

Waith Class Transcripts, Excerpts

BIRTHING

1987-1996

(Topics Include Abortion, Conception, Miscarriage, Multiple Births, Postpartum Depression, Pregnancy, Rebirthing, Siamese Twins, Soul Entry Timeline, Sudden Infant Death Syndrome)

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*Waith's Words, and the Spirit Group's Words, appear in this font style
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Class Member Questions/Comments appear in this font style
(Multiple responses from the class are preceded with this symbol ☺)

Does Sometimes The Soul Enter After A Baby Is Born?

(November 19, 1987)

This is a very interesting topic area, which I will touch upon. It is really a subject area in its own for another time. The Soul, once it has chosen a particular physical vehicle, comes and goes during the incubation period. While the physical body is growing within the instrument, the energy will occasionally drop in to begin to make the connections so that the physical movement of the body ~ the physical body within the instrument ~ is felt. When the actual birth occurs, it is required that the energy be in the body during the actual birth. It then becomes very complex, very complicated.

We allow an energy to make a decision as to whether they want to stay in this incarnation, and they have a certain period of time on your earth plane. It varies. It can be up to six months, it can be up to one year, where they are allowed to come and go, if they so choose, to make a decision as to whether they do indeed want this incarnation. It is one thing to plan ahead of time, and to look at the role. It is another to actually enter. And it accounts for what is referred to as the phenomena of Sudden Infant Death.

There is nothing mysterious about this. It is simply that the entity has decided that they do not want to stay. There is no apparent reason for their departure or death. Simply, they have decided this is not what they want after all, and they can therefore leave without harm or damage to their soul, to their mission. Once the entity has made the decision to stay, and they say to us "I will stay," then they no longer have the choice. If they become unhappy after that decision has been made and indicate that they want to leave, they cannot do so. And then we get into the issues of taking one's own life, if it is without permission to leave. That is a brief explanation.

Abortion, Miscarriage, When The Soul Enters The Body, Sudden Infant Death Syndrome

(July 26, 1988)

Regarding the subject of abortion now, my reading one of the transcripts as well as my other readings says that the Soul does not actually enter the body until birth or at the time of birth. Now the question that I might pose is, are the fetuses ~ is it right or wrong to abort a fetus? Is the fetus just like an appendage that grows within a person and becomes a human being at birth? Are these heaven sent, so to speak, these babies?

The entire issue is quite muddled on the earth plane perception, looking at it as an ethical consideration. It is, however, a ground of learning. As we have said before, the entity does not enter the physical encasement until the actual birth has occurred, or in some cases, they will allow themselves to go through the birthing process. So just as the birth is to occur, the entity will enter the physical encasement so that it can, for whatever its own reasons, experience the phenomena within the female. The entity who has been chosen, or is being allowed to come in, in that particular encasement, is allowed to go in on occasion and begin to get a feel for the environment, shall we say, the body, but there will be the occasional feeling of movement. And

it is a time of consideration also by the entity if in fact it wants to take on this particular life with this particular body, with this particular group of souls that it will come in through.

Now, in this issue of what is called abortion it becomes very complex. From this end we do not look at it as viewed on the earth plane. It is allowed to be looked at on the earth plane as it is for very particular lessons that need to be learned by all concerning their own soul's path and growth. The reason for the termination of a particular birth becomes situational with not only the connection with the entity wanting to come in to the female but also the female connecting with the Soul who wants to come in.

It may be, for example, at the Soul Level, and you must realize that all of these decisions are made at the Soul Level, that a female decides that it does not want a particular entity to come through at that particular time and therefore the physical encasement is no longer made available. It is not to be looked at in a general sense that all who would terminate a physical encasement have the same reasons for doing it. They are very particular to the Soul's growth.

Also, it can mean lessons to be learned by an entity who may be trying to come in when it is not time or not right, and by having the physical encasement, shall we say, yanked away from them, they learn lessons themselves. It becomes quite complex and an area that we would address on a personal level to anyone who might have the experience in understanding why that situation occurred for them. It is all part of lessons that the Soul takes on, and that not only to learn but also to teach. And it incorrectly is interpreted as an issue of reverence for life, and it is not an issue of reverence for life.

Some nuns just had to leave their order because the hierarchy of the church said that this is it. You preach too much pro-abortion.

It is a continuing forum on the earth plane among the religions that have been misinterpreted over the millennia in terms of what it means when it is said to not kill, for there has been a misinterpretation of when life begins. It is difficult for most to accept the fact or to believe that an energy form decides itself and that each energy form is responsible for its own life, you see.

And as we have indicated before, there are many energies who make the initial entry into the manifestation and within a period of time, perhaps six months, one year, decide, and they are allowed this from us, decide that they indeed do not want to stay in this incarnation and they simply leave. The phenomena known as Sudden Infant Death in the crib is simply the application of this particular issue that we allow a period of time that would not cause regression of the Soul and is not considered leaving the earth plane without permission. And so, the energy itself can decide if it wants to stay even if the female has wanted the energy to stay, the energy may decide not to stay. It is entirely the choice of the energy form. And once that period of time, though, has passed then they must stay for the allotted time that it takes for them to progress or learn their lessons.

So, what has occurred over all time on the earth plane has been a fuzziness in this area. It is part of lessons to be learned. As one advances in their own spiritual understandings of life and The Universe, this issue of abortion is seen in its proper perspective and is not seen as a violation of life. A violation of life is to take the life once the energy form has committed to the earth plane, that is a taking of life. The taking of life is to eat meat, my dears. You see? So, we look at all the different levels here and that it is all for lessons to be learned, the value of life, not just at a particular level that seems convenient for you.

Is that the same for miscarriage?

Yes, my dear. There are similar types of issues here depending, of course, upon what needs to be learned and what needs to be taught between the female and the energy form. That of miscarriage falls within the same realm as an abortion, that again it cannot be a generalized statement and most definitely not to be viewed as punishment by some higher being. God is punishing you for sins and therefore you are having a miscarriage. You know this is ludicrous. It is absolutely ludicrous. There is no such thing. It means that the Soul, however, has taken on particular issues to learn and may in fact be doing this to itself so that it learns an issue.

A Baby's Decision To Stay, Or Leave, Within Their First Six Months Of Life (January 03, 1989)

When children are born, they have a soft spot on their head. Is that their Chakra that is still open to The Universe?

It is not a Chakra, as you would refer to it. It is, however, an opening of sorts. When an entity first arrives on the earth plane, they have approximately six earth plane months to decide whether they want to stay. And we have addressed this issue before ~ approximately six months. It is this particular entry point that keeps them in connection with the particular guide who helped them onto the earth plane. And there is a communication that occurs through this particular area that during these first months, to help determine whether or not the energy will stay. And then once the decision has been made, one way or the other, you see, if the entity decides, let us say, after three months that they are indeed going to stay, then that spot hardens, you see. It also ~ the spot enables an entity to connect with others already incarnated who may have very strong linkages to them, to help them make their decision. For some it is not an easy decision to make.

Is this decision made at the spiritual or is it based upon perhaps the physical surroundings?

Yes, it is both. It is both. Sometimes it will be one or the other, but it is usually a combination of both, for they may decide that at the spiritual level this environment will not in fact help them learn what they want to learn. Or once arriving they decide that "Oh, I have taken on more than I want to." This in itself is a lesson, you see. We allow this to happen. For an entity to enter in, and once here, decide that this is not what they really want, that in itself is a lesson to them, you

see. They may decide that they do not want the particular physical environment. It does not look so good to them after all.

Does Conception During A Full Moon Affect The Gender of a baby?

(May 07, 1989)

The moment of, as you would call it, conception, does, in fact, have something to do with the moon, only in that the energy form has determined where it wants the moon cycle to be for itself. Just as I had indicated to you that if you were to plot your behavior and your emotions with the moon, you would find a pattern and, thus it is, that before you entered you wanted the moon to be at a particular point so that you would have a particular pattern which works with that mission that you have come in for, so it is not, of course, in the way of the plane as they speak now that if the moon is in a particular place it will be male or it will be female, or whatever. However, it does determine behavior patterns.

The Issue Of Getting Pregnant, Or Not

(May 07, 1989)

I am working with my meditations towards mental and physical preparation for getting pregnant. Can anything else be done to bring the primary health, and everything, to be in the right place so it will happen?

It will happen if it is meant to happen, regardless of what is done. If it is meant for an entity to come through you, that will occur. Most certainly, the meditations will help through the spirit to give you a greater awareness and thus be of greater benefit to the entity. Also, being in a sound physical health will be of assistance in bringing the entity through and in the actual physical raising of the entity. However, the two do not necessitate the condition for entry. That is determined by your soul's mission and path. If you are to bring in an entity, then it will happen, regardless. If you are not to bring in an entity there is nothing that you can do that will bring that about.

Would You Please Address Postpartum Depressions?

(May 07, 1989)

Ah, indeed. This is an issue that relates also to the sense of feeling of being female and the sense of the mission that you have in bringing in an entity. The greater your sense of female acceptance, the less chance there is that you will experience this depression after the entity has arrived. The reason for the depression at a Soul Level is in knowing that you have brought in an entity and of feeling the conflict within yourself that you, as a female energy form, do not really want to be female and do not, therefore, want to bring in an entity, yet being in conflict with the fact that you are female and that you do want to bring in an entity.

Depending upon where you are in your own development toward the elimination of whatever resentment you would have about your own female dominant energy determines the degree of depression, if at all. For some female entities the conflict is so tremendous that they do not pull themselves out of it. Some have, in fact, taken their own lives as a result of the depression. Others have experienced in very minor degrees this feeling of depression. This indicates that ~ that whatever resentment toward themselves as females that they have carried into the lifetime that they have resolved it to a great degree and perhaps this lifetime would be the final one in which that resolution would take place, or one or two lifetimes beyond.

Many females experience no depression after the entry of an entity. This indicates that they are at ease with their role as dominant female. It also has some specific applications, and what we have just described is of a general application, and as we speak with entities in private sessions the issue would be discussed and given greater detail as to the private soul issues related.

A Discussion Of The Exact Moment Of A Birth, And Astrological Charts (July 25, 1989)

Does an entity decide the exact moment when it is going to be born?

All is planned. All is planned to the instant.

Is it the entity coming in that makes that decision or is it from the higher source?

It is from the higher sources working in conjunction with the entity. The entity is managed, has a particular Higher Light that is charged with making certain that the balance of The Universe or the current illusion is maintained. There is nothing haphazard that occurs.

So, whether it be premature or cesarean section, or whatever, that is the way it is supposed to be.

That is the way it is supposed to be.

That is why astrology is valid, as it is?

Yes. That is correct. The placement of the planets determines a certain aspect of the balancing of the electromagnetic fields of each energy currently in the illusion.

But there are more planets than we know of, so whatever chart is being drawn by whoever draws it up it is never going to be one hundred percent accurate because there are always factors that cannot be known.

That is correct.

When Haley's comet, or large bodies from deep space enter into this system, move through it, when the Soul incarnates at that particular moment, these bodies entering through the system have the effect on the incarnating soul. Like Haley's comet had an effect on babies being born at that time.

Indeed. And it was planned. And it was all part of the balancing of the energy fields currently in the illusion.

It will never show up in the charts though.

Not as currently projected with those who would do these charts, for they do not have the insight to project that type of information. There will, however, be those types of abilities manifesting themselves after The Shift.

A Question About Rebirthing (August 29, 1989)

I have been thinking of doing rebirthing as a preparation for the time ahead of me. Could you comment on how rebirthing works and will it be beneficial?

As you refer to it, the rebirthing process, is simply one of those areas that go into regression. It is a form of going back into seeking certain memories that occur during the period of time when you were coming and going while the physical encasement was preparing itself, and also for some it can be a memory jog to the actual birthing. You must understand, however, that not all entities are in the encasement during the birthing process. For some it is critical that they be in the encasement for lessons to be learned and experiences to be had, but for many it is simply that once the encasement has entered, then the spirit goes into the encasement.

Also, it is generally experienced that the entity, the spirit, will visit the encasement while it is developing so as to get a feel for it and to understand what that particular encasement is going to present to them in terms of structure. And understand that for this reason, there are many times what you would call spontaneous abortions where the entity enters the encasement and decides this is not the encasement that it wants. And the word goes out to appropriate energies as to whether or not they would like to take on the encasement, and if it is decided no, then the encasement simply dissolves as it needs to.

The rebirthing issue for many entities is a very helpful, beneficial process, for there may have been, for example, some trauma that occurred in the actual entry onto the plane. It also can serve as a rather enjoyable process, for many entities find it very enjoyable to come and go while the encasement is developing, and it can be beneficial to recreate that, to get a feel for that experience.

For yourself, my love, we would not recommend that you go through this process. At some future time, after the encasement that develops within you now has entered, if that so be the case, then it would be appropriate for you. It would be disruptive now to the vibrational field of the entity about to enter.

An Issue Of Miscarriage

(July 17, 1990)

Selecting the correct encasement is not as easy as you might think it to be. This is the reason why, many times, you have what you refer to as the losing of the encasement prior to the entry, or the word is miscarriage. And the reason for this is that while it might appear to all of you that from this end it is easy ~ you just pick your encasement and zoom you go into it and that is that ~ but this is not the case, for oftentimes, an entity will want to come through a particular entity, but that entity does not want that particular entity to come through them. And while the making of an encasement is an easy thing from an earth plane perspective, the habitation of an encasement is an entirely different situation. And thus, it becomes then a matter of working closely with the ~ all the Spirit Guides involved with the entity wanting to enter, and the entity who will allow the entry, and it is all very interconnected.

No Entity Is Allowed To Enter Without The Permission Of The Entity Who Will Allow This

(July 17, 1990)

While the Soul is waiting for the entity to prepare for its possible entry, if that entity changes his mind to have this other soul enter, are there a couple of alternatives in the mind that the entity chooses, like, let us say, this is my choice one, two, three and four?

In a sense, that does happen. That is perhaps the best frame of reference that you could give to the process. Understand that there are some energies, for example, who currently are incarnated that other entities want very much to come in through, knowing that they can learn certain lessons, and whatever, but not every entity incarnated, first of all, would have the capability of allowing that many to enter through, nor they may not want to allow any to enter through.

Thus, it becomes the entity choosing to come in must have another selection or several selections in mind. It is from the planning standpoint up to the entity coming in who must have alternatives and not the entity allowing the entry, you see. This is the way that it works out. It is the entity who allows entry who gives the permission. It works, however, in a mutual agreement, you see. So, no entity is allowed to enter without the permission of the entity who will allow this.

And when you were speaking of this ~ I remember the exact second that I gave permission to the Soul of my son to enter, and at that time he entered. And it was on a conscious level.

Oh, indeed. That occurs many times with entities. They are very, very conscious of the agreement time.

It was quite beautiful.

Oh, yes.

Could You Elaborate More On The Selection Procedure Of Preparation?

(July 17, 1990)

When you take a second ~ any second there will be many millions of encasements biologically created. How does this operate that one particular entity waiting to reincarnate picks out of this millions-every-second, one particular one, or is it more a pattern of encasements which are ready to take on the mission an entity would like to learn in the next incarnation?

Well, understand that when you are dealing with the concept of time that which you have just presented would in fact seem an overwhelming type of situation that you must have what you would call a coordination of so many millions of entries occurring what you would say almost simultaneously, and that, "Oh, we must have this all planned exactly as it is to be." And yes, this is exactly what occurs. But when it occurs, it is being done through the planning at The Universal Consciousness Level and therefore there is no time, as you would use it in the plane, but rather simply a process that occurs in the overall planning of the illusion, as Amelius and the other four in the other four Kingdoms plan out. It is done in a way and at a level that is a bit overwhelming for most incarnated on the plane currently to understand. However, there are others who have reached the level of awareness where they understand it to a sense that it does occur and that it is an easy process.

When one has a scientific training and a scientific mind, it does present the thought of complexity as to the planning process, you see, and how that could be all managed so regularly and so consistently, you see. So thus, understand that it is an easy, easy process from this end.

Question And Discussion About The Issue Of Abortion

(July 17, 1990)

There is a lot of talk about the pros and cons of abortion. One side is arguing that they are strictly against abortion, because at the minute where you have the logical unification, we are already talking about an encasement as an entity with a soul, so we as a human being are not allowed to destroy this. Others say the entry of the Soul into the encasement takes place, I think that is what you mentioned, after six months, or three months before birth. Could you explain this a little bit more in detail what your statements are?

Understand that any event that occurs with an entity is a part of learning or teaching, and that from our end of things, that which you call morality is something that is a part of the earth plane illusion. We have, in fact, discussed as a beginning topic for you all morality and truthfulness and honesty. What occurs is a very complex situation, for once the encasement has been formed, the entity goes in and tries it out, the best way that we can describe it to you, you see. And thus, at the moment that the encasement has taken on a physical form, at that very instant of the creation of that, the entity awaiting the entry goes into it at that what you would call molecule level, you see. At that very instant there is that unification.

What occurs, then, however, is that there is a melding of spirit between the entity allowing the entry and the entity coming in, and it is at this time that the entity coming in will look at this developing encasement to determine whether or not it wants to enter in through this particular encasement, and thus, it has the opportunity to move in and out of the encasement throughout the time that it is taking for the encasement to develop, and thus, in and out, in and out, you see.

Now, the entity may at any point in this development process decide that this is not the encasement that it wants. Therefore, it leaves. There may be other situations, however, in which the encasement or the entity coming into the encasement has made a forceful entry, not in agreement at Soul Level with the entity who has ~ it has taken over, and therefore, this what you call abortion occurs. Now, we do not look at these issues as moral or immoral but rather as lessons to be learned, for imposition of one upon another is not, in the Universal sense, appropriate and therefore creates an imbalance.

Now, the entity who attempted to force themselves onto the entity for receivership has created an imbalance for themselves. On the other hand, and it is not always as simple as it might appear to be, the entity who has been imposed upon may, in fact, have been allowed from the planning aspect of The Universe to be imposed upon, for they at another time imposed themselves, and therefore they must undergo this what you would call abortion in order to balance for themselves. It is not an easy situation, and to make a judgement upon one who has an abortion, if you will, is making a judgement, for you know not what the mission of either entity actually is, you see.

The church says, "We will not have abortions." They are afraid that they will go to hell if they allow it. That is why that even in this archdiocese when they bought up another hospital, they put down the law and said, "Thou shalt not do abortions here." So why is it so muddled?

It is all a part of the illusion, my love. It is meant to create the opportunities for learning and also for teaching. It is a very strong part of this particular illusion which is about to end. With The Shift, this illusion will come to an end, and The New Illusion will begin, and there will be many different standards, if you will, in The New Illusion and issues that are thought of as being immoral in this illusion will not be in another illusion and vice versa. Things that are considered quite, quite immoral, if you will, in this illusion will not be so in another illusion, the one to come.

And thus, it is simply that this is the particular play that is being produced now. And all must take their part in the play, in their role, for in the act of objecting to abortion, if you will, that in itself is a learning and a teaching, for it ~ for some entities there needs to be that kind of forcefulness to bring them to grips, if you will, with their own sense of who they are. And morality, as it is discussed on the plane, is a very important aspect of the illusion and not something that is to be taken lightly, if you will, but rather to be dealt with as how you will respond to another's imposition upon you, or your imposition on another, for each entity, having their own set of experiences from other incarnations, brings with it an opinion, you see, and this is quite normal on the earth plane. This is what the earth plane is all about.

And so, the battle will continue as it needs to be for lessons to be learned and taught by all concerned, you see. And you as an entity establish that which feels appropriate for Self, for the direction of your own path. And if an entity feels that they must take a firm stand in objecting to any number of issues ~ abortion being one of them ~ then that is appropriate, for that is what the entity has taken on in this incarnation, for whatever their reasons. It is not for you to judge what their reason is but rather to see it in the scheme of The Universe as a part of all that must be.

The Birthday Session ~ And The Importance Of Celebration (August 28, 1990)

We thought that it would be of interest to give you some information that relates to the vibration of entry into the plane. We use the occasion of the anniversary, as you would call it, of Mushiba's entry into the plane, for this time frame in which you now find yourselves is the final few hours, if you will, of that vibrational time frame referred to as birthday. Yes, yes, it could have been said many sentences ago, could it not? ☺

Instruction For Plugging Into Special Energy, If You Know The Exact Moment Of Your Birth (August 28, 1990)

Well. What we thought you might find interesting is an understanding of what occurs during a time frame that is known as the twenty-four hours of this anniversary of entry into the plane. Very significant vibrational occurrences prevail during this time frame, and for those entities who would first know what their exact time of entrance into the incarnation is, as well as having the knowledge of what you are able to do with your own energy field during this twenty-four-hour time frame, as measured on the plane.

It is a time of renewal for those who would be tuned to the possibility. It is a time of rejoicing, this day. And while it has been referred to as birthday, it is very significant from a vibrational standpoint, you see, for if you were to take this time and use it to work with your own energy field, through meditation and other techniques which we will present to you in this session, it

enables you to attune your vibration, to attune your own energy, and to help you in the time frame of the coming year, as you would call it, before the anniversary comes around again.

The way to begin this, you see, is to be fully awake and without distraction, approximately, as you would call it on the plane, five minutes before the time of entry. So, if you were entering in at 1:00 a.m., for example, then you would be fully awake and without distraction at 12:55, you see. Now, what this does is prepare the vibration for a meditative state, for you would then begin to focus your thoughts into the Higher Realm and begin to bring yourself into a meditative state, and imagine what your energy was feeling like as you were about to enter into the plane, be it through the birth state or if those who would read this in the future, or hear it now, were to walk-in, you see. Just prior to that entrance into the vibration, there is a sensation that every energy experiences, and during this time frame of the anniversary just prior to the entry is the one time in each of the earth plane years that you have that you are able to, as you would say, plug into that particular vibration, that particular sensation.

There are other times when, of course, you would be able to have a sense of the entry into the plane through your meditations, through that which is called regression, through that which is called rebirthing, and many other techniques that many have experienced, but this particular time frame is available with a particular energy at this one moment each year, as you call it. And if you are able to bring yourself to that time frame just prior to your entry and focus your meditation upon that experience of what your energy felt just before jumping in, you see, for that is pretty accurate a description.

It is ~ here you are, and you see the waves of energy are moving, and they are preparing, and the exact moment approaches at which you have been given permission, and you have been chosen to move in a certain direction with the energy flow. You are moving, and you are moving, and you approach it, and the encasement is ready to burst onto the earth plane. And at that moment, your energy fuses with the encasement at exactly the determined time, and you burst onto the earth plane. That very moment is a moment of extreme joy and happiness for The Universe. What occurs after that, of course, is another story, ☺ for then, of course, you must take on your path.

However, we are all around reveling in the joy that another energy has done it once again and burst into the plane. The energy is very vibrant. It is that very energy that is essential for you to get a sense of ~ to remember ~ and you are given that opportunity once every earth plane year to connect with that energy, that sense of joy, that sense of beauty and love, and the sense of total Oneness. It is an instant. It is why many energies enjoy coming back onto the plane so often, for they remember that instant, and they want to continue that feeling. For many, the remembrance is very strong. For others, it is not. However, now that you know that it exists ~ many of you did already but did not perhaps realize it. This time of birth, this birthday, is to be celebrated, for it is your opportunity to renew your sense of Oneness with The Universe, a sense of Oneness with the world around you.

And as you develop this ability to meditate at this time frame prior to that moment of entry ~ for many it would take numbers and numbers of years on the plane, and some may not be able to make that connection exactly in this incarnation but begin to work on it for future times ~ you are able then to grab hold of an energy that will help to renew you and to help you to work toward your path in the coming year. And at that exact moment of entry, you would envision the sense of it. You would envision the bursting through into the vibration and the energy, and you would feel the joy. And for many entities, you see, it is this yearly renewal that enables them to carry on from year to year. It is the celebration and the tradition of having friends and those who are loved by an entity surrounding during this day of celebration is significant, you see. It does just not come from nowhere. It was a pattern that was implanted into the Soul memories of all, this day of celebration.

It is not to be looked upon as a day to get older, you see, for it is a day to celebrate growth. It is a day to celebrate expansion, for each year you move along your path and you move that much closer back to The One, back to The Universal Consciousness. It is not to be thought of as being old, for it should be embraced. You should rejoice and gather all around who are near and dear to you, and you would sing to increase the vibration of your own energy field, and you would dance and you would laugh. And, if you played your cards right, you could do this every day! ☺

Three hundred sixty-five friends.

Yes, you would have ~ you would know someone whose birthday occurred every day and you could therefore revel in the joy of life on the plane. And thus it is, you see, that in the Community of Terra Lux, we have so often emphasized the lightening of Self and the joy and the music and the laughter, the celebrating of Self. And it is so appropriate that you would each embrace each other's anniversary of entry onto the plane and create from this concept a greater celebration that could be shown to those around you that you rejoiced and you brought greater happiness to the vibration, for you celebrated an entity's entry onto the plane.

It is not necessary, this exchanging of gifts as you would do. This is an earth plane tradition. And, as many of you know, Mushiba has in actuality begged that you not give her things, for she wants no material items, but, of course, the majority of you do not heed her request. You do not listen. Understand that it is realized that it is an expression of love, the giving of material items. However, the emphasis must be on the giving of Self and the giving of love to another entity, and the sharing of the joy of the vibration and the community atmosphere.

It is far better to embrace an entity on the day of entry anniversary and exchange energies. This is a far greater gift than any material item that could be given, but rather, simply say to another entity, "I rejoice in the celebration of your entry onto the plane," and that you are all here to assist each other in your journey in this incarnation. You are here to assist each other. That is the greatest gift that you can give to Self and to others, to assist others in their journey. That is the greatest gift.

Now, as this twenty-four-hour period goes along, once that moment of entry has passed, that anniversary, for many entities who have perfected this particular time frame availability of energy resource, they remain, as you would say, awake for the twenty-four-hour period, you see. It is appropriate for us to say, for example, that Mushiba's time was 3:17 a.m. This is what she has given to us at earth plane time. And so, from this time frame, she has been in the, what you would call, conscious state, though meditative frequently throughout this day, and will not go into the sleep state until this time frame has elapsed. And as a result of working through this day, there has been an attunement to the vibration that is available, you see, to all who are able to do this on their birthday. And it simply is an adjustment ~ it is a lightening of the energy.

And you have available to you during this time an energy field that you ~ if you could visualize it, you see, you could grab the energy. You could grab the energy with your hands like this, for it is your very special memory energy, and you could visualize this going into the Soul and rejuvenating the appropriate soul memories that are necessary to help you in this sojourn you currently find yourself in. It is no small energy that is given to you. It is a rather significant energy, and it is available to all, but not all that many utilize what is available to them, for they dread this birthday and they send the dark around them. "Do not pay attention to this day. Ignore this day." And when this is done, you see, the very blockage occurs of the energy, this special energy, that could in actuality assist the energy. The entity is blocking this very vibration, you see.

So, you must now look at this day, for each of you that you have, as very special, and you would want to have a gathering on that day of special entities in your life, even if it is one other entity, for it is in the gathering of the entities that stimulates this special energy. It is not to say that this energy is not available if you do not bring others into your vibration during this twenty-four-hour period, for some entities find that they would want these twenty-four hours to be completely alone and meditative, but the attitude is of celebration, you see. It is not to be an attitude of ignoring the day, but rather to revel in it. For some entities, it is more appropriate that they be alone during the twenty-four-hour period, but in doing so, they rejuvenate their own energies.

Does that mean that people born on February 29th can only do this once every four years?

*We always enjoy these, as you would say, off-the-wall questions. ☺ However, they, what may appear to be, are not, you see, for that is a very appropriate question. In actuality, you see, yes is the answer. Those entities who would choose, or be chosen, for it can be either case, to come in on a particular time frame that in *The Spectrum of the earth plane* occurs once every four years, have chosen, or been chosen, for a very specific vibrational situation. And yes, is the answer. While there may be the celebration of the birth, either the day before or the day after, as measured on the plane, this vibrational attunement of which we speak is available to them only on that exact time.*

Do Walk-Ins Celebrate Their Physical Birthdays Or Their Walk-In Birthdays? (August 28, 1990)

Part of the responsibility of the walk-in is, in some cases, to determine the time of entry themselves. It is a part of what they must do in their own growth in areas that are not important to discuss in general session at this time. In other situations, it is not important that the walk-in know this information, or even to have availability to the energy field, for their mission may be of a short duration, you see. So, it becomes very situational, you see.

Oh, it is a most appropriate question. Many who have walked in continue to celebrate the birthday of the departed entity, and it is appropriate, for in some situations, for that which must be learned and taught through this entity to change the perceptions of the world around them would not be appropriate by changing the birth date. For others, however, walk-ins who have identified their time, they have indeed changed their earth plane birthday celebration to that of the walk-in time. Those walk-ins who have been able to do this not only have captured the date, as you would call it, but also, through the meditations, have captured the time. And this is very personal to the walk-in, in the attaining of this information.

A Discussion Of Preplanning Steps Before Birth, And Astrology (August 28, 1990)

Astrologers tell us that it's important to know your birthday, and you can determine the future that is appropriate in your life. When you look upon the energy point of view, what is the difference between being trapped in a womb compared to being outside? I mean, it does not change the energy field, so what makes the tremendous change then from one step to the next second there is another one?

Understand that the ~ an energy goes through a series of what-you-might-call steps before coming onto the plane. And the first step is the planning at a spirit level of the sojourn that is about to occur on the earth plane. It could be the earth plane ~ it could be one of the other dimensions ~ it could be other planets. We will use the earth plane as an example. At this point, then, the scenario is planned out. And this can be done, as you might say, as measured on the plane, it could be one hundred years before it actually occurs, for certain entities are looked at as the progression as you would call ancestry, you see. And when it is appropriate then, when the time on the plane presents itself, the entity then knows that the encasement is being prepared.

The encasement is looked at as a preliminary step onto the earth plane itself, into the world, if you will. And thus, there is the coming and going in of the energy into the encasement prior to that which is birth. At this point, the energy at this stage can decide to not continue, for whatever the reason. There could be many reasons why, when in testing out the encasement prior to its entry into the physical world, they would decide not to do this. When it comes to the timing of vibration and energy in the electromagnetic field, while an energy may have an encasement that biologically is planned for a certain day, or time frame, they may ~ it may not be appropriate for that energy, and they may decide either to enter earlier or later than that which was planned by the physical plane.

Once entry has been achieved, and this is still what you would call the next to the last step, for the entity has an opportunity of approximately six months to determine whether or not to remain on the plane in the incarnation that it has chosen, without any what you would call regression of growth in that time frame if the choice to leave is made.

Now, as you would call it astrologically, where the entity enters in, at what time the entity enters in, many others factors, where the electromagnetic field's own vibration happens to be at that very instant, the alignment of all the other bodies, physical bodies that make up the earth plane, where the astral plane's vibration happens to be at that instant, where all are at an instant, that entry time makes up the uniqueness of the energy who enters in, and that can be altered very drastically by any hesitation on the part of the entity during any of these stages prior to final acceptance of the sojourn. It is very complicated, you see, but yet very simple.

It is quite easy for, shall we say, those who would plot the stars, the astrologers, to say that you have certain characteristics, for you came onto the earth plane during a particular astrological cycle, and this can have its appropriateness in general, but there must be care given, once again, to judgement, for yes, certain cycles of alignment of planets and time frames indicate certain characteristics that in general were selected by the entity to come in during that time frame in order to work on certain areas. However, there must be tremendous caution and care given to prejudicing, if you will, your views on an entity for the particular time frame in which they came in, for there are too many other factors unknown and unable to be recorded by the technology that is currently existing in this present illusion.

I was personally involved in astrology, and I was wondering that people were telling you the position of, let us say, Mars or Saturn, or another planet in this instant, is so significant. I mean, I would ask what is it that Saturn as a mass or is that the, I do not know, is that that particular energy which would change on this planet from one second to the other, which then would affect the personality of an encasement with its soul?

All are connected. All are One. All energy is connected to the One Source which is The Universal Consciousness. All is energy. All matter is energy. All is energy, and it fluctuates instantaneously in far less than what you would call a second, for that is a standard of measurement on the earth plane, but the fluctuation is such that from one instant, from one thought of movement can change the entire electromagnetic field that is there, available, as an energy moves through it onto the plane. It can be disrupted instantaneously.

It is not important nor significant to be concerned, my dear ones, about all of this. Just to know that each energy, every energy that separates from The Universal Consciousness and moves into a training ground is its own very unique entity, and yet a part of The One. And it is the combination of energies and electromagnetic fields that change so instantaneously that create the environment that affects your own, each of you as an entity, your own electromagnetic field from incarnation to incarnation, from training ground to training ground. You are all so beautifully unique and yet are all One. You are all the same, and yet you are all different.

A Question Of Why Someone May Be Sad On Their Birthday

(August 28, 1990)

I am sure there is a lot of reasons for someone to be sad around their birthday, but could it be sometimes a soul memory or a memory triggered at some level of missing being back in spirit?

There is that memory for many of wanting to be in some place other than the earth plane, not necessarily in spirit but in another encasement or in some other form. There is also the possibility of memories from other incarnations that relate to the day of birth in a way that creates a sadness. There could be many, many different reasons for this. And when there is a sense of sadness that results as your birthday approaches, now that you know that it is a time of celebration you would work toward understanding what it is that creates this sadness and to seek the assistance from those around you who do not feel the sadness, and to ask not only those around you but your Higher Self, to ask your Spirit Guides, to ask us, to ask any, any entity you can find to help you to feel joy at this time and not sadness.

What About Cesarean Section As Opposed To A Natural Birth?

(August 28, 1990)

Is the experience of entering the body different at spirit level when the baby is born through cesarean section as opposed to a natural birth?

There are very significant differences, yes. And this is another example of the joy that can be felt in touching yourself with this moment to understand if you burst in or whether you were picked up and brought in, you see. Very significant differences. And for some entities, there can be a sense of trauma in either situation, and this can be a way of going back to that moment and getting rid of this thought that it was negative, but rather, that it was very positive. It was not negative. It was positive.

For that very instant, you see, there is positive, but for some there is this sense just prior to the entry onto the plane that they do not want to. For whatever their reason, they resist it. Or, just immediately after that instant of entry there is pain at the physical and that brings back into the Soul memory, then, the fear and the trepidation, the anxiety. And thus it is, to understand that it is the before, and the after, that creates the soul memory, but it is the very instant of entry that there is total joy and Oneness.

So, the manner in which we are born is also planned, and part of our soul's growth and mission which is chosen.

Yes, it is, my love.

What If You Do Not Know Exactly What Time You Were Born And No Way Of Finding Out?

(August 28, 1990)

Understand that there are several situations that occur here similar to the walk-in situation, for all entities have the ability to find the answers from the Higher Self. And while you may not have the official document, as measured on the plane, that gives you that information, you certainly have the information available to you at the meditative state. And there are many, many entities who could say to you, yes, they received the information in their mediation that their moment of entry was 8:14 p.m. It works, you see ~ it has happened. And then, if you receive that information in your meditation, trust it, and you go with it and you work with that.

There may be, however, the situation that it is not appropriate for you in this lifetime to have that type of information that would make that particular energy field available to you, for it is perhaps not to be used in this lifetime.

Why would that be? And how could you have that moment of ~ on your birthday, that exact moment?

You would not, for it is not appropriate for your particular path, at least at this very moment. You may find that many years from now when you have achieved certain other lessons and situations that it becomes appropriate, or you may find that it is not appropriate in this incarnation at all, for whatever the path is that you have chosen, you see. However, there is always the need to seek joy and to seek The Oneness, and while you may not be able, for whatever the reasons, to have the exact date and time, and usually it is the time that you do not have, but for some it is the date also, you would not become depressed about this. You would not feel that you were inferior or that you were missing out on something, but rather you would begin to work toward achieving the sense of joy of the moment, of the day, of that twenty-four-hour period.

And perhaps, then, as the lifetime continues you will gain a greater awareness of the moment, and perhaps not, but to be taken into another lifetime, the ability to come to the moment, and it would increase your soul memory in a joyous way rather than in a nonjoyous way.

Can We Choose Our Parents On This Earth Plane?

(August 28, 1990)

Can we also have the opportunity to choose our parents on this earth plane in the hopes of fulfilling what we need, or what they need also?

Simply put, yes. There is much more to it, of course. But there are all the choices. All make the choices, and you plan your own little life.

A Question About Multiple Births And Their Entry Times

(August 28, 1990)

When there is a multiple birth, does there have to be an agreement between the two entities if they are born at that exact time, the moment?

They all enter in different times. Their electromagnetic fields are all different. They are not exact.

Is there a sense of agreement of which entity will enter first, and so on?

There is a sense of agreement, of course, for one cannot enter in a month earlier than the earlier.

😊

That has happened.

Very, very, very rare.

My sister said that she remembered a soul memory of talking me into going because I did not want to, but I do not remember that.

Yes, that happens many times in occasions of multiple entries. Usually, however, there is mutual agreement made, and if there is difficulty in the agreement, it is a part of the balancing that needs to occur either between, or among, the multiples.

The Gestation Period ~ Moving Through The Dimensions, Or Electromagnetic Fields

(February 04, 1992)

In order to come onto the earth plane there must be, therefore, a connection with The Universal Consciousness and with your own electromagnetic field as it will manifest on the earth plane. And as you are entering through the various dimensions of the earth plane, in what is referred to as the gestation period, that which is the time frame of preparation of the encasement to enter into the earth plane, there is much coming and going with the newly entering entity, and while the encasement is growing to the point at which it needs to in ~ within the encasement of the now female component of the illusion currently on the plane, the energy that will take hold of that encasement is moving through these dimensions, or electromagnetic fields, on the ~ surrounding the plane.

For some, it is most easy to come and go, and thus, they do. They come into the encasement, try it out a bit, and then they leave while the encasement continues to expand. And for others, however, it is a great difficulty, for they move slowly through, and they are guided through by

their guides, and there is difficulty for some in entering into that which we now would say The Earth Plane Connection.

The electromagnetic field of an entity preparing to come onto the earth plane is developed as it moves in and out of these various dimensions. It becomes rather complex, and also an issue of a particular energy's point of growth as to the freedom and the flexibility of moving from one dimension to another. Some will come in ever so close to the current illusion, this dimension you find yourself in, and having been guided by their guides, will stay, and therefore their ~ (Inaudible) electromagnetic field does not have as much diversity of energy as it would have with another who moves in and out very freely and is able to pick up energy from other dimensions. However, this is only a matter of points of growth, and once an energy finally has its electromagnetic field in place, it then enters into the encasement, ready to come into the plane.

Situations Can Occur Preventing The Energy From Staying In The Encasement (February 04, 1992)

And now, there are any number of situations that occur that therefore prevent the energy from staying in the encasement. They may find that their electromagnetic field was not properly developed, and as such, they must leave the plane, and thus, you have this occurrence of entities who come into the plane and they are not in the encasement, the encasement is a shell. Or you will find encasements who come in but are very fragile and therefore leave soon after entry. It is because their electromagnetic field has not been properly created. All this means is that they return into spirit and develop their abilities to further move into the many, many electromagnetic fields surrounding the earth plane. It takes a strong energy to make The Earth Plane Connection. And once this has been accomplished, then it becomes easier and easier to move in and out of these electromagnetic fields. Now, once an energy has developed the ability to move back and forth before entry into the plane, they then have developed a base upon which they, while encased on the earth plane in the current illusion, to move into another dimension while they are simultaneously on the plane.

In your reference to the gestation period, if an entity is having a difficulty coming onto the earth plane through the electromagnetic field, and cannot come or stay, then this woman would miscarry or deliver a baby that is not living.

That is the common terminology, yes, for the phenomena that occurs. Understand that there are interactions occurring between the vehicle who will bring in the entity and the entity itself as to why entry may not occur. What we have described is one scenario as to explanation of what you call miscarriage or birth without energy in the encasement.

Multiple Births ~ Each Energy Has Its Own Soul ~ Issues Of Group Balancing (May 17, 1994)

I have an identical twin sister, and I am just wondering about the decision being made at the time to make two souls as opposed to another one.

Well, now there is a significant difference between incarnating as twins and being spirit twins, you see. In either situation you are separate souls, for in the splitting off that occurs ~ and we have described this in other sessions of how energy begets energy and becomes what it is ~ each energy has its own soul, and when an energy splits, a soul consciousness forms, so that it would have to be that way. Otherwise, there would just be the One Soul ~ which there is of course, The Universal Consciousness ~ but the One Soul begets, this is the only word we can come up with. It means bringing forth new life ~ brings out new souls ~ and it becomes a microcosm of The Universal Consciousness.

Now you, as what you refer to as identical twin, simply have taken on a path with another soul in which you would find the entry time, and the place of entry, and the spot from which you entered, to be very closely aligned. You are separate souls with very distinct and separate paths. However, you have chosen to come in through this type of experience for very specific reasons, which would not be discussed now because of the personal dimension of the information. But to know that whenever entities enter in together in what you call the multiple births, that there is a Group Balancing that is occurring, be it two ~ for two can form a group ~ or three or four or five. And in some cases, when very, very large multiple births occur, it is a significant Group Balancing. Be careful in judging, however, for you know not what the group is that balances. It may not be the group in which you think, but rather, other groups.

You each have separate and distinct soul memories and are no different than each of the others who gather for this session. You have a common linkage in that you came in very closely aligned energy wise, but nonetheless, you did not come in at exactly, EXACTLY, the same point. No energy does. Even if you enter the earth plane at the exact same time, you are in different places, therefore different energies. And it is all for the working through of lessons that your soul has determined prior to entry.

In The Issue Of What Is Called Siamese Twins, Why Would They Be In That Condition? (June 07, 1994)

There are very, very specific teaching lessons occurring in this particular physical bonding that does not have a general response. Just as we have said, none of the afflictions have a blanket response. However, there are some generalized Universal reasons why an entity would physically bond the encasement to another, and it relates to issues of an incompleteness of spirit within the energy field itself. It does not mean that they are twin flames. Some do manifest, the twin flames do manifest in this particular condition. However, most do not. It is simply for very strong teaching of those who are on the earth plane.

Most who are allowed to have that type of physical binding together have a significant ~ they have a significantly advanced level of awareness of their own spiritual path, and that they come

in, in most cases, to aid in those who have chosen the healing path on the earth plane, to aid them in their own issues of judgement and to assist them in developing a sensitivity to separation of energy. It deals with many energy issues, looking at energy in a way that is different than most of the doctors on the earth plane currently look at energy. And that is sufficient for now, for what we would give you for that information. It is a very strong teaching tool used by energies who have been asked specifically to provide that type of lesson.