thread of energy, which I spoke, where others have broken completely away, and others are hanging by a thread, shall we say. And others are more firmly gripped onto it.*

*It is, however, the responsibility of the females who have broken from this thread of which I speak, when recognizing another female who has not broken from this thread, to help, and not to create antagonisms, even though that female may irritate. It is all very easy to say, isn't it? 😊*

Waith, I am dealing with every single one of these issues, and I find that it is difficult to know where the line is between helping and infringing. I have control issues. And I think that quality that I possess of being dominant, wanting to impose my will on someone else, which I do quite often, especially with my poor husband, and I am just being competitive ~ competitive with other females. I have always felt myself to be much more male than female, because these characteristics are associated on the earth plane with maleness. And I have learned so much about gentleness from my husband. I have learned more about gentleness from him than anyone, and this does not jive with the way we think about men and women.

*What do you think that means, my dear? 😊 Do I have to spell it out for you? 😊*

That we have taken on these genders to learn and to teach the other? Do I suspect that he is dominantly female and I am dominantly male, and we have come in together to teach each other these qualities and balance them?

*What do the rest of you think?*

⚙️ Yeah. 😊

⚙️ Shall we take a vote?

Is there anyone of you who can give me advice on how to be less hard and more responsive? Farena gave a very beautiful dissertation on how to be gentle and not be hard, but I have difficulty in the hardness.

*Of course, it is a difficulty, my dearest. If it were not, then it would not be a lesson, you see. And it is not something that is going to be achieved in after sitting and listening to one session. Nor will it be achieved in a lifetime, you see.*

## A Discussion Of Mass Conditioning Of Behavior Between Male And Female (February 05, 1989)

I will find myself very often in this situation when I deal with female energy, that you reach certain conflict just by repeating certain patterns in your behavior. As you have been taught by your parents to behave in a certain way, again and again, even if you made bad experiences in a previous situation. Could you elaborate this? What is the reason behind it? How can you get away from this situation when it occurs again?

*Yes, indeed. This is a very common experience. Again, those experiences that you all have with the male/female conflict is just repeating itself. And what is occurring is that there is a mass conditioning of behavior. And it is this mass conditioning that needs to be broken up. And for many of the male and the female over the past, shall we say, five to fifteen thousand years, they have worked very consciously at breaking up the Soul memory of that mass conditioning. Each of you came in through parents who were also a part of this mass conditioning. And depending upon where they were in their breakup of the mass conditioning would determine its effect upon you, and whether there would be a reduction in this conditioning or a reinforcement at a higher level of it within you.*

*In your particular case, there has been a reinforcement of the already existing mass condition that you have had struggles with over the past three thousand years in particular of earth plane time, where you have been trying to break away from this mode of behavior. You are in this incarnation more aware of this condition than you have been in the past. And you are attempting to, at a very minimum, recognize it. It is in the recognizing of it that is the most essential. For then once you have recognized a condition that needs to be changed, you are then able to tackle it and change it. It will take a number of incarnations after this for you to break away completely.*

*What you can do in the meantime, however, is at the end of each day, sit in a quiet spot and access your behavior toward the female energies during the day. And evaluate it as honestly as you can. And without judgement upon your own behavior, but simply as an outsider saying, "Now, this is what I did." And outline it and look at and say, "What is it that I like and what is it that I do not like about the way I behaved? And what can I do to change it?"*

*Change comes slowly and quietly, my son. And comes only through concerted ways of Self-determination that is applied only to yourself and not the way someone else is doing it. For you must break away from this mass conditioning in a way that is best for your soul, in your Higher Self telling you this. Meditate on this at the end of each day.*

## **The Effect One's Behavior Has Upon Another And How to Deal With It (February 05, 1989)**

**Talking about different genders, this is just something I thought of. My husband is a morning person, and I am a night person. I am a grouch in the morning, and I have been for years. How can you change? I love to wake up and feel great.**

*Why would you want to change?*

**Because I am such a grouch.**

*But why would you want to change unless you want to change? You see, it is related to the issues of any of the addictions or bindings that one has as a result of the earth plane sojourn. You have them for a particular reason. Your body, the encasement, is adjusted to certain issues and certain things. And when your soul is ready to let go of it, then it is time.*

*The issue that you discuss is no different from the issue of, shall we say, the smoking and the drinking and the eating and all of the other issues that you need not change, until it is time for you to change. There should be no imposition from any source, that what you do is terrible, you see. If you are not able to function properly as someone else perceives it at a certain time in the day, that is their problem, you see.*

*The issue is, do you want to change? How do you feel about your behavior, and the way that it affects those around you, you see? That is the issue. And then once you have dealt with that issue, then it is easy for your soul simply gives you the message as to what to do and how to do it and when.*

**Waith, if you say that someone else cannot deal with you, it is their problem, aren't you being insensitive to them?**

*It would appear that way. But in actuality, what you are doing is simply taking on your own path and dealing with that which is necessary for your own path and not taking on the issues of someone else. For if you were to be concerned with the way someone else was acting, you would be then taking on their issues. This becomes a very fine line spiritually, for you become, many times, so self-centered that you do not become sensitive to those around you. When we say that it is someone else's problem, we mean it from the issue of lessons. What you need to understand is the effect your behavior has upon those around you, and how you plan to deal with that.*

*Now, if you want to be insensitive about it, then that is part of the lessons that you are taking on. You see, ultimately, it would be that your behavior was such that it did not harm anyone, you see. It is most difficult, however. For there will always be someone who will say to you that they do not like the way you are behaving. And what are you going to do about that? Are you going to try and please everyone? Or are you going to try and behave in a way that is right for you?*

*And therefore, if you are behaving as spiritually as you can possibly be, then that is right. It is when you behave in a way that you are going to hurt someone else that the lack of spirituality then begins. If you know and deliberately do something that is going to hurt another, then there are difficulties. But if you truly are behaving in a way that you feel is your soul's path, and the only way in which you can learn your lesson, and you are not deliberately hurting others, then it is within the spiritual context. There might appear to be a contradiction, but therein lies the paradoxes of so many issues.*

On contradiction, many people use that as a means to manipulate by saying, "I do not like the way you are acting. Why are you hurting me?" And so on. They have to recognize that and compromise one way or the other.

*Indeed. It is not an easy issue to understand the fine line, to understand the balance between Being of Service and manipulating.*

### Dealing In A Hostile Work Environment ~ And Knowing, Or Not, That You've Helped (February 05, 1989)

I am in a work situation where I am the only female and feeling a lot of hostilities toward me. I try to be fair and not attempt to change their attitudes. However, it seems like that no matter what I do, the attitudes remain the same, to the point I will withdraw within myself to protect my own feelings. I do not think that there is anything being gained by either side. And I do not know how to overcome the feelings of the hostilities that I feel that are directed toward me. And I think some of it is not me personally, the mere fact that I am a female.

*Indeed. That which you started out to do has changed. And you are now in a position of preparing to depart from this situation, for all that could have been done has been done. And you will find an area in which your energies and your insolence will be greater appreciated and understood and will be utilized in a more productive and beneficial way. You are at the end of a particular path and ready to take on the next level, which you know about.*

I just feel that I came up short, that if there was something that I could have done that I failed ~

*You have not. No. Understand that you did what needed to be done.*

You see that I do not see that anything was accomplished.

*Many times, you do not see. Many of you will not see anything accomplished at your level. You will not see what may have been accomplished at the spirit level. And it need not be a dramatic accomplishment, but rather a very minute subtle accomplishment. And it may have been only for one entity rather than a group of entities, even though you were in a grouping. It is not the purpose to determine if you did, in fact, accomplish something from an earth plane perspective. Your soul knows. Your soul knows.*

*At the plane level, it is very difficult to fully understand so often. There are times when you will be able to see it very concretely, that something was accomplished. You see the changes in a positive way of those around you. When you are not able to see change in a positive way in those around you, it is a sign that this is an issue at the spirit level that you may not know of at the conscious level. Know that you have done that which you set out to do.*

I just wish I felt better about it.

*You may not feel good about this situation for a while until there is a different perspective. There are changes coming for you now, but you knew that. They will be here shortly, as earth plane time is measured, it is a very short time.*

*We would have Farena and Bathusela give some closing remarks to you, then we must depart. For this is a topic area that we know could continue for a great number of hours.*

*Farena: Well, closing remarks. I would leave you all with the perspective of happiness and joy, and looking at this manifestation as one of opportunity and love, and the chance to help each other, be with each other, to touch each other, to appreciate the sense of touch, for the sense of touch is not in spirit, and so it is to be revealed in. Enjoy it. And it will help in the homesickness.*

*Bathusela: I send to you all my love. And I am here to be called upon when you need gentleness in your life, combined with happiness of spirit. This is what I am here for. And I say to you all, I am here to help you, the female, to be strong within oneself, and to understand the difference between service and servitude, and to understand how to Be of Service to the male so that the balancing occurs. And at the same time, I am here to help the male to help the female, and to help in the balancing in a spiritual context. I am pink, and I am with you, and I love you.*

*Waith: And now we are ready to depart. Remember that this special topic session is not the end of this conversation, but rather it is simply the beginning of what will be many, many questions to come that will relate to this topic.*

### **There Are Dominant Females And Males Who Resent Being In The Role They Are (May 07, 1989)**

*There are many female entities who, for example, have a resentment for the role of the female. This results from the initial split of the energy form from The Oneness. When the original energy form split, one became female and one became male dominant. Thus, the twin flame phenomena. And there are many female entities who, now, from the beginning, were not pleased with the fact that they had to become the dominant female and their other half became dominant male and carried this through. And much of what needs to be worked on for a situation like I have described is what creates for many females a difficult path, for coupled with the difficulties of the inherent female qualities is then this resentment that one had to become female.*

*The same also applies for the male. There are many of the dominant male energy forms who resent having to take on the male dominant, remembering, of course, all of you, that once you become One, you are genderless, you see. It is all part of returning back. It is all part of that*

*which we play as a game, which is what it is all actually ~ remember this. We have said this in prior times. Now, we will get on with the playing of the game.*

*Your illnesses, therefore, come from many different situations relating to the various qualities that are being worked upon, and you may be working on a particular quality in this lifetime that another is not. The issue ~ we will return to the issue of reproduction, for this generates a tremendous number of issues related to it, for the physical encasement of the female is designed in a specific way, during this particular illusion in this particular time on the earth plane, to bear other physical encasements. This, because of the actual design of the encasement, can be a difficulty for many of the females. The physical encasement itself brings about discomfort for many in female form. For others, there is no discomfort. Most, however, feel some form of discomfort with the physical encasement, be it external or internal, and we will address your specific questions in a moment that we had indicated earlier we would.*

*The discomfort that comes from the female encasement will relate to those issues that you have brought into this lifetime. We had indicated in open session from our last time that one of our bright male encasements wants very much to bear a child, and this is a very strong reaction to being dominant female and having other issues from the past that are unresolved.*

*So too does this occur with the females, and you must understand that in order to find your answers to these difficulties you must reach your Higher Self. You must be able to find the answers from within you by meditation, by understanding from those around you and from sources such as ours, those areas that you need to pay attention to, those areas that you need to face up to. For while it is easy for us to say that certain issues come from a general sense of being female, it is not the easy way out.*

### **It Is Important For The Males To Help The Females, And The Females To Help The Males (May 07, 1989)**

*You will not leave this session knowing exactly what the problem is and how you can solve it. This will come only from your own seekings. We are here for this session, as well as for many other times to come, when questions are posed, to gradually unfold to you the issues related to female health, as well as male health. It is important that the males help the females and the females help the males. Do you understand it?*

*We would like now to give you the information that you need via the use of questions, for we know that which you want to know. For those of you who are new to the vibration and have not heard us speak before, you will understand that we enjoy the use of questions rather than monologue. It serves a much greater purpose*

### **Jacques Discusses The Physical Weaknesses Of The Male Physical Encasement (November 05, 1989)**



*Now, the male energy therefore takes on very severe types of physical situations quite different from the female. And while, as you might call it, THE BATTLE OF THE SEXES where the female would contend that she has far greater physical difficulties, this is not true. The female encasement is, by the illusion, presented stronger than the male encasement and able to withstand a tremendous amount of difficulties. The male encasement, to the contrary of what is believed, is quite weak, and this is a part of that which is part of the illusion.*

*Now, the weakness of the encasement is centered in a number of places, as you might say, for the male. It is in the area beginning at the base of the encasement in the area known as the ankles. And moving up, it becomes then the area known as the upper thighs, which are weak, have points of less ability to maintain stress upon the encasement, this particular area more so than the others. As you move upward on the encasement of the male, you will find that the right limb has a less tolerance for physical stress than the left limb, and that the appendages known as fingers, the thumb and the index finger, as it is referred to, are points of weakness on the right hand.*

*On the left hand, the corresponding appendages are of strength, and therefore the electromagnetic energy field of the two connecting give a strength when in need of gaining an energy field of superior ability to other male entities. However, this connection, as you see my hands now forming, (Index fingers and thumbs together forming circle) is not a situation where every male entity would be able to use the energy that would come from this connection. It requires a meditative state and an advancement of the energy form itself in order to achieve this. However, it is possible for many who are incarnated now to achieve this balance of the electromagnetic field, and (Name given), you would be able to work with many male entities in achieving this harmony and helping them to develop it.*

*As you move through the encasement, you will find the area here at the throat, (Jacques points to the throat), as it is referred to, the lower base of the throat, as an area of weakness, and the ear on the right side of the encasement, the back part of the ear in the very back part being weak also. These are situations quite different from the female encasement which have no weak points.*

*Now, the male has these weak points, for the male is of a different type of vibration, there is the need for development of a physical strength because the energy itself is very strong. Male energy takes a tremendous amount of strength in its being male, and because of the illusion that has been set up, there is no outlet in the physical for the moving back and forth of the energy unless there were these weak points. And thus, they were developed, these weak points in the male encasement, to enable the male energy to build the strength and to build far greater capacity to deal with the spiritual self, which is the difficulties that most of the male entities have. And it is in the combination of the female and the male entities working in harmony that certain strengths from the male are transmitted to the female, and certain strengths from the female are transmitted to the male.*

*The male is far more susceptible to what we call disease, for until the male has reached the ability to transcend the physical illusion and to give credence to the spiritual development, there will be the difficulties of restraint within the encasement. Understand that when the male energy is out of the encasement and in spirit form, or in other dimensions, this situation does not exist. This is strictly in the illusion of the earth plane.*

**It Is Important To Remember That Being Male, Or Female, That One Is Not Superior  
(November 05, 1989)**

*Waith: I would interject at this moment with ~ with Jacques, for we also would like to bring up the point of ~ that one is not to feel that the other is superior. Remember this. Remember this!*  
☺ *I emphasize this! One is not superior.*

**You have been reading some minds in the room! ☺**

*Jacques: This is quite correct in that it is fine that this be emphasized to you, for Waith, of course, has greater understanding in knowing what your thoughts might be. I do not have access to the knowledge that he has of this, and this point is well taken in that in my discussions of weakness in the male encasement there must not be the belief that it implies superiority over one another. It does not, for without the harmony and the working of the male and the female in their uniting to become One once again, there would be no purpose to all that occurs.*

*The male entities have difficulty with disease, for understand that disease is the physical manifestation of issues unresolved at spirit, and that when this occurs with the male entity it is far more dramatic than it is with the female, for the female has in the illusion presented now able to synthesize the physical manifestations of unresolved issues at spirit in a much smoother way, in a much less dramatic way, and this has been the mission of the female entities.*

*The male entities, on the other hand, shall we say, fight the issues of unresolved spirit matters, and it is only when the twin flames, the male and the female of an energy form, have begun to work closely with each other in physical manifestation that there begins to develop in the male and the female characteristics of each other, male/female, that aid in the manifestation of disease so that those of the male become less dramatic in their disease than those of the female, and the female becomes even stronger because of this as a result of the male half becoming more aligned with itself.*

*Now, the reason that the male and the female entities would incarnate in different form is simply to gain a much greater understanding of what the other is attempting to resolve by being in the physical encasement. And thus, it helps the male in going into the female encasement for an incarnation to be able to better understand the issues of unresolved spirit matter, and not to fight it, but to understand it, and for the female to go into the male encasement. Do you understand the great difficulties that the male illusion has presented for itself? The male illusion must be a*

*certain way and this has to be worked out by both the male and the female so that there is greater understanding of the issues of male and female.*

### **The Issue Of Lifelines Makes The Universal Uniting Of Male And Female More Complicated (November 05, 1989)**

*Waith: I would also interject at this point that when discussing the male and female uniting that you understand that you are all a part of One Universal Energy form that has split off little energy forms, and that your energy forms ~ remember the discussion that we have had a while ago about lifelines and how complicated that lifeline issue is, the male and the female. Understand that every energy, when it breaks apart, breaks into a male/female at a minimum. There may be in some cases triplicates, or quadruples, as we would say, three and four breakings from the same energy that is a lifeline, and there may be one that is dominant male and the others are dominant female, or the other way around. But understand that it is always in an energy break, a male component and a female component, and then whatever else, if there is one more that has decided to be ~ if it is a triplicate, for example ~ then there might be one male and two female or two male and one female, but there will always be a male and a female. Understand that.*

*Jacques: This is very important to the understanding of the balance that needs to occur with male/female. Now, male specific health problems that the male seems to have to encounter relate to the Lower Chakras, and this is a particularly important point for those of the female, for the female has issues that relate to the Higher Chakras. Their health issues relate to the Higher Chakras. And it is, of course, a misunderstanding of the balance that you understand that the Chakras and the issues that need to be dealt with are of opposite natures, so to speak, so that when the issues are dealt with at their own levels, they are then able to merge and a greater understanding occurs.*

*And thus it is when the females and the males would engage in debate, and many times fighting about what the centers are of concern. "Why do you always think only of your sexual life? Why do you not think of something higher?" is so often heard by the females. And it is the understanding that this is the higher purpose of male/female, part of the purpose, and that when a female dominant enters into a male encasement you will have that female dominant having to work through Lower Chakra issues, and therefore you would see female behavior in the way that you might see male behavior, and vice versa, and this is all as it needs to be.*

*When this is occurring, there is a pulling on the energy field when it is a dominant energy in the encasement of that which is not its dominant position. So, when the female dominant is in the male, or the male dominant is in the female, there develops tremendous stresses on the energy field which need to be alleviated, not just through the state of meditation, but through actual balancing with the use of crystals most often, and with special types of healing where there is a soothing of the energy field over the Lower Chakras, if it is a dominant female into the male, and*

*over the Higher Chakras if it is a dominant male into female, so that the smoothing out at the vibrational level can be achieved.*

*In terms of the other weak areas in the male encasement, there must be care taken with the encasement itself in these areas that have been presented. The male unfortunately does not want to heed this information in general, for the male being in the illusion of having great physical strength and prowess would not want to admit that there are areas in the physical that are weak. And that area, beginning with the ankles, is very critical, for if these two areas are not protected properly, it affects the entire encasement in an imbalance that may be only slightly felt, but nonetheless will account for the occurrence of continual types of ailments in the encasement, ailments that the entity is not quite able to put their finger on, shall we say, continual types of situations, not feeling quite well. This comes from a weakness in the ankle area that has not been addressed.*

### **Jacques Gives A Remedy For Continual Types Of Ankle Ailments In The Male (November 05, 1989)**

*There is, of course, much that can be done to go into the physical encasement for the male energy that will assist in the easement of these physical ailments. One of the most popular, shall we say, though not the most tasty, is an elixir of molasses ~ we would say the proportions now ~ I am being told that I have this tendency not to give proportions ~ one tablespoon of raw molasses, with one teaspoon of pure white vinegar, with one teaspoon of pure raw honey, the juice from half of a lemon. This would be an average size lemon. And to use the pulp that is in the lemon.*

*Now, to place this in one-half cup of water, preferably the spring water, the pure, and to bring this mixture to just below the boiling point, and then to consume this. It will provide an almost immediate release to the imbalance that is a result of the ankle displacement. Generally, also, with the ankle displacement, there will occur simultaneously a connection with the ~ in the right limb, the thumb, and the index finger, and if the ankle is out of alignment, then so too will the weak point be weakened further in this area of the thumb and the index finger.*

*Those vibrations of the male who are aligned properly and are attempting to work through these weak points in the encasement, while consuming this liquid, would want to place the fingers as I show them ~ the two index fingers and the two thumbs in this position that resembles much like a diamond when the hands are placed together, and to take the hands as they are and maintaining themselves in the diamond position, to bring them down to the Lower Chakra areas, down that tunnel, shall we say, and bring them down to the ankle areas, as you see me doing, spreading apart and surrounding the ankle area coming in the back. And in the back, I place the fingers together again, you see, bringing them into the back and then bringing the fingers back up in this manner, as you see them, to the side of the encasement and then returning to this position of the diamond. This will create an energy field of significance to begin to help in the smoothing out of the weak areas.*

*Understand that there will be many, many, many incarnations needed for the working out of this particular situation, and that eventually, the male encasement can find itself strengthened completely in these areas of weakness that I have described. And when that occurs, it simply means that they are now ready to do other types of missions and other types of learning on the earth plane. And that while it has been told to you that when you enter the earth plane you have a Menu of Lessons that you are able to choose, this is not on The Menu for choice. This is a given.*

*Every male entity will have to go through the workings of strengthening the encasement, for it is a spirit issue that is most important, and that there will be many male entities who will be able to accomplish the strengthening while they are, let us say, halfway through their incarnation, their sojourn on the earth plane, and while that they may have completed and strengthened their weak points in the encasement, does not mean that once that is accomplished they are ready to leave the earth plane sojourn. There may be many who, in fact, will in their final life on the plane still have weak issues to deal with, and they will finish it in their final incarnation. Others may have finished it far before their final incarnation. When there is the completion of the issue of the weakness, it enables that energy form then to devote time to true unity with its other energy forms, the other parts of itself, for most energy forms will have other energies to unite, with whether they are a lifeline of another energy form, or they are bringing other lifelines into the dominant energy.*

*I am now instructed that questions are in order. And Waith and I are here for questions for the record, for understand that this is only the beginning of the discussion. There is much more to the issue than we have given now. We will take questions.*

### **Jacques Gives A Meditation Technique To Help Those In The Opposite Dominant Gender (November 05, 1989)**

**Jacques, can you give advice to male energies who are incarnated in female form, any specific advice that you can give out to help to resolve the issues?**

*Jacques: It becomes a very specific situation for each of you. While there may be some general remedies that could help to ease on a temporary basis, the issue becomes that the meditative state is required for an understanding of what it is the dominant energy is needing to learn by being in the other encasement.*

*One of the remedies that you might find for easement would be to ~ and this would apply to any who are in the opposite of their dominant, so it would not be just for the male dominant in the female encasement, but the other way also ~ would be to place yourself in a very comfortable position, seated in an upright position, but feeling comfortable in that chair, or if*

*you choose to be on the floor, whatever, and that your back be straight, and that you center your focus on the Third Eye and that you visualize the opposite of your encasement.*

*So, if you are male in female, then you would focus on male, and you would think of male energy, you would focus on the Third Eye, male energy. If you are dominant female in the male body, you would focus female, and you would focus female into the Third Eye. And you would envision yourself in spirit form as that dominant energy form, so that what is accomplished by doing this is a reminder, as well as a returning to a spirit of what you are, as opposed to, what the illusion is, and it will enable you to center yourself somewhat. And when you are beginning to feel the difficulties of being in the opposite encasement, that you will have a returning to your dominant energy form, be it only for a short period of time as measured on the plane.*

*Nonetheless, it will aid and comfort. There are also techniques that those charged with the mission of healing and the use of crystals may also use for those energy forms who find distress. That would be a topic for another session, for those are very specific techniques and we would perhaps be able to address them at another time soon.*

### **A Discussion Of Male And Female Issues Regarding Lightheartedness (December 07, 1993)**

**I have noticed that women have it easier to play, that they will chatter about simple things, like their hairstyles. I always felt, how can you talk about this? There are so many serious things in the world to discuss. However, I envy women. They have a great time. The men talk about politics, or economy, or terrible things. Is there a pattern? Are females easier going and enjoying life more?**

*You might want to ask one encased in female gender, for this particular lifetime, if they feel that it is easier being in the female versus the male encasement. You know, from our other times of talking about the male/female situations and understanding ~ to understand that energy can have a dominance of either male or female as it goes about its journeys on the earth plane, and in other dimensions that may not appear in the encasement. So many of you are in the opposite encasement of what your dominant gender, as you would call it, is, so that you may be dominant female but in a male encasement and dominant male in a female encasement.*

*It is all part of the play that goes on, on the earth plane, so that you can begin to understand the complexities that are involved in the paths designated to the male energy and designated to the female energy upon entry out of The One. In order to understand the complexities of, and the differences involved in, each of those paths, you must experience what it is like to take on many different roles within the female or male encasement, and life that exists. Now, as you call culture on the earth plane, depending on where you happen to land on the planet Earth, in any given time frame, and in any given culture, will determine the degree of ease or unease that relates to the gender.*

*Now, complicating this even more is the fact that some who you would meet would feel very comfortable in being lighthearted and frivolous. and it has nothing to do with whether they are in a male or a female encasement, or whether they are male dominant or female dominant. It has to do with their own development as an energy ~ their ability to be lighthearted ~ and that it would be very simplistic and almost to the point of inaccurate to say that one gender had it over another in terms of being lighthearted, for the issues of what the energy takes on in a lifetime are what are at the heart of their abilities to be lighthearted and to play on the earth plane, you see.*

*And it is a judgement, my son, most definitely, to say that you observe that the female talks about their hairstyles and to think that that is frivolous. Well, you know, to them it is not frivolous. And so, what if it is? And, that the matters of discussion that many serious-minded entities take on in those issues of the earth plane ~ the governing of the earth plane and all of those issues that seem to matter so much, that are all about to come toppling down anyway, and be renewed and energized in a much more enlightened manner, are taken on by entities specifically so that they can begin to work through their own seriousness, you see.*

*Now, you have taken on a path in which the occupation that you have chosen is one that can emphasize your seriousness. And you have come into initially a culture that glorified the male and deglorified the female, which is a rather common occurrence on the earth plane currently. In some cultures, not quite as severe as others, but this is all for learning, you know. And we have placed on the record the issues of male and female and why much of this is occurring. So, my son, we would say to you, lighten up about this and be careful of judging what you think is frivolous, for others may then feel that they have the right to judge you about what they think is frivolous in your regard.*

**I used to judge. I learned this over the last few years, that it is up to each individual how to enlighten themselves.**

*Yes. Yes, indeed, you have come a ways.*

(Someone else is speaking) **Correct me if I am wrong, but I think you are really looking at interactions of females with a certain kind of feeling that they are having a lighter time of it, and maybe there is something you would like to be doing there. Right? I did not get judgement out of that at all.**

**Yes, that is true. Yeah.**

*Ah, judgement. It is one of our favorite topics. You all think you are being nonjudgemental. It is quite interesting. Quite interesting.*

**When Higher Self Levels Come In, Can They Be Of A Different Gender, Sharing The Same Soul?  
~ Male/Female Issues ~ Changing One's Physical Gender**

(October 04, 1994)

*Yes. The Self shares the Soul of Self. They are not different souls. Different souls occur when the energy splits, but in the layering effect, it is the same soul, just different levels of understanding. And generally, for the earth plane sojourn, there is given in approximately seventy-five to eighty percent of the energy as a common situation. The lower the amount of energy coming in, the more difficult is the journey on the plane. And many entities choose to only bring in a small percentage of themselves for the earth plane sojourn to accelerate their learning and to make their learning more difficult. It is purposely done. It is not something that is required.*

*The remaining percentages that exist in the Self slowly integrate in very minute ways. It is, however, common in an accelerated training time such as you all find yourselves in now, that large portions of the Higher Self enter into your consciousness. It is generally done with those entities who had chosen to have very small amounts of their energy coming onto the earth plane. So, there are situations in which the Higher Self that is integrating into the energy has not had experiences on the earth plane, and is bringing in a higher level of awareness from other dimensions, but not the earth plane. It creates interesting assimilation. We have explained that part of this phenomena relates to Mushiba and that type of integration.*

*There are many of you in this gathering who have had a number of infusions into your conscious being during the past few earth plane years that have given you a sense of clarity of what you are here to do, and what you need to do, and have given you a sense of strength in seeking your own spiritual path. And when you begin to see the world around you in a different way ~ you become calmer, you become, in your own way, more aware of your place in the world ~ you can be certain that your higher awarenesses have integrated. Sometimes, it can be very dramatic and sometimes it can be very, very subtle.*

*Each layer, if you will, of yourself, has different gender orientations. You have a dominant gender, for each energy takes on a dominant gender for its experiences outside of The Universal Consciousness. But there will be times when you will bring in a particular level of your energy that is a different gender than what your encasement is, and what your dominant energy is. And it is nothing unusual. Many of you are rather comfortable with the sense of feeling that you are different from what you appear to be. You may look female but do not feel female, or you may look male and do not feel male, or that there is an integration of the male/female, the opposites within Self. And you have a clearer understanding of the issues that the opposite gender to which your encasement is/has for its journey on the earth plane. And that is a very critical and important issue for all on the earth plane to learn, the perspective of those who are different from them.*

*And if you are in a female encasement, whether or not your dominant energy is male or female is not the issue. Rather, the issue is how you are able to attune yourself to not only your issues but the issues of those around you in other genders. You become more understanding and not one sided in thinking that you are the victim because you happen to be male or the victim because you happen to be female. You can take either stand, you see.*



*So, it makes for a rather interesting lifetime when large amounts of Self infuse into your Conscious Self and that those levels carry different genders. One day you are female, the next day you are male, the next day you are back to female again, and all, of course, in the same encasement, unless of course you so choose to change that ~ which is a common situation, not just in this time frame in this illusion that you find yourselves, but in many of the other illusions, for the desire, as well as the high ability, to change the physical encasement to meet the vibrational gender, was a common practice.*

*And in other illusions, in fact, it was not the need to have assistance in changing the encasement to meet the vibrational gender. It was not needed. It could be done with Self. This was part of The Atlantean Illusion, the ability to do this. It is also part of why the illusion had to end eventually, because of the abuses that that type of ability brings. And it is not part of this illusion, but it will be part of the next one.*

### **Bathusela Comes In With Conversation Concerning Gender Issues Now And In The New Illusion (October 18, 1994)**

*Bathusela: My name is Bathusela. It has been quite some time since I have been in such a beautiful gathering. And the beauty of this gathering is in the balance of the male and the female. Our mission is to help those especially who have taken on the female encasements, to help in the balance with the male, and to help in the understandings for each. For while you may be in a particular encasement, that is one gender or another, your dominant energy may be just the opposite. And so, the male genders and dominant energies may actually be in female encasements. And female dominant energies, or gender, may be in male encasements.*

*And thus, when we say that we are here to help the female in the balancing with the male, we oftentimes will not tell you who is who, for some of you may not know. You may not have the sense of your dominant energy, and that is very critical in your own balancing and in your own lessons. There is much to balance between the human male and the human female. And it is a continuous situation from illusion to illusion. It forms the very basis of our separation from The Universal Consciousness. We divide into separate, but ONE, dimensions of energy, each taking on different components of the total balance, and creating an imbalance so that the balance can eventually become ONE again, for only in the imbalance can balance be assured.*

*Would there be any questions relating to the wonderful war of the genders? ☺*

**Who's going to win? ☺**

*Bathusela: Eventually, your total energy wins. If you think of it in that way, you will be much happier. You will be able to balance with those of the opposite when you find yourself in conflict, and to know that it is meant for balance. The conflict is not really conflict but that which*

*you perceive as disagreement. In actuality, it is imprinting, for as you face another from the other gender, you are working toward absorption of the energies of opposite. It brings ultimate harmony, for as you are able to understand the opposite, you are better able to understand Self.*

*And there are no good guys and bad guys, as you would call it, but rather, the harmony. And we understand that at times it is difficult to keep that in mind, that you are harmonious, for in relationships, you come together for harmony. If there is disharmony, you must step back from it and not be encompassed by it in its illusion on the earth plane. But rather, to view it as the way in which to reach a balance of sensitivity and understanding to those of the opposite.*

*The male and the female are essential in all of the kingdoms. The gender difference exists in all of the kingdoms, in all of the illusions, in all of the training grounds, in all activity that occurs outside of The One. It is not simply a mean trick that was played on you when you came onto the earth plane. The way in which you take on a gender is directly proportionate to the types of issues that you are learning and you are teaching.*

*Many of you gathered here in this session are dominant energies in an opposite encasement. It is a very common choice, for this time on the earth plane, to experience the earth plane life of the opposite gender to which your dominant gender relates. That can be rather disconcerting, can it not, for many? We hear so much about the manly man. Yes, is that correct? The manly man? Is that what you refer to? Yes. That is a bit of humor, for there are many who have taken on very strong male encasements whose dominant energy is female. And many who have taken on what you call a very feminine encasement whose dominant energy is male. One is not better than the other, contrary to what each gender may think. There is equality. The only difference is in the assignment that has been given to each of the genders for work to be completed to return to The One.*

*When you have issues relating to those relationships that you form, we are here to be called upon. Our color is represented by that which is pink. We chose that earth plane representation of female, in the culture in which you find yourselves living now, for very specific reasons. It is to give emphasis to the issues that relate more to the female balancing with the male. We have stated this on record, that contrary to popular belief, it is the female gender at this point in the illusion that needs to balance with the male gender, and not the other way around. And because of that, it has taken on very interesting symbolism and very interesting manifestations at physical. So, visualize the color pink in your meditations and we will give you guidance if you ask us.*

**In The New Illusion, will there be less of a distinction between male and female gender, because we are experiencing great movements towards same sex love right now, and this seems to show a trend towards a new orientation of genders.**

*Bathusela: There will be a very different gender identification in The New Illusion. Waith has indicated that it will be part of the discussions in the next two earth plane years in which*

*preparations will be given for life in The New Illusion. The issue of gender and its accompanying orientations for physical relationships will be addressed in quite a bit of detail by Waith.*

*The discussions of what you refer to as sexual orientation will be given by Waith, for there is much change. And you must be careful in making assumptions about The New Illusion and the gender identities based upon what you now observe in the ending of this illusion. What you see in the ending of this illusion, currently, is an exaggeration to bring out the issues of extreme judgement that is evident at this time on the earth plane and the very extreme emotions that judgement brings about. And that will all be addressed, those issues as well as others, in the next two earth plane years. It is time for us to leave and allow one of the others to come in now.*

### **Does The Earth Have A Male And Female Energy That It Balances, Within Itself?**

**(December 31, 1994)**

*Yes, it does, my love. Within itself, just as each of you have male and female within Self to balance. You have a predominant energy that manifests itself in a particular encasement. Earth, however, does not have that type of singling out of a gender. It works within its entire purpose of male/female. It is not quite the same as you would think of it in male/female for the human encasement, but it does have the balance components that come with male/female. That is all part of its cleansing now, to bring into greater harmony the male/female of earth, and therefore, the male/female of all the energies that visit the planet.*

### **A Question Of Gender As Represented By Those In The Company**

**(December 31, 1994)**

**The Company of Susan and Farena. The names imply a female. Is that how we are to think of them?**

*Yes, they very specifically are represented in the genders that they present to you. There is purposely, however, three male and three female, thus, not giving special treatment to any one gender. However, understand that they are not necessarily dominant in that particular gender that they represent themselves to be. For purposes of the mission that they have chosen, they have taken on a particular gender.*

### **The Twelve Pivotal Points On Earth Are Harmoniously Working In Conjunction With Each Other**

**(December 31, 1994)**

**Do you coordinate the effort for 1995 on earth with the other eleven pivotal points on earth, or is that primarily focused on Waith's activity in this pivotal area?**

*All of the pivotal areas are working in harmony and work in conjunction with each other. The theme, if you will, of giving Light to Earth is a common theme that the other pivotal areas also*

*take on, some consciously and others not so consciously. Not all of the other eleven pivotal areas are as aware of their mission as this particular Energy Center is, so there is coordination. There has to be coordination.*

## **Harmony Within Self And Gender Harmony**

**(October 01, 1996)**

*Four out of the six in The Company have already come in to discuss their particular component, and scheduled for this earth plane month is Boopsie. It is Boopsie who is charged with the responsibility of assisting energies as they search for Harmony within Self and the issues relating to the gender that has been taken on in the lifetime, as well as harmony with the gender opposite to what they have taken on, as well as harmony with the same gender. We give you the three different scenarios, for there can be an energy in a particular gender encasement that is the opposite to what is called the Dominant Gender, for when your energy is defined, initially, you are either what you know as male or female in this illusion.*

*When you come onto the earth plane, you take on lessons of gender, which means that you not only must learn the issues of the gender you have been assigned, or agreed to take on, but also you must learn the lessons of the opposite gender. This means that in order to do so, you must come into the encasement and live the life of the gender opposite to what your dominant gender actually is. This is what creates so much interest, challenge, excitement. It is also an explanation for why many on the plane feel very comfortable in their encasement, and others feel very uncomfortable in their encasement.*

## **Relationships Of Same Genders Versus Relationships Of Opposite Genders**

**From Transcript October 01, 1996)**

*We have indicated in our other discussions that when The New Illusion enters into the vibration, that the tendencies that you now consider abnormal ~ that being same gender relationships ~ will slowly become the norm, and relationships with opposite gender will become what is now considered abnormal in the illusion ~ that of same gender being considered the abnormal. This is part of what many who are approaching The New Illusion feel discomfort, feel anxiety, for they know not what it will mean to the frame of reference that they now currently have.*

*Boopsie will be entering soon. She will give you a perspective of the playground on the earth plane of gender. And it will be from her prospective of training in Guide School and working with gender issues that she will be able to give you a greater understanding, for she has recently finished the earth plane sojourn and comes back in Guide position with a fresh memory of gender harmony. She is available to be called upon in your meditations as you search for guidance in your own issues of gender harmony. So, Boopsie will greet you now, and when she finishes, we will return and close out this particular meeting.*

## Boopsie Comes In And Speaks Of The Gender Issues Relating To Male And Female

(October 01, 1996)

### Dominant Genders ~ The Issues Of Gender Dominance And Coming In As The Opposite Of Your Dominant Gender ~ Required Lessons To Be Learned

(October 01, 1996)

*Boopsie: Hello. I am Boopsie. We scan the energy of each of you. There are several in this gathering whose dominant energy is opposite to the encasement that you have taken on. We will not say who, however. Having recently finished the journey on the earth plane, I still have the memory impressions of the difficulties of gender, for my completion of the sojourn was in the illusion that you currently find yourselves. Moving into The New Illusion brings about, of course, a different perspective and a different energy. What I am able to share with you now is the perspective not only of the higher level, but coupled with what I experienced in my last lives on the plane.*

*When coming out of The Universal Consciousness, an energy form is created ~ pops out! Many energy forms pop out ~ pop ~ pop ~ pop ~ pop. Waith has spoken of this phenomenon. What occurs, then, is that gender becomes one of the many challenges that can be taken on. If an energy form, first of all, decides that it wants to become more than itself ~ to split ~ then it automatically agrees to some type of gender. The gender issues, however, are defined by whether or not you come onto the earth plane or you go into other training grounds. The earth plane has as its setup, male and female. All energy forms are male and female. In other training grounds, this is not the case. There are other types of identity criteria, not necessarily what you know as gender.*

*Coming onto the earth plane, then, brings you into a Menu from which you select what you are going to do on the earth plane. One of the requirements mandatory for earth plane journey is gender. You have no choice. The choices come in the ways in which you will work through the gender issues. So, you split as an energy, and within that energy split is an instantaneous determination of who will be what. So, each of you was in complete agreement with the gender that you are as a dominant gender ~ male or female.*

*There are specific roles assigned to the male and to the female. Male and female are not meant to be alike ~ hence, the difference! The attempt to be alike is a behavioral component built into the earth plane as a training ground. It is not meant that the female become like the male or the male become like the female, for in the splitting of energy, is created then the need to return back into The One, having achieved a balance within the gender. So, if you are female, you will need to learn all of the issues assigned to the female gender, and the same for the male. However, in order to understand Self, you must understand others. And in order to understand others, you must understand Self.*

*Waith's GUIDELINES FOR GROWTH indicate Respect for Self, first and foremost. The only way you can learn that is, first of all, feeling within Self that you are achieving the goals that have been determined. And the only way that you can Respect Self more is by then Respecting Others. And the only way that you can Respect Others is to learn of others and their journey.*

*Thus, you come in initially in the encasement of your dominant gender. So, if you are male, then your orientation time on the earth plane ~ the first ten or twenty lifetimes ~ is in the male. It is the rare occasion when that would not happen. You become settled in to the earth plane. You become acquainted with the male gender. The orientation time frame is meant for each entity to be, as you would say, bombarded with the issues. You may not necessarily even have to deal with the issues, but they will be infused into the Soul memory. For as you take on the sojourn of the earth plane, you will pull from the Soul memories what you need for each lifetime.*

*And then the fun begins. Orientation on the earth plane is a relatively calm, peaceful ~ make them feel safe ~ environment. And then, just when you think it is safe and you say, "This earth plane is not so bad after all. What were they talking about that the earth plane is one of the most difficult of training grounds and one of the most accelerated of training grounds? This is not so difficult." As soon as you say that, The Universe knows that you are ready now, really, to take on the earth plane and that your orientation time is over, for you have become complacent ~ this is the queue. This is how The Universal Consciousness knows. The bell goes off ~ ding, ding, ding, ding ~ "They think it is easy!"*

*And then, you as an energy begin to decide how you are going to learn the lessons for your gender in relation to the opposite gender, for in order to learn how it feels to be female and how others view you as female, you must become male ~ and vice versa. And it is when all of the issues of imbalance begin to come into play, for the earth plane, of course, is a training ground of imbalance. You balance for a very short time ~ a nanosecond, as you would call it. And then it is time to learn more, and so you become out of balance.*

*In gender harmony, you learn the issue of love of Self, and therefore, love of anyone or anything different from you. And you learn that by taking on the encasement and the life of a male or a female. Then it really becomes interesting, for relationships are formed. This is also part of the earth plane. It is a training ground of relationships. It is not meant to be alone on the earth plane, to come in and journey without another. It may not be that you have the Love of your Life, but you certainly have many, many around you, whether you want them or not. It is unavoidable.*

*There are some situations in which there is isolation, complete isolation, but those are rare and considered a special situation for a particular lifetime. But the environment of the earth plane is relationship geared and oriented ~ and it is gender relationships. So, what you feel about the opposite gender, whether it is good or not so good, is meant to be. You must be feeling the way that you feel, for this is how the play has been arranged.*

*And on the earth plane currently, and we stress this word currently, at this point in the illusion, the dominant type of relationship for love and intimacy is supposed to be, for humans, between a man and a woman. This was not true at the beginning of this illusion. This particular illusion, however, had built into it opposite gender as the IDEAL, the dominant type of relationship. And all of the issues of judgement and patience are built into gender, for those who would view relationships other than male and female are working on issues within Self.*

*Now, let us look at relationships. You are female dominant. You have spent many lives, many, many lives, as a female. You have come into the female body. You enjoy the female body. You like the female body. You like the power that a female who truly knows Self can have, and you decide now that you must learn from the male perspective how you look as a female. For you may have developed arrogance about your ability as a female. And so, in the planning of your series of lifetimes to come, with your Angelic Protector and your guides, you decide to take on lives as a male. You enter in.*

*Now, planning and actuality are not always the same. From the planning stage it looks easy. "Oh, of course, I have developed this great ability as a female, and it will be easy to go into the male and learn." For you have, perhaps, developed an arrogance toward the male gender, for as a female you think it is so easy to control them. "Oh, I have them wrapped around my little finger because I am so beautiful and because I know how to use my feminine wiles. This should be very easy."*

*You see, as soon as The Universal Consciousness senses arrogance, it pops in and changes what you might perceive to be a piece of cake. So, you come in ~ male body. And the first time you enter in, you are still female ~ you still feel female. And at the higher level, you start going, "Wait, what is this body? This is not what I am used to." It has things that you are not used to! ☺ It is missing some things. And you say, "My goodness, this is not quite what I expected."*

*And then the life of the male, as perceived by the culture in which you live, begins to take hold. You begin to see the way it is to live as a male, and how males act toward females, and how females act toward males. And it forces you to begin to reevaluate your own attitudes toward the male and toward you as a female ~ for arrogance is not allowed in The Universal Consciousness. And returning to The One means the elimination of the arrogance that develops because of the journey. Natural. It is natural. It is predictable. It is the imbalance.*

*And so, in a particular lifetime, you may, as a male encasement, walk like a female. Or if you are dominant male and you have come into the female, you may act and walk like a male ~ still thinking you have particular parts that you no longer have, and the way that you walk, even the way that you talk ~ your attitudes ~ are dominant male.*

*The goal is to do a series of lifetimes in the opposite gender so that by the time you reach the end, you feel very comfortable in that encasement and you have come into a sense of balance between the genders, for you hold no arrogance toward the opposite gender. You understand,*

*for you have indeed walked in the life, many lives, of the opposite gender. This is the goal. On the earth plane now, it is often referred to as coming in touch with the feminine side or coming in touch with the male side. Generally, it is considered a bad thing for females to get in touch with their male, but it is considered a good thing for the male to become in touch with their female. Why is that? That makes no sense. That is part of the imbalance, for it must be that each energy comes in touch with its opposite.*

## **Dominant Male And Female ~ And Relationships With Twin Flames Or Soul Mates (October 01, 1996)**

*Now, we get into the issue of relationships with the twin flame ~ this is always an interesting discussion ~ or with a soul mate. You are, in relationships, dominant. Your twin flame or your soul mate is dominant male and you are dominant female. You spend many lifetimes in the encasement of your dominant energy. But then, one of you decides, "Wouldn't it be nice if one of us came into an encasement opposite to our dominant?" ~ and decide to come in together and have a relationship. Well, that is where same gender relationships have their root, have their foundation. Depending upon where you are in your own evolvment of comfort in the opposite will determine how that relationship works and how comfortable you are publicly with that relationship.*

*When we come to the end of an illusion, such as is currently on the plane, things become exaggerated and they become ready to flip into what will become the dominant type of relationship. This means that for the past three to five hundred earth plane years there has been a slow movement toward same gender relationships becoming more known and more practiced, for more and more energies have deliberately chosen to do this. This is a choice that is made. Everything is a choice. If you hear someone say, "I did not choose to be same gender oriented," they have not connected with their Higher Self, for there is the choice.*

*And so, we move now to the end of this illusion. The startup of The New Illusion will have the emphasis on same gender, and as that next illusion moves along and begins to reach its time of closure, the relationship of preference will begin to show itself ~ what will be for The New Illusion after this one coming. So, it is a progression. It is predictable.*

*Each illusion in the Portfolio of Illusions has already programmed into it a type of relationship. So, you find yourself now with issues of judgement ~ others toward you ~ you toward others ~ you within Self. You question, "Why do I have this lifestyle? Why does someone else have another lifestyle? What are these relationships all about?" They are to bring into the forefront all of the issues that we choose to learn about. Judgement is one of the biggest issues. Becoming nonjudgemental is the goal, and as Waith has said, you do not reach complete nonjudgemental positioning until that very moment of return to The One. So, any energy outside of The One will be judgemental. The issue becomes, then, to what degree are you judgemental.*



*Many energies evolve to the point of nonjudgement, that it appears that they are nonjudgemental ~ completely free of judgement. There is no energy outside of The Universal Consciousness that is free of judgement. It simply is an impossibility. The goal is to take the percentage that you work on in a particular lifetime and reach it. And then you do, indeed, reach perfection in judgement and being nonjudgemental. So, you may take on one tenth of one percent of the issue of judgement in perhaps a series of lifetimes, and not just one lifetime, so you have a very minute amount to take on. Working through gender harmony is one of those specific ways of testing judgement.*

*In our session with you next time, we will be giving a meditation relating to the finding within Self through meditation of what we call The Origin of Gender. As has been the practice in this yearlong topic, we give the concept first, and then we give the application, the meditation technique that you can use to more fully understand the concept ~ for you will not understand the concept unless you have experienced something first.*

*Each of you who is on the plane now has experienced something relating to gender, for you simply are here. Whether you are in your orientation stage, or whether you are at the end of your journey, you already have the experience to then relate to the concept. There is no reason for any energy form to feel that they are better than another simply because of the gender, or any worse than another simply because of the gender. The issues that you would take on to learn of those judgements are what your journey is about. You choose it. Take responsibility for what you have chosen.*

*Open your eyes to those around you in varying types of relationships, and understand that they are on a journey they have chosen. They may say, "I would never choose to do anything like this." That is their concrete Self speaking. It is not the Higher Self. It is certainly not the Soul. So, each of you is responsible for who you are. Nothing outside of you has contributed to that. It has influenced, but it has not determined who you are. Enjoy who you are.*

*In our meditation technique, we will help you to find who you are ~ what is your origin? What is your gender origin? Some know this, for that has been part of their path through many lifetimes and into this one. There are many who would actually joke and laugh and say, "Yes, you see this female body. I know that I am a dominant male. That is why I know how to use a tool belt." ☺ You must laugh about it! You see, gender harmony is taken so seriously on the plane. Gender harmony is considered a contradiction in terms oftentimes, "How can the genders be harmonious? They are natural enemies." They are not.*

*Each gender is given a list of things to do in the journey. They are different, and yet they are harmonious. For when they are completed, each of these lists, they come together to form the whole. That is all that there is. It is quite simple. Would you have questions about gender harmony?*

**Does one need to complete their own gender lessons before merging with our twin?**

*Boopsie: You will complete the percentage of the journey, or the series of lives that you determine to work in a different gender. You must have completed all of those plans before returning back to the twin, if that is the case. You cannot return to the twin unless there has been completion on both sides of the journey. One then would be out of balance if you still had several lives left or an issue that had been planned to be resolved and was not. Whatever you decide you want to do must be completed or else rearranged and redesigned, so as long as there is the intention to complete a particular lesson or a particular series of lives, you cannot join back with the twin flame.*

## **What Are Some Of The Specific Tasks Of The Respective Genders? (October 01, 1996)**

*Boopsie: Indeed. There is quite a list. However, we will give you what are the primary areas of difference. The female gender is responsible for nurturing. The male gender is responsible for antagonism ~ this is not a negative ~ this is not a negative. The female is responsible for instigation. The male is responsible for physical strength of the energy at concrete, which brings up a very interesting discussion of switching genders and bringing strength into the physical encasement. These are some of the many issues.*

*The female is not in every illusion charged with bringing in new entities. In some illusions it is the male who brings in the energies. In some illusions energies enter in a very different way than you are accustomed in this illusion. They come in through what you can only use as a frame of reference as osmosis ~ and it is the responsibility, in that illusion, of the male.*

*The responsibilities, as they get more specific, relate to the particular illusion in which they are played out, but those that I have given to you are the dominant. And, if you look at what those represent in terms of behavior, you will see how things happen between the genders. Think about it. They are neither negative nor positive from the perspective of The Universal Consciousness. Indeed, they are crude words to describe the concepts, for we have only the language and the cultural implications and perceptions currently on the plane to describe the concepts.*

*To ponder ~ for the issues of gender harmony will be discussed in much greater detail as we move into the closure of this illusion. Waith plans to have some very concrete types of discussions where there can be examples given, and guidance given, to particular situations with particular individuals and ways in which you can work through the issues.*

*You know, that if you speak with Waith individually, that he will give you answers to specific personal questions, and many times those questions that are asked of Waith relate to the gender harmony, for it is the dominant discussion on the earth plane, "He said ~ She said," and there are differences. Your goal and your strength as an energy is to know that there are differences and to*

*understand those differences and to be able to work with those differences, not as a threat, but as a positive attribute. And the more that you have traveled in the encasement opposite to your gender and resolved the issues, the greater will be your ability to understand and be nonjudgemental of the opposite gender.*

### **Harmony Within Self And Gender Harmony, Continued** **(October 15, 1996)**

*We bring to you all the very Highest of the White Light. We continue in our presentation of the Gender Harmony with the focus in this gathering being on a meditation for the going within Self to resolve any of the issues that you would have relating to your own gender, as well as the gender of others.*

*If it were so simple as to say male is male and female is female there would be then nothing to really talk about. But as has been indicated, it is far more complex than simply, "Once a female, always a female. Once a male, always a male, and what you see is exactly what it is in terms of gender and encasement." This, of course, would take all of the fun out of the earth plane experience. And thus, there is the mixing up of what appears to be and what is actually, the reality of the plane.*

*Thus, you are each a dominant gender, but required to play in the field of the opposite gender to gain a much better understanding of the totality of the roles that have been assigned to each of the genders. In doing this, attempting to understand the roles of the genders, you must go within Self to first become able to understand your own gender and accepting of your dominant gender. And then, take that acceptance and apply it to all of the other issues that you are required to deal with based on your selection upon coming out of The One.*

*The only way to find your answers, of course, is through meditation. And Boopsie will give to you a very particular meditation that she has designed. There are many meditations, understand this, for any number of activities. You make up your own meditation. It is fun, however, to have someone perhaps make up a new kind of meditation, a new way of seeking answers. It does get boring just doing the same old things ~ go focus ~ go to Higher Self ~ concentrate ~ sit there ~ think about it ~ come back ~ work on it ~ it gets boring after a while. So, there is the attempt, then, to give a new toy to play with in terms of meditation, for it is indeed the meditation process that is necessary for the learning within Self.*

*Now, Boopsie has had much experience in the issues of gender on the earth plane. She did not even touch the surface when asked in the last session what she had been most recently on the earth plane. She has developed a technique that she uses in guide school, for she is in a very advanced level in guide school where she is not only learning gender issues ~ more in an advanced manner ~ but she teaches many new into guide school, regarding gender issues. And thus, this is a meditation that she came up with to help teach to the guides to then enable the*

*guides to teach to any of you who would call upon them. It is a rather fun technique from what we have observed, and a very easy technique.*

*Meditation, as you have learned from Farena, does not have to be serious and very, very still. You can indeed have movement as well as fun, and as well as the ability to focus ~ to bring Self into Self. So, Boopsie will present the meditation to you now, and when she has finished, we will return to close out the energy. Enjoy your time with Boopsie.*

### **Boopsie Guides The Group With A Meditation Technique For Gender Harmony (October 15, 1996)**

*Boopsie: Hello. This meditation is the first time being presented at an earth plane level. It is exclusively my design, so I must then take full responsibility for its effectiveness. It has proved to be very effective at the guide school level, and many of the guides have begun to communicate through meditations of many on the plane to help bring about this concept that is being presented in this meditation.*

*GENDER HARMONY. It is essential, not only on the earth plane, but in all of The Universe. On the earth plane it takes a very different dimension, for there are only the two genders on the earth plane ~ not much to work with. Other training grounds have many other genders.*

*So, then, we will be rearranging you ever so slightly ~ not quite to the degree that Farena rearranges for her meditations. We would want there to be a spreading out. You would place yourself in the appropriate positioning.*

*Take now a deep breath, as deep as you are able that feels comfortable for you. Slowly now, breathe in and out. Breathe in and hold it a bit, and breathe out. Breathing in, breathing out, using your nose and your mouth in whatever way feels comfortable for you. Breathing in and breathing out and relaxing ~ relaxing ~ relaxing. And now, you call upon the very Highest of the White Light to surround you with protection. Envision the White Light surrounding you ~ you are fully protected with the White Light.*

*Now, you call upon those who guide you in spirit. If you know their names, call them by name. If you know them only as spirit guides, call them by spirit guide, "Come into the vibration, spirit guide." Feel the presence of the guides. Ask the guides to encircle your vibration now, so you are in the middle of your spirit guides ~ you are surrounded by your spirit guides. And now, you call upon your Angelic Protector ~ and the Angelic Protector surrounds the circle of spirit guides with an energy of safety and protection. You are insulated now ~ your spirit guides surround you in a circle and your Angelic Protector has infused a protective energy around the spirit guides. You are in the middle ~ you are the center of attention.*

*Now, visualize the encasement that you have taken on in this lifetime. Visualize whether it is female or male ~ look at your encasement. Sense all of the parts of your encasement ~ visualize your head and your face ~ visualize your hair ~ recognize the gender type of your face and your hair. Move downward in your visualizations and visualize the top part of your body. Is it male? Is it female? Does it bear resemblance to components of both male and female? Is it strictly male or female in its composition?*

*Embrace your upper body with the Light of Self ~ you are hugging the upper body and accepting its composition for this lifetime. Slowly, move your visualization downward, downward to that which are the hips of the body ~ and between the hips ~ and the knees. Visualize the composition of your body. Is it female? Is it male? Does it contain components of both male and female?*

*Visualize yourself embracing the area between the hips and the knees ~ sending the love and the Light of Self ~ accepting the composition of the body as it appears in this lifetime. Visualize now your body from the knees to the feet. Is the body female? Is the body male? Does it have components of both male and female?*

*Visualize that you are embracing the encasement between the knees and the feet ~ sending it the love and the Light of Self ~ accepting the composition the encasement has taken on for the lifetime. You have now embraced your entire encasement and accepted each part of the encasement for whatever the gender composition it has taken on. Some of you are completely female through each of the components. Some of you are completely male through each of the components. Some of you will have mixtures through each of the components. It is in this examination that you bring yourself into understanding your dominant gender ~ you now have connected with your physical encasement a sense of concreteness.*

*With the help of the encircling guides and Angelic Protector, you will now visualize moving into a higher realm of Self. Visualize that your energy is floating. It is moving out of the physical encasement. It is protected by the spirit guides and the Angelic Protector. As you float out of the encasement, you look at the physical encasement and you see so very clearly the components of male and female that make up your encasement.*

*Envision a very fine thread of Light and energy connecting your floating energy to your physical encasement. You now will take your physical encasement on a journey as you travel into the realm of your Higher Self. You move out of the vibration of the earth plane. Envision yourself floating, and this thin thread connects you to your physical encasement and travels with you without being part of you. Travel slowly now. Take your time as you move away from the earth plane dimension. You are spirit and you are concrete encasement traveling together. Take the journey now.*

*You are now slowly approaching the Higher Self vibration. You move into the Higher Self vibration now, carrying with you the thread of connection to the physical encasement. You enter*

*the Higher Self vibrational field. Feel the vibrational field hugging you ~ accepting ~ loving. You pull on the string now and bring the physical encasement into the Higher Self ~ gently pull on the string, bringing the physical encasement into the Higher Self.*

*The Higher Self, now, looks at the physical encasement. Envision the Higher Self hugging the physical encasement ~ loving and accepting of the physical encasement. You are female ~ you are male ~ you are both ~ you come into harmony with the physical encasement within the realm of the Higher Self. The Higher Self accepts the physical encasement.*

*It is time now to ask the Higher Self to help in understanding the dominant energy that you are, for Conscious Self has no control. It is the Higher Self that understands the dominant gender. Ask the Higher Self for Gender Harmony within Self. It is time to listen to the Higher Self give you information about Self's gender.*

*Whether you are dominant female in a male encasement or dominant male in a female encasement or dominant in the same encasement is not the concern. The issue is to understand the differences and to bring harmony within the Self for your own gender and to accept the gender you have taken on for the encasement's life. Dwell now with the Higher Self and hear the answers as they are ready to be given to you. (The group is now in communication mode)*

*It is time to journey back. Thank Self for providing answers for this visit. Feel the vibration of the Higher Self opening and allowing the concrete to move out of the higher vibration. As you move out, you have the string, the very thin cord attached to the encasement. Gently pull this cord and bring the encasement out with you. Close now the vibration to the Higher Self with your love and your Light.*

*Feel yourself floating, floating away from the Higher Self, carrying with you the thin thread, and the encasement coming behind you. You slowly begin to move back into the earth plane vibration. You begin to feel the concreteness of the vibration. It begins to surround you slowly and gently.*

*You are still holding the thread that connects you to your physical encasement, but you are still in spirit form. You move slowly, slowly back into the concrete illusion. You are surrounded by your spirit guides and you are surrounded by your Angelic Protector. Look at your physical encasement now as it positions itself next to you, ready to merge back. Love your physical encasement. Accept your physical encasement.*

*Your Angelic Protector now opens a pathway for the merging. Feel yourself moving back into the physical encasement. You are merged back to the physical. Rest for a moment. Your Angelic Protector now protects and soothes the vibration. Thank your Angelic Protector and release the Angelic back to its position. Thank your spirit guides and release them back into their position. You are surrounded by the protection of White Light.*

*Visualize wholeness and GENDER HARMONY within Self. Accept the realization that you are female and you are male, separate but one, and you now have more knowledge to help you in gender harmony. It is time to return back into the concrete illusion of the earth plane. As you return, say the words GENDER HARMONY, and as you come into the concrete, verbalize the words GENDER HARMONY. Hear yourself say the words GENDER HARMONY as you return into the concrete ~ GENDER HARMONY ~ GENDER HARMONY. Say the words GENDER HARMONY ~ GENDER HARMONY ~ GENDER HARMONY.*

*If you do this meditation within a group, it is appropriate then for all of you now to stand and hug each one in the group and be joyful and laugh. Go to each. (The group members hug one another) When you have finished, bring yourselves back into a close gathering and be seated.*

*This can be used, as you know, just within Self, without any prompting, and you may stay in the Higher Self for discussion for as long as you need. We have given you the technique. You will learn many wonderful things in this type of meditation about Self and gender harmony. Remember to call upon us when you have issues of gender harmony. View it as gender harmony and not as gender differences, for it is truly not a difference ~ it is a harmony.*

*We send you all the very Highest of the White Light from our realm. Waith will return to close out the energy. We thank you for allowing us to Be of Service to you. We will spend much time with you in the future on the earth plane, for our work is just beginning. Farewell.*

*Waith: So, are you all harmonious now? Just what some of you wanted ~ your physical encasement trailing behind you in a meditation. You thought that was one way to get rid of that physical encasement when you went to meditate. You did not have to take that encasement with you in the meditation. But as you do this meditation, you will find the benefits that it is providing in the area of gender harmony.*

*We close out our discussion of gender harmony by emphasizing to you once again, as Boopsie did. to focus on harmony and not differences, for the differences are meant to be harmonious and that is the journey. Farewell, my loved ones, and we send to you the very Highest of the White Light from the very Highest of the Kingdom of Amelius.*

### **A Question For Boopsie: What Happens To Your Twin If Your Dominant Energy Changes? (December 03, 1996)**

**You said during your talk that your dominant energy can change. If your dominant energy changes, what happens to your twin?**

*Boopsie: Ah, very good question. That also changes. It is quite simple, because the levels are what change, so that in your Higher Self, you may have a dominant energy at one level that is male and a dominant energy at another level that is female. As your twin flame and you work through these levels at an earth plane dimension, they would work in harmony, controlled through the higher sources. But it is only a matter of changing within the levels, for at the very highest of the level of your energy is where the dominant is defined. And so, one is male and one is female, and then the levels all have predetermined layers of dominant gender. They simultaneously and harmoniously will flow appropriately.*

*Problems can occur if there is a blockage at one of the levels so ~ you knew this will not be easy, and Waith will be discussing this in workshop format ~ that you perhaps may have two varying levels of twin energy currently incarnated, and this would occur at the concrete where you could, in actuality, be of the same dominant characteristic. Characteristic is a very important word to keep in perspective here for the layers of Higher Self. So, indeed, you could be dominant female/dominant female, even though one is actually dominant male, you see. Eventually, however, it smooths out ~ perhaps not in the lifetime, but it does smooth out, and it is issue for our advanced discussions of Gender Harmony.*

*Waith: We have allowed you to present that question, as we so often do, for the teasing of future discussions, just so you will realize that the end of public session is not the end of new information coming in. It is simply the end of this particular format in which information is coming in ~ for information that will come in now will be of a much more advanced nature, and we will not be discussing information that is in the database ~ as we have been with public sessions.*

*If someone new came to a session and asked a question that had been asked four hundred million times, we often would simply respond to that question. Now that the database is in place, we would refer an entity to that database. Now, however, with that database in place, it allows us to elaborate with much more in depth information.*

*Gender Harmony is a category within the database, so we will be giving advanced information to many of the categories in the database ~ Gender Harmony being one of them, very specifically, since in The New Illusion gender is of a very different composition than it is currently. And Boopsie will indeed be giving a great deal of that information since that is her training, and she needs to practice a bit.*