

WAITH CLASS TRANSCRIPT

(Information Given Interdimensionally By Waith, Through Mushiba)

October 18, 1988

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*Waith's Words, and the Spirit Group's Words, appear in this font style
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Class Member Questions/Comments appear in this font style
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A Personal Need To Withdraw And Reflect ~ Requiring Some Alone Time For Reflection

Concerning lessons to learn, I am putting a lot of effort into trying to be calm and peaceful on the inside. I wonder if by doing this I am passing lessons by, and if this might be hindering my progress in growing in other areas. I find myself making a conscious choice not to enter confrontations and limiting contact with people that I find are not harmonious to me. I am keeping my opinions more to myself and I am enjoying being alone more and more.

Indeed, that which you present is a very typical situation. What you have now presented to you, dearest one, is a very typical situation. To first answer your greatest concern, you are not hindering your growth. You are not passing up lessons and opportunities, but rather what you find yourself in now is a stage of regrouping, in understanding that one does not need to always say something about every issue that may arise.

Now, what you currently find yourself in, dearest, is a point of reflection. You are learning the calmness and peace from within that is very necessary to the goal of forgiveness, for you now begin to forgive yourself in ways that you were not expecting, for you reflect now and you realize that you do not have to say something to everyone about everything. This is very common. It is not just with you, it is with many. It is one of the major lessons that is taken on, that you simply do not express an opinion, but rather, you send Light to the situation in question, or to the individual.

As to being alone and wanting to be alone, this is very healthy for you in particular and for many during transitional points in your life, for it helps you to gather your energies. And your vibration is in the process of changing, and while it is in this transition, it is best to be alone as much as you can, so that you may adjust to the new vibration, for you then will be able to deal with those entities who come your way who you are not feeling able to deal with now, for your vibration is not able to tolerate, if that is the best word to use, the what you might call whining of people, those who do not share the depth of understanding that you are gaining as you seek your Higher Self and gain more in the spiritual. This applies to so many of you, does it not? Yes.

And as your own vibrations begin to change, you will develop once again a tolerance that you feel you do not have anymore. It will be a tolerance that will be at a higher level, and you will be able to be with these individuals who might test your patience, and you will be able to speak with them. And in the meantime, you are developing a sense of calmness and peace within, so that as you speak with these people, you will not be riled. You will transfer that peace and calmness in your mannerisms and your speech, to them, and they will begin to feel this, and you will not feel that you have a point to prove, but rather, simply respond to their needs without it affecting you in a negative way.

And you will, most of you, find a need to spend time alone, more perhaps than you have had in the past, for you will become more introspective, and the more that your vibrations change and increase, the more you will feel a need to have ALONE TIME. For it is a time to be with your Higher Self, to understand your purpose, to open the door to the Soul, and to listen and to know that which you must do as an entity, as an energy form.

And so, my dear, that which you experience now is very positive, remembering always to call upon the very Highest of the White Light to help you during periods of time when it might appear to be difficult for you. And this applies to all of you here, and to anyone who would read this account.

Integration Of Native Americans And The White Race ~ Spirituality ~ The Shift

Native Americans seem to be waiting for a sign that The Shift is coming. And there seems to be a question of forgiveness on their part towards white people. How is this going to be integrated with our views of the shift?

There is no differential in the spirit world. That which is white, that which is Native American, or brown, is simply an earth plane illusion. And, as with all on the earth plane, there are situations set up for learning.

And those who have been coming in through the race known as Native American, brown, red, this color, have chosen to do so for certain lessons. Many of you in here have had several manifestations in this particular race. It is not an issue of them against the white. It is not an issue of integration, per se, as you might think of it on the earth plane, but rather an understanding of the issues that face those of the Native American race and those of the white, for there are very dramatic issues between them and there are many from both races who have, if you would like to think of it as integration, have manifested many times in these races and have experienced many different roles, so that there is an understanding of the dominance of souls that come through in these particular races.

What you refer to, regarding The Shift, is that their folklore has been carried down through the millennia to support a great deal of symbolism, as has most significantly spiritual groups, the Native American as having a particularly significant spiritual criteria as part of their earth plane manifestation. The white race is not particularly spiritual. This is as it needs to be, for lessons to be learned.

Now, they of the Native American have the knowledge of the cleansing. It has been passed down, and they know that the cleansing will occur. They look for something very specific. There will not be something very specific before the actual shift. What is occurring now, as we have indicated before, is that The Shift, the cleansing, has actually been occurring for perhaps the last three to five hundred years, and that it is in its very

final stages, and of course, it has accelerated with the changes in the earth, and the upheaval in the earth that has occurred.

And what will happen when the axis shifts ~ it will be very dramatic, of course, but it will also be the beginning of the new awarenesses, and the symbol that they look for will be the new structures that will replace the pyramids, so that they look for something specific before The Shift. It will be occurring after The Shift, and it will be these new structures.

They have a very high degree of awareness of what needs to be accomplished spiritually during this time coming, and the information that comes through this race is important and can be very helpful to many, many of you, for, as I said before, there are many of you in this gathering and many that will read this transcript who have manifested in this race and therefore will feel a tremendous affinity to the philosophies and words that are spoken. It is of the Light, and they are, many of them, here now to help those especially of the white race to gain in spirituality.

And so, in that respect there will be an integration at an earth plane level of understanding, for the White Race and the Native American race need to forgive each other very much. It is not one sided. And the conflict that is so known in your history in this country of America, you must remember is, in the scheme of time, especially on the earth plane, is not all that significant and, in fact, has been a part of the cleansing, you see. What might appear to be old history, old conflicts, is actually a part of the cleansing, for the differences between the two have occurred for many thousands of years. It is just that the written history, the known history of the differences, is very limited in its scope for purposes, of course, for lessons to be learned.

Thinking Your Prayers Were Not Answered, Remember All Happens For A Reason

Is There Anything We Can Do to Help The Three Whales That Are Trapped In Alaska?

Ah-h-h. Indeed! Francis has been brought into the vibration. He will not come through and speak but he is now in the vibration, and there is of course something that can be done for them. What we will be doing is helping them in a lesson that they are needing to learn, these three energy forms. We will be of assistance to help them.

Remember that when assistance is given to any energy form it is given at a level that concerns the Soul and the lessons to be learned by the Soul. Be careful of falling into the trap of saying, "I want to save someone," or some energy form, and you send the Light and you pray, and that energy form is not by your perceptions saved, and you think "My prayers were not answered. The Light did not work." This is not the case, for remember all that is in physical manifestation is insignificant, for it is what the Soul learns that is important, and it is in the saving at the Soul Level.

And so while the energy forms known as the whales may not, in their physical incarnation, be saved, what we are attempting to do is go to their souls and assist them in the learning of their lesson, for they are trapped for a soul purpose. Remember this, all of you that everything that happens to you is for a soul's purpose. And that it is your soul that calls upon the experience. It does not just happen by some extraneous source.

Technique For Sending Light To The Animal Kingdom, In Times Of Their Distress

And thus, we will send to these beautiful souls, the whales, a special energy. What I would like you all to do is to take your hands, your right hand facing up and your left hand facing down, and bring them together now, the left over the right, and concentrate. And within this small circle, as you see the hands of Mushiba, place in there a ball of White Light. And within that White Light visualize these three whales. And as you visualize these three whales, start the ball of White Light pulsating and surrounding them and send them warmth from the Light. And now slowly bring your hands back, keeping the left hand down and right hand up, bring it back into the position straight out from your body and breathe in through the solar plexus, deep, and bring this in through the nostrils and release the breath through the mouth, and do this one more time. Ah-h-h-h.

What we have given you is a technique that is especially significant for The Animal Kingdom, in helping The Animal Kingdom, when they are in times of despair, distress, or need. And so, if you find yourself in the future wanting to send Light to the Soul of one in The Animal Kingdom, this is a particularly helpful technique.

Can this technique be used for the plants as well?

This particular technique has been especially programmed for The Animal Kingdom ~ not for the plants but The Animal Kingdom. There are, remember all of you, so many, many, many techniques that we will begin to show you these techniques. We have given a good number of them already.

The Philosophies Of White Eagle Are Of The Light ~ Being At Peace Is Foundational

I am reading the White Eagle Books, and last night I read about how important being peaceful is, and how this is a foundational and spiritual lesson. Would you comment on White Eagle and the lesson of peace?

The entity known as White Eagle is very much of the Light and brings forth much valuable information. In order to forgive, one must feel peace. And in order to be peaceful, one must be able to forgive. So to answer your question, it is at the very foundation, for Unconditional Love by its definition brings peace, for you feel no need

to be upset at yourself or at others, for you simply know that everything that occurs is for lessons to be learned.

And you either pass the lesson or you do not. And if you pass it, it is wonderful and you feel peaceful. If you do not pass it, so what! Try again, for it will surely be presented to you again. And there is no reason to be concerned about it, that you have any timetable, for it is an earth plane infliction, this thing called time, and this pressure that you would place on yourself to do something ~ get it right the first time ~ it is all in the concept.

And so, as you are able to more fully accept this concept of time having no meaning, you will begin to be more in harmony with The Universe and know that all has its time and all has its purpose, and that peacefulness then will begin to flood through you as a warm light.

You will be continually tested for your peace. For those of the darkness do not want you to be peaceful and they want you to be upset, for then you respond in a way that is not spiritual, not in harmony with The Universe, not with an understanding of the Spiritual Laws. When you feel peace and harmony, nothing can harm you. You will have no fear, and therefore the darkness cannot feed upon anything, and you will be able to meet your challenges and your lessons with an understanding of its greater purpose. And understand that your soul grows immensely as you tackle these earth plane problems, and you see it in that perspective rather than an earth plane perspective.

We encourage you to consult the philosophies of White Eagle. He is under my tutelage. He is quite bright.

Spirit Song Musical Group, Franciscan University, Steubenville, OH ~ Are Of The Light

Waith. I have in front of me Spirit Song, a musical outreach group from Franciscan University in Steubenville, Ohio that will be performing at our local church, and I would like to put this out for others to see, and I am just asking you for your permission.

They are very much of the Light. They come from an organization that has carried on the works of Francis in a most beautiful way and anything in the future that would come from them would be with our approval.

Issues Of Twin Flames ~ Be Careful not to Judge ~ You Don't Know Anyone's Path

My parents have passed over and I would like to send them a greeting.

Both are currently in a school to learn about being guides.

I find it difficult to believe, Waith, but I am very happy to hear that. Their marriage was very rocky.

Indeed! They took on quite an issue in their manifestation, recent earth plane manifestation. They are twin flames. Remember that when we speak of twin flames it is not always harmonious at the earth plane level, for issues are chosen to work out. And sometimes it is appropriate that the twin flames work out a particular issue that may not be theirs together to work out, but they have an issue that needs to be resolved and out of the way, and therefore, they will use each other to do this so that it is accelerated in its resolution rather than having to face this issue in many, many manifestations.

So, for example, these energies had a very significant issue, and if they had not worked it out together in this manifestation, it would have meant that they would have to incarnate, each of them separately, and work it out with other energies for perhaps ten or fifteen manifestations. They were able to do it in one.

Now, if you were given this choice, you might also choose to do it in that way, though not always. They are in harmony now with each other, and they have taken on the path to learn guiding. They have not finished with the earth plane by any means, but they are at a level now where they can go into Guide School and then continue to come back onto the earth plane.

This is important information for all. We give this attention now, even though it may appear to be a personal question. It is really not, for it gives you insight into being careful not to judge, for you never know. What might appear to be inharmonious between energy forms is, remember, only earth plane illusion, and that those issues are taken on very specifically by your souls, and it is no one else's business but yours. Now, I have sent to them a greeting from you. They are most happy that contact has been made.

Waith Will Be Introducing A Special Topic Session Soon On Self Healing

About Self Healing ~ I think we elaborated that each part of our body is only energy and vibration. And we learned that if one of our organs does not function properly, it is sending out the wrong type of energy. How can you advise us to use White Light to heal an organ, or other parts of the body, rather than taking remedies or drugs?

Indeed, indeed. This issue that you present has many complexities to it, has much that needs to be discussed about it, for it is not a simple matter to say, if you do such and such then you will be able to heal part of the physical encasement. There is more to this, and we feel it would be a most appropriate Special Topic Session where we could devote some very specific time and information, for it is most interesting, and we have some very specific techniques that would be available to an energy who might be ready for self-healing. Not all are ready to heal self, and, in fact, would need very much to take that which the earth plane provides to aid in the healing of the physical encasement.

The issues of the Soul and the body are so complex that it would serve purposes for the future that we present this in a special topic. And since Mushiba has time that will begin to free itself, it would be good to have this special topic in a short period of time coming, for we know that it is of a very particular interest to many of you. And so we will leave this particular topic for now and present it in special topics, and if you are able to attend it would be most beneficial since your soul is at a point now where it is ready to take on Self-Healing.

Others of you are not ready for this, and that is fine, but would certainly benefit from an understanding of what it is all about, and what it means, and what you might do to prepare your soul to be in a state of acceptance of Self-Healing, whether it be in this incarnation or another. For many, the preparation can occur in this manifestation and be all ready and when you leave this manifestation you have prepared the way, and when you come into the next manifestation you have no more preparation, you simply are ready to go.

Understanding The Big Picture During Periods Of Testing

I know we are all being tested. I need a lot of help in the big picture here. Maybe you could comment on this phase of testing.

You are all, as I have indicated earlier, being tested, and you are all responding in most beautiful ways. To understand, as you say, the big picture, for some of you, you will see this big picture in your meditations, for you will be able to understand it and deal with it. For others it would not be appropriate, for you would not understand it nor would you be able to deal with it in its enormity.

For now, it is important to take things step-by-step so that you gather the strength and the understanding to eventually be able to see a larger picture, be it in this manifestation or another. You are given the understanding and the scope of The Universe as you are able to comprehend it. It is also a side issue in patience. You will eventually know the big picture. It may not be for several thousand manifestations. ☺ ☺

Issue Of Imposition ~ Learning When To Help Someone, Or Not ~ Through Experience

Is there a point where we on the earth plane should not offer assistance to someone who is struggling, in that their struggle may be a lesson they are requiring?

Indeed. Therein lies the difficulty that many of you are faced with as you begin to open up your own awareness and you have this surge within you, the surge of love and Light and wanting to help all who come before you, and seeing what might appear to be a lost soul, a little lamb in need of assistance, and there may be the danger that you would

attempt to transgress upon the Soul of another. And what you learn, and you learn this through experience and the doing of it, is that you do not go to people, they come to you.

When someone needs assistance, when they need what you have to offer, they will find their way to you. You do not have to seek out anyone. Just as you when you are in need of something you find that which will satisfy that need that will serve its purpose. And when that soul is ready for whatever it is they need from you, they will find you.

The trick is in understanding when they are truly seeking you out or whether or not you have simply been placed in their environment. This is the difficulty. This is the reason why it becomes so imperative that you have a connection with your Higher Self so that you can ask the Higher Self what is the higher purpose for assistance for a particular soul. "Am I to help that person?" Or, as you so rightly observed, "Is that person in the struggle that they must go through?"

It is the great paradox of being on the earth plane, knowing that fine line, and it is only you who can come to that understanding. And you will falter many times and there will be many times when you will perhaps go into waters where you should not tread. But that is also a part of your learning. This learning occurs in all areas. It is always appropriate to send Light and love to the Soul of any energy form, and that Light that is sent is a very powerful force that assists the energy in learning the lesson.

Where the paradox comes in relates to the relationship at the earth plane level where someone would come to you, or you would go to someone and you would say to them, for example, "I see that you are struggling with a particular issue. Let me tell you how to fix it. You should become more spiritual." Or, "You should come and listen to Waith." Or, "You should do this, or you should do that, because I know what you are struggling with," you see.

Rather, the individual would seek you out and say, for example, "I am having struggles in a particular area, and I am looking for some help." They might, of course, not say it in quite this way. Part of the lesson is in your interpreting correctly, and you might gently then say, "Well, I can tell you what has worked for me."

So that when you see someone struggling and they have not come to you, it is always appropriate, and in fact encouraged, that at the Soul Level, you simply send them Light. It is unconditional, it is nonjudgemental. It is not saying, "I am sending you the Light so that you eliminate your struggle." It is sending the Light to help the Soul grow and learn its lesson.

Sending Light ~ Protect Yourself By First Calling Upon The Highest Of The White Light

Waith, along those lines, sometimes when I send the Light to my sister, it draws her to me. And then she drains my energy. I am afraid to send the Light.

You must learn how to protect yourself from this. You must not be afraid to send the Light. None of you must ever fear sending the Light, for then the darkness is truly in control, for you fear, you see. If you have the fear, then you are dissolving your own Light that you send, and therefore, it opens up the possibilities for the draining because you fear it. Before you send her the Light you protect yourself. It is important that when you send Light that you are calling upon the very Highest of the White Light. Do not just arbitrarily send Light without calling upon the very Highest of the White Light first to protect you and surround you. And in special situations you will require more, and in your case, dearest, when we speak privately there will be issues to discuss in this area.

The Frustrations Of Teaching And Learning Simultaneously

Waith, it seems that a lot of my work and path involve the simultaneous process of teaching and learning. It gets very complex and difficult for me, and others. Can you share some insight?

Indeed. Teaching is learning, and learning is teaching. It is simultaneous, and it is a Law of Spirituality that one cannot exist without the other, that they are interactive and that part of the learning that you all undergo as you take on the path of accelerated growth and spiritual advancement is in the understanding of the simultaneous nature, and indeed it can be very frustrating.

For some, they have integrated this and they understand the Universal Principal. For others, it is a new lesson and one that is just beginning to unfold in its understanding, and if you accept this as a Spiritual Law, a Universal Concept, and allow The Universe to help you in understanding its complexities, you will find yourself to be less frustrated calling upon the Higher Self to connect into that part of The Universal Consciousness that will give you that guidance.

And in those moments, when you may feel particularly frustrated and confused, to simply stop what you do, take a few moments of quiet time and call upon The Universe to help clear the confusion. Relax yourself knowing that it is the combination of teaching and learning that brings you to One eventually. It is a good topic for a Special Topic Session.