

Waith Class Transcripts, Excerpts

FORGIVENESS

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*Waith's Words, and the Spirit Group's Words, appear in this font style
(If a Spirit Group Member speaks, they will be identified)*

**Class Member Questions/Comments appear in this font style
(Multiple responses from the class are preceded with this symbol ☼)**

Forgiveness ~ Unconditional Love ~ Being Judgemental

(October 11, 1988)

We are planning to discuss a particular topic for this session that we feel may be of assistance, very directly, to many of you at this particular point in your path. That is the issue of forgiveness. It is one in which many of you beautiful entities have chosen to work on in this manifestation, the ability to forgive, for it is directly related to judgements and the ability to become nonjudgemental which comes from the wellspring of love that is unconditional. And the three work as a conduit, for first, there must be the love that would then give you the condition of being nonjudgemental, which would then allow you to forgive.

To be able to forgive cannot just be done without the other two aspects being resolved. And we know for many that there is difficulty in forgiving, for there is a feeling of being wronged, for in seeing others being wronged and not being able to forgive those who would do the wrong ~ if you were to define such an aspect as wrong, but rather simply the behavior of any individual entity on their life's path. Forgiveness, therefore, becomes the outgrowth of Unconditional Love, remembering that love is the center of all and that as long as there is love, all can be accomplished that needs to be accomplished.

And we know that many of you deal each day in conditions where the practice of forgiveness is quite difficult. Correct? Indeed! And that you might ask how you can achieve a greater ability to forgive, and we would say, of course, that you begin with love, love of yourselves first and foremost, and appreciating who you are, each of you as entities, regardless of where you are on your path.

You are each beautiful and loving and need only to express that and to believe it yourselves. And this can be done in many ways, can be done through your meditations, first and most importantly, to reach your Higher Self, and to call upon your own soul and its memories, and to surround yourself with the love of all the entities who surround you, who are assigned to protect you and take care of you, as well as anyone else who happens to be in the vicinity who might like to help, and to know first that that help is available to you.

So often, you all forget what is available to you and you go on in your earth plane lessons and your earth plane limitations thinking that you must do this by yourself, and it is simply not true. By loving yourselves, as a part of The Creative Force, as a part of the Total and the Creative Consciousness, you then begin toward the understanding of love of all. And as you begin to slowly unfold and appreciate yourself, you find yourself not judging as much, and when you are able to not judge, you are then able to forgive.

Technique To Use In Situations Where You Are Judging Others

(October 11, 1988)

There is a very useful technique that you can employ as you find yourself in a situation where you are judging and saying, "This person should not do this ~ it is not right." Therefore, you make the judgement, and therefore you are unable to forgive the entity.

The technique, very simple, very straightforward, is that you envision the letters coming from your alphabet that mean love, and spell out love ~ for the English through which I translate, L-O-V-E, to use as an example, whatever language you are most comfortable with. The letters that spell out L-O-V-E are to be visualized in the mind, and see coming from the visualization of the letters that spell L-O-V-E, you see a white beam of Light coming out of the letters and surrounding the letters L-O-V-E. And this serves as a reminder to you that if you love, then you can forgive, and that there is no situation, there is no entity, that does not deserve forgiveness, ever, no matter how horrendous it might appear to you.

Remember that all that happens is for a purpose and all part of the grand scheme of things and that many who might appear to be doing things that you do not approve of are doing it for their own lessons, or perhaps even doing it, to teach, to help, for there are many who enter whose sole purpose it is to behave in such a way it will teach and present to you the opportunity to forgive. For remember, all is illusion, and that which you might think is happening, is not, and that in the spirit there must be forgiveness in order for advancement to occur.

It is the most beautiful of that which serves our existence, that of love of each other and complete acceptance of each other's limitations, for they are most manifest in the physical, but they remain in the spirit, for until there is Oneness with The Creative Force there will be imperfections regardless of what dimension you happen to be currently manifesting in.

And so, it becomes an eternal search, the search for Unconditional Love, and it becomes obtainable at the very highest of the advancements, and it is upon the achievement of perfect love that one becomes a part of The Creator once again. Until then, regardless of where you are on your path and where you are in any particular dimension, we each work and struggle toward achieving Unconditional Love.

And so, you are not to feel that you have not achieved anything, that you are not progressing if you find yourself in moments of judgement and being unable to forgive, for it is in the presentation of these issues that you are given the opportunity to work ever so slightly again toward perfecting your love. It is a most beautiful process and one that needs to be looked at in a very positive way, and as you begin each day, that you state in a positive way that you will learn ever so slightly to love a little bit less conditionally, and that is to be the goal for each day. And do not be discouraged if you feel you have not achieved that goal, for at the end of each day forgive yourself, for unless you forgive yourself, you surely cannot forgive another.

The gathering now, for this session, is filled with Light. It is filled with love and beauty. The young entities here have done much to contribute to this, and we have waited anxiously, for

they project tremendous love and have a very specific mission ahead of them in working with the community. Truly most beautiful. We also would show to you an example of very beautiful love and that is between two of the community members who celebrate today, this day of connection. We send to you our blessings on the celebration of your connection. For it is a most beautiful connection and one that will begin to show itself in its true purpose, for there is a very high purpose that has been determined by the two of you.

We would now take questions from you.

Forgiveness Of Others ~ It Takes As Long As It Takes (October 11, 1988)

The subject of forgiveness is very profound and the message that you gave was simple and straightforward and uplifting to us, but I would like to be more practical than theoretical. It is far easier to say you forgive the person who did the wrong. Speaking in a realistic way, if the son kills his father, it is a horrendous crime. Do you forgive? Would the brothers and sisters of this son forgive? In other words, a crime is a crime, and a hideous crime.

Indeed, it is.

It is easy to say that you forgive, but the crime is recollected every day.

Yes, and it is recollected from life to life, my son. Many who would experience such a hideous, to them, situation, that the process of forgiving does not occur in one lifetime, but rather, for some, over many hundreds of lifetimes. It is not that easy a process, and we do not imply that it is.

We say that in its ultimate, it is easy, and that as you learn to forgive in small ways, you have moved one step further to forgiving in larger ways, and that when something very, very difficult has happened in your lifetime that makes it difficult to forgive, it is in itself part of the lesson that has been taken on by all for significant ways of learning to forgive. And it may not all be learned in one lifetime. It may, in fact, be itself a carryover from another lifetime ~ several hundreds of lifetimes. Forgiveness is the ultimate, and if one were able to unconditionally forgive, then one would not be on the earth plane.

Do you understand, my son, that we are very aware of the difficulties, for no matter where any energy form is in the path, whatever dimension they are in, they are tested for forgiveness. We in The Angelic Force are tested just as any of you are tested. We have gone through many, many tests and may appear to be completely unconditional in our love, but no energy form is like this, for those who are, have united with the One. And therefore, each finds, wherever they are on their path, a degree of difficulty presented to them in learning forgiveness, and what might appear to be easy for one entity to forgive, is not easy for another, simply for lessons to be

learned. It is in itself not a judgement but rather simply what is, and we do not ever say that it is an easy thing.

The concept is quite simple. The concept, the Universal Law, is very easy once it has been achieved, and looking back, one could say, "I have finally been able to let go of a particular issue and forgive. How easy it seems now, now that I have worked through all of the issues that go with it." For in the situation that you have described, there will be much more than simply forgiveness working here, but many other issues related to the interaction of the Souls and their various lessons and missions that they have chosen and that which is in need of balance between.

And so, for someone outside of the situation to make a judgement is indeed not appropriate, for none of you know why a situation is happening to another, or to groups of people. It is for them to work out themselves and to grow day by day, or in some cases lifetime by lifetime, for some find it very, very difficult to learn very much about an issue of forgiveness in a lifetime, and therefore it could take hundreds of lifetimes where one other entity may be able to resolve a similar issue in one lifetime.

And again, there are no judgements for that. It takes as long as it takes. And that which the Soul undergoes is that which must be done for the growth, for eventually it will happen on the timetable established by the Soul in connection with The Universe and not by any other timetable.

Forgive Self Every Moment Of The Existence (August 22, 1989)

When I have blown it with someone using judgement and imposing all those terrible things ~

They are not terrible things. They are simply issues that are necessary for strengthening of soul.

When I feel that I have done something that is not proper, I know immediately that I have, and I feel that I have to start with forgiving myself in order to start over with that entity, and is that a good way to start to deal with it?

How often have we said in these gatherings that you must forgive yourselves every moment of every part of your existence, for you are on the plane to learn, and you will, as you would say, make mistakes. And it is in the making of the mistake in which you learn, and you must forgive yourself, and forgive yourself and forgive yourself, always. As you awaken in the morning from the sleep state you may have encountered certain situations or issues in the sleep state which you would say as you awaken, "I forgive myself for any issues that were not appropriately dealt with in that altered state." To love yourself and to know that in the errors come truth, for if you do not make mistakes then you do not grow. Hug yourself.

Waith, I would like to thank you for making things clearer.

We are always of the hope that there will be greater understanding, whether it is an immediate understanding as we speak, or as you absorb the information and take it into your meditations and begin to sift through it and gain the awarenesses. We are most pleased that there is that awareness.

**Topic ~ Forgiveness
(June 12, 1990)**

We speak with you in this time now regarding forgiveness. Forgiveness is a very easy concept to discuss and a very easy concept to understand for all of you on the plane. However, it is not quite so easy to do, and one of the prime conditions of the earth plane is the issue of forgiveness. It is where this concept takes its hold most strongly, more strongly than any other of the training grounds that The Universe provides for learning.

**Forgiving Others Is Easy To Do ~ The Most Difficult Issue Is In Forgiving Self
(June 12, 1990)**

The most difficult issue of forgiveness is not forgiving others, for that is so easy to do. It is what we would refer to as forgiveness of Self, for until you as an entity understand that there is nothing to forgive, you will constantly battle with the idea that you have done something wrong and therefore you must forgive yourself. Now, this is not something that entities want to do. You each want to keep torturing yourselves, saying, "Oh, I did not do this correctly. I am bad. I do not deserve growth. I do not deserve Light. I do not deserve forgiveness."

Understand that at The Universal Consciousness level, no entity can do anything wrong. This is a Self-imposed condition, for all that is done is to be for the particular path that each entity chooses, and therefore, rather than to concentrate on forgiving yourself, for this is in actuality a negative, one would want to concentrate rather on looking at behavior and if that behavior is helping you along your path.

**Through Meditation, Connect With Your Higher Self, To Know Your Own Answers
(June 12, 1990)**

Now, this is where the difficulty comes in, you see, for unless you are able through your meditations to connect with your Higher Self, and therefore to know your own answers, you will find it difficult to connect your behavior with your path's progression, but this is what coming onto the plane is all about, for if you were able to connect perfectly and to understand perfectly, the effect of your behavior at any given moment with your path's progression, you would be finished with the earth plane, you see. And thus it is that part of your sojourn on the plane, for as

many lifetimes as it takes, is a continual attempt and a continual fine tuning and a continual advancement of Self to the Higher Self.

The concept of forgiveness has been given through from our dimension through many different sources so that it serves in this particular illusion as a frame of reference, a standard, and we have on many occasions discussed with you this issue, and that you must forgive yourselves. And for many, many, it is appropriate that they understand forgiveness of Self in relation to the way in which they are able to forgive another, but what we present to you now in its beginning form is a higher level of the concept. It is a level that, for many, may not be understood right now, and this is fine, for as we indicate, the information that we give to you all is for many to read, and to hear, as the illusion continues on. It is not simply information given at this particular session and it ends there and that all of you would understand, comprehend, believe what we say, but rather, it is information for reference of Self as Self develops in awareness.

**Entities Are Hardest On Themselves, And This In Itself Is Part Of A Lesson
(June 12, 1990)**

Entities are hardest on themselves, and this in itself is part of a lesson. As soon as you let go of analyzing every little thing that happens and just allow The Universe to work in conjunction with your own energies, you will find then a freedom that even if you do not behave in a way that you particularly liked, it is nonetheless your behavior. And because you are a beautiful energy, your behavior is your behavior, and must be for many different reasons that have connection, not just with your Self, but with the other energies with whom you interact on the plane, some at a very direct level and some at an indirect level.

For remember that as energies you interact at many different levels and not just at the physical, at the earth plane, and while you may be behaving in a certain way here in the concrete, a part of your energy is connecting with another energy at some other location quite probably. You could be, as you would say, miles and miles away from another encasement and still be able to connect through energy, and at the plane level you may not even know the encasement, but you know the energy, you see.

**Remember, Whatever Your Behavior Is, In Some Way, Affect Every Other Energy
(June 12, 1990)**

And thus, you need to begin thinking in a more positive manner that whatever your behavior is, it in some way affects every other energy, and that rather than concentrating on forgiving yourself, concentrate rather on doing what you feel is right for Self, for then you will be truly giving to others, for when you do what you feel is right for Self, you do what is right for others, but it is the understanding of this fine line that needs the meditative state, that needs each of you to be able to gain the awareness through the Higher Self and the Higher Self reaching into The Universal Consciousness. There is much discussion to come in future times regarding this, for we

simply will not say to you "The issue of forgiveness is something that you can forget about," you see. This is not true at all. It is very valid in its parameters.

However, there are higher levels of understanding which we have begun now in this session to present to you, something for some of you who were beginning to get a bit bored in your meditations, something now that you can begin to concentrate on, and, as many of you would do, you will now go into meditation and you will fervently say, "I want to know. I want to know. I want to know. I want to know. Hurry up and let me know. Now. On my terms." ☺ We understand this. And thus, we will show you, as time progresses, the way in which the issues of forgiveness are interwoven with so many of the other concepts. You will begin to understand and be able to use this information as a way of letting go of this pressure that is placed on Self and to greater understand The Flow of The Universe and the energy.

Forgiveness Is A Judgement (June 12, 1990)

Understand that it makes it not more easier, for the lessons still, for many of you, are difficult and hard and the pain that must be felt so often, either the physical or the emotional or the mental, is still a part of the lesson itself. What it does by Flowing with the Energy is to place you into a different type of energy flow that is positive, and therefore, making you capable of understanding that Self is Self and does not need to be forgiven, just as no other entity needs to be forgiven, you see, for forgiveness is a judgement, you see. And have we not emphasized nonjudgement? Now, we will terminate our discussion of this topic now with that little statement ~ Forgiveness is a judgement.

And we will want you to think about that which has been presented. And in your meditations, many of you now will receive some information that will help you in digesting what has been said, as will be the case when others would read the transcript. And there will be much opportunity in the future for elaboration of what we have presented, as well as the answering of questions, for we will not take questions on this topic, for there would be too much confusion, and you would not truly know what it was you needed to know until you have digested and thought about what we have indicated to you.

You Said That To Forgive Is To Judge. Is It Judgemental To Forgive The Hurt Done To Us? (June 19, 1990)

Understand that, in the purest of this concept, all that occurs to an entity is something that has been asked for by the Soul. You have asked. Thus, if you are, as you would call it, hurt, you asked at Soul Level for lessons to be learned, for perhaps balancing that needed to occur. And thus, if you are not able to connect with the Higher Self to understand what that situation meant to the Soul growth, then you would indeed be judging, and to forgive is a judgement. Since all that happens to you is asked for, you should then thank rather than forgive. This particular

concept, understand, is one in which we will devote a special topic to, for it is, as we so often enjoy doing, we, as you would call it, laid a bombshell.

Doesn't that help in our growth at earth plane level, working on our spiritual growth, so we are able to connect with our Higher Self and see the picture? What we decide is what we were taught, or whatever the lesson was, but isn't it still helping us to grow to be able to forgive?

Understand that, as we had indicated in our last discussion regarding this, that there are levels of this concept that the idea of forgiveness is one that is implanted on the earth plane illusion now for very specific reasons, and we have discussed this so-called concept of forgiveness, only as a standard by which one could look at their own growth, for the concept of forgiveness has been presented as a positive, which it is, in its application at a particular level of growth in an entity.

As one begins as an energy to expand their awarenesses and to understand the interconnectedness of all energy, and the interconnectedness of all behavior by an energy upon any other energy, be it of The Human Kingdom, The Mineral Kingdom, The Animal Kingdom, The Vegetable Kingdom, any energy is affected by every other energy, even if it is in an infinitesimal way, that once the awarenesses of that interconnectedness begin to increase, you begin then to see that to forgive means that you say that an entity did something wrong.

Now, in the Universal Concept there is no such thing as evil. Therefore, there is no such thing as wrong, per se. It is simply choices made by entities that may either increase their vibration, and they move ahead, or they have done something that regresses them, and it is simply all part of that which must happen, and that each entity works in connection at very high levels with every other entity. And it must be understood, then, that if you say that someone else has done something wrong, then ultimately, at the very highest level of energy connection, it means that you have done something wrong, you see. And rather than focus on the negative, you would want to focus on the positive, and you would want to behave in the very best way that you feel is right for your soul's growth. And the ultimate in this concept is that all energy would, in fact, behave in the way that they felt was best for themselves, for they know that what they do affects all others. This is perfection. This is return to The One.

This does not happen when energies are apart from The One. This is why there is the struggle. This is what it is all about. This is to be expected. It is the only way in which Oneness is achieved, by the struggle back, but it was chosen. Each of you chose to remove yourself from The Universal Consciousness, some to come out for a short time and some for longer times, and then, eventually, to return and stay a while, and then decide to come back out again and do something else. You see, it is eternity. It always has been and it always will be.

If you hurt somebody purposely ~ we have a free will ~ so, does that mean that they asked for it? If somebody kills somebody, does that mean that person asked to be killed?

It is not quite as simple as that, for there are many who would use that as an excuse, saying that it is all meant to be and that person asked for it. Understand that it is not at all that simple, and while the Soul asks for certain kinds of lessons, there can be imposition upon another entity, and there is regression that occurs with an entity if there is imposition upon another entity, where they will use the power that they have as an entity, as an energy form, and abuse that power upon another entity. It is much more complicated, and one in which we would address at a time when there is an audience that has a more complimentary understanding of concepts. So, this will be addressed at another time.

The Issue Of Forgiveness (March 10, 1991)

Jesus Christ said God always forgives all. This has been interpreted in such a narrow frame, that you commit evil, so to speak, and then you are forgiven, but I do not see it that that is what it means at all.

No. There ~ if one were to say that one forgives, then one means that one judges. And we have, in fact, spoken of this in our Public Sessions that to simply not be aware, you see. This issue of forgiving and forgetting is the best way in which we would describe it, that to forgive means that someone did something that was not right according to someone else's standards, you see, someone else's behavior. There is nothing to forgive.

It is simply that behavior happens, and we are all accountable to each other, and whatever each of us does has in some infinitesimal way an effect upon the other. All energy affects each other, no matter what encasement, no matter what dimension that energy finds itself, all is accountable to the other. And thus it is that while we are accountable to Self and responsible to Self, we are ultimately accountable to The Universal Consciousness, which is each other, you see.

If we cannot forgive one, for you do not want to use the word forgive because it does imply judgement, how does one relate to a negative influence upon the entity?

Yes. And this is ~ understand, on the earth plane, part of the learning process is to work through the issues of judgement and Unconditional Love, and it is only until an entity reaches the awareness stage that there is nothing done by another that should impact upon Self in any way, that the issue of forgiving is there. You see? If you understand that everything that occurs is for growth of an entity, then there is nothing that another would do that would create in you an imbalance. However, this is not achieved on the earth plane. There are only degrees of working toward Unconditional Love.

Understand that judgement and Unconditional Love are not issues limited only to the earth plane. Those are worked on ~ they are Universal issues that are worked on at all dimensions, and that the earth plane provides a certain percentage of working on that issue, and that it is not until there is reunion with The One that the issue is completely gone, you see. Once you are a

part of The One again, there is no judgement. There is Unconditional Love, and it is finished. Thus, while each of us is out of The One, there will always be, even it is infinitesimal, a bit of judgement. It is simply that each entity works toward eliminating the degrees of judgement, you see. It is impossible to completely do away with it, you see.